

2009-2010 Swimming Standards

The qualifying standards for each swimming event is established by taking the three (3) year average of the 16th fastest time of the state meet preliminaries at the U of M Aquatic Center. The standard may not deviate more than 1% up or down in any given year. This is indicated with an asterick (*)

	Girls		Boys	
	Class A	Class AA	Class A	Class AA
200 Medley Relay	1:57.38	1:53.74	1:47.58	1:42.65
200 Freestyle	2:02.39	1:57.63	1:53.31	1:48.10
200 Individual Medley	2:20.27*	2:13.25	2:10.39	2:02.55
50 Freestyle	25.37	24.77	23.20	22.46
100 Butterfly	1:02.71	1:00.00	58.10	54.48
100 Freestyle	55.59	54.10	51.05	48.84
500 Freestyle	5:32.36	5:15.95	5:13.69	4:58.16
200 Freestyle Relay	1:43.70	1:41.79	1:34.04	1:31.00
100 Backstroke	1:04.29	1:00.68	59.02*	55.95*
100 Breaststroke	1:12.21	1:09.52	1:06.14	1:01.73
400 Freestyle Relay	3:49.14	3:42.57	3:28.64	3:20.79