



MINNESOTA STATE HIGH SCHOOL LEAGUE

2023 Wrestling State Tournament Schedule Xcel Energy Center

Wednesday, March 1, 2023

Team and Individual Tournament Registration: 4:00-6:00 p.m., Main Concourse—Gate #1, Sections 103 & 104

Thursday, March 2, 2023: Team State Tournament

Individual Tournament Registration: 8:00 a.m. – 6:00 p.m., Pass Gate—Entrance #4

Team Medical Checks and Weigh In: Starting at 7:30 a.m. (doors open at 7:00 a.m.) – continuous by Class (AAA, A, AA). Every wrestler must make scratch weight.

Note: All teams will sit in sections 121 and 122 prior to medical checks and weigh in. Competitors will be called as a team. All wrestlers must wear a suitable undergarment according to NFHS Rules and their school issued singlet.

Class AAA Team Medical Checks and Weigh In
Class A Team Medical Checks and Weigh In
Class AA Team Medical Checks and Weigh In

Session 1: 9:00 a.m. - 3:00 p.m. (8 mats)

8:00 a.m. – 8:30 a.m.	Open mats for warm-up on Arena Floor
9:00 a.m.	Class AAA Team Quarterfinals
	Class A Team Quarterfinals
11:00 a.m.	Class AA Team Quarterfinals
	Class AAA Team Consolation Semifinals
	Class A Team Consolation Semifinals
1:00 p.m.	Class AAA Team Championship Semifinals
	Class A Team Championship Semifinals
	Class AA Team Consolation Semifinals
	Class AA Team Championship Semifinals
3:00 p.m.	Session 1 Concludes

Session 2: 5:00 – 9:30 p.m. (6 mats, then 3 mats)

5:00 p.m.	Class AAA Team Consolation Final
	Class AAA Team Third Place
	Class A Team Consolation Final
	Class A Team Third Place
	Class AA Team Consolation Final
	Class AA Team Third Place
7:00 p.m.	Class AAA Team Championship
	Class A Team Championship
	Class AA Team Championship
	Awards following matches

Friday, March 3, 2023: Individual Tournament

Individual Medical Checks and Weigh In: Starting at 7:30 a.m. (doors open at 7:00 a.m.) – continuous by Class (AA, AAA, A). All boys in the individual tournament will be given a one pound allowance, according to NFHS Rules.

Note: All individual competitors will sit in sections 121 and 122 prior to medical checks and weigh in. Competitors will be called by class and weight to the medical check area. All wrestlers must wear a suitable undergarment according to NFHS Rules and their school issued singlet.

Session 3: 9:00 a.m. – 3:00 p.m. (8 mats)

8:00 a.m. – 8:30 a.m.	Open mats for warm-up on Arena Floor
9:00 a.m.	Class AA Individual First Round
	Class AAA Individual First Round
	Class A Individual First Round
	Session 3 Concludes

Session 4: 4:00 p.m. – 9:30 p.m. (8 mats)

4:00 p.m.	Class AA Individual Championship Quarterfinals
	Class AAA Individual Championship Quarterfinals
	Class A Individual Championship Quarterfinals
	All Wrestlebacks

Saturday, March 4, 2023: Individual Tournament

Individual Medical Checks and Weigh In: Starting at 7:30 a.m. (doors open at 7:00 a.m.) – continuous by Class (Girls, AA, AAA, A). All girls in the individual tournament must make scratch weight.

All boys in the individual tournament will be given a two pound allowance, according to NFHS Rules.

All wrestlers must wear a suitable undergarment according to NFHS Rules and their school issued singlet.

Session 5: 9:00 a.m. – 2:30 p.m. (8 mats)

8:00 a.m. – 8:30 a.m.	Open mats for warm-up on Arena Floor
9:00 a.m.	All Classes Individual Consolation Quarterfinals / Girls Quarterfinals
	All Classes Individual Championship Semifinals / Girls Championship Semifinals
	All Classes Individual Consolation Semifinals / Girls Consolation Semifinals

Session 6: 4:00 p.m. – 8:30 p.m. (8 mats, then 4 mats)

4:00 p.m.	All Classes Individual 3 rd and 5 th Place / Girls 3 rd and 5 th Place
	All Classes Individual Championships / Girls Individual Championships
	Awards following matches

Please Note: All times are approximate except the start time for each session. Wrestling is continuous during each session.