

Emergency Action Plan Worksheet – Student Response Team

Coach/Advisor Name: Jeff Eklund

Activity: Boys Basketball

Level: Varsity

1 911 TEAM

2 CPR/AED TEAM

CALL 911

START CPR

GET THE AED

CALL 911 Explain emergency. Provide location.

1. Position person on back.
2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minutes. Let chest completely recoil after each compression.
3. Take turns with other responders as needed

	PRACTICE	EVENTS
Closest Phone	Coach/Manager Cell	Coach/Manager Cell
EMS Access Point	Elmhurst Ave	Elmhurst Ave
Street Intersection	Elmhurst Ave	Elmhurst Ave

	Coach	Student 1	Student 2	Student 3
Closest AED	Jeff Eklund	Isaiah Lancrain	Mac Nelson	Ben White
Student 1	Isaiah Lancrain	Isaiah Lancrain	Mac Nelson	Ben White
Student 2	Mac Nelson	Mac Nelson	Mac Nelson	Ben White
Student 3	Ben White	Ben White	Ben White	Ben White

Student 1

WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS

	Practice	Events
Student 1	Caleb Schustad	Caleb Schustad
Student 2	Jonah Johnson	Jonah Johnson

1. Remove clothing from chest.
2. Attach electrode pads as directed by voice prompts.
3. Stand clear while AED analyzes heart rhythm.
4. Keep area clear if AED advises a shock.
5. Follow device prompts for further action.
6. After EMS takes over, give AED to Athletic Administrator for data download.

MEET AMBULANCE at EMS Access Point. Take to victim.

4 HEAT STROKE TEAM

	Practice	Events
Entry Door/Gate	Elmhurst/Field Entrance	Elmhurst/Field Entrance
Student 1	John Mankie	John Mankie
Student 2	Hayden Lee	Hayden Lee

	Practice	Events
Tub Location	Ice Room	Ice Room
Water Source Location	Ice Room	Ice Room
Ice Source Location	Ice Room	Ice Room
Ice Towel Location	NA	NA
Student 1	Lyle Nelson	Lyle Nelson
Student 2	Ashton Neudahl	Ashton Neudahl

CALL CONTACTS. Provide location and victim's name.

	NAME	CELL
Athletic Trainer	Jackie Karpe	763-587-1903
Athletic AD	Shawn Kuhnke	320-266-5426
Student 1	Zach Yerke	Zach Yerke
Student 2	Connor Johnson	Connor Johnson

PREPARE TUB BATH

	Practice	Events
Student 1	NA	NA
Student 2	NA	NA

1. Remove equipment/excess clothing. Move to shade.
2. Immerse athlete into cold ice water tub, stir water. *If no tub: cold shower or rotating cold, wet towels over the entire body
3. Monitor vital signs.
4. Cool First, Transport Second.
5. Cool until rectal temperature reaches 102 F if ATC or MD is available.
6. If no medical staff, cool until EMS arrives.