



2020-2021

# MINNESOTA STATE HIGH SCHOOL LEAGUE

## State Track and Field Meet SCHEDULE

**Venue:** St. Michael-Albertville High School

**Dates:**

**Thursday, June 17**

3200-meter races for all divisions – **7:00 PM**

Order will be: Class A Boys, Class A Girls, Class AA Boys, Class AA Girls

**Friday, June 18**

Class A Boys – 10:00 AM

Class A Girls – 3:30 PM

**Saturday, June 19**

Class AA Boys – 10:00 AM

Class AA Girls – 3:30 PM

### Practice at St. Michael-Albertville

- Practice time will be provided by St. Michael-Albertville High School (STMA) prior to the State Meet: **Wednesday, June 16 - 12:00 p.m. to 6:00 p.m.**  
**Thursday, June 17 - 9:00 a.m. to 5:30 p.m.**
- All athletes participating in a practice session must be accompanied by a coach. The cost is **\$3.00** per competitor per day. No charge for coaches. Schools must provide their own weight implements for practice.
- The facility does not provide medical staff and would call for emergency assistance as needed. Schools may bring a trainer or doctor *for the practice sessions*.
- Spectators will be allowed in the spectator seating area during practice, but not in the practice areas. Coaches are required to supervise their athletes at all times while at STMA.

**\*\*STMA WILL NOT BE OPEN FOR PRACTICE ON MONDAY OR TUESDAY.**

### Team Packets

- Team Packets may be picked up by head coaches on Thursday, June 17<sup>th</sup> from 10:00 a.m. – **6:30 p.m.** at the south end of the stadium OR on Friday or Saturday at the Registration Tent.
- The Registration Tent will open on Friday, June 18<sup>th</sup> and Saturday, June 19<sup>th</sup> at 7:30 a.m. The Pass Gate will open for athletes and coaches at 8:30 a.m. and warm-ups begin at 9:00 a.m. Prior to 8:30 a.m., athletes and coaches will have access to the Team Camp area on the west end of the venue.



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# MINNESOTA STATE HIGH SCHOOL LEAGUE

## Schedule For Thursday, June 17, 2021

*Spectator Entry Will Begin at 6:00 p.m.*

### ALL EVENTS ARE TIMED FINALS

Approximate Race Time	Running Events
6:00 p.m.	Track opens for warm-up
6:45 p.m.	Clear track
6:53 p.m.	Anthem
7:00 p.m.	Class A 3200 Meter Run Boys
7:15 p.m.	Class A 3200 Meter Wheelchair Division Boys
7:30 p.m.	Class A 3200 Meter Run Girls
7:45 p.m.	Class AA 3200 Meter Run Boys
8:00 p.m.	Class AA 3200 Meter Run Girls

***Awards for the 3200M races will be given out on Friday and Saturday following the awards presentations for the 1600M races.***



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# MINNESOTA STATE HIGH SCHOOL LEAGUE

## Schedule For Friday, June 18, 2021

Session 1: Class A BOYS - 10:00 a.m.

*Spectator Entry Will Begin at 9:00 a.m.*

### ALL EVENTS ARE TIMED FINALS

Approximate Race Time	Running Events
9:00 a.m.	Track opens for warm-up
9:45 a.m.	Clear Track
9:53 a.m.	Anthem
10:00 a.m.	4x800 Meter Relay Boys
10:30 a.m.	110 Meter High Hurdles Boys
10:42 a.m.	100 Meter Dash Boys
10:51 a.m.	100 Meter Wheelchair Division Boys
11:03 a.m.	4x200 Meter Relay Boys
11:14 a.m.	1600 Meter Run Boys
11:20 a.m.	1600 Meter Wheelchair Division Boys
	3200M Awards presented upon completion of 1600M Awards
11:34 a.m.	4x100 Meter Relay Boys
11:44 a.m.	400 Meter Dash Boys
11:58 a.m.	300 Meter Intermediate Hurdles Boys
12:10 p.m.	800 Meter Run Boys
12:17 p.m.	800 Meter Wheelchair Division Boys
12:25 p.m.	200 Meter Dash Boys
12:31 p.m.	200 Meter Wheelchair Division Boys
12:50 p.m.	4x400 Meter Relay Boys
	<i>Class A Boys Team Awards</i>

Event Time	Field Events
10:00 a.m.	Long Jump Boys
11:30 a.m.	Triple Jump Boys
10:00 a.m.	Pole Vault Boys
10:00 a.m.	High Jump Boys
10:00 a.m.	Shot Put Boys
10:00 a.m.	Shot Put Wheelchair Division Boys
11:30 a.m.	Discus Boys
11:30 a.m.	Discus Wheelchair Division

Field events will follow 5-Alive procedure in the vertical jumps.

Each competitor in the horizontals and throws will be allowed 4 total trials.



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# MINNESOTA STATE HIGH SCHOOL LEAGUE

## Schedule For Friday, June 18, 2021

### Session 2 - Class A GIRLS - 3:30 p.m.

(no sooner than 3:30 p.m. & possibly later based on Class A Boys meet)

*Spectator Entry Will Begin at 2:30 p.m.*

### ALL EVENTS ARE TIMED FINALS

Approximate Race Time	Running Events
2:30 p.m.	Track opens for warm-up
3:15 p.m.	Clear Track
3:23 p.m.	Anthem
3:30 p.m.	4x800 Meter Relay Girls
3:52 p.m.	100 Meter High Hurdles Girls
4:04 p.m.	100 Meter Dash Girls
4:13 p.m.	100 Meter Wheelchair Division Girls
4:26 p.m.	4x200 Meter Relay Girls
4:40 p.m.	1600 Meter Run Girls
	3200M Awards presented upon completion of 1600M Awards
4:50 p.m.	4x100 Meter Relay Girls
5:00 p.m.	400 Meter Dash Girls
5:12 p.m.	300 Meter Hurdles Girls
5:23 p.m.	800 Meter Run Girls
5:35 p.m.	200 Meter Dash Girls
5:42 p.m.	200 Meter Wheelchair Division Girls
6:05 p.m.	4x400 Meter Relay Girls
	<i>Class A Girls Team Awards</i>

Event Time	Field Event
3:30 p.m.	Long Jump Girls
5:00 p.m.	Triple Jump Girls
3:30 p.m.	Pole Vault Girls
3:30 p.m.	High Jump Girls
3:30 p.m.	Shot Put Girls
3:30 p.m.	Shot Put Wheelchair Division Girls
5:00 p.m.	Discus Girls
5:00 p.m.	Discus Wheelchair Division Girls

Field events will follow 5-Alive procedure in the vertical jumps.

Each competitor in the horizontals and throws will be allowed 4 total trials.



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# MINNESOTA STATE HIGH SCHOOL LEAGUE

## Schedule For Saturday, June 19, 2021

Session 3: Class AA BOYS - 10:00 a.m.

*Spectator Entry Will Begin at 9:00 a.m.*

### ALL EVENTS ARE TIMED FINALS

Approximate Race Time	Running Events
9:00 a.m.	Track opens for warm-up
9:45 a.m.	Clear Track
9:53 a.m.	Anthem
10:00 a.m.	4x800 Meter Relay Boys
10:30 a.m.	110 Meter High Hurdles Boys
10:42 a.m.	100 Meter Dash Boys
10:51 a.m.	100 Meter Wheelchair Division Boys
11:03 a.m.	4x200 Meter Relay Boys
11:14 a.m.	1600 Meter Run Boys
	3200M Awards presented upon completion of 1600M Awards
11:24 a.m.	4x100 Meter Relay Boys
11:34 a.m.	400 Meter Dash Boys
11:49 a.m.	300 Meter Intermediate Hurdles Boys
12:00 p.m.	800 Meter Run Boys
12:07 p.m.	800 Meter Wheelchair Division Boys
12:15 p.m.	200 Meter Dash Boys
12:24 p.m.	200 Meter Wheelchair Division Boys
12:45 p.m.	4x400 Meter Relay Boys
	<i>Class AA Boys Team Awards</i>

Event Time	Field Events
10:00 a.m.	Long Jump Boys
11:30 a.m.	Triple Jump Boys
10:00 a.m.	Pole Vault Boys
10:00 a.m.	High Jump Boys
10:00 a.m.	Shot Put Boys
10:00 a.m.	Shot Put Wheelchair Division Boys
11:30 a.m.	Discus Boys
11:30 a.m.	Discus Wheelchair Division Boys

Field events will follow 5-Alive procedure in the vertical jumps.  
Each competitor in the horizontals and throws will be allowed 4 total trials



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# MINNESOTA STATE HIGH SCHOOL LEAGUE

## Schedule For Saturday, June 19, 2021

### Session 4 - Class AA GIRLS - 3:30 p.m.

(no sooner than 3:30 p.m. & possibly later based on Class A Boys meet)

*Spectator Entry Will Begin at 2:30 p.m.*

### ALL EVENTS ARE TIMED FINALS

Approximate Race Time	Running Events
2:30 p.m.	Track opens for warm-up
3:15 p.m.	Clear Track
3:23 p.m.	Anthem
3:30 p.m.	4x800 Meter Relay Girls
3:54 p.m.	100 Meter High Hurdles Girls
4:08 p.m.	100 Meter Dash Girls
4:24 p.m.	4x200 Meter Relay Girls
4:38 p.m.	1600 Meter Run Girls
	3200M Awards presented upon completion of 1600M Awards
4:50 p.m.	4x100 Meter Relay Girls
5:04 p.m.	400 Meter Dash Girls
5:18 p.m.	300 Meter Hurdles Girls
5:36 p.m.	800 Meter Run Girls
5:48 p.m.	200 Meter Dash Girls
6:15 p.m.	4x400 Meter Relay Girls
	<i>Class AA Girls Team Awards</i>

Event Time	Field Event
3:30 p.m.	Long Jump Girls
5:00 p.m.	Triple Jump Girls
3:30 p.m.	Pole Vault Girls
3:30 p.m.	High Jump Girls
3:30 p.m.	Shot Put Girls
5:00 p.m.	Discus Girls

Field events will follow 5-Alive procedure in the vertical jumps.  
Each competitor in the horizontals and throws will be allowed 4 total trials.