



MSHSL Region 5A

Region Committee Members

2020-2021

Pete Cheeley, Executive Secretary

Region Committee Members

Representing	Name	School	Position	Term Expires	Email	Phone
Superinten.	Vern Capelle	Upsala HS	Chair	2022	vcapelle@upsala.k12.mn.us	320-573-2174
Superinten.	Mark Messman	Eden Valley-Watkins	Member	2024	mmessman@eagles.ev.w.k12.mn.us	320-453-2900
Principal	Bob Hennen	Watertown-Mayer	Member	2024	bhennen@wm.k12.mn.us	952-955-0600
Principal	Damian Patnode	Milaca HS	Auditor	2022	damian.patnode@milaca.k12.mn.us	320-982-7331
AD	Scott Berning	Howard Lake-W-W	Auditor	2022	sberning@hlww.k12.mn.us	320-543-4600
AD	Lee Rood	Rush City HS	Member	2024	lrood@rushcity.k12.mn.us	320-358-4795
Board mem.	Don Winkels	Albany HS	Member	2024	dwinkels@albanytel.com	
Board mem.	Paul Weller	Belgrade-B-E	Member	2022	pweller@bbejaguars.org	
Music	Denise Cheney	Upsala HS	Member	2024	dcheney@upsala.k12.mn.us	320-573-2174
Girls' Rep	Brooke Orazem	Howard Lake-W-W	Member	2024	borazem@hlww.k12.mn.us	320-543-4600
Boys' Rep	Rick Gossen	Belgarde-B-E	Member	2022	rgossen@bbejaguars.k12.mn.us	320-346-2278
Fine Arts	Audrey French	Milaca HS	Member	2022	audrey.french@milaca.k12.mn.us	320-982-7331
Fine Arts	Jennifer Kulm	Annandale HS	Member	2022	jkulm@isd876.org	320-274-8208

Representative Assembly Members

Name	School	Position	Email
Vern Capelle	Upsala HS	Superin.	vcapelle@upsala.k12.mn.us
Brent Nelson	Mora HS	Principal	brentdnelson@moraschools.org
Dave Rocheleau	Pierz HS	AD	drocheleau@pierz.k12.mn.us