



# EMERGENCY MEDICAL PROCEDURES

## Emergency Medical Procedures During MSHSL Tournaments

The League staff plays an important role in support of the tournament physician and athletic trainer. In most cases the physician/athletic trainer will manage the injury without assistance from the tournament staff. In the event of a serious injury, the following measures should be taken.

### Examination of the Injured Athlete

Every effort should be made to give the physician/athletic trainer and athlete privacy during the examination. If possible, the examination should take place in the athletic training room or locker room away from the media and spectators. The Tournament Directors shall notify the parents/school representative (coach/assistant coach/administrator, etc.) and consult on an appropriate course of action to be followed in the care of the injured athlete.

### Evacuation to a Hospital

**Non-Life Threatening:** In the event that it is necessary to evacuate the athlete to a hospital the parents should be consulted to determine the hospital of choice and the method of transportation (ambulance or private vehicle). If the parents are not present, the athlete should be transported by ambulance and accompanied by a representative from that school.

**Life Threatening:** In a life-threatening situation the athlete will be evacuated to the nearest hospital emergency room by ambulance. Every effort should be made to contact and inform the parents and or school representative of the action taken by the tournament medical team. The athlete should be accompanied by a parent or school representative (coach/assistant coach, administrator, etc.)

### Return to Play

An injured athlete must have a Physician's written approval to return to play. Tournament physicians may approve an athlete's return to play. **When teams or individuals transfer care to their team or personal physician, the final decision regarding return to play will be that of the Minnesota State High School League Tournament Physician.**

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## Section Post Season Medical Protocol

### Local sites

Tournament Manager coordinates medical coverage.

- All athletic trainers must be licensed with the MN Board of Medical Practice.
- Region or Section assigned medical staff should coordinate medical coverage with participating school medical staff.
  - It is the responsibility of the school to verify any medical staff and their credentials (to determine scope of practice) who the school wants to be involved in injury management during a Region or Section event. All other medical staff will not be allowed in competition area.
  - Participating school medical staff will be allowed on competition surface if an injury occurs.
- In all situations, the official Region or Section medical staff will be the first responders to any injury situation.
- If there is a conflict in the management of injury, the Region or Section assigned medical staff has jurisdiction.
- A parent/relative of a participating athlete may not manage the injury or determine return to play status, but will instead retain standard parent/spectator rights.
- The final decision regarding return to play will be that of the official Region/Section medical staff.

### MSHSL Sponsored Venues

Athletic training and physician coverage secured through service agreement.

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