

## **Every team has a Most Valuable Teammate!**

## Now is the time to honor these student leaders.

The Minnesota State High School League is excited to sponsor a weekly award program—The Most Valuable Teammate (MVT) Award—for students in 11<sup>th</sup> and 12<sup>th</sup> grade who are GREAT TEAMMATES. These students will be recognized weekly on the League's social media platforms throughout the year beginning in September. We're counting on YOU to help us recognize student leaders in your school who are contributing to your team in more ways than one!

## **Characteristics of a Valuable Teammate:**

- Positive influence on their team—putting the team before self
- Exemplify leadership and sportsmanship
- Respectful, reliable and supportive of others

**Call to Action**. We're calling on activity directors and all athletic coaches and directors of speech, debate, music, and drama to nominate students in 11<sup>th</sup> and 12<sup>th</sup> grade who exemplify the qualities of a great teammate. Student nominations will be accepted throughout the year, during every season of play. This award is for athletes and fine arts participants. Students who participate in League-sponsored adapted athletics are also eligible for this award.

**Announcement of MVT**. Every week, the League will announce the MVT via social media—Facebook, Twitter, and Instagram. These students will receive an MVT certificate, and they will be recognized in a special scoreboard feature during the football, basketball and baseball state tournaments.

**Nominations**. Nominations may be completed by coaches or school Activities Directors. Activities Directors must email nominations to John Millea at <a href="mailto:jmillea@mshsl.org">jmillea@mshsl.org</a> Nominations should include the student's name, grade, school and the activity in which the student participates. You must also submit a school or graduation photo of the student along with a brief explanation (*three or four sentences*) describing why the student deserves the MVT Award.

The Minnesota State High School League is excited to present this award to students in 11<sup>th</sup> and 12<sup>th</sup> grade who are the backbones of our activity programs. We appreciate your support and look forward to receiving your Most Valuable Teammate nominee soon.