

# MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS

Northfield, MN  
St. Olaf College

Saturday, November 6, 2021



OFFICIAL MEET REPORT  
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**Race #4**  
**Girls Class A 5000M**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Avg.	Spread
1 Staples-Motley	103	4-8-9-37-45(62)(95)	20:05	2:08.4
2 Perham	109	6-16-21-28-38(43)(77)	20:17	1:38.9
3 Luverne	117	2-3-34-36-42(51)(61)	20:08	2:19.0
4 Hawley	161*	12-31-33-39-46(55)(98)	20:41	1:21.1
5 St Cloud Cathedral	161*	19-26-30-32-54(78)(90)	20:48	1:31.2
6 Murray County Central	165*	1-5-35-57-67(72)(100)	20:32	4:14.1
7 Minnewaska Area	165*	7-14-41-44-59(76)(92)	20:45	2:38.2
8 Lake City	226	18-22-24-80-82(88)(91)	21:28	2:56.3
9 Howard Lake-Waverly-Win	229	13-49-53-56-58(68)	21:28	2:01.4
10 Math & Science Academy	241	10-20-63-73-75(87)	21:33	2:57.3
11 Cotter	245	11-29-66-69-70(83)(105)	21:32	2:31.6
12 South Ridge	287	23-25-65-85-89(101)(106)	22:03	3:07.7
13 Providence Academy	290	15-40-48-93-94(96)	22:01	3:47.7
14 Carlton-Wrenshall	302	47-50-60-64-81(84)(99)	22:04	1:46.3
15 Lester Prairie	322	17-27-71-103-104(108)(109)	22:39	5:09.0
16 St James Area	388	52-74-79-86-97(102)(107)	23:01	2:13.7

### \*Tiebreakers

Hawley	12	31	33	39	46	55
St Cloud Cathedral	19	26	30	32	54	78
Murray County Central	1	5	35	57	67	72
Minnewaska Area	7	14	41	44	59	76

### INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM	1 Mile	2 Mile
1 Amanda Overgaauw	JR	706	Murray County Cent	1	18:09.13	5:50.2	3:37.8	5:50.10	11:47.33
2 Tenley Nelson	SR	700	Luverne (1)	2	18:47.00	6:02.4	3:45.4	5:51.18	11:54.57
3 Jenna DeBates	SO	697	Luverne (2)	3	19:06.82	6:08.8	3:49.4	5:56.57	12:07.39
4 Kyanna Burton	SO	751	Staples-Motley (1)	4	19:08.10	6:09.2	3:49.6	5:52.09	12:07.44
5 Jade Rypkema	JR	653	Nevis	-	19:16.04	6:11.7	3:51.2	5:50.36	11:47.84
6 Ashley Overgaauw	JR	707	Murray County Cent	5	19:16.22	6:11.8	3:51.2	5:59.22	12:22.95
7 Caroline Kuehne	SO	641	Long Prairie-Grey E	-	19:16.35	6:11.8	3:51.3	5:51.04	12:07.23
8 Gracie Morris	8	791	Perham (1)	6	19:17.65	6:12.2	3:51.5	5:52.21	12:17.45
9 Olivia Danielson	8	763	Minnewaska Area (	7	19:23.04	6:14.0	3:52.6	5:54.06	12:20.35
10 Aften Robinson	JR	757	Staples-Motley (2)	8	19:26.67	6:15.1	3:53.3	6:00.41	12:29.45
11 Grace Drietz	SR	622	Canby/Minneota	-	19:30.15	6:16.3	3:54.0	6:05.08	12:35.05
12 Kaylee Walklin	FR	627	Windom Area	-	19:37.44	6:18.6	3:55.5	6:00.39	12:28.09
13 Audrey Brownell	8	750	Staples-Motley (3)	9	19:39.36	6:19.2	3:55.9	5:56.31	12:25.39
14 Greta Hansen	JR	715	Math & Science Ac	10	19:47.15	6:21.7	3:57.4	6:03.39	12:26.05
15 Emily Gustafson	SO	638	St. Cloud Christian	-	19:50.08	6:22.7	3:58.0	6:09.11	12:37.00
16 Sonja Semling	FR	677	Cotter (1)	11	19:55.08	6:24.3	3:59.0	5:58.96	12:22.84

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**Girls Class A 5000M**

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM	1 Mile	2 Mile
17 Aubree Skelton	FR	650	Mesabi East	-	19:55.69	6:24.5	3:59.1	6:04.14	12:39.08
18 Paula Heide	SR	798	Hawley (1)	12	19:55.79	6:24.5	3:59.2	5:56.92	12:35.92
19 Madison LeSage	SO	744	Howard Lake-Wave	13	19:56.44	6:24.7	3:59.3	5:59.29	12:26.24
20 Claire Stoks	FR	624	Canby/Minneota	-	19:58.65	6:25.4	3:59.7	6:04.96	12:39.08
21 Liz Nelson	SO	651	Mountain Iron-Buhl	-	19:58.89	6:25.5	3:59.8	6:10.66	12:44.03
22 Lauryn Ankeny	8	759	Minnewaska Area (	14	19:59.96	6:25.8	4:00.0	5:55.25	12:29.19
23 Emma Kelly	SR	728	Providence Academ	15	20:01.24	6:26.3	4:00.2	6:09.83	12:39.57
24 Katie Hartke	SO	619	Martin County West	-	20:02.21	6:26.6	4:00.4	6:04.23	12:38.78
25 Clare Fischer	SR	621	Sleepy Eye St.Mary	-	20:03.48	6:27.0	4:00.7	5:56.97	12:35.10
26 Quincy Anderson	JR	786	Perham (2)	16	20:10.82	6:29.3	4:02.2	6:05.54	12:43.51
27 Grace Moeller	SR	617	LCWM-Nicollet	-	20:11.22	6:29.5	4:02.2	6:00.18	12:43.51
28 Addison Hoof	FR	681	Lester Prairie (1)	17	20:11.44	6:29.5	4:02.3	5:57.04	12:38.45
29 Olivia Yotter	7	668	Lake City (1)	18	20:11.60	6:29.6	4:02.3	6:03.51	12:47.85
30 Braelyn Merritt	SO	623	Canby/Minneota	-	20:12.52	6:29.9	4:02.5	6:05.36	12:40.89
31 Lydia Myskowski	SO	636	Northwest Nighthaw	-	20:12.63	6:29.9	4:02.5	6:13.72	12:50.17
32 Madyson Steele	8	616	G-F-W	-	20:16.37	6:31.1	4:03.3	6:07.44	12:50.12
33 Greta Gesick	FR	631	Minnehaha Academ	-	20:19.06	6:32.0	4:03.8	6:06.01	12:42.88
34 Ellen Schauer	8	652	Lake Park-Audubon	-	20:19.42	6:32.1	4:03.9	6:03.58	12:45.36
35 Olivia Pauly	SO	639	St. John's Prep	-	20:20.34	6:32.4	4:04.1	6:16.66	12:53.52
36 Clara Schad	SO	737	St Cloud Cathedral	19	20:22.71	6:33.2	4:04.5	6:13.23	12:57.13
37 Abigail Oxentenko	SO	614	Rochester Lourdes	-	20:22.76	6:33.2	4:04.6	6:10.09	12:50.68
38 Grace Nhan	SR	717	Math & Science Ac	20	20:24.91	6:33.9	4:05.0	6:20.45	13:12.04
39 Leelou Novotny	8	792	Perham (3)	21	20:25.97	6:34.2	4:05.2	6:08.87	12:57.41
40 Peyton Meincke	FR	665	Lake City (2)	22	20:26.95	6:34.5	4:05.4	6:06.90	12:56.47
41 Greta Long	SO	628	Eagle Ridge Acade	-	20:27.92	6:34.8	4:05.6	6:09.18	12:55.42
42 Addison Burckhardt	FR	780	South Ridge (1)	23	20:28.73	6:35.1	4:05.7	5:59.47	12:39.20
43 Jacey Majerus	JR	664	Lake City (3)	24	20:28.96	6:35.2	4:05.8	6:07.75	12:56.31
44 Evelyn Brodeen	SO	778	South Ridge (2)	25	20:29.05	6:35.2	4:05.8	6:27.67	13:07.82
45 Anjalie Aho	FR	656	United North Centra	-	20:29.64	6:35.4	4:05.9	6:04.96	12:54.32
46 Ella Voit	SO	740	St Cloud Cathedral	26	20:29.67	6:35.4	4:05.9	6:13.47	13:01.04
47 Miranda Mallak	FR	684	Lester Prairie (2)	27	20:29.70	6:35.4	4:05.9	6:10.61	12:57.78
48 Liz Birkeland	JR	787	Perham (4)	28	20:30.02	6:35.5	4:06.0	6:08.29	12:59.33
49 Hazel Freyre	FR	672	Cotter (2)	29	20:30.96	6:35.8	4:06.2	6:20.61	13:02.36
50 Anna Peikert	FR	615	Rochester Lourdes	-	20:32.40	6:36.3	4:06.5	6:09.72	12:55.39
51 Addie Mondloch	8	736	St Cloud Cathedral	30	20:33.73	6:36.7	4:06.7	6:13.35	13:01.56
52 Ivy Tickel	SO	803	Hawley (2)	31	20:34.79	6:37.0	4:07.0	6:12.51	12:55.37
53 Lilly Jamison	8	735	St Cloud Cathedral	32	20:37.59	6:37.9	4:07.5	6:10.83	13:01.91
54 Lily Olson	FR	800	Hawley (3)	33	20:38.57	6:38.3	4:07.7	6:07.72	12:55.70
55 Amber Collins	FR	643	Wadena-Deer Cree	-	20:42.31	6:39.5	4:08.5	6:06.60	13:04.87
56 Lillyan Kiehne	8	612	Lanesboro/Fillmore	-	20:42.59	6:39.5	4:08.5	6:08.73	13:00.90
57 Kirsten Koopal	FR	613	Pacelli	-	20:43.04	6:39.7	4:08.6	6:09.55	13:05.10
58 Gina Solberg	SR	629	Heritage Christian	-	20:46.59	6:40.8	4:09.3	6:25.47	13:13.12
59 Lexi Bright	SR	645	West Central Area	-	20:47.14	6:41.0	4:09.4	5:59.05	12:51.83
60 Ella Schmuck	8	701	Luverne (3)	34	20:47.18	6:41.0	4:09.4	6:14.80	13:07.84
61 Brylei Schreier	SO	709	Murray County Cent	35	20:49.25	6:41.7	4:09.9	6:20.17	13:16.51
62 Molly DiNardo	JR	630	Minnehaha Academ	-	20:52.01	6:42.6	4:10.4	6:10.96	13:02.98

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63 Kayla Bloemendaal	SO	696	Luverne (4)	36	20:52.12	6:42.6	4:10.4	6:14.80	13:07.68
64 Ashley Robben	JR	756	Staples-Motley (4)	37	20:52.23	6:42.6	4:10.4	6:12.18	13:09.74
65 Lexi Kivimagi	7	610	Chatfield	-	20:53.45	6:43.0	4:10.7	6:12.34	13:07.44
66 Grace Hrabik	SR	649	Esko	-	20:56.28	6:43.9	4:11.3	6:24.44	13:16.98
67 Kaia Starlz	SO	794	Perham (5)	38	20:56.53	6:44.0	4:11.3	6:30.86	13:32.22
68 Lily Peterson	SR	801	Hawley (4)	39	20:57.36	6:44.3	4:11.5	6:16.21	13:13.49
69 Molly Saboo	SR	634	Mille Lacs Raiders	-	21:01.63	6:45.7	4:12.3	6:22.14	13:12.83
70 Aly Marshall	JR	731	Providence Academ	40	21:02.49	6:45.9	4:12.5	6:24.83	13:24.97
71 Kiearra Wilmes	JR	767	Minnewaska Area (	41	21:05.49	6:46.9	4:13.1	6:20.38	13:21.62
72 Grace Ingebretson	JR	698	Luverne (5)	42	21:05.95	6:47.1	4:13.2	6:21.34	13:21.01
73 Avalee Brown	8	788	Perham (6)	(43)	21:07.76	6:47.6	4:13.6	6:15.32	13:09.64
74 Amanda Brinkman	JR	620	Norwood-Young A	-	21:08.25	6:47.8	4:13.7	6:12.18	13:14.57
75 Zoe Devine	JR	648	Ely	-	21:09.44	6:48.2	4:13.9	6:41.24	13:35.05
76 Brooklyn Conrad	SR	642	Ortonville	-	21:09.98	6:48.4	4:14.0	6:14.43	13:20.97
77 Naomi Chernyavsky	SO	635	Northwest Nighthaw	-	21:10.59	6:48.5	4:14.1	6:24.69	13:22.70
78 Sydnie Chevalier	SR	762	Minnewaska Area (	44	21:12.28	6:49.1	4:14.5	6:20.03	13:17.96
79 Taylor Post	SO	626	Pipestone Area	-	21:14.39	6:49.8	4:14.9	6:23.71	13:25.00
80 Naila Mikhaeil	FR	754	Staples-Motley (5)	45	21:16.48	6:50.4	4:15.3	6:12.11	13:11.10
81 Trista Baer	SO	795	Hawley (5)	46	21:16.88	6:50.6	4:15.4	6:35.52	13:35.54
82 Brielle Simula	SO	774	Carlton-Wrenshall (	47	21:17.96	6:50.9	4:15.6	6:28.44	13:38.40
83 Erin Borash	SR	637	Royalton	-	21:18.12	6:51.0	4:15.6	6:24.15	13:30.97
84 Morgan Koppelman	JR	654	Park Rapids Area	-	21:21.04	6:51.9	4:16.2	6:30.41	13:38.33
85 Leni Kuhn	8	730	Providence Academ	48	21:23.67	6:52.8	4:16.7	6:29.68	13:32.69
86 Terina Blascyk	SO	644	West Central Area	-	21:24.50	6:53.0	4:16.9	6:21.90	13:25.72
87 Emaleigh Olesiak	SO	646	Cromwell-Wright/FI	-	21:27.45	6:54.0	4:17.5	6:28.58	13:36.18
88 Olivia Anderson	SR	625	Jackson County Ce	-	21:28.65	6:54.4	4:17.7	6:21.37	13:31.77
89 Julia Anderson	FR	741	Howard Lake-Wave	49	21:31.05	6:55.1	4:18.2	6:28.98	13:42.20
90 Sara Cid	FR	770	Carlton-Wrenshall (	50	21:33.70	6:56.0	4:18.7	6:38.71	13:45.90
91 Molly Brophy	7	647	Ely	-	21:39.14	6:57.7	4:19.8	6:43.14	13:49.72
92 Khloe Visker	7	702	Luverne (6)	(51)	21:45.94	6:59.9	4:21.2	6:29.78	13:36.60
93 America Trejo Esqueda	SO	692	St James Area (1)	52	21:51.04	7:01.6	4:22.2	6:39.67	13:49.33
94 Brooke Baumann	SR	742	Howard Lake-Wave	53	21:53.66	7:02.4	4:22.7	6:23.85	13:38.22
95 Emma Jamison	FR	734	St Cloud Cathedral	54	21:53.90	7:02.5	4:22.8	6:17.19	13:30.08
96 Lelia Johnson	SO	655	Roseau/Badger	-	21:54.87	7:02.8	4:23.0	6:30.23	13:46.79
97 Kira Thompson	SR	802	Hawley (6)	(55)	21:56.90	7:03.4	4:23.4	6:31.37	13:36.57
98 Victoria Thorson	8	747	Howard Lake-Wave	56	21:56.96	7:03.5	4:23.4	6:41.05	14:03.55
99 Ella Stapek	SR	711	Murray County Cent	57	21:57.74	7:03.7	4:23.5	6:43.80	14:00.83
100 Jackie Tepley	SO	746	Howard Lake-Wave	58	21:57.79	7:03.7	4:23.6	6:29.78	13:46.07
101 Kendra Miller	7	640	Bertha-Hewitt	-	21:59.22	7:04.2	4:23.8	6:36.55	13:55.77
102 Ava Chevalier	SR	761	Minnewaska Area (	59	22:01.15	7:04.8	4:24.2	6:48.06	14:04.40
103 Abby Cid	JR	768	Carlton-Wrenshall (	60	22:03.04	7:05.4	4:24.6	6:37.12	13:55.42
104 Hailey Juarez	SR	618	LeSueur-Henderso	-	22:04.23	7:05.8	4:24.8	6:35.52	14:19.26
105 Tiana Lais	JR	699	Luverne (7)	(61)	22:07.90	7:07.0	4:25.6	6:40.16	14:03.01
106 Sophie Schlosser	7	758	Staples-Motley (6)	(62)	22:07.96	7:07.0	4:25.6	6:35.15	13:59.26
107 Jada Schultz	SO	720	Math & Science Ac	63	22:10.87	7:07.9	4:26.2	6:46.47	14:06.67
108 Lydia Rosendahl	SR	611	La Crescent-Hokah	-	22:14.13	7:09.0	4:26.8	6:36.13	14:00.32

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109 Ruth Sandstrom	SO	773	Carlton-Wrenshall (	64	22:16.57	7:09.8	4:27.3	6:59.03	14:21.32
110 Tatum Barto	8	777	South Ridge (3)	65	22:17.68	7:10.1	4:27.5	6:40.21	14:03.98
111 Kyra Kotsmith	FR	673	Cotter (3)	66	22:18.59	7:10.4	4:27.7	6:43.30	14:05.45
112 Megan Bakke	JR	705	Murray County Cent	67	22:23.18	7:11.9	4:28.6	6:40.47	14:04.00
113 Melanie Jetson	SR	743	Howard Lake-Wave	(68)	22:25.52	7:12.6	4:29.1	6:33.37	13:56.38
114 Macy Piechowski	FR	676	Cotter (4)	69	22:25.79	7:12.7	4:29.2	6:43.02	14:05.69
115 Hope Parnow	7	675	Cotter (5)	70	22:26.62	7:13.0	4:29.3	6:43.05	14:05.66
116 Jessa Heimerl	SO	680	Lester Prairie (3)	71	22:29.52	7:13.9	4:29.9	6:38.34	14:06.23
117 Quinti Parra-Mendez	SR	708	Murray County Cent	(72)	22:35.98	7:16.0	4:31.2	6:40.77	14:20.10
118 Amelia Applebee	FR	714	Math & Science Ac	73	22:36.73	7:16.2	4:31.3	6:46.40	14:08.99
119 Diana Rodriguez	JR	690	St James Area (2)	74	22:44.04	7:18.6	4:32.8	6:39.06	14:12.69
120 Karen Nakamura	JR	716	Math & Science Ac	75	22:44.43	7:18.7	4:32.9	7:01.23	14:21.67
121 Emma Kovarik	SR	765	Minnewaska Area (	(76)	22:52.18	7:21.2	4:34.4	6:49.23	14:26.41
122 Mia Lung	SO	790	Perham (7)	(77)	22:52.87	7:21.4	4:34.6	6:48.55	14:21.18
123 Liz Felix	JR	732	St Cloud Cathedral	(78)	22:52.89	7:21.4	4:34.6	6:46.07	14:34.80
124 Ailyn Balbuena Perez	FR	687	St James Area (3)	79	22:59.12	7:23.4	4:35.8	6:55.45	14:37.02
125 Willa Field	FR	661	Lake City (4)	80	22:59.96	7:23.7	4:36.0	6:43.38	14:28.09
126 Faith Lilly	SO	657	Warroad	-	23:00.33	7:23.8	4:36.1	6:36.60	14:18.04
127 Isabel Riley	SO	772	Carlton-Wrenshall (	81	23:04.25	7:25.1	4:36.9	6:57.74	14:28.73
128 Natalie Gates	SO	662	Lake City (5)	82	23:07.82	7:26.2	4:37.6	6:44.69	14:35.36
129 Audrey England	SO	670	Cotter (6)	(83)	23:10.05	7:27.0	4:38.0	6:52.02	14:25.91
130 Emma Cid	SR	769	Carlton-Wrenshall (	(84)	23:13.05	7:27.9	4:38.6	6:55.86	14:35.55
131 Arriana Ridge	SR	783	South Ridge (4)	85	23:22.47	7:31.0	4:40.5	7:07.66	14:56.69
132 Katelyn Ojeda-Callejas	SO	689	St James Area (4)	86	23:24.97	7:31.8	4:41.0	6:39.74	14:23.59
133 Brooke Schultz	SR	719	Math & Science Ac	(87)	23:27.33	7:32.5	4:41.5	7:01.38	14:41.36
134 Natalie Anderson	SO	660	Lake City (6)	(88)	23:30.29	7:33.5	4:42.1	6:39.86	14:35.73
135 Brook Smith	7	785	South Ridge (5)	89	23:36.38	7:35.4	4:43.3	6:47.31	14:46.12
136 Teagan O'Keefe	8	633	Mounds Park Acad	-	23:38.41	7:36.1	4:43.7	6:25.66	14:07.33
137 Ella Heen	FR	733	St Cloud Cathedral	(90)	23:41.20	7:37.0	4:44.2	6:45.83	14:34.56
138 Rylee Stoltz	FR	667	Lake City (7)	(91)	23:44.13	7:37.9	4:44.8	6:52.33	14:57.09
139 Elsey Hagen	JR	764	Minnewaska Area (	(92)	23:46.10	7:38.6	4:45.2	6:55.56	14:47.24
140 Sophia Koch	SR	729	Providence Academ	93	23:46.32	7:38.6	4:45.3	7:00.37	14:50.99
141 Melia Cmiel	FR	725	Providence Academ	94	23:48.88	7:39.4	4:45.8	7:01.19	14:52.05
142 Addisyn Cichos	SO	752	Staples-Motley (7)	(95)	23:51.02	7:40.1	4:46.2	6:47.80	14:40.19
143 Kira Cmiel	JR	724	Providence Academ	(96)	23:57.63	7:42.3	4:47.5	7:00.25	14:59.13
144 Ruby Zamora	FR	693	St James Area (5)	97	24:04.74	7:44.5	4:48.9	7:04.96	15:18.79
145 Sophie Cook	FR	796	Hawley (7)	(98)	24:12.97	7:47.2	4:50.6	7:02.60	14:59.90
146 Morgan Laveau	SR	771	Carlton-Wrenshall (	(99)	24:22.62	7:50.3	4:52.5	7:13.54	15:32.83
147 Ryanna Schreier	SR	710	Murray County Cent	(100)	24:28.63	7:52.2	4:53.7	7:05.76	15:25.45
148 Jillian Sajdak	JR	784	South Ridge (6)	(101)	24:35.01	7:54.3	4:55.0	7:16.10	15:42.93
149 Maritza Rodriguez	SR	691	St James Area (6)	(102)	24:40.07	7:55.9	4:56.0	7:19.78	15:25.68
150 Brooke Heimerl	JR	679	Lester Prairie (4)	103	24:43.88	7:57.1	4:56.8	7:15.83	15:32.20
151 Anah Lee	8	682	Lester Prairie (5)	104	25:20.39	8:08.9	5:04.1	7:15.77	15:43.10
152 Grace Finnerty	SR	671	Cotter (7)	(105)	26:26.20	8:30.0	5:17.2	7:45.16	16:36.70
153 Paris FierkeLepp	SR	782	South Ridge (7)	(106)	26:43.27	8:35.5	5:20.7	7:42.25	16:43.31
154 Arlene Melendez	FR	688	St James Area (7)	(107)	28:00.52	9:00.4	5:36.1	7:51.58	17:21.72

**MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS**

Northfield, MN

St. Olaf College

Saturday, November 6, 2021

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**Race #4**  
**Girls Class A 5000M****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team (Team Place)</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>	<b>1 Mile</b>	<b>2 Mile</b>
155 Savanah Dammann	7	678	Lester Prairie (6)	(108)	28:12.33	9:04.2	5:38.5	7:53.18	17:28.80
156 Kara Lee	SR	683	Lester Prairie (7)	(109)	28:24.36	9:08.0	5:40.9	7:44.88	17:37.43
-- Margo Nightingale	JR	632	Mounds Park Acad	-	DNF	---	---	6:25.00	13:48.06
-- Helena Yiangou	JR	722	Math & Science Ac	-	DNF	---	---	7:01.45	14:30.32
-- Annie Hamilton	FR	726	Providence Academ	-	DNF	---	---	7:09.23	15:31.10

# MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS

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**Race #4**  
**Girls Class A 5000M**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Avg.	Spread
1 Staples-Motley	103	4-8-9-37-45(62)(95)	20:05	2:08.4
2 Perham	109	6-16-21-28-38(43)(77)	20:17	1:38.9
3 Luverne	117	2-3-34-36-42(51)(61)	20:08	2:19.0
4 Hawley	161*	12-31-33-39-46(55)(98)	20:41	1:21.1
5 St Cloud Cathedral	161*	19-26-30-32-54(78)(90)	20:48	1:31.2
6 Murray County Central	165*	1-5-35-57-67(72)(100)	20:32	4:14.1
7 Minnewaska Area	165*	7-14-41-44-59(76)(92)	20:45	2:38.2
8 Lake City	226	18-22-24-80-82(88)(91)	21:28	2:56.3
9 Howard Lake-Waverly-Win	229	13-49-53-56-58(68)	21:28	2:01.4
10 Math & Science Academy	241	10-20-63-73-75(87)	21:33	2:57.3
11 Cotter	245	11-29-66-69-70(83)(105)	21:32	2:31.6
12 South Ridge	287	23-25-65-85-89(101)(106)	22:03	3:07.7
13 Providence Academy	290	15-40-48-93-94(96)	22:01	3:47.7
14 Carlton-Wrenshall	302	47-50-60-64-81(84)(99)	22:04	1:46.3
15 Lester Prairie	322	17-27-71-103-104(108)(109)	22:39	5:09.0
16 St James Area	388	52-74-79-86-97(102)(107)	23:01	2:13.7

### \*Tiebreakers

Hawley	12	31	33	39	46	55
St Cloud Cathedral	19	26	30	32	54	78
Murray County Central	1	5	35	57	67	72
Minnewaska Area	7	14	41	44	59	76

### INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM	1 Mile	2 Mile
1 Amanda Overgaauw	JR	706	Murray County Cent	1	18:09.13	5:50.2	3:37.8	5:50.10	11:47.33
2 Tenley Nelson	SR	700	Luverne (1)	2	18:47.00	6:02.4	3:45.4	5:51.18	11:54.57
3 Jenna DeBates	SO	697	Luverne (2)	3	19:06.82	6:08.8	3:49.4	5:56.57	12:07.39
4 Kyanna Burton	SO	751	Staples-Motley (1)	4	19:08.10	6:09.2	3:49.6	5:52.09	12:07.44
5 Jade Rypkema	JR	653	Nevis	-	19:16.04	6:11.7	3:51.2	5:50.36	11:47.84
6 Ashley Overgaauw	JR	707	Murray County Cent	5	19:16.22	6:11.8	3:51.2	5:59.22	12:22.95
7 Caroline Kuehne	SO	641	Long Prairie-Grey E	-	19:16.35	6:11.8	3:51.3	5:51.04	12:07.23
8 Gracie Morris	8	791	Perham (1)	6	19:17.65	6:12.2	3:51.5	5:52.21	12:17.45
9 Olivia Danielson	8	763	Minnewaska Area (	7	19:23.04	6:14.0	3:52.6	5:54.06	12:20.35
10 Aften Robinson	JR	757	Staples-Motley (2)	8	19:26.67	6:15.1	3:53.3	6:00.41	12:29.45
11 Grace Drietz	SR	622	Canby/Minneota	-	19:30.15	6:16.3	3:54.0	6:05.08	12:35.05
12 Kaylee Walklin	FR	627	Windom Area	-	19:37.44	6:18.6	3:55.5	6:00.39	12:28.09
13 Audrey Brownell	8	750	Staples-Motley (3)	9	19:39.36	6:19.2	3:55.9	5:56.31	12:25.39
14 Greta Hansen	JR	715	Math & Science Ac	10	19:47.15	6:21.7	3:57.4	6:03.39	12:26.05
15 Emily Gustafson	SO	638	St. Cloud Christian	-	19:50.08	6:22.7	3:58.0	6:09.11	12:37.00
16 Sonja Semling	FR	677	Cotter (1)	11	19:55.08	6:24.3	3:59.0	5:58.96	12:22.84

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## Race #4 Girls Class A 5000M

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM	1 Mile	2 Mile
17 Aubree Skelton	FR	650	Mesabi East	-	19:55.69	6:24.5	3:59.1	6:04.14	12:39.08
18 Paula Heide	SR	798	Hawley (1)	12	19:55.79	6:24.5	3:59.2	5:56.92	12:35.92
19 Madison LeSage	SO	744	Howard Lake-Wave	13	19:56.44	6:24.7	3:59.3	5:59.29	12:26.24
20 Claire Stoks	FR	624	Canby/Minneota	-	19:58.65	6:25.4	3:59.7	6:04.96	12:39.08
21 Liz Nelson	SO	651	Mountain Iron-Buhl	-	19:58.89	6:25.5	3:59.8	6:10.66	12:44.03
22 Lauryn Ankeny	8	759	Minnewaska Area (	14	19:59.96	6:25.8	4:00.0	5:55.25	12:29.19
23 Emma Kelly	SR	728	Providence Academ	15	20:01.24	6:26.3	4:00.2	6:09.83	12:39.57
24 Katie Hartke	SO	619	Martin County West	-	20:02.21	6:26.6	4:00.4	6:04.23	12:38.78
25 Clare Fischer	SR	621	Sleepy Eye St.Mary	-	20:03.48	6:27.0	4:00.7	5:56.97	12:35.10
26 Quincy Anderson	JR	786	Perham (2)	16	20:10.82	6:29.3	4:02.2	6:05.54	12:43.51
27 Grace Moeller	SR	617	LCWM-Nicollet	-	20:11.22	6:29.5	4:02.2	6:00.18	12:43.51
28 Addison Hoof	FR	681	Lester Prairie (1)	17	20:11.44	6:29.5	4:02.3	5:57.04	12:38.45
29 Olivia Yotter	7	668	Lake City (1)	18	20:11.60	6:29.6	4:02.3	6:03.51	12:47.85
30 Braelyn Merritt	SO	623	Canby/Minneota	-	20:12.52	6:29.9	4:02.5	6:05.36	12:40.89
31 Lydia Myskowski	SO	636	Northwest Nighthaw	-	20:12.63	6:29.9	4:02.5	6:13.72	12:50.17
32 Madyson Steele	8	616	G-F-W	-	20:16.37	6:31.1	4:03.3	6:07.44	12:50.12
33 Greta Gesick	FR	631	Minnehaha Academ	-	20:19.06	6:32.0	4:03.8	6:06.01	12:42.88
34 Ellen Schauer	8	652	Lake Park-Audubon	-	20:19.42	6:32.1	4:03.9	6:03.58	12:45.36
35 Olivia Pauly	SO	639	St. John's Prep	-	20:20.34	6:32.4	4:04.1	6:16.66	12:53.52
36 Clara Schad	SO	737	St Cloud Cathedral	19	20:22.71	6:33.2	4:04.5	6:13.23	12:57.13
37 Abigail Oxentenko	SO	614	Rochester Lourdes	-	20:22.76	6:33.2	4:04.6	6:10.09	12:50.68
38 Grace Nhan	SR	717	Math & Science Ac	20	20:24.91	6:33.9	4:05.0	6:20.45	13:12.04
39 Leelou Novotny	8	792	Perham (3)	21	20:25.97	6:34.2	4:05.2	6:08.87	12:57.41
40 Peyton Meincke	FR	665	Lake City (2)	22	20:26.95	6:34.5	4:05.4	6:06.90	12:56.47
41 Greta Long	SO	628	Eagle Ridge Acade	-	20:27.92	6:34.8	4:05.6	6:09.18	12:55.42
42 Addison Burckhardt	FR	780	South Ridge (1)	23	20:28.73	6:35.1	4:05.7	5:59.47	12:39.20
43 Jacey Majerus	JR	664	Lake City (3)	24	20:28.96	6:35.2	4:05.8	6:07.75	12:56.31
44 Evelyn Brodeen	SO	778	South Ridge (2)	25	20:29.05	6:35.2	4:05.8	6:27.67	13:07.82
45 Anjalie Aho	FR	656	United North Centra	-	20:29.64	6:35.4	4:05.9	6:04.96	12:54.32
46 Ella Voit	SO	740	St Cloud Cathedral	26	20:29.67	6:35.4	4:05.9	6:13.47	13:01.04
47 Miranda Mallak	FR	684	Lester Prairie (2)	27	20:29.70	6:35.4	4:05.9	6:10.61	12:57.78
48 Liz Birkeland	JR	787	Perham (4)	28	20:30.02	6:35.5	4:06.0	6:08.29	12:59.33
49 Hazel Freyre	FR	672	Cotter (2)	29	20:30.96	6:35.8	4:06.2	6:20.61	13:02.36
50 Anna Peikert	FR	615	Rochester Lourdes	-	20:32.40	6:36.3	4:06.5	6:09.72	12:55.39
51 Addie Mondloch	8	736	St Cloud Cathedral	30	20:33.73	6:36.7	4:06.7	6:13.35	13:01.56
52 Ivy Tickel	SO	803	Hawley (2)	31	20:34.79	6:37.0	4:07.0	6:12.51	12:55.37
53 Lilly Jamison	8	735	St Cloud Cathedral	32	20:37.59	6:37.9	4:07.5	6:10.83	13:01.91
54 Lily Olson	FR	800	Hawley (3)	33	20:38.57	6:38.3	4:07.7	6:07.72	12:55.70
55 Amber Collins	FR	643	Wadena-Deer Cree	-	20:42.31	6:39.5	4:08.5	6:06.60	13:04.87
56 Lillyan Kiehne	8	612	Lanesboro/Fillmore	-	20:42.59	6:39.5	4:08.5	6:08.73	13:00.90
57 Kirsten Koopal	FR	613	Pacelli	-	20:43.04	6:39.7	4:08.6	6:09.55	13:05.10
58 Gina Solberg	SR	629	Heritage Christian	-	20:46.59	6:40.8	4:09.3	6:25.47	13:13.12
59 Lexi Bright	SR	645	West Central Area	-	20:47.14	6:41.0	4:09.4	5:59.05	12:51.83
60 Ella Schmuck	8	701	Luverne (3)	34	20:47.18	6:41.0	4:09.4	6:14.80	13:07.84
61 Brylei Schreier	SO	709	Murray County Cent	35	20:49.25	6:41.7	4:09.9	6:20.17	13:16.51
62 Molly DiNardo	JR	630	Minnehaha Academ	-	20:52.01	6:42.6	4:10.4	6:10.96	13:02.98

# MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS

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## Race #4 Girls Class A 5000M

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM	1 Mile	2 Mile
63 Kayla Bloemendaal	SO	696	Luverne (4)	36	20:52.12	6:42.6	4:10.4	6:14.80	13:07.68
64 Ashley Robben	JR	756	Staples-Motley (4)	37	20:52.23	6:42.6	4:10.4	6:12.18	13:09.74
65 Lexi Kivimagi	7	610	Chatfield	-	20:53.45	6:43.0	4:10.7	6:12.34	13:07.44
66 Grace Hrabik	SR	649	Esko	-	20:56.28	6:43.9	4:11.3	6:24.44	13:16.98
67 Kaia Starlz	SO	794	Perham (5)	38	20:56.53	6:44.0	4:11.3	6:30.86	13:32.22
68 Lily Peterson	SR	801	Hawley (4)	39	20:57.36	6:44.3	4:11.5	6:16.21	13:13.49
69 Molly Saboo	SR	634	Mille Lacs Raiders	-	21:01.63	6:45.7	4:12.3	6:22.14	13:12.83
70 Aly Marshall	JR	731	Providence Academ	40	21:02.49	6:45.9	4:12.5	6:24.83	13:24.97
71 Kiearra Wilmes	JR	767	Minnewaska Area (	41	21:05.49	6:46.9	4:13.1	6:20.38	13:21.62
72 Grace Ingebretson	JR	698	Luverne (5)	42	21:05.95	6:47.1	4:13.2	6:21.34	13:21.01
73 Avalee Brown	8	788	Perham (6)	(43)	21:07.76	6:47.6	4:13.6	6:15.32	13:09.64
74 Amanda Brinkman	JR	620	Norwood-Young A	-	21:08.25	6:47.8	4:13.7	6:12.18	13:14.57
75 Zoe Devine	JR	648	Ely	-	21:09.44	6:48.2	4:13.9	6:41.24	13:35.05
76 Brooklyn Conrad	SR	642	Ortonville	-	21:09.98	6:48.4	4:14.0	6:14.43	13:20.97
77 Naomi Chernyavsky	SO	635	Northwest Nighthaw	-	21:10.59	6:48.5	4:14.1	6:24.69	13:22.70
78 Sydnie Chevalier	SR	762	Minnewaska Area (	44	21:12.28	6:49.1	4:14.5	6:20.03	13:17.96
79 Taylor Post	SO	626	Pipestone Area	-	21:14.39	6:49.8	4:14.9	6:23.71	13:25.00
80 Naila Mikhaeil	FR	754	Staples-Motley (5)	45	21:16.48	6:50.4	4:15.3	6:12.11	13:11.10
81 Trista Baer	SO	795	Hawley (5)	46	21:16.88	6:50.6	4:15.4	6:35.52	13:35.54
82 Brielle Simula	SO	774	Carlton-Wrenshall (	47	21:17.96	6:50.9	4:15.6	6:28.44	13:38.40
83 Erin Borash	SR	637	Royalton	-	21:18.12	6:51.0	4:15.6	6:24.15	13:30.97
84 Morgan Koppelman	JR	654	Park Rapids Area	-	21:21.04	6:51.9	4:16.2	6:30.41	13:38.33
85 Leni Kuhn	8	730	Providence Academ	48	21:23.67	6:52.8	4:16.7	6:29.68	13:32.69
86 Terina Blascyk	SO	644	West Central Area	-	21:24.50	6:53.0	4:16.9	6:21.90	13:25.72
87 Emaleigh Olesiak	SO	646	Cromwell-Wright/FI	-	21:27.45	6:54.0	4:17.5	6:28.58	13:36.18
88 Olivia Anderson	SR	625	Jackson County Ce	-	21:28.65	6:54.4	4:17.7	6:21.37	13:31.77
89 Julia Anderson	FR	741	Howard Lake-Wave	49	21:31.05	6:55.1	4:18.2	6:28.98	13:42.20
90 Sara Cid	FR	770	Carlton-Wrenshall (	50	21:33.70	6:56.0	4:18.7	6:38.71	13:45.90
91 Molly Brophy	7	647	Ely	-	21:39.14	6:57.7	4:19.8	6:43.14	13:49.72
92 Khloe Visker	7	702	Luverne (6)	(51)	21:45.94	6:59.9	4:21.2	6:29.78	13:36.60
93 America Trejo Esqueda	SO	692	St James Area (1)	52	21:51.04	7:01.6	4:22.2	6:39.67	13:49.33
94 Brooke Baumann	SR	742	Howard Lake-Wave	53	21:53.66	7:02.4	4:22.7	6:23.85	13:38.22
95 Emma Jamison	FR	734	St Cloud Cathedral	54	21:53.90	7:02.5	4:22.8	6:17.19	13:30.08
96 Lelia Johnson	SO	655	Roseau/Badger	-	21:54.87	7:02.8	4:23.0	6:30.23	13:46.79
97 Kira Thompson	SR	802	Hawley (6)	(55)	21:56.90	7:03.4	4:23.4	6:31.37	13:36.57
98 Victoria Thorson	8	747	Howard Lake-Wave	56	21:56.96	7:03.5	4:23.4	6:41.05	14:03.55
99 Ella Stapek	SR	711	Murray County Cent	57	21:57.74	7:03.7	4:23.5	6:43.80	14:00.83
100 Jackie Tepley	SO	746	Howard Lake-Wave	58	21:57.79	7:03.7	4:23.6	6:29.78	13:46.07
101 Kendra Miller	7	640	Bertha-Hewitt	-	21:59.22	7:04.2	4:23.8	6:36.55	13:55.77
102 Ava Chevalier	SR	761	Minnewaska Area (	59	22:01.15	7:04.8	4:24.2	6:48.06	14:04.40
103 Abby Cid	JR	768	Carlton-Wrenshall (	60	22:03.04	7:05.4	4:24.6	6:37.12	13:55.42
104 Hailey Juarez	SR	618	LeSueur-Henderso	-	22:04.23	7:05.8	4:24.8	6:35.52	14:19.26
105 Tiana Lais	JR	699	Luverne (7)	(61)	22:07.90	7:07.0	4:25.6	6:40.16	14:03.01
106 Sophie Schlosser	7	758	Staples-Motley (6)	(62)	22:07.96	7:07.0	4:25.6	6:35.15	13:59.26
107 Jada Schultz	SO	720	Math & Science Ac	63	22:10.87	7:07.9	4:26.2	6:46.47	14:06.67
108 Lydia Rosendahl	SR	611	La Crescent-Hokah	-	22:14.13	7:09.0	4:26.8	6:36.13	14:00.32



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Girls Class A 5000M****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM	1 Mile	2 Mile
109 Ruth Sandstrom	SO	773	Carlton-Wrenshall (	64	22:16.57	7:09.8	4:27.3	6:59.03	14:21.32
110 Tatum Barto	8	777	South Ridge (3)	65	22:17.68	7:10.1	4:27.5	6:40.21	14:03.98
111 Kyra Kotsmith	FR	673	Cotter (3)	66	22:18.59	7:10.4	4:27.7	6:43.30	14:05.45
112 Megan Bakke	JR	705	Murray County Cent	67	22:23.18	7:11.9	4:28.6	6:40.47	14:04.00
113 Melanie Jetson	SR	743	Howard Lake-Wave	(68)	22:25.52	7:12.6	4:29.1	6:33.37	13:56.38
114 Macy Piechowski	FR	676	Cotter (4)	69	22:25.79	7:12.7	4:29.2	6:43.02	14:05.69
115 Hope Parnow	7	675	Cotter (5)	70	22:26.62	7:13.0	4:29.3	6:43.05	14:05.66
116 Jessa Heimerl	SO	680	Lester Prairie (3)	71	22:29.52	7:13.9	4:29.9	6:38.34	14:06.23
117 Quinti Parra-Mendez	SR	708	Murray County Cent	(72)	22:35.98	7:16.0	4:31.2	6:40.77	14:20.10
118 Amelia Applebee	FR	714	Math & Science Ac	73	22:36.73	7:16.2	4:31.3	6:46.40	14:08.99
119 Diana Rodriguez	JR	690	St James Area (2)	74	22:44.04	7:18.6	4:32.8	6:39.06	14:12.69
120 Karen Nakamura	JR	716	Math & Science Ac	75	22:44.43	7:18.7	4:32.9	7:01.23	14:21.67
121 Emma Kovarik	SR	765	Minnewaska Area (	(76)	22:52.18	7:21.2	4:34.4	6:49.23	14:26.41
122 Mia Lung	SO	790	Perham (7)	(77)	22:52.87	7:21.4	4:34.6	6:48.55	14:21.18
123 Liz Felix	JR	732	St Cloud Cathedral	(78)	22:52.89	7:21.4	4:34.6	6:46.07	14:34.80
124 Ailyn Balbuena Perez	FR	687	St James Area (3)	79	22:59.12	7:23.4	4:35.8	6:55.45	14:37.02
125 Willa Field	FR	661	Lake City (4)	80	22:59.96	7:23.7	4:36.0	6:43.38	14:28.09
126 Faith Lilly	SO	657	Warroad	-	23:00.33	7:23.8	4:36.1	6:36.60	14:18.04
127 Isabel Riley	SO	772	Carlton-Wrenshall (	81	23:04.25	7:25.1	4:36.9	6:57.74	14:28.73
128 Natalie Gates	SO	662	Lake City (5)	82	23:07.82	7:26.2	4:37.6	6:44.69	14:35.36
129 Audrey England	SO	670	Cotter (6)	(83)	23:10.05	7:27.0	4:38.0	6:52.02	14:25.91
130 Emma Cid	SR	769	Carlton-Wrenshall (	(84)	23:13.05	7:27.9	4:38.6	6:55.86	14:35.55
131 Arriana Ridge	SR	783	South Ridge (4)	85	23:22.47	7:31.0	4:40.5	7:07.66	14:56.69
132 Katelyn Ojeda-Callejas	SO	689	St James Area (4)	86	23:24.97	7:31.8	4:41.0	6:39.74	14:23.59
133 Brooke Schultz	SR	719	Math & Science Ac	(87)	23:27.33	7:32.5	4:41.5	7:01.38	14:41.36
134 Natalie Anderson	SO	660	Lake City (6)	(88)	23:30.29	7:33.5	4:42.1	6:39.86	14:35.73
135 Brook Smith	7	785	South Ridge (5)	89	23:36.38	7:35.4	4:43.3	6:47.31	14:46.12
136 Teagan O'Keefe	8	633	Mounds Park Acad	-	23:38.41	7:36.1	4:43.7	6:25.66	14:07.33
137 Ella Heen	FR	733	St Cloud Cathedral	(90)	23:41.20	7:37.0	4:44.2	6:45.83	14:34.56
138 Rylee Stoltz	FR	667	Lake City (7)	(91)	23:44.13	7:37.9	4:44.8	6:52.33	14:57.09
139 Elsey Hagen	JR	764	Minnewaska Area (	(92)	23:46.10	7:38.6	4:45.2	6:55.56	14:47.24
140 Sophia Koch	SR	729	Providence Academ	93	23:46.32	7:38.6	4:45.3	7:00.37	14:50.99
141 Melia Cmiel	FR	725	Providence Academ	94	23:48.88	7:39.4	4:45.8	7:01.19	14:52.05
142 Addisyn Cichos	SO	752	Staples-Motley (7)	(95)	23:51.02	7:40.1	4:46.2	6:47.80	14:40.19
143 Kira Cmiel	JR	724	Providence Academ	(96)	23:57.63	7:42.3	4:47.5	7:00.25	14:59.13
144 Ruby Zamora	FR	693	St James Area (5)	97	24:04.74	7:44.5	4:48.9	7:04.96	15:18.79
145 Sophie Cook	FR	796	Hawley (7)	(98)	24:12.97	7:47.2	4:50.6	7:02.60	14:59.90
146 Morgan Laveau	SR	771	Carlton-Wrenshall (	(99)	24:22.62	7:50.3	4:52.5	7:13.54	15:32.83
147 Ryanna Schreier	SR	710	Murray County Cent	(100)	24:28.63	7:52.2	4:53.7	7:05.76	15:25.45
148 Jillian Sajdak	JR	784	South Ridge (6)	(101)	24:35.01	7:54.3	4:55.0	7:16.10	15:42.93
149 Maritza Rodriguez	SR	691	St James Area (6)	(102)	24:40.07	7:55.9	4:56.0	7:19.78	15:25.68
150 Brooke Heimerl	JR	679	Lester Prairie (4)	103	24:43.88	7:57.1	4:56.8	7:15.83	15:32.20
151 Anah Lee	8	682	Lester Prairie (5)	104	25:20.39	8:08.9	5:04.1	7:15.77	15:43.10
152 Grace Finnerty	SR	671	Cotter (7)	(105)	26:26.20	8:30.0	5:17.2	7:45.16	16:36.70
153 Paris FierkeLepp	SR	782	South Ridge (7)	(106)	26:43.27	8:35.5	5:20.7	7:42.25	16:43.31
154 Arlene Melendez	FR	688	St James Area (7)	(107)	28:00.52	9:00.4	5:36.1	7:51.58	17:21.72

**MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS**

Northfield, MN

St. Olaf College

Saturday, November 6, 2021

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**Race #4**  
**Girls Class A 5000M****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team (Team Place)</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>	<b>1 Mile</b>	<b>2 Mile</b>
155 Savanah Dammann	7	678	Lester Prairie (6)	(108)	28:12.33	9:04.2	5:38.5	7:53.18	17:28.80
156 Kara Lee	SR	683	Lester Prairie (7)	(109)	28:24.36	9:08.0	5:40.9	7:44.88	17:37.43
-- Margo Nightingale	JR	632	Mounds Park Acad	-	DNF	---	---	6:25.00	13:48.06
-- Helena Yiangou	JR	722	Math & Science Ac	-	DNF	---	---	7:01.45	14:30.32
-- Annie Hamilton	FR	726	Providence Academ	-	DNF	---	---	7:09.23	15:31.10

# MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS

Northfield, MN  
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**Race #4**  
**Girls Class A 5000M**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Avg.	Spread
1 Staples-Motley	103	4-8-9-37-45(62)(95)	20:05	2:08.4
2 Perham	109	6-16-21-28-38(43)(77)	20:17	1:38.9
3 Luverne	117	2-3-34-36-42(51)(61)	20:08	2:19.0
4 Hawley	161*	12-31-33-39-46(55)(98)	20:41	1:21.1
5 St Cloud Cathedral	161*	19-26-30-32-54(78)(90)	20:48	1:31.2
6 Murray County Central	165*	1-5-35-57-67(72)(100)	20:32	4:14.1
7 Minnewaska Area	165*	7-14-41-44-59(76)(92)	20:45	2:38.2
8 Lake City	226	18-22-24-80-82(88)(91)	21:28	2:56.3
9 Howard Lake-Waverly-Win	229	13-49-53-56-58(68)	21:28	2:01.4
10 Math & Science Academy	241	10-20-63-73-75(87)	21:33	2:57.3
11 Cotter	245	11-29-66-69-70(83)(105)	21:32	2:31.6
12 South Ridge	287	23-25-65-85-89(101)(106)	22:03	3:07.7
13 Providence Academy	290	15-40-48-93-94(96)	22:01	3:47.7
14 Carlton-Wrenshall	302	47-50-60-64-81(84)(99)	22:04	1:46.3
15 Lester Prairie	322	17-27-71-103-104(108)(109)	22:39	5:09.0
16 St James Area	388	52-74-79-86-97(102)(107)	23:01	2:13.7

### \*Tiebreakers

Hawley	12	31	33	39	46	55
St Cloud Cathedral	19	26	30	32	54	78
Murray County Central	1	5	35	57	67	72
Minnewaska Area	7	14	41	44	59	76

### INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM	1 Mile	2 Mile
1 Amanda Overgaauw	JR	706	Murray County Cent	1	18:09.13	5:50.2	3:37.8	5:50.10	11:47.33
2 Tenley Nelson	SR	700	Luverne (1)	2	18:47.00	6:02.4	3:45.4	5:51.18	11:54.57
3 Jenna DeBates	SO	697	Luverne (2)	3	19:06.82	6:08.8	3:49.4	5:56.57	12:07.39
4 Kyanna Burton	SO	751	Staples-Motley (1)	4	19:08.10	6:09.2	3:49.6	5:52.09	12:07.44
5 Jade Rypkema	JR	653	Nevis	-	19:16.04	6:11.7	3:51.2	5:50.36	11:47.84
6 Ashley Overgaauw	JR	707	Murray County Cent	5	19:16.22	6:11.8	3:51.2	5:59.22	12:22.95
7 Caroline Kuehne	SO	641	Long Prairie-Grey E	-	19:16.35	6:11.8	3:51.3	5:51.04	12:07.23
8 Gracie Morris	8	791	Perham (1)	6	19:17.65	6:12.2	3:51.5	5:52.21	12:17.45
9 Olivia Danielson	8	763	Minnewaska Area (	7	19:23.04	6:14.0	3:52.6	5:54.06	12:20.35
10 Aften Robinson	JR	757	Staples-Motley (2)	8	19:26.67	6:15.1	3:53.3	6:00.41	12:29.45
11 Grace Drietz	SR	622	Canby/Minneota	-	19:30.15	6:16.3	3:54.0	6:05.08	12:35.05
12 Kaylee Walklin	FR	627	Windom Area	-	19:37.44	6:18.6	3:55.5	6:00.39	12:28.09
13 Audrey Brownell	8	750	Staples-Motley (3)	9	19:39.36	6:19.2	3:55.9	5:56.31	12:25.39
14 Greta Hansen	JR	715	Math & Science Ac	10	19:47.15	6:21.7	3:57.4	6:03.39	12:26.05
15 Emily Gustafson	SO	638	St. Cloud Christian	-	19:50.08	6:22.7	3:58.0	6:09.11	12:37.00
16 Sonja Semling	FR	677	Cotter (1)	11	19:55.08	6:24.3	3:59.0	5:58.96	12:22.84

# MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS

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## Race #4 Girls Class A 5000M

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM	1 Mile	2 Mile
17 Aubree Skelton	FR	650	Mesabi East	-	19:55.69	6:24.5	3:59.1	6:04.14	12:39.08
18 Paula Heide	SR	798	Hawley (1)	12	19:55.79	6:24.5	3:59.2	5:56.92	12:35.92
19 Madison LeSage	SO	744	Howard Lake-Wave	13	19:56.44	6:24.7	3:59.3	5:59.29	12:26.24
20 Claire Stoks	FR	624	Canby/Minneota	-	19:58.65	6:25.4	3:59.7	6:04.96	12:39.08
21 Liz Nelson	SO	651	Mountain Iron-Buhl	-	19:58.89	6:25.5	3:59.8	6:10.66	12:44.03
22 Lauryn Ankeny	8	759	Minnewaska Area (	14	19:59.96	6:25.8	4:00.0	5:55.25	12:29.19
23 Emma Kelly	SR	728	Providence Academ	15	20:01.24	6:26.3	4:00.2	6:09.83	12:39.57
24 Katie Hartke	SO	619	Martin County West	-	20:02.21	6:26.6	4:00.4	6:04.23	12:38.78
25 Clare Fischer	SR	621	Sleepy Eye St.Mary	-	20:03.48	6:27.0	4:00.7	5:56.97	12:35.10
26 Quincy Anderson	JR	786	Perham (2)	16	20:10.82	6:29.3	4:02.2	6:05.54	12:43.51
27 Grace Moeller	SR	617	LCWM-Nicollet	-	20:11.22	6:29.5	4:02.2	6:00.18	12:43.51
28 Addison Hoof	FR	681	Lester Prairie (1)	17	20:11.44	6:29.5	4:02.3	5:57.04	12:38.45
29 Olivia Yotter	7	668	Lake City (1)	18	20:11.60	6:29.6	4:02.3	6:03.51	12:47.85
30 Braelyn Merritt	SO	623	Canby/Minneota	-	20:12.52	6:29.9	4:02.5	6:05.36	12:40.89
31 Lydia Myskowski	SO	636	Northwest Nighthaw	-	20:12.63	6:29.9	4:02.5	6:13.72	12:50.17
32 Madyson Steele	8	616	G-F-W	-	20:16.37	6:31.1	4:03.3	6:07.44	12:50.12
33 Greta Gesick	FR	631	Minnehaha Academ	-	20:19.06	6:32.0	4:03.8	6:06.01	12:42.88
34 Ellen Schauer	8	652	Lake Park-Audubon	-	20:19.42	6:32.1	4:03.9	6:03.58	12:45.36
35 Olivia Pauly	SO	639	St. John's Prep	-	20:20.34	6:32.4	4:04.1	6:16.66	12:53.52
36 Clara Schad	SO	737	St Cloud Cathedral	19	20:22.71	6:33.2	4:04.5	6:13.23	12:57.13
37 Abigail Oxentenko	SO	614	Rochester Lourdes	-	20:22.76	6:33.2	4:04.6	6:10.09	12:50.68
38 Grace Nhan	SR	717	Math & Science Ac	20	20:24.91	6:33.9	4:05.0	6:20.45	13:12.04
39 Leelou Novotny	8	792	Perham (3)	21	20:25.97	6:34.2	4:05.2	6:08.87	12:57.41
40 Peyton Meincke	FR	665	Lake City (2)	22	20:26.95	6:34.5	4:05.4	6:06.90	12:56.47
41 Greta Long	SO	628	Eagle Ridge Acade	-	20:27.92	6:34.8	4:05.6	6:09.18	12:55.42
42 Addison Burckhardt	FR	780	South Ridge (1)	23	20:28.73	6:35.1	4:05.7	5:59.47	12:39.20
43 Jacey Majerus	JR	664	Lake City (3)	24	20:28.96	6:35.2	4:05.8	6:07.75	12:56.31
44 Evelyn Brodeen	SO	778	South Ridge (2)	25	20:29.05	6:35.2	4:05.8	6:27.67	13:07.82
45 Anjalie Aho	FR	656	United North Centra	-	20:29.64	6:35.4	4:05.9	6:04.96	12:54.32
46 Ella Voit	SO	740	St Cloud Cathedral	26	20:29.67	6:35.4	4:05.9	6:13.47	13:01.04
47 Miranda Mallak	FR	684	Lester Prairie (2)	27	20:29.70	6:35.4	4:05.9	6:10.61	12:57.78
48 Liz Birkeland	JR	787	Perham (4)	28	20:30.02	6:35.5	4:06.0	6:08.29	12:59.33
49 Hazel Freyre	FR	672	Cotter (2)	29	20:30.96	6:35.8	4:06.2	6:20.61	13:02.36
50 Anna Peikert	FR	615	Rochester Lourdes	-	20:32.40	6:36.3	4:06.5	6:09.72	12:55.39
51 Addie Mondloch	8	736	St Cloud Cathedral	30	20:33.73	6:36.7	4:06.7	6:13.35	13:01.56
52 Ivy Tickel	SO	803	Hawley (2)	31	20:34.79	6:37.0	4:07.0	6:12.51	12:55.37
53 Lilly Jamison	8	735	St Cloud Cathedral	32	20:37.59	6:37.9	4:07.5	6:10.83	13:01.91
54 Lily Olson	FR	800	Hawley (3)	33	20:38.57	6:38.3	4:07.7	6:07.72	12:55.70
55 Amber Collins	FR	643	Wadena-Deer Cree	-	20:42.31	6:39.5	4:08.5	6:06.60	13:04.87
56 Lillyan Kiehne	8	612	Lanesboro/Fillmore	-	20:42.59	6:39.5	4:08.5	6:08.73	13:00.90
57 Kirsten Koopal	FR	613	Pacelli	-	20:43.04	6:39.7	4:08.6	6:09.55	13:05.10
58 Gina Solberg	SR	629	Heritage Christian	-	20:46.59	6:40.8	4:09.3	6:25.47	13:13.12
59 Lexi Bright	SR	645	West Central Area	-	20:47.14	6:41.0	4:09.4	5:59.05	12:51.83
60 Ella Schmuck	8	701	Luverne (3)	34	20:47.18	6:41.0	4:09.4	6:14.80	13:07.84
61 Brylei Schreier	SO	709	Murray County Cent	35	20:49.25	6:41.7	4:09.9	6:20.17	13:16.51
62 Molly DiNardo	JR	630	Minnehaha Academ	-	20:52.01	6:42.6	4:10.4	6:10.96	13:02.98

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**Race #4**  
**Girls Class A 5000M**

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM	1 Mile	2 Mile
63 Kayla Bloemendaal	SO	696	Luverne (4)	36	20:52.12	6:42.6	4:10.4	6:14.80	13:07.68
64 Ashley Robben	JR	756	Staples-Motley (4)	37	20:52.23	6:42.6	4:10.4	6:12.18	13:09.74
65 Lexi Kivimagi	7	610	Chatfield	-	20:53.45	6:43.0	4:10.7	6:12.34	13:07.44
66 Grace Hrabik	SR	649	Esko	-	20:56.28	6:43.9	4:11.3	6:24.44	13:16.98
67 Kaia Starlz	SO	794	Perham (5)	38	20:56.53	6:44.0	4:11.3	6:30.86	13:32.22
68 Lily Peterson	SR	801	Hawley (4)	39	20:57.36	6:44.3	4:11.5	6:16.21	13:13.49
69 Molly Saboo	SR	634	Mille Lacs Raiders	-	21:01.63	6:45.7	4:12.3	6:22.14	13:12.83
70 Aly Marshall	JR	731	Providence Academ	40	21:02.49	6:45.9	4:12.5	6:24.83	13:24.97
71 Kiearra Wilmes	JR	767	Minnewaska Area (	41	21:05.49	6:46.9	4:13.1	6:20.38	13:21.62
72 Grace Ingebretson	JR	698	Luverne (5)	42	21:05.95	6:47.1	4:13.2	6:21.34	13:21.01
73 Avalee Brown	8	788	Perham (6)	(43)	21:07.76	6:47.6	4:13.6	6:15.32	13:09.64
74 Amanda Brinkman	JR	620	Norwood-Young A	-	21:08.25	6:47.8	4:13.7	6:12.18	13:14.57
75 Zoe Devine	JR	648	Ely	-	21:09.44	6:48.2	4:13.9	6:41.24	13:35.05
76 Brooklyn Conrad	SR	642	Ortonville	-	21:09.98	6:48.4	4:14.0	6:14.43	13:20.97
77 Naomi Chernyavsky	SO	635	Northwest Nighthaw	-	21:10.59	6:48.5	4:14.1	6:24.69	13:22.70
78 Sydney Chevalier	SR	762	Minnewaska Area (	44	21:12.28	6:49.1	4:14.5	6:20.03	13:17.96
79 Taylor Post	SO	626	Pipestone Area	-	21:14.39	6:49.8	4:14.9	6:23.71	13:25.00
80 Naila Mikhaeil	FR	754	Staples-Motley (5)	45	21:16.48	6:50.4	4:15.3	6:12.11	13:11.10
81 Trista Baer	SO	795	Hawley (5)	46	21:16.88	6:50.6	4:15.4	6:35.52	13:35.54
82 Brielle Simula	SO	774	Carlton-Wrenshall (	47	21:17.96	6:50.9	4:15.6	6:28.44	13:38.40
83 Erin Borash	SR	637	Royalton	-	21:18.12	6:51.0	4:15.6	6:24.15	13:30.97
84 Morgan Koppelman	JR	654	Park Rapids Area	-	21:21.04	6:51.9	4:16.2	6:30.41	13:38.33
85 Leni Kuhn	8	730	Providence Academ	48	21:23.67	6:52.8	4:16.7	6:29.68	13:32.69
86 Terina Blascyk	SO	644	West Central Area	-	21:24.50	6:53.0	4:16.9	6:21.90	13:25.72
87 Emaleigh Olesiak	SO	646	Cromwell-Wright/FI	-	21:27.45	6:54.0	4:17.5	6:28.58	13:36.18
88 Olivia Anderson	SR	625	Jackson County Ce	-	21:28.65	6:54.4	4:17.7	6:21.37	13:31.77
89 Julia Anderson	FR	741	Howard Lake-Wave	49	21:31.05	6:55.1	4:18.2	6:28.98	13:42.20
90 Sara Cid	FR	770	Carlton-Wrenshall (	50	21:33.70	6:56.0	4:18.7	6:38.71	13:45.90
91 Molly Brophy	7	647	Ely	-	21:39.14	6:57.7	4:19.8	6:43.14	13:49.72
92 Khloe Visker	7	702	Luverne (6)	(51)	21:45.94	6:59.9	4:21.2	6:29.78	13:36.60
93 America Trejo Esqueda	SO	692	St James Area (1)	52	21:51.04	7:01.6	4:22.2	6:39.67	13:49.33
94 Brooke Baumann	SR	742	Howard Lake-Wave	53	21:53.66	7:02.4	4:22.7	6:23.85	13:38.22
95 Emma Jamison	FR	734	St Cloud Cathedral	54	21:53.90	7:02.5	4:22.8	6:17.19	13:30.08
96 Lelia Johnson	SO	655	Roseau/Badger	-	21:54.87	7:02.8	4:23.0	6:30.23	13:46.79
97 Kira Thompson	SR	802	Hawley (6)	(55)	21:56.90	7:03.4	4:23.4	6:31.37	13:36.57
98 Victoria Thorson	8	747	Howard Lake-Wave	56	21:56.96	7:03.5	4:23.4	6:41.05	14:03.55
99 Ella Stapek	SR	711	Murray County Cent	57	21:57.74	7:03.7	4:23.5	6:43.80	14:00.83
100 Jackie Tepley	SO	746	Howard Lake-Wave	58	21:57.79	7:03.7	4:23.6	6:29.78	13:46.07
101 Kendra Miller	7	640	Bertha-Hewitt	-	21:59.22	7:04.2	4:23.8	6:36.55	13:55.77
102 Ava Chevalier	SR	761	Minnewaska Area (	59	22:01.15	7:04.8	4:24.2	6:48.06	14:04.40
103 Abby Cid	JR	768	Carlton-Wrenshall (	60	22:03.04	7:05.4	4:24.6	6:37.12	13:55.42
104 Hailey Juarez	SR	618	LeSueur-Henderso	-	22:04.23	7:05.8	4:24.8	6:35.52	14:19.26
105 Tiana Lais	JR	699	Luverne (7)	(61)	22:07.90	7:07.0	4:25.6	6:40.16	14:03.01
106 Sophie Schlosser	7	758	Staples-Motley (6)	(62)	22:07.96	7:07.0	4:25.6	6:35.15	13:59.26
107 Jada Schultz	SO	720	Math & Science Ac	63	22:10.87	7:07.9	4:26.2	6:46.47	14:06.67
108 Lydia Rosendahl	SR	611	La Crescent-Hokah	-	22:14.13	7:09.0	4:26.8	6:36.13	14:00.32

**MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS**

Northfield, MN

St. Olaf College

Saturday, November 6, 2021

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**Race #4  
Girls Class A 5000M****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team (Team Place)</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>	<b>1 Mile</b>	<b>2 Mile</b>
109 Ruth Sandstrom	SO	773	Carlton-Wrenshall (	64	22:16.57	7:09.8	4:27.3	6:59.03	14:21.32
110 Tatum Barto	8	777	South Ridge (3)	65	22:17.68	7:10.1	4:27.5	6:40.21	14:03.98
111 Kyra Kotsmith	FR	673	Cotter (3)	66	22:18.59	7:10.4	4:27.7	6:43.30	14:05.45
112 Megan Bakke	JR	705	Murray County Cent	67	22:23.18	7:11.9	4:28.6	6:40.47	14:04.00
113 Melanie Jetson	SR	743	Howard Lake-Wave	(68)	22:25.52	7:12.6	4:29.1	6:33.37	13:56.38
114 Macy Piechowski	FR	676	Cotter (4)	69	22:25.79	7:12.7	4:29.2	6:43.02	14:05.69
115 Hope Parnow	7	675	Cotter (5)	70	22:26.62	7:13.0	4:29.3	6:43.05	14:05.66
116 Jessa Heimerl	SO	680	Lester Prairie (3)	71	22:29.52	7:13.9	4:29.9	6:38.34	14:06.23
117 Quinti Parra-Mendez	SR	708	Murray County Cent	(72)	22:35.98	7:16.0	4:31.2	6:40.77	14:20.10
118 Amelia Applebee	FR	714	Math & Science Ac	73	22:36.73	7:16.2	4:31.3	6:46.40	14:08.99
119 Diana Rodriguez	JR	690	St James Area (2)	74	22:44.04	7:18.6	4:32.8	6:39.06	14:12.69
120 Karen Nakamura	JR	716	Math & Science Ac	75	22:44.43	7:18.7	4:32.9	7:01.23	14:21.67
121 Emma Kovarik	SR	765	Minnewaska Area (	(76)	22:52.18	7:21.2	4:34.4	6:49.23	14:26.41
122 Mia Lung	SO	790	Perham (7)	(77)	22:52.87	7:21.4	4:34.6	6:48.55	14:21.18
123 Liz Felix	JR	732	St Cloud Cathedral	(78)	22:52.89	7:21.4	4:34.6	6:46.07	14:34.80
124 Ailyn Balbuena Perez	FR	687	St James Area (3)	79	22:59.12	7:23.4	4:35.8	6:55.45	14:37.02
125 Willa Field	FR	661	Lake City (4)	80	22:59.96	7:23.7	4:36.0	6:43.38	14:28.09
126 Faith Lilly	SO	657	Warroad	-	23:00.33	7:23.8	4:36.1	6:36.60	14:18.04
127 Isabel Riley	SO	772	Carlton-Wrenshall (	81	23:04.25	7:25.1	4:36.9	6:57.74	14:28.73
128 Natalie Gates	SO	662	Lake City (5)	82	23:07.82	7:26.2	4:37.6	6:44.69	14:35.36
129 Audrey England	SO	670	Cotter (6)	(83)	23:10.05	7:27.0	4:38.0	6:52.02	14:25.91
130 Emma Cid	SR	769	Carlton-Wrenshall (	(84)	23:13.05	7:27.9	4:38.6	6:55.86	14:35.55
131 Arriana Ridge	SR	783	South Ridge (4)	85	23:22.47	7:31.0	4:40.5	7:07.66	14:56.69
132 Katelyn Ojeda-Callejas	SO	689	St James Area (4)	86	23:24.97	7:31.8	4:41.0	6:39.74	14:23.59
133 Brooke Schultz	SR	719	Math & Science Ac	(87)	23:27.33	7:32.5	4:41.5	7:01.38	14:41.36
134 Natalie Anderson	SO	660	Lake City (6)	(88)	23:30.29	7:33.5	4:42.1	6:39.86	14:35.73
135 Brook Smith	7	785	South Ridge (5)	89	23:36.38	7:35.4	4:43.3	6:47.31	14:46.12
136 Teagan O'Keefe	8	633	Mounds Park Acad	-	23:38.41	7:36.1	4:43.7	6:25.66	14:07.33
137 Ella Heen	FR	733	St Cloud Cathedral	(90)	23:41.20	7:37.0	4:44.2	6:45.83	14:34.56
138 Rylee Stoltz	FR	667	Lake City (7)	(91)	23:44.13	7:37.9	4:44.8	6:52.33	14:57.09
139 Elsey Hagen	JR	764	Minnewaska Area (	(92)	23:46.10	7:38.6	4:45.2	6:55.56	14:47.24
140 Sophia Koch	SR	729	Providence Academ	93	23:46.32	7:38.6	4:45.3	7:00.37	14:50.99
141 Melia Cmiel	FR	725	Providence Academ	94	23:48.88	7:39.4	4:45.8	7:01.19	14:52.05
142 Addisyn Cichos	SO	752	Staples-Motley (7)	(95)	23:51.02	7:40.1	4:46.2	6:47.80	14:40.19
143 Kira Cmiel	JR	724	Providence Academ	(96)	23:57.63	7:42.3	4:47.5	7:00.25	14:59.13
144 Ruby Zamora	FR	693	St James Area (5)	97	24:04.74	7:44.5	4:48.9	7:04.96	15:18.79
145 Sophie Cook	FR	796	Hawley (7)	(98)	24:12.97	7:47.2	4:50.6	7:02.60	14:59.90
146 Morgan Laveau	SR	771	Carlton-Wrenshall (	(99)	24:22.62	7:50.3	4:52.5	7:13.54	15:32.83
147 Ryanna Schreier	SR	710	Murray County Cent	(100)	24:28.63	7:52.2	4:53.7	7:05.76	15:25.45
148 Jillian Sajdak	JR	784	South Ridge (6)	(101)	24:35.01	7:54.3	4:55.0	7:16.10	15:42.93
149 Maritza Rodriguez	SR	691	St James Area (6)	(102)	24:40.07	7:55.9	4:56.0	7:19.78	15:25.68
150 Brooke Heimerl	JR	679	Lester Prairie (4)	103	24:43.88	7:57.1	4:56.8	7:15.83	15:32.20
151 Anah Lee	8	682	Lester Prairie (5)	104	25:20.39	8:08.9	5:04.1	7:15.77	15:43.10
152 Grace Finnerty	SR	671	Cotter (7)	(105)	26:26.20	8:30.0	5:17.2	7:45.16	16:36.70
153 Paris FierkeLepp	SR	782	South Ridge (7)	(106)	26:43.27	8:35.5	5:20.7	7:42.25	16:43.31
154 Arlene Melendez	FR	688	St James Area (7)	(107)	28:00.52	9:00.4	5:36.1	7:51.58	17:21.72

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**Girls Class A 5000M**
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Athlete	YR	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM	1 Mile	2 Mile
155 Savanah Dammann	7	678	Lester Prairie (6)	(108)	28:12.33	9:04.2	5:38.5	7:53.18	17:28.80
156 Kara Lee	SR	683	Lester Prairie (7)	(109)	28:24.36	9:08.0	5:40.9	7:44.88	17:37.43
-- Margo Nightingale	JR	632	Mounds Park Acad	-	DNF	---	---	6:25.00	13:48.06
-- Helena Yiangou	JR	722	Math & Science Ac	-	DNF	---	---	7:01.45	14:30.32
-- Annie Hamilton	FR	726	Providence Academ	-	DNF	---	---	7:09.23	15:31.10