



OFFICIAL HANDBOOK

THE MINNESOTA STATE HIGH SCHOOL LEAGUE IS A MEMBER OF THE
NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS



Additional copies of this 2022-2023 Official Handbook may be obtained from...

Minnesota State High School
League 2100 Freeway Boulevard
Brooklyn Center, Minnesota 55430-1735
Office: 763-560-2262
Fax: 763-569-0499
www.MSHSL.org

...and may be viewed at the League website

The most current version of the Official Handbook is always posted on the League website — www.MSHSL.org.

MSHSL OFFICIAL HANDBOOK

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FOUNDING PURPOSES

The Minnesota State High School League is organized for the following educational purposes:

1. To provide, promote, extend, manage and administer a program of activities for youth of the schools of the state on subsection, section and state levels in the fields of athletics, speech, music and dramatics on a competitive basis, as well as such other curricular and extracurricular activities as may from time to time be sponsored by the schools of Minnesota.
2. To establish uniform and equitable rules for youth in inter-school activities.
3. To elevate standards of sportsmanship and to encourage the growth of responsible citizenship among the students, member schools and their personnel.
4. To protect youth, member schools and their personnel from exploitation by special interest groups.
5. To provide mutual benefit and relief plans for the assistance of school students injured in athletic events or supervised school activities in meeting medical and hospital expenses incurred by reason of such injuries.
6. To serve the best interests of member schools and their students by providing a medium of cooperation and coordination in educational fields of endeavor and a series of related activities on a state-wide basis, which they individually could not achieve or accomplish for their students and which aid and assist the schools in maintaining a constantly improved program.

MISSION STATEMENT

The Minnesota State High School League provides educational opportunities for students through interscholastic athletic and fine arts programs and provides leadership and support for member schools.

Education and Leadership for a Lifetime

BELIEFS

We believe that...

- Participation in school activity programs is a privilege and not a right.
- Sportsmanship needs to have a constant presence in all school-based activity programs.
- Students should have an equal opportunity to participate in all activities offered by their school.
- Ethical behavior, dignity and respect are non-negotiable.
- Student participants who choose to be chemically free must be supported.
- Collaborative relationships with parents enhance a school's opportunity to positively impact student success.
- Academic priorities must come before participation in athletic or fine arts activities.
- Positive role models and an active involvement in a student's life by parents and others are critical to student success.
- High school activity programs are designed for student participants, and adults must serve in a supportive role.
- The success of the team is more important than individual honors.
- Compliance with school, community and League rules is essential for all activity participants.
- Participation in school-sponsored activities must be inclusive, not exclusive.
- Ethical behavior, fairness, and embracing diversity best serve students and school communities.

**RESOLUTION
IN APPRECIATION AND RECOGNITION FOR
SERVICE AND DEDICATION TO THE
MINNESOTA STATE HIGH SCHOOL LEAGUE
BOARD OF DIRECTORS**

WHEREAS, Dustin Bosshart, Walt Hautala, Thomas Jerome, Sandra Setter Larsen, and Teri Staloch as duly elected or appointed members of the Minnesota State High School League Board of Directors, have with dedication and sincere interest served said Board on behalf of the boys and girls of Minnesota, and

WHEREAS, Dustin Bosshart, Walt Hautala, Thomas Jerome, Sandra Setter Larsen, and Teri Staloch have given generously of their time, talents and thoughtful energies to improve and expand the total program of activities and services for all school districts in the State of Minnesota,

NOW, THEREFORE, BE IT RESOLVED that the Minnesota State High School League member schools, Board of Directors and its staff officially and formally express their collective appreciation and voice of thanks to said members.

BE IT FURTHER RESOLVED that in recognition for years of said service, this edition of the League's Official Handbook is hereby dedicated to Dustin Bosshart, Walt Hautala, Thomas Jerome, Sandra Setter Larsen, and Teri Staloch.



Dustin Bosshart
St. Clair
MASSP-Class A
2018-2022



Walt Hautala
Mesabi East
Governor's Appointee
2018-2022



Thomas Jerome
Roseau
Regions 7A & 8A
2018-2022



Sandra Setter Larsen
Eagan
Regions 3AA & 4AA
2021-2022



Teri Staloch
Prior Lake-Savage
MASA – Class AA
2021-2022

**MINNESOTA STATE HIGH SCHOOL LEAGUE
2022-2023 BOARD OF DIRECTORS**

REPRESENTING	MEMBER	SCHOOL	FIRST ELECTED	TERM EXPIRES
Regions 1A & 2A.....	John Ostrowski	Dover-Eyota	2019	2023
Regions 3A & 4A.....	Bill Tauer.....	Tracy Area	2020	2024
Regions 5A & 6A.....	Dave Rocheleau.....	Pierz.....	2021	2025
Regions 7A & 8A.....	Brent Schimek	Deer River	2022	2026
Regions 1AA & 2AA	Casey Indra.....	Winona	2022	2025
Regions 3AA & 4AA	M. Denarvise Thornton, Jr.	St. Paul.....	2022	2026
Regions 5AA & 6AA	Troy Stein	Edina.....	2019	2023
Regions 7AA & 8AA	Gary Revenig	Monticello	2020	2024

Minnesota Association of Secondary School Principals

Class A	Jake Timm	Rushford-Peterson.....	2022	2026
Class AA.....	James Smokrovich	East Ridge	2020	2024

Activity Representatives

Boys Sports	John Vraa.....	New London-Spicer	2019	2023
Girls Sports	Dawn Engebretson	Rockford	2020	2024
Music	Amanda Kaus	Rochester Century.....	2019	2023
Speech.....	Ceil McDonald	St. Paul.....	2020	2024

Minnesota School Boards Association

Suzy Guthmueller.....	Centennial	2021	2023
Jeanna Lilleberg.....	Atwater-Cosmos-Grove City	2021	2025

Minnesota Association of School Administrators

Class A	Don Peschel.....	Brandon-Evansville	2021	2025
Class AA.....	Astein Osei	St. Louis Park	2022	2023

Governor's Appointees

MEMBER	HOME	FIRST APPOINTED	TERM EXPIRES
Matt Heier	Little Falls	2019	2023
Julie Anderson	St. Cloud	2020	2024
May Thao-Schuck	Woodbury	2021	2025
LeRoy Staples Fairbanks	Cass Lake	2022	2026

2022-2023 BOARD OF DIRECTORS



Troy Stein
Edina
President



James Smokrovich
East Ridge
Vice-President



John Ostrowski
Dover-Eyota
Treasurer



Julie Anderson
St. Cloud



Dawn Engebretson
Rockford



LeRoy Staples
Fairbanks
Cass Lake



Suzy Guthmueller
Centennial



Matt Heier
Little Falls



Casey Indra
Winona



Amanda Kaus
Rochester Century



Jeanna Lilleberg
Atwater-Cosmos-Grove City



Ceil McDonald
St. Paul



Astein Osei
St. Louis Park



Don Peschel
Brandon-Evansville



Gary Revenig
Monticello



Dave Rocheleau
Pierz



Brent Schimek
Deer River



Bill Tauer
Tracy Area



May Thao-Schuck
Woodbury



Jake Timm
Rushford-Peterson



M. Denarvise Thornton, Jr.
St. Paul



John Vraa
New London-Spicer

Minnesota State High School League
REPRESENTATIVE ASSEMBLY PROCESS

October 15
 Amendments submitted to League office by:
 1. The Designated School Representative of five (5) or more schools
 2. Any Region Committee
 3. Board of Directors
 4. Action of Representative Assembly
 5. Officers of each activity association (MnIAAA, MSHSCA, MMEA, CTAM)

November 1
 League office sends proposed amendments to each member school and each Region Committee

Each member school is asked to discuss the proposed amendment with their local advisory committee (Constitution 208.03) and at a meeting of the school district/ member schools' governing board. The purpose of this discussion is to gather input from the local school and school community regarding the effect of the proposed amendment. Each school should provide their input to their Region Committee members or to their Administrative Region Committee Secretary by December 15 of each year.

Class A Regions

Class AA Regions

1A

2A

3A

4A

5A

6A

7A

8A

By February 15
 Region Committees must respond to League office by voting yes or no to approve sending the amendment to the Representative Assembly.
 At least nine (9) of the sixteen (16) Regions must vote yes to move the issue forward.
 Yes = 9 or more No = Fewer than 9
 Each Region Secretary will identify the positive and negative points regarding each proposed item and identify the number of committee members who support and those who do not support the proposal(s).
 The Board of Directors may approve any amendment submitted outside the above referenced timelines as an emergency amendment if two-thirds of the members of the Board of Directors approve the submission.

1AA

2AA

3AA

4AA

5AA

6AA

7AA

8AA

The League's Representative Assembly will meet as determined by the Board of Directors to vote on any proposed amendment(s).

If approved, the amendment(s) becomes effective at the start of the next school year.

Minnesota State High School League
ACTIVITY ADVISORY COMMITTEE PROCESS

Seasonally, the Activity Advisory Committee for each coaches/fine arts association submits their recommendations to the League office via the League website.

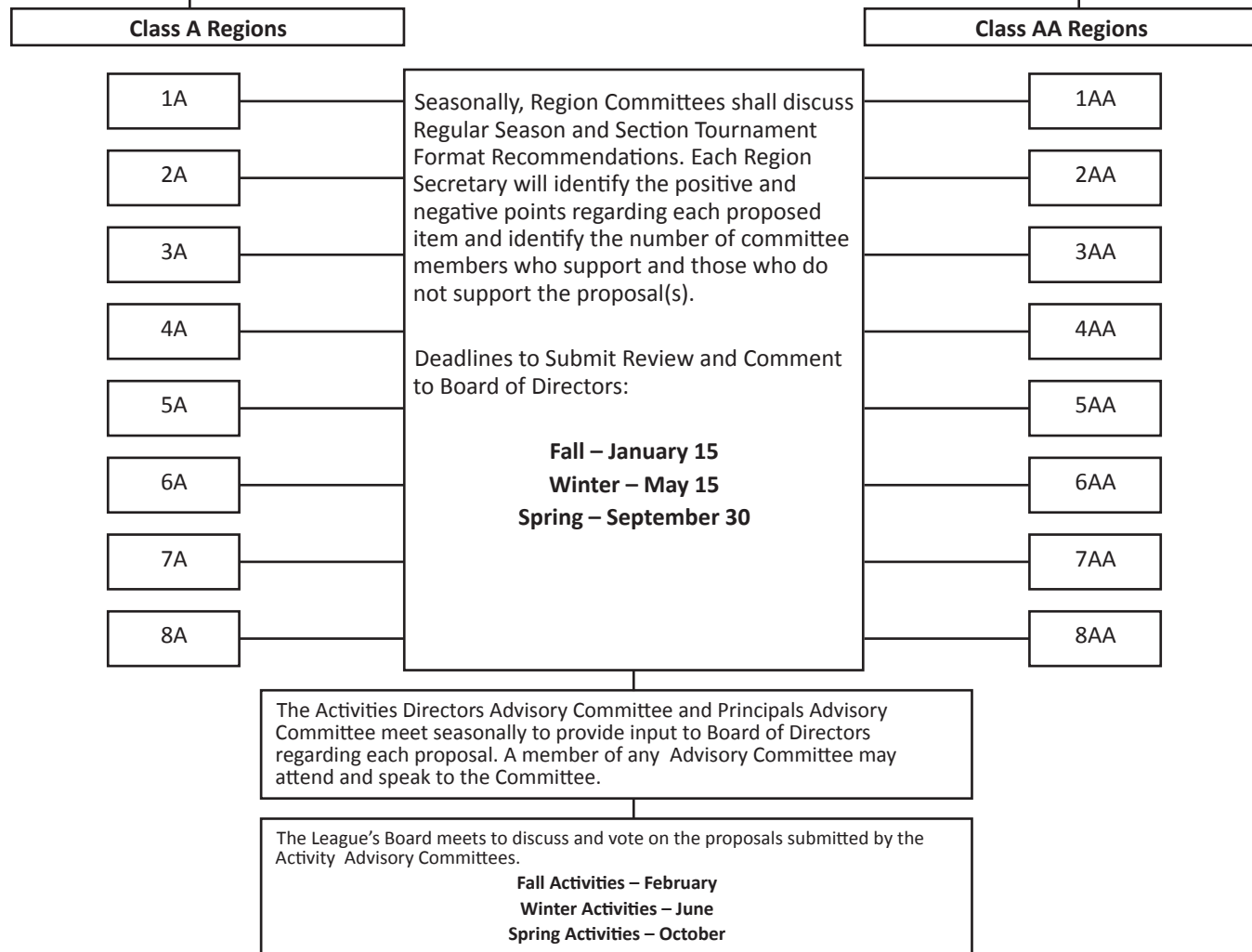
Fall Activities - October 15
Winter Activities - February 15
Spring Activities - May 15

Committee recommendations are advisory, and only the Board of Directors will make the final decision about any change to an activity.

Categories for Advisory Committee Recommendations

1. Awards (*Board of Directors Committee*)
2. State Tournament Recommendations regarding Format and Non-NFHS Rules or NFHS Experiments (*Board of Directors, Activities Directors Advisory Committee and Principals Advisory Committee*)
3. Regular Season and Section Tournament Format Recommendations (*Class A and Class AA Region Committees, Activities Directors Advisory Committee and Principals Advisory Committee*)
4. Staff Recommendations (to Tournament Staff)
5. State Tournament recommendations regarding Date(s) and Site(s) (*Board of Directors*)

The League office will meet with Region Secretaries to review Section Tournament Format Recommendations submitted by Coaches Associations.



Recommendations submitted after the deadlines will not be accepted until the following year.

**MINNESOTA STATE HIGH SCHOOL LEAGUE
2022-2023 MSHSL STAFF and
ADMINISTRATIVE REGION SECRETARIES**

2022-2023 MSHSL OFFICE STAFF

Erich Martens, Executive Director
Phil Archer, Associate Director
Charlie Campbell, Associate Director
Bob Madison, Associate Director
Lisa Quednow, Associate Director
Amy Doherty, Assistant Director
Laura Mackenthun, Assistant Director
Rich Matter, Assistant Director
Tim Leighton, Communications Coordinator
John Millea, Media Specialist
Jason Nickleby, Coordinator of Officials

Jackie Grausam, Accounting Assistant
Randi Hill, Administrative Assistant
Susi Hollenbeck, Administrative Assistant
Amie Ince, Administrative Assistant
Pam Inniger, Administrative Assistant
Amanda Johnson, Executive Assistant
Nancy Myers, Ticket Assistant
Cara Pearson, Administrative Assistant
Ellen Rajkowski, Information Specialist
Sheila Robinson, Administrative Assistant

2022-2023 ADMINISTRATIVE REGION SECRETARIES

REGION	NAME	HOME/CELL	WORK/CELL	EMAIL
1A	Brad Johnson	507-993-7856		bj50johnson@gmail.com
2A	Dave Swanberg		612-756-2515	dave.swanberg80@gmail.com
3A	Bob Grey	320-894-9067		3aexecsec@gmail.com
4A	Rick Johns	651-706-3730		region4aexecsec@gmail.com
5A	Pete Cheeley	320-253-8741	320-248-7577	pcheeley@csbsju.edu
6A	Chuck Evert	218-770-0137		cevert@arvig.net
7A	Chad Stoskopf	218-522-5555		cstoskopf@esko.k12.mn.us
8A	Mike Kolness	218-784-8590		mkolness@egf.k12.mn.us
1AA	Gary Addington	507-271-4348	507-271-4348	garyaddington12@gmail.com
2AA	Jaime Sherwood	612-328-5688		region2aa@gmail.com
3AA	Dan Johnson	612-760-7577		DJ.MnlAAA@gmail.com
4AA	Jeff Whisler		651-329-5100	jeff.whisler17@gmail.com
5AA	Ray Kirch	763-567-9250		Region5aa@gmail.com
	Jim Colletti	763-910-1288		jeancolletti@usfamily.net
6AA	Nancy Manderfeld	612-590-9324		region6aa@gmail.com
7AA	Tom Lenarz	218-391-4434	218-879-3328 ext. 2103	
8AA	John Ross	320-290-3392	320-290-3392	region8aajr@gmail.com

2022-2023 MEMBER SCHOOLS by ADMINISTRATIVE REGION
Class AA Members by Administrative Regions (128 Schools)

<p>REGION 1AA—17 Albert Lea Austin Byron Faribault Farmington Hastings Kasson-Mantorville Lakeville North Lakeville South Northfield Owatonna Red Wing Rochester Century Rochester John Marshall Rochester Mayo Stewartville Winona</p>	<p>REGION 2AA—15 Chanhasen Chaska Delano Hutchinson Jordan Mankato East Mankato West Marshall Mound Westonka New Prague Orono Shakopee St. Peter Waconia Worthington</p>	<p>REGION 3AA—16 Academy of Holy Angels Apple Valley Bloomington Jefferson Bloomington Kennedy Burnsville Eagan Eastview Henry Sibley Park Prior Lake Richfield Rosemount Simley South Saint Paul St. Thomas Academy Visitation</p>	<p>REGION 4AA—17 Cretin-Derham Hall East Ridge Hill-Murray School Mahtomedi North Roseville Area St. Anthony Village St. Paul Central St. Paul Como Park St. Paul Harding St. Paul Highland Park St. Paul Johnson St. Paul Washington Technology Magnet Stillwater Area Tartan White Bear Lake Area Woodbury</p>
<p>REGION 5AA — 16 Anoka Blaine Centennial Champlin Park Columbia Heights Coon Rapids Fridley Irondale Maple Grove Mounds View Osseo Park Center Rogers Spring Lake Park St. Michael Albertville Totino-Grace</p>	<p>REGION 6AA — 16 Benilde-St. Margaret's DeLaSalle Eden Prairie Edina Hopkins Minneapolis Patrick Henry Minneapolis Edison Minneapolis Roosevelt Minneapolis South Minneapolis Southwest Minneapolis Washburn Minnetonka Robbinsdale Armstrong Robbinsdale Cooper St. Louis Park Wayzata</p>	<p>REGION 7AA — 15 Andover Cambridge-Isanti Chisago Lakes Cloquet Duluth Denfeld Duluth East Elk River Forest Lake Grand Rapids Hermantown Hibbing North Branch Princeton St. Francis Zimmerman</p>	<p>REGION 8AA — 16 Alexandria Area Becker Bemidji Big Lake Brainerd Buffalo Detroit Lakes Little Falls Monticello Moorhead Rocori Sartell-Saint Stephen Sauk Rapids-Rice St. Cloud Apollo St. Cloud Tech Willmar</p>

2022-2023 MEMBER SCHOOLS by ADMINISTRATIVE REGION
Class A Members by Administrative Regions (371 Schools)

<p>REGION 1A — 45 Alden-Conger Arcadia Charter School Bethlehem Academy Blooming Prairie Caledonia Cannon Falls Chatfield Cotter Discovery Public School of Faribault Dover-Eyota Fillmore Central Glenville-Emmons Goodhue Grand Meadow Hayfield Hope Lutheran</p>	<p>Houston Kenyon-Wanamingo Kingsland La Crescent-Hokah La Crescent Montessori & STEM School Lake City Lanesboro LeRoy-Ostrander Lewiston-Altura Lyle Mabel-Canton Medford Minnesota State Academy For The Blind Minnesota State Academy for The Deaf Pacelli</p>	<p>Pine Island Plainview-Elgin-Millville Randolph Riverway Learning Community Rochester Lourdes Rushford-Peterson Schaeffer Academy Shattuck-Saint Mary's Southland Spring Grove St. Charles Triton Wabasha-Kellogg Zumbrota-Mazeppa</p>
<p>REGION 2A — 42 Belle Plaine Blue Earth Area Buffalo Lake-Hector-Stewart Butterfield-Odin Cedar Mountain Cleveland Comfrey EdVisions Off Campus Fairmont Genesis Classical Academy G-F-W Glencoe-Silver Lake Granada-Huntley-East Chain Holy Family Academy Immanuel Lutheran</p>	<p>Janesville-Waldorf-Pemberton Lake Crystal-Wellcome Memorial LeSueur-Henderson Madelia Mankato Loyola Maple River Martin County West Martin Luther Minnesota New Country School Minnesota Valley Lutheran Mountain Lake Mt. Lake Christian New Richland-H-E-G New Ulm</p>	<p>New Ulm Cathedral Nicollet Norwood-Young America Sibley East Sleepy Eye Sleepy Eye Saint Mary's St. Clair St. James Tri-City United Truman United South Central Waseca Waterville-Elysian-Morristown</p>
<p>REGION 3A — 35 Adrian BOLD Benson Canby Central Minnesota Christian Dawson-Boyd E.C.H.O. Charter School Edgerton Ellsworth Fulda Hendricks Heron Lake-Okabena Hills-Beaver Creek</p>	<p>Jackson County Central Kerkhoven-Murdock-Sunberg Lac qui Parle Valley Lakeview Luverne MACCRAY Minneota Montevideo Murray County Central Ortonville Pipestone Area Red Rock Central</p>	<p>Redwood Valley Renville County West Russell-Tyler-Ruthton Southwest Minnesota Christian Springfield Tracy-Milroy-Balaton Wabasso Westbrook-Walnut Grove Windom Area Yellow Medicine East</p>

2022-2023 MEMBER SCHOOLS by ADMINISTRATIVE REGION

Class A Members by Administrative Regions (371 Schools)

<p>REGION 4A — 74</p> <p>Academy for Sciences & Agriculture Academy of Whole Learning Avail Academy Avalon School Blake School (The) BlueSky Online Breck School Brightmont Academy Brooklyn Center Career Pathways Chesterton Academy of the Twin Cities Chesterton Academy – St. Croix Valley Christ's Household of Faith City Academy-St. Paul Community of Peace Academy Concordia Academy-Roseville Cristo Rey Jesuit Cyber Village Academy Eagle Ridge Academy Exploration FAIR School FIT Academy Charter School Gentry Academy Great River School Groves Academy</p>	<p>Hand in Hand Christian Montessori Heritage Christian Academy Hiawatha Collegiate High School for Recording Arts Higher Ground Academy Hmong College Prep Academy Hope Academy International School of MN (The) Lakes International Language Academy LEAP Legacy Christian Academy Liberty Classical Academy Lincoln International Maranatha Christian Academy Math & Science Academy Metro Deaf School Metro Schools College Prep Minneapolis North Community Minnehaha Academy Minnesota Math & Science Academy Minnesota Online Minnesota Transitions Charter School Mounds Park Academy New Life Academy of Woodbury</p>	<p>North Lakes Academy Northwest Passage Charter Nova Classical Academy Open World Learning Parnassus Preparatory School Performing Institute of Minnesota Arts Perpich Center for Arts Education Prairie Seeds Academy Providence Academy River's Edge Academy Rivertree Academy SAGE Academy Charter School Southwest Christian St. Agnes St. Croix Lutheran Academy St. Croix Preparatory Academy St. Paul Academy and Summit School St. Paul Conservatory for Performing Arts St. Paul Humboldt Trinity School at River Ridge Twin Cities Academy United Christian Academy Venture Academy Wellstone International West Lutheran</p>
<p>REGION 5A — 48</p> <p>Albany Annandale Atwater-Cosmos-Grove City Belgrade-Brooten-Elrosa Braham Community Christian Dassel-Cokato Dream Technical Academy East Central Eden Valley-Watkins Faith Christian School Foley Good Shepherd Lutheran Granite City Baptist Academy Harvest Christian School Hinckley-Finlayson</p>	<p>Holdingford Holy Family Catholic Holy Trinity Howard Lake-Waverly-Winsted Isle Kimball Area Lester Prairie Litchfield Maple Lake Mayer Lutheran Melrose Area Milaca Mora New Century Academy New London-Spicer Ogilvie</p>	<p>Onamia PACT Charter School Paynesville Area Pierz Pine City Rockford Royalton Rush City Sauk Centre Spectrum St. Cloud Cathedral St. Cloud Christian School St. John's Prep Swanville Upsala Watertown-Mayer</p>
<p>REGION 6A — 42</p> <p>Ashby Barnesville Battle Lake Bertha-Hewitt Brandon-Evansville Breckenridge Browerville Campbell-Tintah Chokio-Alberta Clinton-Graceville-Beardsley Dilworth-Glyndon-Felton Fergus Falls Frazee Hancock Hawley</p>	<p>Henning Herman-Norcross Hillcrest Lutheran Academy Lake Park-Audubon Lake Region Christian School Long Prairie-Grey eagle Menahga Minnewaska Area Morris Area School New Testament Christian School New York Mills Osakis Park Christian Parkers Prairie</p>	<p>Pelican Rapids Pequot Lakes Perham Pillager Pine River-Backus Rothsay Sebeka Staples Motley Underwood Verndale Wadena-Deer Creek West Central Area School Wheaton</p>

2022-2023 MEMBER SCHOOLS by ADMINISTRATIVE REGION
Class A Members by Administrative Regions (371 Schools)

<p>REGION 7A — 40 Aitkin Barnum Bigfork Carlton Cherry Chisholm Cook County Cromwell-Wright Crosby-Ironton Crosslake Community Deer River Ely Esko Eveleth-Gilbert</p>	<p>Floodwood Fond du Lac Ojibwe Greenway Harbor City International School Hill City International Falls Lakeview Christian Academy Littlefork-Big Falls Marshall School, Duluth McGregor Mesabi East Moose Lake Mountain Iron-Buhl Nashwauk-Keewatin</p>	<p>North Woods Northeast Range Northland Proctor Silver Bay (Wm. Kelley) South Ridge Two Harbors Vermillion Country School Victory Christian Academy Virginia Willow River Wrenshall</p>
<p>REGION 8A — 44 Ada-Borup Badger Bagley Blackduck Bug-O-Nay-Ge-Shig School Cass Lake-Bena Clearbrook-Gonvick Climax Crookston East Grand Forks Fertile-Beltrami Fisher Fosston Goodridge Greenbush-Middle River</p>	<p>Grygla-Gatzke Indus Kelliher Kittson Central Lake of the Woods Lancaster Laporte Mahnommen Marshall County Central Nevis Norman County East Norman County West Northome Park Rapids Area Red Lake County Central</p>	<p>Red Lake Falls Red Lake Roseau Sacred Heart Stephen-Argyle Central Thief River Falls TrekNorth Tri-County Ulen-Hitterdal Walker-Hackensack-Akeley Warren-Alvarado-Oslo Warroad Waubun Win-E Mac</p>

The Minnesota State High School League bylaws are adopted and amended by the Minnesota State High School League Representative Assembly and the Minnesota State High School League Board of Directors. Bylaws appear in a non-italicized font. (Sample)

To assist member schools with the interpretation and application of the bylaws, the bylaws themselves may also contain definitions and policies that are approved by the Minnesota State High School League Board of Directors. This information will appear in an italicized font. (*Sample*)