

2023

MSHSL

MINNESOTA STATE HIGH SCHOOL LEAGUE

★★★★ BOYS AND GIRLS ★★★★★

TRACK AND FIELD

STATE

MEET

St. Michael-Albertville High School

June 8-10, 2023

WELLS
FARGO



WELCOME

to the **CELEBRATION** of **CHAMPIONS**



Welcome to the 2022-2023 Minnesota State High School League State Tournament!

We are proud to host one of the premier high school state tournaments in the country. The support of students, parents and community makes these events remarkable for the state of Minnesota. The students participating in this tournament exemplify what we, at the League, want for our students: well-rounded, young adults who achieve success in the classroom and participate in activities beyond the school day.

We recognize the vital importance that participation in extra-curricular and co-curricular activities play in creating a positive high school experience. The vast offerings in athletics, fine arts, and activities are all part of what makes our more than 500 member schools amazing academic institutions.

We believe the high expectations we maintain for our students are essential to creating successful tournaments and lifelong memories for all participants. The same expectations apply to our coaches, parents, fans and officials. We expect all individuals to demonstrate respect and good sportsmanship when they attend all tournament contests. Our school communities continually rise to these expectations creating a strong tradition of excellence at our state tournaments.

Thank you for your support and enjoy the tournament!

Troy Stein, President
MSHSL Board of Directors

MISSION STATEMENT

The Minnesota State High School League is a non-profit, voluntary association of public and private schools with a history of service to Minnesota youth since 1916. Its mission is to provide educational opportunities through interscholastic athletic and fine arts programs for students and leadership and support for member schools.

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Welcome to today's meet.

Congratulations to the students and coaches for the dedication and achievements that brought them to this Minnesota State High School League meet.

Thanks to the families, friends and fans who provided the support that led the teams here today.

Welcome and enjoy the competition!

The Minnesota State High School League is proud to have Wells Fargo as their premier corporate sponsor.



SCHEDULE Thursday, June 8

SESSION 1 – CLASS AAA

PRELIMS - 9:00 a.m.

Race Time	RUNNING EVENTS	Page
8:55 a.m.	Anthem	
9:00 a.m.	Girls 3200 Meter Run (FINALS)	10
9:14 a.m.	Boys 3200 Meter Run (FINALS)	10
9:30 a.m.	Girls 100 Meter High Hurdles (33")	11
9:42 a.m.	Boys 110 Meter High Hurdles	11
9:53 a.m.	Girls 100 Meter Dash	12
10:00 a.m.	Boys 100 Meter Dash	13
10:20 a.m.	Girls 4x200 Meter Relay	14
10:34 a.m.	Boys 4x200 Meter Relay	14
10:47 a.m.	Girls 4x100 Meter Relay	15
11:05 a.m.	Boys 4x100 Meter Relay	15
11:20 a.m.	Girls 400 Meter Dash	16
11:27 a.m.	Boys 400 Meter Dash	16
11:37 a.m.	Girls 300 Meter Hurdles	17
11:47 a.m.	Boys 300 Meter Intermediate Hurdles	17
11:57 a.m.	Girls 800 Meter Run	18
12:05 p.m.	Boys 800 Meter Run	19
12:17 p.m.	Girls 200 Meter Dash	20
12:25 p.m.	Boys 200 Meter Dash	21
12:46 p.m.	Girls 4x400 Meter Relay	22
1:00 p.m.	Boys 4x400 Meter Relay	22

FINALS - 9:00 a.m.

Event Time	FIELD EVENTS	Page
9:00 a.m.	Girls Long Jump	27
9:00 a.m.	Boys Triple Jump	27
9:00 a.m.	Boys Pole Vault	28
9:00 a.m.	Girls High Jump	28
9:00 a.m.	Boys Shot Put Wheelchair	29
9:00 a.m.	Boys Shot Put	29
10:15 a.m.	Girls Discus	30

SESSION 2 – CLASS A

PRELIMS - *3:30 p.m.

Race Time	RUNNING EVENTS	Page
3:25 p.m.	Anthem	
3:30 p.m.	Girls 100 Meter High Hurdles (33")	65
3:42 p.m.	Boys 110 Meter High Hurdles	65
3:53 p.m.	Girls 100 Meter Dash	66
4:00 p.m.	Boys 100 Meter Dash	67
4:23 p.m.	Girls 4x200 Meter Relay	68
4:34 p.m.	Boys 4x200 Meter Relay	68
4:48 p.m.	Girls 4x100 Meter Relay	69
5:03 p.m.	Boys 4x100 Meter Relay	69
5:10 p.m.	Girls 400 Meter Dash	70
5:16 p.m.	Boys 400 Meter Dash	70
5:26 p.m.	Girls 300 Meter Hurdles	71
5:36 p.m.	Boys 300 Meter Intermediate Hurdles	71
5:46 p.m.	Girls 800 Meter Run	72
5:54 p.m.	Boys 800 Meter Run	73
6:06 p.m.	Girls 200 Meter Dash	74
6:14 p.m.	Boys 200 Meter Dash	75
6:26 p.m.	Girls 3200 Meter Run (FINALS)	76
6:41 p.m.	Boys 3200 Meter Run (FINALS)	76
6:56 p.m.	Girls 4x400 Meter Relay	77
7:11 p.m.	Boys 4x400 Meter Relay	77

FINALS - *3:30 p.m.

Event Time	FIELD EVENTS	Page
3:30 p.m.	Girls Long Jump	81
3:30 p.m.	Boys Triple Jump	81
3:30 p.m.	Boys Pole Vault	82
3:30 p.m.	Girls High Jump	82
3:30 p.m.	Boys Shot Put Wheelchair	83
3:30 p.m.	Boys Shot Put	83
4:45 p.m.	Girls Discus	84

**No sooner than 3:30 p.m. and possibly later based on the AAA meet.*

SCHEDULE Friday, June 9

SESSION 3 – CLASS AA

PRELIMS - 9:00 a.m.

Race Time	RUNNING EVENTS	Page
8:55 a.m.	Anthem	
9:00 a.m.	Girls 3200 Meter Run (FINALS)	38
9:14 a.m.	Boys 3200 Meter Run (FINALS)	38
9:30 a.m.	Girls 100 Meter High Hurdles (33")	39
9:42 a.m.	Boys 110 Meter High Hurdles	39
9:56 a.m.	Girls 100 Meter Dash	40
10:03 a.m.	Boys 100 Meter Dash	41
10:23 a.m.	Girls 4x200 Meter Relay	42
10:37 a.m.	Boys 4x200 Meter Relay	42
11:00 a.m.	Girls 4x100 Meter Relay	43
11:13 a.m.	Boys 4x100 Meter Relay	43
11:28 a.m.	Girls 400 Meter Dash	44
11:35 a.m.	Boys 400 Meter Dash	44
11:45 a.m.	Girls 300 Meter Hurdles	45
11:55 a.m.	Boys 300 Meter Intermediate Hurdles	45
12:05 p.m.	Girls 800 Meter Run	46
12:13 p.m.	Boys 800 Meter Run	47
12:25 p.m.	Girls 200 Meter Dash	48
12:33 p.m.	Boys 200 Meter Dash	49
12:57 p.m.	Girls 4x400 Meter Relay	50
1:11 p.m.	Boys 4x400 Meter Relay	50

FINALS - 9:00 a.m.

Event Time	FIELD EVENTS	Page
9:00 a.m.	Girls Long Jump	54
9:00 a.m.	Boys Triple Jump	54
9:00 a.m.	Boys Pole Vault	55
9:00 a.m.	Girls High Jump	55
9:00 a.m.	Boys Shot Put Wheelchair	56
9:00 a.m.	Boys Shot Put	56
10:15 a.m.	Girls Discus Wheelchair Division	57
10:15 a.m.	Girls Discus	57

SESSION 4 – CLASS A

FINALS - *3:30 p.m.

Race Time	RUNNING EVENTS	Page
3:25 p.m.	Anthem	
3:30 p.m.	Girls 4x800 Meter Run	78
4:00 p.m.	Boys 4x800 Meter Run	78
4:30 p.m.	Girls 100 Meter High Hurdles (33")	65
4:38 p.m.	Boys 110 Meter High Hurdles	65
4:43 p.m.	Girls 100 Meter Dash	66
4:48 p.m.	Boys 100 Meter Dash	67
4:51 p.m.	Boys 100 Meter Wheelchair	67
5:04 p.m.	Girls 4x200 Meter Relay	68
5:12 p.m.	Boys 4x200 Meter Relay	68
5:21 p.m.	Girls 1600 Meter Run	79
5:31 p.m.	Boys 1600 Meter Run	79
5:44 p.m.	Girls 4x100 Meter Relay	69
5:54 p.m.	Boys 4x100 Meter Relay	69
6:00 p.m.	Girls 400 Meter Dash	70
6:06 p.m.	Boys 400 Meter Dash	70
6:15 p.m.	Girls 300 Meter Hurdles	71
6:24 p.m.	Boys 300 Meter Intermediate Hurdles	71
6:29 p.m.	Girls 800 Meter Run	72
6:34 p.m.	Boys 800 Meter Run	73
6:39 p.m.	Boys 800 Meter Wheelchair	73
6:46 p.m.	Girls 200 Meter Dash	74
6:51 p.m.	Boys 200 Meter Dash	75
6:54 p.m.	Boys 200 Meter Wheelchair	75
7:04 p.m.	Girls 4x400 Meter Relay	77
7:13 p.m.	Boys 4x400 Meter Relay	77

Class A Team Awards

FINALS - *3:30 p.m.

Event Time	FIELD EVENTS	Page
3:30 p.m.	Boys Long Jump	85
3:30 p.m.	Girls Triple Jump	85
3:30 p.m.	Girls Pole Vault	86
3:30 p.m.	Boys High Jump	87
3:30 p.m.	Girls Shot Put	88
4:45 p.m.	Boys Discus	89
4:45 p.m.	Boys Discus Wheelchair Division	89

No sooner than 3:30 p.m. and possibly later based on the AA meet.

SCHEDULE Saturday, June 10

SESSION 5 – CLASS AA

FINALS - 9:00 a.m.

Race Time	RUNNING EVENTS	Page
8:55 a.m.	Anthem	
9:00 a.m.	Girls 4x800 Meter Run	51
9:24 a.m.	Boys 4x800 Meter Run	51
9:54 a.m.	Girls 100 Meter High Hurdles (33")	39
10:02 a.m.	Boys 110 Meter High Hurdles	39
10:10 a.m.	Girls 100 Meter Dash	40
10:13 a.m.	Girls 100 Meter Wheelchair	40
10:16 a.m.	Boys 100 Meter Dash	41
10:19 a.m.	Boys 100 Meter Wheelchair	41
10:27 a.m.	Girls 4x200 Meter Relay	42
10:37 a.m.	Boys 4x200 Meter Relay	42
10:46 a.m.	Girls 1600 Meter Run	52
10:56 a.m.	Boys 1600 Meter Run	52
11:08 a.m.	Girls 4x100 Meter Relay	43
11:17 a.m.	Boys 4x100 Meter Relay	43
11:22 a.m.	Girls 400 Meter Dash	44
11:30 a.m.	Boys 400 Meter Dash	44
11:39 a.m.	Girls 300 Meter Hurdles	45
11:47 a.m.	Boys 300 Meter Intermediate Hurdles	45
11:55 a.m.	Girls 800 Meter Run	46
12:00 p.m.	Girls 800 Meter Wheelchair	46
12:05 a.m.	Boys 800 Meter Run	47
12:10 p.m.	Boys 800 Meter Wheelchair	47
12:15 p.m.	Girls 200 Meter Dash	48
12:18 p.m.	Girls 200 Meter Wheelchair	48
12:21 a.m.	Boys 200 Meter Dash	49
12:24 p.m.	Boys 200 Meter Wheelchair	49
12:36 p.m.	Girls 4x400 Meter Relay	50
12:44 p.m.	Boys 4x400 Meter Relay	50

Class AA Team Awards

FINALS - 9:00 a.m.

Event Time	FIELD EVENTS	Page
9:00 a.m.	Boys Long Jump	58
9:00 a.m.	Girls Triple Jump	58
9:00 a.m.	Girls Pole Vault	59
9:00 a.m.	Boys High Jump	59
9:00 a.m.	Girls Shot Put Wheelchair Division	60
9:00 a.m.	Girls Shot Put	60
10:15 a.m.	Boys Discus	61

SESSION 6 – CLASS AAA

FINALS - 3:30 p.m.

Race Time	RUNNING EVENTS	Page
3:25 p.m.	Anthem	
3:30 p.m.	Girls 4x800 Meter Run	23
4:00 p.m.	Boys 4x800 Meter Run	23
4:30 p.m.	Girls 100 Meter High Hurdles (33")	11
4:38 p.m.	Boys 110 Meter High Hurdles	11
4:43 p.m.	Girls 100 Meter Dash	12
4:46 p.m.	Boys 100 Meter Dash	13
4:49 p.m.	Boys 100 Meter Wheelchair	13
5:02 p.m.	Girls 4x200 Meter Relay	14
5:10 p.m.	Boys 4x200 Meter Relay	14
5:19 p.m.	Girls 1600 Meter Run	24
5:29 p.m.	Boys 1600 Meter Run	25
5:35 p.m.	Boys 1600 Meter Wheelchair Division	25
5:48 p.m.	Girls 4x100 Meter Relay	15
5:58 p.m.	Boys 4x100 Meter Relay	15
6:04 p.m.	Girls 400 Meter Dash	16
6:10 p.m.	Boys 400 Meter Dash	16
6:19 p.m.	Girls 300 Meter Hurdles	17
6:28 p.m.	Boys 300 Meter Intermediate Hurdles	17
6:33 p.m.	Girls 800 Meter Run	18
6:38 p.m.	Boys 800 Meter Run	19
6:43 p.m.	Boys 800 Meter Wheelchair	19
6:48 p.m.	Girls 200 Meter Dash	20
6:51 p.m.	Boys 200 Meter Dash	21
6:54 p.m.	Boys 200 Meter Wheelchair	21
7:09 p.m.	Girls 4x400 Meter Relay	22
7:22 p.m.	Boys 4x400 Meter Relay	22

Class AAA Team Awards

FINALS - 3:30 p.m.

Event Time	FIELD EVENTS	Page
3:30 p.m.	Boys Long Jump	31
3:30 p.m.	Girls Triple Jump	31
3:30 p.m.	Girls Pole Vault	32
3:30 p.m.	Boys High Jump	32
3:30 p.m.	Girls Shot Put	33
4:45 p.m.	Boys Discus	34
4:45 p.m.	Boys Discus Wheelchair Division	34



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Rooting for our team

Some of the best years of our lives are the ones we spend going to classes, having fun, and rooting for our team. Enjoy every minute.

Wells Fargo is proud to salute the competitors in this year's tournament.

[wellsfargo.com](https://www.wellsfargo.com)

WELCOME TO THE TRACK AND FIELD STATE MEET

It's time for your best performance!

STATE TRACK AND FIELD OFFICIALS

Rick Allen, *Richfield*
James Anderson, *Eagan*
Roger Artis, *Brooklyn Park*
Mike Beck, *Monticello*
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David Boone, *New Hope*
Tom Boshart, *Andover*
Carla Brown, *Lakeville*
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Links to the Track and Field State Archives: mshsl.org/archives

Program Design: David Swanson / Carlson Print Group.

CLASS AAA - RUNNING EVENTS

GIRLS 3200 Meter Run

FINALS: THU 9:00 a.m.

			Name	Grade	School	Seed Time	Place / Time
15	1A	327	Lydia Franson	10	East Ridge	11:26.44	___/___
14	1B	117	Savanna Varbanov	8	Lakeville North	11:20.20	___/___
9	1C	756	Norah Hushagen	10	Forest Lake	11:07.12	___/___
8	1D	200	Megan Lee	12	Bloomington Jefferson	11:01.12	___/___
1	1E	613	Sydney Drevlow	10	Hopkins	10:44.69	___/___
4	1F	520	Taylor Isabel	12	Mounds View	10:49.06	___/___
5	1G	625	Caitlyn Osanai	11	Robbinsdale Armstrong	10:52.10	___/___
12	1H	139	Claire Vukovics	10	Lakeville South	11:17.12	___/___
13	1I	845	Natalie Cocking	12	St. Michael-Albertville	11:19.42	___/___
16	1J	402	Laura McClary	10	St. Paul Central	11:27.96	___/___
17	1K	302	Lilah Bartels	10	Eagan	11:29.24	___/___
18	1L	406	Brooke Elfert	12	Stillwater Area	11:47.78	___/___
7	2A	201	Marissa Long	11	Chanhassen	10:57.72	___/___
6	2B	526	Linnea Ousdigian	8	Mounds View	10:54.84	___/___
2	2C	640	Madelyn Gullickson	9	Wayzata	10:45.55	___/___
3	2D	652	Grace Mignone	12	Wayzata	10:47.79	___/___
10	2E	707	Kaelyn Nelson	11	Anoka	11:09.86	___/___
11	2F	801	Mia Hoffman	11	Bemidji	11:13.88	___/___

BOYS 3200 Meter Run

FINALS: THU 9:14 a.m.

			Name	Grade	School	Seed Time	Place / Time
15	1A	806	Will Termont	11	Bemidji	9:41.38	___/___
14	1B	421	Dylan Riniker	10	Stillwater Area	9:40.51	___/___
9	1C	161	Ryan Gwaltney	11	Rochester Mayo	9:36.31	___/___
8	1D	553	Robert Mechura	10	Roseville Area	9:20.43	___/___
1	1E	636	Noah Breker	12	Robbinsdale Armstrong	8:54.43	___/___
4	1F	204	Nolan Sutter	11	Chaska	9:09.59	___/___
5	1G	244	Max Westerlund	12	Minnetonka	9:13.43	___/___
12	1H	552	Bennett Harrison-Michaels	12	Roseville Area	9:39.71	___/___
13	1I	438	Luke Williams	11	White Bear Lake Area	9:40.28	___/___
16	1J	720	River Santiago	11	Blaine	9:46.84	___/___
17	1K	321	Nathan Schultz	11	East Ridge	9:47.57	___/___
18	1L	351	William Harder	12	Rosemount	9:48.59	___/___
19	1M	705	Aidan Gomes	11	Andover	10:04.99	___/___
7	2A	233	Nicholas Gilles	12	Minnetonka	9:17.23	___/___
6	2B	263	Adam Lueth	12	Bloomington Jefferson	9:16.15	___/___
2	2C	631	Aidan Jones	12	Minneapolis Washburn	8:59.41	___/___
3	2D	627	Sam Scott	11	Minneapolis Southwest	9:01.03	___/___
10	2E	126	Ethan Starfield	12	Lakeville South	9:37.75	___/___
11	2F	854	Max Salas	10	St. Michael-Albertville	9:39.40	___/___

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AAA - RUNNING EVENTS

GIRLS 100 Meter High Hurdles (33")

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 9:30 a.m.

FINALS: SAT 4:30 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1	812 Violet Goodwin	12	Brainerd	16.17	____/____
2	856 Emilynn Molesky	12	St. Michael-Albertville	15.79	____/____
3	343 Carlee Kordosky	10	Hastings	15.40	____/____
4	158 Hannah Hanson	12	Rochester Mayo	14.49	____/____
5	721 Marvelous Onwualo	12	Blaine	14.36	____/____
6	615 Lillian Wanzek	12	Hopkins	15.13	____/____
7	348 Kadrin Dwyer	11	Rosemount	15.72	____/____
8	415 Sophia Roskoski	12	Stillwater Area	16.11	____/____

HEAT 2

1	417 Chelsea Stahl	12	Stillwater Area	16.29	____/____
2	539 Laila Moses	8	Park Center	15.79	____/____
3	140 Eva Welsch	9	Lakeville South	15.54	____/____
4	225 Claire Kohler	11	Minnetonka	14.58	____/____
5	743 Kennedy Martinson	12	Coon Rapids	14.23	____/____
6	232 Ruby Pajibo	12	Minnetonka	15.02	____/____
7	523 Kyra Marshall	11	Mounds View	15.71	____/____
8	604 Camille Faber	12	Edina	15.92	____/____

BOYS 110 Meter High Hurdles

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 9:42 a.m.

FINALS: SAT 4:38 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1	436 Tolu Oyekunle	12	White Bear Lake Area	15.53	____/____
2	555 Isaac Ononiwu	12	Spring Lake Park	15.40	____/____
3	746 Jackson Smith	12	Coon Rapids	14.94	____/____
4	741 Christopher Dean	12	Coon Rapids	14.69	____/____
5	349 Grantham Green	12	Rosemount	14.61	____/____
6	162 Carter Holcomb	11	Rochester Mayo	14.90	____/____
7	544 Linton McPherson	11	Osseo	15.34	____/____
8	834 Brecken Keoraj	10	Elk River	15.52	____/____

HEAT 2

1	403 Bashir Amoud	12	St. Paul Harding	15.57	____/____
2	655 David Nelson	12	Wayzata	15.41	____/____
3	145 Seth Johnson	10	Owatonna	15.11	____/____
4	317 Jackson Sloan	12	Eagan	14.79	____/____
5	256 Vincenzo Miller	12	Shakopee	14.46	____/____
6	860 Morris Suah	12	St. Michael-Albertville	14.85	____/____
7	220 Stephane Kone	12	Eden Prairie	15.21	____/____
8	624 Avery Batala	10	Hopkins	15.43	____/____

CLASS AAA - RUNNING EVENTS

GIRLS 100 Meter Dash

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 9:53 a.m.

FINALS: SAT 4:43 p.m.

HEAT 1				Seed Time	Place / Time
	Name	Grade	School		
1	618 Hattie Anderson	9	Minneapolis Washburn	12.77	___/___
2	426 Lys-Aurele D'Almeida	10	White Bear Lake Area	12.62	___/___
3	324 Diarra Chatham	12	East Ridge	12.33	___/___
4	850 Gabriella Keefer	10	St. Michael-Albertville	12.23	___/___
5	809 Brenna Deason	12	Brainerd	12.13	___/___
6	115 Lauren Reynolds	11	Lakeville North	12.32	___/___
7	414 Liberty Quast	10	Stillwater Area	12.55	___/___
8	616 Ta'Riah Henry	12	Minneapolis Southwest	12.75	___/___
HEAT 2				Seed Time	Place / Time
1	218 Briena Giebel	11	Minnetonka	13.03	___/___
2	301 Ella Bailey	11	Eagan	12.63	___/___
3	504 Hannah Horton	12	Champlin Park	12.34	___/___
4	717 Desiree Loyd	12	Blaine	12.27	___/___
5	731 Anika Larson	12	Cambridge-Isanti	11.80	___/___
6	509 Jordyn Borsch	12	Maple Grove	12.31	___/___
7	153 Alana Acker	12	Rochester John Marshall	12.49	___/___
8	245 Addyson White	11	Prior Lake	12.65	___/___



"One chance is all you need."

— Jesse Owens

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AAA - RUNNING EVENTS

BOYS 100 Meter Dash

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 10:00 a.m.

FINALS: SAT 4:46 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1	447 Otis Gardiner	11	Woodbury	11.32	____/____
2	849 Muhiz Bada	11	St. Michael-Albertville	11.12	____/____
3	734 Trystan Green	10	Centennial	10.96	____/____
4	515 Richlu Tudee	12	Champlin Park	10.92	____/____
5	312 Blake Koenen	11	Eagan	10.90	____/____
6	245 Tobias Williams	11	Minnetonka	10.96	____/____
7	527 Charles Rausch	12	Maple Grove	11.06	____/____
8	638 Peyton Sanders	12	Robbinsdale Cooper	11.28	____/____

HEAT 2

1	639 Cordell Birden	10	St. Louis Park	11.33	____/____
2	131 Brayden Brakke	12	Northfield	11.17	____/____
3	839 Michael Haugo	12	Moorhead	11.00	____/____
4	760 Westin Hoyt	12	Forest Lake	10.92	____/____
5	156 Keondre Bryant	12	Rochester John Marshall	10.86	____/____
6	402 Harlow Tong	11	St. Paul Central	10.94	____/____
7	300 Dwyne Smith Jr.	11	Apple Valley	11.05	____/____
8	202 Myles Woods	10	Chanhassen	11.20	____/____

BOYS 100 Meter Wheelchair

FINALS: SAT 4:49 a.m.

	Name	Grade	School	Seed Time	Place / Time
4	833 Logan Hovantez	7	Elk River	26.77	____/____
5	644 Michael Allen	11	Wayzata	20.13	____/____
6	646 Macalister Hedtke	9	Wayzata	29.18	____/____

CLASS AAA - RUNNING EVENTS

GIRLS 4 x 200 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1	School	Seed Time	Place / Time
1	Mounds View	1:45.61	___/___
2	Roseville Area	1:44.16	___/___
3	Eden Prairie	1:43.82	___/___
4	Rochester Century	1:42.95	___/___
5	Rosemount	1:43.04	___/___
6	Minnetonka	1:43.88	___/___
7	Edina	1:44.17	___/___
8	Woodbury	1:45.72	___/___
HEAT 2			
1	White Bear Lake Area	1:45.18	___/___
2	Wayzata	1:43.98	___/___
3	Rogers	1:43.46	___/___
4	St. Michael-Albertville	1:42.94	___/___
5	Blaine	1:43.32	___/___
6	East Ridge	1:43.97	___/___
7	Lakeville South	1:44.97	___/___
8	Andover	1:48.06	___/___

PRELIMS: THU 10:20 a.m.

FINALS: SAT 5:02 p.m.

BOYS 4 x 200 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1	School	Seed Time	Place / Time
1	Mounds View	1:29.93	___/___
2	St. Michael-Albertville	1:29.53	___/___
3	Hastings	1:28.78	___/___
4	Eagan	1:28.11	___/___
5	Rochester Mayo	1:28.39	___/___
6	Forest Lake	1:29.04	___/___
7	Woodbury	1:29.77	___/___
8	Shakopee	1:30.34	___/___
HEAT 2			
1	Edina	1:29.91	___/___
2	Wayzata	1:29.45	___/___
3	Champlin Park	1:28.59	___/___
4	Owatonna	1:28.07	___/___
5	Blaine	1:28.59	___/___
6	Eden Prairie	1:29.13	___/___
7	Brainerd	1:29.88	___/___
8	Stillwater Area	1:31.23	___/___

PRELIMS: THU 10:34 a.m.

FINALS: SAT 5:10 p.m.

CLASS AAA - RUNNING EVENTS

GIRLS 4 x 100 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1	School	Seed Time	Place / Time
1	Blaine	49.82	___/___
2	Rosemount	49.48	___/___
3	Brainerd	49.17	___/___
4	Lakeville North	48.92	___/___
5	Lakeville South	48.93	___/___
6	Roseville Area	49.18	___/___
7	Woodbury	49.48	___/___
8	Minneapolis Washburn	49.95	___/___
HEAT 2			
1	Wayzata	49.74	___/___
2	White Bear Lake Area	49.40	___/___
3	Eagan	49.08	___/___
4	Minnetonka	48.36	___/___
5	Champlin Park	48.98	___/___
6	Rogers	49.33	___/___
7	Shakopee	49.66	___/___
8	Cambridge-Isanti	50.18	___/___

PRELIMS: THU 10:47 a.m.

FINALS: SAT 5:48 p.m.

BOYS 4 x 100 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1	School	Seed Time	Place / Time
1	Woodbury	43.32	___/___
2	Rosemount	42.90	___/___
3	Prior Lake	42.54	___/___
4	Lakeville South	42.21	___/___
5	Coon Rapids	42.24	___/___
6	Moorhead	42.58	___/___
7	Andover	42.95	___/___
8	Edina	43.53	___/___
HEAT 2			
1	Northfield	43.28	___/___
2	Irondale	42.80	___/___
3	Elk River	42.49	___/___
4	Champlin Park	41.89	___/___
5	Minnetonka	42.27	___/___
6	Chanhassen	42.64	___/___
7	Hastings	43.00	___/___
8	White Bear Lake Area	43.56	___/___
9	Minneapolis Washburn	43.96	___/___

PRELIMS: THU 11:05 a.m.

FINALS: SAT 5:58 p.m.

CLASS AAA - RUNNING EVENTS

GIRLS 400 Meter Dash

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 11:20 a.m.

FINALS: SAT 6:04 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1 407	Karina Fischer	10	Stillwater Area	59.01	___/___
2 344	Elliana Magnus	9	Hastings	57.78	___/___
3 227	Zeal Kuku	10	Minnetonka	56.95	___/___
4 821	Brianna Shroyer	12	Buffalo	56.05	___/___
5 852	Emma Kvant	9	St. Michael-Albertville	56.60	___/___
6 207	Vanessa Jordan	10	Eden Prairie	57.14	___/___
7 108	Marianah Scott	11	Farmington	58.04	___/___
8 401	Charlotte Kusch	11	St. Paul Central	59.46	___/___

HEAT 2

1 505	Olivia Osonowo	9	Champlin Park	58.87	___/___
2 601	Molly Bennett	10	Edina	57.35	___/___
3 622	Sydney Ruckett	10	Minneapolis Washburn	56.88	___/___
4 509	Jordyn Borsch	12	Maple Grove	53.47	___/___
5 242	Isabelle Reinders	9	Prior Lake	56.84	___/___
6 144	Sophia Comfere	10	Rochester Century	57.15	___/___
7 725	Katelyn Wozniak	10	Blaine	58.78	___/___
8 342	Olyvia Erickson	9	Hastings	59.75	___/___
9 715	Mara Holle	10	Blaine	1:00.54	___/___

BOYS 400 Meter Dash

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 11:27 a.m.

FINALS: SAT 6:10 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1 261	Jacob Krugerud	11	Waconia	50.54	___/___
2 103	McKenzie Donlan	11	Farmington	50.01	___/___
3 729	Tyvon Williams	12	Cambridge-Isanti	49.40	___/___
4 722	Tyce Smith	12	Blaine	48.30	___/___
5 300	Dwyne Smith Jr.	11	Apple Valley	48.36	___/___
6 422	Soel Riser	11	Stillwater Area	49.67	___/___
7 815	Brandon Stark	11	Brainerd	50.14	___/___
8 629	Jack Garcia Grafing	11	Minneapolis Washburn	50.74	___/___

HEAT 2

1 826	Alexander Artmann	12	Elk River	50.16	___/___
2 557	Broderick Stewart	12	Spring Lake Park	49.76	___/___
3 542	Ahmed Khadar	12	Osseo	48.87	___/___
4 402	Harlow Tong	11	St. Paul Central	47.84	___/___
5 301	Albert Ongwenyi	10	Burnsville	48.65	___/___
6 215	Michael Gross	12	Eden Prairie	49.71	___/___
7 154	Gavin Vogel	11	Rochester Century	50.15	___/___
8 641	Jakob Eenigenburg	11	St. Louis Park	50.74	___/___

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AAA - RUNNING EVENTS

GIRLS 300 Meter Hurdles

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 11:37 a.m.

FINALS: SAT 6:19 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time	
1	612	Praise Akinyele	10	Hopkins	47.03	____/____
2	721	Marvelous Onwualo	12	Blaine	46.33	____/____
3	553	Grace Brandt	12	Spring Lake Park	45.11	____/____
4	158	Hannah Hanson	12	Rochester Mayo	44.39	____/____
5	245	Addyson White	11	Prior Lake	44.48	____/____
6	343	Carlee Kordosky	10	Hastings	45.77	____/____
7	109	Ava Sullivan	12	Farmington	46.47	____/____
8	405	Anna Bushlack	12	Stillwater Area	47.51	____/____

HEAT 2

1	726	Hannah Bingham	11	Cambridge-Isanti	46.87	____/____
2	619	Chloe Angerman	10	Minneapolis Washburn	46.15	____/____
3	540	Maya Woods	10	Park Center	44.97	____/____
4	225	Claire Kohler	11	Minnetonka	43.22	____/____
5	832	Ara Warren	10	Moorhead	44.65	____/____
6	853	Hannah Kvant	12	St. Michael-Albertville	46.02	____/____
7	346	Mya Cinnamo	12	Rosemount	46.80	____/____
8	432	Nola Hipkins	12	White Bear Lake Area	47.97	____/____

BOYS 300 Meter Intermediate Hurdles

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 11:47 a.m.

FINALS: SAT 6:28 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time	
1	436	Tolu Oyekunle	12	White Bear Lake Area	41.28	____/____
2	555	Isaac Ononiwu	12	Spring Lake Park	39.87	____/____
3	162	Carter Holcomb	11	Rochester Mayo	39.39	____/____
4	741	Christopher Dean	12	Coon Rapids	39.08	____/____
5	363	Maki Whelan	11	Rosemount	39.21	____/____
6	544	Linton McPherson	11	Osseo	39.42	____/____
7	225	David Allred	11	Minnetonka	39.91	____/____
8	822	Bode Russell	11	Buffalo	41.47	____/____

HEAT 2

1	860	Morris Suah	12	St. Michael-Albertville	40.20	____/____
2	765	Reid Olson	11	Forest Lake	39.73	____/____
3	608	Johnny Hubbell	12	Edina	39.38	____/____
4	625	Milo Stelzer	12	Minneapolis South	38.64	____/____
5	349	Grantham Green	12	Rosemount	39.26	____/____
6	112	Tyler Christianson	11	Lakeville North	39.59	____/____
7	209	Tate Bloch	11	Eden Prairie	40.04	____/____
8	400	Michael Seifu	10	Cretin-Derham Hall	41.50	____/____

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AAA - RUNNING EVENTS

GIRLS 800 Meter Run

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 11:57 a.m.

FINALS: SAT 6:33 p.m.

HEAT 1		Name	Grade	School	Seed Time	Place / Time
1	220	Ella Graham	11	Minnetonka	2:20.65	___/___
2	438	Katelyn Porter	12	White Bear Lake Area	2:17.69	___/___
3	103	Lauren Lansing	8	Farmington	2:16.60	___/___
4	659	Grace Weber	12	Wayzata	2:12.34	___/___
5	602	Abby Downin	9	Edina	2:13.91	___/___
6	142	Carsyn Brady	11	Owatonna	2:16.63	___/___
7	800	Regan Dewitt	12	Bemidji	2:18.14	___/___
8	515	April Watson	9	Maple Grove	2:21.22	___/___
HEAT 2		Name	Grade	School	Seed Time	Place / Time
1	309	Ava Ligtenberg	10	Eagan	2:18.55	___/___
2	736	Lauren Klein	9	Centennial	2:17.40	___/___
3	203	Noella Ross	9	Chaska	2:16.30	___/___
4	635	Teegan Anderson	12	Wayzata	2:10.26	___/___
5	355	Taylor Heimerl	12	Rosemount	2:15.69	___/___
6	723	Shalom Sulungaine	12	Blaine	2:16.95	___/___
7	805	Emily Bastian	12	Brainerd	2:18.45	___/___
8	521	Lauren Kath	11	Mounds View	2:21.29	___/___
9	451	Isabelle Renlund	11	Woodbury	2:23.28	___/___

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The advertisement features a collage of images showing referees in various uniforms (black and white, yellow, blue) and athletes in action. The MSHSL logo is in the top left corner.

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AAA - RUNNING EVENTS

BOYS 800 Meter Run

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 12:05 p.m.

FINALS: SAT 6:38 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1	452 Dylan Longworth	12	Woodbury	1:59.61	____/____
2	815 Brandon Stark	11	Brainerd	1:58.30	____/____
3	535 Elliott McArthur	12	Mounds View	1:57.93	____/____
4	356 Ryan Mulrooney	12	Rosemount	1:55.36	____/____
5	550 Cade Sanvik	11	Osseo	1:56.58	____/____
6	116 Ethan Kimmel	12	Lakeville North	1:58.00	____/____
7	303 Noah Daniel	10	Eagan	1:58.36	____/____
8	716 Ben Lewis	12	Blaine	2:00.60	____/____

HEAT 2

1	410 Will Degonda	12	Stillwater Area	1:59.37	____/____
2	650 Tyler Kissell	11	Wayzata	1:58.30	____/____
3	217 Jake Heimkes	11	Eden Prairie	1:57.47	____/____
4	111 Andrew Casey	12	Lakeville North	1:51.52	____/____
5	262 Jack Ulrich	11	Waconia	1:57.31	____/____
6	652 Hayes McMillan	11	Wayzata	1:58.06	____/____
7	835 Sawyer Rueckert	11	Elk River	1:58.41	____/____
8	710 Danny Ness	12	Anoka	2:00.78	____/____

BOYS 800 Meter Wheelchair

FINALS: SAT 6:43 p.m.

	Name	Grade	School	Seed Time	Place / Time
4	644 Michael Allen	11	Wayzata	2:20.56	____/____

CLASS AAA - RUNNING EVENTS

GIRLS 200 Meter Dash

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 12:17 p.m.

FINALS: SAT 6:48 p.m.

HEAT 1		Name	Grade	School	Seed Time	Place / Time
1	618	Hattie Anderson	9	Minneapolis Washburn	26.11	___/___
2	414	Liberty Quast	10	Stillwater Area	25.81	___/___
3	344	Elliana Magnus	9	Hastings	25.46	___/___
4	731	Anika Larson	12	Cambridge-Isanti	24.74	___/___
5	850	Gabriella Keefer	10	St. Michael-Albertville	25.06	___/___
6	108	Marianah Scott	11	Farmington	25.48	___/___
7	317	Josie Seehafer	10	Eagan	25.85	___/___
8	401	Charlotte Kusch	11	St. Paul Central	26.11	___/___
HEAT 2						
1	535	Danielle Saydee	12	Osseo	25.95	___/___
2	617	Elika Vahhaji	10	Minneapolis Southwest	25.78	___/___
3	115	Lauren Reynolds	11	Lakeville North	25.44	___/___
4	509	Jordyn Borsch	12	Maple Grove	24.57	___/___
5	821	Brianna Shroyer	12	Buffalo	25.10	___/___
6	742	Mikayla de Souza	12	Coon Rapids	25.70	___/___
7	227	Zeal Kuku	10	Minnetonka	25.94	___/___
8	247	Samantha Carr	9	Shakopee	26.30	___/___

CHAMPIONSHIPS



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CLASS AAA - RUNNING EVENTS

BOYS 200 Meter Dash

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 12:25 p.m.

FINALS: SAT 6:51 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1	849 Muhiz Bada	11	St. Michael-Albertville	22.32	____/____
2	722 Tyce Smith	12	Blaine	22.28	____/____
3	123 Carson Hansen	12	Lakeville South	21.90	____/____
4	839 Michael Haugo	12	Moorhead	21.60	____/____
5	515 Richlu Tudee	12	Champlin Park	21.66	____/____
6	245 Tobias Williams	11	Minnetonka	21.94	____/____
7	143 Justin Gleason	12	Owatonna	22.29	____/____
8	653 Tyler Milkes	11	Wayzata	22.40	____/____

HEAT 2

1	430 Caleb Anderson	11	White Bear Lake Area	22.32	____/____
2	300 Dwyne Smith Jr.	11	Apple Valley	21.99	____/____
3	312 Blake Koenen	11	Eagan	21.88	____/____
4	402 Harlow Tong	11	St. Paul Central	21.58	____/____
5	519 Juriad Hughes Jr.	11	Irondale	21.78	____/____
6	324 Jonathan Bezdicek	12	Hastings	21.99	____/____
7	253 Joshua Marcinkevich	11	Prior Lake	22.30	____/____
8	718 Michael Olomiyete	11	Blaine	22.56	____/____
9	658 Toju Olu-Onanuga	10	Wayzata	22.71	____/____

BOYS 200 Meter Wheelchair

FINALS: SAT 6:54 p.m.

	Name	Grade	School	Seed Time	Place / Time
4	833 Logan Hovantez	7	Elk River	50.08	____/____
5	646 Macalister Hedtke	9	Wayzata	1:02.15	____/____

CLASS AAA - RUNNING EVENTS

GIRLS 4 x 400 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1	School
1	St. Michael-Albertville
2	Mounds View
3	Rochester Mayo
4	Edina
5	Blaine
6	Roseville Area
7	White Bear Lake Area
8	Rosemount

HEAT 2

1	Eagan
2	Moorhead
3	Farmington
4	Wayzata
5	Minnetonka
6	Stillwater Area
7	Eden Prairie
8	Centennial

PRELIMS: THU 12:46 p.m.

FINALS: SAT 7:09 p.m.

Seed Time	Place / Time
4:03.70	____/____
4:02.21	____/____
3:58.79	____/____
3:54.98	____/____
3:57.20	____/____
4:01.09	____/____
4:03.02	____/____
4:04.52	____/____
4:03.41	____/____
4:01.76	____/____
3:58.75	____/____
3:53.44	____/____
3:58.25	____/____
4:01.57	____/____
4:03.30	____/____
4:07.39	____/____

BOYS 4 x 400 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1	School
1	Stillwater Area
2	Wayzata
3	Cambridge-Isanti
4	Hastings
5	Rosemount
6	Eden Prairie
7	Minnetonka
8	St. Michael-Albertville

HEAT 2

1	Edina
2	Farmington
3	Forest Lake
4	Lakeville North
5	Mounds View
6	Champlin Park
7	Elk River
8	Woodbury

PRELIMS: THU 1:00 p.m.

FINALS: SAT 7:22 p.m.

Seed Time	Place / Time
3:26.68	____/____
3:25.60	____/____
3:24.18	____/____
3:22.86	____/____
3:22.88	____/____
3:24.36	____/____
3:26.23	____/____
3:27.73	____/____
3:26.48	____/____
3:25.46	____/____
3:24.02	____/____
3:21.91	____/____
3:23.27	____/____
3:25.03	____/____
3:26.34	____/____
3:29.71	____/____

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AAA - RUNNING EVENTS

GIRLS 4 x 800 Meter Relay

FINALS: SAT 3:30 p.m.

SECTION 1 School

		Seed Time	Place / Time
1	Eastview	9:52.95	____/____
2	Stillwater Area	9:48.93	____/____
3	Prior Lake	9:40.63	____/____
4	Maple Grove	9:39.45	____/____
5	Eagan	9:39.73	____/____
6	Woodbury	9:44.24	____/____
7	Mounds View	9:51.26	____/____
8	St. Louis Park	9:54.16	____/____

SECTION 2

1	Forest Lake	9:34.97	____/____
2	Farmington	9:33.74	____/____
3	Brainerd	9:30.17	____/____
4	Minnnetonka	9:25.75	____/____
5	Wayzata	9:28.99	____/____
6	St. Michael-Albertville	9:33.62	____/____
7	Duluth East	9:34.14	____/____
8	Lakeville South	9:38.93	____/____

BOYS 4 x 800 Meter Relay

FINALS: SAT 4:00 p.m.

SECTION 1 School

		Seed Time	Place / Time
1	Rosemount	8:12.02	____/____
2	Duluth East	8:11.03	____/____
3	Centennial	8:07.51	____/____
4	Buffalo	8:06.95	____/____
5	Eagan	8:06.98	____/____
6	Champlin Park	8:08.41	____/____
7	Stillwater Area	8:11.86	____/____
8	Bemidji	8:12.50	____/____

SECTION 2

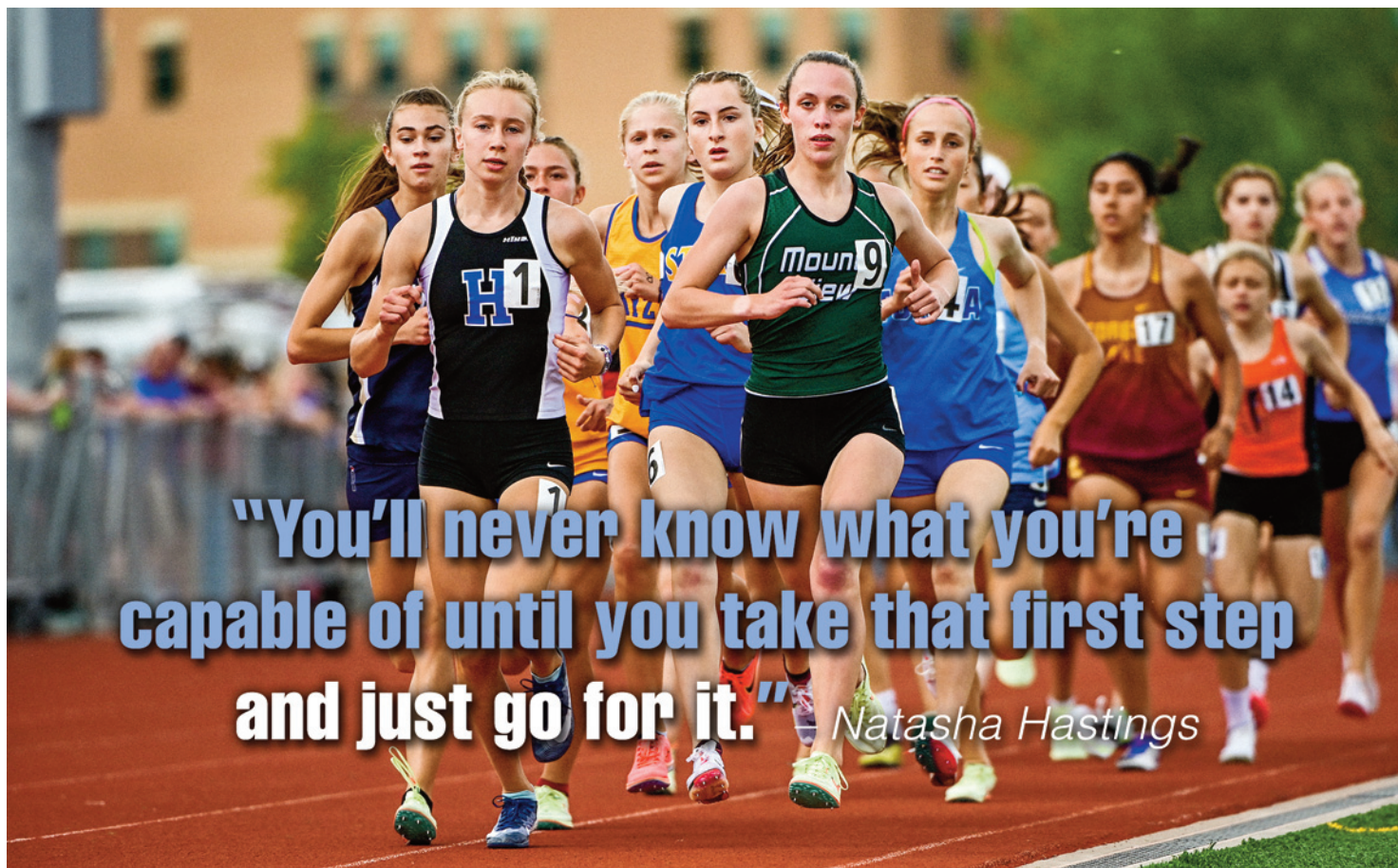
1	Edina	8:02.45	____/____
2	Wayzata	8:01.20	____/____
3	Owatonna	7:58.88	____/____
4	Lakeville North	7:54.94	____/____
5	Minnnetonka	7:57.84	____/____
6	Eden Prairie	7:59.84	____/____
7	Osseo	8:02.31	____/____
8	Woodbury	8:04.33	____/____

CLASS AAA - RUNNING EVENTS

GIRLS 1600 Meter Run

FINALS: SAT 5:19 p.m.

			Name	Grade	School	Seed Time	Place / Time
14	1A	139	Claire Vukovics	10	Lakeville South	5:14.36	___/___
13	1B	101	Mariah Fenske	11	Farmington	5:12.16	___/___
9	1C	762	Anna VanAcker	9	Forest Lake	5:08.96	___/___
8	1D	756	Norah Hushagen	10	Forest Lake	5:08.40	___/___
1	1E	635	Teegan Anderson	12	Wayzata	4:52.44	___/___
4	1F	520	Taylor Isabel	12	Mounds View	5:00.89	___/___
5	1G	201	Marissa Long	11	Chanhassen	5:01.64	___/___
12	1I	327	Lydia Franson	10	East Ridge	5:11.81	___/___
15	1J	300	Carley LaMotte	9	Burnsville	5:16.06	___/___
16	1K	454	Sarah Vaske	10	Woodbury	5:23.90	___/___
7	2A	402	Laura McClary	10	St. Paul Central	5:05.46	___/___
6	2B	503	Abigail Hibbs	10	Champlin Park	5:03.48	___/___
2	2C	613	Sydney Drevlow	10	Hopkins	4:54.00	___/___
3	2D	229	Evie Malec	8	Minnetonka	4:58.66	___/___
10	2E	801	Mia Hoffman	11	Bemidji	5:09.01	___/___
11	2F	802	Alivia Thompson	9	Bemidji	5:09.74	___/___



"You'll never know what you're capable of until you take that first step and just go for it." *Natasha Hastings*

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AAA - RUNNING EVENTS

BOYS 1600 Meter Run

FINALS: SAT 5:29 p.m.

			Name	Grade	School	Seed Time	Place / Time
15	1A	854	Max Salas	10	St. Michael-Albertville	4:32.36	___/___
14	1B	429	Nicholas Holton	12	Tartan	4:29.32	___/___
9	1C	351	William Harder	12	Rosemount	4:21.56	___/___
8	1D	356	Ryan Mulrooney	12	Rosemount	4:20.85	___/___
1	1E	120	Bryce Stachewicz	12	Lakeville North	4:08.06	___/___
4	1F	204	Nolan Sutter	11	Chaska	4:17.59	___/___
5	1G	535	Elliott McArthur	12	Mounds View	4:17.97	___/___
12	1H	716	Ben Lewis	12	Blaine	4:27.58	___/___
13	1I	438	Luke Williams	11	White Bear Lake Area	4:28.32	___/___
16	1J	843	Jack Kupitz	10	Moorhead	4:32.72	___/___
7	2A	244	Max Westerlund	12	Minnetonka	4:19.00	___/___
6	2B	553	Robert Mechura	10	Roseville Area	4:18.22	___/___
2	2C	636	Noah Breker	12	Robbinsdale Armstrong	4:10.21	___/___
3	2D	631	Aidan Jones	12	Minneapolis Washburn	4:10.47	___/___
10	2E	126	Ethan Starfield	12	Lakeville South	4:24.91	___/___
11	2F	720	River Santiago	11	Blaine	4:26.90	___/___

BOYS 1600 Meter Wheelchair

FINALS: SAT 5:35 p.m.

			Name	Grade	School	Seed Time	Place / Time
1	644		Michael Allen	11	Wayzata	4:55.53	___/___



148FW

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Duluth, MN

CLASS AAA - FIELD EVENTS

GIRLS Long Jump Top 9 plus ties advance to finals.

FINALS: THU 9:00 a.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance	
1	125	Alexandra Duvick	12	Lakeville South	17-02.25	____/____
2	704	Avah Shaw	9	Andover	17-03.50	____/____
3	161	Farah Salama	12	Rochester Mayo	17-04.00	____/____
4	541	Janet Addo	12	Roseville Area	17-06.25	____/____
5	850	Gabriella Keefer	10	St. Michael-Albertville	17-06.25	____/____
6	843	Brianna Villanti	12	Rogers	17-06.50	____/____
7	615	Lillian Wanzek	12	Hopkins	17-06.50	____/____
8	830	Alexis Olderbak	12	Moorhead	17-06.50	____/____
9	335	Nora Gruman	11	Eastview	17-06.75	____/____
10	222	Lucy Hiller	12	Minnetonka	17-07.25	____/____
11	616	Ta'Riah Henry	12	Minneapolis Southwest	17-07.75	____/____

FLIGHT 2

1	550	Jayda Wilson	9	Roseville Area	17-09.50	____/____
2	411	Cayman Pagel	11	Stillwater Area	17-09.75	____/____
3	542	Hemetii Apet	12	Roseville Area	17-10.25	____/____
4	351	Cassandra Gospodarek	11	Rosemount	17-10.50	____/____
5	420	Anya Williams	11	Stillwater Area	17-11.00	____/____
6	618	Hattie Anderson	9	Minneapolis Washburn	18-00.25	____/____
7	247	Samantha Carr	9	Shakopee	18-00.50	____/____
8	721	Marvelous Onwualo	12	Blaine	18-02.00	____/____
9	647	Kailee Kohrt	12	Wayzata	18-02.25	____/____
10	325	Megan Clark	12	East Ridge	18-03.50	____/____

BOYS Triple Jump Top 9 plus ties advance to finals.

FINALS: THU 9:00 a.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance	
1	753	Joe Sylvester	8	Duluth East	42-03.75	____/____
2	827	Matthew Beaudry	12	Elk River	42-08.00	____/____
3	853	Maverick Kneefe	11	St. Michael-Albertville	42-09.00	____/____
4	201	Christian Batchlor	12	Chanhassen	43-07.50	____/____
5	642	Sebastian Tangelson	12	St. Louis Park	44-01.00	____/____
6	155	Shaun Wysocki	11	Rochester Century	44-01.25	____/____
7	711	Isaiah Salami	9	Anoka	44-04.00	____/____
8	525	Obang Ojulu	12	Irondale	44-04.25	____/____
9	157	Zechariah Ladu	11	Rochester John Marshall	44-04.75	____/____
10	622	Finley Smith	12	Edina	44-06.00	____/____

FLIGHT 2

1	143	Justin Gleason	12	Owatonna	45-03.50	____/____
2	529	Colin Elliott	11	Mounds View	45-05.50	____/____
3	446	Liam Frommelt	11	Woodbury	45-06.50	____/____
4	545	Sawyer Nelson	12	Osseo	45-10.50	____/____
5	616	Nicholas Presthus	11	Edina	45-11.00	____/____
6	624	Avery Batala	10	Hopkins	46-01.00	____/____
7	401	Carlton Mukurazita	12	St. Paul Central	46-07.50	____/____
8	320	Jaelen Harper	12	East Ridge	46-09.75	____/____
9	338	Otenidi Omot	12	Park	47-00.25	____/____
10	219	Devin Jordan	12	Eden Prairie	48-04.00	____/____

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AAA - FIELD EVENTS

BOYS Pole Vault Five (5) alive procedure.

FINALS: THU 9:00 a.m.

Opening height 11'6" – 6" increments until nine remain, then 3" increments

CONTINUOUS FLIGHTS

	Name	Grade	School	Seed Mark	Place / Height
1	665 Caden Wong	10	Wayzata	11-10.00	____/____
2	804 Alec Newby	10	Bemidji	12-01.00	____/____
3	814 Joe Smith	9	Brainerd	12-04.00	____/____
4	313 Jack Kruger	11	Eagan	12-09.00	____/____
5	539 Jason Walker	12	Mounds View	12-10.00	____/____
6	209 Tate Bloch	11	Eden Prairie	12-10.00	____/____
7	203 Josh Schmidt	9	Chaska	13-01.00	____/____
8	607 Owen Hipps	12	Edina	13-01.00	____/____
9	708 Joshua Graske	12	Anoka	13-04.00	____/____
10	730 Micah Wilson	11	Cambridge-Isanti	13-04.00	____/____
11	407 Andrew Brekke	10	Stillwater Area	13-04.00	____/____
12	712 Calvin Takkunen	12	Anoka	13-04.00	____/____
13	358 Noah Rodenwald	11	Rosemount	13-07.00	____/____
14	166 Lucas Peterson	11	Rochester Mayo	13-09.00	____/____
15	556 Sebastian Santiago	10	Spring Lake Park	14-00.00	____/____
16	425 Jackson Tweed	12	Stillwater Area	14-01.00	____/____
17	152 Nathan Nelson	12	Rochester Century	15-03.00	____/____

GIRLS High Jump Five (5) alive procedure.

FINALS: THU 9:00 a.m.

Opening height 4'8" – 2" increments until nine remain, then 1" increments

CONTINUOUS FLIGHTS

	Name	Grade	School	Seed Mark	Place / Height
1	409 Kayla Kajer	11	Stillwater Area	5-00.00	____/____
2	838 Sophia Mahnke	11	Rogers	5-00.00	____/____
3	420 Anya Williams	11	Stillwater Area	5-01.00	____/____
4	141 Amber Mahal	9	Northfield	5-02.00	____/____
5	504 Hannah Horton	12	Champlin Park	5-02.00	____/____
6	102 Julia Gordon	12	Farmington	5-02.00	____/____
7	314 Isabel Purrington	10	Eagan	5-02.00	____/____
8	538 Laubental Ben	11	Park Center	5-02.00	____/____
9	807 Cora Clough	9	Brainerd	5-02.00	____/____
10	606 Maria Matysik	10	Edina	5-03.00	____/____
11	310 Madison McCullum	12	Eagan	5-03.00	____/____
12	717 Desiree Loyd	12	Blaine	5-03.00	____/____
13	647 Kailee Kohrt	12	Wayzata	5-04.00	____/____
14	704 Avah Shaw	9	Andover	5-04.00	____/____
15	249 Lauren DuBois	12	Shakopee	5-05.00	____/____
16	217 Mya Folken	11	Minnnetonka	5-06.00	____/____

CLASS AAA - FIELD EVENTS

BOYS Shot Put Top 9 plus ties advance to finals.

FINALS: THU 9:00 a.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance	
1	240	Tanner Smith	11	Minnetonka	47-10.25	____/____
2	153	Miles Prochnow	11	Rochester Century	49-02.00	____/____
3	101	Caleb Busse	12	Farmington	49-04.00	____/____
4	640	Henry Eaton	12	St. Louis Park	49-04.75	____/____
5	832	Ethan Hogan	12	Elk River	49-09.00	____/____
6	664	Emmanuel Wilson	11	Wayzata	50-06.50	____/____
7	731	Timothy Ball	11	Centennial	50-07.75	____/____
8	554	Aaron Chanthanavong	12	Spring Lake Park	52-09.00	____/____

FLIGHT 2

1	353	Noah Lindsay	12	Rosemount	52-10.00	____/____
2	522	Emerson Mandell	11	Irondale	53-06.25	____/____
3	413	Chris Fretag	12	Stillwater Area	53-09.25	____/____
4	444	Jordan Dunigan	12	Woodbury	54-05.25	____/____
5	251	Evan Laughridge	12	Prior Lake	56-06.50	____/____
6	715	Andrew Edwards	12	Blaine	58-06.50	____/____
7	809	Dylan Gross	11	Brainerd	58-08.50	____/____
8	342	Hayden Bills	12	Rosemount	61-08.75	____/____

BOYS Shot Put Wheelchair

FINALS: THU 9:00 a.m.

	Name	Grade	School	Seed Mark	Place / Distance	
1	646	Macalister Hedtke	9	Wayzata	17-03.00	____/____
2	644	Michael Allen	11	Wayzata	17-08.00	____/____

CLASS AAA - FIELD EVENTS

GIRLS Discus Top 9 plus ties advance to finals.

FINALS: THU 10:15 a.m.

FLIGHT 1		Name	Grade	School	Seed Mark	Place / Distance
1	252	Abigail McBeain	12	Shakopee	109-04	___/___
2	439	Keira Windish	11	White Bear Lake Area	111-08	___/___
3	700	Madison Babbs	11	Andover	112-09	___/___
4	556	Arabella Sutch	11	Spring Lake Park	112-11	___/___
5	418	Marcella Wait	12	Stillwater Area	115-08	___/___
6	135	Whitley Ronn	12	Lakeville South	115-09	___/___
7	555	Ashley Stewart	12	Spring Lake Park	120-02	___/___
8	753	Alexis Fahey	9	Forest Lake	123-03	___/___
FLIGHT 2		Name	Grade	School	Seed Mark	Place / Distance
1	626	Kendall Thurston	12	Robbinsdale Armstrong	125-10	___/___
2	823	Andi Mehrer	12	Elk River	126-01	___/___
3	645	Katie Kelzenberg	10	Wayzata	127-08	___/___
4	841	Anya Schmidt	10	Rogers	128-08	___/___
5	353	Jordan Hecht	12	Rosemount	139-01	___/___
6	313	Alysha Onwuneme	12	Eagan	140-00	___/___
7	238	Olivia Duncan	12	Prior Lake	140-08	___/___
8	147	Elise Jensen	12	Rochester Century	142-02	___/___



See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AAA - FIELD EVENTS

BOYS Long Jump Top 9 plus ties advance to finals.

FINALS: SAT 3:30 p.m.

FLIGHT 1		Name	Grade	School	Seed Mark	Place / Distance
1	516	Emmit Tutt	12	Champlin Park	21-08.50	___/___
2	637	Isaiah Cotton	12	Robbinsdale Armstrong	21-09.00	___/___
3	322	Isaac Field	11	Eastview	21-09.00	___/___
4	446	Liam Frommelt	11	Woodbury	21-10.50	___/___
5	162	Carter Holcomb	11	Rochester Mayo	21-10.50	___/___
6	320	Jaelen Harper	12	East Ridge	21-10.50	___/___
7	638	Peyton Sanders	12	Robbinsdale Cooper	21-10.50	___/___
8	245	Tobias Williams	11	Minnetonka	21-11.00	___/___
9	239	Lucas Poey	12	Minnetonka	22-00.00	___/___
10	337	David Ola-Kazeem	12	Park	22-00.25	___/___
FLIGHT 2						
1	709	Praise Jibunor	12	Anoka	22-01.50	___/___
2	744	Aloysius Nyapan	11	Coon Rapids	22-04.50	___/___
3	434	Bennett Gilson	12	White Bear Lake Area	22-05.00	___/___
4	419	Seth Johnson	12	Stillwater Area	22-07.00	___/___
5	702	Maurice Counce	11	Andover	22-08.50	___/___
6	839	Michael Haugo	12	Moorhead	22-09.50	___/___
7	624	Avery Batala	10	Hopkins	22-10.00	___/___
8	849	Muhiz Bada	11	St. Michael-Albertville	22-10.00	___/___
9	219	Devin Jordan	12	Eden Prairie	23-00.50	___/___
10	143	Justin Gleason	12	Owatonna	23-02.75	___/___
11	519	Juriad Hughes Jr.	11	Irondale	24-11.00	___/___

GIRLS Triple Jump Top 9 plus ties advance to finals.

FINALS: SAT 3:30 p.m.

FLIGHT 1		Name	Grade	School	Seed Mark	Place / Distance
1	407	Karina Fischer	10	Stillwater Area	35-01.25	___/___
2	718	Yvonne Marsh	10	Blaine	35-01.50	___/___
3	143	Jozie Johnson	10	Owatonna	36-01.00	___/___
4	414	Liberty Quast	10	Stillwater Area	36-02.25	___/___
5	136	Avery Sandmann	10	Lakeville South	36-02.75	___/___
6	351	Cassandra Gospodarek	11	Rosemount	36-03.25	___/___
7	315	Geneva Rasmussen	10	Eagan	36-04.75	___/___
8	615	Lillian Wanzek	12	Hopkins	36-05.50	___/___
FLIGHT 2						
1	542	Hemetii Apet	12	Roseville Area	36-08.75	___/___
2	225	Claire Kohler	11	Minnetonka	36-11.00	___/___
3	822	Shiaflyn Cooper	8	Elk River	37-02.25	___/___
4	537	Mario'ana Watson	9	Osseo	37-05.50	___/___
5	721	Marvelous Onwualo	12	Blaine	37-07.00	___/___
6	647	Kailee Kohrt	12	Wayzata	37-08.50	___/___
7	850	Gabriella Keefer	10	St. Michael-Albertville	37-09.50	___/___
8	222	Lucy Hiller	12	Minnetonka	38-09.00	___/___

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AAA - FIELD EVENTS

GIRLS Pole Vault Five (5) alive procedure.

FINALS: SAT 3:30 p.m.

Opening height 9'6" – 6" increments until nine remain, then 3" increments

CONTINUOUS FLIGHTS

	Name	Grade	School	Seed Mark	Place / Height
1	614 Annabelle Speers	11	Hopkins	10-01.00	____/_____
2	345 Ruth Bellrichard	12	Rosemount	10-03.00	____/_____
3	347 Summer Davis	11	Rosemount	10-03.00	____/_____
4	638 Kalea Dale	12	Wayzata	10-04.00	____/_____
5	126 Ella Erickson	12	Lakeville South	10-09.00	____/_____
6	146 Madison Habberstad	12	Rochester Century	11-00.00	____/_____
7	844 Jacqueline Bergeron	11	St. Michael-Albertville	11-01.00	____/_____
8	202 Lilian Sather	11	Chanhassen	11-01.00	____/_____
9	757 Makayla Miles	11	Forest Lake	11-04.00	____/_____
10	418 Marcella Wait	12	Stillwater Area	11-04.00	____/_____
11	415 Sophia Roskoski	12	Stillwater Area	11-04.00	____/_____
12	208 Madeline Kaufman	11	Eden Prairie	11-04.00	____/_____
13	809 Brenna Deason	12	Brainerd	11-04.00	____/_____
14	554 Kaitlyn Staut	12	Spring Lake Park	11-04.00	____/_____
15	550 Jayda Wilson	9	Roseville Area	11-07.00	____/_____
16	743 Kennedy Martinson	12	Coon Rapids	11-10.00	____/_____
17	705 Sofia Condon	12	Anoka	13-00.00	____/_____

BOYS High Jump Five (5) alive procedure.

FINALS: SAT 3:30 p.m.

Opening height 5'10" – 2" increments until nine remain, then 1" increments

CONTINUOUS FLIGHTS

	Name	Grade	School	Seed Mark	Place / Height
1	354 Jayvon Maternowski	11	Rosemount	6-00.00	____/_____
2	405 Nagayo Barento	11	Stillwater Area	6-01.00	____/_____
3	807 Quinten Yueng	12	Bemidji	6-01.00	____/_____
4	338 Otenidi Omot	12	Park	6-02.00	____/_____
5	746 Jackson Smith	12	Coon Rapids	6-03.00	____/_____
6	617 Tate Rasmussen	11	Edina	6-03.00	____/_____
7	209 Tate Bloch	11	Eden Prairie	6-03.00	____/_____
8	847 Dylan Zimmerman	11	Moorhead	6-03.00	____/_____
9	741 Christopher Dean	12	Coon Rapids	6-03.00	____/_____
10	626 Jamari Stewart-Scott	11	Minneapolis South	6-03.00	____/_____
11	418 Chase Johnson	10	Stillwater Area	6-03.00	____/_____
12	135 Kamarion Gant	11	Northfield	6-03.00	____/_____
13	545 Sawyer Nelson	12	Osseo	6-04.00	____/_____
14	121 Evan Barnett	12	Lakeville South	6-04.00	____/_____
15	528 Abiola Bakare	12	Mounds View	6-06.00	____/_____
16	555 Isaac Ononiwu	12	Spring Lake Park	6-06.00	____/_____
17	219 Devin Jordan	12	Eden Prairie	6-07.00	____/_____
18	164 Adam Myren	11	Rochester Mayo	6-08.00	____/_____

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AAA - FIELD EVENTS

GIRLS Shot Put Top 9 plus ties advance to finals.

FINALS: SAT 3:30 p.m.

FLIGHT 1		Name	Grade	School	Seed Mark	Place / Distance
1	400	Kiara Brown-Lewis	11	St. Paul Central	34-02.50	___/___
2	233	Carly Pfeffer	12	Minnetonka	35-07.00	___/___
3	238	Olivia Duncan	12	Prior Lake	35-07.00	___/___
4	313	Alysha Onwuneme	12	Eagan	36-00.00	___/___
5	626	Kendall Thurston	12	Robbinsdale Armstrong	36-01.00	___/___
6	427	Karen Enow	9	White Bear Lake Area	36-10.25	___/___
7	645	Katie Kelzenberg	10	Wayzata	37-04.50	___/___
8	735	Evelyn Wilttrout	12	Cambridge-Isanti	37-04.75	___/___
FLIGHT 2		Name	Grade	School	Seed Mark	Place / Distance
1	536	Nina Thomas	9	Osseo	39-00.50	___/___
2	706	Lydia Lakanen	11	Anoka	39-05.25	___/___
3	833	Hannah Bruskiwicz	12	Rogers	39-07.00	___/___
4	353	Jordan Hecht	12	Rosemount	39-09.00	___/___
5	135	Whitley Ronn	12	Lakeville South	39-09.00	___/___
6	118	Trinity Wilson	11	Lakeville North	39-09.00	___/___
7	841	Anya Schmidt	10	Rogers	39-11.00	___/___
8	555	Ashley Stewart	12	Spring Lake Park	40-10.00	___/___

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AAA - FIELD EVENTS

BOYS Discus Top 9 plus ties advance to finals.

FINALS: SAT 4:45 p.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance	
1	828	Simon Bicek	9	Elk River	139-10	____/____
2	660	Jack Simon	11	Wayzata	148-10	____/____
3	136	Toby Grawe	12	Northfield	151-09	____/____
4	200	David Schiller	11	Bloomington Jefferson	154-01	____/____
5	357	William Riddel	10	Rosemount	155-07	____/____
6	413	Chris Fretag	12	Stillwater Area	156-06	____/____
7	503	Sean Erickson	12	Champlin Park	158-08	____/____
8	628	Pierce Dols	11	Minneapolis Washburn	158-08	____/____

FLIGHT 2

1	731	Timothy Ball	11	Centennial	159-03	____/____
2	246	Thomas Anderson	12	Prior Lake	160-03	____/____
3	521	Tre'vion Mack	12	Irondale	160-11	____/____
4	715	Andrew Edwards	12	Blaine	162-07	____/____
5	824	Carter Walker	12	Buffalo	165-06	____/____
6	148	Trever Schirmer	12	Owatonna	174-07	____/____
7	444	Jordan Dunigan	12	Woodbury	182-09	____/____
8	342	Hayden Bills	12	Rosemount	192-09	____/____

BOYS Discus Wheelchair

FINALS: SAT 4:45 p.m.

	Name	Grade	School	Seed Mark	Place / Distance	
1	646	Macalister Hedtke	9	Wayzata	46-02	____/____

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CLASS AA - RUNNING EVENTS

GIRLS 3200 Meter Run

FINALS: FRI 9:00 a.m.

			Name	Grade	School	Seed Time	Place / Time
15	1A	128	Nora Hanson	9	Red Wing	12:09.81	____/____
14	1B	158	Kiley Pollock	9	Winona	12:07.60	____/____
9	1C	615	Erica Kazin	11	Delano	11:39.23	____/____
8	1D	551	Stella Rusch	11	St. Cloud Tech	11:34.72	____/____
1	1E	213	Isabelle Schmitz	11	Hutchinson	10:54.10	____/____
4	1F	249	Allyson Sample	11	Marshall	11:00.70	____/____
5	1G	800	Olivia Goebel	11	Albany	11:09.32	____/____
12	1H	322	Megan Gullerud	10	Simley	11:52.92	____/____
13	1I	710	Kaia Osmundson	10	Chisago Lakes	11:54.04	____/____
16	1J	405	Esme Gulbransen	10	Breck School	12:14.40	____/____
17	1K	444	Selah Binsfeld	9	Totino-Grace	12:44.22	____/____
7	2A	610	Vivienne Larson	12	Benilde-St. Margaret's	11:26.00	____/____
6	2B	533	Isabel Mahoney	9	Monticello	11:16.80	____/____
2	2C	841	Lauren Eilers	10	Willmar	10:55.26	____/____
3	2D	210	Macy Hanson	10	Fairmont	10:56.59	____/____
10	2E	706	Annika Hall	7	Chisago Lakes	11:44.15	____/____
11	2F	351	Maggie McEllistrom	11	Two Rivers	11:50.08	____/____

BOYS 3200 Meter Run

FINALS: FRI 9:14 a.m.

			Name	Grade	School	Seed Time	Place / Time
15	1A	101	Gavin Hanke	12	Albert Lea	10:05.06	____/____
14	1B	615	Justin Zens	12	Delano	9:59.32	____/____
9	1C	713	Miles Fischer	12	Cloquet	9:48.94	____/____
8	1D	602	Sal Wirth	10	Annandale	9:48.60	____/____
1	1E	202	Emmett Gerres	12	Belle Plaine	9:17.69	____/____
4	1F	528	Noah Mahoney	12	Monticello	9:29.17	____/____
5	1G	432	John Gibbens	12	Mahtomedi	9:32.47	____/____
12	1H	344	Philipos Solomon	11	St. Thomas Academy	9:56.87	____/____
13	1I	325	Gavin Roberts	12	St. Paul Highland Park	9:59.30	____/____
16	1J	733	Brenden Sylvester	9	Grand Rapids	10:32.53	____/____
7	2A	840	Sully Anez	10	Willmar	9:41.65	____/____
6	2B	831	Eli Hall	11	Pequot Lakes	9:34.57	____/____
2	2C	400	Alden Keller	12	Breck School	9:21.24	____/____
3	2D	512	Owen Layton	11	Big Lake	9:22.05	____/____
10	2E	240	Ephraim Staley	9	Mankato West	9:50.90	____/____
11	2F	131	David Obst	9	Kasson-Mantorville	9:56.55	____/____

CLASS AA - RUNNING EVENTS

GIRLS 100 Meter High Hurdles (33")

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: FRI 9:30 a.m.

FINALS: SAT 9:54 a.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time	
1	542	Lillian Koenig	10	Princeton	16.47	___/___
2	614	Kayla Heinonen	9	Delano	15.95	___/___
3	616	Evelyn Olberding	9	Delano	15.63	___/___
4	834	Cecelia Woods	12	Rocori	15.06	___/___
5	324	Naomi Moore	10	Simley	15.04	___/___
6	528	Hope Guertin	11	Monticello	15.47	___/___
7	737	Shaeyna Andreotti	11	North Branch Area	15.91	___/___
8	236	Zoey Hermel	12	Mankato West	16.33	___/___

HEAT 2

1	442	Ellery Tennison	11	St. Paul Como Park	16.54	___/___
2	145	Brooklyn Flatau	10	Waseca	15.98	___/___
3	707	Hatatu Killeen	12	Chisago Lakes	15.81	___/___
4	814	Rylee Johnson	11	Detroit Lakes	15.28	___/___
5	445	Brooke Cina	12	Totino-Grace	14.87	___/___
6	336	Elizabeth Tuttle	9	St. Paul Academy and Summit School	15.31	___/___
7	146	Camille Ring	12	Waseca	15.88	___/___
8	229	Laura Thauvin	11	Mankato East	16.09	___/___

BOYS 110 Meter High Hurdles

3 Heats (9 advance — top 2 from each heat plus next 3 fastest times.)

PRELIMS: FRI 9:42 a.m.

FINALS: SAT 10:02 a.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time	
2	500	Owen Angell	10	Becker	15.41	___/___
3	462	Michael Strong	10	Totino-Grace	15.20	___/___
4	437	Jonah McCormick	11	Mahtomedi	14.93	___/___
5	627	Payton Kasper	12	Mound Westonka	14.89	___/___
6	747	Cody Evers	11	Proctor	15.11	___/___
7	119	Carter Johnson	11	*Faribault	15.39	___/___

HEAT 2

2	123	Aaron Plunkett	10	*Faribault	15.50	___/___
3	612	Cole Schmidt	12	Delano	15.22	___/___
4	633	Jack Fischer	12	Orono	14.97	___/___
5	737	Tayven Peterson	12	Mora	14.77	___/___
6	236	Ngor Jal	12	Mankato West	15.10	___/___
7	802	Otto Anderson	10	Alexandria Area	15.31	___/___

HEAT 3

2	336	Patrick Cunningham	11	St. Thomas Academy	15.70	___/___
3	812	Samuel Williams	11	Alexandria Area	15.23	___/___
4	264	Marenono Opiew	12	Worthington	15.07	___/___
5	255	Corbin Herron	11	St. Peter	14.71	___/___
6	319	Isaiah Wilson	10	Simley	15.10	___/___
7	728	Herschel Christensen	10	Grand Rapids	15.29	___/___
8	543	Noah Weekes	11	St. Cloud Apollo	16.26	___/___

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AA - RUNNING EVENTS

GIRLS 100 Meter Dash

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: FRI 9:56 a.m.

FINALS: SAT 10:10 a.m.

HEAT 1		Name	Grade	School	Seed Time	Place / Time
1	203	Tavashia Hill	11	Belle Plaine	12.71	____/____
2	418	Ayanna Zarlee	10	DeLaSalle	12.63	____/____
3	318	Janiya Moore	11	Richfield	12.49	____/____
4	837	Kendra Mehrkens	11	Thief River Falls	12.30	____/____
5	644	Brooke Hohenecker	11	*Providence Academy	12.09	____/____
6	435	Sierra Halverson	12	St. Anthony Village	12.46	____/____
7	149	Adriana Brenengen	10	Winona	12.59	____/____
8	212	Mylea Monahan	10	Glencoe-Silver Lake	12.68	____/____

HEAT 2

1	741	Dakota Esget	10	North Branch Area	12.72	____/____
2	538	Emelia Skistad	11	Monticello	12.65	____/____
3	316	Ava Maly	12	Minneapolis Roosevelt	12.53	____/____
4	608	Kiya Gilliand	11	Benilde-St. Margaret's	12.31	____/____
5	301	Ashley Fisher	11	Academy of Holy Angels	12.07	____/____
6	815	Abby Larson	12	Detroit Lakes	12.41	____/____
7	540	Sasha Steinbach	11	Monticello	12.56	____/____
8	122	Arabella Knudson	11	Kasson-Mantorville	12.68	____/____
9	723	Kellyn Biondi	12	Hermantown	12.73	____/____

GIRLS 100 Meter Wheelchair

FINALS: SAT 10:13 a.m.

		Name	Grade	School	Seed Time	Place / Time
4	221	Madison Harbarth	10	Mankato East	23.88	____/____
5	216	Adaylia Borgmeier	8	Mankato East	18.61	____/____
6	508	Tayla Gassman	9	Big Lake	35.95	____/____

CLASS AA - RUNNING EVENTS

BOYS 100 Meter Dash

3 Heats (9 advance — top 2 from each heat plus next 3 fastest times.)

PRELIMS: FRI 10:03 a.m.

FINALS: SAT 10:16 a.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1 516	Bo Beucler	12	Monticello	11.28	___/___
2 109	Thomas Fritz	12	Austin	11.12	___/___
3 553	Caden Spence	12	Zimmerman	11.00	___/___
4 813	Ethan Carrier	12	Detroit Lakes	10.93	___/___
5 239	Jalen Smith	11	Mankato West	10.92	___/___
6 646	Brian Schloeder	11	Rockford	10.98	___/___
7 703	Edmond Morris	10	Chisago Lakes	11.10	___/___
8 806	Daniel Jackson	10	Alexandria Area	11.19	___/___

HEAT 2

2 152	Kaeden Johnson	11	Waseca	11.14	___/___
3 710	Jordan Aultman	12	Cloquet	11.03	___/___
4 301	Kieran Murnan	12	Academy of Holy Angels	10.94	___/___
5 144	Thomas Lamkin	11	Red Wing	10.83	___/___
6 225	Aaron Stewart	12	Mankato East	10.97	___/___
7 645	Ethan Scarbrough	12	Rockford	11.07	___/___
8 814	Mason Carrier	11	Detroit Lakes	11.18	___/___

HEAT 3

2 314	Elijah Randle	12	Richfield	11.15	___/___
3 838	Will Steil	11	Rocori	11.04	___/___
4 320	Brouke Brookins	11	St. Paul Highland Park	10.95	___/___
5 607	Monte Gillman	11	Dassel-Cokato	10.76	___/___
6 459	EJ Mathis	12	Totino-Grace	10.95	___/___
7 426	Sawyer Seidl	12	Hill-Murray	11.04	___/___
8 149	Kyle Ahlschlager	12	Waseca	11.17	___/___

BOYS 100 Meter Wheelchair

FINALS: SAT 10:19 a.m.

	Name	Grade	School	Seed Time	Place / Time
4 161	Devin Filzen	9	Winona	19.68	___/___
5 211	Nelson Remington	10	Fairmont	17.51	___/___

CLASS AA - RUNNING EVENTS

GIRLS 4 x 200 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1

School	Seed Time	Place / Time
1 South St. Paul	1:47.02	___/___
2 St. Anthony Village	1:46.13	___/___
3 North Branch Area	1:45.79	___/___
4 Mankato West	1:43.76	___/___
5 Rocori	1:44.44	___/___
6 Belle Plaine	1:45.95	___/___
7 Foley	1:46.43	___/___
8 Red Wing	1:47.24	___/___

HEAT 2

1 Winona	1:46.87	___/___
2 Two Rivers	1:46.05	___/___
3 Thief River Falls	1:44.84	___/___
4 Monticello	1:43.44	___/___
5 Alexandria Area	1:44.75	___/___
6 Mound Westonka	1:45.98	___/___
7 Breck School	1:46.61	___/___
8 Hermantown	1:47.60	___/___
9 Annandale	1:48.02	___/___

PRELIMS: FRI 10:23 a.m.

FINALS: SAT 10:27 a.m.

BOYS 4 x 200 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1

School	Seed Time	Place / Time
1 Cloquet	1:31.69	___/___
2 St. Thomas Academy	1:30.73	___/___
3 Monticello	1:29.98	___/___
4 *Faribault	1:29.71	___/___
5 DeLaSalle	1:29.78	___/___
6 St. Peter	1:30.04	___/___
7 Mound Westonka	1:30.97	___/___
8 St. Paul Highland Park	1:32.28	___/___

HEAT 2

1 Rocori	1:31.66	___/___
2 Little Falls	1:30.48	___/___
3 Mankato West	1:29.97	___/___
4 Waseca	1:27.80	___/___
5 Totino-Grace	1:29.88	___/___
6 St. Francis	1:30.12	___/___
7 Rockford	1:31.05	___/___
8 *Rock Ridge	1:32.60	___/___

PRELIMS: FRI 10:37 a.m.

FINALS: SAT 10:37 a.m.

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

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CLASS AA - RUNNING EVENTS

GIRLS 4 x 100 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: FRI 11:00 a.m.

FINALS: SAT 11:08 a.m.

HEAT 1	School	Seed Time	Place / Time
1	Byron	50.24	___/___
2	Benilde-St Margaret's	49.90	___/___
3	Belle Plaine	49.55	___/___
4	DeLaSalle	49.29	___/___
5	Mankato East	49.40	___/___
6	Simley	49.63	___/___
7	New London-Spicer	49.92	___/___
8	Foley	50.28	___/___
9	Breck School	51.21	___/___

HEAT 2	School	Seed Time	Place / Time
1	Kasson-Mantorville	50.15	___/___
2	Mound Westonka	49.83	___/___
3	Chisago Lakes	49.54	___/___
4	Detroit Lakes	49.08	___/___
5	Rocori	49.49	___/___
6	Academy of Holy Angels	49.69	___/___
7	Mankato West	49.92	___/___
8	North Branch Area	50.30	___/___
9	Milaca	51.07	___/___

BOYS 4 x 100 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: FRI 11:13 a.m.

FINALS: SAT 11:17 a.m.

HEAT 1	School	Seed Time	Place / Time
1	Fridley	43.59	___/___
2	DeLaSalle	43.45	___/___
3	New Prague	43.25	___/___
4	Detroit Lakes	42.74	___/___
5	St. Thomas Academy	43.05	___/___
6	Mankato West	43.28	___/___
7	Rockford	43.46	___/___
8	Dassel-Cokato	43.90	___/___

Heat 2

1	Becker	43.50	___/___
2	Cloquet	43.36	___/___
3	Monticello	43.23	___/___
4	Waseca	42.38	___/___
5	Red Wing	43.07	___/___
6	Rocori	43.28	___/___
7	Two Rivers	43.48	___/___
8	Chisago Lakes	44.25	___/___

CLASS AA - RUNNING EVENTS

GIRLS 400 Meter Dash

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: FRI 11:28 a.m.

FINALS: SAT 11:22 a.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1 719	Alexa Shepherd	11	Cloquet	1:00.36	___/___
2 831	Jasmine Sieben	11	Rocori	59.83	___/___
3 644	Brooke Hohenecker	11	*Providence Academy	58.98	___/___
4 539	Kaela Skistad	10	Monticello	57.95	___/___
5 340	Ellie Moore	10	St. Paul Highland Park	58.29	___/___
6 213	Isabelle Schmitz	11	Hutchinson	59.13	___/___
7 430	Olivia Thiele	10	Mahtomedi	1:00.02	___/___
8 739	Derrian Dick	10	North Branch Area	1:00.89	___/___

HEAT 2

1 636	Rianne Andreen	8	Orono	1:00.29	___/___
2 806	Alison Krasky	10	Alexandria Area	59.79	___/___
3 143	Carly Hartwig	7	Tri-City United	58.78	___/___
4 314	Maisie Pederson	12	Bloomington Kennedy	57.76	___/___
5 504	Hannah Dierkes	10	Becker	58.74	___/___
6 223	Lauren Henkels	9	Mankato East	59.46	___/___
7 136	Audrey Schindelar	9	Stewartville	1:00.11	___/___
8 427	Allison Rippentrop	9	Mahtomedi	1:00.92	___/___

BOYS 400 Meter Dash

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: FRI 11:35 a.m.

FINALS: SAT 11:30 a.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1 845	Sam Raitz	12	Willmar	51.08	___/___
2 405	Darius Irvin	10	DeLaSalle	50.76	___/___
3 160	Brayden Draheim	12	Winona	49.90	___/___
4 603	Graham Zuehlke	11	Annandale	48.68	___/___
5 549	Brady Johnson	12	St. Francis	49.08	___/___
6 257	Brooks Reicks	12	St. Peter	50.27	___/___
7 735	Andrew Schmitz	12	Hermantown	50.77	___/___
8 736	Blake Schmitz	12	Hermantown	51.34	___/___

HEAT 2

1 818	Evan Thomas	12	Detroit Lakes	50.84	___/___
2 166	Xavier Schultz	12	Winona	50.59	___/___
3 534	Jonah Hviding	12	Princeton	49.24	___/___
4 628	Jack Markstrom	11	Mound Westonka	48.52	___/___
5 611	PK Moore	12	Delano	49.16	___/___
6 203	Austin Kehr	11	Belle Plaine	50.57	___/___
7 310	Joaquin Jamison	11	Richfield	50.83	___/___
8 335	Daniel Creamer	12	St. Thomas Academy	51.67	___/___
9 444	Micah Young	12	Minneapolis Edison	52.13	___/___

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AA - RUNNING EVENTS

GIRLS 300 Meter Hurdles

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: FRI 11:45 a.m.

FINALS: SAT 11:39 a.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1 336	Elizabeth Tuttle	9	St. Paul Academy and Summit School	47.74	____/____
2 705	Ava Bringgold	10	Chisago Lakes	46.76	____/____
3 630	Reese Kasper	9	Mound Westonka	46.00	____/____
4 212	Mylea Monahan	10	Glencoe-Silver Lake	44.71	____/____
5 834	Cecelia Woods	12	Rocori	45.50	____/____
6 528	Hope Guertin	11	Monticello	46.15	____/____
7 805	Sophia Korynta	11	Alexandria Area	46.80	____/____
8 411	Anya Adelgren	12	DeLaSalle	47.98	____/____

HEAT 2

1 133	Anna Stockton	7	Red Wing	47.49	____/____
2 744	Ella Kuhlman	10	North Branch Area	46.74	____/____
3 324	Naomi Moore	10	Simley	45.89	____/____
4 139	Haylie Strum	12	Stewartville	44.63	____/____
5 445	Brooke Cina	12	Totino-Grace	45.55	____/____
6 553	Abbigale Paulson	10	St. Francis	46.72	____/____
7 228	Emmy Schulz	12	Mankato East	46.90	____/____
8 652	Kaitlyn Wercinski	11	Southwest Christian	48.36	____/____

BOYS 300 Meter Intermediate Hurdles

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: FRI 11:55 a.m.

FINALS: SAT 11:47 a.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1 135	Nick Walch	12	Plainview-Elgin-Millville	40.91	____/____
2 846	William Sportel	11	Willmar	40.33	____/____
3 749	Cameron Pease	11	Proctor	39.93	____/____
4 737	Tayven Peterson	12	Mora	39.33	____/____
5 627	Payton Kasper	12	Mound Westonka	39.47	____/____
6 418	Lorenzo Hampton III	9	Fridley	40.03	____/____
7 255	Corbin Herron	11	St. Peter	40.46	____/____
8 524	DJ Hausmann	9	Monticello	41.96	____/____

HEAT 2

1 500	Owen Angell	10	Becker	40.79	____/____
2 264	Marenono Opiew	12	Worthington	40.27	____/____
3 802	Otto Anderson	10	Alexandria Area	39.72	____/____
4 633	Jack Fischer	12	Orono	39.11	____/____
5 437	Jonah McCormick	11	Mahtomedi	39.61	____/____
6 116	Cristian Escobar	11	*Faribault	40.21	____/____
7 346	Michael Thompson	12	St. Thomas Academy	40.62	____/____
8 305	Easton Keefe	10	Bloomington Kennedy	42.18	____/____

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AA - RUNNING EVENTS

GIRLS 800 Meter Run

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: FRI 12:05 p.m.

FINALS: SAT 11:55 a.m.

HEAT 1				Seed Time	Place / Time	
	Name	Grade	School			
1	529	Sophia Haase	12	Monticello	2:22.98	____/____
2	314	Maisie Pederson	12	Bloomington Kennedy	2:20.42	____/____
3	643	Kylie Hartel	9	*Providence Academy	2:19.29	____/____
4	811	Kasey Soderholm	10	Alexandria Area	2:16.94	____/____
5	214	Kendra Krueger	12	Jordan	2:18.00	____/____
6	401	Annabelle Ellenbogen	9	Breck School	2:19.96	____/____
7	118	Brooklyn Becker	10	*Faribault	2:21.89	____/____
8	449	Molly Vance	12	Totino-Grace	2:24.01	____/____
HEAT 2						
1	144	Ella Dufault	12	Waseca	2:22.93	____/____
2	734	Emery Maki	12	*Hibbing	2:20.41	____/____
3	556	Hailee Zimpel	12	Zimmerman	2:18.66	____/____
4	822	Calia Chaney	11	Pequot Lakes	2:14.99	____/____
5	339	Delia Johnson	12	St. Paul Highland Park	2:18.40	____/____
6	242	Taleigha Bigler	9	Marshall	2:20.26	____/____
7	645	Faith Lamah	9	*Providence Academy	2:21.98	____/____
8	749	Madison Whitman	11	North Branch Area	2:24.28	____/____

GIRLS 800 Meter Wheelchair

FINALS: SAT 12:00 p.m.

	Name	Grade	School	Seed Time	Place / Time	
4	216	Adaylia Borgmeier	8	Mankato East	2:30.58	____/____

CLASS AA - RUNNING EVENTS

BOYS 800 Meter Run

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: FRI 12:13 p.m.

FINALS: SAT 12:05 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1 446	Alexander Bjork	12	St. Anthony Village	2:00.56	____/____
2 649	Wyatt Wercinski	11	Southwest Christian	2:00.02	____/____
3 614	Caden Zens	12	Delano	1:59.46	____/____
4 218	Nicholas Brauer	12	Mankato East	1:57.51	____/____
5 768	Cameron Stocke	12	*Rock Ridge	1:58.28	____/____
6 504	Tyson Ricker	12	Becker	1:59.85	____/____
7 822	Wyatt Baum	12	Little Falls	2:00.29	____/____
8 458	Matthew Lindgren	10	Totino-Grace	2:00.56	____/____

HEAT 2

1 137	Aaron Freier	12	Red Wing	2:00.46	____/____
2 308	Casey Gay	12	Richfield	2:00.02	____/____
3 360	Jon Wollan	11	Two Rivers	1:59.31	____/____
4 216	Kaleb Sharp	12	Jordan	1:56.60	____/____
5 513	Jack Leuer	10	Big Lake	1:58.73	____/____
6 148	Dante Juberian	12	Tri-City United	1:59.88	____/____
7 820	Jaden Miller	10	Fergus Falls	2:00.41	____/____
8 735	Andrew Schmitz	12	Hermantown	2:03.64	____/____

BOYS 800 Meter Wheelchair

FINALS: SAT 12:10 a.m.

	Name	Grade	School	Seed Time	Place / Time
4 211	Nelson Remington	10	Fairmont	2:10.78	____/____
5 161	Devin Filzen	9	Winona	2:43.03	____/____

CLASS AA - RUNNING EVENTS

GIRLS 200 Meter Dash

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: FRI 12:25 p.m.

FINALS: SAT 12:15 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1 748	Sophia Thorsen	8	North Branch Area	26.02	___/___
2 608	Kiya Gilliland	11	Benilde-St. Margaret's	25.80	___/___
3 538	Emelia Skistad	11	Monticello	25.40	___/___
4 644	Brooke Hohenecker	11	*Providence Academy	25.23	___/___
5 837	Kendra Mehrkens	11	Thief River Falls	25.25	___/___
6 318	Janiya Moore	11	Richfield	25.55	___/___
7 212	Mylea Monahan	10	Glencoe-Silver Lake	25.88	___/___
8 418	Ayanna Zarlee	10	DeLaSalle	26.13	___/___

HEAT 2

1 752	Lizzy Fultz	9	*Rock Ridge	26.01	___/___
2 316	Ava Maly	12	Minneapolis Roosevelt	25.71	___/___
3 237	Ruby Marble	9	Mankato West	25.31	___/___
4 301	Ashley Fisher	11	Academy of Holy Angels	25.09	___/___
5 149	Adriana Brenengen	10	Winona	25.25	___/___
6 406	Lulu McGarry	9	Breck School	25.55	___/___
7 122	Arabella Knudson	11	Kasson-Mantorville	25.91	___/___
8 815	Abby Larson	12	Detroit Lakes	26.19	___/___
9 540	Sasha Steinbach	11	Monticello	26.36	___/___

GIRLS 200 Meter Wheelchair

FINALS: SAT 12:18 p.m.

	Name	Grade	School	Seed Time	Place / Time
4 216	Adaylia Borgmeier	8	Mankato East	34.04	___/___
5 508	Tayla Gassman	9	Big Lake	1:16.42	___/___

CLASS AA - RUNNING EVENTS

BOYS 200 Meter Dash

3 Heats (9 advance — top 2 from each heat plus next 3 fastest times.)

PRELIMS: FRI 12:33 p.m.

FINALS: SAT 12:21 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
2 838	Will Steil	11	Rocori	22.48	___/___
3 459	EJ Mathis	12	Totino-Grace	22.27	___/___
4 616	Blake Aller	11	Litchfield	21.86	___/___
5 257	Brooks Reicks	12	St. Peter	21.93	___/___
6 804	Isaiah Brown	12	Alexandria Area	22.28	___/___
7 314	Elijah Randle	12	Richfield	22.51	___/___

HEAT 2

2 136	Kraig Burnell	12	Red Wing	22.43	___/___
3 553	Caden Spence	12	Zimmerman	22.25	___/___
4 144	Thomas Lamkin	11	Red Wing	21.54	___/___
5 301	Kieran Murnan	12	Academy of Holy Angels	22.14	___/___
6 243	Jonathan Grams	12	New Prague	22.35	___/___
7 732	Austin Prebeck	10	Grand Rapids	22.96	___/___

HEAT 3

1 734	Taguta Tadiwanaishe	10	Grand Rapids	23.10	___/___
2 549	Brady Johnson	12	St. Francis	22.41	___/___
3 214	Parker Peterson	11	Hutchinson	22.19	___/___
4 225	Aaron Stewart	12	Mankato East	21.54	___/___
5 155	Damarius Russell	10	Waseca	22.15	___/___
6 607	Monte Gillman	11	Dassel-Cokato	22.39	___/___
7 456	Justin Kuharski	11	Totino-Grace	23.05	___/___

BOYS 200 Meter Wheelchair

FINALS: SAT 12:24 p.m.

	Name	Grade	School	Seed Time	Place / Time
4 211	Nelson Remington	10	Fairmont	31.69	___/___
5 161	Devin Filzen	9	Winona	38.30	___/___

CLASS AA - RUNNING EVENTS

GIRLS 4 x 400 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: FRI 12:57 p.m.

FINALS: SAT 12:36 p.m.

HEAT 1	School	Seed Time	Place / Time
1	Mahtomedi	4:10.76	____/____
2	Two Rivers	4:08.87	____/____
3	Marshall	4:05.33	____/____
4	Pequot Lakes	4:03.21	____/____
5	Mankato East	4:04.33	____/____
6	Stewartville	4:05.84	____/____
7	*Providence Academy	4:09.77	____/____
8	Mound Westonka	4:11.06	____/____
HEAT 2			
1	Chisago Lakes	4:10.23	____/____
2	St. Paul Highland Park	4:08.48	____/____
3	North Branch Area	4:04.55	____/____
4	Willmar	4:00.96	____/____
5	Byron	4:04.43	____/____
6	Monticello	4:08.32	____/____
7	St. Anthony Village	4:10.14	____/____
8	Foley	4:13.36	____/____

BOYS 4 x 400 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: FRI 1:11 p.m.

FINALS: SAT 12:44 p.m.

HEAT 1	School	Seed Time	Place / Time
1	Little Falls	3:29.88	____/____
2	DeLaSalle	3:29.29	____/____
3	St. Thomas Academy	3:27.84	____/____
4	Worthington	3:26.45	____/____
5	Mankato East	3:26.46	____/____
6	Litchfield	3:28.47	____/____
7	*Rock Ridge	3:29.34	____/____
8	Mahtomedi	3:30.42	____/____
HEAT 2			
1	Princeton	3:29.68	____/____
2	St. Paul Highland Park	3:28.94	____/____
3	*Faribault	3:27.20	____/____
4	Mound Westonka	3:25.39	____/____
5	Winona	3:27.19	____/____
6	Monticello	3:28.72	____/____
7	Alexandria Area	3:29.57	____/____
8	Duluth Denfeld	3:34.58	____/____

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AA - RUNNING EVENTS

GIRLS 4 x 800 Meter Relay

FINALS: SAT 9:00 a.m.

SECTION 1 School

		Seed Time	Place / Time
1	Mahtomedi	10:21.38	____/____
2	Blake	9:55.01	____/____
3	Becker	9:52.34	____/____
4	Two Rivers	9:51.47	____/____
5	Byron	9:52.25	____/____
6	Willmar	9:52.67	____/____
7	Winona	9:56.36	____/____
8	Totino-Grace	10:27.54	____/____

SECTION 2

1	Orono	9:44.69	____/____
2	Spectrum	9:42.03	____/____
3	Alexandria Area	9:32.41	____/____
4	Mankato East	9:28.87	____/____
5	Marshall	9:32.33	____/____
6	*Providence Academy	9:41.38	____/____
7	Cloquet	9:44.00	____/____
8	*Hibbing	9:46.46	____/____

BOYS 4 x 800 Meter Relay

FINALS: SAT 9:24 a.m.

SECTION 1 School

		Seed Time	Place / Time
1	*Faribault	8:23.44	____/____
2	Albert Lea	8:17.72	____/____
3	St. Anthony Village	8:15.39	____/____
4	Willmar	8:12.80	____/____
5	*Rock Ridge	8:13.96	____/____
6	Mahtomedi	8:15.71	____/____
7	Pine City	8:22.21	____/____
8	Orono	8:24.59	____/____

SECTION 2

1	Richfield	8:09.52	____/____
2	Alexandria Area	8:09.12	____/____
3	Belle Plaine	8:03.77	____/____
4	Mankato East	7:56.93	____/____
5	Worthington	8:00.86	____/____
6	Two Rivers	8:06.85	____/____
7	Annandale	8:09.15	____/____
8	Big Lake	8:09.74	____/____
9	Monticello	8:12.05	____/____

CLASS AA - RUNNING EVENTS

GIRLS 1600 Meter Run

FINALS: SAT 10:46 a.m.

			Name	Grade	School	Seed Time	Place / Time
15	1A	352	Josie Miller	7	Two Rivers	5:32.19	___/___
14	1B	117	Brynn Beardsley	9	*Faribault	5:29.02	___/___
9	1C	610	Vivienne Larson	12	Benilde-St. Margaret's	5:17.20	___/___
8	1D	706	Annika Hall	7	Chisago Lakes	5:16.39	___/___
1	1E	213	Isabelle Schmitz	11	Hutchinson	4:58.34	___/___
4	1F	822	Calia Chaney	11	Pequot Lakes	5:02.25	___/___
5	1G	533	Isabel Mahoney	9	Monticello	5:13.27	___/___
12	1H	401	Annabelle Ellenbogen	9	Breck School	5:23.14	___/___
13	1I	100	Marissa Shute	10	Austin	5:28.32	___/___
16	1J	434	Piper Gushwa	10	St. Anthony Village	5:35.41	___/___
7	2A	710	Kaia Osmundson	10	Chisago Lakes	5:16.02	___/___
6	2B	351	Maggie McEllistrom	11	Two Rivers	5:14.47	___/___
2	2C	808	Jaelyn Miller	11	Alexandria Area	5:00.43	___/___
3	2D	214	Kendra Krueger	12	Jordan	5:02.24	___/___
10	2E	551	Stella Rusch	11	St. Cloud Tech	5:19.22	___/___
11	2F	601	Olivia Minear	11	Annandale	5:19.70	___/___

BOYS 1600 Meter Run

FINALS: SAT 10:56 a.m.

			Name	Grade	School	Seed Time	Place / Time
15	1A	137	Aaron Freier	12	Red Wing	4:31.21	___/___
14	1B	344	Philipos Solomon	11	St. Thomas Academy	4:30.69	___/___
9	1C	834	Vincent Kaluza	12	Rocori	4:25.27	___/___
8	1D	504	Tyson Ricker	12	Becker	4:24.59	___/___
1	1E	768	Cameron Stocke	12	*Rock Ridge	4:13.09	___/___
4	1F	458	Matthew Lindgren	10	Totino-Grace	4:17.02	___/___
5	1G	453	Charlie Power-Theisen	12	St. Paul Como Park	4:20.68	___/___
12	1H	148	Dante Juberian	12	Tri-City United	4:28.34	___/___
13	1I	216	Kaleb Sharp	12	Jordan	4:28.48	___/___
16	1J	348	Emmett Wolf	12	St. Thomas Academy	4:31.24	___/___
17	1K	639	Lev Dougherty	9	*Providence Academy	4:33.50	___/___
7	2A	713	Miles Fischer	12	Cloquet	4:22.80	___/___
6	2B	528	Noah Mahoney	12	Monticello	4:22.45	___/___
2	2C	202	Emmett Gerres	12	Belle Plaine	4:15.48	___/___
3	2D	400	Alden Keller	12	Breck School	4:17.02	___/___
10	2E	801	Carter Schwalbe	11	Albany	4:25.82	___/___
11	2F	637	Owen Hirt	11	Orono	4:28.32	___/___



**The Minnesota State High School League
and its 500+ member schools**

THANK YOU

for making this meet a

POSITIVE and SAFE

environment.

80
TEAM
CHAMPIONS

**The League annually crowns 80 team champions
and numerous individual champions.**

CLASS AA - FIELD EVENTS

GIRLS Long Jump Top 9 plus ties advance to finals.

FINALS: FRI 9:00 a.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance
1	449 Molly Vance	12	Totino-Grace	16-05.25	____/____
2	315 Daphne Such	10	Bloomington Kennedy	16-07.00	____/____
3	241 McKenna Schreiber	12	Mankato West	16-07.00	____/____
4	119 Sivana Schwartz	9	*Faribault	16-07.50	____/____
5	721 Taylor Wick	12	Cloquet	16-09.25	____/____
6	810 Kaija Schneider	10	Alexandria Area	16-11.00	____/____
7	145 Brooklyn Flatau	10	Waseca	16-11.00	____/____
8	749 Madison Whitman	11	North Branch Area	17-00.50	____/____

FLIGHT 2

1	555 Marissa Rotz	11	Zimmerman	17-02.50	____/____
2	424 Kaili Malvey	10	Mahtomedi	17-03.00	____/____
3	514 Emily Novak	11	Foley	17-03.25	____/____
4	531 Lauren Hansen	9	Monticello	17-04.50	____/____
5	649 Elise Biorn	12	Rockford	17-04.75	____/____
6	619 Lillia Chvatal	12	Litchfield	17-05.50	____/____
7	336 Elizabeth Tuttle	9	St. Paul Academy and Summit School	17-07.00	____/____
8	220 Rylie Hansen	10	Mankato East	17-09.25	____/____
9	832 Ava Thoennes	11	Rocori	17-09.50	____/____

BOYS Triple Jump Top 9 plus ties advance to finals.

FINALS: FRI 9:00 a.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance
1	613 Jake Schultz	10	Delano	41-00.50	____/____
2	642 Ty Kulavik	11	Rockford	41-03.75	____/____
3	160 Brayden Draheim	12	Winona	41-07.50	____/____
4	264 Marenono Opiew	12	Worthington	42-01.50	____/____
5	545 Arik Nikolas	12	St. Cloud Tech	42-06.00	____/____
6	324 Terez McDaniel-Vaughn	12	St. Paul Highland Park	42-11.00	____/____
7	830 Gabe Shanoff	11	Little Falls	43-01.75	____/____
8	145 Carter Anderson	11	Stewartville	43-03.50	____/____

FLIGHT 2

1	821 Shane Zierden	11	Fergus Falls	43-05.25	____/____
2	738 Nick Bovitz	12	North Branch Area	43-07.50	____/____
3	712 Matthew Erickson	12	Cloquet	43-08.00	____/____
4	503 Carter Reckelberg	10	Becker	44-00.00	____/____
5	419 Fadel Johnson	11	Fridley	44-01.75	____/____
6	304 Grayson Okoronkwo	11	Blake	44-04.00	____/____
7	424 Isaiah Watson	11	Fridley	45-03.00	____/____
8	263 Abagotte Opiew	12	Worthington	45-06.25	____/____

CLASS AA - FIELD EVENTS

BOYS Pole Vault Five (5) alive procedure.

FINALS: FRI 9:00 a.m.

Opening height 10'0" – 6" increments until nine remain, then 3" increments

CONTINUOUS FLIGHTS

	Name	Grade	School	Seed Mark	Place / Height
1	452 Jack Peterson	11	St. Anthony Village	10-04.00	____/____
2	422 Nicholas Richard	12	Fridley	10-07.00	____/____
3	842 Tyler Evans	11	Willmar	11-11.00	____/____
4	843 Koda Helfinstine	11	Willmar	11-11.00	____/____
5	300 Ben Ertl	12	Academy of Holy Angels	12-00.00	____/____
6	303 Colin Craig	11	Blake	12-03.00	____/____
7	702 Elias Hallan	12	Chisago Lakes	12-03.00	____/____
8	731 Kaydin Metzgar	12	Grand Rapids	12-08.00	____/____
9	219 Mathias Greiner	12	Mankato East	12-11.00	____/____
10	217 Leo Siekmann	11	Jordan	12-11.00	____/____
11	121 Cooper Leichtnam	11	*Faribault	13-00.00	____/____
12	134 Kyler Lamb	12	Plainview-Elgin-Millville	13-00.00	____/____
13	515 Ethan Novak	12	Foley	13-05.00	____/____
14	537 Cadyn Miller	11	Princeton	13-05.00	____/____
15	627 Payton Kasper	12	Mound Westonka	13-11.00	____/____
16	500 Owen Angell	10	Becker	13-11.00	____/____
17	641 Tristan Faber	11	Rockford	13-11.00	____/____
18	646 Brian Schloeder	11	Rockford	14-05.00	____/____

GIRLS High Jump Five (5) alive procedure.

FINALS: FRI 9:00 a.m.

Opening height 4'8" – 2" increments until nine remain, then 1" increments

CONTINUOUS FLIGHTS

	Name	Grade	School	Seed Mark	Place / Height
1	555 Marissa Rotz	11	Zimmerman	4-11.00	____/____
2	611 Ames Leber	9	Benilde-St. Margaret's	4-11.00	____/____
3	705 Ava Bringgold	10	Chisago Lakes	5-00.00	____/____
4	313 Deshawna Neal	12	Bloomington Kennedy	5-01.00	____/____
5	721 Taylor Wick	12	Cloquet	5-01.00	____/____
6	438 Mara Larson	12	St. Anthony Village	5-01.00	____/____
7	211 Bella Larson	11	Fairmont	5-01.00	____/____
8	612 Anna Lervick	12	Benilde-St. Margaret's	5-01.00	____/____
9	252 Susie Dalsin	10	New Prague	5-01.00	____/____
10	424 Kaili Malvey	10	Mahtomedi	5-02.00	____/____
11	543 Kyleigh Noble	9	Princeton	5-02.00	____/____
12	120 Delaney Awe	10	Kasson-Mantorville	5-02.00	____/____
13	832 Ava Thoennes	11	Rocori	5-03.00	____/____
14	820 Danica Pederson	9	New London-Spicer	5-03.00	____/____
15	814 Rylee Johnson	11	Detroit Lakes	5-03.00	____/____
16	153 Chloe Fratzke	10	Winona	5-03.00	____/____
17	812 Grace Gunderson	11	Detroit Lakes	5-05.00	____/____
18	356 Taylor Taurinskas	10	Two Rivers	5-06.00	____/____

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AA - FIELD EVENTS

BOYS Shot Put Top 9 plus ties advance to finals.

FINALS: FRI 9:00 a.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance	
1	317	Akinlana Oduwaiye	12	Simley	43-11.25	____/____
2	334	Cooper Clinton	12	St. Thomas Academy	44-09.75	____/____
3	440	Emmett Poppelman	12	Mahtomedi	47-05.00	____/____
4	455	Louie DeMedici	12	Totino-Grace	48-00.00	____/____
5	547	Philip Conant	12	St. Francis	48-03.50	____/____
6	762	Noah Mitchell	12	*Rock Ridge	48-11.00	____/____
7	146	Peyton Byrne	12	Stewartville	49-09.75	____/____
8	213	Aaron Higgins	12	Glencoe-Silver Lake	50-06.75	____/____

FLIGHT 2

1	147	Torasbjorn Lunaas	12	Stewartville	50-07.25	____/____
2	624	Samuel Dioszeghy	12	Mound Westonka	51-04.50	____/____
3	544	Derrick Cox-Payton	12	St. Cloud Tech	51-10.50	____/____
4	835	Grady Minnerath	11	Rocori	52-01.00	____/____
5	748	Josh Monreal	12	Proctor	52-02.50	____/____
6	210	Hank Artz	10	Fairmont	52-10.00	____/____
7	617	TJ Christensen	11	Litchfield	53-09.25	____/____
8	819	Alexander Jensen	12	Fergus Falls	55-06.00	____/____

BOYS Shot Put Wheelchair

FINALS: FRI 9:00 a.m.

	Name	Grade	School	Seed Mark	Place / Distance	
1	161	Devin Filzen	9	Winona	20-02.50	____/____

CLASS AA - FIELD EVENTS

GIRLS Discus Top 9 plus ties advance to finals.

FINALS: FRI 10:15 a.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance	
1	443	Heaven Glass	12	St. Paul Johnson	87-04	____/____
2	413	Manuella Gbedjangni	11	DeLaSalle	93-01	____/____
3	308	Sydney Dorvil	12	Blake	108-04	____/____
4	317	Regan Wight	12	Minneapolis Roosevelt	109-05	____/____
5	234	Allison Banse	11	Mankato West	113-11	____/____
6	751	Maggie Smetana	12	Pine City	114-06	____/____
7	222	Yonna Harris	10	Mankato East	114-07	____/____
8	552	Reese Jorgenson	12	St. Francis	115-06	____/____

FLIGHT 2

1	720	Seija Suominen	12	Cloquet	116-05	____/____
2	830	Brianna Schneider	10	Rocori	117-02	____/____
3	148	Shay (Shaquavianna) Berlin-Burns	11	Winona	117-07	____/____
4	621	Grace Schmidt	11	Litchfield	118-07	____/____
5	617	Logan Paulsen	12	Holy Family Catholic	124-01	____/____
6	807	Elise Maagard	11	Alexandria Area	127-01	____/____
7	544	Brooke Mushatt	11	Sauk Rapids-Rice	127-05	____/____
8	125	Lauren Rott	12	Plainview-Elgin-Millville	128-00	____/____

GIRLS Discus Wheelchair

FINALS: FRI 10:15 a.m.

	Name	Grade	School	Seed Mark	Place / Distance	
1	221	Madison Harbarth	10	Mankato East	28-00	____/____
2	508	Tayla Gassman	9	Big Lake	35-04	____/____

CLASS AA - FIELD EVENTS

BOYS Long Jump Top 9 plus ties advance to finals.

FINALS: SAT 9:00 a.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance	
1	306	Esosa Ogbemor	11	Bloomington Kennedy	20-05.25	____/____
2	730	Colton Johnson	11	Grand Rapids	20-08.25	____/____
3	304	Grayson Okoronkwo	11	Blake	20-08.50	____/____
4	434	Maxwell Holley	12	Mahtomedi	20-10.00	____/____
5	800	Tysen Gerads	12	Albany	20-10.25	____/____
6	647	Henry Skinner	12	Rockford	21-00.00	____/____
7	808	Evan Kludt	10	Alexandria Area	21-00.75	____/____
8	641	Tristan Faber	11	Rockford	21-03.00	____/____

FLIGHT 2

1	234	Carter Hawker	12	Mankato West	21-03.25	____/____
2	155	Damarius Russell	10	Waseca	21-05.25	____/____
3	425	Nolan Moynagh	12	Hill-Murray	21-05.50	____/____
4	263	Abagotte Opiew	12	Worthington	21-07.25	____/____
5	545	Arik Nikolas	12	St. Cloud Tech	21-10.25	____/____
6	149	Kyle Ahlschlager	12	Waseca	22-00.25	____/____
7	738	Nick Bovitz	12	North Branch Area	22-01.75	____/____
8	503	Carter Reckelberg	10	Becker	23-02.75	____/____

GIRLS Triple Jump Top 9 plus ties advance to finals.

FINALS: SAT 9:00 a.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance	
1	554	Samantha Paulsen	12	Zimmerman	33-11.00	____/____
2	102	Clara Braun	12	Byron	34-02.25	____/____
3	745	Asaysha Olson	10	North Branch Area	34-05.00	____/____
4	424	Kaili Malvey	10	Mahtomedi	34-09.25	____/____
5	514	Emily Novak	11	Foley	34-10.50	____/____
6	429	Erin Steinman	12	Mahtomedi	35-00.50	____/____
7	232	Rieeko Tut	11	Mankato East	35-01.75	____/____
8	842	Lyndi Koosman	11	Willmar	35-09.25	____/____

FLIGHT 2

1	101	Olivia Walsh	12	Austin	36-01.75	____/____
2	301	Ashley Fisher	11	Academy of Holy Angels	36-03.75	____/____
3	612	Anna Lervick	12	Benilde-St. Margaret's	36-07.50	____/____
4	833	Kate Van Erp	10	Rocori	36-08.00	____/____
5	651	Mehlayna Straub	12	Southwest Christian	36-09.50	____/____
6	220	Rylie Hansen	10	Mankato East	36-10.50	____/____
7	721	Taylor Wick	12	Cloquet	36-11.00	____/____
8	319	Ayisat Adebayo	10	Simley	37-02.50	____/____

CLASS AA - FIELD EVENTS

GIRLS Pole Vault Five (5) alive procedure.

FINALS: SAT 9:00 a.m.

Opening height 8'6" – 6" increments until nine remain, then 3" increments

CONTINUOUS FLIGHTS

	Name	Grade	School	Seed Mark	Place / Height
1	420 Olivia Smith	11	Hill-Murray	8-10.00	____/____
2	108 Claire Krook	10	Byron	9-06.00	____/____
3	306 Brooke Wisdom	11	Academy of Holy Angels	9-09.00	____/____
4	315 Daphne Such	10	Bloomington Kennedy	9-09.00	____/____
5	722 Josie Hanttula	12	Grand Rapids	10-00.00	____/____
6	419 Ava Johnson	12	Hill-Murray	10-01.00	____/____
7	526 Reina Mikla	12	Milaca	10-02.00	____/____
8	141 Meghan Urban	11	Stewartville	10-03.00	____/____
9	740 Ella Dick	9	North Branch Area	10-04.00	____/____
10	842 Lyndi Koosman	11	Willmar	10-08.00	____/____
11	650 Dayne Lowe	12	Rockford	10-08.00	____/____
12	225 Addison Peed	12	Mankato East	10-08.00	____/____
13	813 Jerzie Horner	12	Detroit Lakes	10-08.00	____/____
14	620 Raina Kaping	12	Litchfield	10-08.00	____/____
15	253 Emily Pearson	12	New Ulm	11-02.00	____/____
16	507 Lauren Woelfel	11	Becker	11-05.00	____/____
17	220 Rylie Hansen	10	Mankato East	12-02.00	____/____

BOYS High Jump Five (5) alive procedure.

FINALS: SAT 9:00 a.m.

Opening height 5'8" – 2" increments until nine remain, then 1" increments

CONTINUOUS FLIGHTS

	Name	Grade	School	Seed Mark	Place / Height
1	706 Blake Siefert	10	Chisago Lakes	5-10.00	____/____
2	318 Kayden Reid-Aaron	12	Simley	5-10.00	____/____
3	769 Max Williams	11	*Rock Ridge	5-11.00	____/____
4	636 August Heinen	12	Orono	6-00.00	____/____
5	510 Carson Kunz	12	Big Lake	6-00.00	____/____
6	310 Joaquin Jamison	11	Richfield	6-00.00	____/____
7	542 Jairus Sorensen	12	Spectrum	6-00.00	____/____
8	800 Tysen Gerads	12	Albany	6-02.00	____/____
9	132 Emmett Ricke	11	Kasson-Mantorville	6-02.00	____/____
10	250 James Osborne	11	New Ulm	6-02.00	____/____
11	647 Henry Skinner	12	Rockford	6-02.00	____/____
12	208 Andrew Siegle	12	Belle Plaine	6-02.00	____/____
13	235 Michael Henderson	12	Mankato West	6-02.00	____/____
14	436 Elish McCormick	9	Mahtomedi	6-02.00	____/____
15	803 Jacob Balcome	12	Alexandria Area	6-02.00	____/____
16	110 A'Triel Terry	12	Austin	6-03.00	____/____
17	404 DeShawn Harrison	12	DeLaSalle	6-03.00	____/____
18	111 Ryan Stites	10	Byron	6-04.00	____/____
19	145 Carter Anderson	11	Stewartville	6-06.00	____/____
20	430 Owen Carlson	12	Mahtomedi	6-08.00	____/____

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS AA - FIELD EVENTS

GIRLS Shot Put Top 9 plus ties advance to finals.

FINALS: SAT 9:00 a.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance	
1	410	Lilah Bergan	12	Columbia Heights	31-01.00	____/____
2	327	Summer Scofield	12	Simley	31-05.25	____/____
3	413	Manuella Gbedjangni	11	DeLaSalle	32-04.50	____/____
4	326	Sydney Ries	10	Simley	34-01.75	____/____
5	536	Graycee Roubinek	12	Monticello	35-01.50	____/____
6	736	Abigail Sullivan	12	*Hibbing	35-02.75	____/____
7	245	Paige Gillingham	10	Marshall	35-04.50	____/____
8	552	Reese Jorgenson	12	St. Francis	35-06.00	____/____

FLIGHT 2

1	653	Mallory Czinano	11	Watertown-Mayer	35-08.75	____/____
2	618	Jaelyn Baseman	12	Litchfield	36-03.25	____/____
3	234	Allison Banse	11	Mankato West	36-07.00	____/____
4	125	Lauren Rott	12	Plainview-Elgin-Millville	36-07.00	____/____
5	750	Lena Roubinek	11	Pine City	36-08.00	____/____
6	147	Arianna Berlin-Burns	12	Winona	36-11.00	____/____
7	830	Brianna Schneider	10	Rocori	39-01.00	____/____
8	823	Amelia Davis	11	Pequot Lakes	39-03.50	____/____

GIRLS Shot Put Wheelchair .

FINALS: SAT 9:00 a.m.

	Name	Grade	School	Seed Mark	Place / Distance	
1	221	Madison Harbarth	10	Mankato East	14-11.75	____/____
2	508	Tayla Gassman	9	Big Lake	17-08.50	____/____

CLASS AA - FIELD EVENTS

BOYS Discus Top 9 plus ties advance to finals.

FINALS: SAT 10:15 a.m.

FLIGHT 1				Seed Mark	Place / Distance	
	Name	Grade	School			
1	316	Hunter Collins	12	Simley	127-08	___/___
2	431	Cody Dvorak	12	Mahtomedi	129-08	___/___
3	729	Benjamin Harker	11	Grand Rapids	139-10	___/___
4	334	Cooper Clinton	12	St. Thomas Academy	141-06	___/___
5	546	Jack Oker	11	St. Cloud Tech	141-06	___/___
6	815	Lawson Greene	11	Detroit Lakes	146-09	___/___
7	748	Josh Monreal	12	Proctor	149-00	___/___
8	819	Alexander Jensen	12	Fergus Falls	149-00	___/___
9	455	Louie DeMedici	12	Totino-Grace	150-10	___/___
FLIGHT 2						
1	547	Philip Conant	12	St. Francis	152-07	___/___
2	151	Eddie Herman	12	Waseca	153-09	___/___
3	133	Ashton Kisch	11	Plainview-Elgin-Millville	153-11	___/___
4	210	Hank Artz	10	Fairmont	154-06	___/___
5	648	Josiah Zilmer	11	Rockford	159-03	___/___
6	215	Elijah Hagen	11	Jordan	160-02	___/___
7	252	Luke Banks	10	St. Peter	161-06	___/___
8	147	Torasbjorn Lunaas	12	Stewartville	162-04	___/___
9	212	Sawyer Tordsen	12	Fairmont	164-09	___/___
10	617	TJ Christensen	11	Litchfield	165-10	___/___

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CLASS A - RUNNING EVENTS

GIRLS 100 Meter High Hurdles (33")

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 3:30 p.m.

FINALS: FRI 4:30 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1	809 Kim Hitchen	12	Fertile-Beltrami	16.93	___/___
2	203 Rylie Cother	10	Jackson County Central	16.39	___/___
3	131 Emily Ludwig	12	*LaCrescent-Hokah	16.02	___/___
4	506 Brielle Kuechle	12	*Eden Valley-Watkins/Kimball	15.31	___/___
5	644 Lauryn Rustad	12	Perham	15.31	___/___
6	651 Jessa Kimman	12	Pillager	15.92	___/___
7	408 Michaela Zenz	10	*Concordia Academy	16.24	___/___
8	233 Evelyn Nydegger	11	New Richland-H-E-G	16.75	___/___

HEAT 2

1	819 Grace McNamee	10	Nevis	16.97	___/___
2	716 Gwendolyn Lilly	11	Esko	16.67	___/___
3	349 Caiya Strasser	9	Pipestone Area	16.06	___/___
4	464 Mariah Willard	11	*Trinity/Unity	15.55	___/___
5	530 Ashley Kimman	12	Pierz	15.21	___/___
6	158 Aubryana Boldt	9	*Rushford-Peterson/Houston	15.90	___/___
7	724 Olivia Thostenson	11	International Falls	16.11	___/___
8	329 Augusta Papik	10	Luverne	16.68	___/___

BOYS 110 Meter High Hurdles

3 Heats (9 advance — top 2 from each heat plus next 3 fastest times.)

PRELIMS: THU 3:42 p.m.

FINALS: FRI 4:38 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
2	721 Armando Salazar	12	*Deer River/Northland	16.30	___/___
3	549 Emanuel Kutzera	12	St. Cloud Cathedral	15.61	___/___
4	521 Brandon Knott	12	*Howard Lake-Waverly-Winsted	15.17	___/___
5	247 William Tuttle	11	New Richland-H-E-G	15.16	___/___
6	534 Nolan Anderson	12	Rush City	15.61	___/___
7	731 Carter Zezulka	12	Esko	16.23	___/___

HEAT 2

2	824 Pierce Deblieck	12	Park Rapids Area	16.33	___/___
3	346 Aiden Voss	12	Pipestone Area	15.62	___/___
4	445 Griffin Paulsen	12	St. Croix Lutheran Academy	15.18	___/___
5	230 Simon Morgan	12	*Mankato Loyola/Cleveland	15.15	___/___
6	165 Quintin Betthausser	10	*Rushford-Peterson/Houston	15.54	___/___
7	613 Stewart Jones	12	Osakis	16.07	___/___

HEAT 3

2	807 Joey Molstre	12	Dilworth-Glyndon-Felton	16.43	___/___
3	435 Mark Evenson	11	Nova Classical Academy	15.68	___/___
4	530 Jonathan Cheney	12	Pierz	15.43	___/___
5	176 Christopher Hilton	10	St. Charles	14.88	___/___
6	257 Kaden Ryer	12	*River Valley	15.45	___/___
7	340 Jacob Ochsendorf	11	Montevideo	15.99	___/___
8	610 Andre Recknor	12	Browerville	16.46	___/___

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - RUNNING EVENTS

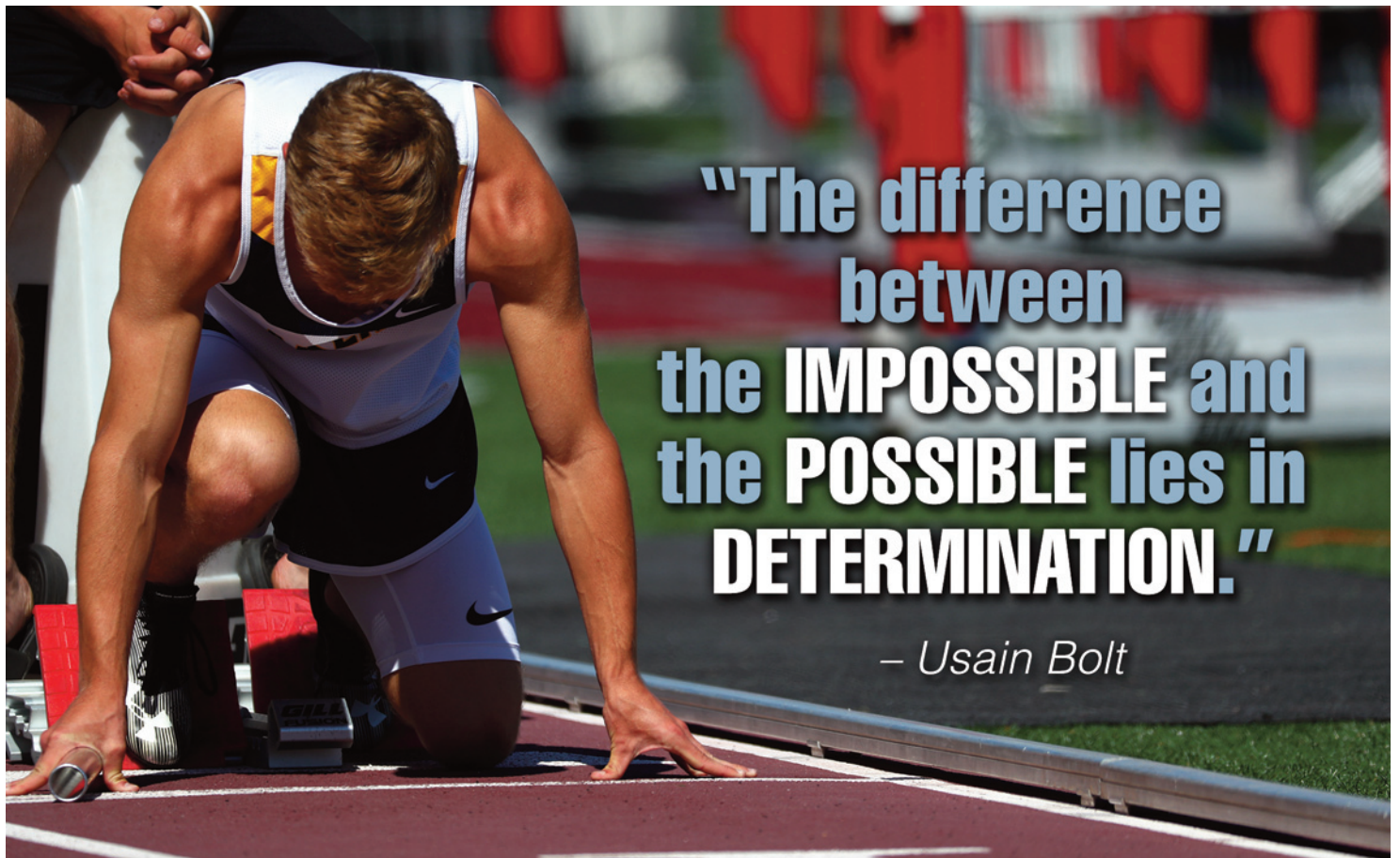
GIRLS 100 Meter Dash

PRELIMS: THU 3:53 p.m.

FINALS: FRI 4:43 p.m.

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1		Name	Grade	School	Seed Time	Place / Time
1	342	Lydia Fynboh	12	*Morris Area/Chokio-Alberta	13.04	___/___
2	528	Brooklyn Frank	10	Paynesville Area	12.87	___/___
3	802	Ava Phrakonkham	10	*Bagley/Fosston	12.72	___/___
4	321	Brynn Bakken	8	Hills-Beaver Creek	12.61	___/___
5	422	McKaylen Lewis	8	Math & Scienca Academy	12.60	___/___
6	758	Delaney Nelson	9	Two Harbors	12.69	___/___
7	123	Taylor Kurtz	8	Dover-Eyota	12.78	___/___
8	652	Violette Metz	9	Pillager	12.90	___/___
HEAT 2		Name	Grade	School	Seed Time	Place / Time
1	632	Megan Guler	8	Pelican Rapids	13.06	___/___
2	816	Paige Haack	12	*Lake of the Woods/Indus/Rainy River	12.89	___/___
3	548	Hope Schueller	12	St. Cloud Cathedral	12.73	___/___
4	433	Imaobong (Ima) Jones	10	*Minnehaha Academy	12.65	___/___
5	229	Addison Hoof	10	Lester Prairie	12.57	___/___
6	240	Hailey Hollar	11	*River Valley	12.67	___/___
7	128	Chantle Reiland	10	*GMLOKS	12.74	___/___
8	725	Mary Versteeg	9	International Falls	12.90	___/___



See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - RUNNING EVENTS

BOYS 100 Meter Dash

3 Heats (9 advance — top 2 from each heat plus next 3 fastest times.)

PRELIMS: THU 4:00 p.m.

FINALS: FRI 4:48 p.m.

	HEAT 1	Name	Grade	School	Seed Time	Place / Time
2	811	Isaiah Wright	10	Fertile-Beltrami	11.47	____/____
3	216	Gabriel Wolff	12	Jackson County Central	11.27	____/____
4	440	Henry Peklo	11	Nova Classical Academy	11.18	____/____
5	437	Sebastian Hoiland	12	Nova Classical Academy	11.10	____/____
6	520	Cam Jones	11	*Howard Lake-Waverly-Winsted	11.24	____/____
7	226	Logan Sandmeyer	11	*LCWM/Nicollet	11.47	____/____
	HEAT 2					
2	747	Kaden Robbins	11	*Moose Lake/Willow River	11.49	____/____
3	814	Ayo Ogundeji	10	Nevis	11.32	____/____
4	410	Zelaun Black	12	Minneapolis North Community	11.20	____/____
5	111	Sam Backer	12	Chatfield	11.09	____/____
6	411	Jaivon Hill	12	Minneapolis North Community	11.23	____/____
7	306	Hunter Kallstrom	11	*Benson/KMS	11.46	____/____
	HEAT 3					
2	343	Edan Smith	11	Montevideo	11.54	____/____
3	184	RJ Sylak	12	Zumbrota-Mazeppa	11.34	____/____
4	402	William Hugo	12	*Concordia Academy	11.22	____/____
5	752	Tate Nelson	10	Two Harbors	10.92	____/____
6	527	Kingsley Okoro	11	Maple Lake	11.23	____/____
7	645	Remington Converse	12	Staples-Motley	11.43	____/____
8	650	Austin Weite	12	Staples-Motley	11.58	____/____

BOYS 100 Meter Wheelchair

FINALS: FRI 4:51 p.m.

	Name	Grade	School	Seed Time	Place / Time	
3	256	Toby Hagen	10	*River Valley	29.21	____/____
5	175	Tyler Gunnarson	10	St. Charles	16.25	____/____
7	255	James Hagen	12	*River Valley	32.60	____/____

CLASS A - RUNNING EVENTS

GIRLS 4 X 200 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1

	School	Seed Time	Place / Time
1	Pipestone Area	1:49.55	___/___
2	Osakis	1:47.62	___/___
3	*Cotter	1:46.56	___/___
4	Chatfield	1:45.99	___/___
5	St. Cloud Cathedral	1:46.05	___/___
6	Rochester Lourdes	1:46.65	___/___
7	Park Rapids Area	1:48.47	___/___
8	*BOLD/BLH	1:49.74	___/___
9	Jackson County Central	1:51.00	___/___

HEAT 2

1	*Mounds Park Academy	1:48.64	___/___
2	Legacy Christian Academy	1:46.92	___/___
3	Two Harbors	1:46.56	___/___
4	*GMLOKS	1:45.19	___/___
5	*Eden Valley-Watkins/Kimball	1:46.26	___/___
6	Perham	1:46.75	___/___
7	Janesville-Waldorf-Pemberton	1:48.63	___/___
8	*Moose Lake/Willow River	1:49.75	___/___
9	*Grygla-Gatzke	1:50.52	___/___

PRELIMS: THU 4:23 p.m.

FINALS: FRI 5:04 p.m.

BOYS 4 X 200 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1

	School	Seed Time	Place / Time
1	Dilworth-Glyndon-Felton	1:33.03	___/___
2	Mesabi East	1:32.68	___/___
3	St. Croix Lutheran Academy	1:31.54	___/___
4	*Caledonia/Spring Grove	1:29.86	___/___
5	Maple River	1:31.03	___/___
6	*MACCRAY/RCW	1:31.85	___/___
7	Holdingford	1:32.69	___/___
8	Crosby-Ironton	1:33.17	___/___

HEAT 2

1	*Park Christian	1:33.02	___/___
2	Perham	1:32.45	___/___
3	*BOLD/BLH	1:31.50	___/___
4	Chatfield	1:29.79	___/___
5	*Concordia Academy	1:31.49	___/___
6	Jackson County Central	1:31.90	___/___
7	*Howard Lake-Waverly-Winsted	1:32.79	___/___
8	Pelican Rapids	1:35.84	___/___

PRELIMS: THU 4:34 p.m.

FINALS: FRI 5:12 p.m.

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - RUNNING EVENTS

GIRLS 4 X 100 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1

School	Seed Time	Place / Time
1 Esko	51.45	___/___
2 *Benson/KMS	51.07	___/___
3 *Eden Valley-Watkins/Kimball	50.80	___/___
4 Chatfield	49.78	___/___
5 Rochester Lourdes	49.94	___/___
6 Pipestone Area	50.81	___/___
7 *River Valley	51.22	___/___
8 *Park Christian	51.58	___/___

HEAT 2

1 Janesville-Waldorf-Pemberton	51.44	___/___
2 Royalton	51.00	___/___
3 *Concordia Academy	50.55	___/___
4 *Minnehaha Academy	49.02	___/___
5 *Cotter	50.51	___/___
6 *Bagley/Fosston	50.91	___/___
7 Pillager	51.33	___/___
8 Mesabi East	51.61	___/___
9 Osakis	51.64	___/___

PRELIMS: THU 4:48 p.m.

FINALS: FRI 5:44 p.m.

BOYS 4 X 100 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1

School	Seed Time	Place / Time
1 *United Clay Becker	44.50	___/___
2 Maple River	44.20	___/___
3 Staples-Motley	43.99	___/___
4 Rochester Lourdes	43.34	___/___
5 Minneapolis North Community	43.65	___/___
6 *Caledonia/Spring Grove	44.14	___/___
7 Holdingford	44.28	___/___
8 *Adrian/Ellsworth	44.62	___/___

HEAT 2

1 *Howard Lake-Waverly-Winsted	44.49	___/___
2 Nova Classical Academy	44.20	___/___
3 Perham	43.90	___/___
4 Chatfield	43.04	___/___
5 *BOLD/BLH	43.81	___/___
6 *Moose Lake/Willow River	44.19	___/___
7 Park Rapids Area	44.43	___/___
8 Mesabi East	44.76	___/___
9 Blue Earth Area	44.93	___/___

PRELIMS: THU 5:03 p.m.

FINALS: FRI 5:54 p.m.

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - RUNNING EVENTS

GIRLS 400 Meter Dash

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 5:10 p.m.

FINALS: FRI 6:00 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1	835 Annika Adolphson	7	*West Marshall	1:00.80	____/____
2	448 Zoe Mulvihill	12	*Mounds Park Academy	59.91	____/____
3	808 Katrina Hitchen	9	Fertile-Beltrami	59.14	____/____
4	754 Trinity Giddings	10	Two Harbors	57.50	____/____
5	129 Hayley Lentsch	11	Kenyon-Wanamingo	58.01	____/____
6	761 Grace Swanson	12	Two Harbors	59.32	____/____
7	304 Amber Rosemeier	11	*Benson/KMS	1:00.53	____/____
8	620 Kaia Fiskness	8	Osakis	1:01.30	____/____

HEAT 2

1	241 Brynne Ibberson	8	*River Valley	1:00.77	____/____
2	524 McKenzie Luetmer	12	Minnewaska Area	59.46	____/____
3	451 Amanda Kehoe	8	*NLA/LILA	59.05	____/____
4	508 Ellie Kuechle	12	*Eden Valley-Watkins/Kimball	57.43	____/____
5	229 Addison Hoof	10	Lester Prairie	58.13	____/____
6	142 Reese Koenen	11	Pine Island	59.34	____/____
7	661 Amber Collins	10	Wadena-Deer Creek	1:00.55	____/____
8	336 Brielle Janssen	9	*MACCRAY/RCW	1:01.48	____/____

BOYS 400 Meter Dash

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 5:16 p.m.

FINALS: FRI 6:06 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1	843 Nathan Sedlacek	12	*West Marshall	51.80	____/____
2	332 Javin Mungai	11	*MACCRAY/RCW	51.42	____/____
3	528 Maeson Tank	11	Minnewaska Area	51.11	____/____
4	122 Luke Gardner	11	*Cotter	49.81	____/____
5	110 Fischer Wait	10	*Caledonia/Spring Grove	50.24	____/____
6	800 Charles Scholl	11	Ada-Borup-West	51.16	____/____
7	212 Quinn Landherr	10	Jackson County Central	51.47	____/____
8	722 Dylan Schwarz	11	*Deer River/Northland	51.81	____/____

HEAT 2

1	320 Lucky Dara	10	Luverne	51.58	____/____
2	532 Derek Stangl	12	Pierz	51.41	____/____
3	444 Will Olson	11	St. Croix Lutheran Academy	50.89	____/____
4	184 RJ Sylak	12	Zumbrota-Mazeppa	49.20	____/____
5	229 Ryan Koberoski	11	*M/T/GHEC/ML	50.68	____/____
6	707 Roma Jacques	12	Cromwell-Wright	51.28	____/____
7	431 Griffin Jones	12	*Mounds Park Academy	51.53	____/____
8	600 Braeden Bredman	12	Barnesville	51.84	____/____
9	612 Zackery Bruder	10	Osakis	52.63	____/____

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - RUNNING EVENTS

GIRLS 300 Meter Hurdles

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 5:26 p.m.

FINALS: FRI 6:15 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1	233 Evelyn Nydegger	11	New Richland-H-E-G	48.60	___/___
2	723 Abbigail Hutchinson	11	International Falls	47.99	___/___
3	838 Hannah Pederson	11	*West Marshall	47.14	___/___
4	644 Lauryn Rustad	12	Perham	45.77	___/___
5	464 Mariah Willard	11	*Trinity/Unity	45.83	___/___
6	332 Elizabeth Wagner	12	Luverne	47.21	___/___
7	514 Jocelyn Zoller	10	*Eden Valley-Watkins/Kimball	48.01	___/___
8	809 Kim Hitchen	12	Fertile-Beltrami	49.09	___/___

HEAT 2

1	320 Sophia Vogel	10	Central MN Christian	48.47	___/___
2	131 Emily Ludwig	12	*LaCrescent-Hokah	47.74	___/___
3	518 Lauryn Ankeny	9	Minnewaska Area	47.10	___/___
4	600 Lucea Wales	11	*A.B.E.	45.66	___/___
5	411 Cecily Fager	12	Legacy Christian Academy	46.24	___/___
6	125 Breeley Galle	9	*GMLOKS	47.62	___/___
7	249 Katie Thram	9	*River Valley	48.44	___/___
8	700 Tika May	9	Aitkin	49.58	___/___

BOYS 300 Meter Intermediate Hurdles

3 Heats (9 advance — top 2 from each heat plus next 3 fastest times.)

PRELIMS: THU 5:36 p.m.

FINALS: FRI 6:24 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
2	247 William Tuttle	11	New Richland-H-E-G	41.96	___/___
3	530 Jonathan Cheney	12	Pierz	41.03	___/___
4	423 Zarion Irby	11	*Minnehaha Academy	40.03	___/___
5	521 Brandon Knott	12	*Howard Lake-Waverly-Winsted	40.35	___/___
6	549 Emanuel Kutzera	12	St. Cloud Cathedral	41.05	___/___
7	816 Ridge Flatness	12	*Northome/Kellier/Blackduck	42.11	___/___

HEAT 2

2	815 Jon Rice	12	Nevis	41.68	___/___
3	165 Quintin Betthausen	10	*Rushford-Peterson/Houston	40.85	___/___
4	176 Christopher Hilton	10	St. Charles	39.70	___/___
5	409 Judah Zinter	10	*Concordia Academy	40.59	___/___
6	318 Ethan Staab	11	Lakeview	41.37	___/___
7	618 Anthony Checco de Souza	11	Pelican Rapids	42.20	___/___

HEAT 3

1	733 Gage Roberts	11	*Greenway/Nashwauk-Keewatin	43.56	___/___
2	721 Armando Salazar	12	*Deer River/Northland	41.67	___/___
3	156 CJ Tree	11	Pine Island	40.71	___/___
4	445 Griffin Paulsen	12	St. Croix Lutheran Academy	39.31	___/___
5	346 Aiden Voss	12	Pipestone Area	40.66	___/___
6	613 Stewart Jones	12	Osakis	41.45	___/___
7	227 Riley Thelemann	12	*LeSueur-Henderson	43.13	___/___

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - RUNNING EVENTS

GIRLS 800 Meter Run

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 5:46 p.m.

FINALS: FRI 6:29 p.m.

HEAT 1		Name	Grade	School	Seed Time	Place / Time
1	231	Savannah Meyer	10	*Mankato Loyola/Cleveland	2:25.04	___/___
2	830	Morgan Koppelman	12	Park Rapids Area	2:22.68	___/___
3	602	Lindsey Rotz	11	Barnesville	2:21.28	___/___
4	501	Julia Kuhnke	12	Braham	2:20.01	___/___
5	316	Braelyn Merritt	11	*Canby/Minneota	2:20.79	___/___
6	749	Sophia Blanck	10	Silver Bay (Wm. Kelley)	2:21.73	___/___
7	167	Katrina Sortland	12	Zumbrota-Mazeppa	2:22.82	___/___
8	412	Paige Heppner	11	Legacy Christian Academy	2:26.45	___/___
HEAT 2		Name	Grade	School	Seed Time	Place / Time
1	234	Quinn VanMaldeghem	9	New Richland-H-E-G	2:24.89	___/___
2	344	Ashley Overgaauw	12	Murray County Central	2:22.23	___/___
3	410	Reanna Cruz	12	Legacy Christian Academy	2:21.17	___/___
4	507	Brooklyn Kuechle	11	*Eden Valley-Watkins/Kimball	2:19.57	___/___
5	618	Jada Goeson	10	*New York Mills	2:20.95	___/___
6	808	Katrina Hitchen	9	Fertile-Beltrami	2:21.97	___/___
7	152	Anna Peikert	10	Rochester Lourdes	2:24.22	___/___
8	702	Emaleigh Olesiak	11	Cromwell-Wright	2:30.42	___/___



**"There are no secrets to success.
It is the result of preparation,
hard work, and learning from failure."**

— Carl Lewis

CLASS A - RUNNING EVENTS

BOYS 800 Meter Run

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 5:54 p.m.

FINALS: FRI 6:34 p.m.

HEAT 1	Name	Grade	School	Seed Time	Place / Time
1	732 Benjamin Plackner	12	*Greenway/Nashwauk-Keewatin	2:02.30	___/___
2	458 Jack Hoppe	12	West Lutheran	1:59.60	___/___
3	556 Zach Meyer	11	St. John's Prep	1:58.75	___/___
4	317 Ethan Schwankl	12	Lakeview	1:57.37	___/___
5	528 Maeson Tank	11	Minnewaska Area	1:58.12	___/___
6	167 Dalton Hoel	12	*Rushford-Peterson/Houston	1:59.28	___/___
7	244 Kody Wassman	11	*Mt. Lake Area/Comfrey	2:00.36	___/___
8	345 Caden Strasser	12	Pipestone Area	2:02.36	___/___

HEAT 2

1	718 Joseph Ringhand	11	Crosby-Ironton	2:01.95	___/___
2	406 Elliot Vargas	12	*Concordia Academy	1:59.59	___/___
3	642 Micah Thompson	12	Perham	1:58.55	___/___
4	536 Brandon Kampsen	12	Sauk Centre	1:54.82	___/___
5	137 Jayce Kiehne	11	*L/FC/MC	1:58.53	___/___
6	625 Charlie Larson	10	Pelican Rapids	1:59.45	___/___
7	243 Ethan Schroeder	10	*Mt. Lake Area/Comfrey	2:00.48	___/___
8	823 Ephraim Bervig	10	Park Rapids Area	2:02.76	___/___
9	822 Eli Bervig	12	Park Rapids Area	2:02.85	___/___

BOYS 800 Meter Wheelchair

FINALS: FRI 6:39 p.m.

	Name	Grade	School	Seed Time	Place / Time
4	175 Tyler Gunnarson	10	St. Charles	1:55.84	___/___

CLASS A - RUNNING EVENTS

GIRLS 200 Meter Dash

PRELIMS: THU 6:06 p.m.

FINALS: FRI 6:46 p.m.

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1		Name	Grade	School	Seed Time	Place / Time
1	352	Cali Johnson	10	Redwood Valley	26.78	___/___
2	731	Emma Warner	11	McGregor	26.32	___/___
3	321	Brynn Bakken	8	Hills-Beaver Creek	26.00	___/___
4	422	McKaylen Lewis	8	Math & Science Academy	25.45	___/___
5	123	Taylor Kurtz	8	Dover-Eyota	25.56	___/___
6	128	Chantle Reiland	10	*GMLOKS	26.21	___/___
7	758	Delaney Nelson	9	Two Harbors	26.58	___/___
8	816	Paige Haack	12	*Lake of the Woods/Indus/Rainy River	26.90	___/___
9	632	Megan Guler	8	Pelican Rapids	27.17	___/___
HEAT 2		Name	Grade	School	Seed Time	Place / Time
1	600	Lucea Wales	11	*A.B.E	26.61	___/___
2	802	Ava Phrakonkham	10	*Bagley/Fosston	26.32	___/___
3	229	Addison Hoof	10	Lester Prairie	25.92	___/___
4	127	Anika Reiland	12	*GMLOKS	25.34	___/___
5	141	Jackie Cole	11	Medford	25.74	___/___
6	403	Anna Konsti	9	*Concordia Academy	26.28	___/___
7	548	Hope Schueller	12	St. Cloud Cathedral	26.61	___/___
8	500	Ella Doble	12	Braham	26.92	___/___
9	240	Hailey Hollar	11	*River Valley	26.99	___/___



See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - RUNNING EVENTS

BOYS 200 Meter Dash

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

PRELIMS: THU 6:14 p.m.

FINALS: FRI 6:51 p.m.

HEAT 1				Seed Time	Place / Time
	Name	Grade	School		
1	737 Evan James	10	Mesabi East	23.52	___/___
2	253 Noah Strickfaden	12	Norwood Young America	23.12	___/___
3	645 Remington Converse	12	Staples-Motley	22.84	___/___
4	437 Sebastian Hoiland	12	Nova Classical Academy	22.59	___/___
5	440 Henry Peklo	11	Nova Classical Academy	22.68	___/___
6	752 Tate Nelson	10	Two Harbors	22.94	___/___
7	343 Edan Smith	11	Montevideo	23.18	___/___
8	500 Patch Gustafson	12	*East Central	23.56	___/___

HEAT 2

1	512 Connor Patrick	12	Holdingsford	23.44	___/___
2	312 Stevie McMath	12	*BOLD/BLH	23.06	___/___
3	144 Jesse Ortiz	11	Medford	22.84	___/___
4	184 RJ Sylak	12	Zumbrota-Mazeppa	22.39	___/___
5	236 Mason Schirmer	12	Maple River	22.84	___/___
6	600 Braeden Bredman	12	Barnesville	23.00	___/___
7	814 Ayo Ogundeji	10	Nevis	23.34	___/___
8	804 Nathan Weems	11	Clearbrook-Gonvick	23.60	___/___

BOYS 200 Meter Wheelchair

FINALS: FRI 6:54 p.m.

	Name	Grade	School	Seed Time	Place / Time
3	255 James Hagen	12	*River Valley	1:05.54	___/___
4	175 Tyler Gunnarson	10	St. Charles	28.61	___/___
5	256 Toby Hagen	10	*River Valley	57.09	___/___

CLASS A - RUNNING EVENTS

GIRLS 3200 Meter Run

FINALS: THU 6:26 p.m.

			Name	Grade	School	Seed Time	Place / Time
15	1A	409	Greta Long	11	*ERA/ISM/CA/GA/UCA	12:13.68	___/___
14	1B	720	Lola Champlin	9	*Greenway/Nashwauk-Keewtin	12:11.40	___/___
9	1C	109	Aletta Strande	12	Chatfield	11:54.33	___/___
8	1D	820	Jade Rypkema	12	Nevis	11:52.24	___/___
1	1E	343	Amanda Overgaauw	12	Murray County Central	11:15.44	___/___
4	1F	655	Kyanna Burton	11	Staples-Motley	11:27.11	___/___
5	1G	547	Clara Schad	11	St. Cloud Cathedral	11:36.74	___/___
12	1H	258	Valerie Quast	9	*St. Clair/Immanuel Lutheran	12:03.36	___/___
13	1I	723	Abbigail Hutchinson	11	International Falls	12:07.92	___/___
16	1J	201	Madyson Steele	9	G-F-W	12:24.97	___/___
7	2A	122	Sonja Semling	10	*Cotter	11:46.47	___/___
6	2B	517	Madison LeSage	11	*Howard Lake-Waverly-Winsted	11:37.09	___/___
2	2C	323	Jenna DeBates	11	Luverne	11:18.73	___/___
3	2D	654	Audrey Brownell	9	Staples-Motley	11:25.01	___/___
10	2E	445	Halle Whitman	12	*Minnehaha Academy	11:59.15	___/___
11	2F	817	Adeline Bjorklund	9	Nevis	12:03.22	___/___

BOYS 3200 Meter Run

PRELIMS: THU 6:41 p.m.

			Name	Grade	School	Seed Time	Place / Time
15	1A	121	John Fritts	11	*Cotter	10:10.78	___/___
14	1B	753	Ian Thorpe	12	Two Harbors	10:10.54	___/___
9	1C	324	Owen Janiszkeski	10	Luverne	10:00.55	___/___
8	1D	323	Camden Janiszkeski	12	Luverne	9:59.08	___/___
1	1E	438	Henry Karelitz	12	Nova Classical Academy	9:28.85	___/___
4	1F	555	Nick Hansen	11	St. John's Prep	9:53.05	___/___
5	1G	503	Henry Lemke	10	*Eden Valley-Watkins/Kimball	9:53.99	___/___
12	1H	149	Seth Konik	10	Pine Island	10:04.67	___/___
13	1I	827	Noah Huot	11	Park Rapids Area	10:07.64	___/___
16	1J	834	Taylor Johnson	12	*United Clay Becker	10:11.87	___/___
7	2A	607	Brady Rach	9	*Bertha-Hewitt/Verndale	9:57.49	___/___
6	2B	433	Eddie Snider	10	*Mounds Park Academy	9:55.20	___/___
2	2C	706	Noah Foster	12	Cromwell-Wright	9:42.94	___/___
3	2D	629	Bjorn Anderson	10	Perham	9:50.49	___/___
10	2E	228	Josiah DeMaris	10	*M/T/GHEC/ML	10:01.49	___/___
11	2F	238	Cole Stencil	12	Maple River	10:01.78	___/___

CLASS A - RUNNING EVENTS

GIRLS 4 x 400 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1

School	Seed Time	Place / Time
*LCWM/Nicollet	4:12.35	___/___
St. Croix Preparatory Academy	4:07.71	___/___
*Cotter	4:06.84	___/___
Zumbrota-Mazeppa	4:05.74	___/___
Minnewaska Area	4:06.28	___/___
Lake City	4:07.20	___/___
Fertile-Beltrami	4:07.80	___/___
Janesville-Waldorf-Pemberton	4:14.19	___/___

HEAT 2

Luverne	4:10.74	___/___
Frazee	4:07.53	___/___
*Minnehaha Academy	4:06.65	___/___
*Eden Valley-Watkins/Kimball	4:04.76	___/___
Park Rapids Area	4:06.59	___/___
Two Harbors	4:07.26	___/___
Perham	4:09.58	___/___
*MACCRAY/RCW	4:14.90	___/___
McGregor	4:19.62	___/___

PRELIMS: THU 6:56 p.m.

FINALS: FRI 7:04 p.m.

BOYS 4 x 400 Meter Relay

2 Heats (9 advance — top 2 from each heat plus next 5 fastest times.)

HEAT 1

School	Seed Time	Place / Time
Montevideo	3:31.82	___/___
Luverne	3:31.05	___/___
Sauk Centre	3:28.68	___/___
*Cotter	3:26.94	___/___
Perham	3:27.28	___/___
Cromwell-Wright	3:28.85	___/___
Pelican Rapids	3:31.09	___/___
Norwood Young America	3:31.89	___/___
*United Clay Becker	3:32.96	___/___

HEAT 2

*Minnehaha Academy	3:31.40	___/___
St. Charles	3:29.50	___/___
*Howard Lake-Waverly-Winsted	3:28.34	___/___
St. John's Prep	3:26.67	___/___
St. Cloud Cathedral	3:27.50	___/___
St. Croix Lutheran Academy	3:29.29	___/___
*Mt. Lake Area/Comfrey	3:31.24	___/___
Crosby-Ironton	3:32.35	___/___
Dilworth-Glyndon-Felton	3:32.73	___/___

PRELIMS: THU 7:11 p.m.

FINALS: FRI 7:13 p.m.

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - RUNNING EVENTS

GIRLS 4 x 800 Meter Relay

FINALS: FRI 3:30 p.m.

SECTION 1 School

		Seed Time	Place / Time
1	*West Marshall	10:13.91	___/___
2	Sibley East	10:05.89	___/___
3	*Canby/Minneota	10:01.86	___/___
4	Rochester Lourdes	9:58.33	___/___
5	*River Valley	10:01.24	___/___
6	*Bertha-Hewitt/Verndale	10:02.67	___/___
7	Math & Science Academy	10:07.09	___/___
8	Crosby-Ironton	10:15.80	___/___

SECTION 2

1	Park Rapids Area	9:55.57	___/___
2	Two Harbors	9:54.60	___/___
3	*Minnehaha Academy	9:48.41	___/___
4	St. Cloud Cathedral	9:43.20	___/___
5	Minnewaska Area	9:44.95	___/___
6	Lake City	9:50.42	___/___
7	Staples-Motley	9:54.87	___/___
8	Luverne	9:56.67	___/___

BOYS 4 x 800 Meter Relay

FINALS: FRI 4:00 p.m.

SECTION 1 School

		Seed Time	Place / Time
1	Cromwell-Wright	8:13.82	___/___
2	*LCWM/Nicollet	8:14.47	___/___
3	Luverne	8:16.96	___/___
4	*Rushford-Peterson/Houston	8:17.25	___/___
5	Windom Area	8:17.68	___/___
6	West Lutheran	8:19.58	___/___
7	*Trinity/Unity	8:19.84	___/___
8	Redwood Valley	8:26.43	___/___
9	*United Clay Becker	8:29.62	___/___
10	Esko	8:30.72	___/___

SECTION 2

1	*Minnehaha Academy	8:00.88	___/___
2	St. John's Prep	8:01.71	___/___
3	*L/FC/MC	8:04.54	___/___
4	*GMLOKS	8:05.34	___/___
5	St. Cloud Cathedral	8:05.98	___/___
6	*Mt. Lake Area/Comfrey	8:07.37	___/___
7	*Bertha-Hewitt/Verndale	8:09.01	___/___
8	Park Rapids Area	8:11.23	___/___
9	Perham	8:11.99	___/___
10	Pine Island	8:12.64	___/___

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - RUNNING EVENTS

GIRLS 1600 Meter Run

FINALS: FRI 5:21 p.m.

			Name	Grade	School	Seed Time	Place / Time
15	1A	452	Faustina Adkins	9	St. Agnes	5:27.65	___/___
14	1B	515	Ivy Fasching	12	*Howard Lake-Waverly-Winsted	5:27.52	___/___
9	1C	344	Ashley Overgaauw	12	Murray County Central	5:18.80	___/___
8	1D	143	Sarah Baum	12	*RACE	5:18.78	___/___
1	1E	820	Jade Rypkema	12	Nevis	4:55.42	___/___
4	1F	445	Halle Whitman	12	*Minnehaha Academy	5:13.84	___/___
5	1G	168	Natasha Sortland	12	Zumbrota-Mazeppa	5:17.00	___/___
12	1H	258	Valerie Quast	9	*St. Clair/Immanuel Lutheran	5:19.95	___/___
13	1I	755	Lamar Gordon	12	Two Harbors	5:25.15	___/___
16	1J	748	Liz Nelson	11	Mountain Iron-Buhl	5:28.28	___/___
17	1K	821	Allison Lundin	9	*Northome/Kelliher/Blackduck	5:32.43	___/___
7	2A	122	Sonja Semling	10	*Cotter	5:18.55	___/___
6	2B	602	Lindsey Rotz	11	Barnesville	5:18.54	___/___
2	2C	551	Olivia Pauly	11	St. John's Prep	5:11.01	___/___
3	2D	262	Kaylee Walklin	10	Windom Area	5:12.88	___/___
10	2E	343	Amanda Overgaauw	12	Murray County Central	5:18.85	___/___
11	2F	629	Norah Froslee	9	*Ottertail Central	5:18.90	___/___

BOYS 1600 Meter Run

FINALS: FRI 5:31 p.m.

			Name	Grade	School	Seed Time	Place / Time
15	1A	148	Brandt Konik	12	Pine Island	4:37.15	___/___
14	1B	701	Jack Riley	11	*Carlton/Wrenshall	4:37.13	___/___
9	1C	625	Charlie Larson	10	Pelican Rapids	4:33.24	___/___
8	1D	432	Nicholas Larson	12	*Mounds Park Academy	4:32.24	___/___
1	1E	438	Henry Karelitz	12	Nova Classical Academy	4:23.79	___/___
4	1F	238	Cole Stencel	12	Maple River	4:26.57	___/___
5	1G	536	Brandon Kampsen	12	Sauk Centre	4:30.37	___/___
12	1H	129	Garrison Hubka	12	*GMLOKS	4:35.16	___/___
13	1I	833	Benjamin Geeslin	12	*United Clay Becker	4:36.54	___/___
16	1J	345	Caden Strasser	12	Pipestone Area	4:37.51	___/___
7	2A	347	William Ahrens	10	Redwood Valley	4:31.88	___/___
6	2B	812	Seth Meikle	12	*Lake of the Woods/Rainey River	4:31.55	___/___
2	2C	240	Zach Klassen	10	*Mt. Lake Area/Comfrey	4:25.76	___/___
3	2D	629	Bjorn Anderson	10	Perham	4:26.00	___/___
10	2E	753	Ian Thorpe	12	Two Harbors	4:33.24	___/___
11	2F	529	Mark Swanson	10	*Northwest	4:33.69	___/___

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CLASS A - FIELD EVENTS

GIRLS Long Jump Top 9 plus ties advance to finals.

FINALS: THU 3:30 p.m.

FLIGHT 1		Name	Grade	School	Seed Mark	Place / Distance
1	836	Eva Langen	10	*West Marshall	15-11.25	___/___
2	703	Samantha Hachey	9	Crosby-Ironton	16-01.75	___/___
3	217	Lilly Strauss	10	Janesville-Waldorf-Pemberton	16-07.75	___/___
4	628	Kinley Bormann	8	*Ottertail Central	16-08.25	___/___
5	639	Jaden Hackel	11	Perham	16-08.50	___/___
6	203	Rylie Cother	10	Jackson County Central	16-09.50	___/___
7	822	Annika Aakre	9	*Park Christian	16-10.00	___/___
8	432	Alexandria Hill	8	*Minnehaha Academy	16-11.25	___/___
9	441	Cadence Tanner	12	*Minnehaha Academy	16-11.50	___/___
10	130	Vanessa Schmidt	12	Kenyon-Wanamingo	16-11.50	___/___
FLIGHT 2		Name	Grade	School	Seed Mark	Place / Distance
1	142	Reese Koenen	11	Pine Island	16-11.75	___/___
2	717	Kaitlyn McConnell	10	Esko	17-00.75	___/___
3	141	Jackie Cole	11	Medford	17-02.00	___/___
4	144	Adella Schmoll	10	*RACE	17-02.50	___/___
5	508	Ellie Kuechle	12	*Eden Valley-Watkins/Kimball	17-04.00	___/___
6	351	Kendall Huhnerkoch	10	Redwood Valley	17-07.25	___/___
7	352	Cali Johnson	10	Redwood Valley	17-11.75	___/___
8	129	Hayley Lentsch	11	Kenyon-Wanamingo	18-01.00	___/___
9	422	McKaylen Lewis	8	Math & Science Academy	18-03.50	___/___
10	506	Brielle Kuechle	12	*Eden Valley-Watkins/Kimball	18-04.50	___/___

BOYS Triple Jump Top 9 plus ties advance to finals.

FINALS: THU 3:30 p.m.

FLIGHT 1		Name	Grade	School	Seed Mark	Place / Distance
1	821	Isaiah Tofibam	12	*Park Christian	40-08.00	___/___
2	700	Mason Boyd	12	Aitkin	41-05.00	___/___
3	717	Jordan Mount	11	Crosby-Ironton	41-06.25	___/___
4	176	Christopher Hilton	10	St. Charles	41-06.75	___/___
5	837	Bradley Olson	12	*United Clay Becker	41-10.00	___/___
6	522	Lance Luchsinger	12	*Howard Lake-Waverly-Winsted	42-00.75	___/___
7	425	Natavon Nix	8	*Minnehaha Academy	42-01.00	___/___
8	445	Griffin Paulsen	12	St. Croix Lutheran Academy	42-01.25	___/___
FLIGHT 2		Name	Grade	School	Seed Mark	Place / Distance
1	533	James Vannurden	12	Royalton	42-06.50	___/___
2	647	Sawyer Ferdon	10	Staples-Motley	42-07.00	___/___
3	232	Cale Hansen	11	Maple River	42-08.00	___/___
4	258	Gavin Firchau	12	St. James Area	42-09.50	___/___
5	146	Michael Goodman	12	Pine Island	43-05.00	___/___
6	315	Brayson Boike	10	*Lac qui Parle Valley/Dawson-Boyd	43-05.75	___/___
7	609	Joseph Nedoroscik	12	Browerville	44-01.50	___/___
8	305	Peda Zeba	12	*Adrian/Ellsworth	44-02.75	___/___

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - FIELD EVENTS

BOYS Pole Vault Five (5) alive procedure.

FINALS: THU 3:30 p.m.

Opening height 11'0" – 6" increments until nine remain, then 3" increments

CONTINUOUS FLIGHTS

	Name	Grade	School	Seed Mark	Place / Height
1	451 Aidan Welsh	11	St. Croix Preparatory Academy	11-06.00	____/____
2	408 Nicklaus Wimmer	8	*Concordia Academy	11-06.00	____/____
3	546 Blake Fleege	11	St. Cloud Cathedral	11-11.00	____/____
4	524 Porter Matheson	11	*Howard Lake-Waverly-Winsted	11-11.00	____/____
5	711 John Paul Fitzpatrick	12	Crosby-Ironton	12-00.00	____/____
6	208 Aiden Lorenzen	11	*Heron Lake-Okabena/Fulda	12-05.00	____/____
7	810 Joe Wilson	11	Dilworth-Glyndon-Felton	12-05.00	____/____
8	616 Treyvon Benson	10	Pelican Rapids	12-08.00	____/____
9	842 Tyson Mortimer	12	*West Marshall	12-11.00	____/____
10	143 Parker Storhoff	12	*L/FC/MC	12-11.00	____/____
11	212 Quinn Landherr	10	Jackson County Central	12-11.00	____/____
12	611 Brady Crabtree	11	Frazee	12-11.00	____/____
13	749 Jackson Thompson	12	*Moose Lake/Willow River	13-00.00	____/____
14	147 Sam Knox	12	Pine Island	14-00.00	____/____
15	326 DJ Rock	12	Luverne	14-01.50	____/____
16	338 Braden Nelson	11	Montevideo	14-01.50	____/____

GIRLS High Jump Five (5) alive procedure.

FINALS: THU 3:30 p.m.

Opening height 4'8" – 2" increments until nine remain, then 1" increments

CONTINUOUS FLIGHTS

	Name	Grade	School	Seed Mark	Place / Height
1	161 Hanna Strom	12	Triton	5-00.00	____/____
2	340 Jordan Thein	12	*MACCRAY/RCW	5-00.00	____/____
3	724 Olivia Thostenson	11	International Falls	5-00.00	____/____
4	306 Carly Tolifson	8	Benson/KMS	5-00.00	____/____
5	441 Cadence Tanner	12	*Minnehaha Academy	5-00.00	____/____
6	454 Mayah Otto	9	St. Croix Lutheran Academy	5-00.00	____/____
7	213 Ashlin Keyes	12	Janesville-Waldorf-Pemberton	5-01.00	____/____
8	750 Kaitaia Klemetsen	11	*South Ridge/Cherry/N. Woods/Northeast Range	5-02.00	____/____
9	503 Ellie Becker	10	*Eden Valley-Watkins/Kimball	5-02.00	____/____
10	257 Kate Daly	8	*St. Clair/Immanuel Lutheran	5-02.00	____/____
11	630 Ally Hart	12	*Ottertail Central	5-02.00	____/____
12	802 Ava Phrakonkham	10	*Bagley/Fosston	5-02.00	____/____
13	631 Grace Backstrom	10	Pelican Rapids	5-02.00	____/____
14	612 Brynn Larson	9	Frazee	5-02.00	____/____
15	530 Ashley Kimman	12	Pierz	5-02.00	____/____
16	502 Isabella Olson	12	*East Central	5-02.00	____/____
17	822 Annika Aakre	9	*Park Christian	5-02.00	____/____
18	100 Annaka Forsberg	11	Blooming Prairie	5-08.00	____/____

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - FIELD EVENTS

BOYS Shot Put Top 9 plus ties advance to finals.

FINALS: THU 3:30 p.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance	
1	620	Justin Jacobson	11	Pelican Rapids	43-09.00	____/____
2	614	McCarter Kirksey	12	Osakis	45-09.00	____/____
3	207	Alex Johnson	11	G-F-W	45-10.00	____/____
4	215	Caleb Vancura	12	Jackson County Central	47-00.00	____/____
5	155	Austin Sisell	12	Pine Island	47-03.50	____/____
6	745	JP Mesojedec	12	*Moose Lake/Willow River	48-03.75	____/____
7	504	Marcel Richey	12	Hinckley-Finlayson	48-07.25	____/____
8	531	Ian Oberfeld	12	Pierz	48-09.50	____/____
FLIGHT 2						
1	803	Treston Nichols	11	*BGMR/Freeze	49-02.00	____/____
2	401	Samuel Gruenes	12	*Concordia Academy	49-03.00	____/____
3	306	Hunter Kallstrom	11	*Benson/KMS	49-04.50	____/____
4	825	Luke Hartung	12	Park Rapids Area	49-07.50	____/____
5	725	Wyatt Hudspith	12	Esko	49-11.25	____/____
6	426	Trent Page	11	*Minnehaha Academy	50-00.50	____/____
7	134	Garrett Bonow	11	Lewiston-Altura	50-07.00	____/____
8	341	Francis O'Malley	11	Montevideo	57-07.50	____/____

BOYS Shot Put Wheelchair .

FINALS: THU 3:30 p.m.

	Name	Grade	School	Seed Mark	Place / Distance	
1	255	James Hagen	12	*River Valley	10-05.00	____/____
2	316	Terrek Jenniges	9	Lakeview	11-09.75	____/____
3	256	Toby Hagen	10	*River Valley	12-01.00	____/____
4	319	Lucas Taylor	11	Lakeview	19-05.25	____/____

CLASS A - FIELD EVENTS

GIRLS Discus Top 9 plus ties advance to finals.

FINALS: THU 4:45 p.m.

FLIGHT 1				Seed Mark	Place / Distance
	Name	Grade	School		
1	701 Annaka Bogenholm	11	Barnum	101-07	____/____
2	633 Ellie Welch	11	Pelican Rapids	103-05	____/____
3	711 Kaylin Visser	8	Ely	105-05	____/____
4	522 Jayda Kolstoe	9	Minnewaska Area	106-08	____/____
5	803 Katelyn Vesledahl	12	*Bagley/Fosston	108-03	____/____
6	453 Tabitha Johnson	11	St. Croix Lutheran Academy	108-08	____/____
7	531 Allison Skiba	11	Pierz	109-04	____/____
8	261 Elliot Espenson	12	Windom Area	111-05	____/____
FLIGHT 2				Seed Mark	Place / Distance
	Name	Grade	School		
1	805 Alexis Riniker	12	Dilworth-Glyndon-Felton	113-06	____/____
2	622 Kiley Kranz	12	Osakis	114-07.50	____/____
3	325 Jocelyn Hart	12	Luverne	114-11	____/____
4	406 Keira McCord	11	*Concordia Academy	115-10	____/____
5	223 Katelin Flack	11	*LCWM/Nicollet	116-03	____/____
6	160 Sydney Torgerson	12	*Rushford-Peterson/Houston	120-00	____/____
7	324 Jady Hart	12	Luverne	123-04	____/____
8	124 Lexy Foster	11	*GMLOKS	123-09	____/____



**"PRACTICE
like you have never won.
RACE
like you have never lost."**

– Allyson Felix

CLASS A - FIELD EVENTS

BOYS Long Jump Top 9 plus ties advance to finals.

FINALS: FRI 3:30 p.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance	
1	259	Anthony Sletta	12	St. James Area	20-04.00	___/___
2	425	Natavon Nix	8	*Minnehaha Academy	20-07.00	___/___
3	258	Gavin Firchau	12	St. James Area	20-08.50	___/___
4	615	Mason Dalluge	11	*Otertail Central	20-11.00	___/___
5	613	Stewart Jones	12	Osakis	20-11.00	___/___
6	820	Brenner Spaeth	12	*Park Christian	21-02.25	___/___
7	752	Tate Nelson	10	Two Harbors	21-02.50	___/___
8	562	Joseph Guthrie	11	*Upsala/Swanville	21-02.75	___/___
9	837	Bradley Olson	12	United Clay Becker	21-03.50	___/___

FLIGHT 2

1	434	Eli Anderson	12	*NLA/LILA	21-03.75	___/___
2	802	Gavin Hockstedler	12	*BGMR/Freeze	21-03.75	___/___
3	522	Lance Luchsinger	12	*Howard Lake-Waverly-Winsted	21-04.50	___/___
4	146	Michael Goodman	12	Pine Island	21-08.00	___/___
5	717	Jordan Mount	11	Crosby-Ironton	21-08.50	___/___
6	100	Josh Beardmore	11	*Caledonia/Spring Grove	21-09.25	___/___
7	315	Brayson Boike	10	*Lac qui Parle Valley/Dawson-Boyd	21-09.75	___/___
8	801	Liam Collins	11	*BGMR/Freeze	21-11.50	___/___
9	310	Ryan King	12	*BOLD/BLH	22-06.00	___/___

GIRLS Triple Jump Top 9 plus ties advance to finals.

FINALS: FRI 3:30 p.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance	
1	259	Lillian Ciske	11	St. James Area	32-09.25	___/___
2	206	Elsa Landherr	12	Jackson County Central	32-09.25	___/___
3	756	Karly Holm	12	Two Harbors	33-03.75	___/___
4	723	Abigail Hutchinson	11	International Falls	33-04.00	___/___
5	464	Mariah Willard	11	*Trinity/Unity	34-05.25	___/___
6	838	Hannah Pederson	11	*West Marshall	34-09.00	___/___
7	443	Grazina Troup	10	*Minnehaha Academy	34-09.25	___/___
8	524	McKenzie Luetmer	12	Minnewaska Area	34-10.25	___/___
9	536	Mya Yourczek	12	Royalton	35-06.00	___/___

FLIGHT 2

1	321	Brynn Bakken	8	Hills-Beaver Creek	35-08.25	___/___
2	643	Kennedy Pilgrim	11	Perham	35-09.50	___/___
3	158	Aubryana Boldt	9	*Rushford-Peterson/Houston	35-10.50	___/___
4	100	Annaka Forsberg	11	Blooming Prairie	36-00.00	___/___
5	806	Ellie Sosa	8	Dilworth-Glyndon-Felton	36-01.00	___/___
6	319	Karlie Wollum	9	*Canby/Minneota	36-01.75	___/___
7	639	Jaden Hackel	11	Perham	36-03.00	___/___
8	351	Kendall Huhnerkoch	10	Redwood Valley	36-03.50	___/___
9	341	Avery Koenen	12	Montevideo	36-10.50	___/___

See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - FIELD EVENTS

GIRLS Pole Vault Five (5) alive procedure.

FINALS: FRI 3:30 p.m.

Opening height 8'6" – 6" increments until nine remain, then 3" increments

CONTINUOUS FLIGHTS

	Name	Grade	School	Seed Mark	Place / Height
1	353 Makenna Brands	12	*SWMCH/EHS	8-08.00	___/___
2	308 Anna Gardeen	12	*BOLD/BLH	9-02.00	___/___
3	706 Lucy Lewendowski	9	Crosby-Ironton	9-06.00	___/___
4	722 Quianna Ford	11	International Falls	9-06.00	___/___
5	401 Reese Bowers	10	*Concordia Academy	9-06.00	___/___
6	512 Leya Teicher	12	*Eden Valley-Watkins/Kimball	9-08.00	___/___
7	159 Lauren Honken	11	*Rushford-Peterson/Houston	10-02.00	___/___
8	645 Danial Van Watermulen	12	Perham	10-02.00	___/___
9	140 Adeline Miner	12	*L/FC/MC	10-02.00	___/___
10	831 Addison Lauwagie	10	Park Rapids Area	10-02.00	___/___
11	232 Lauren Mutschler	9	Maple River	10-02.00	___/___
12	230 Riley Sater	10	*LeSueur-Henderson	10-02.00	___/___
13	529 Rebekah Walz	12	Paynesville Area	10-07.00	___/___
14	830 Morgan Koppelman	12	Park Rapids Area	10-08.00	___/___
15	200 Addison Armstrong	11	Blue Earth Area	10-08.00	___/___
16	641 Gracie Morris	9	Perham	10-08.00	___/___
17	411 Cecily Fager	12	Legacy Christian Academy	11-03.00	___/___



See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - FIELD EVENTS

BOYS High Jump Five (5) alive procedure.

FINALS: FRI 3:30 p.m.

Opening height 5'8" – 2" increments until nine remain, then 1" increments

CONTINUOUS FLIGHTS

	Name	Grade	School	Seed Mark	Place / Height
1	405 Luc Swanson	12	*Concordia Academy	5-11.00	____/_____
2	702 Charlie Thompson	12	Chisholm	6-00.00	____/_____
3	501 Ramsey Keranen	10	*East Central	6-00.00	____/_____
4	726 Braedyn Male	11	Esko	6-00.00	____/_____
5	217 Ryan Kronbach	11	Janesville-Waldorf-Pemberton	6-00.00	____/_____
6	608 Jacob Kunkel	11	Breckenridge	6-02.00	____/_____
7	818 Isaac Jacobson	9	*Park Christian	6-02.00	____/_____
8	108 Ethan Stendel	10	*Caledonia/Spring Grove	6-02.00	____/_____
9	236 Mason Schirmer	12	Maple River	6-02.00	____/_____
10	652 Roman Mihailovschi	12	West Central Area	6-02.00	____/_____
11	831 Gerald Melin	12	*Red Lake County	6-02.00	____/_____
12	182 Pierce Petersohn	9	Triton	6-02.00	____/_____
13	353 Grant Busker	11	*SWMCH/EHS	6-02.00	____/_____
14	133 Sam Snitker	11	*GMLOKS	6-02.00	____/_____
15	502 Nathan Zielinski	12	*East Central	6-02.00	____/_____
16	183 Collin Klassen	12	Zumbrota-Mazepa	6-02.00	____/_____
17	648 Hunter Miller	12	Staples-Motley	6-04.00	____/_____
18	103 Tysen Grinde	12	*Caledonia/Spring Grove	6-04.00	____/_____
19	651 Lyrik Haug	11	Wadena-Deer Creek	6-04.00	____/_____
20	315 Brayson Boike	10	*Lac qui Parle Valley/Dawson-Boyd	6-04.00	____/_____
21	447 Maxim Sergeyev	12	St. Croix Lutheran Academy	6-05.00	____/_____
22	314 Trevor Gray	12	*Canby/Minneota	6-05.00	____/_____

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CLASS A - FIELD EVENTS

GIRLS Shot Put Top 9 plus ties advance to finals.

FINALS: FRI 3:30 p.m.

FLIGHT 1		Name	Grade	School	Seed Mark	Place / Distance
1	406	Keira McCord	11	*Concordia Academy	35-00.25	___/___
2	601	Rumely Biewer	12	Barnesville	35-00.75	___/___
3	462	Lauryn Schutz	12	St. Croix Preparatory Academy	35-04.25	___/___
4	701	Annaka Bogenholm	11	Barnum	35-06.50	___/___
5	260	Ashlyn Pelant	10	Waterville-Elysian-Morristown	36-03.00	___/___
6	721	Emmalee Oviatt	12	*Greenway/Nashwauk-Keewatin	36-03.50	___/___
7	516	Lexi Koch	11	*Howard Lake-Waverly-Winsted	36-09.25	___/___
8	522	Jayda Kolstoe	9	Minnewaska Area	37-00.00	___/___
FLIGHT 2		Name	Grade	School	Seed Mark	Place / Distance
1	160	Sydney Torgerson	12	*Rushford-Peterson/Houston	37-05.25	___/___
2	807	Jersey Trautman	11	Dilworth-Glyndon-Felton	37-09.50	___/___
3	818	Liddy DeWulf	12	Nevis	37-10.75	___/___
4	261	Elliot Espenson	12	Windom Area	38-09.25	___/___
5	345	Chloe Rabe	12	Ortonville	39-00.00	___/___
6	622	Kiley Kranz	12	Osakis	39-03.00	___/___
7	124	Lexy Foster	11	*GMLOKS	39-11.25	___/___
8	324	Jadyn Hart	12	Luverne	40-00.75	___/___
9	325	Jocelyn Hart	12	Luverne	40-05.25	___/___

**"You don't have
to be great
to get started,
but you have to
get started
to be great"**

— Les Brown



See Pages 90-98 for Minnesota State Meet All-Time, Class A, Class AA and Class AAA Records.

*Denotes cooperatively sponsored program.

CLASS A - FIELD EVENTS

BOYS Discus Top 9 plus ties advance to finals.

FINALS: FRI 4:45 p.m.

FLIGHT 1	Name	Grade	School	Seed Mark	Place / Distance
1	653 Benjamin Nyreen	11	West Central Area	124-07	____/____
2	538 Corey McCoy	12	Sauk Centre	129-07	____/____
3	401 Samuel Gruenes	12	*Concordia Academy	129-10	____/____
4	734 Braden Skifstad	12	International Falls	130-07	____/____
5	400 Adrian Baker	12	*Concordia Academy	136-01	____/____
6	563 Nicholas Guthrie	10	*Upsala/Swanville	139-00	____/____
7	725 Wyatt Hudspith	12	Esko	141-05	____/____
8	109 Jordan Tornstrom	11	*Caledonia/Spring Grove	141-11	____/____

FLIGHT 2

1	138 Lucas Nikoloski	11	*L/FC/MC	142-03	____/____
2	246 Lucas Hanna	12	New Richland-H-E-G	143-07	____/____
3	215 Caleb Vancura	12	Jackson County Central	150-10	____/____
4	334 Nathan Wieberdink	11	*MACCRAY/RCW	151-06	____/____
5	813 Cole Bentley	12	*NCE/UH	152-06	____/____
6	825 Luke Hartung	12	Park Rapids Area	157-03	____/____
7	341 Francis O'Malley	11	Montevideo	160-09	____/____
8	620 Justin Jacobson	11	Pelican Rapids	160-11	____/____

BOYS Discus Wheelchair

FINALS: FRI 4:45 p.m.

	Name	Grade	School	Seed Mark	Place / Distance
1	256 Toby Hagen	10	*River Valley	31-01	____/____
2	316 Terrek Jenniges	9	Lakeview	37-11	____/____
3	175 Tyler Gunnarson	10	St. Charles	45-02	____/____
4	319 Lucas Taylor	11	Lakeview	62-07	____/____

RECORD BOOK

Boys Track & Field State Meet ALL-TIME RECORDS

EVENT	RECORD	RECORD HOLDER and SCHOOL	YEAR
100 Meter Dash	:10.49	Ibrahim Kabia, Champlin Park	2004
200 Meter Dash	:20.92	Jon Boyd, Mankato East	(In Prelims) 2004
400 Meter Dash	:47.34	Ramy Ayoub, Farmington	2022
800 Meter Run	1:49.69	Zachary Mellon, Buffalo	2008
1600 Meter Run	4:06.54	Joe Klecker, Hopkins	2015
3200 Meter Run	8:57.07	Obsa Ali, Richfield	2013
110 Meter High Hurdles	:13.88	Rilwan (RJ) Alowonle, Park, Cottage Grove	(In Prelims) 2012
300 Meter Intermediate Hurdles	:36.59	Rilwan (RJ) Alowonle, Park, Cottage Grove	2012
4 x 100 Meter Relay	:41.52	Eagan (Josh Brown, Dallas Krech, Troy Brown, Sam Zenner)	2015
4 x 200 Meter Relay	1:25.58	Hopkins (Jaylen Champion, Wyatt Lubarski, Sam Leervig, Joe Fahnbulleh)	2019
4 x 400 Meter Relay	3:16.69	Stillwater Area (Makao Day, Nate Ricci, Marshall Davis, Neal Goff)	2011
4 x 800 Meter Relay	7:44.56	Hopkins (Hunter Staack, Sam Branson, Jack Henschel, Seth Eliason)	2016
Long Jump	24' 09.25"	Von Shepard, St. Paul Central	1982
Triple Jump	49' 05.50"	Michael Sandle, Eden Prairie	2010
High Jump	7' 01"	Rod Raver, Rochester John Marshall	1973
Pole Vault	16' 02"	Jarod White, Pine Island	2022
Discus	196' 02"	Hayden Bills, Rosemount	2022
Shot Put	65' 04.25"	Thomas Anderson, Andover	2012

WHEELCHAIR DIVISION

100 Meter	:16.24	Peyton Gunnarson, Lewiston-Altura	2021
200 Meter	:30.86	Peyton Gunnarson, Lewiston-Altura	2018
800 Meter	1:55.85	Mark Braun, Irondale, New Brighton	2012
1600 Meter	4:02.40	Mark Braun, Irondale, New Brighton	2012
3200 Meter	9:25.26	Tyler Shepersky, *United North Central	2019
Discus – No Category	58' 08"	Mark Braun, Irondale, New Brighton	2012
Discus – Category 1	48' 02"	Aidan Gravelle, *Mankato Loyola/Cleveland	2021
Discus – Category 2	50' 04"	Luke Johnston, Medford	2019
Shot Put – Category 1	22' 04.75"	Jonathan Laing, Lakeville North	2016
Shot Put – Category 2	21' 11.50"	Luke Johnston, Medford	2019

EVENTS NO LONGER HELD

100 Yard Dash	:9.9	James McClearie, Brainerd	1933
		Norman Anderson, St. James	1954
		Blaine Chatham, Minneapolis Central	(In Prelims) 1964
		Edward Wade, Minneapolis North	(In Prelims) 1965
		Greg Lokken, Moorhead	1967
		Mark Lutz, Rochester Mayo	1969, 1970
		Greg Geiger, Richfield	1971
		Jim Gravalin, Moorhead	1972
		Terry Lewis, Minneapolis North	1974
		Jeff Byrd, Minneapolis Central	(In Prelims) 1978
220 Yard Dash	:21.4	Mark Lutz, Rochester Mayo	1970
440 Yard Dash	:48.1	Ryan Lamma, Benson	1977
880 Yard Run	1:51.7	Tim Turnbull, Hopkins	1966
1 Mile Run	4:05.1	Garry Bjorklund, Proctor	1969
2 Mile Run	9:02.7	Dennis Fee, White Bear Lake	1972
120 Yard High Hurdles	:14.0	Mike Siskin, Wayzata	1977
180 Yard Low Hurdles	:19.1	William McNee, Alexander Ramsey, Roseville	1965
440 Yard Relay	:42.5	Minneapolis Central (Kevin Whitlock, Davey Lewis, J. W. Hollins, Jeff Byrd)	1978
4 X 220 Yard Relay	1:28.4	Moorhead (Roby Anderson, Todd Watson, Terry Swanson, Jim Gravalin)	1972
Mile Relay	3:19.8	Edina (Tom Roch, Paul Dunn, Jeff Strandemo, Jeff Brauchle)	1968
Mile Sprint Medley Relay	3:28.7	Edina East (Art Horecki, Mike Goblirsch, Andy Overman, Ben Porter)	1974
(220-220-440-880)			
1600 Meter Sprint Medley Relay	3:29.16	Bloomington Jefferson (Peter Hill, Al Hamilton, Daryl Zachary, Jim Scott)	1984
(200-200-400-800)			

No Meet in 2020: COVID-19 Pandemic

RECORD BOOK

Girls Track & Field State Meet ALL-TIME RECORDS

EVENT	RECORD	RECORD HOLDER and SCHOOL	YEAR
100 Meter Dash	:11.71	Taylor Anderson, Hopkins	2012
200 Meter Dash	:23.91	Jedah Caldwell, Chanhassen	2016
400 Meter Dash	:54.27	Jordan Borsch, Maple Grove	2022
800 Meter Run	2:06.50	Ruby Stauber, Wayzata	2015
1600 Meter Run	4:46.14	Elizabeth Yetzer, Lakeville	2004
3200 Meter Run	10:06.19	Emily Covert, Minneapolis Washburn	2018
100 Meter High Hurdles	:13.81	Ava Fitzgerald, Roseville Area	2022
300 Meter Hurdles	:41.35	Meleah Biermaier, Thief River Falls	2016
4 x 100 Meter Relay	:47.28	St. Michael-Albertville (Anna Keefer, Cherish Witherspoon, Katelyn Tschida, Whitney Perry)	2016
4 x 200 Meter Relay	1:25.58	Hopkins (Jaylen Champion, Wyatt Lubarski, Sam Leervig, Joe Fahnbulleh)	2019
4 x 400 Meter Relay	3:50.12	Lakeville South (Haley Lubow, Kaytlyn Larson, Caraline Slattery, Jenny Mosser)	2015
4 x 800 Meter Relay	8:59.69	Edina (Tate Sweeney, Maria Rickman, Amanda Mosborg, Emily Kompelien)	2016
Long Jump	19' 03.75"	Patricia Johnson, Orono	2018
Triple Jump	40' 05.50"	Mia Barron, Minnetonka	2014
High Jump	6' 0"	Nyalaam Jok, Annandale	2021
Pole Vault	13' 09.25"	Julia Fixsen, Mounds View	2018
Discus	171' 09"	Maggie Ewen, St. Francis	2012
Shot Put	54' 08.5"	Maggie Ewen, St. Francis	2013

WHEELCHAIR DIVISION

100 Meter	:21.28	Adaylia Borgmeier, Mankato East	2022
200 Meter	:38.96	Adaylia Borgmeier, Mankato East	2022
800 Meter	2:27.49	Rose Hollerman, Waterville-Elysian-Morristown	2011
1600 Meter	4:47.16	Rose Hollerman, Waterville-Elysian-Morristown	2011
Shot Put	21' 11.75"	Marissa Bartels, Delano	2015
Discus	53' 08"	Marissa Bartels, Delano	2015

EVENTS NO LONGER HELD

100 Yard Dash	:11.0	Lynne Vos, Holdingford	1975
	:11.0	Erin Donalley, Red Wing	1978
220 Yard Dash	:24.9	Jane Oas, Mound Westonka	1972
	:24.9	Kim Watts, St. Paul Central	1978
440 Yard Dash	:55.4	Christy Vitse, Rochester Mayo	1977
880 Yard Run	2:12.3	Paula Class, St. Paul Highland Park	1977
One Mile Run	4:56.7	Val Horan, Rochester John Marshall	1977
Two Mile Run	10:49.1	Lani Granowski, Owatonna	1978
60 Yard Hurdles	:8.0	Jill Junker, Stillwater	1975
110 Yard Hurdles	:14.0	Kathy Borgwarth, Brainerd	(In Prelims) 1978
180 Yard Hurdles	:22.6	Kathy Borgwarth, Brainerd	(In Prelims) 1978
200 Meter Low Hurdles	:28.49	Beth Lindblad, St. Louis Park	1984
440 Yard Relay	:48.8	St. Paul Central (Georgia Ulmar, Kim Watts, Dana Watts, Delene Hawkins)	1978
880 Yard Relay	1:43.1	Anoka (Sue Gibson, Dana Morrisette, Cathy Dehen, Debbie Feriancek)	1975
Mile Relay	3:58.0	Rochester Mayo (Nancy Belau, Sue Higgins, Sharon Isaacson, Christy Vitse)	1977

No Meet in 2020: COVID-19 Pandemic

RECORD BOOK

Boys Track & Field State Meet CLASS A RECORDS[^]

EVENT	RECORD	RECORD HOLDER and SCHOOL	YEAR
100 Meter Dash	:10.77	Erik Hanson, Mesabi East, Aurora	(In Prelims) 1996
200 Meter Dash	:21.45	Tyler Beehler, Foley	(In Prelims) 2014
400 Meter Dash	:47.66	Tom Gerding, Waconia	1996
800 Meter Run	1:50.72	Jason Owen, Stewartville	1996
1600 Meter Run	4:12.02	Shane Streich, Waseca	2015
3200 Meter Run	8:59.19	Mike Torchia, Rochester Lourdes	2006
110 Meter High Hurdles	:13.92	Jon Tollefson, St. Croix Lutheran, West St. Paul	(In Prelims) 2015
300 Meter Intermediate Hurdles	:37.39	Mitch Potter, St. Michael-Albertville	(In Prelims) 1999
4 x 100 Meter Relay	:42.57	Minneapolis North Community (Zelaun Black, Kameron Clay, Jayland Baker, Jaivon Hill)	2022
4 x 200 Meter Relay	1:28.93	Hermantown (Dan Jago, Mike Sumbs, Nikki Holt, Kyoe Schmidt)	2004
4 x 400 Meter Relay	3:20.64	St. Michael-Albertville (Brandon Beaudry, Sven Glaeser, Martin Robeck, Mitch Potter)	1999
4 x 800 Meter Relay	7:56.21	Pine Island (Denny Meints, Mohamed Hussein, Michael Lambeth, Jake Gabor)	2007
Long Jump	23' 10.25"	John Bodine, Barnesville	1982
Triple Jump	48' 08.50"	Ed Hegland, Appleton/Milan	1987
High Jump	6' 10"	Ken Larson, Fulda Yahya Madar, *Mounds Park Academy	1981 2019
Pole Vault	16' 02"	Jarod White, Pine Island	2022
Discus	192' 07"	Mike Yonkey, Wells-Easton	1987
Shot Put	62' 08"	Tim Senjem, Hayfield	1996

WHEELCHAIR DIVISION

100 Meter	:16.15	Aidan Gravelle, *Mankato Loyola/Cleveland	2022
200 Meter	:30.49	Aidan Gravelle, *Mankato Loyola/Cleveland	2022
800 Meter	2:01.58	Peyton Gunnarson, Lewiston-Altura	2021
1600 Meter	4:13.26	Aidan Gravelle, *Mankato Loyola/Cleveland	2022
3200 Meter	9:25.26	Tyler Shepersky, *United North Central	2019
Shot Put – Category 1	20' 07.50"	Danny Lilya, *Moose Lake/Willow River	2019
Shot Put – Category 2	21' 11.50"	Luke Johnston, Medford	2019
Discus – Category 1	48' 02"	Aidan Gravelle, *Mankato Loyola/Cleveland	2021
Discus – Category 2	50' 04"	Luke Johnston, Medford	2019

EVENTS NO LONGER HELD

100 Yard Dash	:10.2	Bruce Nielsen, Ivanhoe	1974
220 Yard Dash	:21.7	Ryan Lamppa, Benson	1977
440 Yard Dash	:48.1	Ryan Lamppa, Benson	1977
880 Yard Run	1:56.0	Jeff Browne, Wadena	1978
1 Mile Run	4:18.6	Mike McGowan, Blue Earth	1979
2 Mile Run	9:23.0	Dale Kramer, Glenwood	1974
120 Yard High Hurdles	:14.1	Mike Frericks, Silver Bay	1977
180 Yard Low Hurdles	:19.6	Mike Frericks, Silver Bay	1977
440 Yard Relay	:44.1	Stewartville (Howard Donohue, Scott Myhre, Steve Woessner, Mark Oakes)	1978
4 X 220 Yard Relay	1:30.7	Silver Bay (Mike Frericks, Rob Rolando, Joe Bianco, Tom Frericks)	1977
One Mile Relay	3:26.0	Blue Earth (Steve Howard, Dan True, Craig Henke, Tom Plocker)	1978
One Mile Medley Relay (220-220-440-880)	3:34.0	Blue Earth (Dan True, Dave Olson, Norm Judd, Bob Mehrhof)	1976
1600 Meter Sprint Medley Relay (200-200-400-800)	3:31.19	Stewartville (Jason Howes, Nate Nagel, Reese Wait, Jason Owen)	(In Prelims) 1995

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RECORD BOOK

Boys Track & Field State Meet CLASS AA RECORDS[^]

EVENT	RECORD	RECORD HOLDER and SCHOOL	YEAR
100 Meter Dash	:10.60	Max Reis, Spectrum	(In Prelims) 2022
200 Meter Dash	:21.87	Max Reis, Spectrum	(In Prelims) 2022
400 Meter Dash	:48.64	Gus Langford, DeLaSalle	2022
800 Meter Run	1:55.37	Kaleb Sharp, Jordan	2022
1600 Meter Run	4:11.53	Cameron Stocke, *Rock Ridge	2022
3200 Meter Run	9:15.58	Shef West, Blake	2022
110 Meter High Hurdles	:14.97	Corbin Herron, St. Peter	2022
300 Meter Intermediate Hurdles	:39.68	Jack Fischer, Orono	2022
4 x 100 Meter Relay	:42.09	Hill-Murray (Rashad McKinley, Gianni Hurley, Simon Seidl, Sawyer Seidl)	(In Prelims) 2022
4 x 200 Meter Relay	1:28.43	Mankato West (Jalen Smith, Jack Raverty, Blake Kirby, Peyton Goettlicher)	2022
4 x 400 Meter Relay	3:22.20	Jordan (Owen Montreuil, Will Major, Isaac Young, Kaleb Sharp)	2022
4 x 800 Meter Relay	7:52.79	Jordan (Isaac Young, Owen Montreuil, Aiden Langheim, Kaleb Sharp)	2022
Long Jump	22' 07.50"	Grant Nelson, *Providence Academy	2022
Triple Jump	45' 07.00"	Anthony Borum, Fridey	2022
High Jump	6' 06"	Carter Anderson, Stewartville	2022
Pole Vault	14' 03"	Brian Schloeder, Rockford	2022
Discus	156' 09"	Sawyer Tordsen, Fairmont	2022
Shot Put	58' 02"	Jackson Weston, Grand Rapids	2022

WHEELCHAIR DIVISION

100 Meter	:18.75	Nelson Remington, Fairmont	2022
200 Meter	:35.63	Blake Eaton, Duluth Denfeld	(In Prelims) 2022
800 Meter	2:30.28	Blake Eaton, Duluth Denfeld	2022
Shot Put	18' 07.50"	Devin Filzen, Winona	2022
	21' 00.75"	Devin Filsen, Winona	2022

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RECORD BOOK

Boys Track & Field State Meet CLASS AAA RECORDS[^]

EVENT	RECORD	RECORD HOLDER and SCHOOL	YEAR
100 Meter Dash	:10.49	Ibrahim Kabia, Champlin Park	2004
200 Meter Dash	:20.92	Jon Boyd, Mankato East	2004
400 Meter Dash	:47.34	Ramy Ayoub, Farmington	2022
800 Meter Run	1:49.69	Zachary Mellon, Buffalo	2008
1600 Meter Run	4:06.54	Joe Klecker, Hopkins	2015
3200 Meter Run	8:57.07	Obsa Ali, Richfield	2013
110 Meter High Hurdles	:13.88	Rilwan (RJ) Alowonle, Park, Cottage Grove	(In Prelims) 2012
300 Meter Intermediate Hurdles	:36.59	Rilwan (RJ) Alowonle, Park, Cottage Grove	2012
4 x 100 Meter Relay	:41.52	Eagan (Josh Brown, Dallas Krech, Troy Brown, Sam Zenner)	2015
4 x 200 Meter Relay	1:25.58	Hopkins (Jaylen Champion, Wyatt Lubarski, Sam Leervig, Joe Fahnbulleh)	2019
4 x 400 Meter Relay	3:16.69	Stillwater Area (Makao Day, Nate Ricci, Marshall Davis, Neal Goff)	2011
4 x 800 Meter Relay	7:44.56	Hopkins (Hunter Staack, Sam Branson, Jack Henschel, Seth Eliason)	2016
Long Jump	24' 09.25"	Von Shepard, St. Paul Central	1982
Triple Jump	49' 05.50"	Michael Sandle, Eden Prairie	2010
High Jump	7' 01"	Rod Raver, Rochester John Marshall	1973
Pole Vault	15' 08.00"	Benjamin Ose, Eden Prairie	2015
Discus	196' 02"	Hayden Bills, Rosemount	2022
Shot Put	65' 04.25"	Thomas Anderson, Andover	2012

WHEELCHAIR DIVISION

100 Meter	:19.45	Jayson Gorton, Buffalo	2016
200 Meter	:35.79	Jayson Gorton, Buffalo	2016
800 Meter	1:55.85	Mark Braun, Irondale, New Brighton	2012
1600 Meter	4:02.40	Mark Braun, Irondale, New Brighton	2012
Discus	58' 08"	Mark Braun, Irondale, New Brighton	2012
Shot Put	22' 04.75"	Jonathan Laing, Lakeville North	2016

EVENTS NO LONGER HELD

100 Yard Dash	:9.9	Terry Lewis, Minneapolis North Jeff Byrd, Minneapolis Central	1974 (In Prelims) 1978
220 Yard Dash	:21.7	Paul Otto, Edina East	1977
440 Yard Dash	:48.3	Tom Coles, Hutchinson	1977
880 Yard Run	1:54.1	Jim Leib, Minneapolis Southwest	1974
1 Mile Run	4:12.1	Steve Plasencia, Cooper	1974
2 Mile Run	9:08.7	Lindsay Brown, Stillwater	1978
120 Yard High Hurdles	:14.0	Mike Siskin, Wayzata	1977
180 Yard Low Hurdles	:19.3	George Csathy, Robbinsdale Armstrong	1977
440 Yard Relay	:42.5	Minneapolis Central (Kevin Whitlock, Davey Lewis, J. W. Hollins, Jeff Byrd)	1978
4 X 220 Yard Relay	1:29.4	Robbinsdale Armstrong (Tony Belden, Keith Roloff, Kevin Young, Scott Flolid)	1972
Mile Relay	3:21.7	Robbinsdale Armstrong (Jim Walden, Dan Braun, Greg Hughes, Mark Peterson)	1978
Mile Sprint Medley Relay (220-220-440-880)	3:28.7	Edina East (Art Horecki, Mike Goblirsch, Andy Overman, Ben Porter)	1974
1600 Meter Sprint Medley Relay (200-200-400-800)	3:29.16	Bloomington Jefferson (Peter Hill, Al Hamilton, Daryl Zachary, Jim Scott)	1984

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RECORD BOOK

Girls Track & Field State Meet CLASS A RECORDS[^]

EVENT	RECORD	RECORD HOLDER and SCHOOL	YEAR
100 Meter Dash	:11.84	T'Nia Riley, Minneapolis North Community	(In Prelims) 2018
200 Meter Dash	:24.44	T'Nia Riley, Minneapolis North Community	2018
400 Meter Dash	:55.67	Chloe Bermel, Pequot Lakes	2016
800 Meter Run	2:08.77	Jeanne Kruckeberg, Blooming Prairie	1986
1600 Meter Run	4:48.41	Clare Flanagan, The Blake School, Minneapolis	2013
3200 Meter Run	10:26.41	Bria Wetsch, Holy Family Catholic, Victoria	2006
100 Meter High Hurdles	:14.31	Shaina Zinter, *Concordia Academy	(In Prelims) 2022
300 Meter Hurdles	:42.38	Shaina Zinter, *Concordia Academy	(In Prelims) 2022
4 x 100 Meter Relay	:48.18	Minneapolis Edison (Linda Senephanh, Jada Lewis, Cayliah Rush, Jia Lewis)	2017
4 x 200 Meter Relay	1:43.62	Blue Earth (Stephanie Johnson, Stacey Johnson, Trudy Lewis, Shelly Johnson)	1985
4 x 400 Meter Relay	3:56.98	Roseau (Bethany Lisell, Sereena Olson, Heidi Evans, Ada Anderson)	2001
4 x 800 Meter Relay	9:21.36	*Dover-Eyota/St. Charles (Brandi Blattner, Nikayla Ratz, Kaitlyn Gathje, Ahna Buntrock)	2011
Long Jump	19' 02.25"	Analisa Huschle, *Bagley/Fosston	2009
Triple Jump	39' 04.50"	Analisa Huschle, *Bagley/Fosston	2011
High Jump	6' 0"	Nyalaam Jok, Annandale	2021
Pole Vault	12' 07"	Ashley Hokanson, Perham	2019
Discus	155' 01"	Jaimi Salone, The Blake School, Minneapolis	2016
Shot Put	46' 04.75"	Monica Johnson, *Northome/Kelliher/Blackduck	2022

WHEELCHAIR DIVISION

100 Meter	:25.59	Lilly Stiernagle, Maple River, Mapleton	2019
200 Meter	:50.93	Lilly Stiernagle, Maple River, Mapleton	2019
800 Meter	2:27.49	Rose Hollerman, Waterville-Elysian-Morrissetown	2011
1600 Meter	4:47.16	Rose Hollerman, Waterville-Elysian-Morrissetown	2011
Shot Put	15' 01.00"	Emily Sullivan, *LeSeuer-Henderson	2022
Discus	35' 01"	Kathryn Lubahn, Pine Island	2012

EVENTS NO LONGER HELD

100 Yard Dash	:11.0	Lynne Vos, Holdingford	1975
220 Yard Dash	:25.6	Denise Bullocks, Mount St. Benedict	1978
440 Yard Dash	:56.4	Wren Schafer, Buffalo Lake	1977
880 Yard Run	2:14.9	Lori Bearson, Lanesboro	1978
One Mile Run	5:09.3	Joan Hopfenspirger, Redwood Falls	1979
Two Mile Run	11:21.5	Monica Schleip, Rochester Lourdes	1979
110 Yard Low Hurdles	:15.0	Beth Sorenson, Bagley	1976
180 Yard Low Hurdles	:23.0	Kathy Hunt, Kimball	1978
100 Meter Low Hurdles	:14.81	Karen Sterner, Howard Lake-Waverly	1982
200 Meter Low Hurdles	:28.55	Gretchen Otto, Rochester Lourdes	1984
440 Yard Relay	:50.3	Plainview (Ann Kruger, Heidi Kruger, Antoinette Dittrich, Sue Carter)	1977
880 Yard Relay	1:45.8	Plainview (Ann Kruger, Heidi Kruger, Sue Carter, Antoinette Dittrich)	1977
Mile Relay	4:00.3	Buffalo Lake (Linda Richards, Sheila Leske, Laurie Schafer, Wren Schafer)	1977

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RECORD BOOK

Girls Track & Field State Meet CLASS AA RECORDS[^]

EVENT	RECORD	RECORD HOLDER and SCHOOL	YEAR
100 Meter Dash	:12.21	Ashley Fisher, Academy of Holy Angels	(In Prelims) 2022
200 Meter Dash	:25.08	Brooke Hohnecker, *Providence Academy	(In Prelims) 2022
400 Meter Dash	:57.61	Ellie Moore, St. Paul Highland Park	2022
800 Meter Run	2:13.49	Calia Chaney, Pequot Lakes	2022
1600 Meter Run	4:56.15	Aleah Miller, Alexandria Area	(In Prelims) 2022
3200 Meter Run	10:34.40	Olivia Goebel, Albany	2022
100 Meter High Hurdles	:14.53	Jillian Hiveley, Jordan	2022
300 Meter Hurdles	:43.45	Cecelia Woods, Rocori	2022
4 x 100 Meter Relay	:49.11	Southwest Christian (Callie Coughlin, Ada Dekkers, Margrethe Helseth, Mehlayna Straub)	2022
4 x 200 Meter Relay	1:42.95	Monticello (Sasha Steinbach, Natalie Emmerich, Thalia Mendoza-Brunotte, Emelia Skistad)	2022
4 x 400 Meter Relay	4:00.52	*Providence Academy (Emma Kelly, Abby Daugherty, Maddyn Greenway, Kylie Hartel)	2022
4 x 800 Meter Relay	9:26.31	Alexandria Area (Kasey Soderholm, Jaelyn Miller, Giselle Jahner, Emma Ecker)	2022
Long Jump	17' 06.25"	Olivia Keller, Academy of Holy Angels	2022
Triple Jump	38' 04.50"	Cassia Cady, Rockford	2022
High Jump	5' 07"	Ainsley Hansen, Fergus Falls	2022
Pole Vault	13' 00"	Julia Gherardi, *Hibbing	2022
Discus	122' 04"	Bella Harriman, Cloquet	2022
Shot Put	39' 03.75"	Mandy Duellman, Winona	2022

WHEELCHAIR DIVISION

100 Meter	21.28	Adaylia Borgmeier, Mankato East	2022
200 Meter	38.96	Adaylia Borgmeier, Mankato East	2022
800 Meter	2:48.26	Adaylia Borgmeier, Mankato East	2022
Shot Put	18' 08.25"	Tayla Gassman, Big Lake	2022
Discus	28' 04"	Tayla Gassman, Big Lake	2022

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RECORD BOOK

Girls Track & Field State Meet CLASS AAA RECORDS[^]

EVENT	RECORD	RECORD HOLDER and SCHOOL	YEAR
100 Meter Dash	:11.71	Taylor Anderson, Hopkins	2012
200 Meter Dash	:23.91	Jedah Caldwell, Chanhassen	2016
400 Meter Dash	:54.27	Jordan Borsch, Maple Grove	2022
800 Meter Run	2:06.50	Ruby Stauber, Wayzata	2015
1600 Meter Run	4:46.14	Elizabeth Yetzer, Lakeville	2004
3200 Meter Run	10:06.19	Emily Covert, Minneapolis Washburn	2018
100 Meter High Hurdles	:13.81	Ava Fitzgerald, Roseville Area	2022
300 Meter Hurdles	:41.35	Meleah Biermaier, Thief River Falls	2016
4 x 100 Meter Relay	:47.28	St. Michael-Albertville (Anna Keefer, Cherish Witherspoon, Katelyn Tschida, Whitney Perry)	2016
4 x 200 Meter Relay	1:39.20	North, North St. Paul (Alexis Pratt, Shalicia Jones, Jebbeh Cooke, J'lanna Cager)	2017
4 x 400 Meter Relay	3:50.12	Lakeville South (Haley Lubow, Kaytlyn Larson, Caraline Slattery, Jenny Mosser)	2015
4 x 800 Meter Relay	8:59.69	Edina (Tate Sweeney, Maria Rickman, Amanda Mosborg, Emily Kompelien)	2016
Long Jump	19' 03.75"	Patricia Johnson, Orono	2018
Triple Jump	40' 05.50"	Mia Barron, Minnetonka	2014
High Jump	5' 10"	Linda Barsness, Rochester John Marshall Madison Schmidt, Blaine	1986 2019
Pole Vault	13' 09.25"	Julia Fixsen, Mounds View	2018
Discus	171' 09"	Maggie Ewen, St. Francis	2012
Shot Put	54' 08.5"	Maggie Ewen, St. Francis	2013

WHEELCHAIR DIVISION

100 Meter	:22.15	Stacy Bates, Andover	2013
200 Meter	:40.39	Stacy Bates, Andover	2014
800 Meter	3:08.04	Marissa Bartels, Delano	2014
Shot Put	21' 11.75"	Marissa Bartels, Delano	2015
Discus	53' 08"	Marissa Bartels, Delano	2015

EVENTS NO LONGER HELD

100 Yard Dash	:11.0	Erin Donalley, Red Wing	1978
220 Yard Dash	:24.9	Kim Watts, St. Paul Central	1978
440 Yard Dash	:55.4	Christy Vitse, Rochester Mayo	1977
880 Yard Run	2:12.3	Paula Class, St. Paul Highland Park	1977
One Mile Run	4:56.7	Val Horan, Rochester John Marshall	1977
Two Mile Run	10:49.1	Lani Granowski, Owatonna	1978
110 Yard Hurdles	:14.0	Kathy Borgwarth, Brainerd	(In Prelims) 1978
180 Yard Hurdles	:22.6	Kathy Borgwarth, Brainerd	(In Prelims) 1978
200 Meter Low Hurdles	:28.49	Beth Lindblad, St. Louis Park	1984
440 Yard Relay	:48.8	St. Paul Central (Georgia Ulmar, Kim Watts, Dana Watts, Delene Hawkins)	1978
880 Yard Relay	1:43.1	Anoka (Sue Gibson, Dana Morrisette, Cathy Dehen, Debbie Feriancek)	1975
Mile Relay	3:58.0	Rochester Mayo (Nancy Belau, Sue Higgins, Sharon Isaacson, Christy Vitse)	1977

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FACT

FACT: High school sports have been proven as an effective way for students to release tension.



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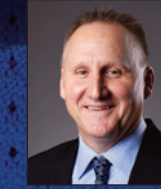
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The rulesmaking body of the Minnesota State High School League

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Region 7A

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21. Dave Foster, Activities Director, Cromwell-Wright

Region 8A

22. Tony Gullikson, Activities Director, Warren-Alvarado-Oslo
23. Brian Longerbone, Activities Director, Marshall County Central
24. Rob Nudell, Superintendent, Norman County East

CLASS AA REGIONS

Region 1AA

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26. Keith Badger, Activities Director, Farmington
27. Brian Ihrke, Activities Director, Rochester John Marshall

Region 2AA

28. Josh Dale, Activities Director, Worthington
29. Brad Skogerboe, Activities Director, New Prague
30. Mike Bailey, Activities Director, Chanhassen

Region 3AA

31. Zach Prax, Speech Coach, Eastview
32. Will Short, Activities Director, Simley
33. Jeff Marshall, Activities Director, Prior Lake

Region 4AA

34. Brian Peloquin, Activities Director, White Bear Lake
35. Joan Nelson, Speech Coach, St. Anthony Village
36. Jason Gonnion, Assistant Principal, East Ridge

Region 5AA

37. Dan Ohlgren, Activities Director, Rogers
38. Will Wackman, Activities Director, Spring Lake Park
39. Jake Henderson, Activities Director, Columbia Heights

Region 6AA

40. Meghan Potter, Activities Director, Wayzata
41. Keelie Sorenson, Activities Director, DeLaSalle
42. Jen Rademacher, Head Girls Basketball Coach, Robbinsdale Cooper

Region 7AA

43. Mike Cunningham, Activities Director, Elk River
44. Jon Martin, Activities Director, St. Francis
45. Anne Campbell, Activities Director, Grand Rapids

Region 8AA

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