



2020-2021

MINNESOTA STATE HIGH SCHOOL LEAGUE

Track and Field, Boys and Girls

Section Tournament Information

This document provides guidance and information for Spring 2021 section tournaments unique to this year.

Dates	Sections must be completed by Saturday, June 12, 2021.
Location/Facility	Sections have local control to schedule host sites
Tournament Format	Administrative regions and section tournament managers will determine section tournament format.
Changes/ Adjustments in MSHSL Approved Season Sport Guidance	All MSHSL Approved Season Sport Guidance and Information remain in effect.

State Tournament Advancement	Each Section will advance 2 athletes in each individual event and 2 teams in each relay event to the State Meet. In case of a tie, the individual contestant or relay team entitled to advance MUST be determined at the section meet. In addition, a contestant or relay team will qualify by Standard to the state meet when their performance in the section finals surpasses or equals the established standard.
Site Management (Spectators, Concessions, etc.)	See <u>MSHSL Event and Facility Management Guidance and Information</u>
Tournament Personnel	Team members, game officials and site staff (including ticket takers/sellers, administrative supervision from both schools, certified athletic trainer, announcer, etc.) should be limited as much as possible.
Seeding	Seeding the heat and lane assignments for sub-section and section meets - refer to the NFHS Track and Field Rule Book. On the 9-lane track for the State Meet running events will be seeded according to the

	following: races on curves; 4-5, 3-6, 2-7, 1-8, 9, races on straight-away; 5-4, 6-3, 7-2, 8-1, 9.
Awards	Medal and trophy ceremonies should be brief and use touch free distribution.
Officials	Sections should work with individual officials, crews or assigners to confirm availability prior to committing to dates.
Streaming	Streaming is allowed and streaming may be done at cost to the consumer.
Media	See <u>MSHSL Event and Facility Management Guidance and Information</u> .
Brackets/Results	Method for sharing brackets/results will be shared separately.
Ticketing/Passes	<p>See <u>MSHSL Event and Facility Management Guidance and Information</u> for information on ticketing, passes, and venue capacity.</p> <p>Region committees can determine how to best divide up tickets for its section games, allowing for fans from both teams the opportunity to attend (for example, the host team cannot use the maximum number of tickets, allowing none for the visiting team). <u>Most ADs have been doing this all season so will have ideas of how this is being handled best locally.</u> Some examples used during the regular season include:</p> <ul style="list-style-type: none"> • Allowing a certain number of tickets per athlete on each team • Allowing a lower number of tickets per athlete on each team and additional tickets for student fans and general public • Schools may determine how to best select which student fans have an opportunity to purchase tickets: first-come, first-served; priority to seniors; as a reward for a contest, attendance, etc. • Tickets can be presold at schools, or schools can submit lists of people who can purchase tickets on site (again, rely on ADs for best practice locally). If lists of people are being provided to ticket sellers, it is encouraged that a staff member from both schools be on-hand to assist ticket sellers with any conflicts regarding names or identities. <p>Region committees determine ticket prices and process for selling tickets.</p>

All aspects of athletics including meetings, practices, competitions, transportation and facility usage must align with the requirements of the Minnesota Department of Education plan for return to learning, must follow the requirements from the Minnesota Department of Health's Guidance on Youth Sports, and must include the required actions identified in the Governor's Executive Orders.

Sportsmanship must be a constant priority at school-based athletics.

- Teams are encouraged to find appropriate methods of demonstrating good sportsmanship and respect towards others within the physical distance guidance.
- Additional care should be taken when addressing contest officials with questions or seeking interpretations. At no time, other than in the natural course of competition, should a coach or player violate the required physical distance with an official. Any coach or player verbally interacts with an official must do so with a mask on and at a safe distance.



2021 Track & Field School Guidelines for Sub-Section / Section Meets

MSHSL Rule Modifications to the NFHS Rules Book

- A. A competitor may be entered and compete in a total of four events (track and field), but not in excess of three track or field events in arriving at the combination of four. (Modifies Rule 4-2-1, 4-2-2) An athlete that is already entered into 3 individual running events is not eligible to be placed as a runner or alternate in a relay.

For Sub-Section, Section, and State Competition

- A contestant becomes officially entered into the first level of competition upon the entry deadline established by the section.
- If section meet procedures allow for scratches on meet day, this will be allowable at the first level of competition only, these must take place PRIOR to the start of the earliest event of the meet. An athlete that is scratched during this meeting is scratched from ALL events for which they were entered. Additions may not be made for any reason.
- Once the first level of competition meet begins and/or the athlete advances and the next level meet begins (i.e.; sub-section to section or section to state), they must show up for all events in which they are entered.
- If the athlete does not compete in all events entered, it will result in disqualification of the participant in ALL events in which the contestant is entered (including events that are final).
- Medical exceptions to this policy will be handled on an individual basis at the meet by the Games Committee.

Relays:

- Relays advance as a school team. Therefore, the relay team (4 runners and 2 alternates) may change from sub-section to section and from section to state. If a Preliminary event is run, the same team of 6 runners must be used in the Finals event. Runners and Alternates must have an available event to be placed on the relay card. Example: An individual who is entered in the 100, 200 and 400 is not eligible to be placed on a relay as a runner OR alternate as they are not eligible to run. An individual who is entered in the 100, 200 and 4x400 may be listed as an alternate in the other relays as they could be utilized by not participating in the 4x400.
 - An athlete that is entered into 3 individual events (100, 200, 400) will be disqualified from ALL events in which they are entered if listed as 1 of the 6 allowable athletes in a relay.
- B. A competitor who fails to qualify in a preliminary of any event shall be considered to have participated in the event.
- C. If a competitor competes in three track events, only two events may be 800 meters or longer. The penalty for violation of (A), and (B) is according to the NFHS Track and Field Rules, (**Modifies Rule 4-2-2**). All individual and team points earned by that competitor shall be forfeited. If a competitor participated in a relay event, all relay points earned by the team shall be forfeited.
- D. A competitor who meets or exceeds the standard established for advancement to the MSHSL State Track & Field Meet in the section meet finals of the 100m, 200m or 100m/110m hurdle races, or long jump and/or triple jump shall qualify for the state meet if the wind measured during the performance is less than or equal to **+4.0/sec.** (**Modifies Rule 9-2-1**).
- E. Participants must wear helmets during practice, warm-ups and competition in the pole vault.
- F. If a student should participate in more than one track meet in a given day, the total participation in both meets must not exceed the above limitations.
- G. Any visible garments (with the exception of the sports bra and briefs) worn by two or more relay team members or cross country team members underneath the uniform top and /or underneath the uniform bottom, shall be of the same, single, solid color, but not necessarily the same length. Note...Visible items worn under both the top and the bottom do not have to be the same color. (Modifies Rule 4-3-1b.7)
- H. **Jewelry and hair accessories are no longer prohibited by rule.**

An official may ask a competitor to remove an accessory if it is not properly secured or has a high probability to damage equipment. Watches are still legal in all track and field events. Religious and medical alert medals are still legal and no longer required to be taped to the body. The coach and athlete have the ultimate responsibility to not wear items that take away from the integrity of the sport or pose a high likelihood of coming loose during competition.

First Level of Competition Entry Policy

Not more than three contestants from a given school shall be allowed to enter an individual event (NFHS Rule 4-2-4c). Administrative Regions may adopt a policy that further limits participation. In addition, a section qualifying standard may be utilized to get to the maximum of three entries, however, at no time may the number exceed three entries from a given school. Entries must be submitted by each participating school. The section entry process **MAY NOT** include a bid-in or filling of lane procedure.

Policies for Advancing to the State Meet

1. **Automatic Qualifiers:** Each Section will advance **2** athletes in each individual event and **2** teams in each relay event to the State Meet.
 - In case of a tie, the individual contestant or relay team entitled to advance **MUST** be determined at the section meet.
 - Timing to 1/1000 of a second **shall not** be used to break ties for advancement from sub-section to section and from section to state.
2. **Qualifying by Standard:** In addition, a contestant or relay team will qualify by Standard to the state meet when their performance in the **section finals** surpasses or equals the established standard.

TO QUALIFY BY STANDARD IN RUNNING EVENTS:

- Fully automatic timing (FAT) devices must be used at the section meet to qualify entries by standard. DAKTRONICS OR OTHER SEMI-AUTOMATIC TIMING DEVICES DO NOT MEET THIS REQUIREMENT. The approved FAT systems are: Accutrack, Lynx, Omega and an approved video system.
- If a FAT malfunction occurs, please contact Jody Redman ASAP – (612) 770-8213.
- The performance must have been run in the **FINAL RACE**.
- A wind gauge must be used in the required events.
- **Wind-aided performances MAY NOT qualify by standard**, in the 100-meter high hurdles, 110-meter high hurdles, 200-meter dash, 100-meter dash, long jump and triple jump. Wind-aided is a wind reading of greater than **4.0 m/s**.
- In the throws and horizontal jump events, competitors shall be credited with their best performance regardless of whether it occurs in prelims or finals, provided the prelims and finals are held on the same day, at the same site.

Section Meet Order of Events

The Region Committee is responsible for the section meets and will determine the Order of Events for their meets. The wheelchair division events will be held immediately following the able-bodied race that is of the same distance if more than one wheeler is competing. The shot put will be flighted in with the able-bodied event.

Seeding and Scoring

Seeding the heat and lane assignments for sub-section and section meets - refer to the NFHS Track and Field Rule Book. On the 9-lane track for the State Meet running events will be seeded according to the following: races on curves; 4-5, 3-6, 2-7, 1-8, 9, races on straight-away; 5-4, 6-3, 7-2, 8-1, 9.

State Meet Scoring: 9 places will be scored. The system will be 12-10-8-6-5-4-3-2-1. It is recommended that unless otherwise announced by your sub-section or section Games Committee, all lanes should be scored according to the table on page 9 of the 2019 National Federation Rules Book. The Wheelchair Division WILL score points using the

modified scoring system contained in the Wheelchair Guidelines.

Tie-Breaker Procedures for Advancement to the Next Round

1. **Running Events** - Rule 3-4-3 of the NFHS Track and Field Rules Book states...The referee has the sole authority to determine if a race shall be rerun, and if so, who is eligible to participate in the rerun and when it should be scheduled.
2. **Field Events** - Refer to the NFHS Track & Field Rules Book, Rule 2-2-2 and Rules 6-3-2 and 6-3-3.