

**MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS**Northfield, MN  
St. Olaf College

Saturday, November 5, 2022

**MEET OFFICIALS**Timing:  
Wayzata Results, LLC**OFFICIAL MEET REPORT**

printed: 11/5/2022 10:51 AM

**Race #2**  
**Boys Class AAA 5000M****Final Results****TEAM SCORING SUMMARY**

| Final Standings          | Score | Scoring Order             | Total   | Avg.  | Spread |
|--------------------------|-------|---------------------------|---------|-------|--------|
| 1 Wayzata                | 57    | 3-6-11-16-21(46)(66)      | 1:18:54 | 15:47 | 0:42.1 |
| 2 Rosemount              | 98    | 4-13-14-15-52(64)(67)     | 1:19:53 | 15:59 | 1:17.4 |
| 3 Lakeville North        | 103   | 5-19-20-23-36(61)(82)     | 1:20:38 | 16:08 | 0:57.3 |
| 4 Minnetonka             | 121   | 2-7-22-43-47(72)(73)      | 1:20:42 | 16:09 | 1:18.0 |
| 5 Mounds View            | 137   | 10-25-29-32-41(53)(55)    | 1:21:32 | 16:19 | 0:53.7 |
| 6 Minneapolis Washburn   | 152   | 1-8-18-49-76(89)(99)      | 1:20:55 | 16:11 | 2:00.5 |
| 7 Stillwater Area        | 182   | 26-30-34-35-57(93)(95)    | 1:22:37 | 16:32 | 0:35.0 |
| 8 Eden Prairie           | 238   | 33-44-48-51-62(63)(65)    | 1:23:44 | 16:45 | 0:27.5 |
| 9 Roseville Area         | 264   | 9-24-68-79-84(91)(98)     | 1:23:35 | 16:43 | 1:41.1 |
| 10 Lakeville South       | 293   | 31-39-45-74-104(107)(110) | 1:25:01 | 17:01 | 1:39.2 |
| 11 Bloomington Jefferson | 304   | 12-58-60-86-88(90)(100)   | 1:24:32 | 16:55 | 1:42.6 |
| 12 Blaine                | 306   | 17-54-77-78-80(106)(111)  | 1:24:34 | 16:55 | 1:17.6 |
| 13 Bemidji               | 309   | 27-38-50-92-102(108)(112) | 1:25:27 | 17:06 | 1:42.7 |
| 14 Woodbury              | 317   | 42-59-70-71-75(96)(109)   | 1:24:52 | 16:59 | 0:32.7 |
| 15 Buffalo               | 318   | 28-37-81-85-87(97)(103)   | 1:25:05 | 17:01 | 1:10.2 |
| 16 Centennial            | 342   | 40-56-69-83-94(101)(105)  | 1:25:36 | 17:08 | 1:05.9 |

**INDIVIDUAL RESULTS**

| athlete                      | YR | #   | Team (Team Place)   | Score | Time    | Gap  | Avg. Mile | Avg. kM | 1 Mile | 2 Mile  |
|------------------------------|----|-----|---------------------|-------|---------|------|-----------|---------|--------|---------|
| 1 Aidan Jones                | SR | 352 | Minneapolis Washb   | 1     | 15:11.8 | ---  | 4:53.2    | 3:02.3  | 4:55.6 | 9:53.0  |
| 2 Sam Scott                  | JR | 234 | Minneapolis Southw  | -     | 15:15.3 | 3.5  | 4:54.3    | 3:03.1  | 4:55.3 | 9:53.2  |
| 3 Nick Gilles                | SR | 269 | Minnetonka (1)      | 2     | 15:27.1 | 15.3 | 4:58.1    | 3:05.4  | 4:55.6 | 9:59.3  |
| 4 Hamza Mohamed              | SR | 344 | Wayzata (1)         | 3     | 15:28.1 | 16.3 | 4:58.4    | 3:05.6  | 4:59.9 | 10:05.1 |
| 5 Nolan Sutter               | JR | 207 | Chaska              | -     | 15:28.5 | 16.7 | 4:58.5    | 3:05.7  | 4:58.7 | 9:56.3  |
| 6 Ryan Mulrooney             | SR | 289 | Rosemount (1)       | 4     | 15:32.9 | 21.1 | 4:59.9    | 3:06.6  | 5:02.9 | 10:06.3 |
| 7 Noah Breker                | SR | 235 | Robbinsdale Armstr  | -     | 15:33.4 | 21.6 | 5:00.1    | 3:06.7  | 4:55.5 | 9:53.3  |
| 8 Andrew Casey               | SR | 250 | Lakeville North (1) | 5     | 15:35.1 | 23.3 | 5:00.6    | 3:07.0  | 4:59.2 | 10:06.2 |
| 9 William Weber              | SO | 346 | Wayzata (2)         | 6     | 15:35.1 | 23.3 | 5:00.7    | 3:07.0  | 5:00.8 | 10:06.5 |
| 10 Max Westerlund            | SR | 274 | Minnetonka (2)      | 7     | 15:37.9 | 26.1 | 5:01.6    | 3:07.6  | 4:59.4 | 10:05.8 |
| 11 Caleb Dickel              | SO | 348 | Minneapolis Washb   | 8     | 15:39.4 | 27.6 | 5:02.1    | 3:07.9  | 5:00.9 | 10:06.5 |
| 12 Suhayb Ali                | SR | 230 | Hopkins             | -     | 15:40.4 | 28.6 | 5:02.4    | 3:08.1  | 5:00.4 | 10:06.0 |
| 13 Bennett Harrison-Michaels | SR | 330 | Roseville Area (1)  | 9     | 15:40.7 | 28.9 | 5:02.5    | 3:08.1  | 5:02.1 | 10:05.6 |
| 14 Elliott McArthur          | SR | 326 | Mounds View (1)     | 10    | 15:44.1 | 32.3 | 5:03.6    | 3:08.8  | 4:58.8 | 10:05.4 |
| 15 Hootie Hage               | JR | 211 | Prior Lake          | -     | 15:45.7 | 33.9 | 5:04.1    | 3:09.1  | 4:59.5 | 10:05.5 |
| 16 Daniel McCollor           | JR | 342 | Wayzata (3)         | 11    | 15:46.8 | 35.0 | 5:04.4    | 3:09.4  | 5:00.0 | 10:07.5 |
| 17 Adam Lueth                | SR | 297 | Bloomington Jeffers | 12    | 15:47.1 | 35.3 | 5:04.5    | 3:09.4  | 4:59.1 | 10:05.9 |
| 18 Joe McNeil                | SR | 288 | Rosemount (2)       | 13    | 15:47.9 | 36.1 | 5:04.8    | 3:09.6  | 5:05.5 | 10:15.8 |
| 19 Will Harder               | SR | 287 | Rosemount (3)       | 14    | 15:50.2 | 38.4 | 5:05.5    | 3:10.0  | 5:06.0 | 10:15.4 |
| 20 George Edgar              | SR | 285 | Rosemount (4)       | 15    | 15:51.9 | 40.1 | 5:06.1    | 3:10.4  | 5:05.6 | 10:15.7 |
| 21 Landon Hering             | JR | 231 | Hopkins             | -     | 15:53.2 | 41.4 | 5:06.5    | 3:10.6  | 5:02.4 | 10:12.9 |
| 22 Tyler Kissell             | JR | 340 | Wayzata (4)         | 16    | 15:53.6 | 41.8 | 5:06.6    | 3:10.7  | 5:04.6 | 10:13.1 |
| 23 Cade Sanvik               | JR | 228 | Osseo               | -     | 15:54.0 | 41.2 | 5:06.7    | 3:10.8  | 5:02.6 | 10:12.0 |

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**Race #2**  
**Boys Class AAA 5000M****Final Results****INDIVIDUAL RESULTS (cont'd)**

| athlete              | YR | #   | Team (Team Place)   | Score | Time    | Gap    | Avg. Mile | Avg. kM | 1 Mile | 2 Mile  |
|----------------------|----|-----|---------------------|-------|---------|--------|-----------|---------|--------|---------|
| 24 Gannon Farrens    | SO | 226 | Maple Grove         | -     | 15:58.3 | 46.5   | 5:08.1    | 3:11.7  | 5:03.6 | 10:13.3 |
| 25 Luke Williams     | JR | 223 | White Bear Lake Ar  | -     | 15:59.1 | 47.3   | 5:08.4    | 3:11.8  | 5:01.6 | 10:14.2 |
| 26 River Santiago    | JR | 372 | Blaine (1)          | 17    | 15:59.2 | 47.4   | 5:08.4    | 3:11.8  | 5:07.0 | 10:23.0 |
| 27 Dominic Haugland  | SR | 351 | Minneapolis Washb   | 18    | 16:05.3 | 53.5   | 5:10.4    | 3:13.0  | 5:05.1 | 10:17.8 |
| 28 Nathan Schultz    | JR | 216 | East Ridge          | -     | 16:05.8 | 54.0   | 5:10.5    | 3:13.2  | 5:07.8 | 10:25.5 |
| 29 Bryce Stachewicz  | SR | 256 | Lakeville North (2) | 19    | 16:06.6 | 54.8   | 5:10.8    | 3:13.3  | 5:17.8 | 10:37.6 |
| 30 Ethan Kimmel      | SR | 254 | Lakeville North (3) | 20    | 16:07.8 | 56.0   | 5:11.2    | 3:13.5  | 5:18.7 | 10:38.0 |
| 31 Jace Haerter      | SO | 209 | Edina               | -     | 16:09.3 | 57.5   | 5:11.7    | 3:13.9  | 5:09.1 | 10:26.0 |
| 32 Ryan Gwaltney     | JR | 204 | Rochester Mayo      | -     | 16:09.4 | 57.6   | 5:11.7    | 3:13.9  | 5:05.9 | 10:19.4 |
| 33 Parker Dietrick   | JR | 338 | Wayzata (5)         | 21    | 16:10.2 | 58.4   | 5:11.9    | 3:14.0  | 5:04.9 | 10:24.1 |
| 34 Nate Meyer        | SO | 233 | Minneapolis Southw  | -     | 16:11.0 | 59.2   | 5:12.2    | 3:14.2  | 5:04.2 | 10:24.1 |
| 35 Sean Fries        | FR | 268 | Minnetonka (3)      | 22    | 16:11.3 | 59.5   | 5:12.3    | 3:14.2  | 5:04.2 | 10:20.1 |
| 36 Niko Angell       | SR | 249 | Lakeville North (4) | 23    | 16:15.5 | 1:03.7 | 5:13.7    | 3:15.1  | 5:10.2 | 10:29.9 |
| 37 Benjamin Batalden | JR | 232 | Minneapolis Southw  | -     | 16:15.7 | 1:03.9 | 5:13.7    | 3:15.1  | 5:08.7 | 10:35.9 |
| 38 Robert Mechura    | SO | 332 | Roseville Area (2)  | 24    | 16:15.7 | 1:03.9 | 5:13.7    | 3:15.1  | 5:01.8 | 10:10.3 |
| 39 Owen Kalmes       | SO | 324 | Mounds View (2)     | 25    | 16:17.9 | 1:06.1 | 5:14.4    | 3:15.6  | 5:08.7 | 10:27.3 |
| 40 William Degonda   | SR | 302 | Stillwater Area (1) | 26    | 16:18.2 | 1:06.4 | 5:14.5    | 3:15.6  | 5:08.3 | 10:32.0 |
| 41 Will Termont      | JR | 391 | Bemidji (1)         | 27    | 16:19.3 | 1:07.5 | 5:14.9    | 3:15.9  | 5:07.9 | 10:30.1 |
| 42 Andrew Macheel    | SR | 380 | Buffalo (1)         | 28    | 16:19.4 | 1:07.6 | 5:14.9    | 3:15.9  | 5:04.4 | 10:26.2 |
| 43 Aidan Gomes       | JR | 236 | Andover             | -     | 16:20.0 | 1:07.2 | 5:15.1    | 3:16.0  | 5:05.0 | 10:17.9 |
| 44 Cayden Stoner     | JR | 328 | Mounds View (3)     | 29    | 16:22.6 | 1:10.8 | 5:15.9    | 3:16.5  | 5:13.5 | 10:36.9 |
| 45 Ethan Foote       | JR | 303 | Stillwater Area (2) | 30    | 16:24.1 | 1:12.3 | 5:16.4    | 3:16.8  | 5:08.3 | 10:31.9 |
| 46 Ethan Starfield   | SR | 265 | Lakeville South (1) | 31    | 16:27.3 | 1:15.5 | 5:17.5    | 3:17.5  | 5:04.7 | 10:17.0 |
| 47 Levi Hammerbeck   | JR | 323 | Mounds View (4)     | 32    | 16:29.0 | 1:16.2 | 5:18.0    | 3:17.8  | 5:12.8 | 10:38.0 |
| 48 Elijah Donaldson  | SO | 277 | Eden Prairie (1)    | 33    | 16:29.6 | 1:17.8 | 5:18.2    | 3:17.9  | 5:20.7 | 10:42.0 |
| 49 Dylan Riniker     | SO | 309 | Stillwater Area (3) | 34    | 16:30.3 | 1:18.5 | 5:18.4    | 3:18.0  | 5:09.1 | 10:36.0 |
| 50 Ryan Kilibarda    | SR | 307 | Stillwater Area (4) | 35    | 16:31.1 | 1:19.3 | 5:18.7    | 3:18.2  | 5:08.2 | 10:32.9 |
| 51 Matthew Hendricks | SR | 253 | Lakeville North (5) | 36    | 16:32.3 | 1:20.5 | 5:19.0    | 3:18.4  | 5:18.8 | 10:40.6 |
| 52 Wesley Wistrom    | SO | 382 | Buffalo (2)         | 37    | 16:35.4 | 1:23.6 | 5:20.0    | 3:19.1  | 5:08.5 | 10:39.6 |
| 53 Carson Maish      | SR | 387 | Bemidji (2)         | 38    | 16:36.3 | 1:24.5 | 5:20.3    | 3:19.3  | 5:07.7 | 10:32.6 |
| 54 Aiden Jakubic     | SO | 260 | Lakeville South (2) | 39    | 16:36.5 | 1:24.7 | 5:20.4    | 3:19.3  | 5:18.8 | 10:38.3 |
| 55 Samuel Lindner    | SR | 218 | St. Paul Central    | -     | 16:36.5 | 1:24.7 | 5:20.4    | 3:19.3  | 5:09.5 | 10:38.2 |
| 56 Eli Berg          | SR | 356 | Centennial (1)      | 40    | 16:37.1 | 1:25.3 | 5:20.6    | 3:19.4  | 5:09.8 | 10:36.7 |
| 57 Victor Lelinga    | SR | 325 | Mounds View (5)     | 41    | 16:37.8 | 1:26.0 | 5:20.8    | 3:19.5  | 5:20.3 | 10:48.1 |
| 58 Vishnu Vundamati  | SR | 317 | Woodbury (1)        | 42    | 16:38.0 | 1:25.2 | 5:20.9    | 3:19.6  | 5:02.5 | 10:32.2 |
| 59 Zachary Danielson | SO | 208 | Edina               | -     | 16:38.3 | 1:26.5 | 5:21.0    | 3:19.7  | 5:16.7 | 10:44.0 |
| 60 Austin Liebl      | JR | 243 | Moorhead            | -     | 16:40.2 | 1:28.4 | 5:21.6    | 3:20.0  | 5:05.4 | 10:32.4 |
| 61 Tyler Vos         | JR | 273 | Minnetonka (4)      | 43    | 16:40.3 | 1:28.5 | 5:21.6    | 3:20.1  | 5:09.3 | 10:37.8 |
| 62 Charles Hibbs     | JR | 224 | Champlin Park       | -     | 16:40.9 | 1:29.1 | 5:21.8    | 3:20.2  | 5:13.3 | 10:42.3 |
| 63 Mason Sullivan    | JR | 200 | Farmington          | -     | 16:42.6 | 1:30.8 | 5:22.4    | 3:20.5  | 5:13.7 | 10:43.1 |
| 64 Will Ross         | SR | 283 | Eden Prairie (2)    | 44    | 16:42.8 | 1:31.0 | 5:22.4    | 3:20.5  | 5:16.9 | 10:42.9 |
| 65 Owen Johnson      | JR | 261 | Lakeville South (3) | 45    | 16:42.9 | 1:31.1 | 5:22.5    | 3:20.6  | 5:17.1 | 10:44.5 |
| 66 Hayes McMillan    | JR | 343 | Wayzata (6)         | (46)  | 16:44.0 | 1:31.2 | 5:22.8    | 3:20.8  | 5:12.8 | 10:44.0 |
| 67 James Thomas      | SO | 272 | Minnetonka (5)      | 47    | 16:45.0 | 1:32.2 | 5:23.1    | 3:21.0  | 5:08.4 | 10:33.7 |
| 68 Nolan Bakken      | SR | 275 | Eden Prairie (3)    | 48    | 16:45.7 | 1:33.9 | 5:23.3    | 3:21.1  | 5:16.9 | 10:42.4 |
| 69 Nicholas Holton   | SR | 219 | Tartan              | -     | 16:46.1 | 1:34.3 | 5:23.5    | 3:21.2  | 5:09.1 | 10:40.1 |

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**Boys Class AAA 5000M**

# Final Results

### INDIVIDUAL RESULTS (cont'd)

| athlete                  | YR | #   | Team (Team Place)     | Score | Time    | Gap    | Avg. Mile | Avg. kM | 1 Mile | 2 Mile  |
|--------------------------|----|-----|-----------------------|-------|---------|--------|-----------|---------|--------|---------|
| 70 William Just          | JR | 353 | Minneapolis Washb     | 49    | 16:46.4 | 1:34.6 | 5:23.6    | 3:21.3  | 5:14.6 | 10:47.5 |
| 71 Oliver Miatke         | SR | 241 | Duluth East           | -     | 16:47.0 | 1:34.2 | 5:23.8    | 3:21.4  | 5:18.8 | 10:51.2 |
| 72 Trevor Hiatt          | SR | 202 | Owatonna              | -     | 16:47.3 | 1:35.5 | 5:23.9    | 3:21.5  | 5:17.1 | 10:45.0 |
| 73 Brett Kurschner       | SR | 386 | Bemidji (3)           | 50    | 16:47.7 | 1:35.9 | 5:24.0    | 3:21.5  | 5:16.4 | 10:47.9 |
| 74 Jake Heimkes          | JR | 280 | Eden Prairie (4)      | 51    | 16:49.0 | 1:36.2 | 5:24.4    | 3:21.8  | 5:21.1 | 10:51.9 |
| 75 Andrew Schultz        | JR | 292 | Rosemount (5)         | 52    | 16:50.2 | 1:38.4 | 5:24.8    | 3:22.0  | 5:07.3 | 10:40.2 |
| 76 JC Otto               | SR | 327 | Mounds View (6)       | (53)  | 16:50.8 | 1:39.0 | 5:25.0    | 3:22.1  | 5:19.9 | 10:49.3 |
| 77 Ben Lewis             | SR | 371 | Blaine (2)            | 54    | 16:51.0 | 1:38.2 | 5:25.1    | 3:22.2  | 5:19.3 | 10:56.3 |
| 78 Colin Scheller        | SR | 206 | Chanhassen            | -     | 16:51.5 | 1:39.7 | 5:25.2    | 3:22.3  | 5:16.7 | 10:54.8 |
| 79 Otto Coleman          | JR | 321 | Mounds View (7)       | (55)  | 16:51.6 | 1:39.8 | 5:25.3    | 3:22.3  | 5:14.0 | 10:47.1 |
| 80 Charles Bolkcom       | SR | 357 | Centennial (2)        | 56    | 16:52.9 | 1:41.1 | 5:25.7    | 3:22.6  | 5:10.1 | 10:45.3 |
| 81 Mason Foster          | SR | 304 | Stillwater Area (5)   | 57    | 16:53.2 | 1:41.4 | 5:25.8    | 3:22.6  | 5:09.8 | 10:42.6 |
| 82 Ian Klein             | JR | 296 | Bloomington Jeffers   | 58    | 16:54.2 | 1:42.4 | 5:26.1    | 3:22.8  | 5:17.7 | 10:50.2 |
| 83 Dylan Longworth       | SR | 315 | Woodbury (2)          | 59    | 16:56.0 | 1:43.2 | 5:26.7    | 3:23.2  | 5:15.4 | 10:52.7 |
| 84 Lucas Cramer          | SR | 203 | Rochester Mayo        | -     | 16:56.0 | 1:43.2 | 5:26.7    | 3:23.2  | 5:20.8 | 10:49.4 |
| 85 Jack Jendro           | JR | 237 | Andover               | -     | 16:56.1 | 1:44.3 | 5:26.7    | 3:23.2  | 5:16.5 | 10:52.1 |
| 86 Patrick Altstatt      | FR | 294 | Bloomington Jeffers   | 60    | 16:56.2 | 1:44.4 | 5:26.7    | 3:23.2  | 5:14.7 | 10:50.1 |
| 87 Seth Westrup          | SR | 245 | Sartell               | -     | 16:56.4 | 1:44.6 | 5:26.8    | 3:23.3  | 5:20.0 | 10:50.6 |
| 88 Chase Altergott       | JR | 248 | Lakeville North (6)   | (61)  | 16:56.9 | 1:45.1 | 5:27.0    | 3:23.4  | 5:24.3 | 11:02.9 |
| 89 Matthew Holje         | SR | 281 | Eden Prairie (5)      | 62    | 16:57.1 | 1:45.3 | 5:27.0    | 3:23.4  | 5:17.1 | 10:52.2 |
| 90 Jameson Drieslein     | JR | 279 | Eden Prairie (6)      | (63)  | 16:57.9 | 1:46.1 | 5:27.3    | 3:23.6  | 5:26.7 | 11:03.2 |
| 91 Patrick Grunklee      | SR | 286 | Rosemount (6)         | (64)  | 16:58.2 | 1:46.4 | 5:27.4    | 3:23.6  | 5:27.0 | 11:00.8 |
| 92 Tyler Doolittle       | SO | 278 | Eden Prairie (7)      | (65)  | 16:58.7 | 1:46.9 | 5:27.5    | 3:23.7  | 5:25.4 | 11:02.0 |
| 93 Dan Salatino          | SO | 345 | Wayzata (7)           | (66)  | 16:59.2 | 1:47.4 | 5:27.7    | 3:23.8  | 5:20.4 | 10:57.1 |
| 94 Austin Beaudette      | JR | 284 | Rosemount (7)         | (67)  | 17:00.8 | 1:49.0 | 5:28.2    | 3:24.2  | 5:27.4 | 11:02.6 |
| 95 Owen Zupancich        | JR | 337 | Roseville Area (3)    | 68    | 17:01.4 | 1:49.6 | 5:28.4    | 3:24.3  | 5:15.1 | 10:49.5 |
| 96 Max Salas             | SO | 247 | St. Michael-Albertvil | -     | 17:02.5 | 1:50.7 | 5:28.8    | 3:24.5  | 5:22.1 | 10:53.4 |
| 97 Alex Persing          | SO | 361 | Centennial (3)        | 69    | 17:02.9 | 1:51.1 | 5:28.9    | 3:24.6  | 5:19.7 | 10:57.9 |
| 98 James Worth           | JR | 318 | Woodbury (3)          | 70    | 17:03.0 | 1:50.2 | 5:28.9    | 3:24.6  | 5:12.2 | 10:54.3 |
| 99 Reilly Kopp           | JR | 229 | Spring Lake Park      | -     | 17:03.8 | 1:52.0 | 5:29.2    | 3:24.8  | 5:11.8 | 10:51.4 |
| 100 Maxwell Key          | SR | 313 | Woodbury (4)          | 71    | 17:03.9 | 1:52.1 | 5:29.2    | 3:24.8  | 5:17.9 | 10:56.9 |
| 101 Parker Barry         | JR | 266 | Minnetonka (6)        | (72)  | 17:04.6 | 1:52.8 | 5:29.4    | 3:24.9  | 5:14.2 | 10:52.8 |
| 102 Aaron Devine         | SO | 214 | East Ridge            | -     | 17:04.7 | 1:52.9 | 5:29.5    | 3:24.9  | 5:18.0 | 10:50.3 |
| 103 Ryan Fries           | JR | 267 | Minnetonka (7)        | (73)  | 17:04.7 | 1:52.9 | 5:29.5    | 3:24.9  | 5:03.0 | 10:31.7 |
| 104 Nathan Amundson      | SR | 201 | Northfield            | -     | 17:05.6 | 1:53.8 | 5:29.8    | 3:25.1  | 5:19.5 | 10:54.6 |
| 105 Angel Marcial-Torres | JR | 263 | Lakeville South (4)   | 74    | 17:07.4 | 1:55.6 | 5:30.3    | 3:25.5  | 5:17.6 | 10:50.2 |
| 106 Wes Bruning          | SR | 311 | Woodbury (5)          | 75    | 17:10.6 | 1:58.8 | 5:31.4    | 3:26.1  | 5:17.3 | 11:02.3 |
| 107 Oscar Olson Gross    | JR | 354 | Minneapolis Washb     | 76    | 17:12.3 | 2:00.5 | 5:31.9    | 3:26.4  | 5:25.4 | 11:10.0 |
| 108 Luke James           | SR | 246 | St. Michael-Albertvil | -     | 17:12.3 | 2:00.5 | 5:31.9    | 3:26.5  | 5:22.7 | 11:02.6 |
| 109 Tyler Bargman        | JR | 365 | Blaine (3)            | 77    | 17:13.0 | 2:00.2 | 5:32.2    | 3:26.6  | 5:24.6 | 10:59.7 |
| 110 Nathan Taylor        | JR | 373 | Blaine (4)            | 78    | 17:13.7 | 2:01.9 | 5:32.4    | 3:26.7  | 5:25.0 | 11:03.7 |
| 111 Tyler Mestery        | JR | 215 | East Ridge            | -     | 17:14.0 | 2:01.2 | 5:32.5    | 3:26.8  | 5:24.5 | 11:00.5 |
| 112 Elijah Wolf          | SR | 335 | Roseville Area (4)    | 79    | 17:14.7 | 2:02.9 | 5:32.7    | 3:26.9  | 5:15.5 | 10:57.9 |
| 113 Lucas Olson          | JR | 205 | Rochester Mayo        | -     | 17:16.3 | 2:04.5 | 5:33.2    | 3:27.2  | 5:23.6 | 11:06.0 |
| 114 Isaac Kolstad        | SO | 220 | White Bear Lake Ar    | -     | 17:16.4 | 2:04.6 | 5:33.2    | 3:27.3  | 5:28.2 | 11:12.1 |
| 115 Connor Bialka        | JR | 366 | Blaine (5)            | 80    | 17:16.8 | 2:05.0 | 5:33.4    | 3:27.3  | 5:25.0 | 11:04.2 |

**MSHSL STATE CROSS COUNTRY CHAMPIONSHIPS**

Northfield, MN  
St. Olaf College

Saturday, November 5, 2022

**MEET OFFICIALS**

Timing:  
Wayzata Results, LLC



**OFFICIAL MEET REPORT**  
printed: 11/5/2022 10:51 AM

**Race #2**  
**Boys Class AAA 5000M**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

| athlete                   | YR | #   | Team (Team Place)   | Score | Time    | Gap    | Avg. Mile | Avg. kM | 1 Mile | 2 Mile  |
|---------------------------|----|-----|---------------------|-------|---------|--------|-----------|---------|--------|---------|
| 16 Vaughn Larson          | SO | 221 | White Bear Lake Ar  | -     | 17:16.8 | 2:05.0 | 5:33.4    | 3:27.4  | 5:29.1 | 11:12.2 |
| 17 Luke Huss              | SR | 378 | Buffalo (3)         | 81    | 17:18.5 | 2:06.7 | 5:33.9    | 3:27.7  | 5:26.9 | 11:07.4 |
| 18 Eli Hanson             | JR | 244 | Sartell             | -     | 17:18.7 | 2:06.9 | 5:34.0    | 3:27.7  | 5:19.7 | 10:50.6 |
| 19 Charles Sery           | JR | 255 | Lakeville North (7) | (82)  | 17:19.3 | 2:07.5 | 5:34.2    | 3:27.8  | 5:24.3 | 11:11.7 |
| 20 Quinn Hess             | JR | 212 | Burnsville          | -     | 17:19.4 | 2:07.6 | 5:34.2    | 3:27.9  | 5:24.8 | 11:13.4 |
| 21 Evan Pouliot           | SR | 363 | Centennial (4)      | 83    | 17:19.6 | 2:07.8 | 5:34.3    | 3:27.9  | 5:26.6 | 11:08.1 |
| 22 Liam Merrel            | FR | 213 | Burnsville          | -     | 17:21.7 | 2:09.9 | 5:34.9    | 3:28.3  | 5:21.6 | 11:13.3 |
| 23 Brandon Vo             | SR | 334 | Roseville Area (5)  | 84    | 17:21.8 | 2:10.0 | 5:35.0    | 3:28.3  | 5:14.6 | 10:48.1 |
| 24 Dexter Huss            | SO | 377 | Buffalo (4)         | 85    | 17:22.5 | 2:10.7 | 5:35.2    | 3:28.5  | 5:20.3 | 11:00.8 |
| 25 Peyton Martinek        | SR | 238 | Coon Rapids         | -     | 17:22.7 | 2:10.9 | 5:35.2    | 3:28.5  | 5:21.7 | 11:03.4 |
| 26 Ethan Ibarra           | SR | 225 | Champlin Park       | -     | 17:22.7 | 2:10.9 | 5:35.3    | 3:28.5  | 5:21.0 | 11:04.2 |
| 27 Owen Woods             | SO | 300 | Bloomington Jeffers | 86    | 17:24.8 | 2:13.0 | 5:35.9    | 3:29.0  | 5:29.6 | 11:14.7 |
| 28 Jacob Macheel          | SO | 381 | Buffalo (5)         | 87    | 17:29.5 | 2:17.7 | 5:37.4    | 3:29.9  | 5:31.1 | 11:17.5 |
| 29 Forrest Noeske         | JR | 298 | Bloomington Jeffers | 88    | 17:29.6 | 2:17.8 | 5:37.5    | 3:29.9  | 5:25.0 | 11:12.9 |
| 30 Mark Kaczmarczyk       | SR | 240 | Duluth East         | -     | 17:30.3 | 2:18.5 | 5:37.7    | 3:30.0  | 5:22.6 | 11:14.3 |
| 31 Sam Blascyk            | JR | 239 | Duluth East         | -     | 17:31.6 | 2:19.8 | 5:38.1    | 3:30.3  | 5:19.3 | 11:12.8 |
| 32 Evan Tromiczak         | SR | 355 | Minneapolis Washb   | (89)  | 17:33.0 | 2:20.2 | 5:38.6    | 3:30.6  | 5:25.4 | 11:10.0 |
| 33 Jack Kupitz            | SO | 242 | Moorhead            | -     | 17:34.4 | 2:22.6 | 5:39.0    | 3:30.9  | 5:22.2 | 11:10.7 |
| 34 Miles Bassett          | SO | 295 | Bloomington Jeffers | (90)  | 17:35.3 | 2:23.5 | 5:39.3    | 3:31.1  | 5:24.5 | 11:14.5 |
| 35 Quinlan Rundquist      | SO | 227 | Osseo               | -     | 17:35.9 | 2:24.1 | 5:39.5    | 3:31.2  | 5:19.5 | 11:03.7 |
| 36 Maceo Young            | SR | 336 | Roseville Area (6)  | (91)  | 17:37.4 | 2:25.6 | 5:40.0    | 3:31.5  | 5:23.2 | 11:14.7 |
| 37 Kevin Nybeck           | SO | 210 | Edina               | -     | 17:37.7 | 2:25.9 | 5:40.1    | 3:31.5  | 5:31.5 | 11:21.3 |
| 38 Dhruva Pingale         | SR | 222 | White Bear Lake Ar  | -     | 17:40.9 | 2:29.1 | 5:41.1    | 3:32.2  | 5:30.6 | 11:22.4 |
| 39 Ashton Niemi           | SR | 388 | Bemidji (4)         | 92    | 17:41.2 | 2:29.4 | 5:41.2    | 3:32.2  | 5:33.5 | 11:24.8 |
| 40 Andrew Walsh           | SO | 310 | Stillwater Area (6) | (93)  | 17:41.7 | 2:29.9 | 5:41.4    | 3:32.3  | 5:20.0 | 11:14.2 |
| 41 Kavan Johnson          | SR | 358 | Centennial (5)      | 94    | 17:42.9 | 2:31.1 | 5:41.8    | 3:32.6  | 5:32.2 | 11:25.5 |
| 42 Ben Buckley            | SO | 217 | Eastview            | -     | 17:45.0 | 2:32.2 | 5:42.4    | 3:33.0  | 5:27.7 | 11:21.1 |
| 43 Max Gerald             | SO | 305 | Stillwater Area (7) | (95)  | 17:46.1 | 2:34.3 | 5:42.8    | 3:33.2  | 5:23.0 | 11:12.8 |
| 44 Luke Mortensen         | JR | 316 | Woodbury (6)        | (96)  | 17:48.1 | 2:36.3 | 5:43.4    | 3:33.6  | 5:26.3 | 11:19.0 |
| 45 Collin Berg            | JR | 375 | Buffalo (6)         | (97)  | 17:48.2 | 2:36.4 | 5:43.4    | 3:33.6  | 5:31.5 | 11:24.6 |
| 46 Eliot Kramer           | SR | 331 | Roseville Area (7)  | (98)  | 17:54.5 | 2:42.7 | 5:45.5    | 3:34.9  | 5:20.0 | 11:24.6 |
| 47 Silas Falbo            | SO | 350 | Minneapolis Washb   | (99)  | 17:54.8 | 2:43.0 | 5:45.6    | 3:34.9  | 5:32.5 | 11:30.6 |
| 48 Logan Young            | FR | 301 | Bloomington Jeffers | (100) | 17:55.0 | 2:42.2 | 5:45.6    | 3:35.0  | 5:29.6 | 11:24.0 |
| 49 Jacob Podratz          | JR | 362 | Centennial (6)      | (101) | 18:00.8 | 2:49.0 | 5:47.5    | 3:36.1  | 5:32.0 | 11:33.9 |
| 50 Isaac Schouten         | JR | 389 | Bemidji (5)         | 102   | 18:02.0 | 2:49.2 | 5:47.9    | 3:36.4  | 5:37.2 | 11:34.9 |
| 51 Kumail Akram           | SO | 374 | Buffalo (7)         | (103) | 18:03.3 | 2:51.5 | 5:48.3    | 3:36.7  | 5:33.6 | 11:32.5 |
| 52 Logan Kluck            | JR | 262 | Lakeville South (5) | 104   | 18:06.5 | 2:54.7 | 5:49.3    | 3:37.3  | 5:28.4 | 11:29.8 |
| 53 Matt Washburn          | SR | 364 | Centennial (7)      | (105) | 18:10.7 | 2:58.9 | 5:50.7    | 3:38.1  | 5:26.6 | 11:21.9 |
| 54 Evan Christopherson    | JR | 367 | Blaine (6)          | (106) | 18:11.2 | 2:59.4 | 5:50.9    | 3:38.2  | 5:31.3 | 11:32.5 |
| 55 Quinn McManus          | JR | 264 | Lakeville South (6) | (107) | 18:17.5 | 3:05.7 | 5:52.9    | 3:39.5  | 5:27.5 | 11:32.1 |
| 56 Sam Gifford            | SR | 384 | Bemidji (6)         | (108) | 18:32.7 | 3:20.9 | 5:57.8    | 3:42.5  | 5:44.4 | 11:55.6 |
| 57 Jack Konicek           | SR | 314 | Woodbury (7)        | (109) | 18:41.3 | 3:29.5 | 6:00.5    | 3:44.3  | 5:32.8 | 11:42.5 |
| 58 Adam Cavanaugh         | SR | 258 | Lakeville South (7) | (110) | 18:47.7 | 3:35.9 | 6:02.6    | 3:45.5  | 5:30.9 | 11:48.1 |
| 59 Kentin LaBeau          | SR | 370 | Blaine (7)          | (111) | 18:52.2 | 3:40.4 | 6:04.0    | 3:46.4  | 5:51.1 | 12:05.5 |
| 60 Sidney Kingbird-Haugen | JR | 385 | Bemidji (7)         | (112) | 18:52.3 | 3:40.5 | 6:04.1    | 3:46.5  | 5:48.5 | 12:06.2 |