

**2023 Minnesota State High School League  
Boys and Girls Track and Field Championships  
St. Michael-Albertville High School - 6/8/2023 to 6/10/2023  
Results**

**Girls 100 Meter Dash Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record:	C	11.84	2018	T'Nia Riley, Minneapolis North
MN All Time:	!	11.71	2012	Taylor Anderson, Hopkins
Nat'l H.S.:	+	11.14	1992	Marion Jones, Thousand Oaks, CA
2022 Winner:		12.42	6/10/2022	Hope Schueller, St .Cloud Cathedral
Name			Year School	Seed Prelims Wind H#

## Preliminaries

1	Ava Phrakonkham	10	Bagley/Fosston	12.72	12.41Q	-0.1	1	
2	Chantle Reiland	10	GMLOKS	12.74	12.46Q	1.3	2	12.458
3	Brynn Bakken	8	Hills-Beaver Creek	12.61	12.44Q	-0.1	1	
4	Hailey Hollar	11	River Valley	12.67	12.58Q	1.3	2	
5	McKaylen Lewis	8	Math & Scien	12.60	12.46q	-0.1	1	12.457
6	Taylor Kurtz	8	Dover-Eyota	12.78	12.56q	-0.1	1	
7	Hope Schueller	12	St. Cloud Cathedral	12.73	12.60q	1.3	2	
8	Imaobong (Ima) Jones	10	Minnehaha Academy	12.65	12.64q	1.3	2	
9	Lydia Fynboh	12	Morris Area/	13.04	12.65q	-0.1	1	
10	Addison Hoof	10	Lester Prairie	12.57	12.70	1.3	2	
11	Paige Haack	12	Lake of the	12.89	12.73	1.3	2	
12	Brooklyn Frank	10	Paynesville	12.87	12.80	-0.1	1	
13	Violette Metz	9	Pillager	12.90	12.83	-0.1	1	12.821
14	Delaney Nelson	9	Two Harbors	12.69	12.83	-0.1	1	12.828
15	Megan Guler	8	Pelican Rapids	13.06	13.05	1.3	2	
16	Mary Versteeg	9	International Falls	12.90	13.19	1.3	2	

**Girls 100 Meter Dash Class A**

Class Record:	C	11.84	2018	T'Nia Riley, Minneapolis North
MN All Time:	!	11.71	2012	Taylor Anderson, Hopkins
Nat'l H.S.:	+	11.14	1992	Marion Jones, Thousand Oaks, CA
2022 Winner:		12.42	6/10/2022	Hope Schueller, St .Cloud Cathedral
Name			Year School	Prelims Finals Wind Points

Finals								
1	Chantle Reiland	10	GMLOKS	12.46	12.48	-0.8	12	12.478
2	Taylor Kurtz	8	Dover-Eyota	12.56	12.48	-0.8	10	12.480
3	Brynn Bakken	8	Hills-Beaver Creek	12.44	12.52	-0.8	8	
4	Hailey Hollar	11	River Valley	12.58	12.56	-0.8	6	
5	Hope Schueller	12	St. Cloud Cathedral	12.60	12.58	-0.8	5	12.572
6	McKaylen Lewis	8	Math & Scien	12.46	12.58	-0.8	4	12.577
7	Ava Phrakonkham	10	Bagley/Fosston	12.41	12.68	-0.8	3	
8	Imaobong (Ima) Jones	10	Minnehaha Academy	12.64	12.81	-0.8	2	
9	Lydia Fynboh	12	Morris Area/	12.65	12.90	-0.8	1	

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**Girls 200 Meter Dash Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record: C	24.44	2018	T'Nia Riley, Minneapolis North			
MN All Time: !	23.91	6/11/2016	Jedah Caldwell, Chanhassen			
Nat'l H.S.: +	22.52	2003	Allyson Felix, Los Angeles Baptist, CA			
2022 Winner:	24.98	6/10/2022	Shaina Zinter, Concordia Academ			
Name		Year	School	Seed	Prelims	Wind H#

## Preliminaries

1	Jackie Cole	11	Medford	25.74	25.16Q	0.7	2
2	Taylor Kurtz	8	Dover-Eyota	25.56	25.17Q	1.7	1
3	McKaylen Lewis	8	Math & Scien	25.45	25.19Q	1.7	1
4	Anika Reiland	12	GMLOKS	25.34	25.36Q	0.7	2
5	Chantle Reiland	10	GMLOKS	26.21	25.32q	1.7	1
6	Addison Hoof	10	Lester Prairie	25.92	25.57q	0.7	2
7	Ava Phrakonkham	10	Bagley/Fosston	26.32	25.68q	0.7	2
8	Brynn Bakken	8	Hills-Beaver Creek	26.00	25.72q	1.7	1
9	Anna Konsti	9	Concordia Ac	26.28	25.94q	0.7	2
10	Hailey Hollar	11	River Valley	26.99	26.10	0.7	2
11	Delaney Nelson	9	Two Harbors	26.58	26.12	1.7	1
12	Emma Warner	11	Mcgregor	26.32	26.20	1.7	1
13	Cali Johnson	10	Redwood Valley	26.78	26.42	1.7	1
14	Ella Doble	12	Braham	26.92	26.45	0.7	2
15	Paige Haack	12	Lake of the	26.90	26.48	1.7	1
16	Hope Schueller	12	St. Cloud Cathedral	26.61	26.58	0.7	2
17	Megan Guler	8	Pelican Rapids	27.17	26.75	1.7	1
18	Lucea Wales	11	Ashby-Brando	26.61	26.77	0.7	2

**Girls 200 Meter Dash Class A**

Class Record: C	24.44	2018	T'Nia Riley, Minneapolis North			
MN All Time: !	23.91	6/11/2016	Jedah Caldwell, Chanhassen			
Nat'l H.S.: +	22.52	2003	Allyson Felix, Los Angeles Baptist, CA			
2022 Winner:	24.98	6/10/2022	Shaina Zinter, Concordia Academ			
Name		Year	School	Prelims	Finals	Wind Points

## Finals

1	Taylor Kurtz	8	Dover-Eyota	25.17	25.47	-1.4	12
2	Anika Reiland	12	GMLOKS	25.36	25.52	-1.4	10
3	McKaylen Lewis	8	Math & Scien	25.19	25.60	-1.4	8
4	Addison Hoof	10	Lester Prairie	25.57	25.72	-1.4	6
5	Jackie Cole	11	Medford	25.16	25.74	-1.4	5
6	Brynn Bakken	8	Hills-Beaver Creek	25.72	25.88	-1.4	4
7	Ava Phrakonkham	10	Bagley/Fosston	25.68	26.27	-1.4	3
8	Anna Konsti	9	Concordia Ac	25.94	26.29	-1.4	2
9	Chantle Reiland	10	GMLOKS	25.32	26.71	-1.4	1

**2023 Minnesota State High School League  
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Results**

**Girls 400 Meter Dash Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record:	C	55.67	2016	Chloe Bermel, Pequot Lakes		
MN All Time:	!	54.27	2022	Jordyn Borsch, Maple Grove		
Nat'l H.S.:	+	50.74	2000	Monique Henderson, San Diego Morse, CA		
2022 Winner:		55.86	6/10/2022	Ellie Kuechle, Eden Valley-Watk		
Name			Year	School	Seed	Prelims H#

## Preliminaries

1	Ellie Kuechle	12	Eden Valley-Watk	57.43	56.55Q	2
2	Trinity Giddings	10	Two Harbors	57.50	57.11Q	1
3	Addison Hoof	10	Lester Prairie	58.13	56.80Q	2
4	Amber Rosemeier	11	Benson/KMS	1:00.53	58.79Q	1
5	McKenzie Luetmer	12	Minnewaska Area	59.46	58.27q	2
6	Katrina Hitchen	9	Fertile-Beltrami	59.14	58.98q	1
7	Grace Swanson	12	Two Harbors	59.32	58.99q	1
8	Amber Collins	10	Wadena-Deer Creek	1:00.55	59.25q	2
9	Amanda Kehoe	8	NLA/LILA	59.05	59.28q	2
10	Hayley Lentsch	11	Kenyon-Wanamingo	58.01	59.61	1
11	Reese Koenen	11	Pine Island	59.34	1:01.12	2
12	Brynne Ibberson	8	River Valley	1:00.77	1:01.30	2
13	Annika Adolphson	7	West Marshall	1:00.80	1:01.47	1
14	Brielle Janssen	9	MACCRAY/RCW	1:01.48	1:02.66	2
15	Kaia Fiskness	8	Osakis	1:01.30	1:03.14	1
16	Zoe Mulvihill	12	Mounds Park Academy	59.91	1:04.19	1

**Girls 400 Meter Dash Class A**

Class Record:	C	55.67	2016	Chloe Bermel, Pequot Lakes		
MN All Time:	!	54.27	2022	Jordyn Borsch, Maple Grove		
Nat'l H.S.:	+	50.74	2000	Monique Henderson, San Diego Morse, CA		
2022 Winner:		55.86	6/10/2022	Ellie Kuechle, Eden Valley-Watk		
Name			Year	School	Prelims	Finals Points

## Finals

1	Addison Hoof	10	Lester Prairie	56.80	56.68	12
2	Ellie Kuechle	12	Eden Valley-Watk	56.55	56.69	10
3	Trinity Giddings	10	Two Harbors	57.11	57.45	8
4	Grace Swanson	12	Two Harbors	58.99	59.14	6
5	Amber Rosemeier	11	Benson/KMS	58.79	59.18	5
6	Amanda Kehoe	8	NLA/LILA	59.28	59.38	4
7	Katrina Hitchen	9	Fertile-Beltrami	58.98	59.64	3
8	Amber Collins	10	Wadena-Deer Creek	59.25	59.81	2
9	McKenzie Luetmer	12	Minnewaska Area	58.27	1:01.35	1

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**Girls 800 Meter Run Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record: C	2:08.77	1986	Jeanne Kruckeberg, Blooming Prairie		
MN All Time: !	2:06.50	6/6/2015	Ruby Stauber, Wayzata		
Nat'l H.S.: +	2:02.04	2011	Amy Weissenbach, Harvard-Westlake, CA		
2022 Winner:	2:14.68	6/10/2022	Tenley Nelson, Luverne		
Name		Year School	Seed	Prelims	H#

## Preliminaries

1	Katrina Sortland	12	Zumbrota-Mazeppa	2:22.82	2:16.15Q	1
2	Brookelyn Kuechle	11	Eden Valley-Watk	2:19.57	2:18.39Q	2
3	Julia Kuhnke	12	Braham	2:20.01	2:18.00Q	1
4	Ashley Overgaauw	12	Murray Count	2:22.23	2:18.61Q	2
5	Lindsey Rotz	11	Barnesville	2:21.28	2:18.55q	1
6	Morgan Koppelman	12	Park Rapids Area	2:22.68	2:19.24q	1
7	Braelyn Merritt	11	Canby/Minneota	2:20.79	2:19.47q	1
8	Reanna Cruz	12	Legacy Chris	2:21.17	2:19.50q	2
9	Jada Goeson	10	New York Mills	2:20.95	2:20.38q	2
10	Katrina Hitchen	9	Fertile-Beltrami	2:21.97	2:24.11	2
11	Anna Peikert	10	Rochester Lourdes	2:24.22	2:24.80	2
12	Savannah Meyer	10	Mankato Loyo	2:25.04	2:26.73	1
13	Paige Heppner	11	Legacy Chris	2:26.45	2:27.62	1
14	Emaleigh Olesiak	11	Cromwell-Wright	2:30.42	2:30.24	2
15	Quinn VanMaldeghem	9	New Richland-H-E-G	2:24.89	2:31.71	2

**Girls 800 Meter Run Class A**

Class Record: C	2:08.77	1986	Jeanne Kruckeberg, Blooming Prairie		
MN All Time: !	2:06.50	6/6/2015	Ruby Stauber, Wayzata		
Nat'l H.S.: +	2:02.04	2011	Amy Weissenbach, Harvard-Westlake, CA		
2022 Winner:	2:14.68	6/10/2022	Tenley Nelson, Luverne		
Name		Year School	Prelims	Finals	Points

## Finals

1	Katrina Sortland	12	Zumbrota-Mazeppa	2:16.15	2:16.28	12
2	Brookelyn Kuechle	11	Eden Valley-Watk	2:18.39	2:17.90	10
3	Reanna Cruz	12	Legacy Chris	2:19.50	2:18.15	8
4	Ashley Overgaauw	12	Murray Count	2:18.61	2:18.58	6
5	Julia Kuhnke	12	Braham	2:18.00	2:19.14	5
6	Morgan Koppelman	12	Park Rapids Area	2:19.24	2:20.13	4
7	Jada Goeson	10	New York Mills	2:20.38	2:21.31	3
8	Braelyn Merritt	11	Canby/Minneota	2:19.47	2:21.64	2
9	Lindsey Rotz	11	Barnesville	2:18.55	2:23.47	1

**Girls 1600 Meter Run Class A**

Class Record: C	4:48.41	2013	Clare Flanagan, Blake School		
MN All Time: !	4:46.14	2004	Elizabeth Yetzer, Lakeville		
Nat'l H.S.: +	4:33.29	2014	Alex Efraimson, Camas, WA		
2022 Winner:	5:04.16	6/10/2022	Jade Rypkema, Nevis		
Name		Year School	Seed	Finals	Points

1	Jade Rypkema	12	Nevis	4:55.42	4:54.27	12
2	Natasha Sortland	12	Zumbrota-Mazeppa	5:17.00	5:05.09	10
3	Amanda Overgaauw	12	Murray Count	5:18.85	5:06.57	8

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**....Girls 1600 Meter Run Class A**

4	Ashley Overgaauw	12	Murray Count	5:18.80	5:08.80	6
5	Halle Whitman	12	Minnehaha Academy	5:13.84	5:09.26	5
6	Olivia Pauly	11	St. John's Prep	5:11.01	5:09.92	4
7	Lindsey Rotz	11	Barnesville	5:18.54	5:15.30	3
8	Kaylee Walklin	10	Windom Area	5:12.88	5:18.77	2
9	Lamar Gordon	12	Two Harbors	5:25.15	5:21.44	1
10	Ivy Fasching	12	Howard Lake-Wave	5:27.52	5:22.23	
11	Sonja Semling	10	Cotter	5:18.55	5:24.63	
12	Valerie Quast	9	St. Clair/Im	5:19.95	5:28.88	
13	Norah Froslee	9	Ottertail Central	5:18.90	5:31.33	
14	Liz Nelson	11	Mountain Iron-Buhl	5:28.28	5:31.53	
15	Sarah Baum	12	RACE	5:18.78	5:31.67	
16	Faustina Adkins	9	St. Agnes	5:27.65	5:36.71	
17	Allison Lundin	9	Northome/Kel	5:32.43	5:57.58	

**Girls 3200 Meter Run Class A**

Class Record:	C	10:26.41	2006	Bria Wetsch, Holy Family
MN All Time:	!	10:06.19	6/8/2018	Emily Covert, MPLS Washburn
Nat'l H.S.:	+	9:47.88	2018	Katelyn Touhy, Thiells North Rockland,
2022 Winner:		10:36.99	6/9/2022	Jade Rypkema, Nevis

Name	Year	School	Seed	Finals	Points	
1	Jade Rypkema	12	Nevis	11:52.24	10:35.02	12
2	Amanda Overgaauw	12	Murray Count	11:15.44	10:54.96	10
3	Audrey Brownell	9	Staples-Motley	11:25.01	11:11.26	8
4	Jenna DeBates	11	Luverne	11:18.73	11:11.51	6
5	Madison LeSage	11	Howard Lake-Wave	11:37.09	11:13.48	5
6	Halle Whitman	12	Minnehaha Academy	11:59.15	11:14.18	4
7	Kyanna Burton	11	Staples-Motley	11:27.11	11:16.93	3
8	Sonja Semling	10	Cotter	11:46.47	11:28.29	2
9	Valerie Quast	9	St. Clair/Im	12:03.36	11:37.29	1
10	Clara Schad	11	St. Cloud Cathedral	11:36.74	11:54.85	
11	Aletta Strande	12	Chatfield	11:54.33	11:55.75	
12	Greta Long	11	ERA/ISM/CA/GA/UCA	12:13.68	11:59.62	
13	Madysen Steele	9	G-F-W	12:24.97	12:04.72	
14	Lola Champlin	9	Greenway/Nas	12:11.40	12:13.74	
15	Adeline Bjorklund	9	Nevis	12:03.22	12:17.83	
16	Abbigail Hutchinson	11	International Falls	12:07.92	12:26.79	

**Girls 100 Meter Hurdles Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record:	C	14.31	6/9/2022	Shaina Zinter, Concordia Academ
MN All Time:	!	13.81	2022	Ava Fitzgerald, Roseville Area
Nat'l H.S.:	+	13.03	2007	Vashti Thomas, San Jose Mt. Pleasant CA
2022 Winner:		14.53	6/10/2022	Shaina Zinter, Concordia Academ

Name	Year	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>						
1	Brielle Kuechle	12	Eden Valley-Watk	15.31	15.24Q	-1.0 1
2	Mariah Willard	11	Trinity/Unity*	15.55	15.34Q	-1.8 2
3	Lauryn Rustad	12	Perham	15.31	15.35Q	-1.0 1
4	Ashley Kimman	12	Pierz	15.21	15.38Q	-1.8 2

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**....Girls 100 Meter Hurdles Class A**

5	Emily Ludwig	12	La Crescent-Hokah	16.02	15.65q	-1.0	1
6	Jessa Kimman	12	Pillager	15.92	15.76q	-1.0	1
7	Michaela Zenz	10	Concordia Ac	16.24	15.92q	-1.0	1
8	Aubryana Boldt	9	Rushford-Pet	15.90	16.07q	-1.8	2
9	Rylie Cother	10	Jackson Coun	16.39	16.29q	-1.0	1
10	Olivia Thostenson	11	International Falls	16.11	16.39	-1.8	2
11	Caiya Strasser	9	Pipestone Area	16.06	16.48	-1.8	2
12	Augusta Papik	10	Luverne	16.68	16.88	-1.8	2
13	Evelyn Nydegger	11	New Richland-H-E-G	16.75	16.94	-1.0	1
14	Gwendolyn Lilly	11	Esco	16.67	17.04	-1.8	2
15	Kim Hitchen	12	Fertile-Beltrami	16.93	17.17	-1.0	1
16	Grace McNamee	10	Nevis	16.97	17.48	-1.8	2

**Girls 100 Meter Hurdles Class A**

Class Record:	C 14.31	6/9/2022	Shaina Zinter, Concordia Academ
MN All Time:	! 13.81	2022	Ava Fitzgerald, Roseville Area
Nat'l H.S.:	+ 13.03	2007	Vashti Thomas, San Jose Mt. Pleasant CA
2022 Winner:	14.53	6/10/2022	Shaina Zinter, Concordia Academ

Name	Year	School	Prelims	Finals	Wind	Points
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Finals								
1	Ashley Kimman	12	Pierz	15.38	14.98	+0.0	12	
2	Mariah Willard	11	Trinity/Unity*	15.34	15.05	+0.0	10	15.044
3	Lauryn Rustad	12	Perham	15.35	15.05	+0.0	8	15.046
4	Brielle Kuechle	12	Eden Valley-Watk	15.24	15.11	+0.0	6	
5	Emily Ludwig	12	La Crescent-Hokah	15.65	15.48	+0.0	5	
6	Jessa Kimman	12	Pillager	15.76	15.49	+0.0	4	
7	Michaela Zenz	10	Concordia Ac	15.92	15.82	+0.0	3	
8	Rylie Cother	10	Jackson Coun	16.29	15.83	+0.0	2	
9	Aubryana Boldt	9	Rushford-Pet	16.07	15.87	+0.0	1	

**Girls 300 Meter Hurdles Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record:	C 42.38	6/9/2022	Shaina Zinter, Concordia Academ
MN All Time:	! 41.35	6/11/2016	Meleah Biermaier, Thief River Falls
Nat'l H.S.:	+ 39.98	2001	Lashinda Demus, Long Beach Wilson, CA
2022 Winner:	42.43	6/10/2022	Shaina Zinter, Concordia Academ

Name	Year	School	Seed	Prelims	H#
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Preliminaries						
1	Mariah Willard	11	Trinity/Unity*	45.83	45.89Q	1
2	Lauryn Ankeny	9	Minnewaska Area	47.10	46.37Q	2
3	Lauryn Rustad	12	Perham	45.77	46.49Q	1
4	Cecily Fager	12	Legacy Chris	46.24	47.03Q	2
5	Hannah Pederson	11	West Marshall	47.14	46.68q	1
6	Jocelyn Zoller	10	Eden Valley-Watk	48.01	46.78q	1
7	Elizabeth Wagner	12	Luverne	47.21	46.87q	1
8	Kim Hitchen	12	Fertile-Beltrami	49.09	46.97q	1
9	Sophia Vogel	10	Central Minn	48.47	47.33q	2
10	Emily Ludwig	12	La Crescent-Hokah	47.74	48.14	2
11	Tika May	9	Aitkin	49.58	48.56	2
12	Abbigail Hutchinson	11	International Falls	47.99	48.68	1

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**....Girls 300 Meter Hurdles Class A**

13 Evelyn Nydegger	11 New Richland-H-E-G	48.60	48.87	1
14 Katie Thram	9 River Valley	48.44	48.97	2
15 Breeley Galle	9 GMLOKS	47.62	49.22	2
16 Lucea Wales	11 Ashby-Brando	45.66	51.24	2

**Girls 300 Meter Hurdles Class A**

Class Record: C 42.38	6/9/2022	Shaina Zinter, Concordia Academ
MN All Time: ! 41.35	6/11/2016	Meleah Biermaier, Thief River Falls
Nat'l H.S.: + 39.98	2001	Lashinda Demus, Long Beach Wilson, CA
2022 Winner: 42.43	6/10/2022	Shaina Zinter, Concordia Academ

Name	Year	School	Prelims	Finals	Points
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**Finals**

1 Mariah Willard	11	Trinity/Unity*	45.89	45.11	12
2 Hannah Pederson	11	West Marshall	46.68	46.32	10
3 Lauryn Ankeny	9	Minnewaska Area	46.37	46.46	8
4 Jocelyn Zoller	10	Eden Valley-Watk	46.78	46.58	6
5 Kim Hitchen	12	Fertile-Beltrami	46.97	46.63	5
6 Cecily Fager	12	Legacy Chris	47.03	46.77	4
7 Sophia Vogel	10	Central Minn	47.33	46.96	3
8 Elizabeth Wagner	12	Luverne	46.87	47.06	2
9 Lauryn Rustad	12	Perham	46.49	47.73	1

**Girls 4x100 Meter Relay Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record: C 48.18	2017	Minneapolis Edison, Minneapolis Edison
		L Senaphanh, J Lewis, C Rush, J Lewis
MN All Time: ! 47.28	6/11/2016	St. Michael-Albertville, St. Michael-Albe
		A Keefer, C Witherspoon, K Tschida, W Perry
Nat'l H.S.: + 44.24	2019	DeSoto, DeSoto
		J Griffin, J Hollis, T Armstrong, R Effiong
2022 Winner: 50.07	6/10/2022	Minnehaha Academy, Minnehaha Academy
		I Sullivan Glenn, C Mitchum, L Timm, G Troup

School	Seed	Prelims	H#
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**Preliminaries**

1 Minnehaha Academy	49.02	48.87Q	2
1) Cadence Tanner 12	2) Aaleyha Gulyard 7		
3) Imaobong (Ima) Jones 10	4) Grazina Troup 10		
2 Chatfield	49.78	49.76Q	1
1) Lauryn Daniels 11	2) Savannah Peterson 8		
3) Evy Goldsmith 11	4) Jaelyn LaPlante 10		
3 Royalton	51.00	49.98Q	2
1) Claire Prokott 11	2) Mya Yourczek 12		
3) Aurora Walberg 10	4) Lydia Prokott 9		
4 Rochester Lourdes	49.94	50.42Q	1
1) Anna Shedivy 10	2) Grace Buntrock 12		
3) Lindsey Rossow 12	4) Ella Shedivy 10		
5 Bagley/Fosston	50.91	50.08q	2
1) Claire Klinkhammer 8	2) Isabella Warmbold 11		
3) Tessa Manecke 11	4) Ava Phrakonkham 10		
6 Concordia Academy-Roseville	50.55	50.22q	2

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**....Girls 4x100 Meter Relay Class A**

1) Elissa Bensus 9	2) Heidi Krekelberg 12		
3) Anna Konsti 9	4) Sarai Kieser 9		
7 Pillager		51.33	50.47q 2
1) Jessa Kimman 12	2) Alivia Brown 9		
3) Grace Grimsley 12	4) Violette Metz 9		
8 Cotter		50.51	50.51q 2
1) Macy Donnenwerth 9	2) Clarissa Sauer 10		
3) Ava Killian 11	4) Abbey Gardner 11		
9 Eden Valley-Watkins/Kimball		50.80	50.64q 1
1) Catera Davis 12	2) Ellie Becker 10		
3) Jordyn Theis 10	4) Brielle Kuechle 12		
10 Mesabi East		51.61	50.92 2
1) Mia Domiano 10	2) Olivia Forsline 11		
3) Aubree Skelton 10	4) Elli Theel 12		
11 Pipestone Area		50.81	51.15 1
1) Avarie Brecher 12	2) Caiya Strasser 9		
3) Aurora Winsel 9	4) Meredith Draper 12		
12 Osakis		51.64	51.55 2
1) Ally Boyer 8	2) Kaelyn Walker 9		
3) Hailey Walker 11	4) Kiana Kendall 11		
13 River Valley		51.22	51.71 1
1) Erika Wells 11	2) Hailey Hollar 11		
3) Ellarie Blomeke 11	4) Yanellie Fernandez 10		
14 Esko		51.45	51.83 1
1) Reese Kuklinski 10	2) Gwendolyn Lilly 11		
3) Liberty Clifford 10	4) Kaitlyn McConnell 10		
15 Park Christian		51.58	51.87 1
1) Rubie Dobbins 11	2) Ruth Harris 11		
3) Kaycee Endreson 10	4) Andie Sandman 12		
16 Benson/KMS		51.07	54.82 1
1) Libby McGearry 12	2) Ava Noble 9		
3) Julia Claussen 9	4) Carly Tolifson 8		
17 Janesville-Waldorf-Pemberton		51.44	54.86 2
1) Katelyn Olson 9	2) Nevaeh Weimert 9		
3) Lilly Strauss 10	4) Raquel Fischer 12		

**Girls 4x100 Meter Relay Class A**

Class Record: C 48.18	2017	Minneapolis Edison, Minneapolis Edison		
		L Senaphanh, J Lewis, C Rush, J Lewis		
MN All Time: ! 47.28	6/11/2016	St. Michael-Albertville, St. Michael-Albertville		
		A Keefer, C Witherspoon, K Tschida, W Perry		
Nat'l H.S.: + 44.24	2019	DeSoto, DeSoto		
		J Griffin, J Hollis, T Armstrong, R Effiong		
2022 Winner: 50.07	6/10/2022	Minnehaha Academy, Minnehaha Academy		
		I Sullivan Glenn, C Mitchum, L Timm, G Troup		
School			Prelims	Finals Points

**Finals**

1 Minnehaha Academy		48.87	49.00	12
1) Cadence Tanner 12	2) Aaleyha Gulyard 7			
3) Imaobong (Ima) Jones 10	4) Grazina Troup 10			
2 Chatfield		49.76	49.53	10
1) Lauryn Daniels 11	2) Savannah Peterson 8			



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**....Girls 4x100 Meter Relay Class A**

3) Evy Goldsmith 11	4) Jaelyn LaPlante 10			
3 Rochester Lourdes	50.42	49.81	8	
1) Anna Shedivy 10	2) Grace Buntrock 12			
3) Lindsey Rossow 12	4) Ella Shedivy 10			
4 Concordia Academy-Roseville	50.22	50.11	6	
1) Elissa Bensus 9	2) Heidi Krekelberg 12			
3) Anna Konsti 9	4) Sarai Kieser 9			
5 Royalton	49.98	50.25	5	
1) Claire Prokott 11	2) Mya Yourczek 12			
3) Aurora Walberg 10	4) Lydia Prokott 9			
6 Eden Valley-Watkins/Kimball	50.64	50.44	4	
1) Catera Davis 12	2) Ellie Becker 10			
3) Jordyn Theis 10	4) Brielle Kuechle 12			
7 Bagley/Fosston	50.08	50.49	3	
1) Claire Klinkhammer 8	2) Isabella Warmbold 11			
3) Tessa Manecke 11	4) Ava Phrakonkham 10			
8 Cotter	50.51	50.53	2	
1) Macy Donnenwerth 9	2) Clarissa Sauer 10			
3) Ava Killian 11	4) Abbey Gardner 11			
9 Pillager	50.47	52.17	1	
1) Jessa Kimman 12	2) Alivia Brown 9			
3) Grace Grimsley 12	4) Violette Metz 9			

**Girls 4x200 Meter Relay Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record: C 1:43.62	1985	Blue Earth, Blue Earth		
		S Johnson, S Johnson, T Lewis, S Johnson		
MN All Time: ! 1:39.20	6/10/2017	North St. Paul, North St. Paul		
		A Pratt, S Jones, J Cooke, J Cager		
Nat'l H.S.: + 1:33.87	2004	Long Beach Poly, CA		
		S Solomon, J Lee, S Woods, S Solomon		
2022 Winner: 1:45.03	6/10/2022	GMLOKS, GMLOKS		
		A Oehlke, C Reiland, B Galle, A Reiland		
School		Seed	Prelims	H#

## Preliminaries

1 GMLOKS	1:45.19	1:43.88Q	2	
1) Lydia Redman 9	2) Chantle Reiland 10			
3) Breeley Galle 9	4) Anika Reiland 12			
2 St. Cloud Cathedral	1:46.05	1:45.10Q	1	
1) Erika Salaski 9	2) Maddie Halstrom 11			
3) Kayla Sexton 12	4) Hope Schueller 12			
3 Eden Valley-Watkins/Kimball	1:46.26	1:44.11Q	2	
1) Jordyn Theis 10	2) Hope Kuechle 8			
3) Ellie Becker 10	4) Ellie Kuechle 12			
4 Chatfield	1:45.99	1:45.26Q	1	
1) Savannah Peterson 8	2) Lauryn Daniels 11			
3) Evy Goldsmith 11	4) Jaelyn LaPlante 10			
5 Two Harbors	1:46.56	1:45.22q	2	
1) Delaney Nelson 9	2) Karly Holm 12			
3) Jenna Marxhausen 12	4) Trinity Giddings 10			
6 Perham	1:46.75	1:45.81q	2	
1) Lauryn Rustad 12	2) Gracie Morris 9			

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**....Girls 4x200 Meter Relay Class A**

3) Mya Morris 12	4) Jaden Hackel 11			
7 Rochester Lourdes		1:46.65	1:46.52q	1
1) Anna Shedivy 10	2) Grace Buntrock 12			
3) Lindsey Rossow 12	4) Ella Shedivy 10			
8 Legacy Christian Academy		1:46.92	1:47.43q	2
1) Erica Padilla 12	2) Addisyn Kimmel 10			
3) Cecily Fager 12	4) Reanna Cruz 12			
9 Cotter		1:46.56	1:47.49q	1
1) Claire Heiring 10	2) Ava Killian 11			
3) Aubrey Schossow 10	4) Clarissa Sauer 10			
10 Mounds Park Academy		1:48.64	1:48.34	2 1:48.334
1) Zoe Mulvihill 12	2) Kensi Binstadt 12			
3) Nora Pederson 11	4) Delaney Cunnington 10			
11 Moose Lake/Willow River		1:49.75	1:48.34	2 1:48.337
1) Jocelyn Mundell 11	2) India Johnson 11			
3) Morgan Wigg 12	4) Tyler Orvedahl 8			
12 Osakis		1:47.62	1:48.47	1
1) Kaia Fiskness 8	2) Kaelyn Walker 9			
3) Addison Roering 8	4) Kiana Kendall 11			
13 Pipestone Area		1:49.55	1:48.73	1
1) Avarie Brecher 12	2) Caiya Strasser 9			
3) Meredith Draper 12	4) Aurora Winsel 9			
14 Park Rapids Area		1:48.47	1:48.97	1
1) Natalia Lopez 12	2) Avery Schueller 8			
3) Olivia Davis 12	4) Olivia Miller 10			
15 Janesville-Waldorf-Pemberton		1:48.63	1:49.32	2
1) Katelyn Olson 9	2) Nevaeh Weimert 9			
3) Lilly Strauss 10	4) Raquel Fischer 12			
16 Grygla-Gatzke		1:50.52	1:49.66	2
1) Brooklyn Kriel 10	2) Molly Cullen 11			
3) Ashlyn Nelson 10	4) Caitlyn Jacobson 12			
17 Jackson County Central		1:51.00	1:49.67	1
1) Daysia Tomlin 11	2) Kendra Haar 10			
3) Natalia Botello-Ramos 8	4) Elsa Landherr 12			
18 BOLD/BLH		1:49.74	1:52.58	1
1) Mari Ryberg 12	2) Lily Hubin 9			
3) Lainey Braulick 10	4) Allison Milbrandt 12			

**Girls 4x200 Meter Relay Class A**

=====				
Class Record: C	1:43.62	1985	Blue Earth, Blue Earth	
			S Johnson, S Johnson, T Lewis, S Johnson	
MN All Time: !	1:39.20	6/10/2017	North St. Paul, North St. Paul	
			A Pratt, S Jones, J Cooke, J Cager	
Nat'l H.S.: +	1:33.87	2004	Long Beach Poly, CA	
			S Solomon, J Lee, S Woods, S Solomon	
2022 Winner:	1:45.03	6/10/2022	GMLOKS, GMLOKS	
			A Oehlke, C Reiland, B Galle, A Reiland	
School			Prelims	Finals Points
=====				

## Finals

1 GMLOKS		1:43.88	1:43.62C	12
1) Lydia Redman 9	2) Chantle Reiland 10			
3) Breeley Galle 9	4) Anika Reiland 12			

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**....Girls 4x200 Meter Relay Class A**

2	Eden Valley-Watkins/Kimball	1:44.11	1:43.87	10
	1) Jordyn Theis 10	2) Hope Kuechle 8		
	3) Ellie Becker 10	4) Ellie Kuechle 12		
3	Chatfield	1:45.26	1:44.57	8
	1) Savannah Peterson 8	2) Lauryn Daniels 11		
	3) Evy Goldsmith 11	4) Jaelyn LaPlante 10		
4	Two Harbors	1:45.22	1:44.85	6
	1) Delaney Nelson 9	2) Karly Holm 12		
	3) Jenna Marxhausen 12	4) Trinity Giddings 10		
5	St. Cloud Cathedral	1:45.10	1:44.88	5
	1) Erika Salaski 9	2) Maddie Halstrom 11		
	3) Kayla Sexton 12	4) Hope Schueller 12		
6	Rochester Lourdes	1:46.52	1:45.67	4
	1) Anna Shedivy 10	2) Grace Buntrock 12		
	3) Lindsey Rossow 12	4) Ella Shedivy 10		
7	Perham	1:45.81	1:46.00	3
	1) Lauryn Rustad 12	2) Gracie Morris 9		
	3) Mya Morris 12	4) Jaden Hackel 11		
8	Legacy Christian Academy	1:47.43	1:47.22	2
	1) Erica Padilla 12	2) Addisyn Kimmel 10		
	3) Kylee Loren 7	4) Reanna Cruz 12		
9	Cotter	1:47.49	1:47.24	1
	1) Camila Puente Infante 11	2) Claire Heiring 10		
	3) Aubrey Schossow 10	4) Clarissa Sauer 10		

**Girls 4x400 Meter Relay Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

=====			
Class Record:	C 3:56.98	2001	Roseau, Roseau
			B Lisell, S Olson, H Evans, A Anderson
MN All Time:	! 3:50.12	6/6/2015	Lakeville South, Lakeville South
			H Lubow, K Larson, C Slattery, J Mosser
Nat'l H.S.:	+ 3:35.49	2004	Long Beach Poly, CA
			S Woods, D Harris, J Lee, S Solomon
2022 Winner:	4:01.39	6/10/2022	Eden Valley-Watkins/Kimball, Eden Valle
			J Zoller, H Kuechle, B Kuechle, E Kuechle
	School	Seed	Prelims H#
=====			

**Preliminaries**

1	Eden Valley-Watkins/Kimball	4:04.76	3:59.64Q	2
	1) Jocelyn Zoller 10	2) Hope Kuechle 8		
	3) Brookelyn Kuechle 11	4) Ellie Kuechle 12		
2	Minnewaska Area	4:06.28	4:05.16Q	1
	1) Teagan Stark 11	2) Olivia Danielson 9		
	3) Lauryn Ankeny 9	4) McKenzie Luetmer 12		
3	Park Rapids Area	4:06.59	4:01.45Q	2
	1) Natalia Lopez 12	2) Morgan Koppelman 12		
	3) Madeline Brandt 8	4) Addison Lauwagie 10		
4	Zumbrota-Mazeppa	4:05.74	4:07.72Q	1
	1) Sawyer Sheridan 10	2) Natasha Sortland 12		
	3) Kaila Huneke 10	4) Katrina Sortland 12		
5	Two Harbors	4:07.26	4:02.51q	2
	1) Jenna Marxhausen 12	2) Lamar Gordon 12		
	3) Grace Swanson 12	4) Trinity Giddings 10		

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**....Girls 4x400 Meter Relay Class A**

6 Perham	4:09.58	4:04.56q	2
1) Gracie Morris 9	2) Cora Grismer 10		
3) Mya Morris 12	4) Jaden Hackel 11		
7 Frazee	4:07.53	4:06.55q	2
1) Elsie Ratz 11	2) Jayden Sonnenberg 9		
3) Brynn Larson 9	4) Hailey Selly 11		
8 Minnehaha Academy	4:06.65	4:08.97q	2
1) Tennyson Shultz 11	2) Aaleyha Gulyard 7		
3) Leah DiNardo 10	4) Molly DiNardo 12		
9 Fertile-Beltrami	4:07.80	4:09.04q	1
1) Kim Hitchen 12	2) Grace Proulx 10		
3) Jordyn Rasch 7	4) Katrina Hitchen 9		
10 Lake City	4:07.20	4:09.58	1
1) Kloey Sanderson 12	2) Natalie Gates 11		
3) Jacey Majerus 12	4) Emma Narum 12		
11 St. Croix Preparatory Academ	4:07.71	4:09.90	1
1) Siena Brown 9	2) Rachel Gage 7		
3) Natalie Munn 8	4) Kayla Anderson 11		
12 Janesville-Waldorf-Pemberton	4:14.19	4:11.24	1
1) Nevaeh Weimert 9	2) MaKenzie Westphal 7		
3) Ashlin Keyes 12	4) Lilly Strauss 10		
13 Luverne	4:10.74	4:12.04	2
1) Tiana Lais 12	2) Sarah Stegenga 11		
3) Ella Schmuck 9	4) Elizabeth Wagner 12		
14 LCWM-Nicollet	4:12.35	4:12.73	1
1) Savannah Klockziem 10	2) Chloe Sargent 10		
3) Katelin Flack 11	4) Maggie Graupman 11		
15 Cotter	4:06.84	4:14.59	1
1) Claire Heiring 10	2) Aubrey Schossow 10		
3) Jessica Beguin 11	4) Macy Piechowski 10		
16 MACCRAY/RCW	4:14.90	4:15.07	2
1) Ella Hultgren 10	2) Frida Barrera 10		
3) Ella Kienitz 11	4) Brielle Janssen 9		
17 Mcgregor	4:19.62	4:23.69	2
1) Paige Dean 10	2) Emma Henderson 10		
3) Violet Brekke 10	4) Emma Warner 11		

**Girls 4x400 Meter Relay Class A**

=====			
Class Record: C	3:56.98	2001	Roseau, Roseau
			B Lisell, S Olson, H Evans, A Anderson
MN All Time: !	3:50.12	6/6/2015	Lakeville South, Lakeville South
			H Lubow, K Larson, C Slattery, J Mosser
Nat'l H.S.: +	3:35.49	2004	Long Beach Poly, CA
			S Woods, D Harris, J Lee, S Solomon
2022 Winner:	4:01.39	6/10/2022	Eden Valley-Watkins/Kimball, Eden Valley-Wa
			J Zoller, H Kuechle, B Kuechle, E Kuechle
School		Prelims	Finals Points
=====			
Finals			
1 Eden Valley-Watkins/Kimball	3:59.64	3:59.20	12
1) Jocelyn Zoller 10	2) Hope Kuechle 8		
3) Brookelyn Kuechle 11	4) Ellie Kuechle 12		
2 Two Harbors	4:02.51	4:02.99	10

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**....Girls 4x400 Meter Relay Class A**

1) Jenna Marxhausen 12	2) Lamar Gordon 12			
3) Grace Swanson 12	4) Trinity Giddings 10			
3 Park Rapids Area		4:01.45	4:03.87	8
1) Natalia Lopez 12	2) Morgan Koppelman 12			
3) Madeline Brandt 8	4) Addison Lauwagie 10			
4 Frazee		4:06.55	4:04.83	6
1) Elsie Ratz 11	2) Jayden Sonnenberg 9			
3) Brynn Larson 9	4) Hailey Selly 11			
5 Minnehaha Academy		4:08.97	4:06.50	5
1) Tennyson Shultz 11	2) Aaleyha Gulyard 7			
3) Leah DiNardo 10	4) Molly DiNardo 12			
6 Perham		4:04.56	4:07.02	4
1) Gracie Morris 9	2) Cora Grismer 10			
3) Mya Morris 12	4) Jaden Hackel 11			
7 Zumbrota-Mazeppe		4:07.72	4:07.40	3
1) Sawyer Sheridan 10	2) Natasha Sortland 12			
3) Kaila Huneke 10	4) Katrina Sortland 12			
8 Fertile-Beltrami		4:09.04	4:08.13	2
1) Kim Hitchen 12	2) Grace Proulx 10			
3) Jordyn Rasch 7	4) Katrina Hitchen 9			
9 Minnewaska Area		4:05.16	4:08.80	1
1) Teagan Stark 11	2) Olivia Danielson 9			
3) Lauryn Ankeny 9	4) McKenzie Luetmer 12			

**Girls 4x800 Meter Relay Class A**

Class Record: C 9:21.36	2011	Dover-Eyota/St. Charles, Dover-Eyota/St. Charl
		B Blattner, N Ratz, K Gathje, A Buntrock
MN All Time: ! 8:59.69	6/11/2016	Edina, Edina
		T Sweeney, M Rickman, A Mosborg, E Kompelien
Nat'l H.S.: + 8:48.29	2012	Grosse Pointe, MI
		K Schwartz, E Farrow, H Meier, H Meier
2022 Winner: 9:35.81	6/10/2022	Luverne, Luverne
		E Wagner, T Lais, J DeBates, T Nelson

School	Seed	Finals	H#	Points
1 Staples-Motley	9:54.87	9:33.33	2	12
1) Aften Robinson 12	2) Ashley Robben 12			
3) Kyanna Burton 11	4) Audrey Brownell 9			
2 Park Rapids Area	9:55.57	9:37.14	2	10
1) Madeline Brandt 8	2) Olivia Davis 12			
3) Morgan Koppelman 12	4) Addison Lauwagie 10			
3 St. Cloud Cathedral	9:43.20	9:43.20	2	8
1) Addie Mondloch 9	2) Sara Reuter 12			
3) Liz Felix 12	4) Clara Schad 11			
4 Lake City	9:50.42	9:44.75	2	6
1) Kloey Sanderson 12	2) Natalie Gates 11			
3) Olivia Yotter 8	4) Jacey Majerus 12			
5 Minnehaha Academy	9:48.41	9:46.19	2	5
1) Tennyson Shultz 11	2) Hailey Siwek 11			
3) Margo Charpentier 12	4) Molly DiNardo 12			
6 Rochester Lourdes	9:58.33	9:52.38	1	4
1) Anna Peikert 10	2) Abigail Oxentenko 11			
3) Mariah Brooks 11	4) Ryann Witter 12			

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**....Girls 4x800 Meter Relay Class A**

7 Luverne	9:56.67	9:52.57	2	3	
1) Jenna DeBates 11	2) Tiana Lais 12				
3) Cassi Chesley 11	4) Elizabeth Wagner 12				
8 Two Harbors	9:54.60	9:56.48	2	2	
1) Jocelyn Carr 11	2) Karly Holm 12				
3) Lamar Gordon 12	4) Grace Swanson 12				
9 Canby/Minneota	10:01.86	10:01.71	1	1	
1) Brynn Kockelman 9	2) Mya Pesek 7				
3) Claire Stoks 10	4) Braelyn Merritt 11				
10 Bertha-Hewitt/Verndale	10:02.67	10:07.59	1		
1) Olivia Stanley 11	2) Mia Arroyo 10				
3) Rochelle Dean 10	4) Kendra Miller 8				
11 Math & Science Academy	10:07.09	10:07.63	1		
1) Greta Hansen 12	2) Amelia Applebee 10				
3) Sylvia Brodd 9	4) Jada Schultz 11				
12 Sibley East	10:05.89	10:10.97	1		
1) Bridget Biron 9	2) Lauren Bauer 11				
3) Karcyn Dose 11	4) Ruby Ballalatak 9				
13 River Valley	10:01.24	10:12.31	1		
1) Emmie McCone 10	2) Skyla Dauer 10				
3) Brynne Ibberson 8	4) Marissa Pabst 10				
14 West Marshall	10:13.91	10:27.89	1		
1) Ayla Woinarowicz 8	2) Natalie Peterson 12				
3) Jorie Miska 9	4) Annie Peterson 9				
15 Crosby-Ironton	10:15.80	10:31.11	1		
1) Margaret Ringhand 9	2) Maria Ringhand 10				
3) Ruby Westin 11	4) Anna Westin 10				
-- Minnewaska Area	9:44.95	DQ	2		Rule 5-11-2
1) Brooke Kolstoe 12	2) Olivia Danielson 9				
3) Lauryn Ankeny 9	4) McKenzie Luetmer 12				

**Girls High Jump Class A**

Starting Height 4' 8"

Up by 2" until 9 athletes remain then up by 1"

Class Record: C 6-00 2021 Nyalaam Jok, Annandale  
 MN All Time: ! 6-00 6/18/2021 Nyalaam Jok, Annandale  
 Nat'l H.S.: + 6-04.50 2015 Vashti Cunningham, La Vegas Bishop Gorman,N  
 2022 Winner: 5-06 6/9/2022 Annaka Forsberg, Blooming Prairie

Name	Year	School	Seed	Finals	Points
1 Annaka Forsberg	11	Blooming Prairie	5-08.00	5-04.00	12
2 Olivia Thostenson	11	International Falls	5-00.00	5-03.00	10
3 Kaitaia Klemetsen	11	South Ridge/	5-02.00	5-03.00	8
4 Isabella Olson	12	East Central	5-02.00	5-03.00	6
5 Hanna Strom	12	Triton	5-00.00	5-02.00	5
6 Annika Aakre	9	Park Christian	5-02.00	5-02.00	4
7 Ashley Kimman	12	Pierz	5-02.00	5-00.00	3
8 Cadence Tanner	12	Minnehaha Academy	5-00.00	5-00.00	2
9 Carly Tolifson	8	Benson/KMS	5-00.00	5-00.00	0.50
9 Ava Phrakonkham	10	Bagley/Fosston	5-02.00	5-00.00	0.50
11 Mayah Otto	9	St. Croix Lutheran	5-00.00	5-00.00	
12 Kate Daly	8	St. Clair/Im	5-02.00	4-10.00	
12 Jordan Thein	12	MACCRAY/RCW	5-00.00	4-10.00	

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**....Girls High Jump Class A**

12 Ally Hart	12 Ottertail Central	5-02.00	4-10.00
15 Brynn Larson	9 Frazee	5-02.00	4-10.00
15 Grace Backstrom	10 Pelican Rapids	5-02.00	4-10.00
17 Ellie Becker	10 Eden Valley-Watk	5-02.00	4-10.00
17 Ashlin Keyes	12 Janesville-W	5-01.00	4-10.00

**Girls Pole Vault Class A**

Starting Height 8' 6"

Up by 6" until 9 athletes remain then up by 3"

Class Record: C	12-07	2019	Ashley Hokanson, Perham
MN All Time: !	13-09.25	6/9/2018	Julia Fixsen, Mounds View
Nat'l H.S.: +	14-04	2017	Rachel Baxter, Anaheim Canyon, CA
2022 Winner:	11-03	6/10/2022	Cecily Fager, Legacy Chris

Name	Year	School	Seed	Finals	Points
1 Gracie Morris	9	Perham	10-08.00	12-00.00	12
2 Cecily Fager	12	Legacy Chris	11-03.00	12-00.00	10
3 Morgan Koppelman	12	Park Rapids Area	10-08.00	11-00.00	8
4 Danial Van Watermulen	12	Perham	10-02.00	10-06.00	5
4 Lauren Mutschler	9	Maple River	10-02.00	10-06.00	5
4 Addison Armstrong	11	Blue Earth Area	10-08.00	10-06.00	5
7 Rebekah Walz	12	Paynesville	10-07.00	10-06.00	3
8 Addison Lauwagie	10	Park Rapids Area	10-02.00	10-06.00	2
9 Adeline Miner	12	L-FC-MC	10-02.00	10-06.00	1
10 Lauren Honken	11	Rushford-Pet	10-02.00	10-06.00	
11 Riley Sater	10	LeSueur-Henderson	10-02.00	10-00.00	
12 Leya Teicher	12	Eden Valley-Watk	9-08.00	9-06.00	
13 Lucy Lewendowski	9	Crosby-Ironton	9-06.00	9-00.00	
14 Anna Gardeen	12	BOLD/BLH	9-02.00	9-00.00	
15 Reese Bowers	10	Concordia Ac	9-06.00	9-00.00	
16 Makenna Brands	12	SWMCH-EHS	8-08.00	8-06.00	
17 Quianna Ford	11	International Falls	9-06.00	8-06.00	

**Girls Long Jump Class A**

Top 9 to Finals

Class Record: C	19-02.25	2009	Analisa Huschle, Bagley/Fosston
MN All Time: !	19-03.75	6/8/2018	Patricia Johnson, Orono
Nat'l H.S.: +	22-01.75	1976	Kathy McMillan, Raeford Hoke Co., NC
2022 Winner:	17-01.75	6/9/2022	Jackie Cole, Medford

Name	Year	School	Seed	Finals	Wind	H#	Points
1 Brielle Kuechle	12	Eden Valley-Watk	18-04.50	18-03.25	1.2	2	12
2 McKaylen Lewis	8	Math & Scien	18-03.50	17-11.50	+0.0	2	10
3 Cadence Tanner	12	Minnehaha Academy	16-11.50	17-08.00	2.6	1	8
4 Hayley Lentsch	11	Kenyon-Wanamingo	18-01.00	17-07.00	-0.2	2	6
5 Jackie Cole	11	Medford	17-02.00	17-05.50	-0.2	2	5
6 Adella Schmoll	10	RACE	17-02.50	17-01.25	2.2	2	4
7 Jaden Hackel	11	Perham	16-08.50	17-01.25	1.2	1	3
8 Reese Koenen	11	Pine Island	16-11.75	17-00.50	0.1	2	2
9 Kinley Bormann	8	Ottertail Central	16-08.25	17-00.00	0.6	1	1
10 Lilly Strauss	10	Janesville-W	16-07.75	16-09.00	0.5	1	
11 Kendall Huhnerkoch	10	Redwood Valley	17-07.25	16-08.00	0.4	2	

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**....Girls Long Jump Class A**

12 Annika Aakre	9 Park Christian	16-10.00	16-08.00	2.1	1
13 Kaitlyn McConnell	10 Esko	17-00.75	16-06.50	-0.6	2
14 Cali Johnson	10 Redwood Valley	17-11.75	16-04.00	-0.5	2
15 Ellie Kuechle	12 Eden Valley-Watk	17-04.00	16-02.50	1.0	2
16 Eva Langen	10 West Marshall	15-11.25	16-01.25	1.6	1
17 Vanessa Schmidt	12 Kenyon-Wanamingo	16-11.50	16-01.00	0.9	1
18 Alexandria Hill	8 Minnehaha Academy	16-11.25	15-10.75	2.3	1
19 Rylie Cother	10 Jackson Coun	16-09.50	15-07.00	1.9	1
20 Samantha Hachey	9 Crosby-Ironton	16-01.75	15-01.50	0.4	1

**Girls Triple Jump Class A**

## Top 9 to Finals

Class Record: C	39-06	2021	Maggie Larson, Maple Lake					
MN All Time: !	40-05.50	6/7/2014	Mia Barron, Minnetonka					
Nat'l H.S.: +	44-10	2019	Jasmine Moore, Mansfield Lake Ridge, TX					
2022 Winner:	37-05.25	6/10/2022	Grace VanErp, Ottertail Centra					
Name	Year	School	Seed	Finals	Wind	H#	Points	
1 Avery Koenen	12	Montevideo	36-10.50	37-11.25	0.7	2	12	
2 Jaden Hackel	11	Perham	36-03.00	37-10.75	1.3	2	10	
3 Kendall Huhnerkoch	10	Redwood Valley	36-03.50	37-06.00	0.3	2	8	
4 Grazina Troup	10	Minnehaha Academy	34-09.25	36-10.25	0.4	1	6	
5 Ellie Sosa	8	Dilworth-Gly	36-01.00	36-04.50	0.9	2	5	
6 Annaka Forsberg	11	Blooming Prairie	36-00.00	36-03.50	-0.2	2	4	
7 Aubryana Boldt	9	Rushford-Pet	35-10.50	35-02.50	+0.0	2	3	
8 Hannah Pederson	11	West Marshall	34-09.00	35-01.00	1.3	1	2	
9 Brynn Bakken	8	Hills-Beaver Creek	35-08.25	34-10.25	0.5	2	1	
10 Kennedy Pilgrim	11	Perham	35-09.50	34-09.25	1.1	2		
11 Mya Yourczek	12	Royalton	35-06.00	34-01.25	1.7	1		
12 Karly Holm	12	Two Harbors	33-03.75	33-09.00	0.3	1		
13 Mariah Willard	11	Trinity/Unity*	34-05.25	33-08.50	1.5	1		
14 Karlie Wollum	9	Canby/Minneota	36-01.75	33-08.00	0.6	2		
15 Lillian Ciske	11	St. James Area	32-09.25	33-05.00	0.4	1		
16 Elsa Landherr	12	Jackson Coun	32-09.25	33-01.00	1.6	1		
17 Abbigail Hutchinson	11	International Falls	33-04.00	33-00.25	0.7	1		
-- McKenzie Luetmer	12	Minnewaska Area	34-10.25	FOUL			1	

**Girls Shot Put Class A**

## Top 9 to Finals

Class Record: C	46-04.75	6/10/2022	Monica Johnson, Northome/Kel					
MN All Time: !	54-08.50	6/8/2013	Maggie Ewen, St. Francis					
Nat'l H.S.: +	57-01.25	2017	Alyssa Wilson, Toms River Donocan Catho					
2022 Winner:	46-04.75	6/10/2022	Monica Johnson, Northome/Kel					
Name	Year	School	Seed	Finals	H#	Points		
1 Kiley Kranz	12	Osakis	39-03.00	41-11.75	2	12		
2 Jocelyn Hart	12	Luverne	40-05.25	40-09.75	2	10		
3 Lexy Foster	11	GMLOKS	39-11.25	40-00.25	2	8		
4 Jadyn Hart	12	Luverne	40-00.75	39-07.25	2	6		
5 Chloe Rabe	12	Ortonville	39-00.00	38-10.25	2	5		
6 Emmalee Oviatt	12	Greenway/Nas	36-03.50	38-07.75	1	4		
7 Liddy DeWulf	12	Nevis	37-10.75	37-07.00	2	3		



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**....Girls Shot Put Class A**

8 Lexi Koch	11 Howard Lake-Wave	36-09.25	37-05.75	1	2
9 Jayda Kolstoe	9 Minnewaska Area	37-00.00	37-00.75	1	1
10 Jersey Trautman	11 Dilworth-Gly	37-09.50	36-04.00	2	
11 Rumely Biewer	12 Barnesville	35-00.75	35-11.00	1	
12 Ashlyn Pelant	10 Waterville-E	36-03.00	35-03.50	1	
13 Elliot Espenson	12 Windom Area	38-09.25	34-11.50	2	
14 Keira McCord	11 Concordia Ac	35-00.25	34-08.25	1	
15 Sydney Torgerson	12 Rushford-Pet	37-05.25	34-05.25	2	
16 Lauryn Schutz	12 St. Croix Prepar	35-04.25	34-00.00	1	
17 Annaka Bogenholm	11 Barnum	35-06.50	33-00.25	1	

**Girls Discus Throw Class A**

Top 9 to Finals

Class Record: C 155-01	2016	Jaimi Salone, Blake School
MN All Time: ! 171-09	2012	Maggie Ewen, St. Francis
Nat'l H.S.: + 191-06	2012	Shelbi Vaughan, Mansfield Legacy, TX
2022 Winner: 134-05	6/9/2022	Nora Wilhelm, Concordia Academ

Name	Year	School	Seed	Finals	H#	Points
1 Jady Hart	12	Luverne	123-04	131-00	2	12
2 Kiley Kranz	12	Osakis	114-07	122-10	2	10
3 Sydney Torgerson	12	Rushford-Pet	120-00	122-06	2	8
4 Jocelyn Hart	12	Luverne	114-11	121-11	2	6
5 Keira McCord	11	Concordia Ac	115-10	117-02	2	5
6 Alexis Riniker	12	Dilworth-Gly	113-06	116-04	2	4
7 Ellie Welch	11	Pelican Rapids	103-05	111-07	1	3
8 Katelyn Vesledahl	12	Bagley/Fosston	108-03	111-04	1	2
9 Allison Skiba	11	Pierz	109-04	110-07	1	1
10 Katelin Flack	11	LCWM-Nicollet	116-03	109-11	2	
11 Kaylin Visser	8	Ely	105-05	108-07	1	
12 Lexy Foster	11	GMLOKS	123-09	107-06	2	
13 Jayda Kolstoe	9	Minnewaska Area	106-08	101-04	1	
14 Tabitha Johnson	11	St. Croix Lutheran	108-08	100-05	1	
15 Annaka Bogenholm	11	Barnum	101-07	99-10	1	
16 Elliot Espenson	12	Windom Area	111-05	87-08	1	

**Boys 100 Meter Dash Class A****9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: C 10.77	1996	Erik Hanson, Mesabi East
MN All Time: ! 10.49	2004	Ibrahim Kabia, Champlin Park
Nat'l H.S.: + 10.13	2019	Matthew Boling, Houston Strake Jesuit
2022 Winner: 10.91	6/10/2022	Ashton Sandbulte, Luverne

Name	Year	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>						
1 Tate Nelson	10	Two Harbors	10.92	11.01Q	-2.8	3 11.004
2 Sam Backer	12	Chatfield	11.09	11.01Q	-1.6	2 11.010
3 Henry Peklo	11	Nova Classic	11.18	11.22Q	-0.2	1
4 Ayo Ogundeji	10	Nevis	11.32	11.15Q	-1.6	2
5 Sebastian Hoiland	12	Nova Classic	11.10	11.25Q	-0.2	1
6 Remington Converse	12	Staples-Motley	11.43	11.36Q	-2.8	3
7 Zelaun Black	12	MPLS North Commu	11.20	11.19q	-1.6	2

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8	Jaivon Hill	12	MPLS North Commu	11.23	11.32q	-1.6	2
9	Cam Jones	11	Howard Lake-Wave	11.24	11.33q	-0.2	1
10	Kingsley Okoro	11	Maple Lake	11.23	11.39	-2.8	3
11	Hunter Kallstrom	11	Benson/KMS	11.46	11.40	-1.6	2
12	RJ Sylak	12	Zumbrota-Mazeppa	11.34	11.43	-2.8	3
13	William Hugo	12	Concordia Ac	11.22	11.49	-2.8	3
14	Gabriel Wolff	12	Jackson Coun	11.27	11.52	-0.2	1
15	Kaden Robbins	11	Moose Lake/W	11.49	11.57	-1.6	2
16	Logan Sandmeyer	11	LCWM-Nicollet	11.47	11.58	-0.2	1
17	Austin Weite	12	Staples-Motley	11.58	11.59	-2.8	3
18	Isaiah Wright	10	Fertile-Beltrami	11.47	11.61	-0.2	1
19	Edan Smith	11	Montevideo	11.54	11.67	-2.8	3

**Boys 100 Meter Dash Wheelchair Class A**

===== Class Record: C 16.15 6/10/2022 Aidan Gravelle, Mankato Loyo							
MN All Time: ! 16.15 6/10/2022 Aidan Gravelle, Mankato Loyo							
2022 Winner: 16.15 6/10/2022 Aidan Gravelle, Mankato Loyo							
Name	Year	School	Seed	Finals	Wind	Points	

## Finals

1	Tyler Gunnarson	10	St. Charles	16.25	16.55	-0.8	1
2	Toby Hagen	10	River Valley	29.21	29.85	-0.8	0.50
3	James Hagen	12	River Valley	32.60	33.45	-0.8	

**Boys 100 Meter Dash Class A**

===== Class Record: C 10.77 1996 Erik Hanson, Mesabi East							
MN All Time: ! 10.49 2004 Ibrahim Kabia, Champlin Park							
Nat'l H.S.: + 10.13 2019 Matthew Boling, Houston Strake Jesuit							
2022 Winner: 10.91 6/10/2022 Ashton Sandbulte, Luverne							
Name	Year	School	Prelims	Finals	Wind	Points	

1	Tate Nelson	10	Two Harbors	11.01	11.00	-1.2	12
2	Sam Backer	12	Chatfield	11.01	11.08	-1.2	10
3	Zelaun Black	12	MPLS North Commu	11.19	11.21	-1.2	8
4	Ayo Ogundeji	10	Nevis	11.15	11.29	-1.2	6
5	Jaivon Hill	12	MPLS North Commu	11.32	11.33	-1.2	5
6	Sebastian Hoiland	12	Nova Classic	11.25	11.35	-1.2	4
7	Remington Converse	12	Staples-Motley	11.36	11.40	-1.2	3
8	Henry Peklo	11	Nova Classic	11.22	11.43	-1.2	2
9	Cam Jones	11	Howard Lake-Wave	11.33	11.73	-1.2	1

**Boys 200 Meter Dash Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

===== Class Record: C 21.45 2014 Tyler Beehler, Foley							
MN All Time: ! 20.92 2004 Jon Boyd, Mankato East							
Nat'l H.S.: + 20.13 1985 Roy Martin, Dallas Roosevelt, TX							
2022 Winner: 21.94 6/10/2022 Ashton Sandbulte, Luverne							
Name	Year	School	Seed	Prelims	Wind	H#	

## Preliminaries

1	Tate Nelson	10	Two Harbors	22.94	21.94Q	0.5	1
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2	RJ Sylak	12	Zumbrota-Mazeppa	22.39	22.08Q	NWI	2
3	Ayo Ogundeji	10	Nevis	23.34	22.23Q	NWI	2
4	Henry Peklo	11	Nova Classic	22.68	22.60Q	0.5	1
5	Mason Schirmer	12	Maple River	22.84	22.40q	NWI	2
6	Braeden Bredman	12	Barnesville	23.00	22.57q	NWI	2
7	Remington Converse	12	Staples-Motley	22.84	22.66q	0.5	1
8	Sebastian Hoiland	12	Nova Classic	22.59	22.67q	0.5	1
9	Edan Smith	11	Montevideo	23.18	22.71q	0.5	1
10	Jesse Ortiz	11	Medford	22.84	22.86	NWI	2
11	Noah Strickfaden	12	Norwood-Youn	23.12	22.91	0.5	1
12	Patch Gustafson	12	East Central	23.56	22.98	0.5	1
13	Connor Patrick	12	Holdingsford	23.44	23.23	NWI	2
14	Nathan Weems	11	Clearbrook-Gonvick	23.60	23.28	NWI	2
15	Stevie McMath	12	BOLD/BLH	23.06	23.29	NWI	2
16	Evan James	10	Mesabi East	23.52	23.48	0.5	1

**Boys 200 Meter Dash Wheelchair Class A**

Class Record: C 30.49 6/10/2022 Aidan Gravelle, Mankato Loyo  
 MN All Time: ! 30.49 6/10/2022 Aidan Gravelle, Mankato Loyo  
 2022 Winner: 30.49 6/10/2022 Aidan Gravelle, Mankato Loyo

Name	Year	School	Seed	Finals	Wind	Points
Finals						
1	Tyler Gunnarson	10	St. Charles	28.61	30.43C	0.7 1
2	Toby Hagen	10	River Valley	57.09	57.25	0.7 0.50
3	James Hagen	12	River Valley	1:05.54	1:05.25	0.7

**Boys 200 Meter Dash Class A**

Class Record: C 21.45 2014 Tyler Beehler, Foley  
 MN All Time: ! 20.92 2004 Jon Boyd, Mankato East  
 Nat'l H.S.: + 20.13 1985 Roy Martin, Dallas Roosevelt, TX  
 2022 Winner: 21.94 6/10/2022 Ashton Sandbulte, Luverne

Name	Year	School	Prelims	Finals	Wind	Points
1	RJ Sylak	12	Zumbrota-Mazeppa	22.08	22.25	-0.4 12
2	Tate Nelson	10	Two Harbors	21.94	22.44	-0.4 10
3	Ayo Ogundeji	10	Nevis	22.23	22.48	-0.4 8
4	Mason Schirmer	12	Maple River	22.40	22.61	-0.4 6
5	Braeden Bredman	12	Barnesville	22.57	22.64	-0.4 5
6	Sebastian Hoiland	12	Nova Classic	22.67	22.86	-0.4 4
7	Henry Peklo	11	Nova Classic	22.60	22.96	-0.4 3
8	Remington Converse	12	Staples-Motley	22.66	22.97	-0.4 2
9	Edan Smith	11	Montevideo	22.71	23.12	-0.4 1

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**Boys 400 Meter Dash Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record:	C 47.66	1996	Tom Gerding, Waconia		
MN All Time:	! 47.34	2022	Ramy Ayoub, Farmington		
Nat'l H.S.:	+ 45.19	2012	Aldrich Bailey, Mansfield Timberview, TX		
2022 Winner:	48.60	6/10/2022	Taevon Wells, Greenway/Nashwau		
Name		Year	School	Seed	Prelims H#

## Preliminaries

1	RJ Sylak	12	Zumbrota-Mazeppa	49.20	50.12Q	2
2	Luke Gardner	11	Cotter	49.81	50.84Q	1
3	Roma Jacques	12	Cromwell-Wright	51.28	50.16Q	2
4	Maeson Tank	11	Minnewaska Area	51.11	51.03Q	1
5	Ryan Koberoski	11	M/T/GHEC/ML	50.68	50.70q	2
6	Will Olson	11	St. Croix Lutheran	50.89	50.72q	2
7	Lucky Dara	10	Luverne	51.58	50.98q	2
8	Braeden Bredman	12	Barnesville	51.84	51.14q	2
9	Dylan Schwarz	11	Deer River/N	51.81	51.33q	1
10	Javin Mungai	11	MACCRAY/RCW	51.42	51.70	1
11	Derek Stangl	12	Pierz	51.41	51.91	2
12	Griffin Jones	12	Mounds Park Academy	51.53	52.14	2
13	Zackery Bruder	10	Osakis	52.63	52.48	2
14	Nathan Sedlacek	12	West Marshall	51.80	53.20	1
15	Quinn Landherr	10	Jackson Coun	51.47	55.16	1
--	Charles Scholl	11	Ada-Borup-West	51.16	DQ	1 Rule 5-12-1a

**Boys 400 Meter Dash Class A**

Class Record:	C 47.66	1996	Tom Gerding, Waconia		
MN All Time:	! 47.34	2022	Ramy Ayoub, Farmington		
Nat'l H.S.:	+ 45.19	2012	Aldrich Bailey, Mansfield Timberview, TX		
2022 Winner:	48.60	6/10/2022	Taevon Wells, Greenway/Nashwau		
Name		Year	School	Prelims	Finals Points

## Finals

1	RJ Sylak	12	Zumbrota-Mazeppa	50.12	49.83	12
2	Luke Gardner	11	Cotter	50.84	50.36	10
3	Will Olson	11	St. Croix Lutheran	50.72	50.49	8
4	Braeden Bredman	12	Barnesville	51.14	50.57	6
5	Roma Jacques	12	Cromwell-Wright	50.16	50.64	5
6	Dylan Schwarz	11	Deer River/N	51.33	51.06	4
7	Maeson Tank	11	Minnewaska Area	51.03	51.39	3
8	Ryan Koberoski	11	M/T/GHEC/ML	50.70	51.45	2
9	Lucky Dara	10	Luverne	50.98	52.03	1

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**Boys 800 Meter Run Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record:	C	1:50.72	1996	Jason Owens, Stewartville		
MN All Time:	!	1:49.69	2008	Zachary Mellon, Buffalo		
Nat'l H.S.:	+	1:46.45	1996	Michael Granville, Bell Gardens, CA		
2022 Winner:		1:55.03	6/10/2022	Jacob McCleary, Perham		
Name			Year School	Seed	Prelims	H#

**Preliminaries**

1	Ethan Schwankl	12	Lakeview	1:57.37	1:57.09Q	1
2	Brandon Kampsen	12	Sauk Centre	1:54.82	1:57.15Q	2
3	Jayce Kiehne	11	L-FC-MC	1:58.53	1:57.35Q	2
4	Kody Wassman	11	Mt. Lake Are	2:00.36	1:57.56Q	1
5	Micah Thompson	12	Perham	1:58.55	1:57.44q	2
6	Zach Meyer	11	St. John's Prep	1:58.75	1:57.91q	1
7	Caden Strasser	12	Pipestone Area	2:02.36	1:58.01q	1
8	Charlie Larson	10	Pelican Rapids	1:59.45	1:58.06q	2
9	Dalton Hoel	12	Rushford-Pet	1:59.28	1:58.87q	1
10	Ethan Schroeder	10	Mt. Lake Are	2:00.48	1:59.40	2
11	Maeson Tank	11	Minnewaska Area	1:58.12	1:59.89	1
12	Eli Bervig	12	Park Rapids Area	2:02.85	2:00.68	2
13	Ephraim Bervig	10	Park Rapids Area	2:02.76	2:02.33	2
14	Elliot Vargas	12	Concordia Ac	1:59.59	2:02.50	2
15	Jack Hoppe	12	West Lutheran	1:59.60	2:04.44	1
16	Benjamin Plackner	12	Greenway/Nas	2:02.30	2:07.18	1
17	Joseph Ringhand	11	Crosby-Ironton	2:01.95	2:07.91	2

**Boys 800 Meter Run Class A**

Class Record:	C	1:50.72	1996	Jason Owens, Stewartville		
MN All Time:	!	1:49.69	2008	Zachary Mellon, Buffalo		
Nat'l H.S.:	+	1:46.45	1996	Michael Granville, Bell Gardens, CA		
2022 Winner:		1:55.03	6/10/2022	Jacob McCleary, Perham		
Name			Year School	Prelims	Finals	Points

**Finals**

1	Brandon Kampsen	12	Sauk Centre	1:57.15	1:53.56	12
2	Ethan Schwankl	12	Lakeview	1:57.09	1:56.33	10
3	Jayce Kiehne	11	L-FC-MC	1:57.35	1:57.00	8
4	Zach Meyer	11	St. John's Prep	1:57.91	1:59.41	6
5	Dalton Hoel	12	Rushford-Pet	1:58.87	1:59.89	5
6	Caden Strasser	12	Pipestone Area	1:58.01	2:00.01	4
7	Micah Thompson	12	Perham	1:57.44	2:00.34	3
8	Kody Wassman	11	Mt. Lake Are	1:57.56	2:00.42	2
9	Charlie Larson	10	Pelican Rapids	1:58.06	2:02.98	1

**Boys 800 Meter Run Wheelchair Class A**

Class Record:	C	2:01.58	2021	Peyton Gunnarson, Lewiston-Altura		
MN All Time:	!	1:55.85	2012	Mark Braun, Irondale		
2022 Winner:		2:14.02	6/10/2022	Tyler Shepersky, United North		
Name			Year School	Seed	Finals	Points
1	Tyler Gunnarson	10	St. Charles	1:55.84	2:03.86	1

**2023 Minnesota State High School League**  
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**St. Michael-Albertville High School - 6/8/2023 to 6/10/2023**  
**Results**

**Boys 1600 Meter Run Class A**

Class Record: C 4:12.02		2015	Shane Streich, Waseca		
MN All Time: ! 4:06.54		6/6/2015	Joe Klecker, Hopkins		
Nat'l H.S.: + 3:59.51		2001	Alan Webb, Reston South Lakes, VA		
2022 Winner: 4:21.12		6/10/2022	Jacob McCleary, Perham		
Name	Year	School	Seed	Finals	Points
1 Brandon Kampsen	12	Sauk Centre	4:30.37	4:18.50	12
2 Bjorn Anderson	10	Perham	4:26.00	4:19.91	10
3 William Ahrens	10	Redwood Valley	4:31.88	4:19.98	8
4 Mark Swanson	10	Northwest Ni	4:33.69	4:22.95	6
5 Zach Klassen	10	Mt. Lake Are	4:25.76	4:23.00	5
6 Charlie Larson	10	Pelican Rapids	4:33.24	4:24.94	4
7 Garrison Hubka	12	GMLOKS	4:35.16	4:24.96	3
8 Henry Karelitz	12	Nova Classic	4:23.79	4:25.95	2
9 Ian Thorpe	12	Two Harbors	4:33.24	4:26.45	1
10 Nicholas Larson	12	Mounds Park Academy	4:32.24	4:27.17	
11 Cole Stencel	12	Maple River	4:26.57	4:28.80	
12 Seth Meikle	12	Lake of the	4:31.55	4:32.31	
13 Jack Riley	11	Carlton-Wrenshall	4:37.13	4:34.91	
14 Benjamin Geeslin	12	United Clay-Becker	4:36.54	4:36.33	
15 Caden Strasser	12	Pipestone Area	4:37.51	4:39.41	
16 Brandt Konik	12	Pine Island	4:37.15	4:47.73	

**Boys 3200 Meter Run Class A**

Class Record: C 8:59.19		2006	Mike Torchia, Rochester Lourdes		
MN All Time: ! 8:57.07		6/7/2013	Obsa Ali, Richfield		
Nat'l H.S.: + 8:34.23		2008	German Fernandez, Riverbank, CA		
2022 Winner: 9:27.20		6/9/2022	Finn McCormick, Nova Classic		
Name	Year	School	Seed	Finals	Points
1 Bjorn Anderson	10	Perham	9:50.49	9:22.44	12
2 Henry Karelitz	12	Nova Classic	9:28.85	9:28.91	10
3 Noah Foster	12	Cromwell-Wright	9:42.94	9:29.60	8
4 Brady Rach	9	Bertha-Hewit	9:57.49	9:37.91	6
5 Nick Hansen	11	St. John's Prep	9:53.05	9:38.56	5
6 Noah Huot	11	Park Rapids Area	10:07.64	9:39.93	4
7 Owen Janiszski	10	Luverne	10:00.55	9:45.49	3
8 Eddie Snider	10	Mounds Park Academy	9:55.20	9:47.44	2
9 Cole Stencel	12	Maple River	10:01.78	9:47.50	1
10 Camden Janiszski	12	Luverne	9:59.08	9:47.53	
11 Henry Lemke	10	Eden Valley-Watk	9:53.99	9:49.75	
12 Ian Thorpe	12	Two Harbors	10:10.54	9:53.21	
13 Taylor Johnson	12	United Clay-Becker	10:11.87	10:00.24	
14 Seth Konik	10	Pine Island	10:04.67	10:16.08	
15 John Fritts	11	Cotter	10:10.78	10:18.28	
16 Josiah DeMaris	10	M/T/GHEC/ML	10:01.49	10:36.66	

**2023 Minnesota State High School League**  
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**Results**

**Boys 110 Meter Hurdles Class A****9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: C	13.92	2015	Jon Tollefson, St. Croix Lutheran			
MN All Time: !	13.88	2012	Rilwan (RJ) Alowonle, Park, Cottage Grove			
Nat'l H.S.: +	13.30	1990	Chris Nelloms, Dayton Dunbar, OH			
2022 Winner:	15.23	6/10/2022	Owen Petersohn, Triton			
Name		Year	School	Seed	Prelims	Wind H#

## Preliminaries

1	Aiden Voss	12	Pipestone Area	15.62	14.86Q	0.1	2	
2	Brandon Knott	12	Howard Lake-Wave	15.17	14.99Q	1.1	1	
3	Christopher Hilton	10	St. Charles	14.88	15.08Q	-0.2	3	15.080
4	Nolan Anderson	12	Rush City	15.61	15.08Q	1.1	1	15.072
5	Jonathan Cheney	12	Pierz	15.43	15.30Q	-0.2	3	15.291
6	Simon Morgan	12	Mankato Loyo	15.15	15.30Q	0.1	2	15.293
7	William Tuttle	11	New Richland-H-E-G	15.16	15.14q	1.1	1	
8	Emanuel Kutzera	12	St. Cloud Cathedral	15.61	15.34q	1.1	1	
9	Griffin Paulsen	12	St. Croix Lutheran	15.18	15.41q	0.1	2	
10	Stewart Jones	12	Osakis	16.07	15.50	0.1	2	
11	Mark Evenson	11	Nova Classic	15.68	15.72	-0.2	3	15.711
12	Quintin Betthausen	10	Rushford-Pet	15.54	15.72	0.1	2	15.716
13	Jacob Ochsendorf	11	Montevideo	15.99	16.01	-0.2	3	
14	Andre Recknor	12	Browerville	16.46	16.08	-0.2	3	
15	Pierce Deblieck	12	Park Rapids Area	16.33	16.24	0.1	2	
16	Armando Salazar	12	Deer River/N	16.30	16.26	1.1	1	
17	Joey Molstre	12	Dilworth-Gly	16.43	16.52	-0.2	3	
18	Carter Zezulka	12	Esko	16.23	16.56	1.1	1	

**Boys 110 Meter Hurdles Class A**

Class Record: C	13.92	2015	Jon Tollefson, St. Croix Lutheran			
MN All Time: !	13.88	2012	Rilwan (RJ) Alowonle, Park, Cottage Grove			
Nat'l H.S.: +	13.30	1990	Chris Nelloms, Dayton Dunbar, OH			
2022 Winner:	15.23	6/10/2022	Owen Petersohn, Triton			
Name		Year	School	Prelims	Finals	Wind Points

## Finals

1	Jonathan Cheney	12	Pierz	15.30	14.81	-0.1	12
2	Christopher Hilton	10	St. Charles	15.08	14.85	-0.1	10
3	Brandon Knott	12	Howard Lake-Wave	14.99	14.86	-0.1	8
4	Aiden Voss	12	Pipestone Area	14.86	14.91	-0.1	6
5	Griffin Paulsen	12	St. Croix Lutheran	15.41	15.17	-0.1	5
6	William Tuttle	11	New Richland-H-E-G	15.14	15.20	-0.1	4
7	Nolan Anderson	12	Rush City	15.08	15.25	-0.1	3
8	Simon Morgan	12	Mankato Loyo	15.30	15.29	-0.1	2
9	Emanuel Kutzera	12	St. Cloud Cathedral	15.34	15.54	-0.1	1

**2023 Minnesota State High School League  
Boys and Girls Track and Field Championships  
St. Michael-Albertville High School - 6/8/2023 to 6/10/2023  
Results**

**Boys 300 Meter Hurdles Class A****9 Advance: Top 2 Each Heat plus Next 3 Best Times**


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Class Record: C	37.39	1999	Mitch Potter, St. Michael-Albertville		
MN All Time: !	36.59	2012	Rilwan (RJ) Alowonle, Park, Cottage Grove		
Nat'l H.S.: +	35.02	2009	Reggie Wyatt, Riverside La Sierra, CA		
2022 Winner:	39.97	6/10/2022	Owen Petersohn, Triton		
Name		Year	School	Seed	Prelims H#

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## Preliminaries

1	Aiden Voss	12	Pipestone Area	40.66	39.76Q	3
2	Brandon Knott	12	Howard Lake-Wave	40.35	39.82Q	1
3	Jon Rice	12	Nevis	41.68	40.00Q	2
4	Griffin Paulsen	12	St. Croix Lutheran	39.31	40.03Q	3
5	Zarion Irby	11	Minnehaha Academy	40.03	40.29Q	1
6	Christopher Hilton	10	St. Charles	39.70	40.40Q	2
7	CJ Tree	11	Pine Island	40.71	40.46q	3
8	Stewart Jones	12	Osakis	41.45	40.65q	3
9	Jonathan Cheney	12	Pierz	41.03	40.67q	1
10	Quintin Betthauser	10	Rushford-Pet	40.85	40.99	2
11	Emanuel Kutzera	12	St. Cloud Cathedral	41.05	41.03	1
12	William Tuttle	11	New Richland-H-E-G	41.96	41.19	1
13	Judah Zinter	10	Concordia Ac	40.59	41.22	2
14	Ridge Flatness	12	Northome/Kel	42.11	41.68	1
15	Anthony Checco de Souza	11	Pelican Rapids	42.20	42.49	2
16	Ethan Staab	11	Lakeview	41.37	42.88	2
17	Gage Roberts	11	Greenway/Nas	43.56	43.00	3
18	Armando Salazar	12	Deer River/N	41.67	43.08	3
19	Riley Thelemann	12	LeSueur-Henderson	43.13	43.29	3

**Boys 300 Meter Hurdles Class A**


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Class Record: C	37.39	1999	Mitch Potter, St. Michael-Albertville		
MN All Time: !	36.59	2012	Rilwan (RJ) Alowonle, Park, Cottage Grove		
Nat'l H.S.: +	35.02	2009	Reggie Wyatt, Riverside La Sierra, CA		
2022 Winner:	39.97	6/10/2022	Owen Petersohn, Triton		
Name		Year	School	Prelims	Finals Points

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## Finals

1	Griffin Paulsen	12	St. Croix Lutheran	40.03	38.97	12
2	Christopher Hilton	10	St. Charles	40.40	39.12	10
3	Brandon Knott	12	Howard Lake-Wave	39.82	39.36	8
4	Aiden Voss	12	Pipestone Area	39.76	39.77	6
5	Zarion Irby	11	Minnehaha Academy	40.29	39.93	5
6	Stewart Jones	12	Osakis	40.65	40.42	4
7	CJ Tree	11	Pine Island	40.46	40.58	3
8	Jonathan Cheney	12	Pierz	40.67	40.60	2
9	Jon Rice	12	Nevis	40.00	41.34	1



**2023 Minnesota State High School League**  
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**St. Michael-Albertville High School - 6/8/2023 to 6/10/2023**  
**Results**

**Boys 4x100 Meter Relay Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

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Class Record: C 42.57 6/10/2022 Minneapolis North Community, MPLS North C
                Z Black, K Clay, J Baker, J Hill
MN All Time: ! 41.52 6/6/2015 Eagan, Eagan
                J Brown, D Krech, T Brown, S Zenner
Nat'l H.S.: + 39.76 1998 Forth Worth Wyatt O.D., TX
                M Wesley, M Franklin, M Clopton, D Wesley
2022 Winner: 42.57 6/10/2022 Minneapolis North Community, MPLS North C
                Z Black, K Clay, J Baker, J Hill
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School	Seed	Prelims	H#
<b>Preliminaries</b>			
1 Minneapolis North Community	43.65	42.84Q	1
1) Zelaun Black 12	2) Navier Jiles 11		
3) J'Marion Sanders 9	4) Jaivon Hill 12		
2 Chatfield	43.04	43.40Q	2
1) Isaac Erding 12	2) Eli Hopp 12		
3) Thad Evans 12	4) Sam Backer 12		
3 Rochester Lourdes	43.34	43.42Q	1
1) John Novak	2) Gerald Lonzo 12		
3) Caleb Akinbolu 9	4) Hudson Fix 12		
4 BOLD/BLH	43.81	43.59Q	2
1) Ryan King 12	2) Chase Hubin 11		
3) Hudson Vosika 10	4) Stevie McMath 12		
5 Staples-Motley	43.99	43.67q	1
1) Austin Weite 12	2) Avandre Brandt 9		
3) Hunter Miller 12	4) Remington Converse 12		
6 Holdingford	44.28	43.91q	1
1) Connor Patrick 12	2) Jeffrey Hall 11		
3) Brandon Hall 10	4) Antanas Martinaitis 11		
7 Caledonia/Spring Grove	44.14	43.95q	1
1) Eric Mauss 12	2) Jason Schock 11		
3) Owen Staggemeyer 10	4) Josh Beardmore 11		
8 Maple River	44.20	44.03q	1 44.023
1) Amarus Harris 10	2) Chad Schull 11		
3) Cale Hansen 11	4) Mason Schirmer 12		
8 Park Rapids Area	44.43	44.03q	2 44.023
1) Jayden Walen 9	2) Luke Hartung 12		
3) Cameron Runyan 12	4) Malachi Martin 12		
10 Moose Lake/Willow River	44.19	44.04	2
1) Jackson Thompson 12	2) Chase Clausen 10		
3) Jaxsyn Schmidt 11	4) Kaden Robbins 11		
11 Nova Classical Academy	44.20	44.14	2
1) Nickolai Farber 12	2) Henry Peklo 11		
3) Mark Evenson 11	4) Sebastian Hoiland 12		
12 Howard Lake-Waverly-Winsted	44.49	44.25	2
1) Bruce Burau 11	2) Collin Boese 12		
3) Mitchell Mallak 12	4) Cam Jones 11		
13 Perham	43.90	44.43	2
1) Dayton Koetke 12	2) Aiden Kennedy 12		
3) Noah Thompson 12	4) Tyrus Coudron 10		
14 Mesabi East	44.76	44.49	2
1) Tyler Jacobson 12	2) Evan James 10		
3) Jordan Latola 12	4) Ethan Murray 11		

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**Results**

**....Boys 4x100 Meter Relay Class A**

15 United Clay-Becker	44.50	45.01	1
1) John Vetter 12	2) Bradley Olson 12		
3) Derek Tibbetts 12	4) Leif Shervey 9		
16 Blue Earth Area	44.93	45.08	2
1) Nick Nelson 12	2) Gage Barker 10		
3) Jack Norman 12	4) Jacob Grandgenett 10		
-- Adrian/Ellsworth	44.62	DNF	1
1) Peda Zeba 12	2) Logan Neuenburg 12		
3) Lucas Essman 11	4) Tavian Lange 12		

**Boys 4x100 Meter Relay Class A**

Class Record: C 42.57	6/10/2022	Minneapolis North Community, MPLS North Commu
		Z Black, K Clay, J Baker, J Hill
MN All Time: ! 41.52	6/6/2015	Eagan, Eagan
		J Brown, D Krech, T Brown, S Zenner
Nat'l H.S.: + 39.76	1998	Forth Worth Wyatt O.D., TX
		M Wesley, M Franklin, M Clopton, D Wesley
2022 Winner: 42.57	6/10/2022	Minneapolis North Community, MPLS North Commu
		Z Black, K Clay, J Baker, J Hill

School	Prelims	Finals	Points
=====			
<b>Finals</b>			
1 Minneapolis North Community	42.84	42.72	12
1) Zelaun Black 12	2) Navier Jiles 11		
3) J'Marion Sanders 9	4) Jaivon Hill 12		
2 Chatfield	43.40	42.92	10
1) Isaac Erding 12	2) Eli Hopp 12		
3) Thad Evans 12	4) Sam Backer 12		
3 BOLD/BLH	43.59	43.17	8
1) Ryan King 12	2) Chase Hubin 11		
3) Hudson Vosika 10	4) Stevie McMath 12		
4 Rochester Lourdes	43.42	43.32	6
1) John Novak	2) Gerald Lonzo 12		
3) Caleb Akinbolu 9	4) Hudson Fix 12		
5 Staples-Motley	43.67	43.51	5
1) Austin Weite 12	2) Avandre Brandt 9		
3) Hunter Miller 12	4) Remington Converse 12		
6 Maple River	44.03	43.83	4
1) Amarus Harris 10	2) Chad Schull 11		
3) Cale Hansen 11	4) Mason Schirmer 12		
7 Park Rapids Area	44.03	43.88	3
1) Jayden Walen 9	2) Luke Hartung 12		
3) Cameron Runyan 12	4) Malachi Martin 12		
8 Holdingford	43.91	43.91	2
1) Connor Patrick 12	2) Jeffrey Hall 11		
3) Brandon Hall 10	4) Antanas Martinaitis 11		
9 Caledonia/Spring Grove	43.95	44.56	1
1) Eric Mauss 12	2) Jason Schock 11		
3) Owen Staggemeyer 10	4) Josh Beardmore 11		

**2023 Minnesota State High School League**  
**Boys and Girls Track and Field Championships**  
**St. Michael-Albertville High School - 6/8/2023 to 6/10/2023**  
**Results**

**Boys 4x200 Meter Relay Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record: C 1:28.93	2004	Hermantown, Hermantown
		D Jago, M Sumbs, N Holt, K Schmidt
MN All Time: ! 1:25.58	6/8/2019	Hopkins, Hopkins
		J Champion, W Lubarski, S Leervig, J Fahnbulleh
Nat'l H.S.: + 1:23.25	2018	Conroe The Woodlands, Conroe The Woodla
		J Lanier, D Alexander, K Carter, E Bonner
2022 Winner: 1:30.89	6/10/2022	Howard Lake-Waverly-Winsted, Howard Lak
		C Boese, L Luchsinger, M Mallak, C Jones

School	Seed	Prelims	H#
<b>Preliminaries</b>			
1 Chatfield	1:29.79	1:29.58Q	2
1) Isaac Erding 12	2) Eli Hopp 12		
3) Thad Evans 12	4) Sam Backer 12		
2 Maple River	1:31.03	1:30.29Q	1
1) Amarus Harris 10	2) Chad Schull 11		
3) Cale Hansen 11	4) Mason Schirmer 12		
3 BOLD/BLH	1:31.50	1:29.62Q	2
1) Jack Gross 10	2) Chase Hubin 11		
3) Ryan King 12	4) Stevie McMath 12		
4 St. Croix Lutheran	1:31.54	1:30.75Q	1
1) Nolan Zellmer 11	2) Nelson Weekes 9		
3) Will Olson 11	4) Maxim Sergejev 12		
5 Howard Lake-Waverly-Winsted	1:32.79	1:29.84q	2
1) Collin Boese 12	2) Lance Luchsinger 12		
3) Mitchell Mallak 12	4) Cam Jones 11		
6 Perham	1:32.45	1:30.83q	2
1) Aiden Kennedy 12	2) Noah Thompson 12		
3) Blake Swenson 10	4) Tyrus Coudron 10		
7 Jackson County Central	1:31.90	1:31.09q	2
1) Clay Malchow 10	2) Ben Dahlin 10		
3) Quinn Landherr 10	4) Gabriel Wolff 12		
8 Holdingford	1:32.69	1:31.44q	1
1) Connor Patrick 12	2) Dawson Hofer 8		
3) Brandon Hall 10	4) Antanas Martinaitis 11		
9 MACCRAY/RCW	1:31.85	1:31.54q	1
1) Javin Mungai 11	2) Nathan Wieberdink 11		
3) Brady Heiling 11	4) Sebastian Cisneros 11		
10 Caledonia/Spring Grove	1:29.86	1:31.80	1
1) Eric Mauss 12	2) Owen Staggemeyer 10		
3) Josh Beardmore 11	4) Gabe Curley 11		
11 Crosby-Ironton	1:33.17	1:31.97	1
1) Evan Rydberg 10	2) Noah Larson 11		
3) Jordan Mount 11	4) John Paul Fitzpatrick 12		
12 Concordia Academy-Roseville	1:31.49	1:32.16	2
1) Logan Swanson 10	2) Luc Swanson 12		
3) Judah Zinter 10	4) William Hugo 12		
13 Pelican Rapids	1:35.84	1:32.79	2
1) Mark Kapenga 10	2) Jack Kapenga 10		
3) Tristan Landberg 11	4) Carter Johnson 12		
14 Mesabi East	1:32.68	1:32.84	1
1) Ethan Murray 11	2) Cooper Levander 12		
3) Evan James 10	4) Noah Markfort 12		

**2023 Minnesota State High School League**  
**Boys and Girls Track and Field Championships**  
**St. Michael-Albertville High School - 6/8/2023 to 6/10/2023**  
**Results**

**....Boys 4x200 Meter Relay Class A**

15 Dilworth-Glyndon-Felton	1:33.03	1:32.88	1
1) Brody Friend 11	2) Bodey DeVries 11		
3) Joe Wilson 11	4) Jordan Summers 12		
-- Park Christian	1:33.02	DQ	2 Rule 5-10-6 (1-2)
1) Isaiah Tofibam 12	2) Luke Alderson 11		
3) Evan Knoll 12	4) Brenner Spaeth 12		

**Boys 4x200 Meter Relay Class A**

Class Record: C 1:28.93	2004	Hermantown, Hermantown
		D Jago, M Sumbs, N Holt, K Schmidt
MN All Time: ! 1:25.58	6/8/2019	Hopkins, Hopkins
		J Champion, W Lubarski, S Leervig, J Fahnbulleh
Nat'l H.S.: + 1:23.25	2018	Conroe The Woodlands, Conroe The Woodlands
		J Lanier, D Alexander, K Carter, E Bonner
2022 Winner: 1:30.89	6/10/2022	Howard Lake-Waverly-Winsted, Howard Lake-Wa
		C Boese, L Luchsinger, M Mallak, C Jones

School	Prelims	Finals	Points
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**Finals**

1 Chatfield	1:29.58	1:29.43	12
1) Isaac Erding 12	2) Eli Hopp 12		
3) Thad Evans 12	4) Sam Backer 12		
2 BOLD/BLH	1:29.62	1:29.51	10
1) Jack Gross 10	2) Chase Hubin 11		
3) Ryan King 12	4) Stevie McMath 12		
3 Maple River	1:30.29	1:30.37	8
1) Amarus Harris 10	2) Chad Schull 11		
3) Cale Hansen 11	4) Mason Schirmer 12		
4 St. Croix Lutheran	1:30.75	1:30.89	6
1) Nolan Zellmer 11	2) Nelson Weekes 9		
3) Will Olson 11	4) Josh Peterson 11		
5 Holdingford	1:31.44	1:31.59	5
1) Connor Patrick 12	2) Dawson Hofer 8		
3) Brandon Hall 10	4) Antanas Martinaitis 11		
6 Jackson County Central	1:31.09	1:31.74	4
1) Clay Malchow 10	2) Ben Dahlin 10		
3) Quinn Landherr 10	4) Gabriel Wolff 12		
7 MACCRAY/RCW	1:31.54	1:32.06	3
1) Javin Mungai 11	2) Nathan Wieberdink 11		
3) Brady Heiling 11	4) Sebastian Cisneros 11		
-- Howard Lake-Waverly-Winsted	1:29.84	DNF	
1) Collin Boese 12	2) Lance Luchsinger 12		
3) Mitchell Mallak 12	4) Cam Jones 11		
-- Perham	1:30.83	DQ	Rule 5-12-1a (
1) Aiden Kennedy 12	2) Noah Thompson 12		
3) Blake Swenson 10	4) Tyrus Coudron 10		

**2023 Minnesota State High School League  
Boys and Girls Track and Field Championships  
St. Michael-Albertville High School - 6/8/2023 to 6/10/2023  
Results**

**Boys 4x400 Meter Relay Class A****9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record: C 3:20.64	1999	St. Michael-Albertville, St. Michael-Al
		Beaudry, Glaeser, Robeck, Potter
MN All Time: ! 3:16.69	2011	Stillwater Area, Stillwater Area
		M Day, N Ricci, M Davis, N Goff
Nat'l H.S.: + 3:07.40	1985	Hawthorne, CA
		M Marsh, M Graham, S Kelly, H Thomas
2022 Winner: 3:27.69	6/10/2022	St. Cloud Cathedral, St. Cloud Cathedra
		E Kutzera, H Ebel, B Fromelt, J Eickhoff

School	Seed	Prelims	H#
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## Preliminaries

1 St. Cloud Cathedral	3:27.50	3:23.99Q	2
1) Emanuel Kutzera 12			
2) Henry Ebel 12			
3) Benjamin Fromelt 12			
4) Jacob Eickhoff 12			
2 Perham	3:27.28	3:26.73Q	1
1) Isaac Paurus 11			
2) Blake Swenson 10			
3) Micah Thompson 12			
4) Bjorn Anderson 10			
3 Mt. Lake Area - Comfrey	3:31.24	3:24.12Q	2
1) Jordan Linscheid 12			
2) Carter Olsen 11			
3) Kody Wassman 11			
4) Zach Klassen 10			
4 Cromwell-Wright	3:28.85	3:26.91Q	1
1) Roma Jacques 12			
2) Dylan Nyberg 10			
3) Liam Schoenberg 12			
4) Noah Foster 12			
5 St. John's Prep	3:26.67	3:25.33q	2
1) Henry Buehrer 11			
2) Aaron Ruesink 11			
3) Benjamin Suo 10			
4) Zach Meyer 11			
6 Howard Lake-Waverly-Winsted	3:28.34	3:27.15q	2
1) Mitchell Mallak 12			
2) Chase Deiter 12			
3) Collin Boese 12			
4) Lance Luchsinger 12			
7 Cotter	3:26.94	3:27.40q	1
1) Ezra Burros 9			
2) Elliot Fitzgerald 11			
3) Brayden Novakoski 9			
4) Luke Gardner 11			
8 Luverne	3:31.05	3:30.66q	1
1) Zachary Terrio 11			
2) Ryan Fick 11			
3) Darius Dolo 8			
4) Lucky Dara 10			
9 Dilworth-Glyndon-Felton	3:32.73	3:31.47q	2
1) Joey Molstre 12			
2) Kolton Wagner 12			
3) Brody Friend 11			
4) Joe Wilson 11			
10 Norwood-Young America	3:31.89	3:31.61	1
1) Noah Strickfaden 12			
2) Danny Padilla 12			
3) Kieran Allison 11			
4) Mitchell Druley 12			
11 St. Croix Lutheran	3:29.29	3:31.91	2
1) Josh Peterson 11			
2) Nolan Zellmer 11			
3) Tory Wollersheim 10			
4) Will Olson 11			
12 United Clay-Becker	3:32.96	3:32.18	1
1) Leif Shervey 9			
2) Noah Nelson 10			
3) Bradley Olson 12			
4) Landon Bakke 11			
13 Montevideo	3:31.82	3:33.05	1
1) Adrian Norman 11			
2) Brady Andrews 12			
3) Edan Smith 11			
4) Jacob Ochsendorf 11			
14 St. Charles	3:29.50	3:33.34	2
1) Tyson Matzke 12			
2) Jovani Iglesias 10			
3) Pedro Rojas 9			
4) Eddie Burlingame 10			

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**....Boys 4x400 Meter Relay Class A**

15 Pelican Rapids	3:31.09	3:34.47	1
1) Carter Johnson 12			
2) Anthony Checcho de Souza 11			
3) Jack Kapenga 10			
4) Charlie Larson 10			
16 Sauk Centre	3:28.68	3:36.02	1
1) Reese Blondin 12			
2) Derick Sorenson 12			
3) Nathaniel Lahr 12			
4) Brandon Kampsen 12			
17 Crosby-Ironton	3:32.35	3:45.13	2
1) Noah Larson 11			
2) Tobias Jacobson 10			
3) Joseph Ringhand 11			
4) Jordan Mount 11			
18 Minnehaha Academy	3:31.40	3:56.09	2
1) Noah Hamburge 10			
2) Charlie Hobbs 9			
3) Beckett Pilling 11			
4) Guta Temesgen 10			

**Boys 4x400 Meter Relay Class A**

Class Record: C 3:20.64	1999	St. Michael-Albertville, St. Michael-Albert
		Beaudry, Glaeser, Robeck, Potter
MN All Time: ! 3:16.69	2011	Stillwater Area, Stillwater Area
		M Day, N Ricci, M Davis, N Goff
Nat'l H.S.: + 3:07.40	1985	Hawthorne, CA
		M Marsh, M Graham, S Kelly, H Thomas
2022 Winner: 3:27.69	6/10/2022	St. Cloud Cathedral, St. Cloud Cathedral
		E Kutzera, H Ebel, B Fromelt, J Eickhoff

School	Prelims	Finals	Points
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**Finals**

1 Mt. Lake Area - Comfrey	3:24.12	3:24.22	12
1) Jordan Linscheid 12			
2) Carter Olsen 11			
3) Kody Wassman 11			
4) Zach Klassen 10			
2 St. Cloud Cathedral	3:23.99	3:24.25	10
1) Emanuel Kutzera 12			
2) Henry Ebel 12			
3) Benjamin Fromelt 12			
4) Jacob Eickhoff 12			
3 Cromwell-Wright	3:26.91	3:27.39	8
1) Roma Jacques 12			
2) Dylan Nyberg 10			
3) Liam Schoenberg 12			
4) Noah Foster 12			
4 Perham	3:26.73	3:27.82	6
1) Isaac Paurus 11			
2) Blake Swenson 10			
3) Micah Thompson 12			
4) Bjorn Anderson 10			
5 St. John's Prep	3:25.33	3:28.11	5
1) Henry Buehrer 11			
2) Aaron Ruesink 11			
3) Benjamin Suo 10			
4) Zach Meyer 11			
6 Cotter	3:27.40	3:28.36	4
1) Ezra Burros 9			
2) Elliot Fitzgerald 11			
3) Brayden Novakoski 9			
4) Luke Gardner 11			
7 Howard Lake-Waverly-Winsted	3:27.15	3:29.02	3
1) Mitchell Mallak 12			
2) Chase Deiter 12			
3) Collin Boese 12			
4) Lance Luchsinger 12			
8 Luverne	3:30.66	3:31.73	2
1) Zachary Terrio 11			
2) Ryan Fick 11			
3) Darius Dolo 8			
4) Lucky Dara 10			
9 Dilworth-Glyndon-Felton	3:31.47	3:31.92	1
1) Joey Molstre 12			
2) Kolton Wagner 12			
3) Brody Friend 11			
4) Joe Wilson 11			

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**Boys 4x800 Meter Relay Class A**

School	Seed	Finals	H#	Points
Class Record: C 7:56.21	2007	Pine Island, Pine Island		
		D Meints, M Hussein, M Lambeth, J Gabor		
MN All Time: ! 7:44.56	6/11/2016	Hopkins, Hopkins		
		H Staack, S Branson, J Henschel, S Eliason		
Nat'l H.S.: + 7:33.48	2009	Warrington Central Bucks South, PA		
		J Dickson, D Manion, M Poiesz, T Mallon		
2022 Winner: 8:07.05	6/10/2022	St. Cloud Cathedral, St. Cloud Cathed		
		T Schad, B Fromelt, M Tomczik, H Ebel		
School	Seed	Finals	H#	Points
1 St. John's Prep	8:01.71	7:58.08	2	12
1) Nick Hansen 11	2) Benjamin Suo 10			
3) Aaron Ruesink 11	4) Zach Meyer 11			
2 Minnehaha Academy	8:00.88	8:00.77	2	10
1) Liam Laddusaw 12	2) Luke Seuntjens 12			
3) Finn Christiansen 11	4) Makai Bates 10			
3 L-FC-MC	8:04.54	8:04.03	2	8
1) Isaac Snyder 11	2) Sam Springer 12			
3) Jayce Kiehne 11	4) Luke Ruen 11			
4 Luverne	8:16.96	8:04.13	1	6
1) Camden Janiszkeski 12	2) Owen Janiszkeski 10			
3) Carsen Tofteland 12	4) Ryan Fick 11			
5 Bertha-Hewitt/Verndale	8:09.01	8:05.09	2	5
1) Zane GuderJahn 11	2) Zach Baumgartner 11			
3) Brady Rach 9	4) Preston Miller 11			
6 Cromwell-Wright	8:13.82	8:06.50	1	4
1) Roma Jacques 12	2) Dylan Nyberg 10			
3) Phoenix Anderson 9	4) Noah Foster 12			
7 Perham	8:11.99	8:06.88	2	3
1) Blake Swenson 10	2) Micah Thompson 12			
3) Dylan Guck 9	4) Isaac Paurus 11			
8 Park Rapids Area	8:11.23	8:07.37	2	2
1) Noah Huot 11	2) Ephraim Bervig 10			
3) Blaine Hensel 12	4) Eli Bervig 12			
9 St. Cloud Cathedral	8:05.98	8:09.65	2	1
1) Benjamin Fromelt 12	2) Owen Anderson 11			
3) Griffen Ward 11	4) Henry Ebel 12			
10 Pine Island	8:12.64	8:12.08	2	
1) Seth Konik 10	2) Braxton Osterhaus 12			
3) Jamison Rosane 10	4) Brandt Konik 12			
11 LCWM-Nicollet	8:14.47	8:14.09	1	
1) Lucas Pietan 10	2) Charlie Gengler 9			
3) Jacob Cooper 11	4) Christian Fells 12			
12 GMLOKS	8:05.34	8:15.55	2	
1) Andrew Imm 12	2) Carter Glynn 9			
3) Tate Goergen 8	4) Garrison Hubka 12			
13 West Lutheran	8:19.58	8:16.91	1	
1) Jack Nelson 11	2) Isaiah Boerner 10			
3) Jacob Pfothenauer 10	4) Jack Hoppe 12			
14 Windom Area	8:17.68	8:18.14	1	
1) Aaden Nauman 11	2) Charlie Smith 11			
3) Thomas Green 11	4) Bryan Macario Rios 12			
15 United Clay-Becker	8:29.62	8:19.56	1	
1) Seth Torgerson 12	2) Bridger Larson 10			

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**....Boys 4x800 Meter Relay Class A**

3) Landon Bakke 11	4) Taylor Johnson 12			
16 Redwood Valley	8:26.43	8:25.60	1	
1) Austin Ourada 12	2) William Ahrens 10			
3) Kilen Cilek 10	4) Landyn Nordby 10			
17 Rushford-Peterson/Houston	8:17.25	8:28.71	1	
1) Ryan Prinsen 11	2) Tyler Betthausen 11			
3) Matthew Sprague 10	4) Dalton Hoel 12			
18 Esko	8:30.72	8:30.90	1	
1) Spencer Hipp 11	2) Jacob Randa 11			
3) Alec Halvorson 10	4) Benjamin Meysembourg 12			
19 Trinity/Unity*	8:19.84	8:33.08	1	
1) Azariah Wohler 12	2) Hosea Wohler 11			
3) Micah Gregory 10	4) David Gregory 12			
-- Mt. Lake Area - Comfrey	8:07.37	DQ	2	Rule 4-6-5a
1) Carter Olsen 11	2) Ethan Schroeder 10			
3) Zach Klassen 10	4) Kody Wassman 11			

**Boys High Jump Class A**

Starting Height 5' 8"

Up by 2" until 9 athletes remain then up by 1"

Class Record: C	6-10	1981	Ken Larson, Fulda
Class Record: C	6-10	2019	Yahya Madar, Mounds Park Academy
MN All Time: !	7-01	1973	Rod Raver, Rochester John Marshall
Nat'l H.S.: +	7-06	2017	Vernon Turner, Yukon, OK
2022 Winner:	6-05	6/10/2022	Jory Peters, MPLS North Commu

Name	Year	School	Seed	Finals	Points
1 Tysen Grinde	12	Caledonia/Sp	6-04.00	6-06.00	12
2 Maxim Sergeyeve	12	St. Croix Lutheran	6-05.00	6-05.00	10
3 Gerald Melin	12	Red Lake County	6-02.00	6-04.00	8
4 Trevor Gray	12	Canby/Minneota	6-05.00	6-04.00	5
4 Collin Klassen	12	Zumbrota-Mazeppa	6-02.00	6-04.00	5
4 Sam Snitker	11	GMLOKS	6-02.00	6-04.00	5
7 Brayson Boike	10	Lac qui Parl	6-04.00	6-02.00	2.50
7 Grant Busker	11	SWMCH-EHS	6-02.00	6-02.00	2.50
9 Mason Schirmer	12	Maple River	6-02.00	6-02.00	1
10 Charlie Thompson	12	Chisholm	6-00.00	6-02.00	
11 Lyrik Haug	11	Wadena-Deer Creek	6-04.00	6-02.00	
12 Isaac Jacobson	9	Park Christian	6-02.00	6-00.00	
12 Ryan Kronbach	11	Janesville-W	6-00.00	6-00.00	
12 Jacob Kunkel	11	Breckenridge	6-02.00	6-00.00	
15 Hunter Miller	12	Staples-Motley	6-04.00	6-00.00	
16 Roman Mihailovschi	12	West Central Area	6-02.00	6-00.00	
17 Braedyn Male	11	Esko	6-00.00	6-00.00	
17 Luc Swanson	12	Concordia Ac	5-11.00	6-00.00	
19 Ramsey Keranen	10	East Central	6-00.00	6-00.00	
19 Pierce Petersohn	9	Triton	6-02.00	6-00.00	
21 Nathan Zielinski	12	East Central	6-02.00	5-10.00	
22 Ethan Stendel	10	Caledonia/Sp	6-02.00	5-08.00	



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**Boys Pole Vault Class A**

Starting Height 11' 0"						
Up by 6" until 9 athletes remain then up by 3"						
Class Record: C 16-00 6/9/2022 Jarod White, Pine Island						
MN All Time: ! 16-00 6/9/2022 Jarod White, Pine Island						
Nat'l H.S.: + 19-05.50 2018 Armand Duplantis, Lafayette, LA						
2022 Winner: 16-00 6/9/2022 Jarod White, Pine Island						
Name	Year	School	Seed	Finals	Points	
1	DJ Rock	12 Luverne	14-01.50	14-00.00	12	
2	Braden Nelson	11 Montevideo	14-01.50	13-09.00	10	
3	Tyson Mortimer	12 West Marshall	12-11.00	13-06.00	8	
4	Joe Wilson	11 Dilworth-Gly	12-05.00	13-03.00	6	
5	Brady Crabtree	11 Frazee	12-11.00	13-00.00	5	
6	Nicklaus Wimmer	8 Concordia Ac	11-06.00	12-09.00	3	
6	Jackson Thompson	12 Moose Lake/W	13-00.00	12-09.00	3	
6	Quinn Landherr	10 Jackson Coun	12-11.00	12-09.00	3	
9	John Paul Fitzpatrick	12 Crosby-Ironton	12-00.00	12-06.00	1	
10	Sam Knox	12 Pine Island	14-00.00	12-00.00		
11	Parker Storhoff	12 L-FC-MC	12-11.00	12-00.00		
12	Porter Matheson	11 Howard Lake-Wave	11-11.00	11-06.00		
13	Aiden Lorenzen	11 Heron Lake-O	12-05.00	11-06.00		
14	Aidan Welsh	11 St. Croix Prepar	11-06.00	11-06.00		
15	Blake Fleege	11 St. Cloud Cathedral	11-11.00	11-06.00		
16	Treyvon Benson	10 Pelican Rapids	12-08.00	11-00.00		

**Boys Long Jump Class A**

Top 9 to Finals							
Class Record: C 23-10.25 1982 John Bodine, Barnsville							
MN All Time: ! 24-09.25 1982 Von Shepard, St. Paul Central							
Nat'l H.S.: + 26-04.75 1989 James Stallworth, Tulare, CA							
2022 Winner: 21-05.75 6/10/2022 Makoi Perich, Esko							
Name	Year	School	Seed	Finals	Wind H#	Points	
1	Tate Nelson	10 Two Harbors	21-02.50	22-05.75	0.1 1	12	
2	Brayson Boike	10 Lac qui Parl	21-09.75	22-03.25	0.1 2	10	
3	Jordan Mount	11 Crosby-Ironton	21-08.50	22-00.75	0.4 2	8	
4	Ryan King	12 BOLD/BLH	22-06.00	21-11.50	0.4 2	6	
5	Josh Beardmore	11 Caledonia/Sp	21-09.25	21-09.75	0.1 2	5	
6	Lance Luchsinger	12 Howard Lake-Wave	21-04.50	21-08.00	1.0 2	4	
7	Gavin Hockstedler	12 BGMR/Freeze	21-03.75	21-06.50	0.1 2	3	
8	Joseph Guthrie	11 Upsala/Swanville	21-02.75	21-01.25	1.2 1	2	
9	Eli Anderson	12 NLA/LILA	21-03.75	20-10.75	1.1 2	1	
10	Liam Collins	11 BGMR/Freeze	21-11.50	20-10.50	0.5 2		
11	Michael Goodman	12 Pine Island	21-08.00	20-09.75	0.9 2		
12	Mason Dalluge	11 Ottertail Central	20-11.00	20-09.00	1.1 1		
13	Anthony Sletta	12 St. James Area	20-04.00	20-08.75	1.9 1		
14	Gavin Firchau	12 St. James Area	20-08.50	20-06.75	1.2 1		
15	Stewart Jones	12 Osakis	20-11.00	20-00.75	1.1 1		
16	Bradley Olson	12 United Clay-Becker	21-03.50	19-11.00	1.1 1		
17	Brenner Spaeth	12 Park Christian	21-02.25	19-08.75	1.3 1		
18	Natavon Nix	8 Minnehaha Academy	20-07.00	19-08.00	1.1 1		

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**Boys Triple Jump Class A**

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Top 9 to Finals  
Class Record: C 48-08.50 1987 Ed Hegland, Appleton/Milan  
MN All Time: ! 49-05.50 2010 Michael Sandle, Eden Prairie  
Nat'l H.S.: + 52-10.50 1980 Charles Mayfield, Pasadena Muir, HS  
2022 Winner: 44-01.75 6/9/2022 Andrew Berg, Ogilvie

Name	Year	School	Seed	Finals	Wind	H#	Points
1 Peda Zeba	12	Adrian/Ellsworth	44-02.75	44-06.00	0.2	2	12
2 Brayson Boike	10	Lac qui Parl	43-05.75	43-07.50	-0.5	2	10
3 Jordan Mount	11	Crosby-Ironton	41-06.25	43-02.25	0.3	1	8
4 Michael Goodman	12	Pine Island	43-05.00	42-06.25	0.6	2	6
5 Christopher Hilton	10	St. Charles	41-06.75	42-02.25	0.7	1	5
6 Lance Luchsinger	12	Howard Lake-Wave	42-00.75	42-01.00	0.6	1	4
7 Natavon Nix	8	Minnehaha Academy	42-01.00	42-00.25	1.2	1	3
8 Cale Hansen	11	Maple River	42-08.00	42-00.00	-0.7	2	2
9 Bradley Olson	12	United Clay-Becker	41-10.00	41-08.25	+0.0	1	1
10 Gavin Firchau	12	St. James Area	42-09.50	41-03.25	+0.0	2	
11 Griffin Paulsen	12	St. Croix Lutheran	42-01.25	40-10.25	0.6	1	
12 James Vannurden	12	Royalton	42-06.50	40-08.75	-0.5	2	
13 Isaiah Tofibam	12	Park Christian	40-08.00	40-07.50	0.7	1	
14 Joseph Nedoroscik	12	Browerville	44-01.50	40-01.75	0.9	2	
15 Mason Boyd	12	Aitkin	41-05.00	39-10.00	0.5	1	
16 Sawyer Ferdon	10	Staples-Motley	42-07.00	38-03.00	-0.1	2	

**Boys Shot Put Class A**

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Top 9 to Finals  
Class Record: C 62-08 1996 Tim Senjem, Hayfield  
MN All Time: ! 65-04.25 2012 Thomas Anderson, Andover  
Nat'l H.S.: + 77-00 1979 Michael Carter, Dallas Jefferson, TX  
2022 Winner: 57-03 6/9/2022 Tony Nelson, Tracy-Milroy

Name	Year	School	Seed	Finals	H#	Points
1 Francis O'Malley	11	Montevideo	57-07.50	57-06.00	2	12
2 Luke Hartung	12	Park Rapids Area	49-07.50	51-11.25	2	10
3 Trent Page	11	Minnehaha Academy	50-00.50	51-04.50	2	8
4 Hunter Kallstrom	11	Benson/KMS	49-04.50	51-04.00	2	6
5 Wyatt Hudspith	12	Esko	49-11.25	51-03.25	2	5
6 Garrett Bonow	11	Lewiston-Altura	50-07.00	50-11.75	2	4
7 Alex Johnson	11	G-F-W	45-10.00	50-10.50	1	3
8 Ian Oberfeld	12	Pierz	48-09.50	49-04.75	1	2
9 Caleb Vancura	12	Jackson Coun	47-00.00	48-09.00	1	1
10 Samuel Gruenes	12	Concordia Ac	49-03.00	48-04.00	2	
11 Treston Nichols	11	BGMR/Freeze	49-02.00	48-01.25	2	
12 Justin Jacobson	11	Pelican Rapids	43-09.00	47-11.00	1	
13 JP Mesojedec	12	Moose Lake/W	48-03.75	47-05.25	1	
14 Marcel Richey	12	Hinckley-Finlayson	48-07.25	46-11.75	1	
15 McCarter Kirksey	12	Osakis	45-09.00	45-07.00	1	
16 Austin Sisell	12	Pine Island	47-03.50	44-04.50	1	

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**Boys Shot Put Wheelchair Class A**

Top 9 to Finals						
Class Record: C 21-11.50		2019	Luke Johnston, Medford			
MN All Time: ! 22-04.75		2016	Jonathan Laing, Lakeville North			
2022 Winner: 12-02.25		6/9/2022	Toby Hagen, River Valley			
Name	Year	School	Seed	Finals	Points	
1 Lucas Taylor	11	Lakeview	19-05.25	22-09.25!	1	Cat 2
1 Terrek Jenniges	9	Lakeview	11-09.75	13-07.75	1	Cat 1
2 Toby Hagen	10	River Valley	12-01.00	12-02.25	0.50	Cat 2
3 James Hagen	12	River Valley	10-05.00	9-10.00		Cat 2

**Boys Discus Throw Class A**

Top 9 to Finals						
Class Record: C 192-07		1987	Mike Yonkey, Wells-Easton			
MN All Time: ! 196-02		2022	Hayden Bills, Rosemount			
Nat'l H.S.: + 236-06		2009	Mason Finley, Buena Vista, CO			
2022 Winner: 191-00		6/10/2022	Ethan Fischer, Maple River			
Name	Year	School	Seed	Finals	H#	Points
1 Luke Hartung	12	Park Rapids Area	157-03	168-05	2	12
2 Francis O'Malley	11	Montevideo	160-09	164-01	2	10
3 Justin Jacobson	11	Pelican Rapids	160-11	161-05	2	8
4 Wyatt Hudspith	12	Esko	141-05	154-06	1	6
5 Cole Bentley	12	NCE/UH	152-06	153-03	2	5
6 Nathan Wieberdink	11	MACCRAY/RCW	151-06	151-05	2	4
7 Lucas Hanna	12	New Richland-H-E-G	143-07	151-00	2	3
8 Caleb Vancura	12	Jackson Coun	150-10	143-03	2	2
9 Lucas Nikoloski	11	L-FC-MC	142-03	141-06	2	1
10 Adrian Baker	12	Concordia Ac	136-01	140-08	1	
11 Jordan Tornstrom	11	Caledonia/Sp	141-11	140-02	1	
12 Corey McCoy	12	Sauk Centre	129-07	133-10	1	
13 Nicholas Guthrie	10	Upsala/Swanville	139-00	130-02	1	
14 Benjamin Nyreen	11	West Central Area	124-07	121-08	1	
15 Samuel Gruenes	12	Concordia Ac	129-10	116-06	1	
16 Braden Skifstad	12	International Falls	130-07	112-08	1	

**Boys Discus Throw Wheelchair Class A**

Top 9 to Finals						
Class Record: C 50-04		2019	Luke Johnston, Medford			
MN All Time: ! 58-08		2012	Mark Braun, Irondale			
2022 Winner: 46-09		6/10/2022	Aidan Gravelle, Mankato Loyo			
Name	Year	School	Seed	Finals	Points	
1 Lucas Taylor	11	Lakeview	62-07	52-05C	1	Cat 2
1 Tyler Gunnarson	10	St. Charles	45-02	49-06	1	Cat 1
2 Terrek Jenniges	9	Lakeview	37-11	38-02		Cat 1
2 Toby Hagen	10	River Valley	31-01	31-05		Cat 2

## Women - Class A - Team Rankings - 18 Events Scored

1) Eden Valley-Watkins/Kimbal	70	2) Minnehaha Academy	49
3) Perham	46	4) Luverne	45

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**....Boys Discus Throw Wheelchair Class A**

5) GMLOKS	43	6) Two Harbors	33
7) Park Rapids Area	32	8) Murray County Central	30
9) Nevis	27	10) Zumbrota-Mazeppa	25
11) Legacy Christian Academy	24	12) Staples-Motley	23
13) Dover-Eyota	22	13) Trinity/Unity*	22
13) Math & Science Academy	22	13) Osakis	22
17) Lester Prairie	18	17) St. Cloud Cathedral	18
17) Chatfield	18	20) Concordia Academy-Rosevil	16
20) Pierz	16	20) Rochester Lourdes	16
20) Blooming Prairie	16	24) Hills-Beaver Creek	13
25) Rushford-Peterson/Houston	12	25) West Marshall	12
25) Montevideo	12	28) Bagley/Fosston	11.50
29) Minnewaska Area	11	30) International Falls	10
30) Fertile-Beltrami	10	30) Medford	10
33) Dilworth-Glyndon-Felton	9	34) South Ridge/Cherry/North	8
34) Redwood Valley	8	36) Howard Lake-Waverly-Winst	7
37) Frazee	6	37) East Central	6
37) Kenyon-Wanamingo-Goodhue*	6	37) Lake City	6
37) River Valley	6	42) Benson/KMS	5.50
43) Triton	5	43) Blue Earth Area	5
43) La Crescent-Hokah	5	43) Cotter	5
43) Ortonville	5	43) Maple River	5
43) Royalton	5	43) Pillager	5
43) Braham	5	52) NLA/LILA	4
52) RACE	4	52) St. John's Prep	4
52) Park Christian	4	52) Greenway/Nashwauk/Keewati	4
52) Barnesville	4	58) Central Minnesota Christi	3
58) Pelican Rapids	3	58) Canby/Minneota	3
58) New York Mills	3	58) Paynesville	3
63) Windom Area	2	63) Jackson County Central	2
63) Wadena-Deer Creek	2	63) Pine Island	2
67) L-FC-MC	1	67) Ottertail Central	1
67) Morris Area/Chokio-Alberta	1	67) St. Clair/Immanuel Luther	1

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Women - Class AA - Team Rankings - 5 Events Scored

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1) Rocori	19	2) Cloquet	14.50
3) Hutchinson	12	3) Detroit Lakes	12
3) Sauk Rapids-Rice	12	6) Holy Family Catholic	10
6) Rockford	10	6) Princeton	10
6) Albany	10	10) St. Paul Academy & Summit	8
10) Plainview-Elgin-Millville	8	10) Marshall	8
10) Bloomington Kennedy	8	14) Alexandria	6
14) Benilde-St Margaret's	6	14) Mankato East	6
14) Willmar	6	14) Winona	6
14) Chisago Lakes	6	20) St. Anthony Village	4.50
21) St. Francis	4	21) Mahtomedi	4
21) Litchfield	4	24) Monticello	3
25) Mankato West	2	25) Waseca	2
27) St. Cloud Tech	1	27) Big Lake	1
27) New Prague	1	27) New London-Spicer	1

**2023 Minnesota State High School League**  
**Boys and Girls Track and Field Championships**  
**St. Michael-Albertville High School - 6/8/2023 to 6/10/2023**  
**Results**

**....Boys Discus Throw Wheelchair Class A**

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Women - Class AAA - Team Rankings - 4 Events Scored

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1) Wayzata	26	2) Shakopee	24
3) Rosemount	18	4) Mounds View	13
5) Rochester Century	12	6) Eagan	11
7) Stillwater Area	9	8) East Ridge	8
8) Bemidji	8	10) Edina	7
10) Minnetonka	7	12) Rogers	6
12) Hopkins	6	12) Roseville Area	6
12) Prior Lake	6	16) Minneapolis Washburn	5
16) Andover	5	16) Forest Lake	5
19) St. Paul Central	4	19) Brainerd	4
21) Farmington	3	21) Elk River	3
23) Robbinsdale Armstrong	2	23) Chanhassen	2
23) Blaine	2	26) Spring Lake Park	1
26) Bloomington Jefferson	1		

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Men - Class A - Team Rankings - 23 Events Scored

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1) St. Croix Lutheran	41	2) Two Harbors	35
3) Perham	34	4) Montevideo	33
5) Chatfield	32	6) Park Rapids Area	31
7) St. Charles	29	7) Zumbrota-Mazeppa	29
9) Howard Lake-Waverly-Winste	28	9) St. John's Prep	28
11) Minnehaha Academy	26	12) Nova Classical Academy	25
12) Minneapolis North Communit	25	12) Cromwell-Wright	25
15) BOLD/BLH	24	15) Sauk Centre	24
15) Luverne	24	18) Lac qui Parle Valley/Daws	22.50
19) Maple River	22	20) Mt. Lake Area - Comfrey	19
21) Caledonia/Spring Grove	18	22) Crosby-Ironton	17
22) L-FC-MC	17	24) Pierz	16
24) Pipestone Area	16	26) Nevis	15
27) Cotter	14	28) Pelican Rapids	13
28) Lakeview	13	30) Adrian/Ellsworth	12
30) St. Cloud Cathedral	12	32) Esko	11
32) Bertha-Hewitt/Verndale	11	32) Barnesville	11
35) Jackson County Central	10	35) Staples-Motley	10
37) Pine Island	9	38) Redwood Valley	8
38) GMLOKS	8	38) West Marshall	8
38) Red Lake County	8	42) Dilworth-Glyndon-Felton	7
42) MACCRAY/RCW	7	42) Holdingford	7
42) New Richland-H-E-G	7	46) Benson/KMS	6
46) Northwest Nighthawks	6	46) Rochester Lourdes	6
49) Rushford-Peterson/Houston	5	49) NCE/UH	5
49) Frazee	5	49) Canby/Minneota	5
53) Lewiston-Altura	4	53) Deer River/Northland	4
53) Osakis	4	56) G-F-W	3
56) BGMR/Freeze	3	56) Rush City	3
56) Minnewaska Area	3	56) Concordia Academy-Rosevil	3
56) Moose Lake/Willow River	3	62) SWMCH-EHS	2.50
63) Mounds Park Academy	2	63) M/T/GHEC/ML	2
63) Upsala/Swanville	2	63) Mankato Loyola/Cleveland	2
67) River Valley	1.50	68) NLA/LILA	1

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**Results**

**....Boys Discus Throw Wheelchair Class A**

68) United Clay-Becker 1

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 Men - Class AA - Team Rankings - 5 Events Scored  
 =====

1) Stewartville	22	2) Fergus Falls	18
3) Rockford	17	4) Becker	12
4) Worthington	12	4) Belle Plaine	12
7) Mound-Westonka	10	7) Fridley	10
7) Annandale	10	10) Foley	8
10) Breck School	8	10) Rocori	8
13) Pequot Lakes	6	13) Litchfield	6
13) Cloquet	6	16) Fairmont	5
16) Blake School (The)	5	16) Monticello	5
19) Mahtomedi	4	19) Plainview-Elgin-Millville	4
21) St. Cloud Tech	3	21) Totino-Grace	3
21) Grand Rapids	3	24) Mankato West	2
25) Chisago Lakes	1.50	25) Faribault	1.50
27) Winona	1	27) Kasson-Mantorville	1
27) Proctor	1		

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 Men - Class AAA - Team Rankings - 5 Events Scored  
 =====

1) Rosemount	18	2) Stillwater Area	15
3) Robbinsdale Armstrong	12	3) Rochester Century	12
3) Eden Prairie	12	6) Chaska	11
7) Minneapolis Washburn	10	7) Brainerd	10
7) Park	10	10) Blaine	9
11) Mounds View	8	11) Minneapolis Southwest	8
11) Cambridge-Isanti	8	14) Minnetonka	6
14) St. Paul Central	6	14) Irondale	6
14) Woodbury	6	14) Roseville Area	6
19) Rochester Mayo	5	19) Anoka	5
19) East Ridge	5	22) Prior Lake	4
22) Wayzata	4	22) Edina	4
25) Bloomington Jefferson	3	26) Hopkins	2