REGION 8AA

**HANDBOOK**

**Updated 8-11-21**

**Updated 1-18-23**

**Updated 7-19-23**

Region 8AA is a part of the Minnesota State High School League. Revised and Amended Articles of Incorporation of the Minnesota State High School League were revised in 1974 and are in the official Minnesota State High School League Official Handbook. Unless changes are made to the Constitution, this publication will not be updated from year to year. Refer to that booklet for all MSHSL regulations pertaining to Region Committees and Schools. Written policies of Region 8AA, Minnesota State High School League, once adopted should be followed by the Committee and members of the Region until changed by a majority vote of the member schools.

**MEMBER SCHOOLS OF REGION 8AA 2023-2025:**

**Alexandria Brainerd Monticello St Cloud Tech**

**Becker Buffalo Moorhead Sartell-St Stephen**

**Bemidji Detroit Lakes Rocori Sauk Rapids-Rice**

**Big Lake Little Falls St Cloud Apollo Willmar**

**REGION 8AA COMMITTEE PHILOSOPHY**

The Region 8AA Committee shall be guided by the following philosophy:

The principle of equal opportunities for regional participation shall exist for all member schools and their individual participants.

The rules and regulations governing the operation of Region 8AA shall be promulgated consistently and uniformly for each activity sponsored by the Region. Policies established shall be uniform and equal insofar as governance and operation of Region activities are concerned and the intent of the Regional Committee is to mandate equal treatment of all activities with respect to contest participation, travel reimbursements, awards, etc.

It shall be the responsibility of the Regional Committee to evaluate and revise its policies periodically, thus insuring the continued protection of this principle of equal opportunity. This principle applies to financial support, the sex of participants, size of school, geographic location of school and kind of activity.

Regional activities shall be scheduled to minimize conflict with member school programs and activities in their community.

**MINNESOTA STATE HIGH SCHOOL LEAGUE REGION 8AA HANDBOOK**

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**209.01 REGION COMMITTEES**

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1. The Region Committee shall consist of a minimum of thirteen (13) members. Only designated school representatives or individuals eligible to be designated school representatives are eligible to be selected to these thirteen (13) positions.

A. If the committee does not include a representative of one sex, the committee shall appoint a representative of that sex. Appointees who are eligible are individuals who are eligible to be designated school representatives.

B. Additional committee members may be added at the discretion of each region committee.

These positions are not limited to designated school representatives.

1. Selection of Committee Members

Each Class “A” and Class “AA” Region shall be divided into four (4) geographically determined Sub-Regions.

**Sub-Region 1 - Becker, Big Lake, Buffalo, Monticello**

**Sub-Region 2 - Rocori, St Cloud Apollo, St Cloud Tech, Willmar**

**Sub-Region 3 - Brainerd, Little Falls, Sauk Rapids-Rice, Sartell-St Stephen,**

**Sub-Region 4 - Alexandria, Bemidji, Detroit Lakes, Moorhead,**

A. Membership on the region committee shall include a minimum of two (2) members of boards of education or their designee; two (2) superintendents or their designee; two (2) principals or their designee; two (2) athletic directors; two (2) coaches (one (1) representing boys coaches and one (1) representing girls coaches); two (2) fine arts directors (one (1) representing speech/debate/one act play).

B. No member school may have more than two (2) representatives on the region committee.

C. The term of office for school administrators shall be four (4) years.

D. The term of office for coaches/activity directors shall be four (4) years.

3. Terms of Office

A. The term of office of the school administrator shall not exceed four (4) years and the term of office for coaches and activity directors shall not exceed four (4) years. Committee members serving more than half of one term shall not be eligible for reelection or appointment to succeed them. They may be eligible for further elections or appointments.

B. Each of the four (4) geographically divided sub-regions of that region shall be numbered one (1) through four (4). Representation on the region committee during the (2022-23) school year is as follows:

School Administration (4-year term, then 4-year terms).

**Sub-Region 1 - Elected 2017 Term expires 2021 Activity Director**

**Sub-Region 2 - Elected 2017 Term expires 2021 Board of Education**

**Sub-Region 3 - Elected 2017 Term expires 2021 Superintendent**

**Sub-Region 4 - Elected 2017 Term expires 2021 Principal**

Following the expiration of this term of office, the rotation for Sub-Region representation shall move from bottom to top, i.e.

**Sub-Region 1 - Elected 2021 Term expires 2025 Board of Education**

**Sub-Region 2 - Elected 2021 Term expires 2025 Superintendent**

**Sub-Region 3 - Elected 2021 Term expires 2025 Principal**

**Sub-Region 4 - Elected 2021 Term expires 2025 Activity Director**

The rotation system for the initial 4-year term is listed below:

Following the expiration of the initial term of office, the rotation for Sub-Region representation shall move from bottom to top, i.e.

**Sub-Region 1 - Elected 2019 Term expires 2023 Superintendent**

**Sub-Region 2 - Elected 2019 Term expires 2023 Principal**

**Sub-Region 3 - Elected 2019 Term expires 2023 Activity Director**

**Sub-Region 4 - Elected 2019 Term expires 2023 Board of Education**

Following the expiration of this term of office, the rotation for Sub-Region representation shall move from bottom to top, i.e.

**Sub-Region 1 - Elected 2023 Term expires 2027 Principal**

**Sub-Region 2 - Elected 2023 Term expires 2027 Activity Director**

**Sub-Region 3 - Elected 2023 Term expires 2027 Board of Education**

**Sub-Region 4 - Elected 2023 Term expires 2027 Superintendent**

In addition, there will be one (1) boys' coach, one (1) girls' coach, one (1) music and one (1) speech

representative elected to serve on the Region Committee. Those elections will be "at large." The

rotation of terms for those positions is listed below:

Following the expiration of the initial term of office, the terms will be as follows.

**Boys' Coach - Elected 2023 Term expires 2027**

**Speech - Elected 2021 Term expires 2025**

Following the expiration of the initial term of office, the terms will be as follows:

**Girls' Coach - Elected 2021 Term expires 2025**

**Music - Elected 2023 Term expires 2027**

In addition, there will be one Equity Representative elected at large to serve on the Region Committee.

**Equity Representative Elected 2018 Term expires 2022**

Following the expiration of the initial term of office, the terms will be as follows

**Equity** **Representative Elected 2023 Term expires 2027**

C. Elections of members to the region committee shall be conducted during the spring or the fall of the year and will be confirmed by the region committee at its spring or fall meeting. A complete list of the region committee members shall be sent to the League Office by August 1 of each year.

D. Each region committee shall develop an advisory structure for each League-sponsored activity conducted at the region level.

**209.02 Powers and Duties of the Region Committee**

1. The region committee shall be responsible for the immediate and general supervision of region events, planning, controlling and managing all interscholastic activities of the region. Power to determine eligibility, to interpret eligibility bylaws and/or to penalize schools for bylaw infractions, is not and shall not be within the authority of the region committee.

2. The Region Committee shall:

A. elects its own officers and determines their responsibilities;

B. when appropriate for each identified tournament, assign schools to a sub-region as determined by the schools in that activity.

C. keep complete minutes of all meetings of the region and region committee;

D. furnish a full report of all proceedings of region and committee meetings to members of the region and the League office;

E. select the tournament managers and tournament committee for each tournament assigned by the Board of Directors. Each sub-region should have equal representation on the tournament committee. If only a Region or Section tournament is held, membership on the tournament committee shall come from a representative geographic area of the assigned tournament teams; receive all finances from sub-region and region/section tournaments; pay all bills for sub-region and region/section tournaments; determine and send proportionate share/expense claims to the Region Committee(s) from which teams are assigned for governance purposes; and, send a report to the League Office relative to the finances and the participation of teams assigned to the Region tournament.

F. maintain a financial balance in accordance with Board of Directors policies.

G. provide for an annual audit of region funds;

H. perform such other duties as may properly come before the committee.

3. The region may employ a non-voting executive secretary and/or an executive secretary treasurer on an annual basis according to the League's fiscal year.

**209.03 Region Meetings**

Each member school is entitled to two votes.

1. Regions may conduct organizational meetings either in the spring or fall of the year:

A. to receive input from the schools assigned to the Region and to develop general plans for the conduct of region events assigned by the Board of Directors.

B. To elect a designated school board representative from each region to serve

in the Representative Assembly for a term of two (2) years.

1. Elections in even-numbered sub-regions will be held in the even- numbered years and elections in odd-numbered sub-regions will be held in the odd-numbered years.

2. A delegate is limited to a maximum of two (2) consecutive full two-year terms. Delegates are not eligible for reelection or appointment to succeed themselves following the maximum term.

C. to fill vacancies on the region committee.

2. The names of the committee members and assignments and the names of persons elected to represent the region in the Representative Assembly shall be sent to the MSHSL office not later than August 1 of each school year.

3. Special meetings may be called at the discretion of the Region Committee.

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**210.00 REPRESENTATIVE ASSEMBLY**

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**210.01 Function of the Representative Assembly**

The Representative Assembly is the legislative body of the Minnesota State High School League in making and changing bylaws. Its function is to consider all bylaw proposals set before it by the designated school representatives of member schools, district and region committees, the Board of Directors, and officers of the representative associations after recommendation by the association's delegate assembly; to weigh the merit of such proposals in relation to the welfare of the League; and to accept or reject them as a part of the Activity Bylaws of the League or in the form of resolutions. It shall review reports of the League activities, finances and problems.

**DESIGNATED SCHOOL REPRESENTATIVE ON DELEGATE ASSEMBLY**

A delegate may serve 2 full terms. The election should take place at the Annual Meeting. . The following rotation will be used:

**South Sub-Region - 2022-24 – Becker, Big Lake, Buffalo, Monticello, Rocori, Willmar**

**Central Sub-Region - 2023-25– Little Falls, Tech, Apollo, Sartell, Sauk Rapids**

**North Sub- Region - 2022-24 – Alexandria, Bemidji, Brainerd, Detroit Lakes, Moorhead,**

**GENERAL POLICIES FOR REGION 8AA**

1. The Region Committee shall employ a non-voting Executive Secretary Treasurer and pay him/her a salary and clerical expenses. The Region Committee shall set the salary of the Executive Secretary Treasurer and clerical expense at the Spring or Fall Meeting.

2. The annual meeting of the Region shall be the fourth Wednesday in September at a site to be determined by the Region Committee.

3. The spring meeting of the schools in the Region shall be held on the evening of the fourth Wednesday in April at a site to be determined by the Region Committee. The Region Committee may change this date if in conflict with other activities.

4. Other general meetings will be held the third Wednesday of January, the third Wednesday in April, the third Wednesday in July and may be called at the discretion of the Region Committee or upon request of a majority of the member schools.

5. The Region Committee shall meet at the call of the chair. The Secretary shall send minutes of such meetings to all member schools. Each school is to designate who is to receive the minutes and it shall be the designee's responsibility to distribute all the information coming to them to administrators, coaches, supervisors, and directors. All information coming from the Executive Secretary-Treasurer should be distributed in this manner. Member schools should include the news media in the release of Region 8AA information.

6. The expenses of the Region are to be paid for official business. The expenses will be paid according to the **REGION 8AA REIMBURSEMENT POLICY ADOPTED ON MAY 4, 1988.**

**I. REGION 8AA COMMITTEE MEMBERS:**

* 1. Each member of the Region 8AA Committee will be paid mileage at the current allowable IRS rate (The rate for 2022-23 is $ .655 per mile.).
  2. Committee members who incur expenses for lodging are allowed actual reasonable costs when performing their duties as prescribed by the Region 8AA Handbook when:

a. the required activity is beyond a 35 mile radius of the Committee members work site; or

b. the required attendance at the activity continues into the evening.

* 1. Committee members shall be reimbursed the actual cost of their meals, including a reasonable gratuity, at the following rate:

**MAXIMUM REIMBURSEMENT FOR MEALS**

Breakfast - $ 7.00

Lunch - $ 11.00

Dinner - $16.00

The diner has the option of how he/she expends the allowable meal reimbursement amount when two or more consecutive meals are approved during the course of the day. As an example, he/she may spend less on breakfast and more on lunch. Meal allowances will be paid at the rate charged by the meal provider when the Region Secretary makes arrangements for a group breakfast, lunch or dinner.

4. REQUIRED RECEIPTS - Receipts will be required for meals, taxi service or parking. Other claimed reimbursements shall not be paid unless receipts are attached to the expense voucher.

5. The Reimbursable Expense Guideline shall be reviewed annually by the Region 8AA Committee. Proposed changes to the Guidelines shall be approved by the full Region 8AA Committee at the Annual Fall Meeting.

**II. REGION 8AA COMMITTEE RESPONSIBILITIES**

1. Region 8AA Committee meetings

1. Ad Hoc Committee meetings

**III. EXECUTIVE SECRETARY-TREASURER OF REGION 8AA**

The Executive Secretary-Treasurer of Region 8AA shall be reimbursed according to the approved Reimbursable Expense Guidelines for the Region 8AA Committee. Meal and lodging allowances for the Executive Secretary-Treasurer shall be paid when the Secretary-Treasurer is required to be out on official Region 8AA business, attend meetings as an official representative of the Region and attend Region 8AA tournaments or activities as an official representative of Region 8AA.

The Executive Secretary-Treasurer.as the liaison between groups and the Region Committee serves as the official host and manager for all Sub-Section and Section Tournaments and Contests administered by Region 8AA. It is expected that he/she will be in attendance at many of these events and may be accompanied by a spouse or one (1) guest; these expenses will be borne by Region 8AA. Expenses for additional guests or family members are a personal responsibility.

**IV. ACTIVITY DIRECTORS OF REGION 8AA:**

The Region 8AA Athletic Directors shall be reimbursed the same as the Region 8AA Committee for all meetings held to conduct Region 8AA business.

**V. AD HOC COMMITTEES:**

Ad Hoc Committees set up by the Region shall be reimbursed the same as the Region 8AA Committee for all meetings held to conduct Region 8AA business.

**VI. REPRESENTATIVE ASSEMBLY DELEGATES:**

Representative Assembly Delegates shall be reimbursed the same as the Region 8AA Committee for all meetings they are required to attend set up by the MSHSL.

7. The Region Committee shall present a tentative calendar of events for the next school year at the Spring Meeting.

8. Sites, dates, and officials for contests and tournaments shall be determined by the Region Committee after consideration of the recommendations from the Advisory Groups.

9. A manager shall be indicated for each site and he/she shall make all necessary arrangements for the conduction of the event, submit the gross receipts and bills to the Secretary-Treasurer, who will then proceed to pay all bills that have been presented. The Region Committee may contract host schools for services, but will not pay rental in a Region 8AA school. Sales tax will be paid by the Region to the MSHSL Foundation or to the Mn Dept. of Revenue depending upon the discretion of the Mn Legislature.

10. Insofar as possible, regional activities and events will be scheduled to minimize conflict with on-going member school programs.

11. Regional Committee is responsible for having a representative at the finals of Region sponsored activities.

12. If money is needed to meet the Region's financial obligations, an assessment will be made by the Region Committee of the member schools at the Spring Meeting. As memberships change in Region 8AA, there will be no assessment or refund based on schools entering or leaving Region 8AA.

13. The Region will pay mileage and supplemental allowances to all member schools participating in League-sponsored tournaments or contests. The allowance will be compiled and paid at the conclusion of the activity year, based upon receipts in the Region treasury. Activity Directors will receive forms at the conclusion of each activity season (fall, winter, spring); and these forms should be filled out and sent to the Region Secretary-Treasurer. They must be completed one week after the State Tournament. A minimum balance of 20% of the yearly expenses will be kept in the Region 8AA treasury to cover necessary expenses.

**MILEAGE AND SUPPLEMENTAL ALLOWANCES WILL BE BASED ON THE MSHSL TABLE AS FOLLOWS:**

**OFFICIAL SQUAD SIZE**

**INCLUDING COACHES-**

**MGRS - ETC.**

**Cross Country 10/team**

**Football - AAAAA 70**

**Football - AAAA 60**

**Soccer 27**

**Tennis 14 15**

**Volleyball 18**

**Basketball 24**

**Hockey 26**

**Wrestling 22**

**Baseball/Softball 22**

**Golf 7/team**

**One Act Play 16**

**Debate 5**

**Lacrosse**

Swimming, Gym, Skiing, Track & Field, Speech - No Number given

**MILEAGE/SUPPLEMENTAL ALLOWANCE FORMULA (MSHSL GUIDELINE)**

POINTS PER PARTICIPANT

MILES TOTAL DAYS OF THE TOURNAMENT

ZONE ONE WAY 1 2 3 4

1 0-50 1.5 5.4 8.9 12.4

2 51-100 4.2 7.7 11.2 14.8

3 101-150 5.2 8.7 12.2 15.7

4 151-200 6.0 9.0 12.6 16.1

5 201-250 7.5 11.2 15.1 18.6

6 251-300 8.4 11.9 15.4 18.9

7 301-350 9.4 12.9 16.4 19.9

8 351-400 9.7 13.2 16.7 20.3

9 401-OVER 10.8 14.2 17.7 21.2

14. Music activities will not receive mileage or supplemental allowances.

15. There will be no live radio or television to the general public for Region 8AA events unless approved in advance by the Region 8AA Committee or designee. Tournament Managers will be notified. Live webcast of section events will be allowed upon MSHSL media approval and agreement to pay the set fee. Fee schedule is: $300 for Quarterfinal game, $600 for Semifinal game, $1000 for Finals. Any designated video can get the fee waived if production is done without advertising, and does not charge a viewer fee or subscription. Any subscription based stream service will however be charged a negotiated fee.\*\*\*

**There will be one designated video-taper per team (school) for all Section events. The location of the video tape equipment shall be designated by the site manager.**

16. Region 8AA shall be divided into the following Sub-Sections for several Tournaments and Contests:

**SOUTH SUB-SECTION: Becker, Big Lake, Buffalo, Monticello, Rocori (Cold Spring), St. Cloud Apollo, St. Cloud Tech, Willmar**

**NORTH SUB-SECTION: Alexandria, Bemidji, Brainerd, Detroit Lakes, Little Falls, Moorhead, Sartell, Sauk Rapids-Rice**

*A 5 person placement committee (2 North AD’s, 2 South AD’s and the region chair or designee) will make recommendations for placement of schools in any sub section tournaments at the July region meeting. This will be a two year placement.*

Sub-Section Tournaments will be held in the following activities:

**One Act Play, Music, Girls - Boys Tennis**

17. The following policies on admission prices and passes should be followed for all Sub-Section, and Sectional Tournaments and contests administered by Region 8AA. Prices may be adjusted at certain non-school venues.

**Adult General Admission $10.00**

**Student General Admission $5.00**

The sale of tickets for multi-session tournaments will be as follows:

**Volleyball** - One Session - one ticket

**Girls' Swimming** - 1st day to be considered one session, but a person must be stamped, given a pass or ticket stub to get back into evening diving session. 2nd day is a new session and must buy a new ticket.

**Wrestling** Section Individual Tournament - Fans buy a daily pass for $5.00/student; $10.00/adult

- Section Team - 1 session.

**Boys' Swimming** - Same as Girls' Swimming

**Track** - Each meet 1 session.

**Baseball** - **Boys' and Girls' Basketball - Hockey - Softball - Charge for each session. Doubleheader to count as one session.**

18. 10 Tournament passes will be given to each school's Athletic Director competing in a Sub-Section or Section event that will be good for the whole Tournament for the sports charging an admission fee except Boys/Girls Swimming which will receive 4 passes. **They are good for school personnel, coaches, and coaches’ spouses as assigned by the Activity Director of the School.** Region Committee members and Athletic Directors will be given passes for all Sub-Section and Section Tournaments by the Region 8AA Secretary.

**News media people** will be allowed admittance to Sub-Region, Region and Sectional tournaments upon presentation of their press pass or credentials.

Sophomores and JV players on teams will not be given passes. They must buy student tickets at the gate.

Non-participating Region 8AA schools may purchase a maximum of 25 Adult Reserved Tickets and 25 General Admission Student tickets for their own personnel.

**19. BANDS AT TOURNAMENTS (SUB-SECTION AND SECTION)** When space is limited, participating schools will not be allowed to bring bands if there are two games played in the same evening. The host school may furnish a tournament band not to exceed forty members at a flat fee of $50.00/night. When only one game is played and space is limited, participating schools may bring their own school band not to exceed forty members.

When space is not a problem, participating schools may bring their own school band(to be admitted free) not to exceed sixty members. The Tournament Manager will make the final decision concerning bands playing at Tournament games.

20. If no programs are provided by the Region, the host school will be responsible for programs. If advertising is sold, the host school is to use MSHSL guidelines.

21. There shall be no consolation games played in Sub-Section or Section Tournaments.

22. The host school shall designate Managers for Sub-Section and Section Tournaments at the annual Fall Meeting.

23. When space is not a problem, any school that has entertainment to offer between halves of Sub-Section or Section games in which their team plays is urged to provide such entertainment. Contact the Tournament Manager concerning permission. They will not be charged.

24. There will be a natural series of channels for all proposals to reach the Region Committee. All proposals are to move through the Flow Chart (Listed on the next page.).

25. **Teams for all sports will not be allowed to practice at the site of the Sectional Tournament except Boys' and Girls' Golf.**

26. All artificial sounding devices are prohibited from all Sub-Section and Section games except as part of a yell, cheer, or band (same as State Tourney rule of the MSHSL).

27. **All Sub-Section and Section coaches' meetings will be held outside school time. An Activity Director or the Region Secretary must be present (or part of google doc,zoom or conference call) in order to conduct business at a coaches meeting and to make recommendations to the Region Activity Directors and Region 8AA Committee.**

28. Tournament managers or liaisons should contact their coaches following the completion of the Section Tournament. Information gathered should be discussed at the following Region meeting and not necessarily to change formats in the middle of a 2-year plan.

**Expectations/Role/Responsibilities for a Liaison/Tournament Managers**

The role of the Liaison/Tournament Manager in each activity is to facilitate and assist the coaches/directors in the various activities. Liaisons/tournament managers should be a proponent for the coaches/directors to bring about change. They should

bring insight on the rationale behind recommendations and attempt to help coaches and directors

understand decisions that are made. Liaisons/TM should be the expert for the activity by providing a historical perspective and an understanding of how tournaments are administered.

**Responsibilities:**

1. During the season liaisons/TM should contact all coaches/directors to provide the current region policy.

a. Notify coaches of changes in seeding, tournament policies, etc.

b. Make sure coaches know the sites and dates of tournament competition.

c. Get tournament hosts information on how to run the tournament

2. Answer questions about post season play and policies as well as being the first person a coach or AD goes to for answers about a particular tournament. If issues arise the proper chain of command would be the schools AD, Liaison/TM, John Ross, Executive Secretary, and then the Region Conflict Committee.

3. Attend or designate someone to attend the finals and/or semifinals held at neutral sites.

4. After the tournament, contact coaches/advisors to get feedback on tournament procedures and seek recommendations for hiring officials for the next year. Liaisons will gather issues and concerns and forward them to the Region Secretary at the conclusion of each season.

Attend bi-annual section meetings (and/or create and manage google doc or conference call) and lead the discussion in that activity. Effectively communicating with the coaches what the tournament limitations are. Examples of limitations could be: costs, travel, sites, missed school time activity policy consistency and seeding procedures. Liaisons will help generate recommendations for improving tournaments that are realistic and give rationale at region meetings.

**REGION 8AA**

**SECTION TOURNAMENT RESPONSIBILITIES**

**2023-2025**

**FALL**

Tennis Girls 8AA

~~Soccer Boys & Girls 6AA~~

Soccer Boys & Girls 8AA

Soccer Boys & Girls 8AAA

Cross Country Boys & Girls 5AA

Cross Country Boys & Girls 8AA

Cross Country Boys & Girls 8AAA

Football 8AAAA

Football 8AAAAA

Volleyball 8AAA

Volleyball 8AAAA

Swim and Dive Girls 8AA

**WINTER**

Hockey Girls 8AA

Dance HK & Jazz 4AA

Nordic Ski 8A

Gymnastics 8AA

~~Wrestling 6AA~~

Wrestling 8AAA

Hockey Boys 5A

Hockey Boys 8AA

Basketball Girls 5AAA

Basketball Girls 8AAA

Basketball Girls 8AAAA

Basketball Boys 5AAA

Basketball Boys 8AAA

Basketball Boys 8AAAA

Swim and Dive Boys 3A

Swim and Dive Boys 8AA

**SPRING**

Golf Boys & Girls 8AAA

Tennis Boys 8AA

Softball 5AAA

Softball 8AAA

Softball 8AAAA

Track Boys & Girls 5AA

Track Boys & Girls 8AA

Track Boys & Girls 8AAA

Baseball 8AAA

Baseball 8AAAA

Lacrosse Boys and Girls 8A

**The liaisons/tournament managers TM are as follows:**

Tennis Girls 8AA – **Derek Abrahams, Fergus Falls, Roger Wilson TM**

~~Soccer Boys & Girls 6AA-~~ **~~Ryan Blahosky, Willmar, TM (~~now run by Region 7AA)**

Soccer Boys & Girls 8AA- **Kevin Jordan, Little Falls, TM**

Soccer Boys & Girls 8AAA- **Dean Haugo, Moorhead, TM**

Cross Country Boys & Girls 5AA- **Darin Laabs, Princeton, site mgr.**

Cross Country Boys & Girls 8AA- **Kevin Jordan, Little Falls, site mgr.**

Cross Country Boys & Girls 8AAA- **Nick Guida, Buffalo, site mgr.**

Football 8AAAA- **Rob Nielsen, Detroit Lakes - TM**

Football 8AAAAA- **John Ross**

Volleyball 8AAA- **Ronell, Uran – TM**

Volleyball 8AAAA- **Ronell Uran – TM**

Swim and Dive Girls 8AA- **Kristen MCrae, Bemdiji – L, Jack Freeman, Brainerd site mgr.**

Hockey Girls 8AA- **Emmett K, Cathedral- TM**

Dance HK & Jazz 4AA- **Ben Kvidt, Alexandria, L, Mitch Dorr, Rocori – site mgr.**

Nordic Ski 8A- **Kevin Jordan, Little Falls. L- Dan Josephson-TM**

Gymnastics 8AA- **Site Mgr? site ?**

~~Wrestling 6AA-~~ **~~Jared Matson, Big Lake (Fall 2021) – TM~~ (now run by Region 5A)**

Wrestling 8AAA-  **Roger Wilson – TM**

Wrestling Girls – 5-8, **Roger Wilson - TM**

Hockey Boys 5A- **Gary Revenig, Monticello - TM**

Hockey Boys 8AA- **Dean Haugo, Moorhead L, John Ross TM**

**Basketball Girls 5AAA – Dave Niemi - TM**

Basketball Girls 8AAA- **Rob Nielsen, Detroit Lakes, TM**

Basketball Girls 8AAAA- **Tom Bauman – TM**

**Basketball Boys 5AAA- Gary Revenig, Monticello - TM**

Basketball Boys 8AAA- **Ben Kvidt, Alexandria, TM**

Basketball Boys 8AAAA- **Tom Bauman - TM**

Swim and Dive Boys 3A- **Ryan Blahosky – Liaison, Site mgr. TBD**

Swim and Dive Boys 8AA- **Kristin McCrae, Bemidji – Liaison**, Jack Freeman Brainerd site mgr

Golf Boys & Girls 8AAA- **Brock Swanson, TM**

Tennis Boys 8AA- **Dave Niemi, Becker L, Roger Wilson - TM**

Softball 5AAA- **Dave Niemi, Becker, Jamie Hilyar TM**

Softball 8AAA- **Phillip Klaphake, TM**

Softball 8AAAA- **Eric Ruska, Tech - TM**

Track Boys & Girls 5AA- **Gary Revenig - L, Dave Wik TM**

Track Boys & Girls 8AA- **Ryan Blahosky, Willmar - L**

Track Boys & Girls 8AAA – **Dean Haugo, Moorhead - L**

Baseball 8AAA- **Rob Nielsen, Detroit Lakes - TM**

Baseball 8AAAA- **Bruce Thompson, Sartell - TM**

Lacrosse Boys and Girls 8A- **Keith Cornell, STMA- TM**

29. Sub-Section and Section 8AA schools shall provide free facility rental when the school participates in a tournament. School districts charged a rental fee for extra games beyond the regular season contract in non-school facilities shall be reimbursed by Region 8AA for the fee on the Financial Report Form. This does not include janitor service or workers' fees.

30. No Tournament will have a face to face seed meeting, except Individual Wrestling and Individual Boys and Girls Tennis will be seeded at the host site on the morning of the Wrestling tournament and Tennis at the Team Tournament.

**E-mail seeding will come from the Activity Director’s e-mail address. All records MUST be updated on the school web page of the MSHSL web site.**

31. **PROTEST POLICY UNLESS GOVERNED BY MINNESOTA STATE HIGH SCHOOL LEAGUE OR NATIONAL FEDERATION RULES AND REGULATIONS.**

A. Protests for all Sub-Section and Section 8AA events must be made prior to 4:00 p.m. the day following the event.

B. Protests must be made to the Executive Secretary of Region 8AA. If the Secretary is not available, the protest must be made to the Region Committee Chairperson.

C. The Executive Secretary (Region Chairperson) will contact all parties involved in the protest.

D. A Sub-Committee (5 persons) of the Region 8AA Committee will resolve conflicts regarding Tournament activities. It will be composed of the following: **Region Chair – Ben Kvidt, Alexandria; Principal – (Tim Bjorge) ; Supt. – (Rick Senstad), Monticello, Girls Coach Kim Bowen, Big Lake; AD – Ryan Blahosky, Willmar.**

E. The protest will be handled with a phone call of the Region Conflict Committee members and the parties involved in the protest.

F. The decision of the Region Conflict Committee will be final.

32. **Region 8AA of the Minnesota State High School League believes that all individuals should be treated with respect and dignity. Students should be able to participate in League sponsored activities in an environment that is free from sexual harassment and sexual violence. It shall be a violation of this policy for a student participant in League activities to harass a person through conduct or communication that is determined to be sexual harassment or sexual violence as defined by this policy.**

**FLOW CHART**

(For presenting proposals to the Region Committee)

**REGION 8AA COMMITTEE**

The Region 8AA Committee **ATHLETIC DIRECTORS OR** All proposals

can consult with the A.D. **ACTIVITY DIRECTORS** must be forwarded

group after the proposal to the Committee

is submitted to the with each groups'

Committee. recommendations.

**Each Schools' Proposals by Proposals by Each Schools'**

**Administration Activity Group Administrator Coach/Advisor**

**Proposal by** **Proposal by each**

**Coach or Advisor** **Schools' Board of**

**Education**

Each schools' administration Proposals by the administration

should be informed by the can be presented to the activity

coach or advisor regarding the group. The administration can

proposal made by the activity consult the schools' coach or

group. advisor.

**SPORTSMANSHIP CONSIDERATIONS ADOPTED BY THE REGION 8AA COMMITTEE**

Region 8AA believes that the essence of competition and fair play is exemplified in good sportsmanship. Sportsmanship is an internalized attitude, which reflects itself in a wide range of actions. The Nationalized Federation recently adopted a statement of philosophy that Region 8AA embraces and has adopted. It is as follows: "the ideals of good sportsmanship, ethical behavior and integrity permeate our culture. The values of good citizenship and high behavioral standards apply equally to all activity disciplines. In perception and practice, good sportsmanship shall be defined as those qualities of behavior, which are characterized, by generosity and genuine concern for others. Further, awareness is expected of the impact of an individual's influence on the behavior of others." Region 8AA views good sportsmanship as a concrete measure of the understanding and commitment to fair play, ethical behavior and integrity.

**BANDS**

1. Bands should be placed to side bleachers or in the case of end bleacher arrangements, away from the basket area to the side of such end bleacher.

2. Band playing collectively or individually during the confines of game time is limited to time outs, intermissions, and quarter breaks. This includes all musical instrument forms such as drums, trumpets, etc.

3. Bands are to be located on the lower level on the ends of Halenbeck Hall for all Sub-Section and Section Basketball games.

**SEATING**

1. Areas of spectatorship are to be designated by school. No exchange of areas to be allowed.

2. School personnel including administrators, coaches, etc., should be provided with a specific area in the event that people know where to contact these people in any particular situation. These personnel are to identify themselves with the Tournament Managers when they arrive.

**GENERAL CONDUCT**

1. No throwing of objects onto playing surface.

2. All signs must be approved and placed by the Tournament Manager.

3. No profane or abusive cheers, gestures, spitting, or chanting by individuals or groups.

4. Fighting on contest premise is prohibited.

5. Alcohol or drug use or influence on the site is prohibited.

6. No noisemakers allowed.

7. No full face painting or masking.

**CHEERLEADERS**

1. 8 cheerleaders and a mascot only allowed on the floor. Mascot must stay in the area of the cheerleaders. No other leaders of cheers will be allowed on the floor.

Each school administration is responsible along with tournament contest site management for monitoring and enforcing the various aspects of Region 8AA spectatorship code. One or the other of such agencies can and are to confront violations.

If there are any doubts regarding violations, school administration will direct tourney management for proper action and enforcement.

**GENERAL POLICIES FOR SECTIONAL TOURNAMENTS**

1. All proceeds and/or costs from Sectional Activities administered by Region 8AA will be pro-rated to the participating schools' Regions.

2. Coaches of the activities that are to be administered by Region 8AA will be invited to a meeting to provide the Region Committees with recommendations as to sites, dates, times, officials, and a general format for the Sectional Tournament every two years after re-alignment is completed by the MSHSL.

3. If the schools involved conform to existing Regional boundaries, the Region Committee shall assume complete control and conduct the event.

4. If the Sections do not conform to the existing Regional boundaries, the respective Region Committees involved, or designated members thereof, shall jointly and mutually complete plans and conduct the event. Groups involved should designate a site and manager, determine the date or dates, pairings, select the required officials and establish financial policies to govern the administration of the event. Involved Region Committees will be invited to a joint meeting following the Annual Fall Meeting on a date established by the Region 8AA Committee.

5. Region Committees assigned the responsibilities of Section Tournaments should consider an entry fee system to cover all costs in administering the Tournaments.

6. The Meet Manager is to submit a complete statement of all income and expenditures to the Region 8AA Secretary-Treasurer. All income shall be sent to the Region 8AA Secretary-Treasurer.

***REGION 8AA***

***TOURNAMENT***

***MANAGER'S***

***HANDBOOK***

The following Handbook has been designed to be part of the Official Region 8AA Handbook and to cover all activities and tournaments run by Region 8AA. All Tournament Managers will please follow the items listed below and on the following pages.

**GENERAL ITEMS:**

1. Region 8AA Committee members and Region 8AA Athletic Directors have been issued passes good for all Sub-Section and Section events run by Region 8AA.

2. It is a violation of MSHSL and Region 8AA policy for a member school or a representative of a member school to establish, distribute or accept any award not provided by the MSHSL for Region, Section or State Tournaments and not provided by Region 8AA for Sub-Section or Section Tournaments.

Trophies and medals will be sent to you prior to each Tournament. Please inspect them to be sure you have received all of them and there is no damage. The number of awards for each activity is listed in the Region 8AA Handbook and the MSHSL Athletic Rules and Policies Manual.

3. Solicitations for funds for any purpose at any League sponsored Tournament shall not be permitted except for Tournament game programs.

**BEFORE THE TOURNAMENT:**

1. Managers must reserve the facility for the dates of the Tournament. Place the Tournament on your school calendar as early as possible to avoid conflicts.

2. Prepare a list of things to be completed prior to the event. These should be arranged in chronological order according to the date they should be initiated. The Manager should plan the work of the Tournament in such a way that he/she does not personally administer all of the details. The Manager should be prepared to act on all matters in his/her jurisdiction. If you have any questions, call the Region 8AA Executive Secretary.

3. Managers are responsible to select capable helpers for each job. Prepare a duty roster for all Tournament officials. Notify them of their position, starting time, and other information pertinent to their job.

4. Appoint a games or rules committee in advance of a Tournament or Contest when the rules so indicate.

5. Send an information letter to all participating schools pertaining to:

a. Date-time-place of games (include the time the gates open to the public).

b. Include pairings and color of jersey to be worn (if necessary).

c. Locker room assignments.

d. Host school should furnish towels.

e. Cheerleader location and room assignments.

f. Band location, national anthem, and room assignments.

g. Care of valuables.

h. Warm-up areas if needed.

i. Any other information that the manager feels should be included.

6. Check to be sure that all teams have sent their team registrations to the MSHSL or that you have all the forms on hand. Contact each school in advance of the game or contest.

7. For those activities that require: be sure all individual entry cards, individual entry forms, team entry sheets, team entry cards, etc., are completed and in your hands prior to the Section-Sub-Section Tournament.

8. Managers will allow only the official squads (follow MSHSL guidelines), 6 cheerleaders, for Section Tournament games and contests. **Junior Varsity and “B” Squads must pay to get into the games and contests.**

9. Managers should read the Region 8AA Handbook sections pertaining to general policies and the activity you are managing.

10. Managers must read and follow the MSHSL Athletic Rules and Policies Manual for the activity being played. They must also read the guidelines for each Tournament sent out by the MSHSL.

11. Send a letter of information to referees, umpires, and judges as to site, date, time etc. Prepare a private dressing room and adult security for the game officials.

12. All Managers (Sub-Section and Section) will notify the news media in their area with information for pre-tournament publicity.

13. Tournament Managers must make arrangements to have a physician / trainer / on hand or one who is available via a telephone call.

14. Host schools are responsible for programs. The manager is to make roster programs using the MSHSL school web site for printable rosters.

15. Prepare the site or facility for the Tournament being run when extra things must be utilized for events such as cross country, gymnastics, etc.

16. Reserve special equipment needed for your events such as electrical timing, etc. Check with the Region Secretary if it is equipment rented by the Region such as Accu-Track.

17. Reserve an area for the news media. All media people should request passes prior to the Tournament. Check with the Region 8AA Executive Secretary to find out the number and name of radio stations that have requested space. They must have prior approval and must take the responsibility of installing their own lines.

18. All seeding will be done by the Region 8AA Secretary except Boys and Girls Tennis, Speech and Individual Wrestling.

19. Arrange to have all the pairings printed on the roster programs. Distribute copies to coaches and press prior to the start of the Tournament.

20. Arrange a room for coaches and officials if a day long tournament. Hospitality **will not** be paid by the Region.

Judges meals at Fine Arts Contests will be paid by the Region as will meals for officials at day long events.

21. Prepare locker room facilities for visiting teams. Have someone ready to show the teams to their room.

22. Have a host to meet and help each team.

23. Provide a reserved parking facility for all officials and school buses.

24. Make plans for the seating of teams, coaches, and players not participating in any particular game or event.

25. Assign student locations. Do not locate students directly behind an opponents' bench area.

26. Arrange for a concessions area. All profits go to the host school or the group they arrange to run the concession.

27. Give explicit instructions for the procedure of reporting scores and recording results in individual events to the people working each area.

28. Make arrangements for the award presentation, which will take place at the end of the Tournament. Tournament Managers will present awards at Sub-Section Tournaments. A member of the Region 8AA Committee / Region Secretary / School Administrators will be scheduled to present awards at Section events. Contact the Committee member to inform him/her of the time and place. If the Committee member or alternate cannot attend, the Manager will present the awards. A list of Committee members and the events they are to make awards at is sent out to all schools after the fall meeting.

29. One person, only a coach of a team, an Activity Director or a school designee, will be allowed to present individual medals to team members at any Sub-Section or Section Tournament. The school designee may be the coach of the team. Fans, spectators and parents will not be allowed on the playing surface or floor until the awards have been presented.

**DURING THE TOURNAMENT:**

1. Report all results immediately after the event to the Region 8AA Secretary, John Ross, so they can be posted on the Region 8AA web page.

2. After each game or session, the Manager will immediately notify the news media with results and highlights

3. Postponement of games or tournaments will be the decision of the Site Manager after consulting with the Region 8AA Executive Secretary, who will consult with the Region 8AA Committee chairman. The game or games will be made up the following day if possible. In cases of conflict with other Tournament games, the remaining Tournament games could also be moved back. If it is a Friday night postponement, a Saturday afternoon game or games is/are a possibility. Availability of sites may also play a role in rescheduling of games.

4. Tournament managers will arrange with the public announcer to read the following statement concerning Sportsmanship just prior to the start of all Sub-Section and Section 8AA Tournament games or events.

**Good sportsmanship is strived for in all Section 8AA events. Good sportsmanship is the responsibility of players - coaches- faculties - cheerleaders - students - adult spectators - officials and media. The Region 8AA Committee and member schools invite all students and adult spectators to join with the 8AA teams in displaying good sportsmanship throughout the tournament.**

**AFTER THE TOURNAMENT:**

1. Sub-Section Managers will send the results of their Tournaments to the Region 8AA Executive Secretary.
2. Pass on to the championship team (Sub-Section and Section) all the information needed for the Section Tournament or sent from the MSHSL concerning the State Tournament for that activity.
3. Region Managers will send results of their tournaments to the Region 8AA Executive Secretary.

4. After the Tournament has been completed, the Manager will submit a complete statement of attendance according to the form near the end of this Handbook. All receipts must be sent to the Region 8AA Executive Secretary. Bills cannot be paid out of the receipts. The Region pays the sales tax.

5. After the Tournament has been completed, a complete statement of all expenses must be submitted to the Region 8AA Executive Secretary on the expense voucher shown near the end of this Handbook. All expenses will be paid by the Executive Secretary.

6. Prepare a list of suggestions that might have improved the Tournament. If the coaches have a meeting, be sure the minutes of their meeting are sent to the Region 8AA Executive Secretary.

**Listed below are the Managers’ fees for each activity:**

Postponements - $25.00/day - Holiday - $25/day

|  |  |  |
| --- | --- | --- |
| **Activity** | **Sub-Section** | **Section** |
| Baseball/Softball |  | $85/game |
| Basketball (Boys/Girls) |  | $95/game/neutral site |
| Cross Country (Boys/Girls) |  | $250 (Total) |
| Dance Team (Site Manager) |  | $300 |
| Football |  | $125/game |
| Golf (Boys/Girls) |  | $500 (Each) |
| Gymnastics |  | $300 |
| Hockey |  | $85/game ($95/game-Neutral Site) |
| Music – Inst. Solo/Ens | $200 | XXXX |
| Music – Large Group | $200 | XXXX |
| Music – Vocal/String Solo/Ens | $200 | XXXX |
| One Act Play | $200 | $200 |
| Skiing (Nordic) |  | $500 |
| Soccer |  | $75/game ($85/game-Neutral Site) |
| Speech (Site Manager) |  | $325 (Sub-Section & Section) |
| Speech (Judge Coordinator |  | $350 |
| Swimming (Boys/Girls) |  | $350 |
|  |  |  |
| Tennis (Individual-Boys/Girls) | $325 | $175 |
| Tennis (Team-Boys/Girls) | $175 | $175 |
| Track | $425/day | $425/day |
| Volleyball |  | $85/game |
| **Tournament Manager** |  | **$500** |
| Wrestling (Individual) |  | $400 |
|  |  |  |
| Visual Arts |  | $200 |

**Listed below are the officials' fees for each activity.**

Mileage paid to officials is based on round trip mileage according the scale below.

0-9 miles= $0, 10-25 miles= $15 , 26-50 miles= $30, 51-75 miles= $45, 76-100 miles= $60, Over 100 miles - $75

|  |  |
| --- | --- |
| **Baseball-Softball** | **$120/official/game (2 until finals, then 3)** |
| Basketball (Boys/Girls) | $105/official/game |
| Dance Team | Set by Jam |
| Debate | $100/judge (varies) |
| Football | $110/official/game (5 man crew = $550) |
| Gymnastics – Referee | $200 |
| Gymnastics – Judges | $180 (9 Teams) |
| Hockey | $270/crew (2 referees, 1 linesman) |
| Music Judge | $130 + mileage up to fee |
| One Act Play – Section | $80 base pay + $10 per play ($140 – 6 plays) |
| One Act Play – Sub-Section | $80 base pay + $10 per play ($140 – 6 plays) |
| Soccer | $90/Center / $85 AR – 4 finals |
| Speech – Sub-Section |  |
| Speech – Section | $130/judge + mileage up to fee |
| Swimming - Diving Referee | $100/meet (1) (Can be split if more than 1 person) |
| Swimming – Referee | $230 (1) |
| Swimming – Starter | $230 (1) |
| Swimming - Stroke & Turn Judge | $185/judge (2) |
| Track – Asst. Starter & Referee (2 at each meet) | $175/meet (1 each/meet – Total 4) |
| Track – Section Starter (Prelims –Finals – 2 each) | $200 (1 – Field events, 1 – races) |
| Visual Arts | $150/judges (3-6 depending upon need) |
| Volleyball | $90/official/game (2) (Best 3 of 5 match) |
| Volleyball | $60/match (Line Judge) |
| Wrestling – Individual | $325/official/1 day (4) |
| Wrestling – Team Dual Meet | $90/official/match (3) |

Near the end of the Handbook are the Tournament Financial Report Forms. At the completion of your Tournament, please fill out the forms and return them to the Region 8AA Secretary along with all receipts. He will pay all expenses upon receiving the forms.

**TICKET PRICES:** **WRESTLING (Team)**

**Students $5.00 $5.00 Daily Pass - Student**

**Adult General Admission $10.00 $10.00 Daily Pass – Adult**

**Girls Tennis Indoors- NA currently WRESTLING (Individual)**

**Adults $5.00 Day 1**

**Students $3.00 $5 – Student**

**$10 – Adult**

**Day 2**

**$5 – Student**

**$10 - Adult**

**ENTRY FEES - $10/entry -Section Speech**

**Section 8AA Awards Presentation**

**PLEASE REMIND FANS TO STAY OFF THE FIELD OR COURT FOLLOWING THE EVENT SO THAT WE MAY HAVE A SHORT AWARDS PRESENTATION.**

When the bands have stopped playing and the teams have shaken hands and settled down, ask both of them to line up on their end lines, boundaries or in front of their respective benches.

(READ)

“The Region 8AA Committee would like to take this opportunity to thank \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_ activity director and his staff from \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for their help in hosting this Section \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ championship contest. We also extend our thanks to all of the schools and staffs of Section 8AA for hosting other Section contests this season.

We want to extend our congratulations to the players and coaches for their fine play and sportsmanship displayed during the tournament. We also appreciate the support and sportsmanship displayed by the cheerleaders - parents - fans throughout the tournament games.

Trophies and medals are presented to the 1st and 2nd place teams in all Section Tournaments administered by Region 8AA.

Presenting the trophies tonight are the Activity Directors of the Schools involved

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

The head coaches of each team will present the medals to their individual players. Presenting the medals to runner-up \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is coach \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Will the players please come forward as their name is called to receive their medal?

Our congratulations to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for their excellent season, fine play tonight and their 2nd place finish in the 20\_\_ Section Tournament. Will the captains of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ please come forward to accept the 2nd place trophy?

Presenting the medals to champion \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is coach \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Will the players please come forward as their name is called to receive their medal?

Our congratulations to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for their excellent season, fine play tonight and 1st place finish in the 20\_\_ Section \_\_\_\_\_ Tournament. Will the captains of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ please come forward to accept the 1st place trophy?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ will play in the first round of the State Tournament next week. We wish them the best of luck in the state tourney. This completes our awards ceremony. Thank you for attending this Section 8AA Minnesota State High School League Tournament contest. Please drive carefully on your way home tonight.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **8AAA** | **8AA** | **5AA** | **8AA** | **3A** |
| **Year** | **Cross Country** | **Cross Country** | **Cross Country** | **Gymnastics** | **Boys Swim** |
| **2022-23** | **Bemidji** | **Alexandria** | **Monticello** | **Tech** | **Willmar** |
| **2023-24** | **Buffalo** | **Little Falls** | **Princeton** | **Moorhead** | **Hutchinson** |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  | **5AA Track- Prelim & Final** | **8AA Track- Final** | **8AA Track - Prelims** | **8AAA Track - Finals** | **8AAA Track - Prelims** |
| **2022-23** | **Monticello** | **Detroit Lakes** | **Rocori** | **STMA** | **Brainerd** |
| **2023-24** | **Monticello** | **Rocori** | **Pequot Lakes** | **STMA** | **Brainerd** |
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| **Year** | **8AA Boys Swim** | **8AA Girls Swim** | **8AAA Wrestling (T)** | **Wrestling (Ind)** | **4AA Dance** |
| **2022-23** | **Brainerd** | **Brainerd** | **Brainerd** | **Tech** | **Sauk Rapids** |
| **2023-24** | **Brainerd** | **Brainerd** | **Willmar** | **Moorhead** | **Rocori** |
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| **Year** | **Speech** | **One Act Play - Final** | **One Act Play – North Sub** | **One Act Play – South Sub** |  |
| **2022-23** | **Brainerd** | **Brainerd** | **Little Falls** | **Sartell** |  |
| **2023-24** | **Tech** | **Sartell** | **Fergus Falls** | **Big Lake** |  |
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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Contest Event** | **2023 Date** | | **2023 Host** | **2024 Date** | | **2024 Host** | **2025 Date** | **2025 Host** | **2026 Date** | **2026 Host** |
|  |  |  | |  |  | |  |  |  |  |
| North Vocal S/E | 8-Feb | Brainerd | | 7-Feb | Alexandria | | 12-Feb | D.L | 11-Feb | Bemidji |
| North Band S/E | 26-Apr | Moorhead | | 24-Apr | Brainerd | | 30-Apr | Alexandria | 29-Apr | D.L. |
| North String S/E | 19-Apr | Alexandria | | 17-Apr | Moorhead | | 23-Apr | Bemidji | 22-Apr | Brainerd |
| North Instrumental Large Group | 5-Apr | D.L. | | 3-Apr | Bemidji | | 9-Apr | Brainerd | 8-Apr | Moorhead |
| North Choral Large Group | 29-Mar | Bemidji | | 27-Mar | D.L. | | 26-Mar | Moorhead | 25-Mar | Alexandria |
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| Central Vocal S/E | 25-Jan | Little Falls | | 31-Jan | Sartell | | 29-Jan | Sauk Rapids - Rice | 28-Jan | Apollo/Tech |
| Central Band S/E | 1-Feb | Apollo | | 7-Feb | Little Falls | | 5-Feb | Tech | 4-Feb | Sauk Rapids -Rice |
| Central String S/E | 22-Feb | Tech | | 28-Feb | Willmar | | 26-Feb | Sartell | 25-Feb | Apollo |
| Central Instrumental Large Group | 19-Apr | Sartell | | 17-Apr | Sauk Rapids -Rice | | 16-Apr | Apollo | 15-Mar | Little Falls |
| Central Choral Large Group | 29-Mar | Sauk Rapids - Rice | | 27-Mar | Apollo/Tech | | 26-Mar | Little Falls | 25-Mar | Sartell |
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| South Vocal S/E | 1-Feb | Monticello | | 7-Feb | Rocori | | 5-Feb | Big Lake | 4-Feb | Becker |
| South Band S/E | 8-Feb | Willmar | | 14-Feb | Monticello | | 12-Feb | Rocori | 11-Feb | Big Lake |
| South Instrumental Large Group | 12-Apr | Becker | | 10-Apr | Willmar | | 9-Apr | Monticello | 8-Apr | Rocori |
| South Choral Large Group | 15-Mar | Big Lake | | 20-Mar | Becker | | 19-Mar | Willmar | 18-Mar | Monticello |
| **Contest Event** | **2023 Date** | **2023 Host** | | **2024 Date** | **2024 Host** | | **2025 Date** | **2025 Host** | **2026 Date** | **2026 Host** |

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| **Region 8AA, MSHSL Schools By Section 2023-2025** |
|  |
| 8AAA Baseball (~~6~~ 7 Teams): Alexandria (8AA) Detroit Lakes (8AA), Little Falls (8AA), Rocori (8AA), ~~Sauk Rapids-Rice (8AA)~~, Willmar (8AA). Add: Fergus Falls (6A), Hutchinson (2AA)  8AAAA Baseball (~~9~~ 8 Teams): Bemidji (8AA), Brainerd(8AA), ~~Buffalo(8AA),~~ Elk River(7AA), Moorhead(8AA), ~~Rogers(5AA~~), Sartell (8AA), St. Michael-Albertville(5AA), St. Cloud Crush (8AA), Add: Sauk Rapids Rice (8AA). |
|  |
| **8AAA Boys Basketball (8 Teams):** Alexandria (8AA), Detroit Lakes(8AA), Little Falls(8AA), Rocori (8AA) , ~~Sauk Rapids-Rice(8AA)~~, St Cloud Apollo (8AA), St. Cloud Tech(8AA), Willmar (8AA), Add: Fergus Falls (6A) |
|  |
| **8AAAA Boys Basketball (~~8~~  9 Teams):** Bemidji (8AA),Brainerd(8AA), Buffalo(8AA),Elk River(7AA), Moorhead(8AA), **Rogers(5AA),** Sartell-St. Stephen (8AA), St Michael-Albertville(5AA), **Add SRR (8AA)** |
|  |
| **8AAA Girls Basketball (~~6~~ 7 Teams):** Alexandria(8AA), Detroit Lakes(8AA), Little Falls(8AA), Rocori (8AA),~~Sauk Rapids-Rice(8AA~~). Willmar(8AA), Add: Fergus Falls (6A) , St. Cloud Crush (8AA) |
|  |
| **8AAAA Girls Basketball (9 Teams):** Bemidji (8AA)**,** Brainerd(8AA), Buffalo(8AA), Elk River(7AA), Moorhead(8AA), Rogers(5AA), Sartell-St. Stephen (8AA), St Michael-Albertville(5AA),~~St. Cloud Crush(8AA),~~ Add SRR (8AA) |
|  |
|  |
| **5AA Cross Country (Boys / Girls) (~~12~~  11 Teams):** Becker(8AA), Big Lakes (8AA), Foley(5A), Milaca (5A), Monticello(8AA), Princeton (7AA), St. Cloud Apollo (8AA), St Cloud Tech(8AA), ~~Sauk Rapids-Rice(8AA),~~ Spectrum (5A), St. Francis (7AA), Zimmerman (7AA) |
|  |
| **8AA Cross Country (Boys/ Girls) (~~12~~ 13 Teams):** Alexandria (8AA), Albany (5A**)**, Detroit Lakes (8AA), East Grand Forks (8A), Fergus Falls (6A), Little Falls (8AA), ~~Melrose (5A),~~ New London Spicer (5A), ~~Pequot Lakes (6A),~~ Rocori (8AA), Thief River Falls (8A), Willmar (8AA), Add: Breckenridge (6A), EVW/Kimball(5A), Perham(6A) |
|  |
| **8AAA Cross Country (Boys/Girls) (~~8~~ 9 Teams):** Bemidji (8AA), Brainerd (8AA), Buffalo (8AA), Elk River (7AA), Moorhead (8AA), Rogers (5AA), Sartell (8AA), STMA (5AA), Add: SRR(8AA) |
|  |
| **4AA Dance (15 Teams):** Albany(5A), Alexandria(8AA), Becker(8AA), Bemidji(8AA), Big Lake (8AA), Detroit Lakes(8AA), Foley(5A), Little Falls (8AA), Monticello(8AA), Pequot Lakes(6A), Rocori(8AA), ~~Sauk Rapids-Rice (8AA),~~ St. Francis (7AA), Rock Ridge (7A), Zimmerman (7AA), Add: Coon Rapids (5AA) |
|  |
| **8AAAA Football (5 Teams):** Becker (5A), Detroit Lakes(8AA), Little Falls(8AA), Rocori(8AA), ~~St. Cloud Apollo (8AA),~~ Add: Princeton (7AA) |
|  |
| **8AAAAA Football (6 Teams):** Alexandria(8AA), Bemidji(8AA), Moorhead(8AA), Sartell-St Stephen(8AA~~), Sauk Rapids-Rice (8AA)~~, St. Cloud Tech(8AA), Add: Brainerd (8AA) |
|  |
| **8AAA Golf (Boys) (11 Teams):** Alexandria(8AA), Becker(8AA), Bemidji(8AA), Brainerd(8AA), Buffalo(8AA), ~~Detroit Lakes (8AA)~~, Moorhead(8AA), Sartell-St Stephen(8AA), Sauk Rapids-Rice(8AA), St Cloud Apollo Crush(8AA), Willmar(8AA), Rocori (8AA) |
|  |
| **8AAA Golf (Girls) (~~12~~  11 Teams):** Alexandria(8AA), Becker(8AA), Bemidji(8AA), Brainerd(8AA), Buffalo(8AA**)**, ~~Detroit Lakes~~ (8AA), Moorhead(8AA),Rocori (8AA), Sartell-St Stephen(8AA), Sauk Rapids-Rice(8AA), St Cloud , Willmar(8AA), |
|  |
| **8AA Gymnastics (~~8~~ 7 Teams):** Alexandria(8AA),Bemidji(8AA), Brainerd(8AA), ~~Monticello (8AA),~~ Moorhead(8AA), Sartell-St. Stephen(8AA), Sauk Rapids-Rice(8AA),St Cloud Tech(8AA) |
|  |
| **5A Boys Hockey (~~10~~ 9 Teams):** Becker/Big Lake (8AA), ~~Cambridge (7AA),~~ Little Falls (8AA), Monticello (8AA), Pine City (7AA), Princeton (7AA), Rocori – River Lakes (8AA), Sauk Rapids-Rice (8AA), St. Cloud Cathedral (5A), Mora/Milaca (5A) |
|  |
| **8AA Boys Hockey (9 Teams):** Bemidji(8AA), Brainerd (8AA), Buffalo(8AA), Elk River/Zimmerman (7AA), Moorhead(8AA), Roseau(8A), Sartell (8AA), St. Cloud (8AA), St Michael-Albertville(5AA) |
| |  |  | | --- | --- | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |
|  |
| 8AA Girls Hockey (8 Teams): Alexandria(8AA), Bemidji (8AA), Brainerd (8AA), Buffalo (8AA), Moorhead (8AA), Roseau (8A), Sartell-Saint Stephen(8AA)(HOST)-Sauk Rapids-Rice(8AA), St. Cloud (8AA) |
|  |
| **8A Girls Lacrosse (11 Teams):** Becker (8AA)**,** Big Lake (8AA), Brainerd (8AA), Buffalo (8AA), Elk **River/Zimmerman (7AA),** Monticello (8AA), Moorhead(8AA), ROCORI (8AA) St. Cloud (8AA), Sartell/SRR (8AA), **St Michael-Albertville(5AA)** |
|  |
| **8A Boys Lacrosse (11 teams**)**:** Becker (8AA)**,** Big Lake (8AA), Brainerd (8AA), **Elk River/Zimmerman** (**7AA)** Monticello (8AA), Moorhead(8AA), **Providence Academy (4A),** ROCORI (8AA) St. Cloud (8AA), Sartell/SRR (8AA), **St Michael-Albertville(5AA)** |
|  |
| **8AA Music (~~16~~ 17 Schools):** Alexandria (8AA),Becker(8AA), Bemidji(8AA), Big Lake (8AA), Brainerd(8AA), Buffalo (8AA), Detroit Lakes(8AA), , Little Falls(8AA), Monticello(8AA), Moorhead(8AA), Rocori(8AA), St Cloud Apollo(8AA), St Cloud Tech(8AA), Sartell-St Stephen(8AA), Sauk Rapids- Rice(8AA),Willmar(8AA), Add: Fergus Falls (6A) |
|  |
| **8 Nordic Skiing (Boys) (~~11~~ 12 Teams):** Alexandria(8AA), Bemidji(8AA), Detroit Lakes(8AA), Little Falls(8AA), Moorhead(8AA), ~~St Cloud Tech(8AA)/Rocori coop,~~ St John’s Prep(5A), Trek North(8A), Willmar(8AA)  Coop 60 (Brainerd) – Brainerd(8AA)(Host), Pequot Lakes(6A), Add Wadena Deer Creak  Coop 162 (OTNSA) - Fergus Falls(8AA)(Host), Hillcrest Lutheran Academy(6A)  ~~Coop 394 (St Cloud Apollo) - St Cloud Apollo(8AA)(Host), Sauk Rapids-Rice(8AA)~~  Coop 395 (St Cloud Cathedral/Sartell) - St Cloud Cathedral(5A), Sartell(8AA) (Host) |
|  |
| 8 Nordic Skiing (Girls) (12 Teams): Alexandria(8AA), Bemidji(8AA), Brainerd (8AA), Detroit Lakes(8AA), Fergus Falls (8A), Little Falls(8AA), Moorhead(8AA),~~Pillager(6A)~~ Sartell/Cathedral (8AA), St John’s Prep(5A), Trek North(8A), Willmar(8AA), Add: Wadena |
|  |
| **8AA One Act Play (~~11~~ 12 Schools)**  **North Sub-Section (6)** – Alexandria(8AA), Brainerd(8AA), Detroit Lakes(8AA), Fergus Falls (6A), Little Falls(8AA), Moorhead(8AA)  **South Sub-Section (6) –** Becker(8AA), Big Lake (8AA), Monticello (8AA), Rocori(8AA), ~~St Cloud Tech(8AA),~~  Sartell (8AA), Sauk Rapids-Rice(8AA),   |  | | --- | |  | | **~~6AA Boys Soccer (8 Teams)-~~** ~~Becker (8AA), Big Lake (8AA), Monticello (8AA),~~ **~~Princeton (7AA), Rockford (5A), St. Francis (7AA)~~**~~, Willmar (8AA),~~ **~~Zimmerman (5A)~~** | |  | | **8AA Boys Soccer (8 Teams)-** Alexandria (8AA), Detroit Lakes (8AA), ~~East Grand Forks (8A),~~ Little Falls (8AA), Rocori (8AA), ~~Sauk Rapids-Rice (8AA),~~ St. Cloud Apollo (8AA), St. Cloud Tech (8AA), Add: Becker (8AA), Willmar (8AA) | |  | | **8AAA Boys Soccer (8 Teams):** Bemidji (8AA), Brainerd (8AA)**,** Buffalo(8AA),Elk River (7AA), Moorhead(8AA), ~~Rogers(5AA),~~ Sartell (8AA), St Michael-Albertville(5AA) | |  | | **~~6AA Girls Soccer (8 Teams):~~** ~~Becker (8AA), Big Lake (8AA),~~ **~~Hutchinson- Glencoe(2A),~~**~~Monticello (8AA),~~ **~~Princeton (7AA),St. Francis (7AA),~~** ~~Willmar (8AA),~~ **~~Zimmerman (7AA)~~** | |  | | **8AA Girls Soccer (8 Teams)-** Alexandria (8AA), Detroit Lakes (8AA), ~~East Grand Forks (8A),~~ Little Falls (8AA), Rocori (8AA), ~~Sauk Rapids-Rice (8AA~~), St. Cloud Apollo (8AA), St. Cloud Tech (8AA), Add: Fergus Falls (6A), Willmar (8AA) | |  | | **8AAA Girls Soccer (8 Teams):** Bemidji (8AA), Brainerd (8AA)**,** Buffalo(8AA),Elk River (7AA), Moorhead(8AA), ~~Rogers(5AA),~~ Sartell (8AA), St Michael-Albertville(5AA), Add: SRR (8AA) | |  | | **5AAA Softball (~~6~~  7Teams):** Becker(8AA), Big Lake(8AA), Monticello(8AA), Princeton (7AA), St. Francis (7AA), Zimmerman(7AA) : Add Delano (2AA) | |  | | **8AAA Softball (~~6~~ 7 Teams):** Alexandria (8AA),Detroit Lakes(8AA),Little Falls(8AA), Rocori (8AA), ~~Sauk Rapids-Rice(8AA),~~ Willmar (8AA). Add: Fergus Falls (6A), Hutchinson (2AA) | |  | | **8AAAA Softball (9 Teams) –** Bemidji (8AA), Brainerd(8AA)**,** Buffalo(8AA)**,** Elk River(7AA), Moorhead(8AA), ~~Rogers(5AA),~~ Sartell (8AA), St Michael-Albertville(5AA), St. Cloud Crush(8AA), Add: SRR (8AA) | |  | |  | | **8AA Speech (~~13~~ 14 Schools):** Alexandria(8AA), Becker (8AA), Bemidji(8AA), Brainerd(8AA), Detroit Lakes(8AA), Little Falls(8AA), Moorhead(8AA), Rocori(8AA), Sartell-St Stephen(8AA),St Cloud Apollo(8AA), St Cloud Tech(8AA), Sauk Rapids-Rice(8AA), Willmar(8AA), Add: Fergus Falls (6A) | |  | | 3A Boys Swimming & Diving (8 Teams):Dassel-Cokato (2AA), Hutchinson (2AA), Monticello (8AA), Montevideo (3A), Princeton (7AA), ~~Sauk Rapids-Rice (8AA),~~ St Cloud Apollo(8AA), Willmar (8AA), Add Delano (2AA) | |  | | **8AA Boys Swimming & Diving (~~8~~ 9 Teams):** Bemidji (8AA), Brainerd (8AA), Buffalo (8AA), Elk River, Moorhead(8AA), Sartell (8AA), St. Cloud Tech (8AA), St Michael-Albertville(5AA), Add: SRR(8AA) | |  | | **8AA Girls Swimming & Diving (~~8~~ 9 Teams):** Bemidji (8AA), Brainerd (8AA), Buffalo(8AA),Elk River (7AA), , Moorhead(8AA), Rogers(5AA), Sartell (8AA), St Michael-Albertville(5AA**),** Add: SRR(8AA) | | **8AA Boys Tennis (12 Teams )**  **\*\*North Sub-Section (4 Teams):** Alexandria(8AA), Bemidji(8AA), ~~Detroit Lakes(8AA),~~ Moorhead(8AA),  **\*\*South Sub-Section:** (7 teams) Becker(8AA),Big Lake(8AA), Monticello(8AA), ***Sartell (8AA),*** ***Sauk Rapids-Rice(8AA)***, ***St. Cloud (8AA),*** Willmar(8AA), Add Buffalo (8AA), STMA(5AA)  **\*\*\*** | |  | | **8AA Girls Tennis (~~18~~ 15 Teams):**  **North Sub-Section (7 Teams):** Alexandria (8AA), Bemidji(8AA), Detroit Lakes(8AA), ~~East Grand Forks (8A),~~ Fergus Falls(8A), Little Falls (8AA), Moorhead(8AA),~~Perham (6A), Thief River Falls(8A~~) ,Add: Brainerd (8AA)  **South Sub-Section (8 Teams):**  Annandale (5A), Becker(8AA), Big Lake(8AA), ~~Foley (5A),~~Rocori (8AA),Sartell-St Stephen(8AA), St. Cloud Crush(8AA), Sauk Rapids-Rice(8AA), Willmar(8AA) | |  | | **5AA Boys and Girls Track (~~12~~ 11 Teams):** Becker (8AA), Big Lake (8AA), **Foley (5A), Milaca (5A),** Monticello (8AA), **Princeton (7AA)**, ~~Sauk Rapids-Rice (8AA),~~ **Spectrum (5A),** St. Cloud Tech (8AA), **St. Francis (7AA**), St. Cloud Apollo (8AA), **Zimmerman (5A)** | |  | | **8AA Boys & Girls Track (12 Teams):** Albany (5A), Alexandria(8AA), Detroit Lakes(8AA), East Grand Forks (8A), Fergus Falls(6A), Little Falls(8AA), ~~Melrose (5A),~~ New London Spicer (5A), Pequot Lakes (6A), Rocori(8AA), Thief River Falls (8A), Willmar(8AA), Add Perham (6A) | |  | | **8AAA Boys and Girls Track (~~8~~ 9 Teams):** Bemidji (8AA), Brainerd (8AA), Buffalo (8AA), Elk River (7AA), Moorhead (8AA), Rogers (5AA), Sartell-St. Stephen (8AA), STMA (5AA), Add: SRR (8AA) | |  | | **8AA Visual Arts (~~9~~ 10 Schools):** Alexandria(8AA), Becker(8AA), Big Lake (8AA), Little Falls(8AA), Monticello(8AA), Moorhead(8AA), Sartell-St Stephen(8AA), Sauk Rapids Rice(8AA), Willmar(8AA), Add: Fergus Falls (6A) | |  | | **8AAA Volleyball (8 Teams)** Alexandria (8AA),Becker(8AA), Detroit Lakes(8AA),Little Falls (8AA),Rocori(8AA), St Cloud Apollo(8AA), St Cloud Tech(8AA), ~~Sauk Rapids-Rice(8AA),~~ Add: Fergus Falls(6A) | |  | | **8AAAA Volleyball (~~8~~ 9 Teams):** Bemidji (8AA), Brainerd (8AA), Buffalo (8AA), Elk River (7AA), Moorhead (8AA), Rogers (5AA), Sartell (8AA), STMA (5AA), Add: SRR (8AA) | |  | | ~~6AA Wrestling (12 Teams): Annandale (5A), Becker (8AA), Big Lake (8AA), Dassel-Cokato (5A), Foley (5A), Monticello (8AA), Princeton (7AA), Rocori (8AA), Sauk Rapids-Rice (8AA), Spectrum (5A), St. Francis (7AA), Zimmerman (7AA)~~ | | 8AAA Wrestling (8 Teams): Bemidji(8AA), Brainerd(8AA), Buffalo(2AA), ~~Little Falls(8AA),~~ Moorhead(8AA), Sartell-St Stephen(8AA), St Cloud Tech(8AA), Willmar(8AA), Add Monticello (8AA) | |

**\*\*\*Each Activity Handbook Page will be updated online under specific activity and updated in this handbook as soon as possible. For latest version please check activity event resources for your section.**

**8AAA Baseball**

**8AAAA Baseball**

**8AAA Basketball (Boys')**

**8AAAA Basketball (Boys')**

**Tournament Manager: Tom Bauman**

**e-mail:** [**m8execsec@gmail.com**](mailto:m8execsec@gmail.com)

**8AAA Basketball (Girls')**

**Tournament Manager – Rob Nielsen, Detroit Lakes, 218.847.4491(w), 218-841-8167©**

**8AAAA Basketball (Girls’)**

**Tournament Manager: Tom Bauman**

**e-mail:** [**m8execsec@gmail.com**](mailto:m8execsec@gmail.com)

**5AA Cross Country (Boys'/Girls')**

**Liaison: Dave Niemi, Becker, 763-261-4501(w), 763-261-4559(fax), 218-851-2428©**

**e-mail:** [**dniemi@isd726.org**](mailto:dniemi@isd726.org)

**8AA Cross Country (Boys'/Girls')**

**Liaison: Ben Kvidt, Alexandria AD**

**e-mail: bkvidt@alexschools.org**

**8AAA Cross Country (Boys'/Girls') (8 Schools)**

**8AAAA Football**

**8AAAAA Football**

**8AAA Golf (Boys 11 Schools) (Girls 12 Schools) –**

**Tournament Manager – Brock Swanson,**

**Liaison – John Ross – Region 8AA Secretary, region8aajr@gmail.com**

**8AAA Boys Golf (11 Teams):** Alexandria (8AA), Becker (8AA), Bemidji (8AA), Brainerd (8AA), Buffalo (8AA), Detroit Lakes (8AA), Moorhead (8AA), Sartell-St Stephen (8AA), Sauk Rapids-Rice(8AA), , Willmar (8AA)

Coop: St. Cloud Apollo(8AA) & St Cloud Tech (8AA)

**8AAA Girls Golf (12 Schools):** Alexandria (8AA), Becker (8AA), Bemidji (8AA), Brainerd (8AA), Buffalo (2AA), Detroit Lakes (8AA), Moorhead (8AA), Rocori (8AA) Sartell-St Stephen (8AA), Sauk Rapids-Rice(8AA), Willmar (8AA), Coop: St. Cloud Apollo(8AA) & St Cloud Tech (8AA),

**BOYS' SITES**

– Rich Spring, Cold Spring (2023)

**GIRLS' SITES** – Headwaters Golf Club, Park Rapids (2023)

**DATES:**

Boys – **Pre-Section – Friday, 5/12/23 – 10 AM shotgun**

Day 1 – Tuesday, 5/30/23 – Noon shotgun

Day 2 - Wednesday, 5/31/23 – 9 am –Tee times @ Hole #1 & #10

Girls – **Pre-Section – Friday, 5/12/23 – 9 am shotgun**

Day 1 – Thursday, 6/1/23 – 9 am shotgun start

Friday, 6/2/23 – 8:30 am – Tee times @ Hole #1 & #10

Golf Course rental: $30.00/player at both courses including range balls

Schools will pay $180 to Region 8AA for Pre-Section (includes range balls)

Play: 36 holes – 18 with the top 6 (Boys& Girls) teams and 12 individuals advancing to 18 holes on the following day. If either day is rained out, the tournament will try to make up when course is available

State Qualifiers: Use the MSHSL Handbook as a guide.

Tie-Breaking Procedure: If a tie should occur at the end of the regulation round(s), the scores of the fifth (5th) man would determine the winner. If still tied, the scores of the sixth (6) man would determine the winner. If still tied, a play-off with all 6 players from the teams tied would take place, sudden death.

**Awards:** **MSHSL Policy**

**8AA Gymnastics (Girls')**

Liaison – Eric Ruska – Tech AD

Email: eric.ruska@isd742.org

**8AA Gymnastics (8 schools):** Alexandria(8AA), Bemidji(8AA), Brainerd(8AA), Monticello(8AA), Moorhead(8AA), Sartell(8AA), St. Cloud Tech(8AA), Sauk Rapids-Rice(8AA)

**Site**: rotate the site among the Section. Alternate between North and South when possible. The meet will be held at a site with a spring floor. All competitive events will be held in the same room. Bars must meet maximum rulebook standards. Table vault must have 75 foot approach and 18 foot beyond the table. Mats must meet rulebook standard with more safety consideration. Once the meet referee has approved the site and specifications, changes will only be made by the host site and meet referee.

**Format**: Meet to be held on Saturday, February 18, 2023 12 pm, the week prior to the State Meet.

**Section Team Size**: Teams may have a maximum of 17 gymnasts on their section team roster.

**Entries:** 5 per event. Top 4 determine team score. Each team must compete at least 1 all-around person.

**Awards:** Trophies to the championship team and to the Runner-up

Medals to 1st, 2nd, 3rd, 4th in each event and all-around

**Qualifiers to the State Meet**: Use MSHSL Handbook

**Judges:**

1 Meet Referee 3 Judges from Women’s Association

4 Chief Judges 3 Judges from Central MN

4 Acting Judges 3 Judges from Men’s Association

**Meet Rotation:** No team should start in the first rotation or on the same event as previous year. Competitive rotation will be in Olympic order. Members of the section team roster may rotate with the team if space allows.

**Continued Rotation Process:** Teams will move over one to the left (reverse Olympic order) and down one to establish that team’s number for the following year. For example Team number 1 would rotate as follows for an eight year period - 1,8,2,5,3,6,4,7

**Section 8AA Host Team Schedule:**

2017-18 Buffalo 2022-23 ~~Alexandria~~, **Tech**

2018-19 Brainerd 2023-24 Moorhead

2019-20 Tech 2024-25 Bemidji

2020-21 Sauk Rapids- Rice 2025-26 Buffalo

**2021-22 ~~Sartell~~, Tech**

**Draw: 17-18 Vault Bars Beam Floor**

1. Buffalo 1 2 3 4

2. St Michael-Albertville 5 6 7 8

3. Moorhead 4 1 2 3

4. Elk River 8 5 6 7

5. Brainerd 3 4 1 2

6. St Cloud Tech 7 8 5 6

7. Bemidji 2 3 4 1

8. Sauk Rapids-Rice 6 7 8 5

**18-19 19-20 20-21 21-22**

1 Bemidji 1. Alexandria 1. Tech 1. Moorhead

2. Sauk Rapids Rice 2. Buffalo 2. Bemidji 2. Alexandria

3. Brainerd 3. Sartell 3. Sauk Rapids Rice 3. Buffalo

4. Tech 4. Moorhead 4. Brainerd 4. Sartell

5. Sartell 5. Sauk Rapids Rice 5. Buffalo 5. Bemidji

6. Moorhead 6. Brainerd 6. Sartell 6. Sauk Rapids Rice

7. Alexandria 7. Tech 7. Moorhead 7. Brainerd

8. Buffalo 8. Bemidji 8. Alexandria 8. Tech

**22-23 23-24 24-25 25-26**

1.Brainerd 1. Sartell 1. Sauk Rapids Rice 1.Buffalo

2.Tech 2. Moorhead 2. Brainerd 2. Sartell

3.Bemidji 3. Alexandria 3. Tech 3. Moorhead

4. Sauk Rapids Rice 4. Buffalo 4. Bemidji 4. Alexandria

5.Alexandria 5. Tech 5. Moorhead 5. Brainerd

6. Buffalo 6. Bemidji 6. Alexandria 6. Tech

7. Sartell 7. Sauk Rapids Rice 7. Buffalo 7. Bemidji

8. Moorhead 8. Brainerd 8. Sartell 8. Sauk Rapids Rice

**Rotations for an eight year period (beginning with 17-18 season)**

Team 1: 1,8,2,5,3,6,4,7

Team 2: 2,5,3,6,4,7,1,8

Team 3: 3,6,4,7,1,8,2,5

Team 4: 4,7,1,8,2,5,3,6

Team 5: 5,3,6,4,7,1,8,2

**5A Boys Hockey (10 Teams):** Becker/Big Lake (8AA), **Cambridge (7AA)**, Little Falls (8AA), Monticello

(8AA), **Pine City (7AA), Princeton (7AA),** Rocori – River Lakes (8AA), Sauk Rapids-Rice (8AA),

**St. Cloud Cathedral (5A), Mora/Milaca (5A)**

**Tournament Manager– Gary Revenig 763-272-3101 Work 763-274-9574 Cell**

**Email:** [**gary.revenig@monticello.k12.mn.us**](mailto:gary.revenig@monticello.k12.mn.us)

**SEEDING:**

There **WILL NOT** be a face-to-face seed meeting by Region 8AA policy. Seeding will be done by e-mail

to Gary Revenig.

Each coach ranks all of the schools in the section or sub-section, except their own. One high score and

one low score is thrown out. Points are totaled and the lowest point total is the high seed, etc.

**Tie-Breaker: (MSHSL POLICY)**

If there is a tie, the first tie breaker is Head to Head competition.

If that does not break the tie, the ranking that the tied schools gave each other is dropped.

If the tie is not broken a coin flip is used to break the tie.

All rankings are shared so that all coaches can see how each school seeded each of the other schools.

**ROSTERS:**

The roster that you put on the scoresheet for the quarterfinal **your first playoff** game will be your official

roster for the tournament. If you have a player that you would like to be eligible later in the tourney, but is

unable to play in your first game, you must list them, cross them out, and then put in any substitute. They

can then be re-inserted for subsequent games, in accordance with MSHSL post-season roster and

substitution rules.

If you think you may have an issue like this, please contact me before submitting your

roster so that we are all on the same page. If you have an injury substitution after game 1, please contact

me before the next game so we can be sure all is done properly.

Host sites must make up programs from the printable rosters on the MSHSL website. All schools must

have their rosters up to date when the tournament begins.

**FORMAT:**

2022-21 Postseason

**Saturday, February 19th**

#7 hosts #10 time TBD

#8 hosts #9 time TBD

**Tuesday, February 22nd**

Quarterfinals

#1 hosts 8/9 winner @ 7:00

#2 hosts 7/10 winner @ 7:00

#3 hosts #6 @ 7:00

#4 hosts #5 @ 7:00

**Saturday, February 26th**

Semi-finals @ high seeds

Wednesday, March 1, 2023

**@ Elk River – 7 PM**

**JV and Sophomore players not on the varsity roster do not have a pass to get into Section**

**games. They must pay for a student ticket ($5) at the door. Region 8AA policy.**

**STARTING TIMES:** For all Section 5A games, the games will start at 7:00 p.m. when only one game is

played during the week. When two games are played, the starting times will be

4:00 and 7:00 p.m., or 30 minutes following the first game whichever is later.

**OFFICIAL SQUAD:** We follow MSHSL guidelines.

The official team roster can be **20 players, 2 student managers and 3 coaches**. Please adhere to

these numbers. The only other person on the bench can be a trainer. You may not substitute one

category for another. All coaches must have completed all of their MSHSL coaching requirements.

**ENTERTAINMENT**: There **will not** be entertainment between periods at Section 5A Tournament

games.

**OFFICIALS:** Assigned by Suburban Hockey Referees Association. Goal Judges will be provided for

semis and finals.

**TRAINERS (CTR):** Will be on duty for each Semi-Final and Final game. Trainers (CTR) are to be on

duty for all 1st and 2nd round games secured by the site managers. If a team

brings their own trainer, they must have followed the MSHSL Medical procedures.

**GAME / PRACTICE PUCKS:** Home sites will provide pucks for pre-game practice and for games.

Neutral site will provide pucks at the Semi-Finals and finals.

**UNIFORMS:** Higher seeded teams are the Home teams and will wear the lighter colored jersey. Lower

seeded teams are the Visitors and will wear the darker colored jersey. It is suggested that

each team bring both jerseys in the event of unforeseen complications. The Higher seeded

teams will use the Home team benches and have Home team advantages.

**WARM-UP PROCEDURES:**

**Game #1**

1. Teams will have a 15-minute warm-up.

2. Visitors first on the ice.

3. Clock set at 15 minutes.

4. Teams go to dressing room at end of 15 minutes.

5. New ice is made.

6. Visitors on first, then home team.

7. At horn, both teams to the bench.

8. Introduction: Players skate to blue line and face flag, visitors are

introduced first.

9. Anthem played.

10. Players return to bench and game begins.

**Game #2** Do Not Go on the Ice Until All are Off Ice From 1st Game.

1. Clock set for 15 minutes.

2. Visitors on old ice first then home team.

3. Horn sounds, teams go to dressing room and new ice is made.

4. Horn sounds teams to come on to new ice, visitors first.

5. Introduction made as in game #1.

If only one game, follow game #1 procedure.

**8AA Hockey**

**2023 Section 8 Nordic Ski Meet**

**Dates of Event:** Tuesday February 7th and 8th 2023

**Location of Meet:** Maplelag Resort Callaway, MN

**Schedule of events:**

**Day One:**

**Coach’s Meeting: 12:30pm**

**Boys: Classic Interval Start 1:30pm**

**Girls: Classic Interval Start 2:30pm**

**Day Two:**

**Boys Sprint Relay Heat 1: 10:00am**

**Boys Sprint Relay Heat 2: 10:40am**

**Girls Sprint Relay Heat 1: 11:20am**

**Girls Sprint Relay Heat 2: 12:00pm**

**Boys: Freestyle Pursuit 12:45pm**

**Girls: Freestyle Pursuit 1:45pm**

**Boys Sprint Relay Finals 2:45pm**

**Girls Sprint Relay Finals 3:30pm**

**Awards Ceremony: Approximately 4:30**

**Starting Procedure for Interval and Pursuit Races:**

**The Classic Race will be an Interval Start** with one skier departing every 15 seconds

out of 2 start lanes. Odd numbers starting in the Left Lane and Even Numbers starting

in the Right Lane.

Order of departure for the interval start race has been determined by a list randomizer

for each of the starting positions. Any unused stating spots will be removed prior to

the race day.

**The Freestyle Race will be a Pursuit Start** with 3 starting lanes. Each skier is

responsible to know their departure time and start their race at the correct time.

Gatekeepers will be at the stating line to ensure a skier does not leave early. Each

starting lane will have a poster listing bib numbers and departure times. There will be

a large display clock with the running race time.

**Coaches will not be allowed at the starting line for any races and are not allowed to**

**countdown the start for their skiers. All Skiers are responsible for their own time start.**

Each racer will be issued a cloth race bib for their race. The bibs will be collected

sorted and reissued between the races. Each skier will be issued an ankle timing chip.

All chips must be returned at the end of the second race. If chips are not returned, the

responsible school will be assessed a fee of $30.00 per chip not returned.

**Starting Procedure for Freestyle Sprint Relays:**

The Sprint Relays for 2022 will be Freestyle.

The Relay heats will be based upon the previous section race team results.

Preliminary Heat One will be Teams 1, 3, 5, 7, 9, 11

Preliminary Heat Two will be Teams 2, 4, 6, 8, 10, 12

Advancement from the Preliminaries to the Sprint Finals will be the winning team from

Heat One and the winning team from Heat Two. After the tops teams have been taken

out he the heats the fastest 4 times will advance regardless of heat.

Starting procedure: Call skiers to the line. Skier feet and poles both must be even with

the start line. Call “Skiers Set” Start command or signal.

False Sets: Skiers will be called back and a warning will be given. Second false start

will result in a time penalty being added to the team time.

Skier exchange: Exchange zone will be defined and marked. Only racers will be

allowed in this area. Absolutely No Coaches or Spectators in the exchange zone.

Exchange must be hand to a body part within the exchange zone.

If there is a tie in time out of the relay heats both teams will advance to the finals.

If there is a tie in times and those teams do not advance to the finals the procedure will

be add all points together and divide by 2 and assign equal team points.

**Tracking Rules:**

Tracking rules will be in effect in the Classic Interval Start race. The tracking rule will

not be in effect in the Freestyle Technique Pursuit and Sprint races. Tracking will not

be allowed once skiers enter the finish zone. For further clarification please see the FIS

and NCAA rule books.

**Start and Finish Controlled Access.**

The Finish line area will be closed to all unnecessary traffic and especially to those

other racers that are not currently on the course. The chip time equipment is sensitive

and we do not need any missed or errant chips reads. The race officials will be

controlling the area and not allowing spectator and unnecessary coach or athlete traffic

in areas that will interfere with timing or racers.

**Race Entry and Substitutions:**

Attached is a 48-Hour Section Entry Card.

The official team shall consist of a maximum of 7 skiers and 2 alternates. 5 skiers will

ski the pursuit race and a sprint relay team consisting of 2 skiers. Each skier must be

listed with their grade and the order of departure for the pursuit race.

For the pursuit race a skier must have skied the interval start race to be able to ski in

the pursuit race. The use of substitutions in the can only occur prior to the start of the

interval race on day one. Substitutions can take place for the relay team prior to the

start of the relay preliminary heats.

The 48-Hour Section Entry Card must be submitted before **Midnight Friday February**

**4th.** Completed entry cards must be emailed to:

Dan Josephson dan.josephson@yahoo.com

**Timing, Scoring, and Tie-breaking procedures:**

All timing will be to the tenth of a second using chip timing. Pursuit race places will be determined

by the order in which the skier crosses the finish line. A skier must complete both races to receive

team points. A skier must complete the first race in order to compete in the pursuit race. The first

place skier in the pursuit race will be assigned 80 team points and each subsequent finisher will be

assigned one less point than the finisher ahead of them. The tie breaking procedure to determine the

advancement to the state meet by an individual will be by a coin flip.

In team scoring, the first place Team Relay Squad in the relay event will score the full value of the

relay scoring base. Each successive Team Relay Squad will receive 3 points less than the preceding

Team Relay Squad. (Scoring base of 80+79=159, 1st Place is 159 points, 2nd Place is 156 points,

3rd Place is 153 points...........)

**TIE BREAKER FOR TEAM SCORING**

1. Combine the times of the fastest two finishers in the pursuit event. The team with the fastest

combined time shall prevail.

2. If a tie still remains, combine the times of the three fastest finishers in the pursuit event. The

team with the fastest combined time shall prevail.

3. If a tie still remains, go to the tied teams’ relay squad. The team with the best placing relay

squad shall prevail.

4. If a tie still remains, go the tied teams’ fourth place finisher in the pursuit event. The team

with the best fourth place skier shall prevail.

**Uniforms and Equipment**: Coaches are responsible for ensuring their athletes are in the

proper legal clothing and using legal equipment. **All clothing and race attire must be team**

**issued or neutral for all warm-up, races, and award ceremonies**. Classic Pole Length

must not exceed 83% of skier’s height in ski boots on flat surface from the tip of the pole to

the highest attachment of the strap as it enters the grip.

**Additional Rules:** See the NCAA Skiing Rules modification book, FIS rules, MSHSL Rules and

Policies, MSHSL Nordic Ski Racing Rules Modifications, and MSHSL By-Laws

**Jury:** Bemidji, Fergus Falls, Willmar. **Alternates:** St John’s Prep and TrekNorth

**Race Course:**

The section race will be skied on three race courses. The freestyle course will be

roughly 4.7km in length. The classic course will be roughly 5km in length. The sprint

relay will be roughly 1.6km.

**MSHSL State Tournament Program Team Photo Deadline.**

If your team is in contention to move on to the State Meet a team photo must be

submitted to the MSHSL. Your team photo will not be included in the state meet

program if your team qualifies for the state meet and you missed the deadline.

**Spectators:**

Spectators are welcome to attend the races. Spectators are not allowed to ski on the

course during the race. Once the race has started, until the completion of the race,

spectators are asked to remove their skis while they watch the race. Spectators are not

allowed to walk on the groomed ski trails**. If you are bringing other skiers, that are**

**not racing, they need to be off their skis the entire time the races are underway.**

**Facilities:**

Each team will have an area located in the lodge to prepare for the races. It has been

requested the skiers limit their use of the main level of the lodge to minimize the

disruption to the daily operations of Maplelag. The coaches meeting and timing

operations will be located on the main level of the lodge.

Lunch will be provided to coaches and bus drivers. Meal tickets will be issued at the

coaches meeting. Lunch will be available for purchase.

**Questions or more information:**

Dan Josephson: dan.josephson@yahoo.com (218) 841-4196 cell phone

**Nordic Skiing (Boys and Girls)**

**Liaison – Kevin Jordan, Little Falls, 320.616.2287(w), 320.616.2210(fax), 320-616-8039©**

**e-mail:** [kjordan**@lfalls.k12.mn.us**](mailto:jdecann@lfalls.k12.mn.us)

**Boys Nordic Skiing (13 Teams):** Alexandria(8AA), Bemidji(8AA), Detroit Lakes(8AA), Little Falls(8AA), Moorhead(8AA), St Cloud Tech(8AA), **St John’s Prep(5A), Trek North(8A),** Willmar(8AA)

**Coop 60 – Brainerd(8AA)(Host) – Pequot Lakes(6A)**

**Coop 162 OTNSA: Fergus Falls(8AA)(Host) – Hillcrest Lutheran Academy(6A)**

**Coop 394: St Cloud Apollo(8AA)(Host) – Sauk Rapids-Rice(8AA)**

**Coop 394: Sartell-St Stephen(8AA) – St Cloud Cathedral(5A)(Host)**

**Girls Nordic Skiing (13 Teams):** Alexandria(8AA), Bemidji(8AA), Detroit Lakes(8AA), Little Falls(8AA), Moorhead(8AA), St Cloud Apollo(8AA), St Cloud Tech(8AA), **St John’s Prep(5A), Trek North(8A),** Willmar(8AA)

**Coop 60 – Brainerd(8AA)(Host) – Pequot Lakes(6A)**

**Coop 162 OTNSA: Fergus Falls(8AA)(Host) – Hillcrest Lutheran Academy(6A)**

**Coop 394: Sartell-St Stephen(8AA) – St Cloud Cathedral(5A)(Host) – St Cloud Christian School(5A)**

Dan Josephson of Detroit Lakes is the contest manager.

1314 Bay Ridge Dr

Detroit Lakes Mn 56501

218-841-4196 ©

Site: Maple Lag – Detroit Lakes

.

**8AA Soccer (Boys') (8 Schools)**

**Tournament Manager – Kevin Jordan, Little Falls AD**

**kjordan@lfalls.k12.mn.us**

**8AAA Soccer (Boys')**

**Tournament Manager – Dean Haugo, Moorhead, 218.284.2346(w), 218.284.2347(fax), 218-443-6985©**

**e-mail:** [**dhaugo@moorheadschools.org**](mailto:dhaugo@moorheadschools.org)

**8AA Soccer (Girls') (8 Schools)**

**Tournament Manager – Kevin Jordan, Little Falls AD**

**kjordan@lfalls.k12.mn.us 8A Soccer (Boys')**

**8AAA Soccer (Girls')**

**Tournament Manager – Dean Haugo, Moorhead, 218.284.2346(w), 218.284.2347(fax), 218-443-6985©**

**e-mail:** [**dhaugo@moorheadschools.org**](mailto:dhaugo@moorheadschools.org)

**5AAA Softball**

**Tournament Manager:** **Jaime Hilyar, Zimmerman AD, jaime.hilyar@isd728.org.**

**8AAA Softball**

**Tournament manager – Phillip Klaphake, Sauk Rapids, 320-258-1781**

**e-mail – phillip.klaphake@isd47.org**

**8AAAA Softball**

**Tournament manager – Erik Ruska, AD St. Cloud Tech**

**e-mail – eric.ruska@isd742.org**

**3A Swimming (Boys)**

**Liaison – Ryan Blahosky, Willmar, 320-231-8331 (w), 320-905-8032 ©, 320-231-8460 (fax)**

**e-mail:** [blahoskyr@willmar.k12.mn.us](mailto:blahoskyr@willmar.k12.mn.us)

**8AA Boys Swimming**

**8AA Girls Swimming**

**Liaison – Keith Cornell, STMA, 763.497.6519(w), 763.497.6586(fax) 763-464-6112 (c)**

**e-mail:** [**keithc@mystma.org**](mailto:keithc@mystma.org)

**8AA Tennis (Boys')**

**Liaison: Dave Niemi, Becker, 763-261-4501(w), 763-261-4559(fax), 218-851-2428©**

**e-mail:** [**dniemi@isd726.org**](mailto:dniemi@isd726.org)

To: Activities Director & Boy’s Tennis Coach

From: Roger Wilson, Section 8AA Mgr. 320-309-9705 – rogerw@clcmn.com

Re: Sub Section & Section 8AA - 2023 Boy’s Tennis Tournament

Section 8AA:

**North schools: Alexandria, Bemidji, Detroit Lakes, Moorhead, Sartell (5 teams)**

**South schools: Becker, Big Lake, Monticello, St. Cloud, Willmar, SRR (Ind. only) (5 teams)**

**Site:** Section Tournament will be held in the Sartell/St Cloud Area so that Sta-Fit can be used in bad weather.

North Sub-Section at Alexandria (2021); South Sub-Section at Becker/ Big Lake (Sta-Fit) will be held in reserve for both)

**Dates:** Sub-Section Team will be held on one day. Sub-Section Individual will be held on one day

**5/17/23-** No. and So. Teams – Seeds 4 v 5, winner plays #1 at high seed, #3 at #2

**5/18/23-** rain back up

**5/19/23-** Final 4 teams at Tech and Sartell or SRR

**5/22/23-** South Individual at Becker

**5/23/23-** North Individual at Alexandria

**5/25/23-** Section Ind. at Tech

**Balls:** Tennis balls are to be furnished by the participating schools. The official ball shall be heavy duty yellow.

Seeding: Coaches must have their team lineups registered on line on the MSHSL website by the Wednesday prior to the first round of the Sub-Section Tournament.

Team seeding will be done at the completion of the regular season by phone or fax. Sub-Section manager will do the seeding.

The following guidelines have been established and must be followed at the seed meetings.

**I. Criteria: Team North:**

1. Head to head match results.

2. Result of last head to head match if play twice.

3. Record against common opponents.

4. Overall Record

5. Majority vote by coaches.

6. Draw

**South Team**:

1. Head to head match results.

2. Result of last head to head match if play twice.

3. Conference record (not used if involving non-conference team)

4. Record against common opponents

5. Overall Record

6. Draw

**Individual seeding for both Sub-Sections will be held on the same day, Monday of Sub-Section Week. Individual entrants must be turned in to the Section Manager on the same date and time.**

**Individual Seeding**:

1. Head to head match results

2. Last head to head match if play twice

3. Position in team lineup

4. Record against common opponents

5. Past history (results) in MSHSL tournaments

6. Overall record

7. Draw

**II. Method for Seeding:**

All players will be identified by his/her coach and appropriate information about his/her players will be presented.

All the coaches will identify those players that should be seeded.

Four (4) players will be seeded; however, coaches may seed 6 players. Byes will be placed in appropriate places and the remaining players will be drawn at random, though players from the same team cannot be placed in the same quadrant.

**TEAM**: Follow MSHSL Rules and Policies Manual.

**INDIVIDUAL:** Follow MSHSL Rules and Policies Manual.

Section Qualifying: Sub-Section teams will play through the Semi-Finals, then cross bracket at the Section Tournament (N1 vs S2; S1 vs N2). Use this order in 2005-06, the reverse in 2006-07. Continue to alternate the rotation in future years.

The top 4 singles players from the North will meet the top 4 singles players from the South. The top 4 doubles teams from the North will meet the top 4 doubles teams from the South.

True Second - Play 3rd place match - play championship match - play for true second if necessary.

**Awards: MSHSL Policy -**

**8AA Tennis (Girls')**

**Liaison: Dave Niemi, Becker, 763-261-4501(w), 763-261-4559(fax), 218-851-2428©**

**e-mail:** [**dniemi@isd726.org**](mailto:dniemi@isd726.org)

**8AA Track (Boys’ and Girls’)**

**Liaison –Ryan Blahosky –AD - Willmar**

**8AAA Volleyball (8 Schools)**

**Liaison –Ronell Uran ,**

**e-mail –**[Ronell.uran@isd748.org](mailto:Ronell.uran@isd748.org)

**8AAAA Volleyball Handbook Policy**

**Tournament manager – Ronell Uran –** [Ronell.uran@isd748.org](mailto:Ronell.uran@isd748.org)

**Liaison – TBD**

**8AAA Wrestling**

**Tournament Manager Ind. –Roger Wilson**

**Team – John Ross**

**4AA Dance**

**Liaison – Ben Kvidt, Alexandria 320-762-2142 320-762-7749 (fax)**

**E-mail – bkvidt@alexschools.org**

**8AA Music**

**One Act Play**

**Liaison – ,**Anjanette Kraus, Little Falls - [akraus@lfalls.k12.mn.us](mailto:akraus@lfalls.k12.mn.us)

**Speech**

**Liaison – Anjanette Kraus, Little Falls -**

**e-mail – akraus@lfalls.k12.mn.us**

**Visual Arts**

**Liaison – Ben Kvidt, Alexandria 320-762-2142 320-762-7749 (fax)**

**E-mail – bkvidt@alexschools.org**

### REGION 8AA COMMITTEE

### NAME SCHOOL ADDRESS HOME /BUS ADDR

**Bob Sansevere**

Board of Education Buffalo High School

Sub-Region 1

Term Expires 2025 bob.sansevere@gmail.com

**Bradley Bergstrom Sauk Rapids Rice**

Superintendent

Sub-Region 2 supt.bradley.bergstrom@isd47.org

Term Expires 2025

**Tim Bjorge** Little Falls High School

Principal

Sub-Region 3

Expires 2025 tbjorge@lfalls.k12.mn.us

**Ben Kvidt** Alexandria High School

Activities Director

Sub-Region 4

Term Expires 2025

**Rick Sansted** Alexandria High School

Superintendent

Sub-Region 4

Term Expires 2027 rsansted@alexschools.org

**Dave Kreft** Becker High School

Principal

Sub-Region 1

Term Expires 2027

**Ryan Blahosky** Willmar High School

Activities Director

Sub-Region 2

Term Expires 2027

**Open** **Open**

Board Member

Sub-Region 3

Term Expires 2027

**Scott Hentges** Sartell High School

Boys’ Coach

At Large

Term Expires 2027

**Annjanete Krause** Little Falls High School

Speech

At Large

Term Expires 2025

**Kim Bowen** Big Lake High School

Girls' Sports Rep

At Large

Term Expires 2025

**Brian Stubbs** Brainerd High School

Music

At Large

Term Expires 2027

**Open**

Equity Representative

At Large

Term Expires 2026

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John Ross 329-21st St N

Sec.-Treas. Sartell 56377

320-290-3392 (Cell)

Region8aajr@gmail.com

**\* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \*** **\* \* \* \* \* \***

**REPRESENTATIVE ASSEMBLY DELEGATES**

Rob Nielsen Detroit Lakes High School

Sub-Region North

Term Expires 2024 (2)

Erik Ruska Tech High School

Sub-Region Central

Term Expires 2024 (1)

Dave Niemi Becker High School

Sub-Region South

Term Expires 2024 (2)

**\* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \*** **\* \* \* \* \* \***

**MEMBER MSHSL BOARD OF DIRECTORS (4 YEAR TERM) - REPRESENTS 7AA-8AA**

Gary Revenig Activity Director

Region 8AA Monticello High School

Term Expires 2024

**OTHERS**

Erich Martens, EXEC. DIRECTOR

Tom Lenarz

Sec Region 7AA

Minnesota State High School League

2100 Freeway Boulevard

Brooklyn Center, MN 55430 612-560-2262

**MAILING LIST**

**REGION 8AA**

**MINNESOTA STATE HIGH SCHOOL LEAGUE**

|  |  |
| --- | --- |
| **ALEXANDRIA 56308-2588** | **BECKER 55308-9585** |
| **1401 Jefferson** | **12000 Hancock St** |
| **612-762-2142** | **763.261.4501** |
| **612-762-7749 (fax)** | **763.261.4559 (fax)** |
| Supt Julie Critz (July 1) 320-762-2141 | Supt. Dr. Steven Malone 763.261.4502 |
| Prin. Chad Duwenhoegger 320-762-2142 x4525 | Prin. Rick Toso 763.261.4501 |
| A.D. Bob Brakke 320-762-2142 x4302 | A.D. Dave Niemi 763.261.4501 x3124 |
| AD Sec Sherry Saxton 320-762-2142 x4530 | AD Sec Jesse O’Neill 763-263-4501 |
| **BEMIDJI 56601** | **BRAINERD 56401** |
| **3300 Gillette Dr NW** | **702 So 5th St** |
| **218-444-1600** | **218-454-6300** |
| **218-444-1633 (fax)** | **218-454-6325 (fax** |
| Supt James Hess 218-333-3120 | Supt. Laine Larson 218-454-6912 |
| Prin. Brian Stefanich 218-444-1600 x 3305 | Prin. Andrea Rusk 218-454-6290 |
| A.D. Troy Hendricks 218-444-1600 x 3315 | A.D. Charles Campbell 218-454-6301 |
| AD Sec Sheila Guest 218-444-1600 x 3316 | AD Sec Michelle Hilborn 218-454-6300 |
| **DETROIT LAKES 56501** | **FERGUS FALLS 56537** |
| **1301 Roosevelt Ave** | **601 Randolph Ave E** |
| **218-847-4491** | **218-998-0544** |
| **218-846-1797** | **218-998-3947 (fax)** |
| Supt. Doug Froke 218-847-9271 | Supt Jerry Ness 218-998-0544 x1010 |
| Prin. Darren Wolf 218-847-4491 | Prin. Dean Monke 218-998-0544 x 2502 |
| A.D. Rob Nielsen 218-847-4491 | A.D. Derek Abrahams 218-998-0544 x 2504 |
| AD Sec Abby Petit 218-847-4491 | Asst AD Shane Thielke 218-998-0544 x 2026 |
|  | AD Sec Sue Thorsen 218-998-0544 x 2619 |
| **Little Falls 56345** | **MONTICELLO 55362** |
| **1001 SE 5th Ave** | **5225 School Blvd** |
| **320-616-2200** | **763-272-3000** |
| **320-616-2210 (fax)** | **763-272-3109 (fax)** |
| Supt. Stephen Jones 320-616-2002 | Supt. Michael Favor 763-272-2000 |
| Prin. Tim Bjorge 320-616-2201 | Prin. Mike Carr 763-272-3003 |
| A.D. Kevin Jordan 320-616-2287 | A.D. Gary Revenig 763-272-3101 |
| AD Sec Gloria Kofoed 320-616-2304 | AD Sec Janice Holthaus 763-272-3103 |

|  |  |
| --- | --- |
| **MOORHEAD 56560** | **ROCORI 56320** |
| **2300 4th Ave So** | **534 5th Ave N** |
| **218-284-2346** | **320-685-8683** |
| **218-284-2347 (fax)** | **320-685-4968 (fax)** |
| Supt. Brandon Lunak 218-284-3330 | Supt. John Thein 320-685-4901 |
| Prin. Dave Lawrence 218-284-2330 | Prin. Mark Jenson 320-685-8683 |
| A.D. Dean Haugo 218-284-2346 | A.D. Joel Baumgarten 320-685-4913 |
| AD Sec. DeAnn Smith 218-284-2345 | AD Sec Jane Wallin 320-685-4917 |
| **ST CLOUD APOLLO 56303** | **ST CLOUD TECH 56301** |
| **1000 44th Ave No** |  |
| **320-253-1600** |  |
| **320-529-4325 (fax)** |  |
| Supt. Willie Jett 320-253-9333 | Supt. Willie Jett 320-202-6801 |
| Prin. Al Johnson 320-253-1600 x2001 | Prin. Charlie Eisenreich 320-252-2231 x3001 |
| A.D. Jerrad Ellerson 320-253-1600 x2010 | A.D. David Langerud 320-252-2231 x3010 |
| AD Sec Theresa Loch-Thoele 320-253-1600 x2009 | AD Sec 320-252-2231 x3009 |
| **SARTELL-ST STEPHEN 56377-0328** | **SAUK RAPIDS-RICE 56379-0520** |
| **748 7th St No** | **1835 Osauka Rd NE** |
| **320-656-0748** | **320-253-4700** |
| **320-656-5296 (fax)** | **320-258-1714 (fax)** |
| Supt. Jeff Schwiebert 320-656-3701 x1115 | Supt. Bruce Watkins 320-258-4700 |
| Prin. Brenda Steve 320-656-0748 | Prin. Kari Nohner - Sandy Logrono 320-258-1701 |
| A.D. Ryan Hauge 320-656-3717 | A.D. NaDean Schroeder 320-258-1781 |
| AD Sec Ronell Uran 320-656-3717 | AD Sec Tammy Weis 320-258-1779 |
| **THIEF RIVER FALLS 56701-2813** | **WILLMAR 56201-9403** |
| **101 Knight Ave So** | **2701 30th St NE** |
| **218-681-7140** | **320-231-8300** |
| **218-681-7141 (fax)** | **320-231-8460 (fax)** |
| Supt. Brad Bergstrom 218-681-8711 | Supt. Jeff Holm 320-235-8510 |
| Prin. Scott Brekke 218-681-7432 | Prin. Paul Schmitz 320-231-8310 |
| A.D. Mike Biermaier 218-681-7140 | A.D. Ryan Blahosky 320-231-8331 |
| AD Sec Esther Gallagher 218-681-7140 | AD Sec Brenda Coquyt 320-231-8332 |







|  |
| --- |
| ***MINNESOTA STATE***  ***HIGH SCHOOL LEAGUE***  ***REGION 8AA***  **John Ross, Sec. 329 21st St No Sartell MN 56377**  **320-290-3392 © region8aajr@gmail.com** |
|  |

All music medals must be ordered from my office again this year. Each medal is $1.00 (Solo – Ensemble - Accompanist). You must send a check with your order made out to Region 8AA MSHSL. Medals will not be sent without a check. Thanks for your help. Use the form below.

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Activity\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

School\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

State\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Zip\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**REGION 8AA MUSIC MEDAL ORDER FORM:**

**DATE**

VENDOR: BUYER:

**REGION 8AA MSHSL**

***John Ross, Sec***

***Region 8AA MSHSL***

***329 21st St N***

***Sartell Mn 56377***

***320-290-3392***

***Region8aajr@gmail.com***

|  |  |  |  |
| --- | --- | --- | --- |
| **UNIT DESCRIPTION** | **UNIT PRICE** | **NUMBER OF UNITS** | **TOTAL AMOUNT** |
| **SOLO** | **$1.00** |  |  |
| **ENSEMBLE** | **$1.00** |  |  |
| **ACCOMPANIST** | **$1.00** |  |  |

Sincerely, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**John Ross** MUSIC DIRECTOR’S SIGNATURE

John Ross, Sec **\* A check from the school ordering medals must**

Region 8AA MSHSL **accompany this form. No medals will be sent out until a check has been received.**

**MINNESOTA STATE HIGH SCHOOL LEAGUE**

## Minnesota State

*High School League*

*Region 8AA*

**EXPENSE VOUCHER**

FROM: ***John Ross, Sec***

***Region 8AA MSHSL***

***329 21st St N***

***Sartell MN 56377***

Name (Print) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State \_\_\_\_\_\_\_\_\_\_\_ Zip \_\_\_\_\_\_\_\_\_\_

For expenses in connection with:

Meeting \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on \_\_\_\_\_\_\_\_\_\_\_\_\_

Mileage or transportation:

From \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total Miles \_\_\_\_\_\_\_\_\_\_ @ $.655/mile =

\* Motel/Hotel \_\_\_\_\_\_\_\_ No of days \_\_\_\_ =

\* Meals \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ =

Other expenses (List) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ =

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ =

TOTAL =

\*PLEASE ATTACH RECEIPT.

**I HEREWITH CERTIFY THAT THE ABOVE IS A TRUE STATEMENT OF EXPENSES INCURRED BY ME IN CONNECTION WITH SAID MEETING OR REGION 8AA ACTIVITY. I ACCORDINGLY MAKE CLAIM FOR REIMBURSEMENT.**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SIGNATURE

APPROVED BY: **John Ross** Date Paid \_\_\_\_\_\_\_\_ Check # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Region Secretary

Ben Kvidt Region Chairman