2019-2022 Minnesota State High School League Dance Team Competition

Kick Counting/Timing Worksheet

Directions: This form is used by the official(s) counting kicks and timing routines.

VARSITY ONLY

For Jazz	no more than 5 kicks while linked	2 - 2 ½ Minutes in length	5 – 26 Competitors performing
For High Kick	40 - 65 high kicks above waist	2 ½ - 3 Minutes in length	5 – 34 Competitors performing

Class/Division _____

School	Time	# of Kicks (above waist)	# of Competitors	NOTES