



2024-2025 MINNESOTA STATE HIGH SCHOOL LEAGUE

State Track and Field Meet SCHEDULE

St. Michael-Albertville High School
5800 Jamison Avenue NE St. Michael, MN 55376

Tuesday, June 10, 2025

Class AAA PRELIMS 9:00 a.m.
Class A PRELIMS 3:30 p.m.

Wednesday, June 11, 2025

Class AA PRELIMS 9:00 a.m.
Class A FINALS 3:30 p.m.

Thursday, June 12, 2025

Class AA FINALS 9:00 a.m.
Class AAA FINALS 3:30 p.m.

4x800M RELAY, 1600M RUN and 3200M RUN

- The 4x800-meter relay will be conducted as a 2-heat timed final on FINALS day in each class.
- The 1600M Run will be conducted as timed finals on FINALS day in each class.
- The 3200M Run will be conducted as timed finals on PRELIMS day in each class.

WHEELCHAIR DIVISION (WCD)

WCD events are based on the number of entries and will be determined during seeding on June 1, 2025.

RUNNING EVENTS – PRELIMS ORDER of EVENTS

*The **3200M** will be run as the FIRST event during morning prelims sessions (AAA on Tuesday and Class AA on Wednesday) and as the second to last event during the afternoon prelims session (Class A on Tuesday)

*3200-Meter Run (Finals) – Class AAA and AA Girls (Tues and Wed AM)	300-Meter Hurdles – Girls
*3200-Meter WCD (Finals) – Class AAA and AA Girls (Tues and Wed AM)	300-Meter Intermediate Hurdles – Boys
*3200-Meter Run (Finals) – Class AAA and AA Boys (Tues and Wed AM)	800-Meter Run – Girls
*3200-Meter WCD (Finals) – Class AAA and AA Boys (Tues and Wed AM)	800-Meter Run – Boys
100-Meter High Hurdles (33”) – Girls	200-Meter Dash – Girls
110-Meter High Hurdles – Boys	200-Meter Dash – Boys
100-Meter Dash – Girls	*3200-Meter Run (Finals) – Class A Girls (Tuesday PM)
100-Meter Dash - Boys	*3200-Meter WCD (Finals) – Class A Girls (Tuesday PM)
4x200-Meter Relay – Girls	*3200-Meter Run (Finals) – Class A Boys (Tuesday PM)
4x200-Meter Relay – Boys	*3200-Meter WCD (Finals) – Class A Boys (Tuesday PM)
4x100-Meter Relay – Girls	4x400-Meter Relay – Girls
4x100-Meter Relay – Boys	4x400-Meter Relay – Boys
400-Meter Dash – Girls	
400-Meter Dash – Boys	

RUNNING EVENTS – FINALS ORDER of EVENTS

4x800-Meter Relay Girls	400-Meter Dash Girls
4x800-Meter Relay Boys	400-Meter WCD Girls
100-Meter High Hurdles Girls	400-Meter Dash Boys
110-Meter Hurdles Boys	400-Meter WCD Boys
100-Meter Dash Girls	300-Meter Low Hurdles..... Girls
100-Meter WCD Girls	300-Meter Inter Hurdles Boys
100-Meter Dash Boys	800-Meter Run Girls
100-Meter WCD Boys	800-Meter WCD Girls
4x200-Meter Relay Girls	800-Meter Run Boys
4x200-Meter Relay Boys	800-Meter WCD Boys
1600-Meter Run..... Girls	200-Meter Dash Girls
1600-Meter WCD Girls	200-Meter WCD Girls
1600-Meter Run..... Boys	200-Meter Dash Boys
1600-Meter WCD Boys	200-Meter WCD Boys
4x100-Meter Relay Girls	4x400-Meter Relay Girls
4x100-Meter Relay Boys	4x400-Meter Relay Boys

FIELD EVENTS

Class A - TUESDAY

Long Jump – Girls 3:30 p.m.
 Triple Jump – Boys 3:30 p.m.
 Pole Vault – Boys 3:30 p.m.
 High Jump – Girls 3:30 p.m.
 Shot Put – Boys WCD 3:30 p.m.
 Shot Put – Boys* 4:00 p.m.
 Discus – Girls WCD 4:00 p.m.
 Discus – Girls* 4:45 p.m.

Class A - WEDNESDAY

Long Jump – Boys 3:30 p.m.
 Triple Jump – Girls 3:30 p.m.
 Pole Vault – Girls 3:30 p.m.
 High Jump – Boys 3:30 p.m.
 Shot Put – Girls WCD 3:30 p.m.
 Shot Put – Girls* 4:00 p.m.
 Discus – Boys WCD 4:00 p.m.
 Discus – Boys* 4:45 p.m.

Class AA - WEDNESDAY

Long Jump – Girls 9:00 a.m.
 Triple Jump – Boys 9:00 a.m.
 Pole Vault – Boys 9:00 a.m.
 High Jump – Girls 9:00 a.m.
 Shot Put – Boys WCD 9:00 a.m.
 Shot Put – Boys* 9:30 a.m.
 Discus – Girls WCD 9:30 a.m.
 Discus – Girls* 10:15 a.m.

Class AA - THURSDAY

Long Jump – Boys 9:00 a.m.
 Triple Jump – Girls 9:00 a.m.
 Pole Vault – Girls 9:00 a.m.
 High Jump – Boys 9:00 a.m.
 Shot Put – Girls WCD 9:00 a.m.
 Shot Put – Girls* 9:30 a.m.
 Discus – Boys WCD 9:30 a.m.
 Discus – Boys* 10:15 a.m.

Class AAA - TUESDAY

Long Jump – Girls 9:00 a.m.
 Triple Jump – Boys 9:00 a.m.
 Pole Vault – Boys 9:00 a.m.
 High Jump – Girls 9:00 a.m.
 Shot Put – Boys WCD 9:00 a.m.
 Shot Put – Boys* 9:30 a.m.
 Discus – Girls WCD 9:30 a.m.
 Discus – Girls* 10:15 a.m.

Class AAA - THURSDAY

Long Jump – Boys 3:30 p.m.
 Triple Jump – Girls 3:30 p.m.
 Pole Vault – Girls 3:30 p.m.
 High Jump – Boys 3:30 p.m.
 Shot Put – Girls WCD 3:30 p.m.
 Shot Put – Girls* 4:00 p.m.
 Discus – Boys WCD 4:00 p.m.
 Discus – Boys* 4:45 p.m.

*In Shot Put and Discus, the start times are subject to change based on the number of athletes competing in the Wheelchair Division.