

2016 MSHSL State Track Meet Qualifying Standards

Girls A	
100m	0:12.83
200m	0:26.12
400m	0:58.73
800m	2:21.00
1600m	5:11.66
3200m	11:26.14
100m H	0:15.75
300m H	0:46.77
4x100m	0:50.68
4x200m	1:46.59
4x400m	4:05.30
4x800m	9:47.32
High Jump	5'3"
Pole Vault	10'4"
Long Jump	16'9"
Triple Jump	35'6"
Shot Put	38'8"
Discus	117'8"

Girls AA	
100m	0:12.57
200m	0:25.54
400m	0:57.22
800m	2:15.18
1600m	5:00.97
3200m	10:54.09
100m H	0:15.20
300m H	0:45.14
4x100m	0:49.15
4x200m	1:43.72
4x400m	3:57.35
4x800m	9:24.81
High Jump	5'4"
Pole Vault	11'2"
Long Jump	17'4"
Triple Jump	36'7"
Shot Put	40'8"
Discus	130'10"

Boys A	
100m	0:11.39
200m	0:22.86
400m	0:50.39
800m	1:59.03
1600m	4:25.00
3200m	9:40.05
110m H	0:15.62
300m H	0:40.47
4x100m	0:44.47
4x200m	1:32.44
4x400m	3:27.51
4x800m	8:11.69
High Jump	6'3"
Pole Vault	13'3"
Long Jump	21'4"
Triple Jump	43'2"
Shot Put	50'9"
Discus	152'5"

Boys AA	
100m	0:11.14
200m	0:22.34
400m	0:49.25
800m	1:55.54
1600m	4:16.83
3200m	9:13.30
110m H	0:14.95
300m H	0:39.28
4x100m	0:43.11
4x200m	1:29.56
4x400m	3:22.79
4x800m	7:59.59
High Jump	6'4"
Pole Vault	13'9"
Long Jump	21'9"
Triple Jump	44'10"
Shot Put	54'2"
Discus	155'10"