SECTION 6A NORDIC SKI CHAMPIONSHIP

Monday 2.06.23 HYLAND PARK RESERVE

7:45-8:45AM	Packet Pick Up
8:45	Coaches Meeting
9:30AM	Girls Classic Race (one skier every 15 seconds)
10:30AM	Boys Classic Race (one skier every 15 seconds)
11:30AM	Girls Team Sprint Qualification 1
11:55AM	Girls Team Sprint Qualification 2
12:20PM	Boys Team Sprint Qualification 1
12:45PM	Boys Team Sprint Qualification 2
1:10-1:40PM	Break for Workers
1:40PM	Girls Team Sprint Finals
2:05PM	Boys Team Sprint Finals
3:00PM	Girls Freestyle Pursuit
4:00PM	Boys Freestyle Pursuit
5:00PM	Presentation of Awards

Chief of Competition	Pete Tremaine
Technical Delegate	Gary Larson
Chief of Control	Cheri Johnson
Chief of Timing	Greg Weier
Chief of Stadium	Mike Hecker
Course Advisor	Luke Skinner Three Rivers Park District
Timing/Results	Endurance Promotions (Mike Delaney)

7 Skiers per School per Gender (5 Pursuit, 1 Relay Team)
Top 2 Teams Advance to the State Meet
Top 4 Pursuit Skiers Not on the top 2 Teams Advance to State Meet
Top Relay Team not Part of the Top 2 Teams Advance to State Meet

Notes:

Classic Race

* We will be using a single file line and a wand start
* One skier every 15 seconds
* There will be a technique zone where only striding is allowed and will be monitored by controllers. The zone will be marked with v-board and brushes as well as signs at the start of the zone and the end of the zone
* We will be using time of day for our start times

Team Sprint

* Heats and lanes were determined using 2021-22 team results + random draw
* Coaches are not allowed to rewax skis or switch skis during the sprint race
  FIS 326.2.3
* Heat winner + top 4 times from the prelims will advance to the finals
* Lanes for the finals will be selected based on prelim times
* We will be using time of day for our start times
* **The red numbered bib is skier legs 1/3, the blue numbered bib is skier legs 2/4**
* **The adhesive number should be placed on the lower left and right leg of the finishing skier (blue numbered skier)**

Freestyle Pursuit

* Due to time constraints, we will not reissue new bibs for the pursuit