

MSHSL STATE CROSS COUNTRY CHAMPIONSHIPSNorthfield, MN
St. Olaf College

Saturday, November 5, 2022

MEET OFFICIALSTiming:
Wayzata Results, LLC**OFFICIAL MEET REPORT**
printed: 11/5/2022 1:23 PM**Race #4**
Boys Class A 5000M**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Heritage Christian	99	12-14-15-25-33(49)(88)	1:25:03	17:01	0:30.7
2 Luverne	102	3-7-11-39-42(53)(86)	1:24:27	16:54	1:20.6
3 Perham	133	1-16-34-36-46(55)(81)	1:25:11	17:03	1:37.1
4 Park Rapids Area	139	5-19-21-32-62(70)(78)	1:25:47	17:10	1:24.2
5 Greenway/Nashwauk/Kee	157	23-26-27-40-41(76)(79)	1:26:31	17:19	0:20.2
6 Staples-Motley	188	6-18-37-60-67(91)(95)	1:26:56	17:24	1:22.9
7 Bertha-Hewitt	200	4-17-45-47-87(89)(93)	1:27:09	17:26	2:03.5
8 Redwood Valley	204	2-22-44-52-84(90)(106)	1:26:59	17:24	2:22.1
9 St. Cloud Cathedral	221	20-24-54-59-64(72)(77)	1:27:52	17:35	0:55.8
10 St. John's Prep	222	8-9-43-61-101(105)(109)	1:27:59	17:36	2:37.2
11 Cotter	235	10-35-48-68-74(108)(111)	1:27:57	17:36	1:30.1
12 Minnehaha Academy	242	13-29-58-69-73(97)(98)	1:28:11	17:39	1:20.0
13 Moose Lake/Willow River/B	297	28-38-50-85-96(103)	1:29:51	17:59	1:39.5
14 LA/RP/H	321	31-51-65-82-92(94)(99)	1:30:10	18:02	1:30.4
15 Mankato Loyola/Cleveland	333	56-57-66-71-83(102)(104)	1:30:16	18:04	0:38.8
16 LCWM-Nicollet	348	30-63-75-80-100(107)(110)	1:30:52	18:11	1:50.0

INDIVIDUAL RESULTS

athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM	1 Mile	2 Mile
1 Brandon Kampsen	SR	1034	Sauk Centre	-	15:49.5	---	5:05.3	3:09.9	5:00.0	10:09.3
2 Henry Karelitz	SR	1021	Nova Classical Aca	-	15:55.6	6.1	5:07.3	3:11.1	4:58.8	10:05.8
3 Bjorn Anderson	SO	1173	Perham (1)	1	15:57.9	8.4	5:08.0	3:11.6	5:01.1	10:18.7
4 Will Ahrens	SO	1093	Redwood Valley (1)	2	16:07.9	18.4	5:11.2	3:13.6	5:15.9	10:34.0
5 Owen Janiszkeski	SO	1088	Luverne (1)	3	16:09.1	19.6	5:11.6	3:13.8	5:07.2	10:26.6
6 Noah Foster	SR	1037	Cromwell-Wright	-	16:14.7	25.2	5:13.4	3:14.9	4:59.5	10:19.4
7 Cole Stencil	SR	1008	Maple River	-	16:24.1	34.6	5:16.4	3:16.8	5:09.1	10:34.5
8 Brady Rach	FR	1154	Bertha-Hewitt (1)	4	16:27.2	37.7	5:17.4	3:17.4	5:21.9	10:48.3
9 Garrison Hubka	SR	1000	Kingsland	-	16:29.8	40.3	5:18.2	3:17.9	5:09.4	10:37.9
10 Noah Huot	JR	1187	Park Rapids Area (5	16:30.8	41.3	5:18.6	3:18.2	5:13.0	10:35.3
11 Mark Swanson	SO	1027	Northwest Nighthaw	-	16:31.0	40.5	5:18.6	3:18.2	5:17.6	10:36.5
12 Ryan Pierson	JR	1006	Butterfield-Odin	-	16:31.9	42.4	5:18.9	3:18.4	5:07.4	10:32.3
13 Charlie Larson	SO	1047	Pelican Rapids	-	16:34.2	44.7	5:19.7	3:18.8	5:07.3	10:38.3
14 Issiah Tabatt	JR	1145	Staples-Motley (1)	6	16:37.7	48.2	5:20.8	3:19.5	5:10.2	10:41.8
15 Ryan Fick	JR	1084	Luverne (2)	7	16:37.9	48.4	5:20.9	3:19.6	5:11.6	10:42.9
16 Zach Meyer	JR	1123	St. John's Prep (1)	8	16:38.2	48.7	5:21.0	3:19.6	5:07.1	10:36.1
17 Henry Lemke	SO	1024	Eden Valley-Watkin	-	16:39.2	49.7	5:21.3	3:19.8	5:12.1	10:41.7
18 Levi Miest	JR	1011	St. James Area	-	16:39.4	49.9	5:21.3	3:19.9	5:11.1	10:42.5
19 Nick Hansen	JR	1121	St. John's Prep (2)	9	16:39.7	50.2	5:21.4	3:19.9	5:06.6	10:38.6
20 Nicholas Larson	SR	1019	Mounds Park Acad	-	16:39.7	50.2	5:21.4	3:19.9	5:15.2	10:45.8
21 Taylor Johnson	SR	1045	Lake Park-Audubon	-	16:40.0	49.5	5:21.5	3:20.0	5:09.6	10:38.2
22 John Fritts	JR	1049	Cotter (1)	10	16:40.3	50.8	5:21.6	3:20.0	5:27.1	10:55.2
23 Eddie Snider	SO	1020	Mounds Park Acad	-	16:40.5	51.0	5:21.7	3:20.1	5:17.3	10:45.3

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Boys Class A 5000M

Final Results

INDIVIDUAL RESULTS (cont'd)

athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. KM	1 Mile	2 Mile
24 Zach Ourada	JR	1012	Canby/Minneota	-	16:41.6	52.1	5:22.0	3:20.3	5:07.8	10:41.4
25 Camden Janiszkeski	SR	1087	Luverne (3)	11	16:42.6	53.1	5:22.4	3:20.5	5:09.5	10:37.8
26 Thor Erickson	SO	1044	Lake Park-Audubon	-	16:45.4	55.9	5:23.3	3:21.1	5:10.1	10:40.2
27 Evan Baumgardner	SO	1016	Murray county Cent	-	16:45.5	56.0	5:23.3	3:21.1	5:11.1	10:43.4
28 Jack Hoppe	SR	1107	Heritage Christian (12	16:47.6	58.1	5:24.0	3:21.5	5:19.2	10:51.7
29 Luke Seuntjens	SR	1118	Minnehaha Academ	13	16:48.9	59.4	5:24.4	3:21.8	5:15.8	10:49.0
30 Lev Dougherty	FR	1104	Heritage Christian (14	16:48.9	59.4	5:24.4	3:21.8	5:19.9	10:51.6
31 Thomas Avra	JR	1102	Heritage Christian (15	16:55.6	1:06.1	5:26.5	3:23.1	5:21.1	10:52.5
32 Micah Thompson	SR	1181	Perham (2)	16	16:56.1	1:06.6	5:26.7	3:23.2	5:11.3	10:53.5
33 Zane Guderjahn	JR	1151	Bertha-Hewitt (2)	17	16:56.4	1:06.9	5:26.8	3:23.3	5:24.9	10:57.9
34 Luke Brownell	SR	1139	Staples-Motley (2)	18	16:57.2	1:07.7	5:27.0	3:23.4	5:09.1	10:45.3
35 Blaine Hensel	SR	1186	Park Rapids Area (19	16:58.8	1:09.3	5:27.6	3:23.7	5:22.8	10:54.4
36 Tim Salentiny	JR	1013	Heron Lake-Okabe	-	16:59.3	1:09.8	5:27.7	3:23.8	5:14.5	10:50.1
37 Griffen Ward	JR	1137	St. Cloud Cathedral	20	17:01.0	1:10.5	5:28.3	3:24.2	5:09.7	10:42.8
38 Caden Strasser	SR	1017	Pipestone Area	-	17:02.9	1:13.4	5:28.9	3:24.6	5:09.4	10:45.7
39 Ephraim Bervig	SO	1184	Park Rapids Area (21	17:04.0	1:13.5	5:29.2	3:24.8	5:23.2	10:55.5
40 Cole Kruegel	SR	1001	Kingsland	-	17:04.4	1:14.9	5:29.4	3:24.9	5:20.5	11:02.3
41 Kilen Cilek	SO	1098	Redwood Valley (2)	22	17:04.7	1:15.2	5:29.5	3:24.9	5:18.5	10:51.4
42 Benjamin Meysembourg	SR	1039	Esko	-	17:05.3	1:15.8	5:29.7	3:25.0	5:16.5	10:56.2
43 Braxton Osterhaus	SR	1004	Pine Island	-	17:05.8	1:16.3	5:29.8	3:25.2	5:11.7	10:56.4
44 Alex Burckhardt	SO	1040	South Ridge	-	17:06.6	1:17.1	5:30.1	3:25.3	5:19.3	10:54.0
45 Bjorn Brunsberg	SR	1035	Wadena-Deer Cree	-	17:06.7	1:17.2	5:30.1	3:25.3	5:18.6	11:01.9
46 Benjamin Plackner	SR	1162	Greenway/Nashwa	23	17:08.3	1:18.8	5:30.6	3:25.7	5:17.2	10:55.9
47 James Suchy	SR	1032	Parkers Prairie	-	17:08.6	1:19.1	5:30.7	3:25.7	5:14.1	10:55.5
48 Kody Wassman	JR	1015	Mt. Lake Area - Co	-	17:09.0	1:18.5	5:30.8	3:25.8	5:10.7	10:51.9
49 Cole Arens	JR	1005	Wabasha-Kellogg	-	17:10.8	1:21.3	5:31.4	3:26.2	5:19.8	11:02.3
50 Tim Cooper	JR	1002	Lake City	-	17:11.1	1:21.6	5:31.5	3:26.2	5:21.8	11:05.9
51 Henry Ebel	SR	1129	St. Cloud Cathedral	24	17:11.2	1:21.7	5:31.6	3:26.2	5:28.3	11:07.0
52 Kees Van Oosbree	SR	1110	Heritage Christian (25	17:12.5	1:23.0	5:32.0	3:26.5	5:19.9	10:59.3
53 Riley Koran	FR	1158	Greenway/Nashwa	26	17:12.5	1:23.0	5:32.0	3:26.5	5:16.1	11:00.5
54 Levi Danielson	JR	1156	Greenway/Nashwa	27	17:12.7	1:23.2	5:32.0	3:26.5	5:17.3	10:56.0
55 Nathan Tax	FR	1029	Pierz	-	17:13.0	1:22.5	5:32.1	3:26.6	5:18.4	11:03.3
56 Maeson Tank	JR	1030	Minnewaska Area	-	17:13.0	1:22.5	5:32.1	3:26.6	5:16.3	10:57.5
57 Jack Riley	JR	1036	Carlton-Wrenshall	-	17:13.0	1:23.5	5:32.2	3:26.6	5:21.0	11:01.5
58 Owen Winter	FR	1042	Dilworth-Glyndon-F	-	17:13.9	1:24.4	5:32.4	3:26.8	5:12.1	10:54.7
59 Seth Torgerson	SR	1046	Lake Park-Audubon	-	17:14.9	1:25.4	5:32.8	3:27.0	5:15.6	10:57.1
60 Shawn Bailey	SR	1164	Moose Lake/Willow	28	17:15.0	1:24.5	5:32.8	3:27.0	5:20.4	11:02.0
61 Liam Laddusaw	SR	1114	Minnehaha Academ	29	17:15.6	1:26.1	5:33.0	3:27.1	5:22.7	11:06.4
62 Christian Fells	SR	1069	LCWM-Nicollet (1)	30	17:16.5	1:27.0	5:33.3	3:27.3	5:18.4	11:05.8
63 Ryan Prinsen	JR	1062	LA/RP/H (1)	31	17:16.9	1:27.4	5:33.4	3:27.4	5:26.1	11:10.3
64 Logan Maanum	SR	1190	Park Rapids Area (32	17:17.9	1:28.4	5:33.7	3:27.6	5:23.3	11:05.0
65 Jack Nelson	JR	1108	Heritage Christian (33	17:18.3	1:28.8	5:33.8	3:27.6	5:19.0	11:04.1
66 Caden Doll	JR	1174	Perham (3)	34	17:18.4	1:28.9	5:33.9	3:27.7	5:16.6	10:56.0
67 Josiah DeMaris	SO	1007	M/T/GHEC/ML	-	17:18.8	1:29.3	5:34.0	3:27.8	5:10.2	10:46.6
68 Benjamin Geeslin		1043	Hawley	-	17:19.6	1:30.1	5:34.3	3:27.9	5:19.1	11:03.1
69 Dawson Hofer	8	1025	Holdingford	-	17:21.0	1:31.5	5:34.7	3:28.2	5:18.2	11:04.4

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athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM	1 Mile	2 Mile
70 Ethan Kowalczyk	JR	1028	Pierz	-	17:22.1	1:32.6	5:35.1	3:28.4	5:19.8	11:05.6
71 Erik Semling	7	1056	Cotter (2)	35	17:22.5	1:33.0	5:35.2	3:28.5	5:31.1	11:08.2
72 Dylan Guck	FR	1178	Perham (4)	36	17:23.5	1:34.0	5:35.5	3:28.7	5:13.7	10:57.7
73 Logan Robben	SO	1144	Staples-Motley (3)	37	17:26.1	1:36.6	5:36.3	3:29.2	5:22.6	11:06.1
74 Zackery Bruder	SO	1031	Osakis	-	17:26.5	1:37.0	5:36.5	3:29.3	5:18.1	11:03.0
75 Thomas O'Keefe	SO	1022	Nova Classical Aca	-	17:26.7	1:37.2	5:36.5	3:29.3	5:16.7	10:58.4
76 Murray Salzer	SR	1170	Moose Lake/Willow	38	17:27.5	1:38.0	5:36.8	3:29.5	5:22.3	11:14.4
77 Leif Ingebretson	SO	1086	Luverne (4)	39	17:27.7	1:38.2	5:36.9	3:29.5	5:28.1	11:19.4
78 Bryce Nielsen	FR	1161	Greenway/Nashwa	40	17:28.3	1:38.8	5:37.1	3:29.7	5:24.5	11:10.0
79 Brayden Nielsen	FR	1160	Greenway/Nashwa	41	17:28.5	1:39.0	5:37.1	3:29.7	5:23.7	11:10.5
80 Sage Viessman	SO	1092	Luverne (5)	42	17:29.7	1:40.2	5:37.5	3:29.9	5:28.6	11:19.4
81 Benjamin (Ben) Suo	SO	1127	St. John's Prep (3)	43	17:30.6	1:41.1	5:37.8	3:30.1	5:29.1	11:16.9
82 Camden Cilek	SR	1097	Redwood Valley (3)	44	17:31.5	1:42.0	5:38.1	3:30.3	5:30.5	11:17.9
83 Isaac Snyder	JR	1003	Lanesboro/Fillmore	-	17:33.5	1:44.0	5:38.7	3:30.7	5:22.4	11:11.3
84 Evan Paplow	JR	1014	Jackson County Ce	-	17:33.9	1:44.4	5:38.9	3:30.8	5:11.1	10:55.6
85 Zach Baumgartner	JR	1148	Bertha-Hewitt (3)	45	17:34.3	1:44.8	5:39.0	3:30.8	5:37.8	11:20.7
86 Brayden Glorvigen	JR	1177	Perham (5)	46	17:34.9	1:45.4	5:39.2	3:31.0	5:24.5	11:14.6
87 Preston Miller	JR	1153	Bertha-Hewitt (4)	47	17:40.1	1:50.6	5:40.9	3:32.0	5:38.1	11:28.7
88 Ryan Littlefield	8	1054	Cotter (3)	48	17:40.8	1:51.3	5:41.1	3:32.2	5:35.8	11:21.9
89 Jamesson Forsberg	SR	1009	Martin County West	-	17:42.4	1:52.9	5:41.6	3:32.5	5:30.6	11:27.2
90 Justin Kroeze	JR	1018	Avail Academy	-	17:42.8	1:53.3	5:41.7	3:32.6	5:29.5	11:30.0
91 Gavin Hansen	JR	1106	Heritage Christian ((49)	17:43.0	1:52.5	5:41.8	3:32.6	5:27.3	11:21.4
92 Elliott Wasche	SO	1172	Moose Lake/Willow	50	17:44.0	1:53.5	5:42.1	3:32.8	5:28.6	11:19.2
93 Tyler Betthausen	JR	1058	LA/RP/H (2)	51	17:44.9	1:55.4	5:42.4	3:33.0	5:33.0	11:28.3
94 Landyn Nordby	SO	1100	Redwood Valley (4)	52	17:45.0	1:54.5	5:42.4	3:33.0	5:35.3	11:30.7
95 Carsen Tofeland	SR	1091	Luverne (6)	(53)	17:45.1	1:55.6	5:42.5	3:33.0	5:32.4	11:26.8
96 Jacob Drevlow	FR	1033	Sauk Centre	-	17:45.4	1:55.9	5:42.5	3:33.1	5:32.7	11:25.1
97 Nick Lind	JR	1026	Maple Lake	-	17:47.1	1:57.6	5:43.1	3:33.4	5:20.2	11:19.1
98 Benjamin Fromelt	SR	1130	St. Cloud Cathedral	54	17:47.8	1:58.3	5:43.3	3:33.6	5:36.9	11:28.2
99 Carter Flatau	SO	1176	Perham (6)	(55)	17:49.2	1:59.7	5:43.8	3:33.8	5:17.6	11:13.7
100 Caid Chittum	SO	1038	Ely	-	17:49.6	2:00.1	5:43.9	3:33.9	5:29.0	11:27.4
101 Nathan Strobel	JR	1079	Mankato Loyola/Cle	56	17:49.8	2:00.3	5:44.0	3:33.9	5:18.1	11:17.2
102 James Younge	SR	1081	Mankato Loyola/Cle	57	17:51.4	2:01.9	5:44.5	3:34.3	5:26.8	11:22.3
103 Beckett Pilling	JR	1117	Minnehaha Academ	58	17:52.2	2:02.7	5:44.7	3:34.4	5:27.8	11:20.9
104 Aidan Welsh	JR	1023	St. Croix Preparator	-	17:53.9	2:04.4	5:45.3	3:34.8	5:21.6	11:10.2
105 Carson Rolph	8	1134	St. Cloud Cathedral	59	17:54.6	2:05.1	5:45.5	3:34.9	5:34.2	11:25.7
106 Dillan Robben	SO	1143	Staples-Motley (4)	60	17:54.6	2:05.1	5:45.5	3:34.9	5:35.1	11:30.4
107 Will Vix	FR	1128	St. John's Prep (4)	61	17:54.8	2:05.3	5:45.6	3:35.0	5:41.6	11:35.3
108 Eli Bervig	SR	1183	Park Rapids Area (62	17:54.9	2:05.4	5:45.6	3:35.0	5:24.6	11:11.3
109 Charlie Gengler	FR	1070	LCWM-Nicollet (2)	63	17:55.9	2:06.4	5:45.9	3:35.2	5:27.1	11:23.0
110 Owen Scanlon	SR	1135	St. Cloud Cathedral	64	17:56.8	2:07.3	5:46.2	3:35.4	5:34.6	11:29.3
111 Brennan Kunst	8	1060	LA/RP/H (3)	65	17:56.9	2:07.4	5:46.3	3:35.4	5:36.0	11:33.3
112 Soren Kelly	FR	1076	Mankato Loyola/Cle	66	17:57.6	2:08.1	5:46.5	3:35.5	5:28.3	11:25.1
113 Grant Johnson	SR	1140	Staples-Motley (5)	67	18:00.5	2:11.0	5:47.4	3:36.1	5:34.9	11:34.3
114 Sawyer FierkeLepp	SO	1041	South Ridge	-	18:01.1	2:11.6	5:47.6	3:36.2	5:33.8	11:37.1
115 Logan Granseth	FR	1050	Cotter (4)	68	18:03.1	2:13.6	5:48.3	3:36.6	5:49.5	11:47.2

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athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. KM	1 Mile	2 Mile
16 Finn Christiansen	JR	1112	Minnehaha Academ	69	18:04.8	2:15.3	5:48.8	3:37.0	5:32.0	11:33.3
17 Thomas Lopez	SO	1189	Park Rapids Area ((70)	18:05.3	2:15.8	5:49.0	3:37.1	5:35.4	11:35.2
18 Sam Vetter	SO	1080	Mankato Loyola/Cle	71	18:08.2	2:18.7	5:49.9	3:37.6	5:36.1	11:38.6
19 Connor Hanson	JR	1131	St. Cloud Cathedral	(72)	18:08.6	2:19.1	5:50.0	3:37.7	5:34.1	11:30.7
20 Makai Bates	SO	1111	Minnehaha Academ	73	18:08.8	2:19.3	5:50.1	3:37.8	5:32.3	11:33.6
21 Kellen Groth	FR	1051	Cotter (5)	74	18:10.3	2:20.8	5:50.6	3:38.1	5:48.6	11:46.9
22 Jacob Cooper	JR	1067	LCWM-Nicollet (3)	75	18:11.3	2:21.8	5:50.9	3:38.2	5:29.8	11:35.3
23 Hunter Milstead	SO	1159	Greenway/Nashwa	(76)	18:14.5	2:25.0	5:51.9	3:38.9	5:27.5	11:33.3
24 Andrew Uy	JR	1136	St. Cloud Cathedral	(77)	18:18.0	2:27.5	5:53.0	3:39.6	5:41.9	11:42.0
25 Asher Bervig	8	1182	Park Rapids Area ((78)	18:18.4	2:28.9	5:53.2	3:39.7	5:43.7	11:46.8
26 Isaac Danielson	8	1155	Greenway/Nashwa	(79)	18:18.7	2:29.2	5:53.3	3:39.7	5:34.4	11:42.2
27 Mason Anderson	JR	1066	LCWM-Nicollet (4)	80	18:21.4	2:31.9	5:54.1	3:40.3	5:37.6	11:45.2
28 Blake Swenson	SO	1180	Perham (7)	(81)	18:23.1	2:33.6	5:54.7	3:40.6	5:24.5	11:29.3
29 Matthew Sprague	SO	1064	LA/RP/H (4)	82	18:23.6	2:34.1	5:54.9	3:40.7	5:41.5	11:47.3
30 Noah Christensen	SO	1010	Sleepy Eye St.Mary	-	18:27.2	2:37.7	5:56.0	3:41.4	5:19.7	11:32.9
31 Jorden Rossow	JR	1078	Mankato Loyola/Cle	83	18:28.5	2:39.0	5:56.4	3:41.7	5:35.9	11:46.5
32 Cohen Frank	SR	1099	Redwood Valley (5)	84	18:29.9	2:40.4	5:56.9	3:42.0	5:43.8	11:54.7
33 Eli Berger	8	1165	Moose Lake/Willow	85	18:29.9	2:40.4	5:56.9	3:42.0	5:41.7	11:53.8
34 Kaleb Hemme	SO	1085	Luverne (7)	(86)	18:30.5	2:41.0	5:57.1	3:42.1	5:42.7	11:55.2
35 Gunnar Barthel	FR	1147	Bertha-Hewitt (5)	87	18:30.7	2:41.2	5:57.1	3:42.1	5:57.0	12:04.6
36 Matthew Olmanson	JR	1109	Heritage Christian ((88)	18:31.0	2:40.5	5:57.2	3:42.2	5:44.1	11:48.1
37 Henry Lockwood	FR	1152	Bertha-Hewitt (6)	(89)	18:32.3	2:42.8	5:57.6	3:42.5	5:58.5	11:59.7
38 Mason Anderson	SO	1094	Redwood Valley (6)	(90)	18:43.5	2:54.0	6:01.2	3:44.7	5:55.2	12:07.3
39 Odin Trif	JR	1146	Staples-Motley (6)	(91)	18:45.0	2:54.5	6:01.7	3:45.0	5:40.3	11:53.9
40 Aaron Ploetz	FR	1061	LA/RP/H (5)	92	18:47.3	2:57.8	6:02.5	3:45.5	5:41.3	12:00.4
41 Titus Eckel	SR	1150	Bertha-Hewitt (7)	(93)	18:49.8	3:00.3	6:03.3	3:45.9	5:56.6	12:03.7
42 Sam Adamcyk	JR	1057	LA/RP/H (6)	(94)	18:53.4	3:03.9	6:04.4	3:46.7	5:53.0	12:13.0
43 Gage Bjerga	7	1138	Staples-Motley (7)	(95)	18:53.8	3:04.3	6:04.6	3:46.8	5:41.9	11:56.6
44 Gavin Thiry	SR	1171	Moose Lake/Willow	96	18:54.5	3:05.0	6:04.8	3:46.9	5:42.1	11:57.1
45 Noah Hamburge	SO	1113	Minnehaha Academ	(97)	18:54.8	3:05.3	6:04.9	3:46.9	5:44.0	12:02.7
46 Quincy Starling	SO	1119	Minnehaha Academ	(98)	18:58.4	3:08.9	6:06.0	3:47.7	5:43.3	12:03.8
47 Isaac Rasmussen	FR	1063	LA/RP/H (7)	(99)	19:01.8	3:12.3	6:07.1	3:48.4	5:49.5	12:06.5
48 Luke Engel	JR	1068	LCWM-Nicollet (5)	100	19:06.4	3:16.9	6:08.6	3:49.3	5:33.8	11:56.2
49 Po-Huan Lu	JR	1122	St. John's Prep (5)	101	19:15.4	3:25.9	6:11.5	3:51.1	5:52.0	12:16.8
50 Corbin Deichman	FR	1075	Mankato Loyola/Cle	(102)	19:16.0	3:25.5	6:11.7	3:51.2	5:36.1	11:55.3
51 Daniel Mikrot	SR	1168	Moose Lake/Willow	(103)	19:18.5	3:29.0	6:12.5	3:51.7	5:41.6	12:11.3
52 Carter Zimmerman	SR	1082	Mankato Loyola/Cle	(104)	19:23.6	3:34.1	6:14.1	3:52.7	5:41.5	12:02.4
53 Aaron Ruesink	JR	1125	St. John's Prep (6)	(105)	19:28.2	3:38.7	6:15.6	3:53.6	5:52.4	12:17.2
54 Aidan Salmon	SO	1101	Redwood Valley (7)	(106)	19:42.5	3:53.0	6:20.2	3:56.5	6:11.8	12:46.2
55 Aidan Moeller	FR	1073	LCWM-Nicollet (6)	(107)	19:43.2	3:53.7	6:20.4	3:56.6	5:48.3	12:24.4
56 Matthew Baumgartner	8	1048	Cotter (6)	(108)	19:43.8	3:54.3	6:20.6	3:56.8	6:05.7	12:35.7
57 Brett Penk	SO	1124	St. John's Prep (7)	(109)	19:57.5	4:08.0	6:25.0	3:59.5	6:00.7	12:46.7
58 Andrew Johnson	JR	1071	LCWM-Nicollet (7)	(110)	20:02.5	4:13.0	6:26.6	4:00.5	6:02.8	12:57.7
59 Sam Schmidt	7	1055	Cotter (7)	(111)	20:56.4	5:06.9	6:44.0	4:11.3	6:16.6	13:28.1
-- Eoghan Heaslip	FR	1167	Moose Lake/Willow	-	DNF		---	---	5:40.4	11:47.2