

MSHSL Emergency Action Plan Worksheet – Student Response Team

Coach/Advisor Name: Jeff Holtkamp

Activity: Varsity Boys Basketball

Level: Varsity/JV

1 911 TEAM

CALL 911

CALL 911. Explain emergency. Provide location.

	PRACTICE	EVENTS
Closest Phone	Cell Phone	Cell Phone
EMS Access Point	Athletic Door	Athletic Door
Street Intersection	Ronnerberg Road	Ronneberg Road
Student 1	Cade Roelofs	Cade Roelofs
Student 2	Jackson Sportel	Jackson Sportel

MEET AMBULANCE at EMS Access Point. Take to victim.

	PRACTICE	EVENTS
Entry Door/Gate	Athletic Door	Athletic Door
Student 1	Alex Schramm	Alex Schramm
Student 2	Abdihamid Abdullahi	Abdihamid Abdullahi

CALL CONTACTS. Provide location and victim's name.

	NAME	CELL
Athletic Trainer	Jessica Slavik	(701) 306-7500
Athletic AD	Ryan Blahosky	(320) 905 - 8032
Student 1	Blake Schoolmeester	
Student 2	Sam Raitz	

2 CPR/AED TEAM

START CPR

1. Position person on back.
2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minute. Let chest completely recoil after each compression.
3. Take turns with other responders as needed

Coach	Jeff Holtkamp
Student 1	Cayden Hansen
Student 2	Harris Duinink
Student 3	

WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS

1. Remove clothing from chest.
2. Attach electrode pads as directed by voice prompts.
3. Stand clear while AED analyzes heart rhythm.
4. Keep area clear if AED advises a shock.
5. Follow device prompts for further action.
6. After EMS takes over, give AED to Athletic Administrator for data download.

3 AED TEAM

GET THE AED

	PRACTICE	EVENTS
Closest AED	Fitness Center	Fitness Center
Student 1	Khalid Muhumed	Khalid Muhumed
Student 2	Tyler Kowalczyk	Tyler Kowalczyk

GET THE ATHLETIC TRAINER

Typical location	Office/Main Gym	Office/Main Gym
Student 1	Simon Radermacher	Simon Radermacher
Student 2	Nathan Marthaler	Nathan Marthaler

**CALL 911 for all medical emergencies.
If unresponsive and not breathing normally, begin CPR and get the AED.**

4 HEAT STROKE TEAM

	PRACTICE	EVENTS
Tub Location		
Water Source Location		
Ice Source Location		
Ice Towel Location		
Student 1		
Student 2		

PREPARE TUB DAILY

	PRACTICE	EVENTS
Student 1		
Student 2		

1. Remove equipment/excess clothing. Move to shade.
2. Immerse athlete into cold ice water tub, stir water.
*If no tub: cold shower or rotating cold, wet towels over the entire body
3. Monitor vital signs.
4. Cool First, Transport Second.
 - a. Cool until rectal temperature reaches 102°F if ATC or MD is available.
 - b. If no medical staff, cool until EMS arrives.