

## Nordic Ski Racing, Boys, Nordic Ski Racing, Girls

**Submitted on:** Fri, 01/20/2023 - 1:13 PM

### **Indicate the category of the proposed recommendation**

Regular Season and Section Tournament Format Recommendations

### **Authors of the Proposal**

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### **Activity/Activities (Check all that apply)**

Nordic Ski Racing, Boys, Nordic Ski Racing, Girls

## Current Rule/Policy

### **State the rule/policy as it appears in the current MSHSL Handbook or Activity/Sport Specific Rules and Policies.**

Currently a school's State Meet Nordic Ski team consists of 5 skiers skiing the pursuit race, 2 skiers skiing the sprint relay and two alternates. If one of the skiers cannot ski one of the alternates may take the skier's place.

## Proposed Recommendation

### **Submit your proposed change to the above-stated rule/policy.**

If a school's State Nordic Ski Team member must be taken out of the State Meet:

1. Any skier on that team's State Meet roster may be substituted into the removed skier's start position.
2. Then a skier from the listed alternates must fill the new open start position. No other skiers may be moved to different start positions.
3. Once a skier is taken out of the State Meet, they cannot be put back into the State Meet.
4. No skier can ski in more than one race (Sprint Relay or Pursuit Race) at the State Meet

### **Include any other policies that are impacted by this proposal.**

None

## Rationale

### **What is the history of the proposal?**

Most coaches probably would put their top five skiers in the 3 scoring positions in the Pursuit Race and the 2 positions in the Sprint Relay. The last 2 skiers would be put in the Pursuit race and would not score. The alternates would be the team's 8th and 9th skiers. If one of the Sprint Relay skiers

cannot race the coach would probably like to take one of the non-scoring Pursuit skiers (likely the 6th or 7th skier on the team) and substitute them into the sick skier's spot on the Sprint Relay team and place the alternate (likely the 8th or 9th skier on the team) into the moved Pursuit skier's spot.

**How does your proposal benefit education-based opportunities and MSHSL Mission and Beliefs for all Minnesota students?**

This proposed rule empowers a coach to make the best decision on the composition of the team under consideration for substitution choosing from the best skiers available, in the instance of injury or illness.

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**What other policies are significant in this proposal?**

The only change would be two name changes on the team's start list instead of one name change.

**Provide evidence of support for the proposal from other groups**

Minnesota State High School Nordic Ski Coaches voted unanimously for this change.

## **Impact**

**How does your proposal affect this activity, including its impact on all classes, areas of the state, and variety of schools**

a. the tournament administration:

The timer would have to change 2 names on the start list instead of one for the existing rule

b. the change in competition time needed to accommodate your recommendation:

This change to the skiing roster would have to be done 2 hours before the start of the first day of racing and would not affect the competition time.

c. the number of competitors: no change

d. the facilities needed to accommodate your recommendation: no change

## **Administration**

**How does your proposal impact section and state tournaments?**

No Impact

## **Length of Tournament**

**How does your proposal impact the needed competition time for section and state tournaments?**

No change

## Participants

**How does your proposal impact the number of participants/teams?**

No additional competitors

**How does your proposal impact the percentage of participants/teams that would qualify for the state tournament?**

No Impact

## Facilities

**How does your proposal impact the facilities needed to accommodate your recommendation at both the section and state level?**

No impact

## Awards

**How does your proposal impact the number of awards at both section and state?**

No change

## Other

**Provide any other pertinent information not included in this proposal**

It is important to restate that this was passed unanimously by the Minnesota High School Nordic Ski Coaches

## Primary Author and Contact for Proposal

**Proposal submitted by**

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**Position**

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