

2022 MSHSL Girls A Swim & Dive Championships - 11/16/2022 to 11/18/2022

Meet Program - Swimming and Diving Finals

Event 1 Girls 200 Yard Medley Relay

MN All-Time: 1:41.57 11/20/2015 Wayzata
 C Quast, M Preiss, A Schaaf, C Donlin
MN Class A: 1:43.61 11/20/2015 Albert Lea Albert Lea
 B Sandon, L Horejsi, A Jensen, A Andersen
Nat'l: 1:38.13 2/11/2018 Fort Collins Fossil Ridge, CO
 B Stewart, Z Bartel, C Gillilan, K Alons
 1:44.25 AAA Auto All American
 1:46.16 AAC All American Consideration

Lane	Team	Relay	Prelims	Finals	Place
Heat 1 Consolation Final					
1	Breck School		1:53.16	_____	_____
2	New Prague		1:52.76	_____	_____
3	Sauk Centre		1:52.01	_____	_____
4	Orono		1:51.54	_____	_____
5	St Cloud Tech		1:52.01	_____	_____
6	Waconia		1:52.68	_____	_____
7	Mahtomedi		1:52.96	_____	_____
8	Alexandria		1:53.20	_____	_____
Heat 2 Championship Final					
1	Grand Rapids		1:51.08	_____	_____
2	Blake School		1:50.70	_____	_____
3	Melrose Area		1:49.39	_____	_____
4	Mound Westonka-Holy Family		1:48.67	_____	_____
5	Visitation		1:49.20	_____	_____
6	Delano		1:50.39	_____	_____
7	Monticello		1:51.07	_____	_____
8	Mankato West		1:51.31	_____	_____
Alternates					
1	Winona		1:53.44	_____	_____
2	Hutchinson		1:53.71	_____	_____

2022 MSHSL Girls A Swim & Dive Championships - 11/16/2022 to 11/18/2022

Meet Program - Swimming and Diving Finals

Event 2 Girls 200 Yard Freestyle

MN All-Time: 1:47.33 11/18/2016 Carly Quast

Wayzata

MN Class A: 1:47.72 11/19/2015 Abbie Dolan

Visitation

Nat'l: 1:42.81 11/20/2008 Dagny Knutson

Minot, ND

1:48.76 AAA Auto All American

1:50.56 AAC All American Consideration

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 Consolation Final						
1	Hamm, Faith	12	Detroit Lakes	2:00.48	_____	_____
2	Rudowsky, Emma	9	Benilde-St Margaret's	1:59.91	_____	_____
3	Lindstrom, Tessa	11	Visitation	1:58.73	_____	_____
4	Stenson, Geli	12	Hibbing	1:58.27	_____	_____
5	Anderson Moye, Stella	12	Simley	1:58.37	_____	_____
6	Prindiville, Claire	12	Benilde-St Margaret's	1:58.81	_____	_____
7	Biegler, McKenna	10	Monticello	2:00.38	_____	_____
8	Millward, Brooklyn	12	Alexandria	2:00.96	_____	_____
Heat 2 Championship Final						
1	McAdam, Faith	12	Visitation	1:55.85	_____	_____
2	Denzer, Hannah	11	Saint Peter	1:54.15	_____	_____
3	Espinosa, Isabel	11	Mounds Park Acad, St Crx Prep	1:53.90	_____	_____
4	Passe, Ella	12	Visitation	1:53.28	_____	_____
5	Burke, Elizabeth	12	Visitation	1:53.84	_____	_____
6	Andreen, Graycin	9	Orono	1:53.90	_____	_____
7	Kilgard, Ellie	11	Foley	1:55.51	_____	_____
8	Schieffer, Payten	11	New Prague	1:58.11	_____	_____
Alternates						
1	Benker, Shelby	12	Delano	2:01.89	_____	_____
2	Schneider, Laney	12	Rocori	2:02.07	_____	_____

2022 MSHSL Girls A Swim & Dive Championships - 11/16/2022 to 11/18/2022

Meet Program - Swimming and Diving Finals

Event 3 Girls 200 Yard IM

MN All-Time: 1:59.77 11/14/2014 Lindsey Horejsi

Albert Lea

MN Class A: 1:59.77 11/14/2014 Lindsey Horejsi

Albert Lea

Nat'l: 1:53.73 2/25/2021 Torri Huske

Yorktown, VA

2:01.46 AAA Auto All American

2:03.55 AAC All American Consideration

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 Consolation Final						
1	Williams, Abby	9	Winona	2:16.27	_____	_____
2	Canfield, Claire	12	Waconia	2:15.12	_____	_____
3	Westling, Izzy	9	Cathedral-St John's Prep	2:14.03	_____	_____
4	Matson, Ella	12	Mahtomedi	2:13.37	_____	_____
5	Biebl, Alaina	9	Mounds Park Acad, St Crx Prep	2:13.52	_____	_____
6	Allingham, Ava	10	Breck School	2:14.93	_____	_____
7	Schwartz, Izabelle	10	Hutchinson	2:15.49	_____	_____
8	Ball, Hailey	12	Orono	2:16.37	_____	_____
Heat 2 Championship Final						
1	Nilsson, Grace	11	Visitation	2:11.80	_____	_____
2	Miller, Katie	10	Visitation	2:09.58	_____	_____
3	Leonard, Olivia	11	Mankato West	2:08.88	_____	_____
4	Farley, Anna	12	Visitation	2:06.98	_____	_____
5	Dueck, Catherine	11	Mound Westonka-HolyFamily	2:08.52	_____	_____
6	Drossel, Hallie	11	Melrose Area	2:08.97	_____	_____
7	Englert, Meagan	12	Breck School	2:11.76	_____	_____
8	Witte, Madison	12	Hutchinson	2:12.06	_____	_____
Alternates						
1	Bonneville, Kathryn	11	Visitation	2:17.33	_____	_____
2	Outhwaite, Ariana	8	Rocori	2:17.52	_____	_____

2022 MSHSL Girls A Swim & Dive Championships - 11/16/2022 to 11/18/2022

Meet Program - Swimming and Diving Finals

Event 4 Girls 50 Yard Freestyle

MN All-Time: 22.54 11/20/2015 Rachel Wittmer

Edina

MN Class A: 22.57 11/20/2021 Grace Hanson

Hutchinson

Nat'l: 21.59 2/7/2020 Gretchen Walsh

Nashville, TN

23.17 AAA Auto All American

23.53 AAC All American Consideration

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 Consolation Final						
1	Willenbring, Megan	10	Rocori	24.99	_____	_____
2	Schueler, Aubrey	11	Willmar	24.94	_____	_____
3	Koeneman, Olivia	12	Mankato West	24.81	_____	_____
4	Schuh, Avery	11	Mankato East	24.69	_____	_____
5	Lindner, Sara	10	Cretin-Derham Hall	24.80	_____	_____
6	Wadholm, Hannah	11	Delano	24.83	_____	_____
7	Macheel, Isabel	11	Cretin-Derham Hall	24.98	_____	_____
8	Knutson, Mallory	10	Orono	25.05	_____	_____
Heat 2 Championship Final						
1	Vogt, Lucy	11	Mankato West	24.63	_____	_____
2	Farley, Maggie	10	Visitation	24.40	_____	_____
3	Benedict, Lauren	12	Benilde-St Margaret's	24.34	_____	_____
4	Biegler, Adalynn	8	Monticello	23.27	AAC	_____
5	Storm, Jaylyn	12	Mound Westonka-HolyFamily	23.93	_____	_____
6	Wright, Abigail	8	Mahtomedi	24.40	_____	_____
7	Walsh, Olivia	12	Austin	24.61	_____	_____
8	Georges, Kaia	9	Delano	24.64	_____	_____
Alternates						
1	Vrieze, Emma	12	Park Rapids	25.10	_____	_____
2	Lueck, Aleia	9	St Paul Como Park	25.11	_____	_____

2022 MSHSL Girls A Swim & Dive Championships - 11/16/2022 to 11/18/2022

Meet Program - Swimming and Diving Finals

Event 5 Girls 1 mtr Diving

MN All-Time: 517.00 11/16/2018 Megan Phillip

Edina

MN Class A: 500.85 11/25/1999 Chelsea Haviland

Thief River F'ls

Lane	Name	Year	School	Semis	Finals	Place
Flight 1	Finals					
1	Marek, Grace	11	Two Rivers	263.20	_____	_____
2	Woelfel, Lauren	11	Becker	235.15	_____	_____
3	Mustar, Makenzie	12	Grand Rapids	232.55	_____	_____
4	Struve, Sylvia	12	Chisago Lakes Area	250.70	_____	_____
5	Johnson, Erica	11	Alexandria	251.70	_____	_____
6	Dalsin, Nellie	11	New Prague	268.75	_____	_____
7	Monette, Bailey	8	Mound Westonka-HolyFamily	255.25	_____	_____
8	Krumrei, Britney	10	Big Lake	244.45	_____	_____
9	Lorentz, Brittney	11	Perham-New York Mills	252.60	_____	_____
10	Kennedy, Alayna	10	Austin	235.95	_____	_____
11	Johnson, Ava	12	Hill-Murray School	236.45	_____	_____
12	Norton, Reese	10	Austin	253.20	_____	_____
13	Woods, Cece	12	Rocori	254.75	_____	_____
14	Opdahl, Hattie	12	Chisago Lakes Area	249.45	_____	_____
15	Bruegger, Ava	10	New Prague	241.05	_____	_____
16	Lommel, Avery	12	Delano	260.40	_____	_____
Alternates						
1	Albrecht, Ella	10	Grand Rapids	220.05	_____	_____
2	McAllister, Avery	11	Perham-New York Mills	209.15	_____	_____

2022 MSHSL Girls A Swim & Dive Championships - 11/16/2022 to 11/18/2022

Meet Program - Swimming and Diving Finals

Event 6 Girls 100 Yard Butterfly

MN All-Time:	52.41	11/17/2012	Danielle Nack	Mankato West
MN Class A:	52.41	11/17/2012	Danielle Nack	Mankato West
Nat'l:	49.24	2/10/2022	Claire Curzan	Raleigh, NC
	54.39		AAA Auto All American	
	55.48		AAC All American Consideration	

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 Consolation Final						
1	Verke, Sophia	12	Grand Rapids	59.41	_____	_____
2	Nelson, Kierstyn	11	St Cloud Tech	59.12	_____	_____
3	Henkel, Valery	12	Hill-Murray School	59.06	_____	_____
4	Strobl, Josie	10	Delano	58.75	_____	_____
5	Metsala, Callie	12	Princeton	58.90	_____	_____
6	Witte, Madison	12	Hutchinson	59.11	_____	_____
7	Schaefer, Amalia	10	Waconia	59.38	_____	_____
8	Lee, Ella	10	Mankato West	59.48	_____	_____
Heat 2 Championship Final						
1	Voelker, Abigail	11	Waconia	58.62	_____	_____
2	Farley, Anna	12	Visitation	57.94	_____	_____
3	Schieffer, Payten	11	New Prague	57.53	_____	_____
4	Bixby, Carly	11	Blake School	54.89	AAC _____	_____
5	McAdam, Faith	12	Visitation	57.53	_____	_____
6	Andreen, Graycin	9	Orono	57.54	_____	_____
7	Berg, Lucy	12	Visitation	58.12	_____	_____
8	Benedict, Lauren	12	Benilde-St Margaret's	58.73	_____	_____
Alternates						
1	Espinosa, Isabel	11	Mounds Park Acad, St Crx Prep	59.60	_____	_____
2	Huerta, Iris	11	Visitation	59.87	_____	_____

2022 MSHSL Girls A Swim & Dive Championships - 11/16/2022 to 11/18/2022

Meet Program - Swimming and Diving Finals

Event 7 Girls 100 Yard Freestyle

MN All-Time:	49.22	11/13/2014	Zoe Avestruz	Chanhassen
MN Class A:	49.56	11/20/2021	Grace Hanson	Hutchinson
Nat'l:	46.98	2/8/2020	Gretchen Walsh	Nashville, TN
	50.17		AAA Auto All American	
	51.00		AAC All American Consideration	

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1	Consolation Final					
1	Schmiesing, Ella	9	Tri-City United	54.60	_____	_____
2	Grotbo, Jordyn	12	Waconia	54.58	_____	_____
3	Wadholm, Hannah	11	Delano	54.30	_____	_____
4	Walsh, Olivia	12	Austin	53.58	_____	_____
5	Anderson Moye, Stella	12	Simley	53.69	_____	_____
6	Heveron, Megan	12	Sauk Centre	54.55	_____	_____
7	Georges, Kaia	9	Delano	54.58	_____	_____
8	Udem, Ellie	11	Chisago Lakes Area	54.86	_____	_____
Heat 2	Championship Final					
1	Haskamp, Jisella	11	Alexandria	53.51	_____	_____
2	Gehrke, Madilyn	11	Hutchinson	52.88	_____	_____
3	Wright, Abigail	8	Mahtomedi	52.63	_____	_____
4	Biegler, Adalynn	8	Monticello	51.86	_____	_____
5	Crosby, Piper	11	Breck School	52.24	_____	_____
6	Miller, Katie	10	Visitation	52.81	_____	_____
7	Macheel, Isabel	11	Cretin-Derham Hall	53.31	_____	_____
8	Seidel, Molly	11	Blake School	53.57	_____	_____
Alternates						
1	Storm, Jaylyn	12	Mound Westonka-Holy Family	54.87	_____	_____
2	Vogt, Lucy	11	Mankato West	55.11	_____	_____

2022 MSHSL Girls A Swim & Dive Championships - 11/16/2022 to 11/18/2022

Meet Program - Swimming and Diving Finals

Event 8 Girls 500 Yard Freestyle

MN All-Time: 4:48.96 11/17/2012 Amelia Schilling

Minnetonka

MN Class A: 4:49.68 11/19/2011 Marisa Wood

Sart St Steph

Nat'l: 4:34.78 11/20/2008 Dagny Knutson

Minot, ND

4:52.54 AAA Auto All American

4:57.06 AAC All American Consideration

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 Consolation Final						
1	Stotko, Hailey	9	Waconia	5:26.64	_____	_____
2	Lund, Karin	10	Blake School	5:25.68	_____	_____
3	Armstrong, Sydney	12	Mahtomedi	5:22.08	_____	_____
4	Johnson, Annemarie	10	Mound Westonka-HolyFamily	5:17.94	_____	_____
5	Auran, Maggie	11	Two Rivers	5:18.27	_____	_____
6	Jahn, Elyse	11	Two Rivers	5:22.52	_____	_____
7	Westling, Claire	11	Cathedral-St John's Prep	5:26.28	_____	_____
8	Mclachlan, Emily	12	Albany	5:28.90	_____	_____
Heat 2 Championship Final						
1	Kilgard, Ellie	11	Foley	5:14.41	_____	_____
2	Denzer, Hannah	11	Saint Peter	5:11.00	_____	_____
3	Englert, Meagan	12	Breck School	5:10.85	_____	_____
4	Passe, Ella	12	Visitation	5:01.47	_____	_____
5	Burke, Elizabeth	12	Visitation	5:06.61	_____	_____
6	Lindstrom, Tessa	11	Visitation	5:10.87	_____	_____
7	Farley, Maggie	10	Visitation	5:11.13	_____	_____
8	Rudowsky, Emma	9	Benilde-St Margaret's	5:16.40	_____	_____
Alternates						
1	Stenson, Geli	12	Hibbing	5:29.02	_____	_____
2	Hamm, Faith	12	Detroit Lakes	5:30.45	_____	_____

2022 MSHSL Girls A Swim & Dive Championships - 11/16/2022 to 11/18/2022

Meet Program - Swimming and Diving Finals

Event 9 Girls 200 Yard Freestyle Relay

MN All-Time: 1:32.89 11/18/2016 Edina

R Wittmer, A Post, Ke McCarthy, R Jones

MN Class A: 1:34.07 11/20/2015 Visitation, Mendota Heights Visitation

L Gaertner, E Conners, E Kishish, A Dolan

Nat'l: 1:30.72 2/14/2015 Carmel, IN

V Burchill, C Adams, K Smith, T Rothrock

1:35.33 AAA Auto All American

1:36.73 AAC All American Consideration

Lane	Team	Relay	Prelims	Finals	Place
Heat 1 Consolation Final					
1	Hibbing		1:42.61	_____	_____
2	Grand Rapids		1:42.21	_____	_____
3	Sauk Rapids-Rice		1:41.86	_____	_____
4	Breck School		1:41.60	_____	_____
5	Park Rapids		1:41.82	_____	_____
6	Waconia		1:41.91	_____	_____
7	Rocori		1:42.37	_____	_____
8	Red Wing		1:42.74	_____	_____
Heat 2 Championship Final					
1	Cretin-Derham Hall		1:41.15	_____	_____
2	Melrose Area		1:39.80	_____	_____
3	Orono		1:39.66	_____	_____
4	Visitation		1:38.09	_____	_____
5	Mound Westonka-Holy Family		1:38.40	_____	_____
6	Delano		1:39.80	_____	_____
7	Benilde-St Margaret's		1:41.06	_____	_____
8	Hutchinson		1:41.55	_____	_____
Alternates					
1	Mahtomedi		1:42.94	_____	_____
2	Austin		1:43.36	_____	_____

2022 MSHSL Girls A Swim & Dive Championships - 11/16/2022 to 11/18/2022

Meet Program - Swimming and Diving Finals

Event 10 Girls 100 Yard Backstroke

MN All-Time:	51.53	11/20/2010	Rachel Bootsma	Eden Prairie
MN Class A:	53.40	11/19/2021	Emma Kern	Delano
Nat'l:	49.61	2/10/2022	Claire Curzan	Raleigh, NC
	54.75	AAA Auto	All American	
	55.83	AAC	All American Consideration	

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1	Consolation Final					
1	Jackson, Alyssa	11	Grand Rapids	1:01.61	_____	_____
2	Canfield, Claire	12	Waconia	1:01.54	_____	_____
3	Siers, Katelyn	11	St Cloud Tech	1:01.01	_____	_____
4	Leonard, Olivia	11	Mankato West	1:00.72	_____	_____
5	Kuhl, Taba	10	Cathedral-St John's Prep	1:00.93	_____	_____
6	Ngo, Madeline	11	Simley	1:01.20	_____	_____
7	Magnuson, Molly	11	Cretin-Derham Hall	1:01.61	_____	_____
8	Spanier, Katie	12	Albany	1:01.69	_____	_____
Heat 2	Championship Final					
1	Bonneville, Kathryn	11	Visitation	1:00.33	_____	_____
2	Strobl, Josie	10	Delano	59.29	_____	_____
3	Verke, Sophia	12	Grand Rapids	58.92	_____	_____
4	Bixby, Carly	11	Blake School	55.20	AAC	_____
5	Crosby, Piper	11	Breck School	58.28	_____	_____
6	Seguin, Norah	10	Delano	59.16	_____	_____
7	Schirmers, Stella	11	Sauk Centre	59.80	_____	_____
8	Anderson, Reilly	10	Orono	1:00.69	_____	_____
Alternates						
1	Hoppman, Emma	11	Red Wing	1:01.71	_____	_____
2	Stockinger, Laura	10	Waconia	1:01.87	_____	_____

2022 MSHSL Girls A Swim & Dive Championships - 11/16/2022 to 11/18/2022

Meet Program - Swimming and Diving Finals

Event 11 Girls 100 Yard Breaststroke

MN All-Time: 58.56 11/19/2015 Lindsey Horejsi

Albert Lea

MN Class A: 58.56 11/19/2015 Lindsey Horejsi

Albert Lea

Nat'l: 58.35 2/24/2022 Kaitlyn Dobler

Beaverton, OR

1:02.58 AAA Auto All American

1:03.75 AAC All American Consideration

Lane	Name	Year	School	Prelims	Finals	Place
Heat 1 Consolation Final						
1	Kern, Bella	10	Delano	1:09.42	_____	_____
2	Urick, Rose	11	Monticello	1:08.95	_____	_____
3	Henkel, Valery	12	Hill-Murray School	1:08.37	_____	_____
4	Nilsson, Grace	11	Visitation	1:07.91	_____	_____
5	Williams, Abby	9	Winona	1:08.32	_____	_____
6	Metsala, Callie	12	Princeton	1:08.41	_____	_____
7	Rauzi, Hannah	12	Grand Rapids	1:08.97	_____	_____
8	Bromenshenkel, Brooke	9	Sauk Centre	1:09.96	_____	_____
Heat 2 Championship Final						
1	Gerend, Meghan	12	Visitation	1:07.77	_____	_____
2	Schwartz, Izabelle	10	Hutchinson	1:07.38	_____	_____
3	Johnston, Kate	12	Mound Westonka-Holy Family	1:05.62	_____	_____
4	Drossel, Hallie	11	Melrose Area	1:03.89	_____	_____
5	Dueck, Catherine	11	Mound Westonka-Holy Family	1:04.50	_____	_____
6	Gehrke, Madilyn	11	Hutchinson	1:06.01	_____	_____
7	Wartner, Hadley	12	St Anthony Village	1:07.42	_____	_____
8	Schmiesing, Ella	9	Tri-City United	1:07.87	_____	_____
Alternates						
1	Gunderson, Norah	10	Proctor-Hermantown	1:10.14	_____	_____
2	Allingham, Ava	10	Breck School	1:10.97	_____	_____

2022 MSHSL Girls A Swim & Dive Championships - 11/16/2022 to 11/18/2022

Meet Program - Swimming and Diving Finals

Event 12 Girls 400 Yard Freestyle Relay

MN All-Time: 3:21.89 11/18/2016 Edina

R Wittmer, A Post, Ke McCarthy, R Jones

MN Class A: 3:26.41 11/16/2019 Hutchinson

Hutchinson-MN

G Hanson, M Witte, H Farrell, L Kucera

Nat'l: 3:14.80 5/14/2022 Clovis, CA

M Hodges, T Salvino, T O'Dell, J Kozan

3:27.49 AAA Auto All American

3:30.90 AAC All American Consideration

Lane	Team	Relay	Prelims	Finals	Place
Heat 1 Consolation Final					
1	Alexandria		3:44.97	_____	_____
2	Mound Westonka-Holy Family		3:43.26	_____	_____
3	Benilde-St Margaret's		3:42.91	_____	_____
4	Mankato West		3:42.27	_____	_____
5	Waconia		3:42.70	_____	_____
6	Cathedral-St John's Prep		3:43.07	_____	_____
7	St Cloud Tech		3:43.34	_____	_____
8	Rocori		3:45.07	_____	_____
Heat 2 Championship Final					
1	Breck School		3:41.34	_____	_____
2	Delano		3:40.19	_____	_____
3	Blake School		3:38.79	_____	_____
4	Visitation		3:31.73	_____	_____
5	Orono		3:36.26	_____	_____
6	Mahtomedi		3:39.86	_____	_____
7	Cretin-Derham Hall		3:41.16	_____	_____
8	Grand Rapids		3:41.43	_____	_____
Alternates					
1	Mounds Park Acad, St Crx Prep		3:45.16	_____	_____
2	New Prague		3:45.31	_____	_____