

500.00

INTERSCHOLASTIC ATHLETIC ACTIVITIES

Purpose: To establish uniform and equitable rules for the conduct of interscholastic activities. If there is a violation of a rule, a full report of the violation must be made to the League office by the school officials of the school violating the rule. The Board of Directors will determine the responsibility and penalize the responsible school official or officials. The game shall be automatically forfeited.

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The most current version of the Official Handbook is always posted on the League website — www.MSHSL.org.

BYLAW 501.00**MAXIMUM NUMBER OF CONTESTS**

SPORT¹	WEEKS OF SEASON	WEEKS OF PRACTICE / WEEKS OF TOURNAMENTS³	MAXIMUM NUMBER OF CONTESTS⁵
Badminton	11	2 / 1	18 dates / 28 matches
Baseball ²	13	2 / 3	20
Basketball	18	2 / 3	26
Bowling, Adapted	11	2 / 1	16
Cross Country	12	2 / 2.5	10
Football	15	3 / 5	9 4
Golf	13	2 / 2.5	16
Gymnastics	15	3 / 2	16
Hockey	17	2 / 2.5	25
Lacrosse	11	2 / 2.5	13
Skiing	14	1 / 2	16
Soccer ²	12	2 / 2	16
Softball ²	13	2 / 3	20
Swimming	14	2 / 2	16
Synch. Swimming	14	2 / 1	15
Tennis	11	1 / 2	16 dates / 28 matches
Track & Field	13	2 / 3	14
Volleyball	13	2 / 2.5	17
Wrestling ⁶⁷	15	2 / 2.5	16 dates / 45 matches
Dance Team	17	2 / 2	15

¹ Adapted: Same as paired activity for able-bodied athletes.

² No sport will play fewer contests during the season than they play under the current format. Doubleheaders are already possible in these sports.

³ Based on the week of the state tournament and the length of the longest section tournament in each sport.

⁴ The League's Sports Medicine Advisory Committee does not recommend more than 9 games per year.

⁵ The process to Increase/Decrease the Number of Contests provided that the increase does not exceed the 2/1 policy of games per week in a season.

⁶ The Participation in (2) two separate varsity team competitions on the same calendar date shall count as two events toward the total allowable events and all team matches during the events will count toward the 45 total allowable competitions. For example: A school sends a team to participate in a Saturday varsity tournament in Andover and sends another team to participate in a varsity tournament in Blaine. Both events would count toward the 16 allowable events and all matches in the two separate events would count toward the 45 allowable competitions for individual wrestlers and the team matches.

⁷ A wrestling team may schedule up to four team events for girls only without counting them against the 16 dates/45 matches. All individual wrestlers must not exceed the 16 dates/45 matches during the course of the season.

1. A President of a coaches association requests for an increase/decrease from the current number of contests.

A. The request is made to the Board of Directors regarding the increased/decreased number of contests.

B. The request must include:

1) the number of contests to be increased/decreased;

2) the rationale for the increase/decrease; and

3) affirmation that the request has the support of the coaches association in that sport.

C. The League office will send the request to the member schools of the League registered for that activity.

D. The response must be signed by the Designated School Representative and the head varsity coach of the activity in question affirming that the matter has been discussed at a local school board meeting where the board has been advised of the economic impact.

E. All responses must be returned to the League office by the prescribed date.

2. The League's Executive Director will approve the increase/decrease in the number of contests provided that:

A. A majority of votes from the schools registered for the activity who return the survey are in the affirmative; and

B. The increase in the number of contests will be played on a Friday evening, Saturday, or vacation day OR that the increased number of contests will not cause the team to miss school time.

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- Requests to increase/decrease the number of contests will be received by the Board of Directors on November 1 of each odd numbered year.

BYLAW 502.00

DAILY/SEASON PLAYER PARTICIPATION LIMITATIONS

Player participation limitations include participation in Junior High, B-Squad, Junior Varsity and Varsity games.

SPORT	DAILY LIMIT	SEASON LIMITATION																		
Badminton, Girls	None	None																		
Baseball	<p>On any given day or in any three (3) consecutive days, a high school player shall not be permitted to pitch more than a total of 14 innings. Each out shall constitute one-third inning. If a pitcher is striving for a 42nd out and exceeds the limit because of a double or triple play, there shall be no violation. In any game the starting pitcher may return to the mound once in relief, however, if the pitcher is not a starter, the pitcher may make two relief appearances.</p> <p>All games scheduled and played as stated under non-League tournaments count toward daily player participation limitations.</p> <p><i>Board policy approved December 1, 2016 supersedes above language.</i></p> <p>BASEBALL PITCH COUNT POLICY</p> <p><i>The following pitch count policy will be in effect with the 2017 Baseball season. All schools and coaches must abide by these limitations and report their pitch counts as described.</i></p> <table border="1" data-bbox="553 787 1112 976"> <thead> <tr> <th>Required Pitches Days of Rest</th> <th>Number of Pitches (Varsity)</th> <th>Number of (lower levels)</th> </tr> </thead> <tbody> <tr> <td>0</td> <td>1-30</td> <td>1-25</td> </tr> <tr> <td>1</td> <td>31-50</td> <td>26-35</td> </tr> <tr> <td>2</td> <td>51-75</td> <td>36-60</td> </tr> <tr> <td>3</td> <td>76-105*</td> <td>61-85</td> </tr> <tr> <td>Daily Max</td> <td>105</td> <td>85</td> </tr> </tbody> </table> <ul style="list-style-type: none"> • <i>Once the limit is reached a pitcher may finish pitching to that batter.</i> • <i>One day of rest is required if a pitcher pitches two straight days.</i> • <i>Days of rest are measured in calendar days, not 24 hour periods. If a player throws 55 pitches on Monday they are not able to pitch on either Tuesday or Wednesday, but could pitch again anytime on Thursday.</i> • <i>Only pitches thrown to a batter count toward the pitch count.</i> • <i>When pitching below the varsity level, those pitch counts apply. The pitcher must meet the rest requirements for that level before pitching at the varsity level. When pitching at the varsity level those pitch count rules apply. The player must then meet those rest requirements before pitching at a lower level.</i> <p><i>*The maximum is extended to 115 once Section Playoffs begin</i></p> <p>Penalties:</p> <p><u>Violation of Pitch Count Rule:</u></p> <p><i>When a pitcher pitches more than the allotted number of pitches or does not meet the rest requirement they become an ineligible athlete.</i></p> <p><i>1st Offense: Game is forfeited and the head coach is censured.</i></p> <p><i>2nd Offense in the same season: Game is forfeited and the head coach is suspended for one game.</i></p> <p><i>3rd Offense in the same season: Game is forfeited and the head coach is suspended for four games.</i></p> <p><u>Violation of tracking pitches policy:</u></p> <p><i>Failure to record and track pitches as per the following stipulations will result in the following penalties:</i></p> <p><i>1st Offense: Head Coach is reminded.</i></p> <p><i>2nd Offense: Head Coach is censured.</i></p> <p><i>3rd Offense: Head Coach is suspended for one game.</i></p> <p><i>4th Offense: Head Coach is suspended for four games.</i></p>	Required Pitches Days of Rest	Number of Pitches (Varsity)	Number of (lower levels)	0	1-30	1-25	1	31-50	26-35	2	51-75	36-60	3	76-105*	61-85	Daily Max	105	85	None
Required Pitches Days of Rest	Number of Pitches (Varsity)	Number of (lower levels)																		
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Daily Max	105	85																		

BYLAW 502.00**DAILY/SEASON PLAYER PARTICIPATION LIMITATIONS**

Player participation limitations include participation in Junior High, B-Squad, Junior Varsity and Varsity games.

SPORT	DAILY LIMIT	SEASON LIMITATION
Basketball, Boys & Girls	<p>No student shall participate in more than three (3) halves on any given day. Exception: Any school whose 9th, 10th, or B-Squad schedule shall have fewer than the maximum allowable number of varsity games may schedule four- team tournaments for such 9th, 10th or B-squad teams to bring the number of games equal to the allowable total.</p> <p>A maximum number of two (2) such tournaments may be scheduled per level. Each game in a tournament will count as one (1) contest. A player may participate in a maximum of four (4) halves per tournament day in such tournaments.</p> <p>Junior varsity or varsity reserves may participate in four-team tournaments as long as the total number of halves for varsity and varsity reserves does not exceed the total allowable halves per season as stated in the Player Participation Limitation Halves per Season. A player may participate in a maximum of four (4) halves per tournament.</p> <p>If a player participates in a varsity game on any given day, the maximum allowable halves is limited to three (3). Participation in any half counts as one (1) half. Overtime is an extension of the second half. All games scheduled and played as stated under non-League tournaments count toward daily player participation limitations.</p> <p>Junior High/Middle School games count towards maximum allowable halves.</p>	<p>No student may participate in more halves per season than a number equal to three (3) times the number of varsity games scheduled. Participation in any half counts as one (1) half in administering these rules.</p> <p>All games scheduled and played as stated under non-League tournaments count toward the following:</p> <ol style="list-style-type: none"> 1) season total for contest/ games 2) season player participation limitations
Bowling, Adapted	None	None
Cross Country Running, Boys & Girls	None	Regardless of the number of teams a school supports, no participant may run in more than a total of 1 and 1/10 of the total number of meets allowed, exclusive of League tournament play.
Football	<p>An individual player may not participate in more than 6.5 quarters of play during any consecutive 3-day period. This limitation applies to participation in games at all levels of play: Junior High, B-Squad, Junior Varsity and Varsity.</p> <p>Quarters of play are as defined under Season Limitations. Any participation in a quarter counts as one quarter of a game with the exception of special teams. Participation on special teams only, counts as one-half of one quarter.</p>	<p>During a season, no student may participate in more quarters than a number equal to six (6) times the number of varsity games scheduled. Player participation limitations include participation in Junior High, B-Squad, Junior Varsity and Varsity games.</p> <p>Participation in any quarter counts as one (1) quarter of a game. Participation on Special Teams only would count as one-half (1/2) quarter of play.</p> <p>Special Teams would be defined and limited to: Kickoff, Kickoff Return, Punt, Punt Return, Field Goal and Extra Point Kicking Teams only.</p>
Golf, Boys & Girls	None	None
Gymnastics, Girls	None	None

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BYLAW 502.00**DAILY/SEASON PLAYER PARTICIPATION LIMITATIONS**

Player participation limitations include participation in Junior High, B-Squad, Junior Varsity and Varsity games.

SPORT	DAILY LIMIT	SEASON LIMITATION
Hockey, Boys & Girls Adapted Hockey	<p>No student shall participate in more than four (4) periods on any given day.</p> <p>Exception 1: Any school whose 9th, 10th, or B-Squad schedule has less than the maximum allowable number of varsity games may schedule four-team tournaments for such 9th, 10th, or B-Squad teams to bring the number of games to the allowable total. A maximum number of two (2) such tournaments may be scheduled per level. Each game in a tournament will count as one (1) contest. A player may participate in a maximum of six (6) periods per day in such tournaments. Participation in any period counts as one (1) period in administering the rules. All games scheduled and played as stated under non-League tournaments count toward daily player participation limitations.</p> <p>Exception 2: When a penalty occurs at the end of a period and the penalty time will carry over to the next period, we allow a student to be replaced in the penalty box for the next period to prevent the use of an ineligible student if the next period would be the 5th period. However, we do not allow the replacement of the student in the next period to preserve his or her future eligibility. If the next period is not the 5th period for the student, the student must serve the penalty and count that period toward the maximum allowable periods for the day. If the coach wishes to ensure that a student has the desired further periods of participation available, it is the coach's responsibility to not have the student on the ice towards the end of a period when any penalty time assessed would carry over to the next period in which the coach had intended that the student not participate.</p> <p>Exception 3: If an injury or illness to a goaltender occurs during the games scheduled on that day the alternate or spare goaltender may play in more than four periods that day. If the goaltender remains injured or ill for future games this exception cannot be carried forward. For example: Your program has two goalies. Goaltender #1 plays three periods in the JV game. During warm-ups for the varsity game goaltender #2 breaks her arm on that day. Goaltender #1 may play all three varsity periods. Goaltender #2 is not able to play for one month. For all future games Goaltender #1 can play in no more than 4 periods on any given day. The options: A member of the team becomes a goaltender for two periods, or the JV and varsity games are scheduled for two separate days.</p>	<p>No student shall participate in more periods per season than a number equal to four (4) times the number of varsity games scheduled. Participation in any period counts as one period in administering these rules. An overtime is an extension of the third period and not a separate period for purposes of these rules.</p> <p>All games scheduled and played as stated under non-League tournaments count toward the following:</p> <ol style="list-style-type: none"> 1) season total for contest/games 2) season player participation limitations
Lacrosse, Boys	<p>No student shall participate in more than six (6) quarters on any given day. Participation in any quarter counts as one (1) quarter. Overtime is an extension of the fourth quarter.</p>	<p>No student may participate in more quarters during a season than a number equal to six times the number of varsity games scheduled.</p>
Lacrosse, Girls	<p>No student shall participate in more than three (3) halves on any given day. Participation in any half counts as one (1) half. Overtime is an extension of the second half.</p>	<p>No student may participate in more halves during a season than a number equal to three times the number of varsity games scheduled.</p>
Skiing, Alpine & Nordic Ski Racing	None	None
Soccer, Boys & Girls Adapted Soccer	None	<p>No student may participate in more than 45 halves per season. Participation in any half counts as one half toward the total allowed.</p>
Softball, Girls Adapted Softball	None	None

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BYLAW 502.00**DAILY/SEASON PLAYER PARTICIPATION LIMITATIONS**

Player participation limitations include participation in Junior High, B-Squad, Junior Varsity and Varsity games.

SPORT	DAILY LIMIT	SEASON LIMITATION
Swimming & Diving, Boys & Girls	None	None
Synchronized Swimming, Girls	None	None
Tennis, Boys & Girls	None	None
Track & Field, Boys & Girls	None	None
Volleyball, Girls	Daily: A student is limited to a maximum of five (5) sets per day. Participation in any game counts as one (1) game. This includes Junior High, B-Squad, Junior Varsity and/or varsity competition. Exception: The daily limitation shall be waived 1) when participating in a tournament (15 sets) that counts as one (1) match on the schedule or 2) if a volleyball team plays two (2) matches (3 out of 5 games) in one day. Each match will count as one (1) game toward the season total of 17 matches.	None
Wrestling	A wrestler may not wrestle in more than five (5) matches on any given day.	No student may participate in more than 45 matches prior to League-sponsored tournaments.
Dance Team	None	None

Penalty

If there is a violation of the player limitations, a full report of the incident must be made to the League Office by the school officials of the school violating the rule. The Board of Directors will determine the responsibility and penalize the responsible school official or officials. The game must be automatically forfeited.

BYLAW 503.00**BADMINTON – GIRLS****1. SEASON BEGINS**

Practice may begin on the second week in March and continue for eleven weeks.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST**Cross Reference: Bylaw 411.10 (Scheduling of Contests)**

Eight (8) days of organized practice shall precede the first contest.

3. CONTESTS**Cross Reference: Bylaw 501 (Maximum Number of Contests)****A. Maximum number allowed - 18**

Eighteen contest dates with the total number of team matches within the 18 contest dates not to exceed 28.

B. Non-League Tournaments

A team tournament, in which winners advance to determine a champion, counts as 1 toward maximum 28 matches. Each dual competition within a multiple-team tournament, (round robin), in which opponents are predetermined, counts as 1 toward maximum 28 matches. An individual tournament, in which individuals advance to determine champions, counts as 1 toward the maximum 28 matches.

4. PLAYER PARTICIPATION LIMITATIONS**Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)****5. EQUIPMENT ISSUED**

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.

B. Membership Defined: A student must:

- 1) be practicing with the high school team;
- 2) be on the school's master eligibility list; and
- 3) be under the bylaws of the League.

C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:

- 1) transfer students who become eligible in their new school; or
- 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
- 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
- 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.

D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:

- 1) on a non-school team or as an individual competitor; or
- 2) in a camp or clinic; or
- 3) received private instruction in that sport during the high school season.

BYLAW 504.00**BASEBALL****1. SEASON BEGINS**

Fourteenth Monday preceding the finals of the state tournament.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST**Cross Reference: Bylaw 411.10 (Scheduling of Contests)**

A five-day organized conditioning program may precede the two weeks of organized practice that is required prior to the first contest. The extra five days of practice are for conditioning arms and for overall physical conditioning, and will be conducted using only baseballs, gloves, and catcher's equipment. Strength training and aerobic conditioning equipment may also be used.

3. CONTESTS**Cross Reference: Bylaw 501 (Maximum Number of Contests)**

A. Maximum number allowed – 20 (exclusive of League tournament play).

B. Non-League Tournaments

Tournaments, not part of the League play, will count each game played in the tournament as 1 game toward the maximum number of 20. Teams will be allowed to participate in a maximum of three games per tournament, with the limitation of two games per day. The number of schools participating in a tournament shall not exceed eight unless it is a conference tournament. Conference, division or section champions may play a 21st game to determine an inter-conference or intra-conference champion. The game must be on the school schedule. (Remember that each game will count as 1 toward the maximum number of 20 games allowed.)

4. PLAYER PARTICIPATION LIMITATIONS**Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)****5. EQUIPMENT ISSUED**

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.

B. Membership Defined: A student must:

- 1) be practicing with the high school team;
- 2) be on the school's master eligibility list; and
- 3) be under the bylaws of the League.

C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:

- 1) transfer students who become eligible in their new school; or
- 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
- 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
- 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.

D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:

- 1) on a non-school team or as an individual competitor; or
- 2) in a camp or clinic; or
- 3) received private instruction in that sport during the high school season.

BYLAW 505.00**BASKETBALL – BOYS & GIRLS****1. SEASON BEGINS**

Eighteenth Monday preceding the finals of the state tournament.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST**Cross Reference: Bylaw 411.10 (Scheduling of Contests)**

Two weeks of organized practice shall precede the first contest except when Thanksgiving occurs during the second week of organized practice, a game may be scheduled and played on the Wednesday before Thanksgiving.

3. CONTESTS**Cross Reference: Bylaw 501 (Maximum Number of Contests)**

A. Maximum number allowed - 26

B. Non-League Tournaments

Conference or division champions may schedule a 27th game to determine an inter-conference or intra-conference champion.

The game must be listed on the school schedule. Tournaments not part of League play: Each game played in the tournament will count as one game toward the maximum number of games allowed for the season.

4. PLAYER PARTICIPATION LIMITATIONS**Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)****5. EQUIPMENT ISSUED**

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.

B. Membership Defined: A student must:

- 1) be practicing with the high school team;
- 2) be on the school's master eligibility list; and
- 3) be under the bylaws of the League.

C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:

- 1) transfer students who become eligible in their new school; or
- 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
- 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
- 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.

D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:

- 1) on a non-school team or as an individual competitor; or
- 2) in a camp or clinic; or
- 3) received private instruction in that sport during the high school season.

BYLAW 506.00**BOWLING, ADAPTED – CO-EDUCATIONAL****1. SEASON**

The length of the bowling season shall be 11 weeks.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST

Cross Reference: Bylaw 411.10 (Scheduling of Contests)

Two weeks of organized practice shall precede the first contest.

3. CONTESTS

Cross Reference: Bylaw 501 (Maximum Number of Contests)

Two games would constitute a match. Sixteen (16) matches (2 matches per week) will comprise a season. The maximum number of matches played per season shall not exceed 16 matches exclusive of League tournament play. All games shall be bowled in an official bowling alley.

4. PLAYER PARTICIPATION LIMITATIONS

Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)

5. ADAPTED ATHLETICS – ELIGIBILITY REQUIREMENTS

The League has three competitive interscholastic divisions: Physically Impaired (PI), Cognitively Impaired (CI) and Autism Spectrum Disorder (ASD). Participation in the interscholastic program of a high school is limited to students in grades 7 through 12. Students in an ungraded setting are first eligible when their age peers are in the 7th grade. Students will be eligible for 12 consecutive semesters (6 years), beginning with their or their peers initial entrance into the 7th grade.

The League requires a sports qualifying exam every three (3) years for participants in competitive athletics. The League acknowledges that some students with disabilities, like some students without disabilities, will be unable to participate in adapted athletics due to the competitive nature of the programs and for reasons unrelated to their disability. Like other students who do not "make the team", these students should be directed to alternative programs which are less competitive and more recreational in nature.

Students may not participate in both PI and CI divisions. If a student participates in both divisions the penalty for the use of an ineligible player will be enforced and result in an automatic forfeiture of the game.

A. PI Division – The League Adapted Athletics PI Division program is specifically intended for students with physical impairments who have medical clearance to compete in competitive athletics. A student is eligible to compete in the PI Division with one of the following criteria.

The student must have a diagnosed and documented impairment specified from one of the two sections below: (Must be diagnosed and documented by a Physician/Physicians Assistant):

- 1) Neuromuscular, postural/skeletal, traumatic, growth, or neurological impairment that affects motor function, modifies gait patterns, or requires the use of a prosthesis or a mobility device including but not limited to, canes, crutches, or wheelchairs.
- 2) Cardio/respiratory impairment that is deemed safe for competitive athletics but limits the intensity and duration of physical exertion such that sustained activity for over five minutes at 60% of maximum heart rate for age results in physical distress in spite of appropriate management of the health condition.

Note: A student with a condition that can be appropriately managed with appropriate medications, which eliminate physical or health endurance limitations, will NOT be considered to be eligible for adapted athletics.

Specific exclusions to PI competition:

The following health conditions **without coexisting physical impairments as outlined above** do not qualify the student to participate in the PI Division even though some of the conditions below may be considered Health Impairments by an individual's physician, student's school, or a government agency. This list is not all-inclusive and the conditions are examples of non-qualifying health conditions; other health impairments that are not listed below may also be non-qualifying for participation in the PI Division.

- Attention Deficit Disorder (ADD)
- Attention Deficit Hyperactive Disorder (ADHD)
- Emotional Behavioral Disorder (EBD)
- Autism Spectrum Disorders (including Asperger's Syndrome)
- Tourette's Syndrome
- Neurofibromatosis
- Asthma
- Reactive Airway Disease (RAD)
- Bronchopulmonary Dysplasia (BPD)
- Blindness
- Deafness
- Obesity
- Depression
- Generalized Anxiety Disorder
- Seizure Disorder
- Other Similar Disorders

- B. **CI Division** – The MSHSL Adapted Athletics CI Division program is specifically intended for students with cognitive impairments who have medical clearance to compete in competitive athletics. A student is eligible to compete in the CI Division by meeting criteria 1 or 2 below:
- 1) **Minnesota Rule: 3525.1333 DEVELOPMENTAL COGNITIVE DISABILITY**

Subpart 1. Definition. "Developmental Cognitive Disability (DCD)" means a condition resulting in significantly below average intellectual functioning and concurrent deficits in adaptive behavior that adversely affects educational performance and requires special education and related services. DCD does not include conditions primarily due to a sensory or physical impairment, traumatic brain injury, autism spectrum disorders, severe multiple impairments, cultural influences, or inconsistent educational programming.

Subpart 2. Criteria. The team shall determine that a pupil is eligible as having a DCD and is in need of special education instruction and related services if the pupil meets the criteria in items A and B.

 - a) The pupil demonstrates below average adaptive behavior in school and home, and, if appropriate, community environments. For the purposes of this item, "below average" means:
 - (1) a composite score at or below the 15th percentile on a nationally normed, technically adequate measure of adaptive behavior; and
 - (2) documentation of needs and the level of support required in at least four of the seven adaptive behavior domains across multiple environments. Systematic observation and parent input must be included as sources to document need and level of support. All of the following adaptive behavior domains must be considered:
 - (a) daily living and independent living skills;
 - (b) social and interpersonal skills;
 - (c) communication skills;
 - (d) academic skills;
 - (e) recreation and leisure skills;
 - (f) community participation skills; and
 - (g) work and work-related skills.

Other sources of documentation may include checklists; classroom or work samples; interviews; criterion-referenced measures; educational history; medical history; or pupil self-report.
 - b) The pupil demonstrates significantly below average general intellectual functioning that is measured by an individually administered, nationally normed test of intellectual ability. For the purposes of this subitem, "significantly below average general intellectual functioning" means:
 - (1) mild-moderate range: two standard deviations below the mean, plus or minus one standard error of measurement; and
 - (2) severe-profound range: three standard deviations below the mean, plus or minus one standard error of measurement.

Significantly below average general intellectual functioning must be verified through a written summary of results from at least two systematic observations with consideration for culturally relevant information, medical and educational histories, and one or more of the following: supplemental tests of specific abilities, criterion-referenced tests, alternative methods of intellectual assessment, clinical interviews with parents, including family members, if appropriate, or observation and analysis of behavior across multiple environments.
 - 2) **Students will also be eligible for the CI Division if they meet the following criteria:**

The student must have a diagnosed and documented cognitive impairment. Cognitively impaired refers to students with sub-average intellectual function defined by a Full Scale intelligence quotient of 70 or below, using a standardized, nationally-normed, technically adequate, and individually administered intelligence test.

Specific exclusions from CI competition:

A student becomes ineligible to participate in Adapted Athletics when they have attained a level of cognitive performance that exceeds the eligibility requirements. A student who has reached a level of cognitive performance that exceeds the eligibility requirements after the start of a season will be permitted to complete that sports season.
- C. **Challenges to a student's eligibility to participate in PI and CI adapted athletics:**
- A school may file a written challenge regarding a student's eligibility to participate in Adapted Athletics based on the qualifications stated above. Challenges must be submitted within 24 hours of the end of a game in which an ineligible player participated. A challenge submitted after the deadline will not be honored. The student shall remain eligible during the review process. The committee's findings will be final and follow the student through the remaining years of eligibility unless there is a change in physical or cognitive status.
- 1) Upon receipt of a written challenge the League will activate the following review process:
 - a) request a brief statement from the school/coach supporting the eligibility of the athlete; and
 - b) review the school's/coach's submission and the school's supporting data (testing, medical history, school documentation) by one reviewer who will submit a brief written statement regarding the eligibility status.
 - 2) Appeal Process:

If the initial review denies eligibility an appeal can be requested. A panel of three (3) reviewers will be convened. Two (2) of these reviewers must be from different disciplines (MD, Adapted PE teacher, PT, etc). The school/coach will be asked to submit a video of the player during a game or during PE class that will best demonstrate the disability. The video will be at the schools expense.

D. Autism Spectrum Disorder (ASD)

Eligibility for participation in the ASD Division is as follows:

- 1) The student must meet the current eligibility criteria established by the Minnesota State High School League regarding age, semesters of eligibility, progress towards graduation, physical form on file, etc.
- 2) There must be documented evidence of the student having Autism Spectrum Disorder (ASD) provided by the student's school district.
- 3) Students must be able to participate in the activity without having physical prompts by an adult, coach or other participant.
- 4) A student with ASD and a composite IQ of 70 or lower would qualify to participate in either the CI or ASD division but not both in the same season.
- 5) A student with ASD who also has a documented physical impairment (according to page 4 of the MSHSL Physical Form) would qualify to participate in either the PI or the ASD division but not both in the same season.

6. LAST DATE TO JOIN A TEAM

- A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.
- B. Membership Defined: A student must:
 - 1) be practicing with the high school team;
 - 2) be on the school's master eligibility list; and
 - 3) be under the bylaws of the League.
- C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:
 - 1) transfer students who become eligible in their new school; or
 - 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
 - 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
 - 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.
- D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:
 - 1) on a non-school team or as an individual competitor; or
 - 2) in a camp or clinic; or
 - 3) received private instruction in that sport during the high school season.

BYLAW 507.00**CROSS COUNTRY RUNNING – BOYS & GIRLS****1. SEASON BEGINS**

Twelfth Monday preceding the finals of the state tournament.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST

Cross Reference: Bylaw 411.10 (Scheduling of Contests)

Two weeks of organized practice shall precede the first contest.

3. CONTESTS

Cross Reference: Bylaw 501 (Maximum Number of Contests)

Maximum number allowed – 10

4. PLAYER PARTICIPATION LIMITATIONS

Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)

5. EQUIPMENT ISSUED

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

- A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.
- B. Membership Defined: A student must:
 - 1) be practicing with the high school team;
 - 2) be on the school's master eligibility list; and
 - 3) be under the bylaws of the League.
- C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:
 - 1) transfer students who become eligible in their new school; or
 - 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
 - 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
 - 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.
- D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:
 - 1) on a non-school team or as an individual competitor; or
 - 2) in a camp or clinic; or
 - 3) received private instruction in that sport during the high school season.

BYLAW 508.00**FOOTBALL****1. SEASON BEGINS**

Practice may begin on the 15th Monday preceding the finals of the state tournament.

2. PRE-SEASON PRACTICE/HEAT ACCLIMATIZATION POLICY

Cross Reference: Bylaw 208 (Board Policy Definitions for Summer Football Practice Restrictions)

A. Schedule for 14 Calendar Day Acclimatization Period:

- 1) Days 1–5: “Contact Practices” are not allowed.
 - a) No single practice may last more than 2 hours with total practice time per day not to exceed 4 hours.
 - b) There must be at least a 2 hour recovery period prior to the second practice.
 - c) Double practice days must be followed by a single practice day.
 - d) A 1 hour walk-thru is allowed each day that there is a single practice, but there must be at least a 1 hour recovery period prior to the walk-thru.
 - (1) As an alternative, a walk-thru for a maximum of 45 minutes may be conducted prior to practice on a one practice day, but must be followed by at least a 15 minute recovery period before another practice may begin.
 - e) Day 1: Helmets only
 - f) Day 2: Shoulder pads may be worn for up to 1 hour of practice time
 - g) Days 3 & 4: Helmets and shoulder pads only
 - h) Day 5: Full pads are allowed — No thud or live action
- 2) Days 6 & 7: Rest days, no practice is allowed.
- 3) Days 8–12: No restrictions on what equipment can be worn.
 - a) No practice may last more than three hours, with total practice time per day not to exceed five hours.
 - b) Double practice days must be followed by a single practice day.
 - c) There must be at least a two hour recovery period prior to the second practice.
 - d) A one hour walk-thru is allowed on single practice days, but there must be at least a one hour recovery period prior to the walk-thru.
 - (1) As an alternative, a walk-thru for a maximum of 45 minutes may be conducted prior to practice on a one practice day, but must be followed by at least a 15 minute recovery period before another practice may begin.
 - e) There may not be more than one contact practice per day.
- 4) Day 12 (day prior to scrimmage): Contact practices are not allowed.
- 5) Day 13: Schools may participate in one “live action” interschool scrimmage event (multiple teams may be involved).

Note: Scrimmage is defined as any interaction involving students from two or more schools.
- 6) Day 14: No practice — rest day. 14 Day Acclimatization ends.
- 7) **Option for one “long” practice**: When two practices per day are held and the two hour recovery period creates an issue, teams may opt to have a second practice of one hour in length, if there is a one hour recovery period, AND conditioning is conducted only during one of the two practices. A long practice day must be followed by a single practice day.
- 8) Day 15: No restrictions on number or length of practices. No more than two contact practices per week. Consideration in regard to the amount of contact must be given to players involved in lower level games.
- 9) Day 18: First date on which interscholastic contests are allowed. Note: If the varsity team plays on Day 18, a lower level game (B/JV) may be scheduled on day 17.

B. Definitions:

- 1) **Heat Acclimatization Period** is defined as the initial 14 consecutive day period of pre-season practice, which begins the first day of practice prior to the regular season. Any practices or conditioning conducted before this time shall not be considered a part of the heat-acclimatization period.
- 2) **Practice** is defined as the period of time a participant engages in coach-supervised, school approved, sport or conditioning-related physical activity, including stretching, running, conditioning or physical training in the skills and fundamentals. Strength training and team meetings or video sessions do not count as a practice for the purpose of this policy.
- 3) **Levels of Contact**, as defined by USA Football, focuses on varying intensity levels throughout practices, to build player confidence, ensure their safety and prevent both physical and mental exhaustion. Six intensity levels are used to introduce players to practice drills which position them to master the fundamentals and increase skill development.
 - a) **AIR**: Intensity = 0 Players run a drill unopposed without contact.
 - b) **BAGS**: Intensity = 1 Drill is run against a bag or another soft-contact surface.
 - c) **CONTROL**: Intensity = 2 Drill is run at assigned speed until the moment of contact; one player is pre-determined the 'winner' by the coach. Contact remains above the waist and players stay on their feet when involved with contact.
 - d) **RESTRICTED CONTACT**: Intensity = 3 Teaching safe & proper techniques (block, shed, tackle) involving shoulder pads, and wearing helmets for protection. Contact above the hips only with hands, shoulders and chest. Keep the head out! Use quick whistle; no gang-tackling or cut blocking/tackling. Players stay on their feet when involved in contact.
 - e) **THUD**: Intensity = 4 Drill is run at assigned speed through the moment of contact; no pre-determined "winner." Contact remains above the waist, players stay on their feet and a quick whistle ends the drill.
 - f) **LIVE ACTION**: Intensity = 5 Drill is run in game-like conditions and is the only time that players are taken to the ground.
- 4) **Contact Practice** is defined as a practice during which drills and/or team work includes “Thud” or “Live Action,” as described below. There are no restrictions on “Air;” “Bags;” “Control;” and “Restricted Contact.” The Contact portion of this practice may not exceed 30 minutes.

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- 5) **Walk-thru** is defined as a teaching opportunity with the athletes not wearing protective equipment. A walk-thru is not considered part of the 2 or 3 hour single practice limitation, but does count toward the daily practice time limit; cannot last more than 1 hour; and does not include any kind strength training or conditioning activities. A “walk-thru” is only for running plays and teaching team schemes and assignments — full speed drills and/or physical contact are not allowed. Special team skills (punting and catching punts, kickoffs, and place kicking) are allowed.
 - 6) **Recovery Period** is defined as the time between the end of one practice or walk-thru and the beginning of the next practice or walk-thru. During this time athletes must rest in a cool environment (65-80 degrees F), with no sport or conditioning-related activity permitted. Team meetings and video may be part of this recovery period if conducted in a cool environment.
- C. **Penalty:**
- 1st Offense:** Head Coach suspended for two games.
- 2nd Offense:** Head Coach suspended for four games and not allowed to coach in post-season.
- Note:** This schedule and progression is safer and better for kids and may keep more kids involved with football. Less contact, less heavy conditioning will keep kids safer; they will retain more mentally; there will be less time missed due to injuries, and by the time of the first game your team may actually be more effective than by following previous practice schedules.
3. **PRACTICE SESSIONS BEFORE FIRST CONTEST**
Cross Reference: Bylaw 411.10 (Scheduling of Contests)
 The season must begin with a five-day conditioning program and two weeks of organized practice must precede the first scheduled game.
 - A. The five days of conditioning must be conducted during the first week of practice.
 - B. Five separate and complete days of organized practices must be held, beginning on the second Monday of the season, prior to any inter-school practices or scrimmages being held.
 - C. Games may be scheduled beginning the Thursday of the second week of practice exclusive of the five days of conditioning. If the varsity plays a game on that first Thursday, a lower level game (B/JV) may be scheduled on the previous day (Wednesday of the second week).
 4. **CONTESTS**
Cross Reference: Bylaw 501 (Maximum Number of Contests)
 - A. Maximum number allowed – 9
 - B. Non-League Tournaments
 The champion of any conference, section or division of a conference may schedule a 10th game to determine an inter-conference or an intra-conference championship. The game must be listed on the school schedule.
 5. **PLAYER PARTICIPATION LIMITATIONS**
Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)
 6. **EQUIPMENT ISSUED**
 Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).
 7. **LAST DATE TO JOIN A TEAM**
 - A. To be eligible for section and state competition, a student must be a member of that school’s team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.
 - B. Membership Defined: A student must:
 - 1) be practicing with the high school team;
 - 2) be on the school’s master eligibility list; and be under the bylaws of the League.
 - C. Exceptions: At the member school’s discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post- season competition if they meet any of the four conditions below:
 - 1) transfer students who become eligible in their new school; or
 - 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
 - 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
 - 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.
 - D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:
 - 1) on a non-school team or as an individual competitor; or
 - 2) in a camp or clinic; or
 - 3) received private instruction in that sport during the high school season.

BYLAW 509.00**GOLF – BOYS & GIRLS****1. SEASON BEGINS**

Practice may begin on the 13th Monday preceding the finals of the state tournament.

2. PRACTICE SESSIONS BEFORE FIRST CONTESTS

Cross Reference: Bylaw 411.10 (Scheduling of Contests)

Two weeks of organized practice shall precede the first meet.

3. CONTESTS

Cross Reference: Bylaw 501 (Maximum Number of Contests)

Maximum number allowed – 16

4. PLAYER PARTICIPATION LIMITATIONS

Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)

5. EQUIPMENT ISSUED

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.

B. Membership Defined: A student must:

- 1) be practicing with the high school team;
- 2) be on the school's master eligibility list; and
- 3) be under the bylaws of the League.

C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:

- 1) transfer students who become eligible in their new school; or
- 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
- 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
- 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.

D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:

- 1) on a non-school team or as an individual competitor; or
- 2) in a camp or clinic; or
- 3) received private instruction in that sport during the high school season.

BYLAW 510.00**GYMNASTICS – GIRLS****1. SEASON BEGINS**

Practice may begin on the 15th Monday preceding the date established for the finals of the State Girls Gymnastics Meet.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST**Cross Reference: Bylaw 411.10 (Scheduling of Contests)**

Three weeks of organized practice shall precede the first contest except when Thanksgiving occurs during the third week of organized practice. In that event, a contest may be scheduled and played on the Wednesday before Thanksgiving.

3. CONTESTS**Cross Reference: Bylaw 501 (Maximum Number of Contests)**

A. Maximum number allowed – 16

B. Non-League Tournaments

Conference or division champions may schedule a 17th event to determine an inter-conference or intra-conference champion.

The event must be listed on the school schedule. The 17th event does not count as one of the sixteen (16) allowable contest dates.

4. PLAYER PARTICIPATION LIMITATIONS**Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)****5. EQUIPMENT ISSUED**

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.

B. Membership Defined: A student must:

- 1) be practicing with the high school team;
- 2) be on the school's master eligibility list; and
- 3) be under the bylaws of the League.

C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:

- 1) transfer students who become eligible in their new school; or
- 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
- 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
- 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.

D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:

- 1) on a non-school team or as an individual competitor; or
- 2) in a camp or clinic; or
- 3) received private instruction in that sport during the high school season.

BYLAW 511.00**HOCKEY – BOYS & GIRLS
HOCKEY, ADAPTED – CO-EDUCATIONAL****1. SEASON BEGINS**

Seventeenth Monday preceding the finals of the state tournament.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST**Cross Reference: Bylaw 411.10 (Scheduling of Contests)**

Two weeks of organized practice shall precede the first game except when Thanksgiving occurs during the second week of organized practice. In that event, a game may be scheduled and played on the Wednesday before Thanksgiving.

3. CONTESTS**Cross Reference: Bylaw 501 (Maximum Number of Contests)**

- A. Maximum number allowed – 25
- B. Non-League Tournaments

Conference or division champion may schedule a 26th game to determine an inter-conference or intra-conference champion. The game must be listed on the school schedule. Tournaments not a part of League play: Each game played in the tournament will count as one game toward the maximum number of games allowed for the season.

4. PLAYER PARTICIPATION LIMITATIONS**Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)****5. EQUIPMENT ISSUED**

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. ADAPTED ATHLETICS – ELIGIBILITY REQUIREMENTS

The League has two competitive interscholastic divisions: Physically Impaired (PI) and Cognitively Impaired (CI). Participation in the interscholastic program of a high school is limited to students in grades 7 through 12. Students in an ungraded setting are first eligible when their age peers are in the 7th grade. Students will be eligible for 12 consecutive semesters (6 years), beginning with their or their peers initial entrance into the 7th grade.

The League requires a sports qualifying exam every three (3) years for participants in competitive athletics. The League acknowledges that some students with disabilities, like some students without disabilities, will be unable to participate in adapted athletics due to the competitive nature of the programs and for reasons unrelated to their disability. Like other students who do not “make the team”, these students should be directed to alternative programs which are less competitive and more recreational in nature.

Students may not participate in both PI and CI divisions. If a student participates in both divisions the penalty for the use of an ineligible player will be enforced and result in an automatic forfeiture of the game.

- A. **PI Division** – The League Adapted Athletics PI Division program is specifically intended for students with physical impairments who have medical clearance to compete in competitive athletics. A student is eligible to compete in the PI Division with one of the following criteria.

The student must have a diagnosed and documented impairment specified from one of the two sections below: (Must be diagnosed and documented by a Physician and or Physicians Assistant):

- 1) Neuromuscular, postural/skeletal, traumatic, growth, or neurological impairment that affects motor function, modifies gait patterns, or requires the use of a prosthesis or a mobility device including but not limited to, canes, crutches, or wheelchairs.
- 2) Cardio/respiratory impairment that is deemed safe for competitive athletics but limits the intensity and duration of physical exertion such that sustained activity for over five minutes at 60% of maximum heart rate for age results in physical distress in spite of appropriate management of the health condition.

Note: A condition that can be appropriately managed with appropriate medications, which eliminate physical or health endurance limitations, will NOT be considered to be eligible for adapted athletics.

Specific exclusions to PI competition:

The following health conditions **without coexisting physical impairments as outlined above** do not qualify the student to participate in the PI Division even though some of the conditions below may be considered Health Impairments by an individual’s physician, student’s school, or a government agency. This list is not all- inclusive and the conditions are examples of non-qualifying health conditions; other health impairments that are not listed below may also be non-qualifying for participation in the PI Division.

- Attention Deficit Disorder (ADD)
- Attention Deficit Hyperactive Disorder (ADHD)
- Emotional Behavioral Disorder (EBD)
- Autism Spectrum Disorders (including Asperger’s Syndrome)
- Tourette’s Syndrome
- Neurofibromatosis
- Asthma
- Reactive Airway Disease (RAD)
- Bronchopulmonary Dysplasia (BPD)
- Blindness
- Deafness
- Obesity
- Depression
- Generalized Anxiety Disorder

- Seizure Disorder
 - Other Similar Disorders
- B. **CI Division** – The MSHSL Adapted Athletics CI Division program is specifically intended for students with cognitive impairments who have medical clearance to compete in competitive athletics. A student is eligible to compete in the CI Division by meeting criteria 1 or 2 below:
- 1) **Minnesota Rule: 3525.1333 DEVELOPMENTAL COGNITIVE DISABILITY**
- Subpart 1. Definition: "Developmental Cognitive Disability (DCD)" means a condition resulting in significantly below average intellectual functioning and concurrent deficits in adaptive behavior that adversely affects educational performance and requires special education and related services. DCD does not include conditions primarily due to a sensory or physical impairment, traumatic brain injury, autism spectrum disorders, severe multiple impairments, cultural influences, or inconsistent educational programming.
- Subpart 2. Criteria: The team shall determine that a pupil is eligible as having a DCD and is in need of special education instruction and related services if the pupil meets the criteria in items A and B.
- a) The pupil demonstrates below average adaptive behavior in school and home, and, if appropriate, community environments. For the purposes of this item, "below average" means:
- (1) a composite score at or below the 15th percentile on a nationally normed, technically adequate measure of adaptive behavior; and
 - (2) documentation of needs and the level of support required in at least four of the seven adaptive behavior domains across multiple environments. Systematic observation and parent input must be included as sources to document need and level of support. All of the following adaptive behavior domains must be considered:
 - (a) daily living and independent living skills;
 - (b) social and interpersonal skills;
 - (c) communication skills;
 - (d) academic skills;
 - (e) recreation and leisure skills;
 - (f) community participation skills; and
 - (g) work and work-related skills.

Other sources of documentation may include checklists; classroom or work samples; interviews; criterion-referenced measures; educational history; medical history; or pupil self-report.
- b) The pupil demonstrates significantly below average general intellectual functioning that is measured by an individually administered, nationally normed test of intellectual ability. For the purposes of this subitem, "significantly below average general intellectual functioning" means:
- (1) mild-moderate range: two standard deviations below the mean, plus or minus one standard error of measurement; and
 - (2) severe-profound range: three standard deviations below the mean, plus or minus one standard error of measurement.
- Significantly below average general intellectual functioning must be verified through a written summary of results from at least two systematic observations with consideration for culturally relevant information, medical and educational histories, and one or more of the following: supplemental tests of specific abilities, criterion-referenced tests, alternative methods of intellectual assessment, clinical interviews with parents, including family members, if appropriate, or observation and analysis of behavior across multiple environments.

2) **Students will also be eligible for the CI Division if they meet the following criteria:**

The student must have a diagnosed and documented cognitive impairment. Cognitively impaired refers to students with sub-average intellectual function defined by a Full Scale intelligence quotient of 70 or below, using a standardized, nationally-normed, technically adequate, and individually administered intelligence test.

Specific exclusions from CI competition:

A student becomes ineligible to participate in Adapted Athletics when they have attained a level of cognitive performance that exceeds the eligibility requirements. A student who has reached a level of cognitive performance that exceeds the eligibility requirements after the start of a season will be permitted to complete that sports season.

C. **Challenges to a student's eligibility to participate in PI and CI adapted athletics:**

A school may file a written challenge regarding a student's eligibility to participate in Adapted Athletics based on the qualifications stated above. Challenges must be submitted within 24 hours of the end of a game in which an ineligible player participated. A challenge submitted after the deadline will not be honored. The student shall remain eligible during the review process. The committee's findings will be final and follow the student through the remaining years of eligibility unless there is a change in physical or cognitive status.

- 1) Upon receipt of a written challenge the League will activate the following review process:
 - a) request a brief statement from the school/coach supporting the eligibility of the athlete; and
 - b) review the school's/coach's submission and the school's supporting data (testing, medical history, school documentation) by one reviewer who will submit a brief written statement regarding the eligibility status.
- 2) Appeal Process:

If the initial review denies eligibility an appeal can be requested. A panel of three (3) reviewers will be convened. Two (2) of these reviewers must be from different disciplines (MD, Adapted PE teacher, PT, etc). The school/coach will be asked to submit a video of the player during a game or during PE class that will best demonstrate the disability. The video will be at the schools expense.

7. LAST DATE TO JOIN A TEAM

- A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.
- B. Membership Defined: A student must:
- 1) be practicing with the high school team;
 - 2) be on the school's master eligibility list; and
 - 3) be under the bylaws of the League.
- C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:
- 1) transfer students who become eligible in their new school; or
 - 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
 - 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
 - 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.
- D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:
- 1) on a non-school team or as an individual competitor; or
 - 2) in a camp or clinic; or
 - 3) received private instruction in that sport during the high school season.

BYLAW 512.00**LACROSSE – BOYS & GIRLS****1. SEASON BEGINS**

The season shall be eleven (11) weeks long. Practice may begin on the 11th Monday preceding the date established for the finals of the State Tournament and continue through the final day of the League-sponsored competition.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST**Cross Reference: Bylaw 411.10 (Scheduling of Contests)**

Two weeks of organized practice shall precede the first contest.

3. CONTESTS**Cross Reference: Bylaw 501 (Maximum Number of Contests)**

A. Maximum number allowed – 13

B. Non-League Tournaments

Conference or division champion may schedule a 14th game to determine an inter-conference or intra-conference champion. The game must be listed on the school schedule. Tournaments not a part of League play: Each game played in the tournament will count as one game toward the maximum number of games allowed for the season.

4. PLAYER PARTICIPATION LIMITATIONS**Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)****5. EQUIPMENT ISSUED**

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.

B. Membership Defined: A student must:

- 1) be practicing with the high school team;
- 2) be on the school's master eligibility list; and
- 3) be under the bylaws of the League.

C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:

- 1) transfer students who become eligible in their new school; or
- 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
- 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
- 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.

D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:

- 1) on a non-school team or as an individual competitor; or
- 2) in a camp or clinic; or
- 3) received private instruction in that sport during the high school season.

BYLAW 513.00**SKIING, ALPINE – BOYS & GIRLS
NORDIC SKI RACING – BOYS & GIRLS****1. SEASON BEGINS**

Fourteenth Monday preceding the finals of the state tournament.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST

Cross Reference: Bylaw 411.10 (Scheduling of Contests)

One week of organized practice shall precede the first ski meet.

3. CONTESTS

Cross Reference: Bylaw 501 (Maximum Number of Contests)

Maximum number allowed – 16

4. PLAYER PARTICIPATION LIMITATIONS

Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)

5. EQUIPMENT ISSUED

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.

B. Membership Defined: A student must:

- 1) be practicing with the high school team;
- 2) be on the school's master eligibility list; and
- 3) be under the bylaws of the League.

C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:

- 1) transfer students who become eligible in their new school; or
- 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
- 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
- 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.

D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:

- 1) on a non-school team or as an individual competitor; or
- 2) in a camp or clinic; or
- 3) received private instruction in that sport during the high school season.

BYLAW 514.00**SOCCER – BOYS & GIRLS
SOCCER, ADAPTED – CO-EDUCATIONAL****1. SEASON BEGINS**

On the 12th Monday preceding the finals of the state tournament.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST**Cross Reference: Bylaw 411.10 (Scheduling of Contests)**

Two weeks of organized practice must precede the first scheduled contest. Interscholastic practice scrimmages may not be held until after five separate and complete days of organized practice. Practice sessions shall be conducted within the local school environs. Special training camps are not permitted. A championship game between the winners of two conferences or sections of an officially organized conference shall not constitute a violation of this rule provided it is within the total game limitation of the League and is listed on the official schedule of each member school.

3. CONTESTS**Cross Reference: Bylaw 501 (Maximum Number of Contests)**

A. Maximum number allowed – 16

B. Non-League Tournaments

Conference champions may schedule a 17th game to determine the inter-conference or intra-conference champion. The game must be listed on the school schedule. Each game played in the tournament will count as one game toward the maximum number of games allowed for the season.

4. PLAYER PARTICIPATION LIMITATIONS**Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)****5. EQUIPMENT ISSUED**

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. ADAPTED ATHLETICS – ELIGIBILITY REQUIREMENTS:

The League has two competitive interscholastic divisions: Physically Impaired (PI) and Cognitively Impaired (CI). Participation in the interscholastic program of a high school is limited to students in grades 7 through 12. Students in an ungraded setting are first eligible when their age peers are in the 7th grade. Students will be eligible for 12 consecutive semesters (6 years), beginning with their or their peers initial entrance into the 7th grade.

The League requires a sports qualifying exam every three (3) years for participants in competitive athletics. The League acknowledges that some students with disabilities, like some students without disabilities, will be unable to participate in adapted athletics due to the competitive nature of the programs and for reasons unrelated to their disability. Like other students who do not “make the team”, these students should be directed to alternative programs which are less competitive and more recreational in nature.

Students may not participate in both PI and CI divisions. If a student participates in both divisions the penalty for the use of an ineligible player will be enforced and result in an automatic forfeiture of the game.

A. **PI Division** – The League Adapted Athletics PI Division program is specifically intended for students with physical impairments who have medical clearance to compete in competitive athletics. A student is eligible to compete in the PI Division with one of the following criteria.

The student must have a diagnosed and documented impairment specified from one of the two sections below: (Must be diagnosed and documented by a Physician/Physicians Assistant):

- 1) Neuromuscular, postural/skeletal, traumatic, growth, or neurological impairment that affects motor function, modifies gait patterns, or requires the use of a prosthesis or a mobility device including but not limited to, canes, crutches, or wheelchairs.
- 2) Cardio/respiratory impairment that is deemed safe for competitive athletics but limits the intensity and duration of physical exertion such that sustained activity for over five minutes at 60% of maximum heart rate for age results in physical distress in spite of appropriate management of the health condition.

Note: A condition that can be appropriately managed with appropriate medications, which eliminate physical or health endurance limitations, will NOT be considered to be eligible for adapted athletics.

Specific exclusions to PI competition:

The following health conditions without coexisting physical impairments as outlined above do not qualify the student to participate in the PI Division even though some of the conditions below may be considered Health Impairments by an individual’s physician, student’s school, or a government agency. This list is not all-inclusive and the conditions are examples of non-qualifying health conditions; other health impairments that are not listed below may also be non-qualifying for participation in the PI Division.

- Attention Deficit Disorder (ADD)
- Attention Deficit Hyperactive Disorder (ADHD)
- Emotional Behavioral Disorder (EBD)
- Autism Spectrum Disorders (including Asperger’s Syndrome)
- Tourette’s Syndrome
- Neurofibromatosis
- Asthma
- Reactive Airway Disease (RAD)
- Bronchopulmonary Dysplasia (BPD)
- Blindness
- Deafness
- Obesity

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- Depression
- Generalized Anxiety Disorder
- Seizure Disorder

B. **CI Division** – The MSHSL Adapted Athletics CI Division program is specifically intended for students with cognitive impairments who have medical clearance to compete in competitive athletics. A student is eligible to compete in the CI Division by meeting criteria 1 or 2 below:

1) **Minnesota Rule: 3525.1333 DEVELOPMENTAL COGNITIVE DISABILITY**

Subpart 1. Definition. "Developmental Cognitive Disability (DCD)" means a condition resulting in significantly below average intellectual functioning and concurrent deficits in adaptive behavior that adversely affects educational performance and requires special education and related services. DCD does not include conditions primarily due to a sensory or physical impairment, traumatic brain injury, autism spectrum disorders, severe multiple impairments, cultural influences, or inconsistent educational programming.

Subpart 2. Criteria. The team shall determine that a pupil is eligible as having a DCD and is in need of special education instruction and related services if the pupil meets the criteria in items A and B.

- a) The pupil demonstrates below average adaptive behavior in school and home, and, if appropriate, community environments. For the purposes of this item, "below average" means:
- (1) a composite score at or below the 15th percentile on a nationally normed, technically adequate measure of adaptive behavior; and
 - (2) documentation of needs and the level of support required in at least four of the seven adaptive behavior domains across multiple environments. Systematic observation and parent input must be included as sources to document need and level of support. All of the following adaptive behavior domains must be considered:
 - (a) daily living and independent living skills;
 - (b) social and interpersonal skills;
 - (c) communication skills;
 - (d) academic skills;
 - (e) recreation and leisure skills;
 - (f) community participation skills; and
 - (g) work and work-related skills.

Other sources of documentation may include checklists; classroom or work samples; interviews; criterion-referenced measures; educational history; medical history; or pupil self-report.

- b) The pupil demonstrates significantly below average general intellectual functioning that is measured by an individually administered, nationally normed test of intellectual ability. For the purposes of this subitem, "significantly below average general intellectual functioning" means:
- (1) mild-moderate range: two standard deviations below the mean, plus or minus one standard error of measurement; and
 - (2) severe-profound range: three standard deviations below the mean, plus or minus one standard error of measurement.

Significantly below average general intellectual functioning must be verified through a written summary of results from at least two systematic observations with consideration for culturally relevant information, medical and educational histories, and one or more of the following: supplemental tests of specific abilities, criterion-referenced tests, alternative methods of intellectual assessment, clinical interviews with parents, including family members, if appropriate, or observation and analysis of behavior across multiple environments.

2) **Students will also be eligible for the CI Division if they meet the following criteria:**

The student must have a diagnosed and documented cognitive impairment. Cognitively impaired refers to students with sub-average intellectual function defined by a Full Scale intelligence quotient of 70 or below, using a standardized, nationally-normed, technically adequate, and individually administered intelligence test.

Specific exclusions from CI competition:

A student becomes ineligible to participate in Adapted Athletics when they have attained a level of cognitive performance that exceeds the eligibility requirements. A student who has reached a level of cognitive performance that exceeds the eligibility requirements after the start of a season will be permitted to complete that sports season.

C. **Challenges to a student's eligibility to participate in PI and CI adapted athletics:**

A school may file a written challenge regarding a student's eligibility to participate in Adapted Athletics based on the qualifications stated above. Challenges must be submitted within 24 hours of the end of the game in which an alleged ineligible player participated. A challenge submitted after the deadline will not be honored. The student shall remain eligible during the review process. The committee's findings will be final and follow the student through the remaining years of eligibility unless there is a change in physical or cognitive status.

- 1) Upon receipt of a written challenge the League will activate the following review process:
 - a) request a brief statement from the school/coach supporting the eligibility of the athlete; and
 - b) review the school's/coach's submission and the school's supporting data (testing, medical history, school documentation) by one reviewer who will submit a brief written statement regarding the eligibility status.

2) **Appeal Process:**

If the initial review denies eligibility an appeal can be requested. A panel of three (3) reviewers will be convened. Two (2) of these reviewers must be from different disciplines (MD, Adapted PE teacher, PT, etc). The school/coach will be asked to submit a video of the player during a game or during PE class that will best demonstrate the disability. The video will be at the schools expense.

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7. LAST DATE TO JOIN A TEAM

- A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.
- B. Membership Defined: A student must:
 - 1) be practicing with the high school team;
 - 2) be on the school's master eligibility list; and
 - 3) be under the bylaws of the League.
- C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:
 - 1) transfer students who become eligible in their new school; or
 - 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
 - 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
 - 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.
- D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:
 - 1) on a non-school team or as an individual competitor; or
 - 2) in a camp or clinic; or
 - 3) received private instruction in that sport during the high school season.

BYLAW 515.00**SOFTBALL, FASTPITCH – GIRLS
SOFTBALL, ADAPTED – CO-EDUCATIONAL****1. SEASON BEGINS**

Thirteenth Monday preceding the finals of the state tournament.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST

Cross Reference: Bylaw 411.10 (Scheduling of Contests)

Two weeks of organized practice shall precede the first game.

3. CONTESTS

Cross Reference: Bylaw 501 (Maximum Number of Contests)

A. Maximum number allowed – 20 (exclusive of League tournament play)

B. Non-League Tournaments

Tournaments, not part of the League play, will count each game played in the tournament as 1 game toward the maximum number of 20. Teams will be allowed to participate in a maximum of four games per tournament, with the limitation of three games per day. Conference, division or section champions may play a 21st game to determine an inter-conference or intra-conference champion. The game must be on the school schedule. (Remember that each game will count as 1 toward the maximum number of 20 games allowed.)

4. PLAYER PARTICIPATION LIMITATIONS

Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)

5. EQUIPMENT ISSUED

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. ADAPTED ATHLETICS – ELIGIBILITY REQUIREMENTS

The League has two competitive interscholastic divisions: Physically Impaired (PI) and Cognitively Impaired (CI). Participation in the interscholastic program of a high school is limited to students in grades 7 through 12. Students in an ungraded setting are first eligible when their age peers are in the 7th grade. Students will be eligible for 12 consecutive semesters (6 years), beginning with their or their peers initial entrance into the 7th grade.

The League requires a sports qualifying exam every three (3) years for participants in competitive athletics. The League acknowledges that some students with disabilities, like some students without disabilities, will be unable to participate in adapted athletics due to the competitive nature of the programs and for reasons unrelated to their disability. Like other students who do not “make the team”, these students should be directed to alternative programs which are less competitive and more recreational in nature. Students may not participate in both PI and CI divisions. If a student participates in both divisions the penalty for the use of an ineligible player will be enforced and result in an automatic forfeiture of the game.

A. **PI Division** – The League Adapted Athletics PI Division program is specifically intended for students with physical impairments who have medical clearance to compete in competitive athletics. A student is eligible to compete in the PI Division with one of the following criteria.

The student must have a diagnosed and documented impairment specified from one of the two sections below: (Must be diagnosed and documented by a Physician/Physicians Assistant):

- 1) Neuromuscular, postural/skeletal, traumatic, growth, or neurological impairment that affects motor function, modifies gait patterns, or requires the use of a prosthesis or a mobility device including but not limited to, canes, crutches, or wheelchairs.
- 2) Cardio/respiratory impairment that is deemed safe for competitive athletics but limits the intensity and duration of physical exertion such that sustained activity for over five minutes at 60% of maximum heart rate for age results in physical distress in spite of appropriate management of the health condition.

Note: A condition that can be appropriately managed with appropriate medications, which eliminate physical or health endurance limitations, will NOT be considered to be eligible for adapted athletics.

Specific exclusions to PI competition:

The following health conditions without coexisting physical impairments as outlined above do not qualify the student to participate in the PI Division even though some of the conditions below may be considered Health Impairments by an individual’s physician, student’s school, or a government agency. This list is not all-inclusive and the conditions are examples of non-qualifying health conditions; other health impairments that are not listed below may also be non-qualifying for participation in the PI Division.

- Attention Deficit Disorder (ADD)
- Attention Deficit Hyperactive Disorder (ADHD)
- Emotional Behavioral Disorder (EBD)
- Autism Spectrum Disorders (including Asperger’s Syndrome)
- Tourette’s Syndrome
- Neurofibromatosis
- Asthma
- Reactive Airway Disease (RAD)
- Bronchopulmonary Dysplasia (BPD)
- Blindness
- Deafness
- Obesity
- Depression
- Generalized Anxiety Disorder

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- Seizure Disorder

B. **CI Division** – The MSHSL Adapted Athletics CI Division program is specifically intended for students with cognitive impairments who have medical clearance to compete in competitive athletics. A student is eligible to compete in the CI Division by meeting criteria 1 or 2 below:

1) **Minnesota Rule: 3525.1333 DEVELOPMENTAL COGNITIVE DISABILITY**

Subpart 1. Definition. "Developmental Cognitive Disability (DCD)" means a condition resulting in significantly below average intellectual functioning and concurrent deficits in adaptive behavior that adversely affects educational performance and requires special education and related services. DCD does not include conditions primarily due to a sensory or physical impairment, traumatic brain injury, autism spectrum disorders, severe multiple impairments, cultural influences, or inconsistent educational programming.

Subpart 2. Criteria. The team shall determine that a pupil is eligible as having a DCD and is in need of special education instruction and related services if the pupil meets the criteria in items A and B.

- a) The pupil demonstrates below average adaptive behavior in school and home, and, if appropriate, community environments. For the purposes of this item, "below average" means:
- (1) a composite score at or below the 15th percentile on a nationally normed, technically adequate measure of adaptive behavior; and
 - (2) documentation of needs and the level of support required in at least four of the seven adaptive behavior domains across multiple environments. Systematic observation and parent input must be included as sources to document need and level of support. All of the following adaptive behavior domains must be considered:
 - (a) daily living and independent living skills;
 - (b) social and interpersonal skills;
 - (c) communication skills;
 - (d) academic skills;
 - (e) recreation and leisure skills;
 - (f) community participation skills; and
 - (g) work and work-related skills.

Other sources of documentation may include checklists; classroom or work samples; interviews; criterion-referenced measures; educational history; medical history; or pupil self-report.

- b) The pupil demonstrates significantly below average general intellectual functioning that is measured by an individually administered, nationally normed test of intellectual ability. For the purposes of this subitem, "significantly below average general intellectual functioning" means:
- (1) mild-moderate range: two standard deviations below the mean, plus or minus one standard error of measurement; and
 - (2) severe-profound range: three standard deviations below the mean, plus or minus one standard error of measurement.

Significantly below average general intellectual functioning must be verified through a written summary of results from at least two systematic observations with consideration for culturally relevant information, medical and educational histories, and one or more of the following: supplemental tests of specific abilities, criterion-referenced tests, alternative methods of intellectual assessment, clinical interviews with parents, including family members, if appropriate, or observation and analysis of behavior across multiple environments.

2) **Students will also be eligible for the CI Division if they meet the following criteria:**

The student must have a diagnosed and documented cognitive impairment. Cognitively impaired refers to students with sub-average intellectual function defined by a Full Scale intelligence quotient of 70 or below, using a standardized, nationally-normed, technically adequate, and individually administered intelligence test.

Specific exclusions from CI competition:

A student becomes ineligible to participate in Adapted Athletics when they have attained a level of cognitive performance that exceeds the eligibility requirements. A student who has reached a level of cognitive performance that exceeds the eligibility requirements after the start of a season will be permitted to complete that sports season.

C. **Challenges to a student's eligibility to participate in PI and CI adapted athletics:**

A school may file a written challenge regarding a student's eligibility to participate in Adapted Athletics based on the qualifications stated above. Challenges must be submitted within 24 hours of the end of the game in which an alleged ineligible player participated. A challenge submitted after the deadline will not be honored. The student shall remain eligible during the review process. The committee's findings will be final and follow the student through the remaining years of eligibility unless there is a change in physical or cognitive status.

- 1) Upon receipt of a written challenge the League will activate the following review process:
 - a) request a brief statement from the school/coach supporting the eligibility of the athlete; and
 - b) review the school's/coach's submission and the school's supporting data (testing, medical history, school documentation) by one reviewer who will submit a brief written statement regarding the eligibility status.
- 2) Appeal Process:

If the initial review denies eligibility an appeal can be requested. A panel of three (3) reviewers will be convened. Two (2) of these reviewers must be from different disciplines (MD, Adapted PE teacher, PT, etc). The school/coach will be asked to submit a video of the player during a game or during PE class that will best demonstrate the disability. The video will be at the schools expense.

7. LAST DATE TO JOIN A TEAM

- A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.
- B. Membership Defined: A student must:
 - 1) be practicing with the high school team;
 - 2) be on the school's master eligibility list; and
 - 3) be under the bylaws of the League.
- C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:
 - 1) transfer students who become eligible in their new school; or
 - 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
 - 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
 - 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.
- D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:
 - 1) on a non-school team or as an individual competitor; or
 - 2) in a camp or clinic; or
 - 3) received private instruction in that sport during the high school season.

BYLAW 516.00**SWIMMING & DIVING – BOYS & GIRLS****1. SEASON BEGINS**

Fourteenth Monday preceding the finals for the Girls'/Boys' State Meet unless the state meet falls on the week of Thanksgiving. In that event, the season shall begin on the 15th Monday preceding the finals of the state meet.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST**Cross Reference: Bylaw 411.10 (Scheduling of Contests)**

Two weeks of organized practice shall precede the first contest except when Thanksgiving occurs during the second week of organized practice. In that event, a contest may be scheduled and played on the Wednesday before Thanksgiving.

3. CONTESTS**Cross Reference: Bylaw 501 (Maximum Number of Contests)**

A. Maximum number allowed – 16

B. Non-League Tournaments

Conference or division champions may schedule a 17th meet to determine an inter-conference or intra-conference champion. The meet must be listed on the school schedule.

C. When diving competitions cannot be held at a scheduled meet because the pool does not comply with the minimum depth requirements, the school may schedule additional diving competitions to make up for the missed meets. Divers are required to participate in all meets where the scheduled pool does comply with the minimum depth requirements. Athletes who dive may not exceed the sixteen meet participation limit.

Administrative memo: Coaches shall follow the National Federation Swimming and Diving Rules Book, Rule 3: Team Personnel, Section 2: Entries by individuals. ART. 1 . . . A competitor shall be permitted to enter a maximum of four events, no more than two of which may be individual events.

4. PLAYER PARTICIPATION LIMITATIONS**Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)****5. EQUIPMENT ISSUED**

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.

B. Membership Defined: A student must:

- 1) be practicing with the high school team;
- 2) be on the school's master eligibility list; and
- 3) be under the bylaws of the League.

C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post- season competition if they meet any of the four conditions below:

- 1) transfer students who become eligible in their new school; or
- 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
- 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
- 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.

D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:

- 1) on a non-school team or as an individual competitor; or
- 2) in a camp or clinic; or
- 3) received private instruction in that sport during the high school season.

BYLAW 517.00**SYNCHRONIZED SWIMMING – GIRLS****1. SEASON BEGINS**

Practice may begin on the first Monday in March and continue for fourteen (14) weeks.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST

Cross Reference: Bylaw 411.10 (Scheduling of Contests)

Two weeks of organized practice shall precede the first meet.

3. CONTESTS

Cross Reference: Bylaw 501 (Maximum Number of Contests)

A. Maximum number allowed – 15

B. Non-League Tournaments

Conference or division champions may schedule a 16th meet to determine an inter-conference or intra-conference champion.

4. PLAYER PARTICIPATION LIMITATIONS

Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)

5. EQUIPMENT ISSUED

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.

B. Membership Defined: A student must:

- 1) be practicing with the high school team;
- 2) be on the school's master eligibility list; and
- 3) be under the bylaws of the League.

C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:

- 1) transfer students who become eligible in their new school; or
- 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
- 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
- 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.

D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:

- 1) on a non-school team or as an individual competitor; or
- 2) in a camp or clinic; or
- 3) received private instruction in that sport during the high school season.

BYLAW 518.00**TENNIS – BOYS & GIRLS****1. SEASON BEGINS**

Eleventh Monday preceding the finals of the State Girls/Boys Tournament

2. PRACTICE SESSIONS BEFORE FIRST CONTEST

Cross Reference: Bylaw 411.10 (Scheduling of Contests)

One week of organized practice shall precede the first match.

3. CONTESTS

Cross Reference: Bylaw 501 (Maximum Number of Contests)

A. Maximum number allowed – 16

Sixteen contest dates with the total number of team matches within the 16 contest dates or events not to exceed 28, exclusive of League-sponsored tournament play.

B. Non-League Tournaments

- 1) A team tournament, in which winners advance to determine a champion, counts as 1 toward maximum 28 matches. Each dual competition within a multiple-team tournament (round robin), in which opponents are predetermined, counts as 1 toward maximum 28 matches. An individual tournament, in which individuals advance to determine champions, counts as 1 toward the maximum 28 matches.
- 2) Conference or division champions may schedule a 17th event to determine an inter-conference or intra-conference champion. The event must be listed on the school schedule. The 17th event does not count as one of the sixteen (16) allowable contest dates.

4. PLAYER PARTICIPATION LIMITATIONS

Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)

5. EQUIPMENT ISSUED

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

- A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.
- B. Membership Defined: A student must:
 - 1) be practicing with the high school team;
 - 2) be on the school's master eligibility list; and
 - 3) be under the bylaws of the League.
- C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:
 - 1) transfer students who become eligible in their new school; or
 - 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
 - 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
 - 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.
- D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:
 - 1) on a non-school team or as an individual competitor; or
 - 2) in a camp or clinic; or
 - 3) received private instruction in that sport during the high school season.

BYLAW 519.00**TRACK & FIELD – BOYS & GIRLS****1. SEASON BEGINS**

On the 13th Monday preceding the finals of the state tournament.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST

Cross Reference: Bylaw 411.10 (Scheduling of Contests)

Two weeks of organized practice shall be provided prior to the first contest.

3. CONTESTS

Cross Reference: Bylaw 501 (Maximum Number of Contests)

A. Maximum number allowed – 14

B. Non-League Tournaments

Indoor and outdoor meets shall be counted together in arriving at the total of 14.

4. PLAYER PARTICIPATION LIMITATIONS

Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)

5. EQUIPMENT ISSUED

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.

B. Membership Defined: A student must:

- 1) be practicing with the high school team;
- 2) be on the school's master eligibility list; and
- 3) be under the bylaws of the League.

C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:

- 1) transfer students who become eligible in their new school; or
- 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
- 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
- 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.

D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:

- 1) on a non-school team or as an individual competitor; or
- 2) in a camp or clinic; or
- 3) received private instruction in that sport during the high school season.

BYLAW 520.00**VOLLEYBALL – GIRLS****1. SEASON BEGINS**

On the 13th Monday preceding the finals of the state tournament.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST

Cross Reference: Bylaw 411.10 (Scheduling of Contests)

Two weeks of practice shall be provided prior to the first contest.

3. CONTESTS

Cross Reference: Bylaw 501 (Maximum Number of Contests)

A. Maximum number allowed - 17

B. Non-League Tournaments

Conference or division champions may schedule an 18th match to determine an inter-conference or intra-conference champion. The match must be listed on the school schedule. Tournaments, not part of League sponsored tournament play, will count as one match toward the total number allowed. Schools may not participate in more than three tournaments in addition to those that are League sponsored. Tournaments played on two consecutive days will count as one playing date. In non-League tournaments, teams may compete in a maximum of 15 sets. A minimum of 2 games must be played with each opponent. Match play (2 out of 3) may also be used. If teams play only 2 games with an opponent, the winner of the match will be decided by the following criteria:

- 1) A team winning both games shall be declared the winner.
- 2) If a team has split the games with one win and one loss, the winner shall be declared using one of these criteria:
 - a) one team has scored more total points than the other team or
 - b) if both teams have scored the same total points there are two options:
 - (1) Continue play in game 2 until one team has scored a total of 2 more points than the other team or
 - (2) play a 5-point game to determine the winner.

4. PLAYER PARTICIPATION LIMITATIONS

Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)

5. EQUIPMENT ISSUED

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

- A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.
- B. Membership Defined: A student must:
 - 1) be practicing with the high school team;
 - 2) be on the school's master eligibility list; and
 - 3) be under the bylaws of the League.
- C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:
 - 1) transfer students who become eligible in their new school; or
 - 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
 - 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
 - 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.
- D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:
 - 1) on a non-school team or as an individual competitor; or
 - 2) in a camp or clinic; or
 - 3) received private instruction in that sport during the high school season.

BYLAW 521.00**WRESTLING****1. SEASON BEGINS**

Fifteenth Monday preceding the finals of the state tournament.

2. PRACTICE SESSIONS BEFORE FIRST CONTEST**Cross Reference: Bylaw 411.10 (Scheduling of Contests)**

Two weeks of organized practice shall precede the first contest except when Thanksgiving occurs during the second week of organized practice. In that event, a contest may be scheduled and played on the Wednesday before Thanksgiving.

3. CONTESTS**Cross Reference: Bylaw 501 (Maximum Number of Contests)****A. Maximum number allowed – 16**

Sixteen events with the total number of team competitions within the 16 events not to exceed 45. An individual tournament shall count as one team competition toward the 16 allowable events, and one of the 45 allowable team competitions.

A wrestling team may schedule up to four team events for girls only without counting them against the 16 dates/45 matches. All individual wrestlers must not exceed the 16 dates/45 matches during the course of the season.

Please Note: Participation in (2) two separate varsity team competitions on the same calendar date shall count as two events toward the total allowable events and all team matches during the events will count toward the 45 total allowable competitions. For example: A school sends a team to participate in a Saturday varsity tournament in Andover and sends another team to participate in a varsity tournament in Blaine. Both events would count toward the 16 allowable events and all matches in the two separate events would count toward the 45 allowable competitions for individual wrestlers and the team matches.

Dual Meet Varsity and JV Participation

For Dual, Triangular and Quad Meet participation an individual can wrestle in the JV and Varsity portion of each dual. Participating at the JV and Varsity level of a dual will count as two matches toward the maximum of 45 individual matches but only count as one event toward an individual wrestler's maximum participation in 16 events.

- *The individual can wrestle in both the JV and Varsity levels of the dual as long as:*
- *The wrestler does not exceed the Match Limit of 5 per day*
- *The wrestler has a rest time between matches of 45 minutes*
- *The wrestler does not exceed the 45 match count limit*
- *The wrestler does not exceed the 16 event limit (Varsity & JV portion of an event count as only 1 event together)*

Dual/Triangular/Quad Meet Procedure: Teams will weigh-in all of their wrestlers by weight at the same time from smallest to largest (Varsity, Junior Varsity & Junior High at the same time).

- *Each team would be required to designate and notify the opposing team of their roster that could be used on their Varsity squad for that event prior to the start of weigh-ins.*
- *All wrestlers on the varsity roster would be eligible to wrestle both the junior varsity and varsity competitions if all previously stated rules are followed.*

B. Non-League Tournaments

Tournaments, not part of League play, will count as one event toward the total number allowed. Conference or division champions may schedule a 17th event to determine an inter-conference or intra-conference championship. The event must be listed on the school schedule. Wrestling in the 17th event does not count toward the 45 competitions total but the weigh-in will be used toward the 50% rule for determining the wrestler's certified weight.

4. PLAYER PARTICIPATION LIMITATIONS**Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)****5. EQUIPMENT ISSUED**

Equipment may be issued on the Friday or Saturday preceding the authorized date for the opening of practice (except Sunday).

6. LAST DATE TO JOIN A TEAM

A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.

B. Membership Defined: A student must:

- 1) be practicing with the high school team;
- 2) be on the school's master eligibility list; and
- 3) be under the bylaws of the League.

C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:

- 1) transfer students who become eligible in their new school; or
- 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
- 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or

- 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.
- D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:
 - 1) on a non-school team or as an individual competitor; or
 - 2) in a camp or clinic; or
 - 3) received private instruction in that sport during the high school season.

BYLAW 522.00**DANCE TEAM****1. SEASON BEGINS**

Practice may begin on the 17th Monday preceding the finals of the state tournament.

2. COMPETITIVE WINTER SEASON

- A. There are two divisions: high kick and jazz. Member schools can choose to participate either in one or both divisions.
- B. Performances and related practices may continue until the end of the school's participation in winter tournament play provided that the dance team performs continuously in post-season appearances.

3. SUMMER PERFORMANCE SEASON

Teams may perform in one community-based event during the summer provided that approval has been received from the League office 30 days prior to the event. A summer waiver form must be filled out and sent to the League. Preparation time is limited to one week preceding the event.

4. PRACTICE SESSIONS BEFORE FIRST CONTEST

Cross Reference: Bylaw 411.10 (Scheduling of Contests)

Two (2) weeks of organized practice shall precede the first contest.

5. CONTESTS

Cross Reference: Bylaw 501 (Maximum Number of Contests)

Maximum number allowed: Member schools shall not schedule more than 15 contests, exclusive of League-sponsored tournament competition. Any entry into high kick or jazz or both at the same competitive event will count as one of the 15 contests.

6. PLAYER PARTICIPATION LIMITATIONS

Cross Reference: Bylaw 502 (Daily/Season Player Participation Limitations)

7. TRYOUTS:

Coaches may have contact with students for preparation, tryout and team selection following the state competition and prior to June 15. This tryout and selection period shall not exceed one (1) week.

8. LAST DATE TO JOIN A TEAM

- A. To be eligible for section and state competition, a student must be a member of that school's team no later than the fourth Monday (the 22nd calendar day) from the official start of that sport season.
- B. Membership Defined: A student must:
 - 1) be practicing with the high school team;
 - 2) be on the school's master eligibility list; and
 - 3) be under the bylaws of the League.
- C. Exceptions: At the member school's discretion, students may be allowed to join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season and be fully eligible for regular season and post-season competition if they meet any of the four conditions below:
 - 1) transfer students who become eligible in their new school; or
 - 2) students who are participating in another sport and wish to drop that sport or participate in a second sport during that same sport season, provided they have not delayed their membership in order to gain a competitive advantage; or
 - 3) students who, were under the care of a physician and were medically unable to join the team by the specified date (students must have written documentation from the physician); or
 - 4) students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season, and **have not participated in the same sport:**
 - a) on a non-school team or as an individual competitor; or
 - b) in a camp or clinic; or
 - c) received private instruction in that sport during the high school season.
- D. Students who join a team after the fourth Monday (the 22nd calendar day) from the official start of that sport season are eligible for the **regular season only** (not post-season) if they have participated in the same sport:
 - 1) on a non-school team or as an individual competitor; or
 - 2) in a camp or clinic; or
 - 3) received private instruction in that sport during the high school season.

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BOARD POLICY STATEMENTS

CHEMICAL AWARENESS STATEMENT FOR LEAGUE REPRESENTATIVES

Philosophy and Standards

The Minnesota State High School League is concerned about the potential for adverse effects of alcohol and other chemicals on an individual's health and safety, as well as on the conduct of League activities.

Understanding the implications of chemical use on one's health is a personal responsibility. However, it is also the responsibility of the Minnesota State High School League to create an environment which is conducive to responsible decision-making and to establish practices which will minimize chemical abuse. Because even minimal consumption of mood-altering chemicals has an effect on individual functioning, it is of legitimate concern to the organization.

It is imperative that at all times League business is conducted in a professional and responsible manner. To this end, all representatives of the League must accept their individual responsibility to report to League functions prepared to execute their duties on behalf of the member schools.

Therefore, the Board of Directors has established the following policies and guidelines and recommends that their spirit and intent be communicated throughout all League-sponsored activities.

Policies of the Board of Directors

1. League funds shall not be used to pay for alcoholic beverages at any business or social function of the League.
2. Individuals will not use or consume alcohol prior to and while conducting League business or administering League activities.
3. All business meetings of the League shall be tobacco-free.

By definition, these representatives and functions apply to all League activities, including: the Board of Directors, Representative Assembly, Congress of Schools, Subregions and Regions, Ad Hoc Committees and Advisory Committees; Tournaments and their personnel, and representatives of member schools at League-sponsored activities.

Guidelines for Member Schools

The Board of Directors believes that the League and each member school should set clear expectations of appropriate behavior for those individuals who are responsible for students and their welfare. The following expectations are recommended:

1. Individuals who are responsible for students/teams in a League activity should refrain from the use of alcohol during this period.
2. The use of alcohol is inappropriate as a part of any League-related function which includes students, such as banquets and other celebrations.
3. Individuals who are responsible for students/teams in a League activity should refrain from the use of tobacco in the presence of students in League activities.
4. Individuals who are responsible for students/teams in a League activity should abstain from the use of illegal controlled substances.

Commentary

Each of us as a part of an organization can understand and appreciate the need for responsible behavior in our personal use of mood-altering chemicals. The cost to society, to families, and to the individual has been documented far too many times for us, both individually and collectively, to ignore our responsibilities. Our concerns should reflect consideration for those who do not use alcohol or tobacco, and consideration of those who encounter difficulty in their personal choices to maintain a chemical-free lifestyle.

Changing attitudes and patterns of alcohol use in our society has become a national goal. We, as leaders in education, can assist this movement and increase its momentum by role modeling a chemically healthy lifestyle.

By our actions, we make a statement about our beliefs regarding mood-altering chemicals. Most of all, we can be a positive role model for young people.

Preventing chemical use problems can begin with one person. The Minnesota State High School League believes it begins with us, each and every one.

POSITION STATEMENT FOR THE RECRUITMENT OF MEN, WOMEN AND MINORITIES

Resolved: That the MSHSL Board of Directors support, encourage, and promote the efforts of member schools, official associations, colleges and universities with training programs teachers/coaches and officials, and the National Federation in their efforts to recruit men, women, and minorities into coaching and officiating.

AFFIRMATIVE ACTION

It is the policy of the MSHSL to work affirmatively to ensure that all persons, regardless of race, color, creed, national origin, sex, religion, marital status, age, handicapped status or reliance on public assistance, political opinion or affiliation, or military service will be treated fairly and equally in employment or program participation which includes, but is not limited to, study committees, tournament work assignments, tournament officials, etc. It is the League's policy and responsibility to aggressively and effectively take "affirmative action" to ensure fair and equal treatment for all minorities and women and handicapped persons (protected class persons).

In the area of employment, this basic policy will apply to recruitment, selection, hiring, benefits, compensation, equality of wages, employee development programs, promotion, lay-off and return from lay-off, termination and disciplinary action.

Areas not specifically mentioned in this statement will still be governed by the spirit of this statement. (Adopted by the Board of Directors, January 28, 1988).

SEXUAL, RACIAL AND RELIGIOUS HARASSMENT, VIOLENCE AND/OR HAZING POLICY

I. GENERAL STATEMENT OF POLICY

The Minnesota State High School League believes that all individuals should be treated with respect and dignity. Therefore, it is the expectation of the League that all individuals in the course of performing their job responsibilities, conducting League business, or administering League activities will be free from sexual, racial, religious, harassment or violence and hazing as it is defined by this policy. The League will act to investigate all complaints, either formal or informal, verbal or written, and to discipline any officer or employee who violates this policy.

II. SEXUAL HARASSMENT DEFINED

Sexual harassment is a form of sex discrimination which violates Section 703 of Title VII of the Civil Rights Act of 1964, as amended, 42 U.S.C. 2000e, et seq., and Minn. Stat. 363.01-14, the Minnesota Human Rights Act. Sexual harassment is illegal under both federal and state law.

- A. Sexual Harassment consists of unwelcome sexual advances, requests for sexual favors, sexually motivated physical conduct or other verbal or physical conduct or communication of a sexual nature when:
 1. submission to such conduct is made either explicitly or implicitly a term or condition of obtaining or retaining employment;
 2. submission to or rejection of that conduct by an individual is used as a factor in decisions affecting that individual's employment;
 3. that conduct has the purpose or effect of substantially or unreasonably interfering with an individual's employment or creating an intimidating, hostile, or offensive employment environment; or
 4. such conduct is based on sex and would not have occurred "but for" the sex of the victim even though it is not clearly sexual in nature or an explicit sexual advance.
- B. Sexual harassment includes, but is not limited to:
 1. verbal harassment or abuse;
 2. subtle pressure for sexual activity;
 3. inappropriate touching;
 4. intentional physical contact with another employee's body;
 5. requesting sexual favors accompanied by implied or overt threats concerning an individual's employment or education status;
 6. requesting sexual favors accompanied by implied or overt promises of preferential treatment with regard to an individual's employment status;
 7. any sexually motivated unwelcome touching; or
 8. conduct other than explicit sexual advances that would not have occurred but for the individual's sex.

III. SEXUAL VIOLENCE DEFINED

- A. Sexual violence is a physical act of aggression that includes a sexual act or sexual purpose which involves the touching of another's intimate parts, either above or underneath the other person's clothes, or forcing another to touch one's intimate parts, either above or underneath one's clothes. Intimate parts, as defined in Minnesota Statutes 1990, Section 609.341, includes the primary genital area, groin, inner thigh, buttocks, or breast of a human being. Sexual violence is a criminal activity.
- B. Sexual violence may include, but is not limited to:
 1. touching, patting, grabbing, or pinching another person's intimate parts, either same sex or opposite sex.
 2. coercing or forcing sexual touching on another;
 3. coercing or forcing sexual intercourse on another;
 4. threatening to force sexual touching or intercourse on another.

IV. RACIAL HARASSMENT DEFINED

- A. Racial harassment consists of physical or verbal conduct relating to an individual's race when the conduct:
1. has the purpose or effect of creating an intimidating, hostile or offensive working or academic environment;
 2. has the purpose or effect of substantially or unreasonably interfering with an individual's work or academic performance; or
 3. otherwise adversely affects an individual's employment or academic opportunities.

V. RACIAL VIOLENCE DEFINED

- A. Racial violence is a physical act of aggression or assault upon another because of, or in a manner reasonably related to, race.

VI. RELIGIOUS HARASSMENT DEFINED

- A. Religious harassment consists of physical or verbal conduct which is related to an individual's religion when the conduct:
1. has the purpose or effect of creating an intimidating, hostile or offensive working or academic environment;
 2. has the purpose or effect of substantially or unreasonably interfering with an individual's work or academic performance; or
 3. otherwise adversely affects an individual's employment or academic opportunities.

VII. RELIGIOUS VIOLENCE DEFINED

- A. Religious violence is a physical act of aggression or assault upon another because of, or in a manner reasonably related to, religion.

VIII. ASSAULT DEFINED

- A. Assault is:
1. an act done with intent to cause fear in another of immediate bodily harm or death;
 2. the intentional infliction of or attempt to inflict bodily harm upon another; or
 3. the threat to do bodily harm to another with present ability to carry out the threat.

IX. OFFICERS AND EMPLOYEES DEFINED

Officers and employees are defined as those individuals who are elected, appointed or contracted to provide services to the League. They include, but are not limited to the Board of Directors; Representative Assembly; Subregion and Region Committees; Executive staff and support staff; rules clinicians; registered officials and judges; vendors.

X. REPORTING PROCEDURES

An employee or officer who believes that she/he has been the victim of sexual, racial, or religious harassment or violence by an officer or an employee of the League should report the alleged act immediately to an appropriate League official as designated by the policy. In addition, anyone who has knowledge of an alleged violation of this policy should also report under the procedures set forth herein. A report should also be made by anyone who believes that they are being retaliated against for reporting an act covered by this policy. The League encourages the reporting party or complainant to use the report form that is available from the office of the League.

- A. The League hereby designates the Executive Director to receive reports or complaints of sexual, racial, or religious harassment or violence. If the complaint involves the Executive Director, the complaint shall be filed directly with the President of the Board of Directors.

The name, address, and telephone number of the Executive Director is:

Erich Martens

Minnesota State High School League 2100 Freeway Boulevard

Brooklyn Center, MN 55430-1735 763/560-2262

- A. Submission of a complaint or report of sexual, racial, or religious harassment or violence that is not frivolous and made in good faith will not affect the individual's future employment or work assignments.
- B. Use of formal reporting forms is not mandatory.

The League will respect the confidentiality of the complainant and the individual(s) against whom the complaint is filed as much as possible, consistent with the League's legal obligations and the necessity to investigate allegations of harassment and take disciplinary action when harassment has occurred.

C. Investigation and League Action.

By authority of the League, the Executive Director shall immediately authorize an investigation upon receipt of a report or complaint alleging sexual, racial, or religious harassment or violence. This investigation may be conducted by League officials or by a third party knowledgeable in conducting such investigations designated by the League.

The investigating party shall provide a written report of the status of the investigation within 10 working days to the Executive Director.

In determining whether the alleged conduct violates this policy, the League should consider the surrounding circumstances, the nature of the alleged conduct, the relationships between the parties involved and the context in which the alleged incidents occurred. Whether a particular action or incident violates this policy requires a determination based on all the facts and surrounding circumstances.

The investigation may consist of personal interviews with the complainant, the individual(s) against whom the complaint is filed, and others who may have knowledge of the alleged incident(s) or circumstances giving rise to the complaint. The investigation may also consist of any other methods and documents deemed pertinent by the investigator.

In addition, the League may take immediate steps, at its discretion, to protect the complainant and employees pending completion of an investigation of alleged misconduct.

The Executive Director shall use the investigative report to make findings and conclusions and take appropriate action.

XI. REPORTING LEAGUE ACTION

- A. Upon taking appropriate action, the Executive Director shall provide a written report to the Board of Directors.
- B. The result of the investigation of each complaint filed under these procedures will be reported by the League in writing to the complainant. The report will document any disciplinary action taken as a result of the complainant.

XII. RIGHT TO ALTERNATIVE COMPLAINT PROCEDURES

These procedures do not deny the right of any individual to pursue other avenues of recourse which may include filing charges with the Minnesota Department of Human Rights, initiating civil action or seeking redress under state criminal statutes and/or federal.

XIII. DISCIPLINE

Any League action taken pursuant to this policy will be consistent with requirements of applicable Minnesota statutes and League policies. The League will take such disciplinary action as it deems necessary and appropriate in its sole discretion. This may include, but is not limited to warning, suspension, or immediate discharge. Immediate discharge may be taken as a first or last disciplinary step.

POSITION STATEMENT: A CODE OF COMMITMENT TO BE MULTI-CULTURAL, GENDER-FAIR, AND DISABILITY AWARE (INCLUSIVE)

Philosophy

The Minnesota State High School League is concerned about the negative impact of prejudice and discrimination on the participants in the interscholastic activity programs sponsored by its member schools.

The League and its member schools are committed to creating an environment in the activity program which promotes respect for and appreciation of racial, gender, and ethnic differences and is disability aware.

League activities should be models of how individuals can live in a world free of prejudice and discrimination. Because one incident adversely impacts the individuals and activities involved, it is of legitimate concern to the organization.

League Representatives Defined

The Minnesota State High School League believes that clear expectations of appropriate behavior must be communicated to those individuals who are responsible for students in the activity program sponsored by member schools.

By definition, this code applies to all League representatives, including: the Board of Directors and Staff, the Representative Assembly, Region Committees, ad hoc and advisory committees, registered officials, rules clinicians, tournaments and their personnel, and representatives of MSHSL member schools to League-sponsored activities.

The Code of Commitment

The Board of Directors has established the following Code of Commitment and will communicate its spirit and intent throughout all League-sponsored activities:

I will support the commitment of the Minnesota State High School League and its member schools to enhance race relations, be gender fair and disability aware by:

...modeling language and behavior that is non-biased and inclusive of individuals regardless of ethnicity, race, religion, sex, or disability;

...educating and sensitizing myself to gender fairness and equity issues;

...intervening to let others know that I will not tolerate ethnic, disability, or sexist jokes, racial or religious slurs, or any action which demeans any individual or group;

...educating and sensitizing myself to the cultural heritage and traditions of others; and,

...initiating actions which would prevent prejudice and discrimination against individuals or groups in League-sponsored activities.

Commentary

Leaders of interscholastic activities are role models for young people and have a responsibility to model a lifestyle free of prejudice and discrimination.

Preventing prejudice and discrimination can begin with one person. The Minnesota State High School League believes that it begins with us, each and every one.

STATE LEGISLATION

121A.04 Athletic Programs; Sex Discrimination.

Subdivision 1. Purpose.

The legislature recognizes certain past inequities in access to athletic programs and in the various degrees of athletic opportunity previously afforded members of each sex. The purpose of this section is to provide an equal opportunity for members of both sexes to participate in athletic programs.

Subd. 2. Equal opportunity in athletic programs.

Each educational institution or public service shall provide equal opportunity for members of both sexes to participate in its athletic program. In determining whether equal opportunity to participate in athletic programs is available for the purposes of this section, at least the following factors shall be considered to the extent that they are applicable to a given situation: whether the opportunity for males and females to participate in the athletic program reflects the demonstrated interest in athletics of the males and females in the student body of the educational institution or the population served by the public service; whether the variety and selection of sports and levels of competition effectively accommodate the demonstrated interests of members of both sexes; the provision of equipment and supplies; scheduling of games and practice times; assignment of coaches; provision of locker rooms; practice and competitive facilities; and the provision of necessary funds for teams of one sex.

Subd. 3. Exceptions.

- (a) Notwithstanding any other state law to the contrary, in athletic programs operated by educational institutions or public services and designed for participants 12 years old or older or in the 7th grade or above, it is not an unfair discriminatory practice to restrict membership on an athletic team to participants of one sex whose overall athletic opportunities have previously been limited.
- (b) When an educational institution or a public service provides athletic teams for children 11 years old or younger or in the 6th grade or below, those teams shall be operated without restrictions on the basis of sex, except that when overall athletic opportunities for one sex have previously been limited and there is a demonstrated interest by members of that sex to participate on a team restricted to members of that sex, the educational institution or public service may provide a team restricted to members of that sex.
- (c) When two teams in the same sport are in fact separated or substantially separated according to sex, the two teams shall be provided with substantially equal budgets per participant, exclusive of gate receipts and other revenues generated by that sport, and in all other respects shall be treated in a substantially equal manner. However, nothing in this section shall be construed to require the two teams to conduct combined practice sessions or any other combined activities related to athletics.
- (d) If two teams are provided in the same sport, one of these teams may be restricted to members of a sex whose overall athletic opportunities have previously been limited, and members of either sex shall be permitted to try out for the other team.
- (e) Notwithstanding the provisions of paragraphs (a), (b), and (d), any wrestling team may be restricted to members of one sex whether or not the overall athletic opportunities of that sex have previously been limited, provided that programs or events are provided for each sex to the extent the educational institution or public service determines that these programs or events are necessary to accommodate the demonstrated interest of each sex to participate in wrestling.

Subd. 4. Provision of separate teams.

When an equal opportunity to participate in the elementary or secondary school level athletic program of an educational institution or public service is not provided to members of a sex whose overall athletic opportunities have previously been limited, that educational institution or public service shall, where there is demonstrated interest, provide separate teams for members of the excluded sex in sports which it determines will provide members of that excluded sex with an equal opportunity to participate in its athletic program and which will attempt to accommodate their demonstrated interests.

Subd. 5. Rules.

The commissioner of education, after consultation with the commissioner of human rights must promulgate rules in accordance with chapter 14 to implement this section to prevent discrimination in elementary and secondary school athletic programs operated by educational institutions. The rules promulgated by the commissioner pursuant to this section shall not require athletic competition or tournaments for teams whose membership may be restricted to members of a sex whose overall athletic opportunities have previously been limited to be scheduled in conjunction with the scheduling of athletic competition or tournaments for teams whose membership is not so restricted by this section. Any organization, association or league entered into by elementary or secondary schools or public services for the purpose of promoting sports or adopting rules and regulations for the conduct of athletic contests between members shall provide rules and regulations and conduct its activities so as to permit its members to comply fully with this section. The rules of that organization, association or league may provide separate seasons for athletic competition or tournaments in a sport for teams whose membership may be restricted to members of a sex whose overall athletic opportunities have previously been limited from athletic competition or tournaments established for teams in that same sport whose membership is not so restricted by this section, and its rules may prohibit a participating student from competing on more than one school team in a given sport during a single school year. POLICIES FOR ATHLETES WITH CONCUSSIONS (ENACTED 2011)

An act relating to health; establishing policies for youth athletes with concussions resulting from participation in youth athletic activities; amending Minnesota Statutes 2010, sections 124E.03, subdivision 8; 128C.02, by adding a subdivision; proposing coding for new law in Minnesota Statutes, chapter 121A. BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF MINNESOTA:

Section 1. [121A.37] YOUTH SPORTS PROGRAMS.

- (a) Consistent with section 121A.38, any municipality, business, or nonprofit organization that organizes a youth athletic activity for which an activity fee is charged shall:
- (1) make information accessible to all participating coaches, officials, and youth athletes and their parents or guardians about the nature and risks of concussions, including the effects and risks of continuing to play after receiving a concussion, and the protocols and content, consistent with current medical knowledge from the Centers for Disease Control and Prevention, related to:
 - (i) the nature and risks of concussions associated with athletic activity;
 - (ii) the signs, symptoms, and behaviors consistent with a concussion;
 - (iii) the need to alert appropriate medical professionals for urgent diagnosis and treatment when a youth athlete is suspected or observed to have received a concussion; and
 - (iv) the need for a youth athlete who sustains a concussion to follow proper medical direction and protocols for treatment and returning to play; and
 - (2) require all participating coaches and officials to receive initial online training and online training at least once every three calendar years thereafter, consistent with clause (1) and the Concussion in Youth Sports online training program available on the Centers for Disease Control and Prevention Website.
- (b) A coach or official shall remove a youth athlete from participating in any youth athletic activity when the youth athlete:
- (1) exhibits signs, symptoms, or behaviors consistent with a concussion; or
 - (2) is suspected of sustaining a concussion.
- (c) When a coach or official removes a youth athlete from participating in a youth athletic activity because of a concussion, the youth athlete may not again participate in the activity until the youth athlete:
- (1) no longer exhibits signs, symptoms, or behaviors consistent with a concussion; and
 - (2) is evaluated by a provider trained and experienced in evaluating and managing concussions and the provider gives the youth athlete written permission to again participate in the activity.
- (d) Failing to remove a youth athlete from an activity under this section does not violate section 604A.11, subdivision 2, clause (6), consistent with paragraph (e).
- (e) This section does not create any additional liability for, or create any new cause of legal action against, a municipality, business, or nonprofit organization or any officer, employee, or volunteer of a municipality, business, or nonprofit organization.
- (f) For the purposes of this section, a municipality means a home rule charter city, a statutory city or a town. EFFECTIVE DATE. This section is effective beginning September 1, 2011.

Section 2. [121A.38] CONCUSSION PROCEDURES.**Subdivision 1. Definitions.**

- (a) For purposes of this section and section 121A.37, the following terms have the meanings given them.
- (b) "Concussion" means a complex pathophysiological process affecting the brain, induced by traumatic biokinetic forces caused by a direct blow to either the head, face, or neck, or elsewhere on the body with an impulsive force transmitted to the head that may involve the rapid onset of short-lived impairment of neurological function and clinical symptoms, loss of consciousness, or prolonged postconcussive symptoms.
- (c) "Provider" means a health care provider who is:
- (1) registered, licensed, certified, or otherwise statutorily authorized by the state to provide medical treatment;
 - (2) trained and experienced in evaluating and managing pediatric concussions; and
 - (3) practicing within the person's medical training and scope of practice.
- (d) "Youth athlete" means a young person through age 18 who actively participates in an athletic activity, including a sport.
- (e) "Youth athletic activity" means any sport or other athletic activity related to competition, practice, or training exercises which is intended for youth athletes and at which a coach or official is present in an official capacity as a coach or official. For purposes of school-sponsored sports under this section, youth athletic activities are extracurricular athletic activities.

Subd. 2. SCHOOL-SPONSORED SPORTS.

- (a) The appropriate sports governing body, including the high school league under chapter 128C, among other sports governing bodies, shall work with public and nonpublic school coaches, officials, and youth athletes and their parents or guardians to make information available about the nature and risks of concussions, including the effects of continuing to play after receiving a concussion. The information shall include protocols and content, consistent with current medical knowledge from the Centers for Disease Control and Prevention, related to:
- (1) the nature and risks of concussions associated with athletic activity;
 - (2) the signs, symptoms, and behaviors consistent with a concussion;
 - (3) the need to alert appropriate medical professionals for urgent diagnosis and treatment when a youth athlete is suspected or observed to have received a concussion; and
 - (4) the need for a youth athlete who sustains a concussion to follow proper medical direction and protocols for treatment and returning to play.

A sports governing body that posts or provides appropriate links to the information indicated in this paragraph has complied with the requirements of this paragraph.

POLICIES FOR ATHLETES WITH CONCUSSIONS (ENACTED 2011)

- (b) Consistent with paragraph (a), the appropriate sports governing body shall provide access to the Concussion in Youth Sports online training program available on the Centers for Disease Control and Prevention Website. Each school coach and official involved in youth athletic activities must receive initial online training and online training at least once every three school years thereafter.
- (c) At the start of each school year, school officials shall make information available about the nature and risks of concussions to youth athletes and their parents or guardians. If a parent of a youth athlete must sign a consent form to allow the youth athlete to participate in a school-sponsored athletic activity, the form must include information about the nature and risk of concussions.
- (d) A coach or official shall remove a youth athlete from participating in any youth athletic activity when the youth athlete:
 - (1) exhibits signs, symptoms, or behaviors consistent with a concussion; or
 - (2) is suspected of sustaining a concussion.
- (e) When a coach or official removes a youth athlete from participating in a youth athletic activity because of a concussion, the youth athlete may not return to the activity until the youth athlete:
 - (1) no longer exhibits signs, symptoms, or behaviors consistent with a concussion; and
 - (2) is evaluated by a provider trained and experienced in evaluating and managing concussions and the provider gives the youth athlete written permission to again participate in the activity.
- (f) Failing to remove a youth athlete from an activity as required under this section does not violate section 604A.11, subdivision 2, clause (6), consistent with paragraph (g).
- (g) This section does not create any additional liability for, or create any new cause of legal action against, a school or school district or any officer, employee, or volunteer of a school or school district.
EFFECTIVE DATE. This section is effective for the 2011-2012 school year and later.

Sec. 3. Minnesota Statutes 2010, section 124D.10, subdivision 8 [subsequently renumbered to 124E.03, subd. 2], is amended to read:

Subd. 2. Certain federal, state, and local requirements.

- (a) A charter school shall meet all federal, state, and local health and safety requirements applicable to school districts.
- (b) A school must comply with statewide accountability requirements governing standards and assessments in chapter 120B.
- (c) A school authorized by a school board may be located in any district, unless the school board of the district of the proposed location disapproves by written resolution.
- (d) A charter school must be nonsectarian in its programs, admission policies, employment practices, and all other operations. An authorizer may not authorize a charter school or program that is affiliated with a nonpublic sectarian school or a religious institution. A charter school student must be released for religious instruction, consistent with section 120A.22, subdivision 12, clause (3). Charter schools must not be used as a method of providing education or generating revenue for students who are being home-schooled.
- (e) The primary focus of a charter school must be to provide a comprehensive program of instruction for at least one grade or age group from five through 18 years of age. Instruction may be provided to people younger than five years and older than 18 years of age.
- (f) A charter school may not charge tuition.
- (g) A charter school is subject to and must comply with chapter 363A and section 121A.04.
- (h) A charter school is subject to and must comply with the Pupil Fair Dismissal Act, sections 121A.40 to 121A.56, and the Minnesota Public School Fee Law, sections 123B.34 to 123B.39.
- (i) A charter school is subject to the same financial audits, audit procedures, and audit requirements as a district. Audits must be conducted in compliance with generally accepted governmental auditing standards, the federal Single Audit Act, if applicable, and section 6.65. A charter school is subject to and must comply with sections 15.054; 118A.01; 118A.02; 118A.03; 118A.04; 118A.05; 118A.06; 471.38; 471.391; 471.392; and 471.425. The audit must comply with the requirements of sections 123B.75 to 123B.83, except to the extent deviations are necessary because of the program at the school. Deviations must be approved by the commissioner and authorizer. The Department of Education, state auditor, legislative auditor, or authorizer may conduct financial, program, or compliance audits. A charter school determined to be in statutory operating debt under sections 123B.81 to 123B.83 must submit a plan under section 123B.81, subdivision 4.
- (j) A charter school is a district for the purposes of tort liability under chapter 466.
- (k) A charter school must comply with chapters 13 and 13D; and sections 120A.22, subdivision 7; 121A.75; and 260B.171, subdivisions 3 and 5.
- (l) A charter school is subject to the Pledge of Allegiance requirement under section 121A.11, subdivision 3.
- (m) A charter school offering online courses or programs must comply with section 124D.095.
- (n) A charter school and charter school board of directors are subject to chapter 181.
- (o) A charter school must comply with section 120A.22, subdivision 7, governing the transfer of students' educational records and sections 138.163 and 138.17 governing the management of local records.
- (p) A charter school that provides early childhood health and developmental screening must comply with sections 121A.16 to 121A.19.
- (r) A charter school that provides school-sponsored youth athletic activities must comply with section 121A.38.

Sec. 4. Minnesota Statutes 2010, section 128C.02, is amended by adding a subdivision to read:

Subd. 3b. **Concussion awareness, safety, and protection.** The league may adopt a concussion awareness, safety, and protection policy that exceeds the requirements of section 121A.38.

EFFECTIVE DATE. This section is effective for the 2011- 2012 school year and later.

122A.15 Teachers, Supervisory and Support Personnel, Definitions, Licensure.

Subdivision 1. Teachers.

The term “teachers” for the purpose of licensure, means all persons employed in a public school or education district or by a service cooperative as members of the instructional, supervisory, and support staff including superintendents, principals, supervisors, secondary vocational and other classroom teachers, librarians, counselors, school psychologists, school nurses, school social workers, audio-visual directors and coordinators, recreation personnel, media generalists, media supervisors and speech therapists.

Subdivision 2. Supervisory personnel.

“Supervisory personnel” for the purpose of licensure means superintendents, principals, and professional employees who devote 50 percent or more of their time to administrative or supervisory duties over other personnel, and includes athletic coaches.

122A.33 License and Degree Exemption For Head Coach.

Subdivision 1. Employment.

Notwithstanding section 122A.15, subdivision 1, a school district may employ as a head varsity coach of an interscholastic sport at its secondary school a person who does not have a license as head varsity coach of interscholastic sports and who does not have a bachelor’s degree if:

- (1) in the judgment of the school board, the person has the knowledge and experience necessary to coach the sport;
- (2) can verify completion of six quarter credits, or the equivalent, or 60 clock hours of instruction in first aid and the care and prevention of athletic injuries; and
- (3) can verify completion of a coaching methods or theory course.

Subdivision 2. Annual contract.

Notwithstanding section 122A.58, a person employed as a head varsity coach has an annual contract as a coach that the school board may or may not renew as the board sees fit.

Subdivision 3. Notice of nonrenewal; opportunity to respond.

A school board that declines to renew the coaching contract of a licensed or nonlicensed head varsity coach must notify the coach within 14 days of that decision. If the coach requests reasons for not renewing the coaching contract, the board must give the coach its reasons in writing within ten days of receiving the request. The existence of parent complaints must not be the sole reason for a board not to renew a coaching contract. Upon request, the board must provide the coach with a reasonable opportunity to respond to the reasons at a board meeting. The hearing may be opened or closed at the election of the coach unless the board closes the meeting under section 13D.05, subdivision 2, to discuss private data.

122A.58 Coaches, Termination of Duties.

Subdivision 1. Termination; hearing.

Before a district terminates the coaching duties of an employee who is required to hold a license as an athletic coach from the commissioner of education, the district must notify the employee in writing and state its reason for the proposed termination. Within 14 days of receiving this notification, the employee may request in writing a hearing on the termination before the board. If a hearing is requested, the board must hold a hearing within 25 days according to the hearing procedures specified in section 122A.40, subdivision 14, and the termination is final upon the order of the board after the hearing.

Subdivision 2. Final decision.

Within ten days after the hearing, the board must issue a written decision regarding the termination. If the board decides to terminate the employee’s coaching duties, the decision must state the reason on which it is based and include findings of fact based upon competent evidence in the record. The board may terminate the employee’s duties or not, as it sees fit, for any reason which is found to be true based on substantial and competent evidence in the record.

Subdivision 3. Nonapplication of section.

This section shall not apply to the termination of coaching duties pursuant to a district transfer policy or as a result of the nonrenewal or termination of the employee’s contract or the employee’s discharge, demotion or suspension pursuant to section 122A.40 or 122A.41. This section shall not apply to the termination of an employee’s coaching duties before completing the probationary period of employment.

MAIN VOLUME OF STATUTES CHAPTER 128C – HIGH SCHOOL LEAGUE

128C.01 Form, makeup, delegated power, board members

Subdivision 1. Voluntary association. The Minnesota State High School League is a nonprofit corporation that is a voluntary association of high schools. A high school that is a school under section 120A.22, subdivision 4, may be a member of the league. The league is made up of high schools whose governing boards have delegated their control of extracurricular activities, as described in section 123B.49, subdivision 4, to the league. The delegation is made when the governing board files a certificate of delegation with the commissioner of education.

Subdivision 2. Power to delegate to, pay for, league. The governing board of a high school may delegate its control of extracurricular activities to the league. A school board may spend money for, and pay dues to, the league.

Subdivision 3. League power to control. The State High School League may control contests by and between pupils of the Minnesota high schools that are delegated to it under this section.

Subdivision 4. Board.

- (a) The league must have a 20-member governing board.
 - (1) The governor must appoint four members according to section 15.0597. Each of the four appointees must be a parent. At least one of them must be an American Indian, an Asian, a Black, or a Hispanic.
 - (2) The Minnesota Association of Secondary School Principals must appoint two of its members.
 - (3) The remaining 14 members must be selected according to league bylaws.
- (b) The terms, compensation, removal of members, and the filling of membership vacancies are governed by section 15.0575, except that the four-year terms begin on August 1 and end on July 31. As provided by section 15.0575, members who are full-time state employees or full-time employees of school districts or other political subdivisions of the state may not receive any per diem payment for service on the board.

128C.02 Duties, policies, criteria, rules of board

Subdivision 1. Decisions, policies, advisory committees. The board shall establish and adopt policies, including a policy on corporate sponsorships and similar agreements, make decisions on behalf of the league, and establish advisory committees necessary to carry out board functions.

Subdivision 2. Sexual harassment and violence; hazing. The board of the league shall adopt a policy, rules, penalties, and recommendations addressing sexual harassment and sexual violence and hazing toward and by participants in league activities.

Subdivision 3. Criteria for conference arrangements. The board must develop criteria for the league to use when it is asked to arrange for membership in an interscholastic conference by a league member under section 128C.07. The league must give notice and an opportunity for league members to be heard before adopting the criteria. The criteria must include, at least, the distance to be traveled by competing schools, the relative enrollments of the schools, and the comparability of extracurricular activities in the schools.

Subdivision 4. Rules are APA exempt. The rules of the league are exempt from chapter 14, including section 14.386.

Subdivision 5. Rules for open enrollees.

- (a) The league shall adopt league rules and regulations governing the athletic participation of pupils attending school in a nonresident district under section 124D.03.
- (b) Notwithstanding other law or league rule or regulation to the contrary, when a student enrolls in or is readmitted to a

recovery-focused high school after successfully completing a licensed program for treatment of alcohol or substance abuse, mental illness, or emotional disturbance, the student is immediately eligible to participate on the same basis as other district students in the league-sponsored activities of the student's resident school district. Nothing in this paragraph prohibits the league or school district from enforcing a league or district penalty resulting from the student violating a league or district rule.

- (c) The league shall adopt league rules making a student with an individualized education program who transfers from one public school to another public school as a reasonable accommodation to reduce barriers to educational access immediately eligible to participate in league-sponsored varsity competition on the same basis as other students in the school to which the student transfers. The league also must establish guidelines, consistent with this paragraph, for reviewing the 504 plan of a student who transfers between public schools to determine whether the student is immediately eligible to participate in league-sponsored varsity competition on the same basis as other students in the school to which the student transfers.

Subdivision 6. Annual report. The board annually shall prepare a written report containing the information about the league that the commissioner is required to obtain and review under section 128C.20. The board shall present copies of the report in a timely manner to the education committees of the legislature.

Subdivision 7. Women referees. The league shall adopt league rules and policy requiring, to the extent possible, the equal employment of women as referees for high school activities and sports contests, from game level to tournament level.

Subdivision 9. Purchasing. In purchasing goods and services, the league must follow all laws that apply to school districts under sections 123B.52 and 471.345.

128C.03 Procedures

The league shall adopt procedures to ensure public notice of all eligibility rules and policies that will afford the opportunity for public hearings on proposed eligibility rules. If requested by 100 or more parents or guardians of students, the public hearing must be conducted by an administrative law judge from the Office of Administrative Hearings, by a person hired under contract by the Office of Administrative Hearings, or by an independent hearing officer appointed by the commissioner of education from a list maintained for that purpose.

At the conclusion of a hearing requested by 100 or more parents or guardians of students, the person conducting the hearing shall write a report evaluating the extent to which the league has shown that the proposed rule is needed and reasonable and the legality of the proposed rule. The league shall pay for hearings under this section .

128C.05 Tournaments, classes of athletic competition

Subdivision 1. Tournaments. The Minnesota State High School League shall establish, conduct, and regulate championship high school tournament activities.

Subdivision 2. Classes. The league shall determine the number of classes in all interscholastic athletic activities under its jurisdiction.

Subdivision 3. Exemption. The appropriate regional committee must hear a request for a waiver to allow a nonresident student to participate in another district when that participation affects a school's classification for interscholastic athletic activities. The regional committee must review requests for waivers and make timely recommendations to the Minnesota State High School League Board of Directors.

128C.07 Arranging interscholastic conference membership

Subdivision 1. Policy. The league may establish a policy to guide member high schools in forming or altering interscholastic conferences.

Subdivision 1a. Request. A league member high school that is not in a conference may ask the league to arrange membership for the league member in an interscholastic conference.

Subdivision 2. Reason not in conference. The reason the member is not in a conference must be: (1) the conference was dissolved, or (2) the member was involuntarily excluded.

Subdivision 3. Prerequisite: 90-day good faith effort. Before asking the league to arrange membership, the school must make a good faith attempt over at least 90 days to join a conference. The 90 days run from the date of the school's first written request to join or rejoin a conference.

Subdivision 4. League deadline: 90 days. The league must arrange the conference membership within 90 days after receiving a timely written request from a league member high school.

Subdivision 5. Must use criteria. The league must follow its criteria in arranging the conference membership.

Subdivision 6. Right to hearing, notice.

(a) The requesting school or a high school already in the conference that is the subject of the proposed arrangement may request a timely public hearing on the proposed arrangement.

(b) The league must notify the schools mentioned in paragraph (a) of the right to a hearing.

Subdivision 7. Decision is binding. The league's final decision on a matter of conference membership under this section is binding on all of the schools required to be notified of the right to a hearing.

Subdivision 8. Otherwise, conferences are voluntary. Except to the extent the league arranges conference membership under this section, an interscholastic conference of schools participating in activities delegated to the league may be formed and changed freely.

128C.08 Assaulting a sports official prohibited.

Subdivision 1. Definitions. For the purposes of this section, the following terms have the meaning given in this subdivision.

"Assault" is (1) an act done with intent to cause fear in another of immediate bodily harm or death, or (2) the infliction of or attempt to inflict bodily harm upon another.

"Sports official" is a person who serves as an umpire, referee, judge, linesperson, timer, scorekeeper, or in another similar capacity for an interscholastic athletic activity.

"Interscholastic athletic activity" or "activity" means an interscholastic athletic activity whose control, supervision, and regulation have been delegated to the Minnesota State High School League pursuant to section 128C.01.

Subdivision 2. Prohibited conduct. Any person who assaults a sports official in connection with an interscholastic athletic activity may be excluded from attending an activity for up to 12 months.

Subdivision 3. Sanction. The board of directors of the Minnesota State High School League or a school board may exclude any person except as provided in subdivision 5. The board of directors of the Minnesota State High School League may exclude a person from:

- (1) any activity of the kind in connection with which the assault occurred; or
- (2) all interscholastic athletic activities.

A school board may exclude a person from any activity sponsored or participated in by the school district.

Subdivision 4. Procedure. The board of directors of the Minnesota State High School League or a school board may exclude a person from any interscholastic athletic activity if the person assaulted a sports official in connection with an activity. A person alleged to have assaulted a sports official shall be entitled to an informal hearing on the matter by the board of directors of the Minnesota State High School League or school board. Upon finding that the person assaulted a sports official, the board of directors of the Minnesota State High School League or school board shall notify the individual in writing and shall indicate any activity from which, and the period of time for which, the person is excluded.

Subdivision 5. Head varsity coach. A head varsity coach may be excluded under this section only by the school board employing the coach.

128C.10 Expense limits

Subdivision 1. Employee expenses. Employees of the league may be reimbursed only for expenses as authorized by the commissioner's plan for state employees adopted under section 43A.18, subdivision 2.

Subdivision 2. No credit cards. The league cannot have credit cards.

Subdivision 3. Director's expense account. The executive director of the league may have a department head expense account. The account is subject to the same limits and guidelines as the same account for the commissioner of education. The executive director may spend money to entertain from this account only. The executive director may reimburse the expenses of guests of the league from this account only.

Subdivision 4. Advisory committee pay. A member of an advisory committee may be paid for expenses only. The only way the expenses may be reimbursed is in the same way board members' expenses are reimbursed.

Subdivision 5. Auto policy. The board must have a policy on the use of automobiles by league staff. The board must show annually how the policy is the most cost-effective alternative available.

128C.12 Audits and reports by state auditor

Subdivision 1. Dues and events revenue.

- (a) The state auditor annually must examine the accounts of, and audit all money paid to, the State High School League by its members. The audit must include financial and compliance issues. The audit must also include all money derived from any event sponsored by the league.
- (b) The administrative regions of the league may contract with the state auditor or with a private certified public accountant for the audit required by this section. If a private certified public accountant performs the audit, the state auditor may require additional information from the private certified public accountant as the state auditor deems in the public interest. The state auditor may accept the audit or make additional examinations as the state auditor deems to be in the public interest.

Subdivision 3. Copies. The board must file copies of the audit report with the commissioner of education and the director of the Legislative Reference Library.

Subdivision 5. League to pay for audit. The league must pay for the audit.

128C.15 Employment

Subdivision 1. Affirmative action. The State High School League must adopt an affirmative action policy. The reason for the policy is to ensure that jobs within the league are equally accessible to all qualified persons. The policy is also needed to eliminate underemployment by the league of the protected groups that are defined in section 43A.02, subdivision 33.

Subdivision 2. Recruiting. The league must actively and publicly recruit qualified people to become its employees. The league must give special emphasis to recruiting members of protected groups. The league must advertise available positions in newspapers of general circulation. The advertisement must contain a deadline for submitting applications that is at least 14 days after the date of the last advertisement. The league must keep each application for at least six months and must notify an applicant when a position, for which the applicant is qualified, becomes available.

Subdivision 3. Comparable worth. The league is a political subdivision under sections 471.992 to 471.999. A cause of action against the league does not arise before August 1, 1989, for failure to comply with sections 471.992 to 471.999.

128C.17 League is subject to Data Practices Act

The collection, creation, receipt, maintenance, dissemination, or use of information by the State High School League is subject to chapter 13. The league must make data relating to its eligibility determinations available to the public in the form of summary data, with all personal identifiers removed.

128C.20 Commissioner review of league

Subdivision 1. Annually. Each year the commissioner of education shall obtain and review the following information about the league:

- (1) an accurate and concise summary of the annual financial and compliance audit prepared by the state auditor that includes information about the compensation of and the expenditures by the executive director of the league and league staff;
- (2) a list of all complaints filed with the league and all lawsuits filed against the league and the disposition of those complaints and lawsuits;
- (3) an explanation of the executive director's performance review;
- (4) information about the extent to which the league has implemented its affirmative action policy, its comparable worth plan, and its sexual harassment and violence policy and rules; and
- (5) an evaluation of any proposed changes in league policy.

The commissioner may examine any league activities or league-related issues when the commissioner believes this review is warranted.

Subdivision 2. Recommend laws. The commissioner may recommend to the legislature whether any legislation is made necessary by league activities.

128C.22 League must have open meetings

For the purposes of chapter 13D, the State High School League is considered a state agency required by law to transact business in meetings open to the public.

128C.24 League funds transfer

Beginning July 1, 2007, the Minnesota State High School League shall annually determine the sales tax savings attributable to section 297A.70, subdivision 11, and annually transfer that amount to a nonprofit charitable foundation created for the purpose of promoting high school extracurricular activities. The funds must be used by the foundation to make grants to fund, assist, recognize, or promote high school students' participation in extracurricular activities. The first priority for funding will be grants for scholarships to individuals to offset athletic fees. The foundation must equitably award grants based on considerations of gender balance, school size, and geographic location, to the extent feasible.

NOTE: The amendment to this section by Laws 2017, First Special Session chapter 1, article 3, section 4, is effective for sales and purchases made after June 30, 2017, and before July 1, 2027. Laws 2017, First Special Session chapter 1, article 3, section 4, the effective date

Chapter 129.12

A bill amending M.S. 129.12 to clarify the legal position of the League was submitted to the legislature by Commissioner of Education Howard Casmey in 1973. It was passed in May 1973.

The bill further provided that membership in the Minnesota State High School League shall be available to any high school in Minnesota which satisfies compulsory attendance pursuant to Minnesota Statutes, Section 120.10.

The Board of Directors, at its regular meeting of May 16, 1974, accepted the applications for membership of the following non-public schools effective August 1, 1974:

Academy of the Holy Angels, Richfield	Lourdes High School, Rochester
Archbishop Brady High School, West St. Paul	Loyola High School, Mankato
Benilde-St. Margaret's, St. Louis Park	Lutheran High School, Mayer
Bethlehem Academy, Faribault	Lutheran High School, Minneapolis
Blake High School, Hopkins	Marian High School, Owatonna
Cathedral High School, New Ulm	Martin Luther Academy, New Ulm
Cathedral High School, St. Cloud	Minnehaha Academy, Minneapolis
Central Minnesota Christian H.S., Prinsburg	Mount St. Benedict H.S., Crookston
Concordia Academy, St. Paul	Pacelli High School, Austin
Cotter High School, Winona	Regina High School, Minneapolis
Cretin High School, St. Paul	Sacred Heart H.S., East Grand Forks
Crosier Seminary High School, Onamia	Southwest Minnesota Christian H.S., Edgerton
DeLaSalle High School, Minneapolis	Saint Agnes High School, St. Paul
Derham Hall High School, St. Paul	Saint Bernard's High School, St. Paul
Duluth Cathedral H.S., Duluth	Saint Croix Lutheran High School, West St. Paul
Good Counsel Academy, Mankato	Saint John's Prep School, Collegeville
Grace High School, Fridley	Saint Mary's High School, Sleepy Eye
Hill-Murray High School, St. Paul	Saint Thomas Academy, West St. Paul
Holy Trinity High School, Winsted	

MINNESOTA STATE HIGH SCHOOL LEAGUE HISTORY

The Minnesota State High School League was first organized in 1916 as the State High School Athletic Association. Its primary purposes were (1) to promote amateur sports and (2) to establish uniform eligibility rules for interscholastic contests.

In 1929 it broadened its scope by including all interscholastic athletic activities and added speech and debate. At that time the name was changed to the Minnesota State High School League. Music was added in 1965 and Girls Athletics in 1969.

The League has existed as a nonprofit, voluntary association of the public high schools since its inception. In 1960 it was officially incorporated under the laws of the State of Minnesota as a nonprofit corporation.

FIRST CONGRESS OF SCHOOLS

On April 23 and 24, 1971 a Congress of the member schools was called to consider the restructuring of the Articles of Incorporation, the Constitution, the Special Rules Sections of each League activity program and the establishment of a General Rules Section. The primary purpose was to update the present structure and to bring it into compliance with existing Non-Profit Laws of the State of Minnesota. In addition, proposals of the Ad Hoc Advisory Committee, nominated by the Commissioner of Education and appointed by the Board of Directors, were acted upon at this meeting.

Four hundred and forty-seven of the 486 total members had official representation at this historic meeting. This was the first meeting of the total membership in the 55-year history of the League.

LEAGUE OFFICE BUILDING

A mail ballot of the League membership in May of 1972 authorized the Board of Directors to build a Minnesota State High School League office building in Anoka. Construction of the League headquarters began in late September of 1973. Occupation of the office was completed on January 29, 1974.

In August of 1986 a committee of the Board of Directors was formed to study the office space needs of the League. The results indicated that the office staff had outgrown the Anoka facility and recommended that the Board explore new office sites. With the member schools' approval, the search led to the Brooklyn Center site acquisition in May of 1988. Occupation of the new office building was completed on July 5, 1989.

SECOND CONGRESS OF SCHOOLS

On December 8 and 9, 1972, representatives from 427 of the 484 member schools gathered at the Minneapolis Auditorium to participate in the League's 2nd Congress of Schools. Over 900 men and women, boys and girls, school board members, legislators, superintendents, principals, athletic directors, coaches of athletic and non-athletic activities and students actively participated in the action of the Congress. The Second Congress was significant and successful, not because changes resulted, though they are important, but rather because of the manner in which it was conducted. The proceedings of this Congress were the result of a unique, democratic procedure that enabled each of the 900 participants to listen, to learn and to express their opinions concerning League rules dealing with (1) alcohol, tobacco and drugs, and (2) summer participation as applies to football, basketball and hockey.

Many issues of each topic were presented to the Congress by two panels of outstanding community leaders and educators. However, it was the small discussion session that followed each panel presentation that established the effective process of the Congress. In each small discussion group there was open, frank dialogue and interaction. Everyone was involved. These small group sessions were evaluated and the findings were presented to the total group the following day.

REORGANIZATION AND REASSIGNMENT OF SCHOOLS

On April 17, 1975 the member schools of the Minnesota State High School League approved amendments that provided the changes necessary to implement reorganization for two class competition. The results of the ballot were 357 "yes" and 62 "no".

The Board of Directors assigned the largest 128 schools by enrollment to the "AA" classification. All other member schools were assigned to Class "A". In April 1983 the Board of Directors adopted a policy which assigned schools with a minimum enrollment of 500 students to Class "AA" and schools with an enrollment 1-499 to Class "A".

THIRD CONGRESS OF SCHOOLS

The Congress of Schools meeting held in the St. Paul Civic Center Auditorium on November 11 and 12, 1987 had more than 600 administrators and school board members attending from 296 member schools of the MSHSL.

The theme of the Congress of Schools was "Ownership Through Commitment, Cooperation and Communication."

The purpose of the two-day meeting was to provide an opportunity for member schools of the MSHSL to participate in workshops and round table discussions in areas that directly affect and impact League-sponsored extracurricular programs; present a first reading of the proposed amendments to the Representative Assembly and to strengthen the ownership each school has as a League member.

RESOLUTION

Motion: Supt. Wallace Johnson, Dawson-Boyd 2nd: Supt. Ralph Brynerson, Cottonwood

WHEREAS, the Minnesota State High School League, its Board of Directors and its staff has done a commendable and exemplary task in administering and fostering programs for the students in Minnesota schools,

BE THEY HEREBY RECOGNIZED and applauded by the Minnesota Congress of Schools on this date, Thursday, the 12th day of November, 1987.

Noted speakers included Dr. Lewis Finch, Superintendent of Schools, Anoka-Hennepin District No. 11; Brice Durbin, Executive Director, National Federation of State High School Associations; Sharon Wilch, Administrative Assistant, Colorado High School Activities Association; Dr. David Landsverk, Superintendent of Schools, Wayzata Public Schools; and comedienne Susan Vass.

The Third Congress of Schools was the first conducted by the MSHSL in 15 years, the last Congress being in December 1972

NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

P. O. Box 690

Indianapolis, IN 46206

Phone: 317-972-6900

Fax: 317-822-5700

Web: www.nfhs.org

The National Federation consists of the fifty individual state high school athletic and/or activities associations and the association of the District of Columbia. Also affiliated are eight interscholastic organizations from the Canadian Provinces of Alberta, British Columbia, Manitoba, New Brunswick, Nova Scotia, Ontario, Prince Edward Island and Saskatchewan.

These state and provincial associations have united to secure the benefits of cooperative action which eliminate unnecessary duplication of effort and which increase efficiency through the sharing and coordinating of policies of all who are engaged in the administration of high school athletic and activities programs.

FORMER EXECUTIVE DIRECTORS

O. E. Smith	Anoka	1925-42
H. R. Peterson	Albert Lea	1942-59
B. H. Hill	Edina	1959-70
Murrae N. Freng	Anoka	1970-85
Orval J. Bies	Anoka	1985-88
Dave V. Stead	Andover	1988-2018

FORMER MEMBERS OF BOARD OF DIRECTORS

Previous to 1938 members were elected on a statewide basis. Since 1938 members have been elected by the schools in each region.

DIRECTOR	SCHOOL	REGION/AREA	TERM	OFFICERS
Perry Aadland	Chisago Lakes Area	7-8AA	2010-12	
S. O. Aaker	Rushford	1	1943-45	
C. G. Aakhus	Willow River	7	1966-67	
Charles Achter	Chaska	1-2AA	1986-89	
Bill Adams	Janesville-Waldorf-Pemberton	1-2A	2018-19	
L. W. Adams	Anoka	4	1940-43	
Gary Addington	Rochester	1-2AA	1997-2001	President 2000-01
Louis E. Allen	Greenbush	8	1963-71	President 1971
National Executive Committee 1966-69				
Dave Alto	Spring Lake Park	5-6AA	2007-09	
R. H. Amundson	Renville	3	1964	
Don Andersen	Saint Charles	1-2A	1979-81	
H. E. Anderson	Arlington		1937-40	
J. E. Anderson	Mankato	2	1943-46	
P. M. Atwood	Staples	6	1936-42	
Roy B. Aune	Breckenridge	6	1952-60	President 1955-56
Harold Ause	Harmony	1	1958-62	President 1961-62
Richard Baker	Fergus Falls	7-8AA	1980-84	President 1983-84
John Barnett	Mankato	1-2AA	1993-97	President 1996-97
Emery Barrette	Saint Paul	3-4AA	1975-79	
G. A. Beck	Duluth Central	7	1954-64	President 1957-58; 1959-60
H. C. Bell	Luverne		1916-22	President 1916-22
Ralph Bergstrom	Hutchinson	3	1964-68	
Rick Bleichner	Breckenridge	5-6A	2009-13	Treasurer 2012-13
Randy Bowen	Esko	7-8A	2006-08	
Robert Boyd	Argyle	8	1951-55	
R. M. Brynelson	Cottonwood	3	1968-72	President 1971-72
R. Gene Busch	Newfolden	7-8A	1989-90	
Rob Carpentier	Cristo Rey Jesuit	3-4A	2016-20	
Jeff Caywood	Proctor	7-8AA	1994-96	
C. H. Christenson	White Bear Lake	4	1943-45	
W. G. Claffy	Thief River Falls	8	1938-41	
W. C. Cobb	Brainerd		1918-21	
A. J. Cole	Saint James	2	1953-57	President 1956-57
Jim Colletti	Irondale, New Brighton	3-4AA	2000-02	
Tom Conzemius	Sauk Rapids-Rice	7-8AA	2012-13	
E. J. Cooper	Robbinsdale	5	1947-55	President 1954-55
B. M. Cosgrove	Saint Peter		1916	
Roland DeLapp	Minneapolis Washburn	5-6AA	1971-79	President 1973-74; 1977-78
N. B. Duckstad	Renville	3	1949-50	
E. A. Durbahn	Worthington	2	1946-49	
W. P. Dyer	Bemidji		1916-18	
Al Eckmann	Austin	1-2AA	1989-93	
E. W. Eggers	Hibbing	7-8AA	1976-80	President 1978-79
Fred G. Eimermann	Jordan	4	1973-75	
T. R. Ehrhorn	Rochester	1	1952-58	
George Eitreim	Winnebago	2	1965-69	

FORMER MEMBERS OF BOARD OF DIRECTORS

DIRECTOR	SCHOOL	REGION/AREA	TERM	OFFICERS
Harvey Eitreim	Luverne	2	1961-65	President 1964-65
Verdie Ellingson	Glencoe	3-4A	1976-80	President 1979-80
E. H. Engelbart	Cannon Falls	1	1943	
Kerwin Engelhart	Rochester	1-2AA	1981-85	President 1984-85
Emil Estenson	Blooming Prairie	1	1947-50	
Sharon Euerle	Mankato West	1-2AA	2001-05	President 2004-05
Chuck Evert	Pelican Rapids	5-6A	2001-05	Treasurer 2004-05
Myron Fahey	Gilbert	7-8A	1975-78	
Charles Fairchild	Glencoe	3	1950-52	
Donald Faulkner	Sandstone	7-8A	1982-86	President 1985-86
John Feda	Marshall	1-2AA	1977-81	President 1980-81
George Feipel	Montgomery	4	1958-61	
Robert Fossum	Henderson	3-4A	1984-88	
Mark Fredericksen	Waconia	1-2AA	2009-13	President 2012-13
H. E. Frisby	Ivanhoe	3	1952-56	
Richard Froiland	Hendricks	3-4A	1980-84	
Al Frost, Jr.	Minneapolis	5-6AA	2000-03	
William Gaslin	Saint Francis	7-8AA	1987-88	
H. B. Gough	Saint Cloud	5	1928-47	President 1937-46
Tom Graupmann	Northfield	1-2AA	2013-17	President 2016-17
Reede Gray	Redwood Falls	3	1945-48	
Bob Grey	Montevideo	3-4A	2012-16	Treasurer 2015-16
E. W. Hamren	North Branch	7	1966-70	President 1969-70
Don Hansen	Long Prairie	5-6A	1993-97	Treasurer 1996-97
Gordon Hansen	Wells-Easton	1-2A	1977-79	
Dr. David Hartmann	Alexandria	7-8AA	1996-2000	President 1999-2000
Art Hass	Austin	1-2AA	1975-77	
H. G. Hegdahl	Saint Peter	4	1953-57	
Brian Hegseth	Centennial	5-6AA	2015-19	
Jed Helwig	North	3-4AA	2017-18	
Theo. Hinderacker	Hendricks	3	1939-42	
Tom Holland	Fosston	7-8A	1994-98	
O. A. Homme	Barnum	7	1940-43	
C. S. Ingebrigtsen	Westbrook	2	1957-61	President 1960-61
M. L. Jacobson	Moorhead		1922-24	President 1922-24
Harvey D. Jensen	South Saint Paul	4	1961-65	President 1963-64
Thomas Jerome	Roseau	7-8A	2018-22	President 2021-22
Bertil Johnson	Saint Louis Park	5	1967-71	
Brad Johnson	Rushford-Peterson	1-2A	2003-07	
Dan Johnson	Hopkins	5-6AA	2012-15	
Grant Johnson	Detroit Lakes	6	1960-64	President 1962-63
H. A. Jorgenson	Bagley	8	1955-63	
Dan Kaler	Grand Rapids	7-8AA	1992-94	
Lou Kanavati	St. Paul Public Schools	3-4AA	2002-06	
Emmett Keenan	St. Cloud Cathedral	5-6A	2013-17	
Warren Keller	Warroad	7-8A	2002-06	Treasurer 2005-06
G. V. Kinney	Red Wing		1924-37	President 1924-37
Ray Kirch	Osseo	5-6AA	2009-11	
Gene Kjellberg	Blackduck	7-8A	1986-89	
Stephen Kjorness	Westbrook-Walnut Grove	3-4A	1996-2000	Treasurer 1998-2000
Ron Kleven	Springfield	2A	1988-92	
C. J. "Connie" Knoche	Stillwater	3-4AA	1990-94	President 1993-94
Mike Kolness	Ada-Borup	7-8A	2010-14	
Mark Kuisle	Rochester Century	1-2AA	2005-09	President 2008-09
Michael Kuntz	Jackson	1-2A	1983-87	
Kenneth LaCroix	Hastings	3-4AA	1982-86	
Chris Laird	Heritage Christian Academy	3-4A	2008-12	
Al Larson	Truman	2	1949-53	

FORMER MEMBERS OF BOARD OF DIRECTORS

DIRECTOR	SCHOOL	REGION/AREA	TERM	OFFICERS
Ron Larson	St. Francis	7-8AA	2008-10	
Eric Lehtola	Andover	7-8AA	2016-20	
T. E. Lewis	Sleepy Eye		1921-22	
V. E. Lewis	Spring Grove	1	1974-75	
Roger Licari	Mesabi East	7-8A	1990-94	
Richard Lorenz President 1994-95	New Richland-Hartland-Ellendale-Geneva		1-2A	1991-95
J. H. Longstreet	Caledonia	1	1947	
J. E. Lunn	Nashwauk		1937-39	
Thomas Lykins	Redwood Falls	3-4	1972-76	
Richard Maas	Richfield	5-6AA	1987-91	President 1989-90
LeRoy Mackove	Osakis	3-4A	1989-93	Treasurer 1992-93
Mike Manning	Rosemount	3-4AA	2010-14	
Fred J. Marsden	Breckenridge	6	1972-75	
J. E. Marshall	Saint Paul Central		1924-36	
Chauncey Martin	Pelican Rapids	5-6A	1975-78	President 1976-77
Jon McBroom	Mora	3-4A	1994-96	
Scott McCready	St. Charles	1-2A	2011-16	President 2014-15
Clair McMann	Saint Paul Johnson	4	1965-69	President 1968-69
Donald Meyers	Fridley	5-6AA	1985-87	
C. P. Mickelson	Chatfield	1	1946-47	
Robert Miller	Stillwater	3-4AA	1979-82	
Wayne Mortensen	Waconia	3-4A	2000-01	
L. G. Mustain	Fosston		1919-20	
A. O. Myron	Jackson	2	1937-40	
Steve Niklaus	Annandale	5-6A	2005-09	Treasurer 2008-09
W. J. Nigg	Litchfield	5	1959-62	
J. G. Norby	Fergus Falls		1917-18	
E. N. Norgaard	Glenwood	6	1942-52	President 1946-52
Melvin Norsted	Cambridge	4	1969-73	President 1972-73
G. T. Norswing	New Richland	1	1962-66	President 1965-66
Blaine Novak	New York Mills	5-6A	2017-2021	President 2020-21
Robert Nyberg	Two Harbors	7-8A	1998-2002	Treasurer 2001-02
Gene Olive	Richfield	5-6AA	1979-83	President 1982-83
Jeffrey Olson	Saint Peter	1-2A	1999-2003	President 2002-03
Mike Olson	Little Falls	7-8AA	2013-16	
Theo. B. Olson	Clearbrook	7-8A	1978-82	
Willard Olson	Lake City	1-2A	1981-83	
G. M. Orwoll	North Branch	7	1943-46	
Clarence Omacht	Osakis	6	1968-72	
Erwin C. Ostlund	Walker	8	1971-75	President 1974-75
Gary Palm	St. Anthony Village	3-4A	2001-04	Treasurer 2003-04
A. C. Pederson	Ada	7	1941-47	
C. A. Pederson	Montevideo	3	1942-45	
L. R. Pemberton	Blue Earth	2	1940-43	
D. G. Peters	Madelia	2	1969-73	
Wayne Pender	Grand Rapids	7-8AA	2000-04	President 2003-04
Cathy Peterson	Minneapolis South	5-6AA	1991-95	Treasurer 1994-95
H. R. Peterson	Albert Lea	1	1938-42	
A. P. Pogreba	Grand Rapids	7	1939-40	
Lisa Quednow	Austin	1-2AA	2021-22 (Mar.)	
Russ Reetz	Prior Lake	3-4AA	2018-21	
K.P.B. Reishus	East Grand Forks	8	1950-51	
N. Robert Ringdahl	Shakopee		1921-24	
Del Roelofs	Crookston	7-8A	1975-76	
Wilton R. Salmi	Proctor	7	1970-74	
J. J. Salzwedel	Gaylord	3	1956-60	
G. H. Sanberg	Rochester		1920-32	
William Sandberg	Appleton	3	1962-64	

FORMER MEMBERS OF BOARD OF DIRECTORS

DIRECTOR	SCHOOL	REGION/AREA	TERM	OFFICERS
K. C. Satterfield	Buhl	7	1962-66	
James Sauter	Grand Rapids	7-8AA	1984-87	Nat'l. Exec. Committee 1985-87
Harold H. Schaefer	Stewartville	1	1970-74	
H. A. Schofield	Saint Paul Central		1916	
Steve Schultz	Eden Prairie	5-6AA	1995-99	
Todd Selk	Brainerd	7-8AA	2004-08	President 2007-08
Loren W. Sennes	Monticello	5	1963-67	President 1966-67
Sandra Setter Larsen	Eagan	3-4AA	2021-22	
Jaime Sherwood	Wayzata			
	5-6AA			
	2003-07	President 2006-07		
Vice President 2005-06				
I. T. Simley	South Saint Paul	4	1945-53	President 1952-53
J. W. Smith	Bemidji		1932-38	
O. E. Smith	Anoka		1922-25	
Don Sorensen	Little Falls	4AA	1988-92	
Richard L. Stanton	Fridley	5-6AA	1983-85	Nat'l. Exec. Committee 1984-85
David Stead	New Ulm	1-2AA	1985-86	
William L. Stearns	Heron Lake	1-2A	1975-77	
Chad Stoskopf	Esko	7-8A	2008-10 &	
2014-18				
Dave Swanberg	Le Sueur-Henderson	1-2A	2015-18	President 2017-18
Duane Swensen	Belgrade-Elrosa	5-6A	1985-89	President 1988-89
Fred Switzer	Morris	5-6A	1978-85	President 1981-82
T. H. Tofte	Wadena	6	1964-68	President 1967-68
Larry Tompkins	Southland	1-2A	1987-91	President 1990-91
John Tritabaugh	Albany	5-6A	1997-2001	Treasurer 2000-01
Darrel Ulferts	Edgerton	3-4A	2004-08	Treasurer 2007-08
Troy Urdahl	St. Anthony Village	3-4AA	2014-17	President 2017 (August-October)
Theodore Utne	Alexandria		1918-25	
Ken VanDenBoom	Caledonia	1-2A	1995-99	
M. W. VanPutten	Eveleth	7	1946-54	President 1953-54
J. P. Vaughn	Chisholm		1923-30	
Peter Veldman	South Saint Paul	3-4AA	1986-90	
Dean Verdoes	Henry Sibley	3-4AA	1994-98	
L. S. Ward	Osseo	4	1957-58	
Todd Waterbury	Mankato East	1-2AA	2017-21	
Armin Wegner	Madison	3	1960-62	
John C. Wells	Minneapolis	5	1955-59	President 1958-59
Ray Wescott	Austin	1	1966-70	
Jeff Whisler	Mahtomedi	3-4AA	2006-10	President 2009-10
Michael White	North St. Paul-Maplewood-Oakdale	3-4AA	1998-2000	
J. H. Wichman	Northfield		1930-36	
L. M. Wikre	Crookston	8	1947-50	
Paul Wilson	Marshall		1936-39	
Rick Wippler	Mahtomedi	3-4A	1992-94	
H. E. Wolfe	Fairmont		1917	
O. L. Worner	Paynesville	5	1962-63	
Les Zellmann	St. James	1-2A	2007-11	President 2010-11

FORMER MINNESOTA SCHOOL BOARDS ASSOCIATION REPRESENTATIVES

DIRECTOR	DISTRICT	TERM	OFFICERS
Milton Altmeyer	Hutchinson	1966-67	
Betsy Anderson	Hopkins	2014-17	
Gale Bacon	Rockford	1999-2001	
Frank Balcerzak	Mankato	1955-56	
Gayle Bergstrom	Adams	1982-84	
Carol Bomben	Eden Prairie	2008-11	
Jody Brandvold	Brooklyn Center	1981-87	
Richard Brenner	Cloquet	1988-93	President 1992-93
Glenn Cornell	Sauk Centre	1967-71	
Dr. D. N. Derksen	Lake Crystal	1971-72	
Mike Domin	Crosby-Ironton	2017-21	
Kirby Ekstrom	North Branch Area	2017-21	
Glenn Engebretson	Slayton	1963-66	
Lisa Fobbe	Zimmerman	2007-09	
E. S. Gillespie	Pine City	1936-42	
M. F. Gray	Hibbing	1935-36	
George Hackett	Waseca	1962-63	
Dennis Halverson	Lino Lakes	1998-2001	
Michael Hammes	Mazeppa	2004-08	
Dr. O. W. Hauck	Chatfield	1942-47	
Walter Hautala	Mesabi East	2010-13	
Roy Horton	Lindstrom	1956-62	
Jon Hovde	Fertile	1995-98	
Dr. M. E. Jacobson	Thief River Falls	1947-49	
Stan Kowalski	Fridley	1987-89	
Gary Lee	Fertile-Beltrami	2009-10	
Joanne McCabe	Madelia	2001-05	
Jackie Magnuson	Rosemount	2003-07	
George Martinson	Hibbing	1932-35	
Becky Montgomery	Saint Paul	1993-98	President 1997-98
Elaine Niehoff	Melrose	1980-82	
Richard O'Connell	Marshall	1984-88	President 1987-88
Sally Olsen	Saint Louis Park	1975-79	
Dr. Joan Parent	Foley	1972-77	President 1975-76
Deborah Pauly	Jordan	2013-17	Treasurer 2016-17
Roz Peterson	Lakeville	2011-14	
Thomas Schaffer	Hastings	1979-81	
Carole Severson	Brandon	1989-95	
Dr. M. A. Sivinski	Saint Cloud	1949-55	
Herbert Zaske	Brownnton	1977-80	

FORMER MINNESOTA DEPARTMENT OF EDUCATION REPRESENTATIVES

DIRECTOR	TERM	OFFICERS
Howard B. Casmey	1970-81	
John Feda	1981-83	
Erling Johnson	1962-64	
Duane Mattheis	1964-69	
Tom Nelson	1989-90	
James Sauter	1988-89 & 1991-92	
Dean Schweickhard	1957-61	
Dan Skoog	1983-88	

FORMER MINORITY REPRESENTATIVES

DIRECTOR	TERM	OFFICERS
Lurline Baker Kent	1980-83	
Brent Gish	1983-87	President 1986-87
Lisa Lissimore	1987-88	

FORMER PUBLIC MEMBERS APPOINTED BY THE GOVERNOR

DIRECTOR	CITY	TERM	OFFICERS
Patrice Abbe	Owatonna	1991-95	
Kim Algoo	Shakopee	2008-12	
Kristen Amundson	Stillwater	2015-19	
Steve Beals	Montevideo	2013-17	
Joel Boyd	Eden Prairie	2016-20	
Henry M. Buffalo, Jr.	Woodbury	1992-96	
Susan Carlson	Saint Paul	1994-98	
David Doth	Minnnetonka	1998-2002	
Steve Eklund	Braham	2011-15	Treasurer 2013-15
Lawrence Ellis	Fridley	2004-08	
Laurie Esau	Orono	2010-14	
Ronald Esau	Eden Prairie	1995-99	Treasurer 1997-98
Michael Fahey	Carver	1993-97 & 2005-07	
Faye Green	Duluth	1988-91	
Walt Hautala	Mesabi East	2018-22	
Tim Hermann	Champlin	1999-2003	
Valerie Jerich	Anoka	1990-94	
Steve Kerzie	Gilbert	1988-90	
John Klinnert	Fergus Falls	2006-10	Treasurer 2009-10
Paul McDonald	Ely	2014-18	
Lea B. Olsen	Minneapolis	2012-16	
Cathy Peterson	Maple Grove	2002-06	
Andrew Quinn	Litchfield	1988-93	
Brent Robbins	Plymouth	2007-11	
James Robinson	Saint Paul	1988-92	
Jacquelyn Rosholt	Golden Valley	1997-2001	
Mike Rusinko	Eden Prairie	2009-13	
Gene Sullivan	Grey Eagle	2003-07	
Darrell Thompson	Plymouth	2000-04	
Frank White	Woodbury	2017-21	
Ann Yonamine	Eden Prairie	2001-05	
Steven Zachary	St. Paul	1996-2000	

FORMER MINNESOTA ASSOCIATION OF SCHOOL ADMINISTRATORS

DIRECTOR	SCHOOL	TERM	OFFICERS
Class A			
Class AA			
Teri Staloch	Prior Lake-Savage	2021-22	

**FORMER MINNESOTA ASSOCIATION
OF SECONDARY SCHOOL PRINCIPALS REPRESENTATIVES**

DIRECTOR	SCHOOL	TERM	OFFICERS
Class A			
Dustin Boschart	St. Clair	2018-22	
Donald Carlson	Walker	1991-94	
Dennis Drummond	Perham	1990-91	
John Hamann	Underwood	2010-14	President 2013-14
Philip Johnson	Slayton	1988-90	
Wade Johnson	Rothsay	2014-18	Treasurer 2017-18
Todd Lundberg	Houston	2002-06	President 2005-06
Dean Ogg	Staples-Motley	2006-10	
Larry Peterson	Eden Valley-Watkins	1998-2002	President 2001-02
Steve Wilkowski	Aitkin	1994-98	
Class AA			
Kris DeClerk-Thompson	Buffalo	2016-20	
Arne Johnson	Eden Prairie	1988-92	President 1991-92
Erich Martens	Sauk Rapids-Rice	2012-16	President 2015-16
Paulette Reikowski	Eagan	2004-08	
Dean Soutor	Anoka	1992-96	President 1995-96
Lloyd Styrwoll	Grand Rapids	1996-99	
Jeanne Swanson	Waseca	2000-04	
Luanne Wagner	St. Francis	2008-12	Treasurer 2011-12

FORMER ACTIVITY ASSOCIATION REPRESENTATIVES – 1971-1975

DIRECTOR	SCHOOL	TERM	OFFICERS
Minnesota State High School Athletic Directors Representative			
Dale Scholl	Redwood Falls	1971-72	
Evar Silvernagle	Rochester	1972-73	
Don Snyder	Bloomington	1973-74	
Vern Zahn	New Ulm	1974-75	
Minnesota State High School Coaches Association			
Charles Beyer	Blue Earth	1971-72	
Rod Black	Danube	1974-75	
Earl Bruhn	Owatonna	1972-73	
Vern Zehren	Little Falls	1973-74	
Minnesota State High School Coaches Association for Girls Sports			
Barb Tschida	Hutchinson	1974-75	
Minnesota Music Educators Association			
Oscar Dahle	Minneapolis Southwest	1973-74	
Donald Gjerdrum	Burnsville	1971-72	
Speech Association of Minnesota			
Robert Heimerl	Stillwater	1972-73	

FORMER DESIGNATED ACTIVITY REPRESENTATIVES – 1975-2021

DIRECTOR	SCHOOL	TERM	OFFICERS
Boys Sports			
Russ Adamson	Willmar	1981-85	
Craig Anderson	Pine Island	2015-19	Vice President 2018-19
Tim Dittberner	South Saint Paul	1999-2003	Treasurer 2002-03
Richard Frie	Monticello	1985-90	
Glen Hasselberg	Staples-Motley	2003-07	Treasurer 2006-07
George Larson	Cambridge	1990-92	
Dwight Lundeen	Becker	1995-99	President 1998-99
John Schumacher	Park Rapids Area	2007-11	Treasurer 2010-11
Jim Senske	New Ulm	1992-95	
Mark Solberg	Cambridge-Isanti	2011-15	
Ab Strommen	Park-Woodbury	1977-79	
Jerry Style	Glencoe	1979-81	
Norman Wagner	Fisher	1975-77	
Girls Sports			
Paula Bauck	Moorhead	1980-82	
Mindy Chevalier	Belle Plaine	2008-12	President 2011-12
Dorothy Darling	Rochester John Marshall	1976-80	
Kathy Fredricksen	Moose Lake	1996-2000	
Shelly Hotzler	Jackson County Central	2012-16	
Jill Johnson	Waconia	2016-20	
Judy Johnson	Minnnetonka	1982-86	
Shirley Keating	Minneapolis North	1975-76	
Margaret Lambert	Winona	2000-04	
Becky Leuer	North Branch	2004-08	
Elizabth Spletzer	Mayer Lutheran	1986-90	
Connie Sugden	White Bear Lake	1990-96	Treasurer 1995-96
Music			
Eric Anderson	Cambridge-Isanti	2003-07	
Eric Christenson	Shakopee	2015-19	
Richard Foley	Saint Francis	1987-91	
Ellwood Hoiseth	Park Center	1975-77	
Larry McCaghy	Lakeville	1991-95	
Peter Olson	Becker	1995-99	
Steve Olson	Rosemount	1999-2003	
Clinton Peterson	Tracy	1983-87	
Lane Powell	Fillmore Central	2011-15	
Alan Raitor	Sauk Centre	1979-83	
Art Smith	Rosemount	1977-79	
Bill Webb	Edina	2007-11	
Speech			
Lee Alto	Grand Rapids	2000-04	Treasurer 2003-04
Karen Howe	Forest Lake	1980-82	
Cliff Janke	Fairmont	1996-2000	
Jill Lofald	Duluth Denfeld	2008-12	
Chris McDonald	Eagan	2012-16	
Carol Purrington	Marshall	1992-96	
Mark Quinlan	Centennial, Circle Pines	2004-08	
Paulette Reikowski	Eagan	1986-92	
Barbara Seng	Henry Sibley	1974-76	
Marlin Spangrud	Mankato	1982-86	
Bonnie Spohn Schmaltz	Eden Valley-Watkins	2016-20	President 2018-20
Tom Stolen	Duluth Denfeld	1978-80	
Michael Tillmann	Marshall	1976-78	

KEY WORD REFERENCE

Administrative Error	306.3
Alumni Game	411.00: Scheduling of Contests - Definitions
Amateur	201.00
Assault.....	202.00
Category I Activities.....	205.2
Category II Activities.....	205.3
Cheerleaders	401.00
Student Code of Conduct	206.2
Competitive Activities	412.1
Conference Placement	M.S. 128C.02 Subd.3 and 128.C.07
Cooperative Sponsorship	403.00
Denial Penalty	304.B.1
Doctors at Games.....	400 Bylaws: Administration of Athletic Programs - Board Policies
Dual Residence.....	111.00: Transfer and Residence - Board Policy Definition 1
Due Process.....	300.00 Bylaws: Administration of Student Eligibility - Board Policies
Ejection	
• Coach.....	206.4
• Student.....	206.4
Elite Camps.....	203.00 and 207.00
Emancipated Student	111.00: Transfer and Residence - Board Policy Definition 7
Fair Hearing Procedure	300.00 Bylaws: Administration of Student Eligibility - Board Policies
Felonies.....	206.2
Foreign Exchange Programs, Approved.....	111.00
GED 106.00	
Girls and Boys Team	M.S. 126.21.4
Good Standing	111.00: Transfer and Residence - Board Policy Definition 2
Hazing.....	209.00
Head Coach Requirement	400.00: Administration of Athletic Programs - Board Policy
IEP 108.00	
Ineligible Player	304.00
Jamborees	411.8
Last Date to Join a Team.....	See specific sport in 500.00: Interscholastic Athletic Activities
Lightning.....	411.9
Local Control	404.00
Multiple Class Competition	400.00: Administration of Athletic Programs - Board Policy 2
Non-Competitive Activities	412.2
Non-continuation School Grades 7-9 Participation.....	105.00
Non-School Competition and Training	
• Audition/Tryout for College Teams.....	208.4
• National Teams.....	207.1
• Olympic Development Programs.....	207.2
• Open Gym	208.2F
• Participation	208.2
Participation Limitation.....	502.00
Placement of Schools	
• Competitive Section	400.00: Administration of Athletic Programs - Board Policy 2
• Administrative Regions.....	400.00: Administration of Athletic Programs - Board Policy 2
Precinct Caucus Day	411.5
Protests	407.00
Recruiting	307.00
Residence	111.00: Transfer and Residence - Board Policy Definition 7
Sanctions for Games/Meets/Contests	410.00
Scheduling Contests	411.00
Scrimmages.....	411.00: Scheduling of Contests – Definitions
Seasons of Participation	109.00
Shared Coaches	400.00: Administration of Athletic Programs - Board Policy 3

Sixth-grade Eligibility..... 105.00
Sunday Practices/Games..... 411.7
Theft 206.2
Undue Influence..... 307.00
Video Scouting See General Section of the Athletic Rules and Policies Manual
Waivers
 • Elite Athlete 207.3
 • Non-School Competition 208.2
 • Summer Coaching 208.3
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