



2022-2023 MINNESOTA STATE HIGH SCHOOL LEAGUE

TO: AD's and Head Softball Coaches
FROM: Lisa Quednow
RE: 2023 Softball Season
DATE: March 7, 2023

The softball season begins on March 13, 2023, and there are several items for your review.

Website/Dashboard Items: Education requirements are to be completed prior to your first competition. The MSHSL General Rules and Softball Rules modules are currently posted and accessible through your Dashboard. First-time MSHSL coaches must also complete the concussion module. Please note that any coach who does not have all requirements completed will not be eligible to coach in the post season.

Softball Resources: Several items are available for your review on your coach dashboard on the League website. Multi-sport coaches will need to select Softball under your personalized "Sport and Activity Information" section.

- **Rules and Policies:** Familiarize yourself with Softball Rules and Policies, especially the Minnesota Rule Modifications.
 - Please review 6-1-1-8 – Coaching your pitchers to pause with hands separated before bringing their hands together AFTER stepping on the pitching plate.
- **NFHS Rules Changes for 2023:** There are several [NFHS Softball Rules Changes](#).
 - Note that Jewelry is allowed, but electronic devices that are worn, are not permitted.
- **Minnesota Rules Modification:** Review the [Minnesota Modification to the Rules and Policies](#).
 - Review the requirements for a regulation game, as well as, what qualifies as a suspended game.

Officials: Many of you are aware that we are experiencing a shortage of officials in all high school programming, including Softball. Is there someone on your staff, working your events, or a student-athlete on your squad that would make a good official? A note of personal encouragement is the most effective way to recruit new officials! Tap them on the shoulder and encourage them to become an MSHSL registered official and direct them to the [MSHSL OFFICIALS PAGE](#) to learn more and find contact information.

Scrimmages: Please remember that an interscholastic scrimmage involves high school students only. Scrimmages or practices with colleges, community colleges or other non-school programs are not allowed.