

2019-2022 Minnesota State High School League Dance Team Competition

Uniform Check Form

Name of School _____ Kick Jazz

Level of Competition: Varsity JV B-Squad Middle School

Brief description of uniform: _____

This form must be completed and kept on file in the school's office, prior to a uniform being worn for any competition. A separate form is required for each uniform worn at each level.

Checklist for uniform compliance:

The Uniform

- Uniform must cover the body – the body is defined as the shoulders, trunk & briefs.
- Fabrics used directly on the body (shoulders, trunk, brief) must be opaque, but may be any color.
- Sports bras must be worn – the bra must be a separate piece & cannot be “built-in”.
- All parts of the sports bra must stay covered by opaque fabric; the bra must not be visible.
- Necklines must be modest & cannot reveal skin 2” below the sternal notch.
- Keyhole back may be used if bras are not visible – full shoulder blades cannot be exposed.

Wearing the Uniform

- All parts of the uniform should stay attached during performance.
- Tattoos must be covered.
- Fingernails should be kept short.
- No jewelry or piercings or spacers are allowed to be worn during competition; exceptions for medical or religious medals which shall be taped to the body.
- Hard braces for the body must be padded for safety.
- No loose or spray glitter of any kind is allowed at any time.
- Coaches are responsible to make sure that all uniform items are secure.

Uniform Logos

- Manufacture's logo/trademarks visible on uniforms must be smaller than 1 ½" x 1 ½".
- An American flag on a uniform must be smaller than 2" x 3".
- School logos are allowed, but no names or images other than school logos or names on uniforms are allowed. (See rule book for details).

This uniform, as shown & worn, to the best of our knowledge, meets MSHSL Dance Team Rules. We understand that School Administration and the Head Coach are responsible to ensure that uniforms are age appropriate, suitable for an educational environment, and meet community standards. If modifications or charges are made, a new form is required.

Coach Name _____

Coach Signature _____ Date _____

School Admin. Name _____ Position _____

School Admin. Signature _____ Date _____