



# 2022-2023 MINNESOTA STATE HIGH SCHOOL LEAGUE

## Track and Field State Meet

### Starting Heights for High Jump and Pole Vault

High Jump - Bar increments 2" until nine remain then 1" increments. Five alive procedure will be used.

Pole Vault - Bar increments 6" until nine remain then 3" increments. Five alive procedure will be used.

Starting Heights will be as follows:

Class A High Jump		
Boys	High Jump	5' 8"
Girls	High Jump	4' 8"
Class AA High Jump		
Boys	High Jump	5' 8"
Girls	High Jump	4' 8"
Class AAA High Jump		
Boys	High Jump	5' 10"
Girls	High Jump	4' 8"

Class A Pole Vault		
Boys	Pole Vault	11' 0"
Girls	Pole Vault	8' 6"
Class AA Pole Vault		
Boys	Pole Vault	10' 0"
Girls	Pole Vault	8' 6"
Class AAA Pole Vault		
Boys	Pole Vault	11' 6"
Girls	Pole Vault	9' 6"