

2022 MSHSL Girls AA Swim & Dive Championships - 11/16/2022 to 11/18/2022

Psych Sheet

**Event 1 Girls 200 Yard Medley Relay**

**MN All-Time:** 1:41.57 11/20/2015 Wayzata Wayzata  
**MN Class AA:** 1:41.57 11/20/2015 Wayzata Wayzata  
**Nat'l:** 1:38.13 2/11/2018 C Quast, M Preiss, A Schaaf, C Donlin Fort Collins Fossil Ridge, CO  
 B Stewart, Z Bartel, C Gillilan, K Alons

Team	Relay	Seed Time	Prelim Time	Place
1	Lakeville North	1:45.58	_____	_____
2	Minnetonka	1:45.62	_____	_____
3	Wayzata	1:46.27	_____	_____
4	Rochester Century	1:47.26	_____	_____
5	Moorhead	1:47.31	_____	_____
6	Shakopee	1:47.65	_____	_____
7	Stillwater	1:48.02	_____	_____
8	Brainerd	1:48.49	_____	_____
9	Edina	1:49.41	_____	_____
10	Prior Lake	1:49.49	_____	_____
11	Blaine	1:49.54	_____	_____
12	Rochester Mayo	1:49.70	_____	_____
13	St. Michael-Albertville	1:50.33	_____	_____
14	Mounds View	1:50.70	_____	_____
15	Maple Grove	1:50.73	_____	_____
16	Hastings	1:50.94	_____	_____
17	Rosemount	1:51.12	_____	_____
18	Andover	1:51.32	_____	_____
19	St Paul Central	1:51.34	_____	_____
20	Minneapolis Washburn	1:52.43	_____	_____

**Event 2 Girls 200 Yard Freestyle**

**MN All-Time:** 1:47.33 11/18/2016 Carly Quast Wayzata  
**MN Class AA:** 1:47.33 11/18/2016 Carly Quast Wayzata  
**Nat'l:** 1:42.81 11/20/2008 Dagny Knutson Minot, ND

Name	Year	School	Seed Time	Prelim Time	Place
1	Ari Zelen	10 Shakopee	1:50.57	_____	_____
2	Avery Luedke	10 Chanhassen	1:51.00	_____	_____
3	Ivy Solt	10 Prior Lake	1:51.52	_____	_____
4	Julia Ogren	9 Rochester John Marshall	1:51.71	_____	_____
5	Sydney Dettmann	12 Stillwater	1:52.94	_____	_____
6	Ellie Bina	9 Mounds View	1:53.67	_____	_____
7	Arianna Hoff	9 Moorhead	1:54.04	_____	_____
8	Erika Schraber	12 Wayzata	1:54.07	_____	_____
9	Lydia Cameron	9 Minnetonka	1:54.78	_____	_____
10	Madeline Schrank	11 Blaine	1:54.87	_____	_____
11	Anna Schrag	12 Edina	1:55.10	_____	_____
12	Lucy Troyak	10 Wayzata	1:55.20	_____	_____
13	Emma Wood	8 East Ridge, Woodbury	1:55.36	_____	_____
14	Sophia Clausman	12 Edina	1:55.37	_____	_____
15	Paige Patten	12 Rochester Century	1:55.75	_____	_____
16	Gwen Moore	11 Rosemount	1:56.10	_____	_____
17	Alayna Janke	11 Moorhead	1:56.87	_____	_____
18	Chloe Buschmann	12 Hopkins	1:57.39	_____	_____
19	Ida Kozlowicz	11 Hopkins	1:58.15	_____	_____
20	Nevaeh Miller	10 Blaine	1:59.34	_____	_____

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**Event 3 Girls 200 Yard IM**

**MN All-Time:** 1:59.77 11/14/2014 **Lindsey Horejsi** **Albert Lea**  
**MN Class AA:** 2:00.49 11/18/2017 **Isabelle Stadden** **Blaine**  
**Nat'l:** 1:53.73 2/25/2021 **Torri Huske** **Yorktown, VA**

Name	Year	School	Seed Time	Prelim Time	Place
1 Cate Pawlaski	9	Andover	2:03.90	_____	_____
2 Katie McCarthy	12	Edina	2:04.31	_____	_____
3 Lily Van Heel	10	St. Michael-Albertville	2:05.15	_____	_____
4 Claire Reinke	12	Wayzata	2:05.54	_____	_____
5 Maddie Reed	11	Stillwater	2:06.55	_____	_____
6 Zella Lucas	12	Prior Lake	2:06.82	_____	_____
7 Emily Garrison	12	Rochester Century	2:07.10	_____	_____
8 Brianna Shroyer	12	Buffalo	2:07.48	_____	_____
9 Libby Bakker	10	Maple Grove	2:07.93	_____	_____
10 Frances Muir	9	Edina	2:08.43	_____	_____
11 Holly Lenarz	11	Sartell-St Stephen	2:09.11	_____	_____
12 Sarah Hurley	9	Minnetonka	2:09.27	_____	_____
13 Anika Wright	12	Stillwater	2:09.48	_____	_____
14 Olivia Wimberger	10	Shakopee	2:09.87	_____	_____
15 Nora Rabe	12	Wayzata	2:10.38	_____	_____
16 Linnea Kallebo	11	Wayzata	2:10.42	_____	_____
17 Stella Bushard	10	Eastview, Apple Valley	2:11.02	_____	_____
18 Kira Aarness	10	Hastings	2:12.24	_____	_____
19 Mia David	12	St Paul Highland Park-SPA	2:12.95	_____	_____
20 Lucia Freed	9	Robbinsdale Armstrong	2:13.60	_____	_____
21 Nora Kortuem	10	Northfield	2:14.19	_____	_____
22 Ally Diehl	10	Anoka	2:14.70	_____	_____

**Event 4 Girls 50 Yard Freestyle**

**MN All-Time:** 22.54 11/20/2015 **Rachel Wittmer** **Edina**  
**MN Class AA:** 22.54 11/20/2015 **Rachel Wittmer** **Edina**  
**Nat'l:** 21.59 2/7/2020 **Gretchen Walsh** **Nashville, TN**

Name	Year	School	Seed Time	Prelim Time	Place
1 Haley Zelen	12	Shakopee	23.33	_____	_____
2 Libbi McCarthy	9	Edina	23.60	_____	_____
3 Sophia Blixt	9	Rochester Century	23.62	_____	_____
4 Natalie Boorjian	12	Rochester Mayo	23.69	_____	_____
5 Paige Moreen	11	Minneapolis Washburn	23.73	_____	_____
6 Kendall Schindler	10	Minnetonka	23.79	_____	_____
7 Katie Homme	12	Rochester Century	23.87	_____	_____
8 Madeline Francois	11	Sartell-St Stephen	23.87	_____	_____
9 Payton Hultgren	9	Lakeville North	23.91	_____	_____
10 Ella Hall	12	Edina	24.17	_____	_____
11 Jennifer Pierson	11	Chanassen	24.17	_____	_____
12 Ana Clemon	9	Lakeville South	24.18	_____	_____
13 Halle Nelson	11	Prior Lake	24.19	_____	_____
14 Lucy Paczosa	8	Stillwater	24.20	_____	_____
15 Norah Naatjes	11	Stillwater	24.29	_____	_____
16 Kalli Stark	11	Blaine	24.32	_____	_____
17 Mya Tautges	10	Brainerd	24.37	_____	_____
18 Alex Peterson	10	Prior Lake	24.39	_____	_____
19 Lucy Siedschlag	12	Stillwater	24.45	_____	_____
20 Kaya Flaherty	10	Maple Grove	24.49	_____	_____
21 Emily Alberts	9	Wayzata	24.49	_____	_____

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**Event 4 ... (Girls 50 Yard Freestyle)**

22	Ella Cooley	8	Robbinsdale Armstrong	24.73	_____	_____
23	Greta Marcott	9	Apple Valley	24.76	_____	_____
24	Sophia Leo	12	Blaine	24.85	_____	_____
25	Lily van der Sman	12	East Ridge, Woodbury	25.37	_____	_____

**Event 5 Girls 1 mtr Diving**

**MN All-Time:** 517.00 11/16/2018 **Megan Phillip** **Edina**  
**MN Class AA:** 517.00 11/16/2018 **Megan Phillip** **Edina**

Name	Year	School	Seed Time	Prelim Time	Place	
1	Abigail Wigle	12	Rochester Mayo	NP	_____	_____
2	Jordyn Schmucker	12	Farmington	NP	_____	_____
3	Daphne Fox	11	Lakeville South	NP	_____	_____
4	Juli Holt	12	Lakeville South	NP	_____	_____
5	Annabelle Speers	11	Hopkins	NP	_____	_____
6	Cassie Kaplan	10	Hopkins	NP	_____	_____
7	Addison Walters	9	Hopkins	NP	_____	_____
8	Ella Kowalczyk	12	Minneapolis Southwest	NP	_____	_____
9	Kirsten Bailey	10	Anoka	NP	_____	_____
10	Sophia Larson	12	Blaine	NP	_____	_____
11	Delaney Nickles	11	Forest Lake	NP	_____	_____
12	Rylie McCulloch	12	Centennial	NP	_____	_____
13	Maya Kelly	10	Stillwater	NP	_____	_____
14	Gabby Mauder	11	Woodbury	NP	_____	_____
15	Halle Linn	10	Woodbury	NP	_____	_____
16	Madeline Boespflug	12	Mounds View	NP	_____	_____
17	Anna Cundiff	11	Prior Lake	NP	_____	_____
18	Brynn Vangen	12	Chaska	NP	_____	_____
19	Shanze Karimi	12	Edina	NP	_____	_____
20	Zara Karimi	10	Edina	NP	_____	_____
21	Kiley Thrush	10	East Ridge, Woodbury	NP	_____	_____
22	Kelly Estebo	10	Rosemount	NP	_____	_____
23	Grace Affeldt	12	Burnsville	NP	_____	_____
24	Paige Calvin	12	Burnsville	NP	_____	_____
25	Ashley Mouyenga	8	Wayzata	NP	_____	_____
26	Greta Severson	12	Wayzata	NP	_____	_____
27	Lulu Semakula	10	Irondale, New Brighton	NP	_____	_____
28	Maya Woods	10	Park Center	NP	_____	_____
29	Izzy Olson	12	Brainerd	NP	_____	_____
30	Evie Helsene	12	Brainerd	NP	_____	_____
31	Brenna Deason	12	Brainerd	NP	_____	_____
32	Hailey Westrup	12	Sartell-St Stephen	NP	_____	_____

**Event 6 Girls 100 Yard Butterfly**

**MN All-Time:** 52.41 11/17/2012 **Danielle Nack** **Mankato West**  
**MN Class AA:** 52.73 11/20/2010 **Rachel Bootsma** **Eden Prairie**  
**Nat'l:** 49.24 2/10/2022 **Claire Curzan** **Raleigh, NC**

Name	Year	School	Seed Time	Prelim Time	Place	
1	Annabelle Wentzel	10	Minnnetonka	54.05	_____	_____
2	Haley Zelen	12	Shakopee	54.66	_____	_____
3	Claire Reinke	12	Wayzata	54.77	_____	_____
4	Ava McNamara	12	Hastings	55.54	_____	_____
5	Maggie Rhodes	12	Minnnetonka	55.69	_____	_____
6	Zella Lucas	12	Prior Lake	56.13	_____	_____

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Event 6 ... (Girls 100 Yard Butterfly)

7	Emily Garrison	12	Rochester Century	56.49	_____	_____
8	Tessa Moore	9	Wayzata	57.26	_____	_____
9	Kaya Flaherty	10	Maple Grove	57.45	_____	_____
10	McKenna Hultgren	11	Lakeville North	57.82	_____	_____
11	Madeline Schrank	11	Blaine	57.84	_____	_____
12	Josie Hiers	12	St Paul Central	58.03	_____	_____
13	Chloe Buschmann	12	Hopkins	58.19	_____	_____
14	Madeline Gau	9	Rochester Mayo	58.34	_____	_____
15	Greta Marcott	9	Apple Valley	58.36	_____	_____
16	Alayna Janke	11	Moorhead	58.47	_____	_____
17	Ava Reich	12	Woodbury	59.21	_____	_____
18	Ally Diehl	10	Anoka	59.75	_____	_____
19	Lucy Siedschlag	12	Stillwater	59.82	_____	_____
20	Samantha Sylvester	12	Rogers	1:00.12	_____	_____

Event 7 Girls 100 Yard Freestyle

<b>MN All-Time:</b>	<b>49.22</b>	<b>11/14/2014</b>	<b>Zoe Avestruz (Lead Off Split)</b>	<b>Chanhassen</b>
<b>MN Class AA:</b>	<b>49.22</b>	<b>11/14/2014</b>	<b>Zoe Avestruz (Lead off Split)</b>	<b>Chanhassen</b>
<b>Nat'l:</b>	<b>46.98</b>	<b>2/8/2020</b>	<b>Gretchen Walsh</b>	<b>Nashville, TN</b>

Name	Year	School	Seed Time	Prelim Time	Place	
1	Ari Zelen	10	Shakopee	50.69	_____	_____
2	Izzy Satterlee	11	Lakeville North	51.64	_____	_____
3	Libbi McCarthy	9	Edina	51.89	_____	_____
4	Paige Moreen	11	Minneapolis Washburn	51.93	_____	_____
5	Katie Homme	12	Rochester Century	52.13	_____	_____
6	Paige Dillon	11	Minnetonka	52.40	_____	_____
7	Jennifer Pierson	11	Chanhassen	52.49	_____	_____
8	Kimberly Lan	12	Wayzata	52.64	_____	_____
9	Arianna Hoff	9	Moorhead	52.79	_____	_____
10	Halle Nelson	11	Prior Lake	52.98	_____	_____
11	Anna Schrag	12	Edina	53.03	_____	_____
12	Lucy Paczosa	8	Stillwater	53.06	_____	_____
13	Kalli Stark	11	Blaine	53.18	_____	_____
14	Aralyn Vogel	11	Minnetonka	53.34	_____	_____
15	Gwen Moore	11	Rosemount	53.34	_____	_____
16	Abbie Ishaug	12	Moorhead	53.37	_____	_____
17	Mallory Paine	11	East Ridge, Woodbury	53.42	_____	_____
18	Gabby Odegard	11	Elk River Area	53.56	_____	_____
19	Payton Warns	12	Lakeville North	53.59	_____	_____
20	Norah Naatjes	11	Stillwater	53.69	_____	_____
21	Emily Alberts	9	Wayzata	53.75	_____	_____
22	Mia David	12	St Paul Highland Park-SPA	53.94	_____	_____
23	Nora Sloth	10	Anoka	54.48	_____	_____

Event 8 Girls 500 Yard Freestyle

<b>MN All-Time:</b>	<b>4:48.96</b>	<b>11/17/2012</b>	<b>Amelia Schilling</b>	<b>Minnetonka</b>
<b>MN Class AA:</b>	<b>4:48.96</b>	<b>11/17/2012</b>	<b>Amelia Schilling</b>	<b>Minnetonka</b>
<b>Nat'l:</b>	<b>4:34.78</b>	<b>11/20/2008</b>	<b>Dagny Knutson</b>	<b>Minot, ND</b>

Name	Year	School	Seed Time	Prelim Time	Place	
1	Katie McCarthy	12	Edina	4:56.82	_____	_____
2	Frances Muir	9	Edina	4:58.89	_____	_____
3	Ivy Solt	10	Prior Lake	4:59.56	_____	_____
4	Avery Luedke	10	Chanhassen	5:00.17	_____	_____

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**Event 8 ... (Girls 500 Yard Freestyle)**

5	Holly Lenarz	11	Sartell-St Stephen	5:01.98	_____	_____
6	Natalie Boorjian	12	Rochester Mayo	5:02.08	_____	_____
7	Ellie Bina	9	Mounds View	5:03.46	_____	_____
8	Erika Schrabber	12	Wayzata	5:03.52	_____	_____
9	Lydia Cameron	9	Minnetonka	5:07.73	_____	_____
10	Lucy Troyak	10	Wayzata	5:08.30	_____	_____
11	Stella Suchy	8	Minnetonka	5:08.95	_____	_____
12	Sydney Dettmann	12	Stillwater	5:09.78	_____	_____
13	Anika Wright	12	Stillwater	5:10.13	_____	_____
14	Emma Wood	8	East Ridge, Woodbury	5:10.15	_____	_____
15	Emma Vogen	12	Eastview, Apple Valley	5:13.32	_____	_____
16	Paige Patten	12	Rochester Century	5:14.47	_____	_____
17	Hayley Crosland	12	Buffalo	5:15.54	_____	_____
18	Ida Kozlowicz	11	Hopkins	5:17.51	_____	_____
19	Amanda Hyland	12	Robbinsdale Armstrong	5:20.21	_____	_____
20	Erin Neises	12	Anoka	5:25.45	_____	_____
21	Nevaeh Miller	10	Blaine	5:25.57	_____	_____

**Event 9 Girls 200 Yard Freestyle Relay**

<b>MN All-Time:</b>	<b>1:32.89</b>	<b>11/18/2016</b>	<b>Edina</b>	<b>Edina</b>
			<b>R Wittmer, A Post, K McCarthy, R Jones</b>	
<b>MN Class AA:</b>	<b>1:32.89</b>	<b>11/18/2016</b>	<b>Edina</b>	<b>Edina</b>
			<b>R Wittmer, A Post, K McCarthy, R Jones</b>	
<b>Nat'l:</b>	<b>1:30.72</b>	<b>2/14/2015</b>	<b>Carmel, IN</b>	
			<b>V Burchill, C Adams, K Smith, T Rothrock</b>	

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Lakeville North	1:36.89	_____	_____
2	Edina	1:36.92	_____	_____
3	Minnetonka	1:37.42	_____	_____
4	Stillwater	1:38.48	_____	_____
5	Shakopee	1:38.55	_____	_____
6	Chanhassen	1:38.94	_____	_____
7	Brainerd	1:39.14	_____	_____
8	Sartell-St Stephen	1:39.20	_____	_____
9	East Ridge, Woodbury	1:39.22	_____	_____
10	Wayzata	1:39.32	_____	_____
11	Prior Lake	1:39.47	_____	_____
12	Rosemount	1:39.50	_____	_____
13	Maple Grove	1:39.69	_____	_____
14	Minneapolis Washburn	1:39.86	_____	_____
15	Hastings	1:40.42	_____	_____
16	Rochester Century	1:40.56	_____	_____
17	Woodbury	1:40.97	_____	_____
18	Blaine	1:41.22	_____	_____
19	Robbinsdale Armstrong	1:41.68	_____	_____
20	Anoka	1:42.11	_____	_____

**Event 10 Girls 100 Yard Backstroke**

<b>MN All-Time:</b>	<b>51.53</b>	<b>11/20/2010</b>	<b>Rachel Bootsma</b>	<b>Eden Prairie</b>
<b>MN Class AA:</b>	<b>51.53</b>	<b>11/20/2010</b>	<b>Rachel Bootsma</b>	<b>Eden Prairie</b>
<b>Nat'l:</b>	<b>49.61</b>	<b>2/10/2022</b>	<b>Claire Curzan</b>	<b>Raleigh, NC</b>

<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	<b>Place</b>
1	Lily Van Heel	10	St. Michael-Albertville	55.05	_____

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Event 10 ... (Girls 100 Yard Backstroke)

2	Libby Bakker	10	Maple Grove	56.50	_____	_____
3	Julia Ogren	9	Rochester John Marshall	56.88	_____	_____
4	Paige Dillon	11	Minnetonka	56.97	_____	_____
5	Kimberly Lan	12	Wayzata	57.23	_____	_____
6	Tessa Moore	9	Wayzata	57.57	_____	_____
7	Sophia Blixt	9	Rochester Century	57.59	_____	_____
8	Maggie Rhodes	12	Minnetonka	57.65	_____	_____
9	Amelia Labno	11	Rosemount	57.96	_____	_____
10	Josie Hiers	12	St Paul Central	58.09	_____	_____
11	Kendall Schindler	10	Minnetonka	58.31	_____	_____
12	Gabby Odegard	11	Elk River Area	58.73	_____	_____
13	Addison Pavek	10	Rosemount	58.78	_____	_____
14	Chloe Carlson	12	Woodbury	59.48	_____	_____
15	Sophia Leo	12	Blaine	59.65	_____	_____
16	Lucia Freed	9	Robbinsdale Armstrong	59.72	_____	_____
17	Sophia Chau	12	Stillwater	1:00.84	_____	_____
18	Gabby Busch	10	Blaine	1:02.42	_____	_____

Event 11 Girls 100 Yard Breaststroke

MN All-Time: 58.56 11/19/2015 Lindsey Horejsi Albert Lea  
 MN Class AA: 1:01.08 11/19/2010 Abby Duncan Champlin Park  
 Nat'l: 58.35 2/24/2022 Kaitlyn Dobler Beaverton, OR

Name	Year	School	Seed Time	Prelim Time	Place	
1	Cate Pawlaski	9	Andover	1:02.68	_____	_____
2	Izzy Satterlee	11	Lakeville North	1:03.63	_____	_____
3	Brianna Shroyer	12	Buffalo	1:03.88	_____	_____
4	Ella Hall	12	Edina	1:04.66	_____	_____
5	Maddie Reed	11	Stillwater	1:04.90	_____	_____
6	Emma Yao	12	Sartell-St Stephen	1:05.84	_____	_____
7	Rylie Ulett	11	Minnetonka	1:06.02	_____	_____
8	Ava McNamara	12	Hastings	1:06.04	_____	_____
9	Paige Olson	11	Minnetonka	1:06.76	_____	_____
10	Abbie Ishaug	12	Moorhead	1:06.81	_____	_____
11	Avery Duerr	9	Brainerd	1:06.95	_____	_____
12	Nora Rabe	12	Wayzata	1:07.20	_____	_____
13	Madalyn Lindgren	10	Eastview, Apple Valley	1:07.69	_____	_____
14	Bridget Stowe	12	Wayzata	1:08.87	_____	_____
15	Julia Zimpel	12	Duluth East	1:08.90	_____	_____
16	Olivia Kehn	12	Robbinsdale Armstrong	1:09.17	_____	_____
17	Taylor Gergen	9	Farmington	1:09.59	_____	_____
18	Erin Prekker	9	Minneapolis Southwest	1:10.13	_____	_____
19	Shaeffer Watson	9	Stillwater	1:11.10	_____	_____

Event 12 Girls 400 Yard Freestyle Relay

MN All-Time: 3:21.89 11/18/2016 Edina Edina  
 R Wittmer, A Post, K McCarthy, R Jones  
 MN Class AA: 3:21.89 11/18/2016 Edina Edina  
 R Wittmer, A Post, K McCarthy, R Jones  
 Nat'l: 3:14.80 5/14/2022 Clovis, CA  
 M Hodges, T Salvino, T O'Dell, J Kozan

Team	Relay	Seed Time	Prelim Time	Place
1	Minnetonka	3:28.52	_____	_____
2	Rochester Century	3:30.96	_____	_____

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**Event 12 ... (Girls 400 Yard Freestyle Relay)**

3	Shakopee	3:30.99	_____	_____
4	Chanhassen	3:33.66	_____	_____
5	Wayzata	3:34.18	_____	_____
6	Stillwater	3:35.06	_____	_____
7	Edina	3:35.06	_____	_____
8	Moorhead	3:37.34	_____	_____
9	Rochester Mayo	3:37.83	_____	_____
10	Rosemount	3:37.92	_____	_____
11	East Ridge, Woodbury	3:38.63	_____	_____
12	Woodbury	3:39.06	_____	_____
13	Blaine	3:40.27	_____	_____
14	Anoka	3:40.57	_____	_____
15	Robbinsdale Armstrong	3:40.64	_____	_____
16	St Paul Central	3:41.21	_____	_____
17	St. Michael-Albertville	3:41.43	_____	_____
18	Champlin Park	3:43.59	_____	_____