

## Pole Vault Weight Verification Form

It is recommended that each member school process the **Pole Vault Weight Verification Form** listing each student participating in the pole vault event and keep the information on file in the Athletic Director's Office prior to a pole vaulter's first interscholastic competition. Periodic verification of a vaulter's weight and pole rating should be conducted during the season.

National Federation Track and Field Rules Book, Rule 7, Section 5, Articles 3 & 4: the competitors weight shall be at or below the manufacturer's pole rating. A competitor shall not use a training pole, a pole which is improperly marked or a pole rated below his/her weight during the warm-up or competition.

<b>School</b>
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Name of Vaulter	Weight	Pole Rating
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		

<b>Date</b>	<b>Signature of Athletic Director</b>
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<b>Date</b>	<b>Signature of Head Varsity Coach</b>
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