



# STATE CROSS COUNTRY RUNNING UNIFORM VERIFICATION FORM



**Complete, sign below and return to the Team Registration Table on Friday during the pre-meet practice or Saturday morning 1-hour before race time.**

**PLEASE PRINT**

(CIRCLE) CLASS:    A    AA

Date \_\_\_\_\_

School Name \_\_\_\_\_

Name of Coach \_\_\_\_\_

GARMENT	COLOR	
	BOYS	GIRLS
Jersey		
Running shorts		
Garment worn under jersey		
Garment worn under shorts		

1. This confirms that the runners competing in the State Cross Country Meet are in compliance with the National Federation (NF) and the Minnesota State High School League uniform and equipment rules.
2. We understand that all team members are expected to exhibit good sportsmanship throughout the competition.

Coach's Signature \_\_\_\_\_

**Note:** Please see the Meet Referee if you have any questions.

**SPECIAL MENTION:**

- WATCHES WITH GPS CAPABILITIES ARE ILLEGAL