



2020-2021

# MINNESOTA STATE HIGH SCHOOL LEAGUE

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## Wrestling Rules, Policies and Bylaws

### General Information

See the General Section of the Athletic Rules and Policies Manual for information regarding the following:

- Athletic Director's Checklist
- Coaches Responsibility: Student Eligibility Checklist
- Multiple Level Teams at Sub-Varsity Level
- Official Squad Size
- Revenue Sharing Plan for School Reimbursement
- Substitution in MSHSL Tournaments
- Weather Conditions (heat, cold & lightning)

See the MSHSL Official Handbook [Bylaw 501](#) for information regarding:

- Maximum Number of Contests

See the MSHSL Official Handbook [Bylaw 502](#) for information regarding:

- Daily and Season Player Participation Limitations

### CONTEST RULES

Refer to [Bylaw 402](#): Except as modified by the League, the National Federation of High School Association rules for the current year shall be the official game rules for all interscholastic contests in which League members participate.

### END OF SEASON

Refer to [Bylaw 411](#)

- A. Student Participation on a Non-School Team While the Season is Still in Progress:
  1. The season shall end when the student or student's team has been eliminated from further participation in a League tournament series.
  2. Students who have been eliminated from further participation in a League tournament series may participate as an individual or as a member of a non-school team in that sport.
- B. School Team Practice and Competition:

The "end of season" shall be defined to be the last date of the state tournament in that sport.

  1. Schools may continue to conduct practice and training for all squad members, including the students who have been eliminated from further individual competition in a League-sponsored series until completion of the state tournament conducted by the League in that activity.
  2. Dual contests may be scheduled after the start of the official League tournament series providing the school does not exceed the maximum number of games/matches/meets permitted in that activity.
- C. No school may engage in any meet or meets, practice, training or other activities between the end of the season and the opening of the next season.
- D. During the Summer Vacation Period ([Bylaw 208.3](#) Non-School Competition and Training—Team and Individual Sports) members of a high school team may participate on a non-school team and they may receive coaching or training from a salaried or non-salaried member of the student's

sophomore, B-squad, junior varsity or varsity high school coaching staff in that sport provided the school has approved a summer coaching waiver for the coach or coaches of that sport.

### **VIDEO TAPING ANOTHER SCHOOL'S GAME**

It shall be an ethical violation to tape another school's game, meet or contest without their permission. Further it may be a violation of the laws governing copyrights. Each school owns the copyrights to their games, meets and contests. Taping another school's game without permission could constitute a violation of the copyright law.

### **RESPONSIBILITY FOR SPECTATOR CONDUCT**

In order to elevate standards of sportsmanship and encourage the growth of responsible citizenship among the students, member schools, fans and school personnel, the MSHSL held a Sportsmanship Summit and asked student participants to identify behavior expectations they felt should be in place at every school event.

These minimum behavior expectations provide a foundation upon which member schools, conferences, administrative regions and the League's Board of Directors can build specific guidelines for activities under their control.

MSHSL [Bylaw 409](#), RESPONSIBILITY FOR PARTICIPATING TEAMS, STUDENTS AND SPECTATORS, speaks to this issue, directly, and Bylaw 409-2 specifically states that, "School officials shall be held responsible for the proper conduct of teams, team members, students and home spectators regardless of where the contest is being held."

In all MSHSL activities, each participating school shall designate a person or persons from that school to serve as crowd control supervisors or chaperones. MSHSL tournament staff may require school administrators to contact the tournament manager prior to the start of the tournament game so that they can be immediately contacted to respond to behavioral issues regarding their team members, students and/or spectators at the tournament site. Each supervisor or chaperone should be immediately identifiable to the students and to the tournament site ushers and other security personnel. This will help to coordinate crowd control between school supervisors and tournament site personnel. 8/9/2005

### **MSHSL MINIMAL BEHAVIOR EXPECTATIONS FOR REGULAR AND POST-SEASON TOURNAMENT COMPETITIONS**

- Respect the American flag and the National Anthem.
- Spectators must wear clothing that covers the entire torso. Those who do not comply or who wear clothing that is vulgar, obscene or that in some other way inappropriate, as determined by school/tournament personnel, will be removed from the arena/stadium if they do not cooperate with this behavior expectation.
- The use of appropriate language is expected at all times. Profanity, negative chants, booing, trash talk, name calling, personal attacks or other acts of disrespect are unacceptable and must be immediately addressed by school and/or tournament administrators.
- Respect the game/contest. Under no condition shall anyone other than the members of the official squad enter the playing surface. No one may interfere with the contest in any way.
- Hand-held signs, which do not obstruct the view of others, will be permitted provided they are in good taste. Signs, message boards, "white" boards or other similar items contest/tournament officials deem to be in poor taste will be removed.
- Artificial noise makers (i.e. megaphones, cowbells, sirens, whistles, thunder sticks, and other similar items) are not allowed.
- Laser lights are strictly prohibited.

**THANK YOU** for supporting your student athletes and fine arts participants and for providing a positive environment in which educational activities are conducted.

## **Wrestling Information – Regular Season**

See the MSHSL Official Handbook [Bylaw 521](#) for information regarding:

- Contests
- Equipment Issued
- Last Date to Join a Team
- Practice Sessions Before First Contest
- Season Begins

### **RULE MODIFICATIONS**

- **Weight control program (Rule 1.5.2):** Hydration testing not required
- **Random Draw (Rule 5.21):** A random draw is not used. All wrestling begins with the 106-pound class
- **Section Tournaments:** A sixth match is allowed for a one-day section tournament

### **CONTESTS**

#### A. Maximum number allowed - 16

Sixteen events with the total number of team competitions within the 16 events not to exceed 45.

Participation in two separate varsity team competitions on the same calendar date shall count as two events toward the total allowable events and all team matches during the events will count toward the 45 total allowable competitions.

For example: A school sends a team to participate in a Saturday varsity tournament in Andover and sends another team to participate in a varsity tournament in Blaine. Both events would count toward the 16 allowable events and all matches in the two separate events would count toward the 45 allowable events for individual wrestlers and the team matches.

***A two-day continuous event shall count as one event toward the maximum of 16 allowable events. An individual tournament shall count as one event toward the maximum of 16 allowable events, and it shall also count as one of the 45 allowable team competitions. All individual matches in all events would count toward the 45 allowable events for an individual wrestler.***

***A two-day, dual meet tournament will count as one event toward the maximum of 16 allowable events, and each team competition in that tournament counts toward the 45 allowable team competitions.***

***In a dual meet event, on a given date, a wrestler may compete in the junior varsity dual and the varsity dual, provided that wrestler does not compete against the same school's junior varsity and varsity teams. Both matches must count toward the 45 allowable competitions. A dual meet forfeits must count toward the wrestlers 45 individual matches.***

#### B. Non-League Tournaments

Tournaments, not part of League play, will count as one event toward the total number allowed. Conference or division champions may schedule a 17th event (after the end of regular season/conference play) to determine an inter-conference or intra-conference championship. The event must be listed on the school schedule. Wrestling in the 17th event does not count toward the 45 competitions total but the weigh-in will be used toward the 50% rule for determining the wrestler's certified weight.

- C. A school may enter more than one participant at a specific weight in an individual regular season tournament if byes exist when other participating teams cannot provide a wrestler in that specific weight. A school may use a maximum of 5 additional wrestlers beyond the original 14 weight class participants with the total number of participants not to exceed 21 wrestlers.

### **MSHSL POLICY ON CANCELLATIONS AND POSTPONEMENT**

When weather forces postponement of an event and it must be rescheduled to a Monday because of gym availability or scheduling conflicts, a one-pound weight allowance shall be granted because no practices may be held on the day before competition (Sunday).

### **MOUTH GUARDS**

The use of mouth guards is strongly recommended. Mouth guards that have been cut down or modified in any manner are illegal equipment. Students with braces or a special orthodontic device are required to wear a tooth and mouth protector as per NFHS Rule 4-2-5.

### **WEIGHT CERTIFICATION PROCEDURES**

#### **WEIGHT PERMIT FORM**

Each student participating in wrestling must have a current completed physical form and must submit the annual Wrestling Weight Permit properly signed by the skin fold technician, a physician and the student's parent.

1. **Weight Certifications cannot take place until the first official day of the season and must be registered electronically.**
2. Before engaging in any interschool-wrestling match.
3. SKIN MEASUREMENTS AND WEIGHT MUST BE DONE AT THE SAME TIME.
4. This permit must be kept on file in the school office and be available on request.
5. The lowest certifiable wrestling weight of each wrestler will be determined by predicting the wrestler's weight at 7% body fat (multiplied by 97% of the body weight.)
6. Once the weight permit form has been completed, it cannot be changed by modification or by a second examination. The falsification of any wrestler's body composition testing results may result in that school's wrestling team being ineligible for tournament competition that year.
7. One of the following body composition testing methods shall be used:
  - a. Skin Caliper (minimum of three skin fold sites mandatory)
  - b. Hydrostatic (underwater) weighing

#### **WEIGHT CERTIFICATION TO LEAGUE OFFICE**

All high school wrestlers must have their body composition tested. The electronic MSHSL Wrestling Weight Certification form must be completed and submitted online to the MSHSL office **prior to the first competition or no later than December 10<sup>th</sup>**. Failure to submit the form prior to the first contest or December 10<sup>th</sup>, if you do not have a competition prior to December 10<sup>th</sup>, whichever occurs first, will result in forfeitures for all duals and matches, and may disqualify the school from MSHSL tournament competition.

Updated: August 31, 2020

Additions to the original list must be filed prior to participation in any interschool competition. There will be no exceptions to the deadline.

## **WEIGHT CLASSES**

Competition shall be divided into 14 weight classes as follows (pounds):

106 – 113 – 120 – 126 – 132 – 138 – 145 – 152 – 160 – 170 – 182 – 195 – 220 - 285

## **ORDER OF COMPETITION**

All wrestling competitions will start at 106 pounds. The minimum weight for 106 is 91 pounds and the minimum weight for 113 is 98 pounds. Minimum weight for 285 is 195.1+. Growth allowance (as of January 1) affects minimum weights.

A two-pound growth allowance goes into effect on January 1. The minimum weights with the growth allowance are: 106(93), 113(100) and 285(197.1).

## **WEIGH-IN PROCEDURE**

All weigh-ins including the regular season and section tournaments must be conducted according to the National Federation rules of wrestling. Administrators are reminded that scales must be certified annually.

## **SKIN CHECKS**

The meet official or an on-site health care medical professional must conduct a Skin Check of all wrestlers prior to the start of the match.

Procedure:

1. The skin check will be done in the locker room to ensure privacy.
2. Coaches from both teams should be present.
3. The official will make the decision whether or not a wrestler can compete.
4. If a wrestler has a skin condition, the wrestler must have a current physician's statement at the skin check which clears him for competition. Note: Officials may disqualify a wrestler if a skin condition appears active.
5. The examination should include the face, trunk and upper body, and lower body.
6. The tournament physician will have final determination if an infectious disease will disqualify a participant from the tournament.
7. The tournament physician can override another physician's note about an infectious disease if they feel it has been improperly diagnosed or it has changed or worsened since the note was written.

## **WEIGHT CLASSES FOR REGULAR SEASON DUALS AND DUAL TOURNAMENTS**

The Wrestling Advisory Committee recommendation requesting a two-year trial to reduce the number of weight classes to be wrestled for all regular season dual meets and dual tournaments was approved by the MSHSL Board of Directors for implementation beginning with the 2018-2019 MSHSL wrestling season.

The following information will clarify the approved recommendation:

- The default number of weight classes will be 12 weight classes for all duals and dual tournaments.
- The schools will double forfeit the 106 pound and 195 pound classes.
- Schools may choose to wrestle 13 or 14 weight classes if the coaches mutually agree to do so.
- The mutual agreement decision to wrestle 13 or 14 weight classes must be made a minimum of 48 hours prior to the scheduled start time of the dual.

- It is recommended the decision to wrestle 13 or 14 weight classes should take place prior to the beginning of the wrestling season and should be noted in the contract for the dual or dual tournament.
- If both coaches do not agree to wrestle 13 or 14 weight classes, the event will have 12 weight classes.
- 14 weight classes will be wrestled in all individual events/tournaments.
- All post season wrestling—Section and State Tournaments—will have 14 weight classes.
- *Please Note: Conferences can decide on the number of weights that will be wrestled for all regular season conference duals. For example, a conference decision to wrestle all 14 weights for conference duals will over-ride the new 12-weight policy.*

## **WRESTLING WEIGHTS Q and A FOR REGULAR SEASON DUALS AND DUAL TOURNAMENTS**

1. Can our conference vote to determine the number of weight classes in advance of the start of the season?  
A conference can indicate the number of weights that will be wrestled for all conference duals. The conference decides to wrestle 13 or 14 weights that decision will over-ride the new 12 weight policy.
2. If we schedule a non-conference opponent for a dual to form a triangular, do all the duals have to use the same number of weight classes?  
The number of weights to wrestle in each dual can be decided individually for each dual in the triangular.
3. If we have a triangular or quad do all of the duals have to use the same number of weight classes?  
No, the number of weight classes for each dual in a triangular or quad do not need to be the same.
4. If a dual is going to be 12 weight classes, can our 106 and 195 pounders still weigh-in?  
Every member of your wrestling team can weigh-in every time you have an official weigh-in prior to a match as per the NFHS Wrestling Rules Book.
5. Will the minimum weight to wrestle 220 remain the same or will it change if we wrestle 12 weights in a dual?  
All weights and weigh-in rules remain the same, including minimum weights.
6. How many weights will be wrestled for the Section and State Tournaments?  
All post season wrestling will be 14 weights.
7. Do we have to make contact with everyone on our schedule and verify how many weight classes we plan on wrestling?  
The default number of wrestling weights for all duals is 12. Every dual on your schedule is a 12 weight dual unless you contact the coach at the other school and you both agree to wrestle 13 or 14 weight classes.

## **GROWTH ALLOWANCE**

Minnesota wrestlers will receive growth allowance according to the National Federation rules. A two-pound growth allowance will be granted January 1st.

## **NFHS RULE 4.5.5**

Competitions that are postponed for one calendar day or more, for reasons beyond the control of the participating school(s), or practices that cannot be held in these situations due to school policy shall be treated the same as competitions when there are consecutive days of competition in terms of the one pound allowance, with the exception of the required 48-hour notice.

## **MOUTH GUARDS**

The use of mouth guards is strongly recommended. Mouth guards that have been cut down or modified in any manner are illegal equipment. Students with braces or a special orthodontic device are required to wear a tooth and mouth protector as per NFHS Rule 4-2-5.

## **MEDICAL/INJURY DEFAULT**

A wrestler who defaults for a medical reason or due to an injury must have a "Physician's Approval to Resume Participation in Interscholastic Activities" form signed by a physician before the wrestler may return to competition.

## **Wrestling Information – Post Season**

### **ELIGIBILITY DURING MSHSL TOURNAMENT – SUBSECTION, SECTION AND STATE**

Refer to [Bylaw 206](#): A student must be fully eligible under all local school district policies, MSHSL Bylaws and Rules & Policies to be in uniform, occupy the bench or playing area, participate and receive individual and/or team awards, including all-tournament honors, in the awards ceremony.

### **MINIMUM REQUIREMENTS FOR PARTICIPATION IN LEAGUE-SPONSORED TOURNAMENTS**

Refer to [Bylaw 405](#): A member school must schedule a minimum of three interscholastic varsity games, meets or matches to qualify for League-sponsored tournament participation in that sport.

## **SANCTIONS**

Sanctions are granted to wrestling tournaments only if a wrestler is not required or allowed to wrestle more than five (5) matches in one day.

### **SECTION/STATE MINIMUM WEIGHT CERTIFICATION PROCESS**

Section/State Tournament weight - 50% of a wrestler's weigh-ins starting January 15 and ending the first date of sub-section/section tournament must be at the lowest weight that he/she will wrestle at the sub-section/section and state tournament.

**Example:** The wrestler weighs in at 132 pounds 5 times, 126 pounds 5 times and 120 pounds 5 times. He is not eligible to wrestle at 120 pounds in post-season tournaments, but he is eligible to wrestle at 126 pounds, provided he makes weight at the tournament site.

Wrestlers who have not had a weigh-in after January 14th may appeal to the MSHSL to certify their minimum weight for section and state tournament competition.

## **APPEAL PROCEDURE**

The Athletic Director shall submit the following documents for approval.

1. Email a letter requesting an appeal for establishing a minimum wrestling weight. The letter must include the following:
  - a. State the minimum weight that you are seeking to have the wrestler certified.
  - b. The wrestler's current weight.
  - c. Identify the medical reason why the wrestler did not have any weigh-ins after January 15th. The appeal must be accompanied by a letter from the attending physician, stating the reason and length of time the wrestler was unable to compete.
2. A copy of the wrestler's Wrestling Weight Permit.
3. A listing by date of all of the appealing wrestler's weigh-ins.

## **TEAM SUB-SECTION COMPETITION**

In sections with 15 or fewer schools in wrestling, subsection meets need not be held, and the teams will advance directly to section competition.

## **SINGLE DAY SECTION TOURNAMENT MATCH COUNT**

When a single day section tournament is held the individual match count of five (5) matches may be exceeded.

## **STATE TOURNAMENT SCHOOL QUALIFYING INFORMATION**

A packet of information will be provided to each school after the championship match of their section tournament. Specific information for qualifying schools will be posted on the MSHSL website.

## **WEIGH-INS FOR SECTION TOURNAMENTS**

All weigh-ins must be conducted under the National Federation rules of wrestling.

- A. Actual wrestlers weight must be recorded on an official weigh-in sheet.
- B. Athletic director, tournament manager, official or designee must conduct weigh-ins and certify the actual weight.
- C. Weigh-ins must be conducted at the times specified by the National Federation rules.
- D. The certified weigh-in sheet must be submitted electronically to the tournament manager by the established section deadline.
- E. Female wrestlers are required to wear an undergarment that covers the breasts and buttocks. Male wrestlers must wear a suitable undergarment to cover the buttocks and groin. All contestants, regardless of gender, shall weigh-in together because of the modification of the rule that allows them to wear a legal uniform for weigh-ins.

## **WEIGH-INS**

Wrestlers will weigh in at the scale designated for their weight. Additional scales will be located elsewhere so that wrestlers may check their own weights. The official weigh-in periods for the State Wrestling Tournament will be listed in the schedule posted on the League's Web site.

**NFHS RULE 4.5.8: Any contestant failing to make weight during the weigh-in period shall be ineligible for that weight class. That contestant may wrestle in the weight class for which his/her actual weight qualifies the contestant, or in the next higher weight class.**

**NOTE:** There will be an allowance of one (1) pound granted each day over the weight limit of the previous day in tournament competition.

## **WEATHER CONDITIONS AND GAME CANCELLATIONS**

In the event that adverse weather conditions and school closings or delays affect sub-section, section or state tournament competitions, the following protocol shall be followed.

## **SUB-SECTION AND SECTION CONTESTS**

The sub-section or section site manager(s) or tournament manager(s) shall contact the Region Secretary responsible for the management of the contest who will, in turn, contact the school administration(s) of each participating school to review the weather conditions that exist at the time of the contest or that are forecast to exist when the contest is scheduled to be played. The Region Secretary will discuss the tournament schedule with each affected school in order to facilitate the smooth flow of the tournament.



If either of the schools objects to the tournament schedule and if the issue cannot be resolved at the Region level, the Region Secretary shall contact the League's Associate Director responsible for the tournament in question who will, in turn, contact the League's Executive Director to further discuss the tournament schedule and provide direction to the Region Secretary regarding the affected tournament. When the final decision has been made by the League's Executive Director, the Board of Directors will be contacted regarding the final decision.

### **STATE TOURNAMENT CONTESTS**

If the weather conditions are such that tournament contests need to be rescheduled, the Associate Director responsible for that tournament will contact the League's Executive Director. Following a discussion regarding the tournament contact, the Executive Director will contact the President of the League's Board of Directors regarding that decision. When the final decision has been determined, the Executive Director will contact the full Board of Directors regarding the tournament format, and the Associate Director for the tournament will contact the participating schools. The League's Director of Information will contact the news media regarding any schedule changes in the state tournament.

### **PROCEDURE FOR ALL MSHSL WRESTLING TOURNAMENTS - SECTION AND STATE**

- A. All wrestlers will be checked, with their coach present, at the tournament site for unexplained rash or open lesions by a medical doctor.
- B. The following infectious skin conditions are to be considered cause for medical disqualification:
  1. Bacterial skin infections:
    - a. Impetigo
    - b. Erysipelas
    - c. Carbuncle
    - d. Staphylococcal disease
    - e. Folliculities (generalized)
    - f. Hidradenities suppurativa
  2. Scabies
  3. Pediculosis
  4. Herpes simplex
  5. Ring worm
  6. Herpes zoster (chicken pox)
- C. Wrestlers with open lesions will not be allowed to compete in MSHSL tournaments unless they have a Physician's statement indicating that the existing condition is not contagious. (Wrestling Skin Condition Report form can be found on the MSHSL website in the resource area, under forms.)
- D. The MSHSL tournament physician may overrule the Physician's skin condition report if they believe it is in the best interest of the athletes participating in the tournament. The MSHSL tournament physician will have the final authority to certify wrestlers for competition.
- E. Protocol for Skin Infection Prevention:
  1. Coaches should send all wrestlers with suspicious sores or lesions to a physician for evaluation and withhold them from wrestling practice and competition until effective treatment is completed.
  2. Coaches should withhold from wrestling all wrestlers with active HSV (herpes simplex virus) or skin lesions (blisters, swollen lymph nodes, fatigue, etc.) until lesions are dry and crusted over.
  3. Wrestlers should consult their physician about any sores, open lesions or blisters, and if such appears should not expose their teammates or opponents.
  4. General hygienic considerations:

- a. Disinfect mats before practice.
- b. Limit access to mats.
- c. Have wrestlers clean their shoes before stepping onto the mat. A towel soaked in a disinfectant solution will clean the soles of the shoes and remove a source for dirt on the mat, which leads to skin abrasions and increased risk for transmission of infectious agents.
- d. Clean locker rooms and showers on a routine basis.
- e. Wear clean workout clothing every day.
- f. Shower at school immediately after practice; use soap and water.
- g. Use your own towel — Do not share towels with teammates.
- h. Clean your headgear on a daily basis with soap used for showering.
- i. Wound healing is promoted with a good, balanced diet.
- j. Wrestlers who are restricting calories are prone to slow skin growth and may benefit from a vitamin supplement to promote the wound healing process.

## **POLICIES**

- A. League-sponsored tournaments will be conducted in three classes: A, AA, and AAA.
- B. No school may participate in a section meet unless it participates in at least three Varsity matches in a given weight classification as a condition for qualifying contestants.
- C. The section and state wrestling tournaments will involve dual meet team competition, and competitions for individual honors in each weight category.
- D. Member schools may enter one contestant in each weight classification in their first section meet. No contestant may participate in more than one weight classification.
- E. All section tournament information will be sent to each school by the tournament manager appointed by the respective region committee.

## **FORFEITURE IN MSHSL TOURNAMENT COMPETITION**

- A. Section Tournaments:
  - 1. Team and individual competition conducted as separate competitions on separate days will be considered to be separate tournaments.
    - a. A weight class forfeiture that occurs in the individual competition will only affect the individual tournament.
    - b. A weight class forfeiture that occurs in the team tournament will only affect the team tournament, however,
    - c. A weight class forfeiture in team competition will result in a forfeiture of that weight, or the one immediately above or immediately below, through the entire State Tournament.
  - 2. If the team/individual competition is conducted as a single tournament on the same day, teams and individuals must compete in each weight class for which a wrestler has been certified/qualified.
- B. State Tournament:
  - 1. In the MSHSL state tournament series, both teams and individuals must compete in each weight class for which a wrestler has been certified/qualified.
  - 2. The only exception to this rule would be for illness or injury certified by the tournament physician.
- C. Penalty: Forfeiture of this weight class, or the one immediately above or immediately below, in all succeeding matches in team and individual competition.

## **INDIVIDUAL SUBSTITUTIONS AT SECTION AND STATE MEETS**

Individual substitutions for section and state meets will not be allowed for any reason. The individual qualifying cannot be replaced.

## **SUBSTITUTION IN LEAGUE TOURNAMENTS**

### **A. Certification and Substitutions for Team Sports**

The official squad becomes certified at the weigh-in of the first round of the sub-section or section dual meet competition.

After an official squad for a tournament has been certified to the governing committee, substitutions are not permitted except under the following conditions:

1. That a physician indicates that a student listed on the certified roster must not participate.
  - a. Prior to weigh-ins, a wrestler who does not pass medical checks due to a skin issue can be replaced. A substitute may be placed on the roster.
  - b. The injured athlete is then removed from the roster, and a substitute is placed on the roster.
  - c. This student may be returned to the tournament squad upon certification, in writing, by the physician to the governing committee.
  - d. When such a player is returned to the tournament squad, the player replaces the substitute.
2. That the governing committee determines that a justifiable emergency indicates a need for the withdrawal of a certified player. A justifiable emergency does not include the removal of a student from competition once the determination of ineligibility of the athlete by the school.
  - a. This student may be returned to the tournament squad by action of the governing committee.
  - b. When such a player is returned to the tournament squad, the player replaces the substitute.

### **B. Certification and Substitution for Team/Individual Sports with Combined Championships**

After an official squad for a section tournament has been certified to the governing committee of that tournament, substitutions for that tournament and for the state tournament are not permitted except as specified under A. 1-2 above. Team and individual members who participate in the section meet and advance to the state meet as an individual or team member are eligible for individual awards at the state meet.

### **C. Substitutions for Individual Sports**

Substitutions may occur prior to the start of the first round of competition at the first-level tournament -- subsection tournament; or section when no subsection tournament is conducted.

### **D. Substitutions or changes to roster can be made between section and state tournament without approval from governing committee.**

## **TEAM COMPETITION - CLASS A, AA AND AAA**

A single elimination dual meet team tournament will be conducted at the section and state level.

## **DUAL MEET WRESTLING TIE-BREAKER CRITERIA**

See Wrestling National Federation of State High School Associations rules.

## **INDIVIDUAL COMPETITION QUALIFICATION**

- A. Member schools may enter one contestant in each weight classification into the first state-level tournament (subsection or section tournament). No contestant may participate in more than one weight classification.
- B. Qualifiers for Section Meets: Unless otherwise specified by the region committee, two contestants in each weight class will be allowed to advance to the section meet.
- C. Qualifiers for State Meet: Two contestants in each weight class from each section qualify for advancement to the state tournament.

## **DUAL TEAM COMPETITION TOURNAMENT INFORMATION**

### **OFFICIAL SQUAD FOR DUAL TEAM COMPETITION**

21 wrestlers

3 coaches

1 student assistant

### **HOME AND VISITING TEAM**

The home and visiting teams for the State Dual Meet Team Tournament will be determined by a flip of a coin between the two (2) captains and the referee 15 minutes prior to the beginning of each round of competition. The coin flip will determine the home team for every other weight, i.e., 106 pounds home - 112 pounds visitor - 120 pounds home, etc.

### **AWARDS**

#### Section

- Medals: To all members of the official squad of the first and second place teams.
- Trophies: To the first and second place team.

#### State

- Certificates of Participation: To each student member of the official squad; to each participant in individual competition.
- Certificates of Recognition: To the head coach and assistant coach of each team.
- Medals: To each member of the officials squad including the coaches of the first – third place teams and to first – sixth place Individuals in each weight class.
- Trophies: To the first – fourth place teams and consolation winner.

Note: It is a violation of MSHSL policy for a member school or a representative of a member school to establish, distribute or accept any awards not provided by the MSHSL for section or state tournament.