



MINNESOTA STATE HIGH SCHOOL LEAGUE

POLE VAULT WEIGHT VERIFICATION FORM

Each member school must complete the **Pole Vault Weight Verification Form** listing each student participating in the pole vault event and keep the information on file in the Activities Director's office. This must be completed prior to a pole vaulter's first interscholastic competition. Periodic verification of a vaulter's weight and pole rating should be conducted during the season.

National Federation Track and Field Rules Book, Rule 6, Section 8, Articles 15 & 16: the competitors weight shall be at or below the manufacturer's pole rating. A competitor shall not use a training pole, a pole which is improperly marked or a pole rated below his/her weight during the warm-up or competition.

School

Name of Vaulter	Weight	Pole Rating
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		

Date

Signature of Activities Director

Date

Signature of Varsity Head Coach