

2022 MSHSL Track and Field State Qualifying Standards

Girls A	
Event	2022
100m	0:12.74
200m	0:26.25
400m	0:59.38
800m	2:21.48
1600m	5:13.83
3200m	11:31.64
100m H	0:15.70
300m H	0:47.06
4x100m	0:51.17
4x200m	1:47.36
4x400m	4:06.86
4x800m	9:49.60
HJ	5'1"
PV	10'4"
LJ	16'9"
TJ	35'9"
SP	38'6"
DT	116'11"

Girls AA	
Event	2022
100m	0:12.45
200m	0:25.53
400m	0:58.16
800m	2:16.39
1600m	5:04.26
3200m	11:01.25
100m H	0:15.01
300m H	0:45.46
4x100m	0:49.44
4x200m	1:44.18
4x400m	4:02.14
4x800m	9:27.73
HJ	5'4"
PV	10'10"
LJ	17'4"
TJ	36'11"
SP	39'8"
DT	125'0"

Girls AAA	
Event	2022
100m	0:12.40
200m	0:25.36
400m	0:57.86
800m	2:15.89
1600m	5:02.74
3200m	10:56.53
100m H	0:14.90
300m H	0:45.25
4x100m	0:49.35
4x200m	1:43.91
4x400m	4:00.96
4x800m	9:26.21
HJ	5'4"
PV	11'1"
LJ	17'5"
TJ	36'11"
SP	40'2"
DT	127'4"

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Boys A	
Event	2022
100m	0:11.28
200m	0:22.83
400m	0:50.94
800m	2:00.73
1600m	4:27.51
3200m	9:53.28
110m H	0:15.94
300m H	0:41.15
4x100m	0:44.57
4x200m	1:32.51
4x400m	3:30.92
4x800m	8:20.54
HJ	6'1"
PV	13'3"
LJ	20'11"
TJ	43'6"
SP	49'10"
DT	145'8"

Boys AA	
Event	2022
100m	0:11.06
200m	0:22.38
400m	0:50.25
800m	1:57.52
1600m	4:21.68
3200m	9:28.79
110m H	0:14.99
300m H	0:39.69
4x100m	0:43.25
4x200m	1:29.89
4x400m	3:26.23
4x800m	8:02.67
HJ	6'3"
PV	13'9"
LJ	21'7"
TJ	44'0"
SP	52'11"
DT	153'1"

Boys AAA	
Event	2022
100m	0:11.01
200m	0:22.25
400m	0:50.03
800m	1:56.77
1600m	4:21.39
3200m	9:26.12
110m H	0:14.92
300m H	0:39.46
4x100m	0:43.15
4x200m	1:29.31
4x400m	3:25.79
4x800m	7:59.44
HJ	6'4"
PV	13'10"
LJ	21'9"
TJ	44'1"
SP	53'5"
DT	154'2"